



The greatest waste we can
make is that of time.

—Voltaire

BULLETIN

of the
MAHONING
COUNTY
MEDICAL
SOCIETY

December ● 1952
Vol. XXII ● No. 12
Youngstown ● Ohio

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SUPPLIED: in 4-oz. Rx size.



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BASE: Liver and Yeast.

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1. Jolliffe, N., Special Article, Council on Foods and Nutrition: The Preventive and Therapeutic Use of Vitamins, J.A.M.A., 129:613, Oct. 27, 1945.
2. Lewey and Shay, Dietotherapy, Philadelphia, W. B. Saunders Co., 1945, p. 850.

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Our President Speaks

It is with varied emotions that I realize that this is the last time that I shall contribute to this page. Within a few days your present officers and committees shall leave the stage and other groups will take our places. We have tried to do a good job. The pages of this Bulletin summarize, briefly, our achievements.

From the bottom of my heart I thank my chairmen and committees for the excellent jobs they have done. And my thanks go to the members of Council for their cooperation and the many hours of thoughtful deliberation they have given to the problems that have confronted us. And I am not unmindful of the loyal support of the general membership, for which I am most grateful. I do appreciate, beyond my ability to express, your enthusiasm, cooperation, and good will. It has been a real pleasure and privilege to work with you, and has been an experience that must, of necessity, come to only a few of us. Many enduring friendships have been formed.

The county medical society is the basic unit of all organized medicine, and must have the support of every physician. Only by having strong, active, ever alert, county medical societies can the physicians maintain free enterprise in medicine. I look forward to the day when each physician will realize that the county medical society is his most important medical affiliation and will make his contribution to it.

Our successors will need our support. An organization is no stronger than its individual members. We wish them God speed in the many tasks that lie ahead.

And a MERRY CHRISTMAS to all.

C. A. Gustafson, M.D.

BULLETIN of the Mahoning County Medical Society

Published Monthly at Youngstown, Ohio

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**VOLUME 22****DECEMBER, 1952****NUMBER 12**

Published Monthly at Youngstown, Ohio

Annual Subscription, \$2.00

Published for and by the Members of the Mahoning County Medical Society

E. R. McNEAL, *Editor*

3718 Market Street

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DECEMBER MEETING

**Election of Officers
 Buffet Luncheon**

— BE SURE TO ATTEND AND VOTE —**TIME: December 16, 1952 — 8:30 P. M.****PLACE: Pick-Ohio Hotel****Also — at 8:00 P. M.****Annual Meeting — Medical Service Foundation**

This meeting will be held in conjunction with the annual meeting of the Mahoning County Medical Society. **It will start at 8:00 P. M.**, just prior to the regular Society meeting. There will be election of Trustees, the amendment of the Code of Regulations, approval of the reports of the Treasurer and Executive Secretary and the management of such other business as may properly come before the meeting.

Every member of the County Medical Society is a member of the Medical Service Foundation. ATTEND and participate in the conduct of its business.

***Prejudice-Free Study Points the Way
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Three groups of investigators were supplied with preparations labeled only by number. Although identical in appearance, the tablets had the following compositions:

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- AE-4—Placebo

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Full details of these studies are available. May we send you literature or samples?

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TABLETS

Tylosterone

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OUR NEW EDITOR

Dr. Harold J. Reese has been appointed editor of the Bulletin beginning with the January, 1953 issue. He will succeed Dr. E. R. McNeal, who will retire to pasture. This is a responsibility which Dr. Reese has assumed of his own free will and with the knowledge of the great amount of time that this editorship will demand. No one in the Mahoning County Medical Society, except those past editors present, realizes what a tremendous job Dr. Reese is undertaking. The time consumed could be lessened considerably by co-operation of all members of the Society and promptness in sending in articles for publication and not waiting for jobs to be assigned them but to always be alert for news which will be of interest to other members of the Mahoning County Medical Society.

Dr. Reese is a graduate of the University of Michigan Medical School, '37. He interned at St. Elizabeth's Hospital, Youngstown, Ohio and continued Medical Residency training in the same institution. During World War II he served three months in the United States Public Health Service and was then transferred to the United States Navy where he was in continuous active service from 1942 to 1946. He then resumed the practice of medicine and has been active in the affairs of the Bulletin for at least the past three years. He has been an associate editor and during the year of 1951 ran a featured column entitled "Military Notes."

Congratulations to Dr. Reese and may he have the best of success.

A FOND ADIEU

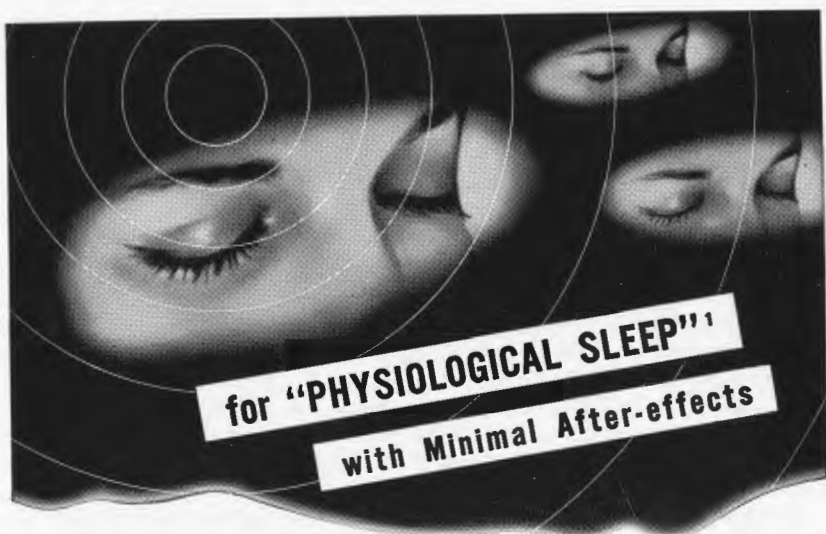
It is not with regret that I turn over the editorship to Dr. Reese for the coming year of 1953. I say this because basically, my ability as a writer, a philosopher and in truth as an editor, is not of the "Pulitzer caliber." What has struggled forth from my thoughts can be compared to Marion Motley's open field running on one of his poor days in which the total yardage gained is minus 16 yards. However, it has been a challenge and an interesting one, one that I would not have missed for the world. It has taught me that by sheer struggling and hard work one can do something that they thought impossible when standing on the side line.

The Bulletin means something to me now, probably much more than it would ever have, had I not been appointed its editor. It is a pleasure to hear that something that has been produced in our local Mahoning County Medical Society has been read in California and a portion of a newspaper editorial contains quotations from our own Bulletin. This is just one of the things that has made the year 1952 an interesting one for me and one that will be pleasant memories. Our Bulletin is a good one, always has been and will be in the future.

May I express thanks to everyone who helped in the publication of the Bulletin. This not only includes the associate editors but those past editors of the Bulletin who always had a word of good advice to offer when asked. I wish to express thanks to Mrs. Mary Herald, whose management of the advertising makes possible the publication of the bulletin. Special thanks, also to W. M. Skipp, whose syndicated column "Keeping Up With A.M.A.", many times scoops the State and the A.M.A. Journal. The most popular page in the Bulletin is "From the Bulletin" by J. L. Fisher, M.D. and this by all means should be continued.

Please believe me, it was a pleasure and an honor to serve as editor of the Mahoning County Bulletin.

Merry Christmas and a Very Happy New Year to all!



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¹N.N.R., 1947, p.398.

²Goodman, L. & Gilman, A., The Pharmacological Basis of Therapeutics. MacMillan, 1944, pp. 177-8.

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POST-GRADUATE DAY

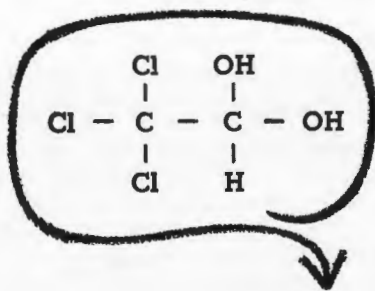
The Hotel Pick-Ohio was the scene of organized confusion on October, 29, 1952 when the Sixth Councilor District held its annual Post-Graduate Day. Dr. Andrew Detesco, Program Chairman, should be pleased at the attendance, because during the day there were 500 physicians from the Sixth Councilor District, who at some time or other during the day attended the meeting. It must be said, however, that the large percentage of those physicians attending this meeting were from other points in the Sixth Councilor District other than Mahoning County. It can be said that even many of the members whose names appeared on the register dropped in only long enough to pick up a Klondike at the Isaly's stand.

The medical exhibits were probably better attended than the talks presented by five physicians from Mayo Clinic, Rochester, Minnesota, but it also might be said that some of the exhibits were of more interest than one or two of the talks delivered during the program. On the whole the program was well arranged and of much interest to all physicians who took the time to attend.

Following is a brief synopsis of the papers delivered during the scientific sessions. **Dr. Arthur M. Olsen** delivered the most popular talk on "Early Diagnosis of Common Pulmonary Diseases." "Tuberculosis and Cancer are the most common serious diseases of the lungs that we see today. Although the incidence of tuberculosis appears to be declining, carcinoma of the lung is being recognized more commonly. Suppurative disease of the lungs and bronchial tree are occurring less frequently because of the advent of chemotherapy and antibiotic agents. However, abscess of the lung and bronchiectasis must still be counted with tuberculosis and bronchiogenic carcinoma as relatively common thoracic diseases." Dr. Olsen emphasized that various diseases of the lungs should be recognized in the pre-clinical stages and this means that x-rays of the chest must be made routinely for many people who appear to be healthy. Therefore, the survey x-ray of the chest is our most important means of early diagnosis. The outstanding part of this talk was the lantern slide demonstration of many of the common and uncommon chest conditions and the story behind each lantern slide.

Dr. Howard F. Polley on "Cortisone and ACTH in Arthritis." Dr. Polley emphasized that for those patients who have rheumatoid arthritis cortisone or ACTH serves best as a supplement to a basic conservative program of treatment when the latter inadequately effects the activity of the rheumatoid inflammatory process. He emphasized that these hormones would no more be necessary for all patients with rheumatoid arthritis than gastric resection would be needed for all patients with duodenal ulcer. Doses of cortisone or ACTH must be carefully individualized to meet the varying needs of each patient, and clinical experience to date indicates that the anti-rheumatic effects of small doses of these agents are slower in development than when large stimulating doses are used, but the small doses are better tolerated and the beneficial results persist longer. Dr. Polley summarized by stating "That the results of adequate treatment of rheumatoid arthritis with cortisone and ACTH are generally encouraging."

Dr. Charles H. Scheifley on "The Treatment of Congestive Heart Failure." Dr. Scheifley presented a broad and general view on the treatment of



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1. Hyman, H. T.: An Integrated Practice of Medicine (1950)
2. Rehnus, M. R. et al.: A Course in Practical Therapeutics (1942)
3. Goodman, L., and Gilman, A.: The Pharmacological Basis of Therapeutics (1941), 22nd printing, 1951.
4. Soliman, T.: A Manual of Pharmacology, 7th ed. (1948), and Useful Drugs, 14th ed. (1947)

congestive heart failure. The low-salt diet was reviewed and most of his talk was spent on digitalis, its action and the different forms of this drug.

Dr. Oliver H. Beahrs "Emergency Surgery." Dr. Beahrs specified that surgery is the preferred treatment in the presence of perforated ulcer. Most of his lecture concerned the dangers of Cholecystectomy in the presence of acute inflammation. He also discussed the many surgical problems arising from obstructive lesions of the small and large bowel and the difficulty in the differential diagnosis.

Dr. Beahrs also talked on "Treatment of Acute Gynecologic Conditions." He divided the acute gynecologic problems into two groups. 1. Those that can be cared for vaginally, and 2. those in which the abdominal approach is necessary. "The conditions in which the vaginal approach is indicated are miscarriage, abortion, post-partum hemorrhage, pedunculated cervical tumors and severe menstrual bleeding. The second group, Dr. Beahrs emphasized the importance of ectopic pregnancy in some detail and the urgency of early surgical exploration. In differential diagnosis he stated ruptured cysts, infarcted fibromyomas, ruptured uterus and twisted tumor pedicles must be considered.

Dr. Lloyd E. Harris "Abnormalities in the Newborn." Dr. Harris reviewed the abnormalities observed during the examination of 8,716 consecutive new born infants and discussed these abnormalities in regard to frequency of occurrence, diagnosis and treatment.

Dr. Detesco and his committee are to be congratulated on their choice of the after dinner speaker, Dr. Tennyson Guyer. The ball-room of the Pick-Ohio Hotel was filled with physicians and their wives, all of whom seemed to be completely engrossed in the humor, wisdom, and the rapid-fire delivery of Dr. Guyer. His subject "That's the Spirit" was well exemplified by the method of Dr. Guyer's delivery and his enthusiasm. To my knowledge he is the best after dinner speaker ever to appear before the Mahoning County Medical Society, at least in the past five years. It was a pleasant way to conclude a busy day.

E. R. McNeal, M.D.

MAHONING COUNTY OF GENERAL PRACTICE

The next regular meeting of the Mahoning County Academy of General Practice will be held December 9, 1952, at the South Side Nurses Home. There will be an election of officers for the following year. The Wye-h Co. will show movies of the highlights of the 1952 National Convention.

The Academy announces that there will be a post-graduate course on recent advances and the diagnosis and treatment of the Endocrine System. The course will be given by Dr. E. Perry McCullagh and his associates from the Cleveland Clinic. The first paper will be given on January 13, 1953, at 8:00 P. M. at the South Side Nurses Home. The series will last through the May meeting. Each meeting will consist of 2 parts, each part lasting for one hour. Interns and members of the Mahoning County Medical Society are invited.

David H. Levy, M.D.

HIGHLIGHTS

Harold Reese, M.D.

January

This month began the term of office for a number of our fellow members. Dr. C. A. Gustafson became President of the Mahoning County Medical Society, with Dr. V. L. Goodwin as President-elect. Dr. Gordon Nelson began another term as head of the Youngstown Hospital staff. Dr. W. H. Evans continued as chief of the St. Elizabeth's Hospital staff. Dr. Joseph P. Keogh was re-elected to the presidency of the Mahoning County Tuberculosis Sanatorium staff.

The annual banquet was held at the Youngstown Country Club with all of the past presidents as guests of honor.

February

Feb. 3—The Lay Education Committee, under Dr. S. R. Zoss, began an extensive program of talks over the local radio stations. The campaign was intended to better acquaint the public with the problems which a doctor faces in his training, his community position, his professional field, his relationship to other physicians, etc.

Feb. 19—Through the combined efforts of the Youngstown Area Heart Association, the Mahoning County Medical Society, and the Mahoning Academy of General Practice, Doctors T. Duckett Jones of New York, and Howard Sprague of Boston, gave a day-long program of clinics on Heart Disease, Rheumatic Fever, etc. They closed with addresses to the Medical Society in the evening.

Medical Society Past-President J. N. McCann, President of the Ohio State Medical Board, elected President-elect of the National Federation of State Board Examiners.

March

March 11—Leo E. Brown, Executive Assistant, Department of Public Relations, A. M. A., addressed members of the Society, their wives and members of the Allied Professions on "Public Relations."

April

April 15—Monthly meeting addressed by Dr. R. G. Turnbull, Cleveland Clinic, on "Trends in Surgical Treatment of Ulcerative Colitis."

May

May 10—Annual dance held at Youngstown Country Club.

May 13—Combined meeting of Mahoning County Tuberculosis Sanatorium staff and Mahoning County Medical Society addressed by Dr. Earle B. Kay, Cleveland, on the subject of "Surgical Treatment of Congenital Abnormalities of the Chest."

May 20-21-22—Annual meeting of the Ohio State Medical Association held in Cleveland. Local doctors W. H. Bunn, A. J. Fisher, E. C. Baker active participants. Dr. W. M. Skipp elected to sixth term as Ohio State Delegate to the A. M. A. Dr. C. A. Gustafson elected to fill one year unexpired term as

OF 1952

Sixth District Councillor replacing Dr. Paul A. Davis, chosen President-elect of O. S. M. A.

June

Mahoning Valley Arthritis Foundation, Dr. M. M. Szucs, Medical Chairman, makes first announcement to local physicians of prospective local program for treatment of arthritis and training of certain M. D.'s in this field.

June 17—Monthly meeting addressed by Dr. Ernest E. Irons, Past-President of A. M. A., on "The Responsibilities of the Medical Profession in the Preservation of Our American Democracy."

June 19—St. Elizabeth's and Youngstown Hospitals held annual Ex-Interne Association Reunions.

July

No excitement.

August

August 7—Annual Golf Day at Youngstown Country Club. Dr. John Rogers champion. Number of casualties suffered at the 19th hole.

August 13—Dr. David Smeltzer died.

September

Renewal and increased scope of Rheumatic Fever Prevention Program announced by Dr. W. H. Bunn.

Health Exhibit, Canfield Fair, Dr. M. M. Szucs, chairman. A gee-whiz.

September 18—Cancer Symposium sponsored by Mahoning County Medical Society and American Cancer Society. Dr. Wm. J. Flynn, chairman. Addressed by Staff members, Memorial Hospital, New York City.

October

Oct. 1—New addition opened at Youngstown Receiving Hospital will take care of an additional sixty patients.

October 29—Sixth District Post-Graduate Day, Youngstown, addressed by members of Staff of Mayo Clinic.

Military duty approaches local M. D.s. Fifty doctors and dentists go to Cleveland for physical examinations, etc.

November

November 11—Monthly meeting addressed by Dr. Henry T. Ricketts, University of Chicago, on "Recent Developments in Diabetes and Their Bearing on Its Management."

Annual Diabetes Detection Drive began on November 14.

November 15—Woman's Auxiliary throws terrific dance at Squaw Creek Country Club for the purpose of raising funds for the Nurses' Scholarship Fund.

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and a

Happy New Year

to our friends of the

Mahoning County Medical Society

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AUXILIARY NEWS

The Women's Auxiliary to the Mahoning County Medical Society were hostesses to the women of the Sixth District of the Ohio State Medical Society at a luncheon at the Elk's Club, Wednesday, October 29 at 12:30 P. M. About 125 were present from the six counties in the district, 80 from Mahoning County.

Mrs. W. O. Mermis, President of Mahoning County Auxiliary, presided at a short business meeting. Reports were read by Mrs. Fred Schlecht, chairman of the Legislative Committee and Mrs. Craig Wales, who, with Mrs. Wm. E. Maine, was in charge of collecting disabled votes in Mahoning County. About 750 votes were notarized by the two women.

The following officers of the State Medical Auxiliary were introduced by Mrs. Mermis, and each gave a short talk: President, Mrs. Paul Woodward, Cincinnati; Vice-President, Mrs. A. Paul Hancuff, Toledo; President-Elect, Mrs. N. M. Reiff, Washington Court House; Sixth District President, Mrs. M. T. Knappenberger, Warren. Mrs. Craig Wales, State Civil Defense Chairman and Mrs. Wm. H. Evans, State Program Chairman, both of Mahoning County, were also introduced.

The G. M. McKelvey Company presented a style show featuring the latest fashions for daytime and evening wear.

For those who remained in the city for the evening session, a dinner was held at the Pick-Ohio with doctors and their wives guests of Mahoning County Medical Society. Dr. Tennyson Guyer, an interesting and humorous speaker, provided the evening's entertainment.

The doctors wives in Mahoning County gave their full co-operation on Election Day, driving people to the poles, acting as baby-sitters, and being of help generally, to make the national election a success.

Over 110 couples attended the dance and smorgasbord at Squaw Creek Country Club on Saturday, November 15, held for the benefit of the Nurse's Scholarship Fund. This is the only fund-raising project of the year and Mrs. B. I. Firestone and her Social Committee made it very enjoyable socially, as well as profitable, financially. There was dancing to Lou Sikora's orchestra, and food to satisfy the most discerning appetite. Flowers and toys were sold by the Ways and Means Committee in charge of Mrs. E. R. McNeal and Mrs. John Noll to aid in the fund-raising.

The Auxiliary does not have a meeting in December, the next monthly meeting to be on Tuesday, January 20, 1953, at the North Side Hospital.

Mrs. A. E. Rappoport
Publicity Chairman

STATE DUES

The Ohio State Medical Society has announced that dues will be increased \$5.00 yearly because of increased costs. However, the Mahoning County Medical Society Council voted that this \$5.00 increase will be absorbed by our annual dues and that consequently there will be no increase in the Mahoning County Medical Society's dues for the coming year. However, in 1955 when again post-graduate assembly is held in Mahoning County, the individual members will assume the costs of that meeting individually.

The Merriest of Christmases to all our
 Doctor friends. May prosperity and hap-
 piness be with you throughout the coming
 year.



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Phone 32693

DR. RICKETTS DISCUSSES THE MODERN TREATMENT OF DIABETES MELLITUS

The November meeting of the Mahoning County Medical Society, held at the Pick-Ohio Hotel, Tuesday, November 11, 1952, will be remembered by the quality of the program, if not by the quantity of attendance. It was roughly estimated that there were 65 members of the Mahoning County Medical Society present at this meeting, out of a total roster of 265. It is unfortunate that Dr. Henry T. Ricketts, Professor of Medicine, of the University of Chicago, talked to such an empty ballroom. However, let us consider it a loss for those who forgot to attend and a definite gain for those who attended.

The talk delivered by Dr. Ricketts was very practical, instructive and probably the outstanding lecture of the year. The main theme he developed was that the treatment of Diabetes Mellitus has four principal objectives, namely: 1. the relief of symptoms, 2. the maintenance of normal nutrition, 3. the preservation of the insulin producing capacity of the pancreas and, 4. the prevention or minimizing of complications. The first two principals were brushed over as being fairly simple to accomplish by only a rudimentary knowledge of dietetics and insulin granted the cooperation of the patient. He sums this up in the statement "The obese must be made leaner, the lean fatter, and persons of normal weight must not be permitted to gain or lose."

The third principal he dealt with a little more in detail, and stated that this principal implies that diabetes is basically a condition of insulin deficiency, either absolute or relative and that there is increasing evidence that this is true. For example, in recently reported experimental work, the average amount of insulin extractable from the pancreas in diabetic patients is only about 38% of that found in normal persons. Of more importance, it was pointed out that in acquired diabetes of childhood, the pancreas contained on the average less than 10% of the amount of insulin extractable from the adult diabetic pancreas. And in some cases almost no measurable insulin was present. These are the patients who react as if they had no insulin of their own and go quickly into acidosis and just as quickly into insulin shock. Therefore in summary of this principal, if the beta cells of the islets of Langerhans are inadequate in diabetes, the remaining power to make insulin should be conserved by minimizing hyperglycemia, which if allowed to persist, further stimulates and exhausts the beta cells.

Most of Dr. Ricketts discussion was on the fourth principal, the prevention of complications to which the diabetic is prone; such as urinary tract infections, cataracts, neuritis, coma and the premature development of vascular lesions. Much experimental work was quoted by Dr. Ricketts favoring the theory that a well controlled diabetic is less apt to develop premature arteriosclerosis although it is not a sure preventative, it helps sufficiently to justify the physician's exerting his best efforts to maintain this well controlled state. He stressed that the four principal objectives of treatment could best be attained by dividing the control period into the preliminary stage and the maintenance period. The preliminary stage consists first of instruction of the diabetic on what diabetes really is, the advantages of diet, a close checking of urines at home, and at first, frequent visits, weekly, to the physician's office. Dr. Ricketts preferred to start patients on low caloric diet in order to test whether they can be controlled on diet alone and then after this was determined, increase their calories in the maintenance period to fit their

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activity and body build. In this period he recommended 20 to 25 calories per kilogram of standard body weight and to this figure added an increment for activity, 20 to 30 per cent for the sedentary patient, 30 to 50 per cent for the moderately active patient and 50 to 100% for the strenuously active patient.

It was interesting to see that he no longer favors regulating his patients on regular insulin but begins with NPH insulin, which he feels come closer to being an ideal preparation than any other insulin available. From this point he discussed, for a short period of time, some of the practical applications of the different insulin dosage, the use of blood sugars in regulating diabetics and some practical aspects of the control of the so called "Brittle" diabetic.

Dr. Morris Rosenblum, as chairman of the Diabetic Committee, deserves much praise for again arranging a very practical and interesting program.

—E. R. McNeal, M.D.

HERE AND THERE

Dr. John E. Keyes is Co-Editor of a new atlas and text book on Ophthalmic Pathology, sponsored by the American Academy of Ophthalmology and Otolaryngology and the Armed Forces Institute of Pathology, published by the W. B. Saunders Company.

Dr. Keyes completed 25 years practice of Ophthalmology in Youngstown last year. He is consultant in Ophthalmology to the Youngstown Hospital Association, the Crile V. A. Hospital in Cleveland. He is also assistant clinical professor of Ophthalmology in Pathology in the school of medicine, Western Reserve University.

The 25th annual meeting of the Central Society for Clinical Research, held November 7 and 8, 1952, at the Drake Hotel was well attended by Youngstown Physicians. The following members were present at all or part of the scientific sessions and I know all indulged in the social activities offered by Chicago, Illinois. Drs. F. S. Coombs, W. H. Bunn, L. K. Reed, A. Goudsmit, P. Mahar, J. Rogers, M. Rosenblum, E. McNeal and B. Snyder of Hubbard. Residents of Youngstown Hospital Association who attended were: Drs. Scully, Warnock, R. Jenkins, and Vargas.

Dr. Benjamin Brown, radiologist to the Youngstown Hospital Association, North Side Unit, spoke before the Cleveland Radiological Society on November 24, 1952. His topic, "Roentgen Findings in the Acute Abdomen."

Dr. William Evans and Dr. Paul E. Ruth announce the association of Dr. Lester O. Gregg in the practice of Otolaryngology, endoscopy and nasal allergy.

Born: To Dr. and Mrs. Anthony Bayuk, a boy, Darryl Anthony, St. Elizabeth Hospital, November 17, 1952.

HAVE YOU PAID YOUR 1953 DUES?

Mahoning County membership dues and the A. M. A. \$25.00 dues are due and payable immediately. Your remittance for \$75.00 should be made out to the Mahoning County Medical Society and sent to 203 Schween-Wagner Bldg., Youngstown, Ohio.

Remember, payment of your local dues automatically provides payment of O. S. M. A. dues and the \$25.00 is sent to the A. M. A.

No member should permit his dues to lapse.



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This formula will be found of great value in the treatment of rheumatic fever, myalgias (pain in a muscle or muscles) and joint pains, inflammations, immobility, and other arthritic states submitting to salicylate therapy.

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EIGHTIETH ANNIVERSARY

On Nov. 27, 1872 the Mahoning County Medical Society was founded. What could be more appropriate than to publish the minutes of the original meetings held at that time. May our society last another 80 years ! ! !

First Meeting of Mahoning County Society

Youngstown, Ohio, Nov. 13, 1872

The physicians of this city having held a meeting at the office of Drs. Cunningham & Brooke the following business was transacted.

Dr. Woodbridge in the Chair. Dr. Whelan secretary. After some conversation a motion prevailed that we organize ourselves into an association to be known as the Mahoning County Medical Society.

On motion a committee of 5 was appointed to draw up a Constitution and By-Laws:

Dr. Brooke, Dr. McCurdy, Dr. Woodbridge, Jr., Dr. Whelan.

Meeting on motion adjourned to meet two weeks from date at the office of Drs. Woodbridge & McCurdy.

Youngstown, Ohio., Nov. 27, 1872

Society having been called to order by President Dr. Woodbridge. There were present, Drs. Woodbridge, Brooks, Fowler, McCurdy, Cunningham, Starr, Beuchner and Whelan.

Committee on constitution having reported a constitution and by-laws which on motion was adopted. After some additional Articles to the by-laws had been adopted the committee was discharged.

After some discussion and a paper read by Dr. Cunningham the meeting adjourned to meet at Dr. Fowler's office December 4, 1872.

Youngstown, Ohio, Dec. 4, 1872

Society called to order, Dr. Woodbridge in the Chair. Minutes of previous meeting read and adopted.

On motion the society proceeded to the election of officers with the following results:

Dr. Woodbridge, president; Dr. Brooke, vice president; Dr. Whelan, secretary; Dr. McCurdy, treasurer. Censors: Dr. Fowler, Dr. Buechner, Dr. Starr.

On motion a committee of three, viz: Dr. Fowler, Dr. Buechner, Dr. Starr, was appointed by the Chair to draw up a fee bill and report at the next meeting. On motion Dr. Cunningham's paper laid on the table at the last meeting was taken up, acted upon and adopted. Dr. Brooke's Article No. 12 by-laws was also taken up and adopted. On motion meeting adjourned to meet at Drs. Matthews & Powers' office Wednesday, January 8, 1873.

W. N. Whelan, Secretary

SPEAKERS

Nov. 15, 1952	WFMJ	Dr. Gustafson—Diabetic Detection Drive
Nov. 16, 1952	WKBN	Dr. M. S. Rosenblum—Newer Aspects of Diabetes
Nov. 17, 1952	WKBN	Dr. H. Ipp—Diagnosis of Diabetes
Nov. 18, 1952	WBBW	Dr. P. Mahar and Dr. S. Ondash—Diabetic Interview
Nov. 19, 1952	WFMJ	Dr. Hovanic—Juvenile Diabetes.
Nov. 20, 1952	WKBN	Dr. M. Yarmy—Insulin in Diabetes
Nov. 21, 1952	WFMJ	Dr. J. Goldcamp—Eye Complications of Diabetes
Nov. 22, 1952	WBBW	Dr. G. DeCicco and Dr. A. Detesco—Diabetic Interview
Nov. 19, 1952	Rotary	Dr. Gustafson—Diabetic Detection Drive
Nov. 20, 1952	Lions Club	Dr. R. Kiskaddon—Diabetes
Nov. 21, 1952	Kiwanis Club	Dr. J. Miller—Diabetes

IN MEMORIAM

Dr. W. L. Jones was born on January 16, 1883, in Mountville, South Carolina. He attended college at Lincoln University, Oxford, Pennsylvania and finished that phase of his education in June 1903. In 1908 he was graduated from The Detroit College of Medicine, which is now Wayne University, and served his internship at the Battle Creek, Michigan, Sanitarium. He was also a graduate of the University of Edinburgh, Scotland and a member of The American Medical Association, The American Academy of General Practitioners, and the Mahoning County and Ohio State Medical Associations.

Shortly after coming to Youngstown, Dr. Jones married the former Nettie M. Mazonie, who for 38 years was a faithful and devoted partner in the work which he loved so well. During the 44 years, in all, which he spent in the Youngstown district, he developed a very large practice. He was hard-working and tireless in his efforts. Regardless of bad weather he made his calls. Only in the last four or five years had he begun to relinquish some of his duties. During the days of the depression, when no money was available, he gave freely of his services. His conscientious work brought him recognition from St. Elizabeth's Hospital, where he was a member of the staff for a number of years. He gained for himself, too, a reputation as an excellent surgeon.

When Dr. Jones was not working, he found relaxation in several ways. Almost every Wednesday night he spent with the fellows listening to or watching a fight. Occasionally, a weekend was given over to hunting or fishing. Many a Sunday was spent quietly on the farm with two or three close buddies. He liked to travel, and took time out for trips to Europe, Mexico, Florida and Canada.

His was a well-rounded, useful life which, as with all of us, could not go on forever. His unexpected death, on the night of October 27, 1952, was a shocking blow to his family, his friends, his colleagues, his patients — all of whom loved him with just cause.

W. R. Smith, M.D.

IN MEMORIAM

Dr. Armin Elsaesser, one of the pioneers in Surgery, has passed to his reward, having served both the medical profession and the Community as one of the first well trained Surgeons of the Mahoning Valley.

He has left his mark in the sands of time. He will be remembered as a student of the great master Emil Kocher, to whom he never failed to give credit. Dr. Elsaesser was well trained in all technics for any surgical procedure, and he was trained in the times when it was the rule for a physician to decide he was a surgeon without much training other than his medical education and a one year internship.

He believed that tissues should be handled gently and he practiced this belief with due regard. He tried to restore the physiology of the body by his surgical procedure.

He was an out-standing diagnostician with well trained hands in his chosen field as a surgeon, having the courage of a lion and the gentleness of a lamb.

He was a gentleman, scholar, and a surgeon of the highest rank.

Many things of importance should have been reported from his wealth of material and experience but he preferred to work rather than take the time to write.

Dr. Elsaesser was my life-long medical friend and worthy preceptor. He will be missed by me more than I can express in these simple words.

His passing leaves a void, for me, the profession, and the community, which will never be filled.

He was a close friend of many internationally known practitioners of medicine and surgery, such as Cushing, Will and Charlie Mayo, Geo. Crile, Sr., and many, many others.

The late Dr. Wm. H. Buechner said of him "He is the best trained surgeon in this section of the country. His diagnostic ability is unequalled."

Dr. Elsaesser will live on in the hearts of his many patients and in the profession that knew him and his worth as a friend and surgeon will always be remembered.

W. M. Skipp, M.D.

Committee

LAY EDUCATION COMMITTEE

The Lay Education Committee reports a very successful year. This success has been made possible through the able and active cooperation and participation of each of its members. I wish to express my sincere thanks to the members of my committee, Drs. C. S. Lowendorf, W. L. Mermis, L. S. Shensa, W. T. Breesmen and J. J. Soframec.

During the past year, The Mahoning County Medical Society sponsored a new radio series entitled "You and Your Doctor." These radio broadcasts were given weekly by Doctors of the Society, over stations WFMJ and WKBN and were designed primarily to acquaint the public with their physicians and their problems. We hoped to bring about a better understanding of the doctor as he progressed from his university training thru his post-graduate education and into his place in the community life.

In addition WBBW supplied radio time for special health programs, supplied by the National Foundation for Infantile Paralysis, American Heart Association, American Cancer Society and the Arthritis and Diabetic groups. Our Speaker's Bureau functioned at all times in supplying various federated clubs and groups with speakers on their particular health interest. We are indebted to the Doctors who gave their time to prepare and present these papers.

In closing, I wish to thank Mrs. Mary Herald and Dr. C. A. Gustafson for their cooperation and Mr. Franklin Powers for his legal advice about certain difficult subjects which we discussed on the air.

S. R. Zoss, M.D. Chairman



S. R. ZOSS, M.D.

PUBLIC RELATIONS COMMITTEE

For the past year, through the co-operation of the Executive Committee, Franklin B. Powers, our council, and Mary B. Herald, our Executive Secretary, we on the Committee for Public Relations, have attempted directly and indirectly, to improve our Public Relations. It is up to each and every doctor to bear the brunt of bad public relations as well as the good. When one doctor makes a poor public relations move, it becomes a reflection on all the doctors of our community.

We have published several editions of P.R.-ogress, a news letter which has been met with good response from all the members of the Mahoning County Medical Society. We anticipate publishing more of the same in the future.

We have also called to the attention of the members, the unwise methods of collection of delinquent accounts, being done under the cloak of modern high pressure collection methods. These methods tend to jeopardize not only the individual doctor but the profession generally.

We have made slow, but steady progress in improving Public Relations, and shall continue to do so in the future.

A. K. Phillips, M.D. Chairman

Report for 1952

PROGRAM COMMITTEE

In January, 1952, we had our annual meeting and dinner honoring our "Old Timers" at the Youngstown Country Club.

February, 1952, we had a joint meeting of the Mahoning County Medical Society and the Youngstown Area Heart Association with Drs. Howard B. Sprague and T. Duckett Jones. Dr. Howard B. Sprague, Clinical Associate in Medicine, Harvard Medical School, Boston, Massachusetts, spoke on "A Few Problems in Cardiac Diagnosis." Dr. T. Duckett Jones, Medical Director, Helen Hay Whitney Foundation, New York, spoke on "Modern Methods in Prevention and Treatment of Rheumatic Fever."



P. MAHAR, M.D.

March was a combined meeting of Allied Professions. Mr. Leo Brown was the guest speaker and he spoke on "Your Public Relations are Showing." Mr. Brown is Executive Assistant, Department of Public Relations, American Medical Association in Chicago, Illinois.

We had a combined meeting with the General Practitioners Association and the Mahoning County Medical Society in April. Dr. R. G. Turnbull was the guest speaker and he spoke on "Trends in Treatment of Ulcerative Colitis." Dr. Turnbull is Director of Pathologic and Colon Surgery at the Cleveland Clinic, Cleveland, Ohio.

In May, there was a joint meeting of the Mahoning County Medical Society and the Mahoning County Tuberculosis Sanatorium Staff. Dr. Earle B. Kay, Senior Thoracic Consultant for Crile V. A. Hospital and Brecksville V. A. Hospital, spoke on "General Aspects of Chest and Cardiac Surgery."

June, Dr. Ernest E. Irons spoke before a combined meeting of the Allied Professions group and his subject was the "Responsibility of the Medical Profession in the Preservation of our American Democracy."

Paul J. Mahar, M.D. Chairman

VETERANS COMMITTEE

During 1952 this committee met on several occasions. The committee discussed various problems concerning Veterans of the Society and wishes to report that the Doctor's Draft is now being stepped up by the Defense Department. Many of our Doctors who have had no military service during World War II are now being reclassified 1-A and will be subjected to pre-induction physical examinations in the near future. This does not necessarily mean that they will be called to duty in the near future.

A final meeting of the committee will be called before the end of this year. This committee welcomes any suggestions concerning Veterans affairs and problems that are of interest and concern to all veterans.

Martin E. Conti, M.D. Chairman



MARTIN E. CONTI, M.D.

AMERICAN MEDICAL EDUCATION FOUNDATION COMMITTEE

Your committee on American Medical Education Foundation has been laying the groundwork for an intensive campaign to raise money for the support of medical education in the nation and the state.

Every physician, we feel, has an obligation to his medical college to see that it continues to graduate good physicians capable of carrying on the work that will, one of these days, be turned over to them.

Each physician in the County will be contacted and we will expect an annual pledge to be given directly to his school or to the Foundation for distribution in equal amounts to all medical colleges.



WILLIAM M. SKIPP, M.D.

*William M. Skipp, M.D.
Chairman*

LEGISLATIVE COMMITTEE

The following is a report of some of the activities of your Legislative Committee.

We have cooperated with the State and National medical organizations in matters pertaining to public health: that is legislation that would affect the health of local, state and national levels.

We have taken an active part in local health legislation in conjunction with, and by, all organizations that make up the Allied Professions.

The Allied Professions, on which your Committee is well represented, has had conferences with the officials who control the appointive public health positions in both the county and city.

We, through Allied Professions, have contacted all candidates running for office in the State and County which control the health of the people and make laws that regulate the practice of medicine in all of the allied branches. The membership has received a report of these activities for the recent November election. Our views were given in detail, to all candidates, in regard to the medical practice act, and matters pertaining to public health and other matters such as the National and State Constitutions.

Your Committee, in conjunction with the Allied Professions, is very active in regard to the securing of signatures to petitions for a referendum to the City of Youngstown Charter so that the people of Youngstown will be able to state by a vote whether they want a board of Health which will take the Health Department out of politics.

Members of the Committee: J. McCann, M. D., E. J. Reilly, M. D., G. M. McKelvey, M. D., J. Vance, M.D., R. Poling, M.D.

*William M. Skipp, M.D.
Chairman*

MENTAL HYGIENE COMMITTEE

This committee is most favorably impressed by the progress of our society in the general area of mental hygiene.

It is not strange for this committee to be interested in radio programs ("You and Your Doctor," "Parents and Children"), medical and medical-lay meetings, medical displays and exhibits. All of these are an essential part of community mental hygiene.

One member of this committee led a series of eight seminars with representatives of local social agencies, the school system, and courts interested in helping disturbed children. Another member is very active in the Mahoning County Mental Hygiene Association.

The Youngstown Receiving Hospital has been expanded by the addition of a new unit. The Child Guidance Center has obtained the full time services of a psychiatrist. The ever increasing demands for the services provided by both the hospital and center indicate the importance of mental hygiene problems to every member of our society.



F. GELBMAN, M.D.

*Frank Gelbman, M.D.
Chairman*

HOSPITAL RELATIONS

The Committee on Hospital Relations reports that the relationship between our members and the hospitals has been most cordial.

There has been one meeting of the Committee to consider the problem of non-staff members registering in and out so that they may be located while working in the hospital. It was the recommendation of the Committee that members whose names do not appear on the lighted board should check in and out with the hospital switchboard operators.

When our committee has little to do it is a sign of a healthy situation.

James L. Fisher, Chairman

CIVIL DEFENSE COMMITTEE

The committee has had a number of meetings to determine the medical supplies to be available in Mahoning County in case of an emergency; and also to change the personnel of the 37 surgical teams of the Civil Defense Medical set up to keep up with the changing membership of the medical society and the allied professions.

The medical supplies for Mahoning County are now being packaged for long time storage in Columbus. They are expected to be on hand in Mahoning County by the first of the year.

*Craig Wales, M.D.
Chairman*

"HARD OF HEARING" COMMITTEE

It has been the aim of the Hard of Hearing Committee, during the past year, to stress a program of prevention of deafness, conservation of hearing and rehabilitation.

The Public and Parochial schools are making a conscientious effort to find all children with a hearing loss at as young an age as possible. In 1951-52 group tests were done on 7,182 children in the Public and Parochial schools. Individual screening tests were done on 5,579 children. Threshold tests on 739 children. 83 deaf and hard of hearing children were enrolled in special classes in 1951-52 in the public schools.

Hearing Conservation Projects available to public.

Two hearing conservation projects have been initiated this year and, having proved successful, will be continued for a period of time. The National Hearing Week project in May offered to the public free screening test of hearing. A total of 338 persons availed themselves of the opportunity; in this group there were many college students. Twenty-four children were brought for testing. This project endorsed by the Mahoning County Medical Society was cooperatively carried out by the Hearing Society members under the guidance and direction of the staff of the Hearing Center, a special committee, and the following other organizations: Youngstown Board of Education, public school speech and hearing therapists, Youngstown College, Kent University Graduate students in hearing and speech, Ohio State Department of Public Health, and members of the Quota Club. It also received the cooperation of the Municipal Railway Company, the Youngstown Vindicator, and the Community Chest in securing publicity for the project. All Radio stations gave full cooperation.

The second project was carried out in connection with exhibits sponsored by the Mahoning County Medical Society at the Canfield Fair, when a display and free hearing tests were done. 333 hearing tests were done but there was a larger percentage of children examined in this group than in the first instance, 141 children being tested; interest was high in having hearing tests before school started. As in the first project, those having a hearing deficiency were advised to take their audiograms to an ear specialist of their choice for interpretation. Cooperating at this time, in addition to the Hearing Society, were the Youngstown Board of Education, Bennett School teachers of the deaf and hard of hearing, public school speech and hearing therapists from Youngstown and Campbell, the school health departments of the Mahoning County schools and Parochial schools, and the Quota Club.

We were fortunate in being able to end the years activities with a talk by Dr. Thomas L. Tolan, President of the American Hearing Society, and a prominent Otologist in Milwaukee. Doctor Tolan spent a day in Youngstown visiting Bennett School, the Board of Education and the Youngstown Hearing Society, and gave a talk in the evening at Elm Street School on the "Hard of Hearing Child." Doctor Tolan was the first president of the American Hearing Society to visit Youngstown in an official capacity, and before his departure he was most complimentary of all of those in charge of the various activities pertaining to the Hard of Hearing and Handicapped Children.

W. H. Evans, M.D. Chairman



W. H. EVANS, M.D.

REPORT OF POSTGRADUATE COMMITTEE

This committee undertook to present the post graduate assembly of the Sixth Councilor District of the Ohio State Medical Association. A group of physicians from the Mayo Clinic presented on Oct. 29, 1952 an outstanding scientific symposium on the recent advances in Medicine and Surgery. Dr. Tennyson Guyer entertained and cajoled the doctors and their wives at the evening dinner.

The entire program was very well received by all the local doctors and the many out of towners who attended.

Andrew A. Detesco, M.D.
Chairman



A. A. DETESCO, M.D.

ANNUAL REPORT OF MEDICO-LEGAL COMMITTEE

This Committee has met informally on two or three occasions during the past two years. We have been disappointed in fulfilling our principal objective during this time in bringing together this Committee with a similar committee from the Mahoning County Bar Association. Individual members from the legal and from the medical profession have often expressed a desire that the two groups meet and work out some of the problems existing between individual members of the two groups, and to draw up some expression of policy which is agreeable to both groups and which could be recommended to each individual member of the two organizations. A committee was never appointed by the Bar Association. I have recently been in contact with Mr. Horace G. Tetlow, the present President of the Mahoning County Bar Association, and he is in the process of appointing a committee which will meet with our committee and work out a policy of mutual understanding. This promises to come to pass in the near future, and the proceedings will be published in this Journal and in the Legal News.

The Chairman has disposed of a few minor problems in which members of our Society have been concerned, and has advised with individual attorneys in the preparation of speeches for the public which concern medico-legal problems.

It is recommended to the members of our Society that each doctor will cooperate within all reasonable limits with attorneys who are representing his patient, and reach a positive understanding with the attorney as to what the exact physical injuries and disability have been, in advance of embarrassing misunderstandings in the court room. Most attorneys are desirous of using the doctor's time discriminately and it is only the rare instance in which the doctor is imposed upon so far as his time and his honest opinions. Some of the less-experienced attorneys are inconsiderate and bring about unpleasant circumstances in which doctors hope to avoid forever any contact with cases which might come to trial. It is with the hope of producing universal understanding between the two groups that this Committee is working.

Lewis K. Reed, M.D., Chairman

MAHONING VALLEY CHAPTER OF THE ARTHRITIS AND RHEUMATISM FOUNDATION

St. Elizabeth Hospital Clinic, 1022 Belmont Ave., Youngstown, O.
Home and Out Patients
250 Mahoning County Cases
50 Trumbull County Cases

Medications used in treatment of the various
types of Arthritis

Cortisone
A.C.T.H.
Hydrocortone
Butazolidin
Cord Extract
Albumin



M. M. SZUCS, M.D.

The Hospital Interns and the interested physicians were instructed in the proper usage of these medications:

Hydrocortone with intra-articular temperature taken before and after treatment. This procedure was also followed with the other drugs—Cortone, A.C.T.H. and Cord Extract. Dr. Kernan Golden assisted in these cases.

Cortone Solution and Cortone Tablets were prescribed in a large series of cases for demonstration and practical usage.

Butazolidin was used in specific cases. Its limitation was evaluated and toxicity noted.

Cord Extract was used in Rheumatoid and Spinal Arthritis with controls.

Albumin—used in Rheumatoid and Hypertrophic Arthritis. (Experimental purposes).

Lay Education—Lectures and movies

Approximately 25 lectures were given to both large and small groups throughout the Valley. Whenever possible movies were shown.

A Display Booth and Movies were shown at the Canfield Fair.

M. M. Szucs, Medical Director

PUBLIC HEALTH COMMITTEE

The Public Health Committee of the Mahoning County Medical Society has had a busy year. Through your encouragement and through the cooperation of the Health Department, the restaurant inspections have been increased, fluoridation of water supply has been accomplished in September, 1952, the rooming and housing act was passed and rooming house licenses are now being given by the Health Department.

I wish to extend my thanks to the committee members for their interest and help.

Walter J. Tims, M.D.
Chairman



WALTER J. TIMS, M.D.

STATE AND A.M.A. CORRESPONDENCE

The State and A.M.A. committee was appointed for the first time this year. It has one purpose, namely, to get the Mahoning County Medical Society in the news column of the Ohio State Medical Journal and the J.A.M.A. The state journal had some mention of happenings in Mahoning County in almost every issue. The J.A.M.A. apparently did not consider the few items sent to it as being newsworthy except the one about "You and Your Doctor."



Clyde K. Walter, M.D.

CLYDE K. WALTER, M.D.

SOCIAL COMMITTEE

The activities of the social committee for the 1952 year began with the annual banquet which was held on January 15, at the Youngstown Country Club. This party was well attended and I do not remember any guest speaker who attracted more comments. The name "Pancho" is still well remembered to this day.

The next party was a buffet supper following the Spring meeting of the Allied professions. The meal was tasty and we were fortunate in guessing the approximate number that would attend the meal. I believe this was a successful gesture for improving the relationship with others of the Allied professions.

The high-light of the social calendar is of course the Spring formal. This was held on Saturday May 10. It was very well attended, in fact, it was a capacity crowd. I believe both the food and the music were very pleasing.

The next social event of the year was the golf party. This was held at the Youngstown Country Club on Thursday, August 7. This was held in conjunction with the Corydon Palmer Dental Society. This likewise was well attended and enjoyed. Other than a mix up in the golf prizes, the party was a complete success.

It has been an interesting year for the committee, and I am happy to have served.

Best wishes to next year's social chairman.

Ray Hall, M.D.
Chairman

PUBLICITY COMMITTEE

The activities of the publicity committee were successful due to the excellent co-operation of the members of the committee and the publicity chairman for special functions held during the year. Space granted by the *Vindicator* was generous and coverage for all events and affairs adequate.

Particular credits are due Dr. C. H. Gustafson for his newspaper contacts, Dr. Sidney L. Keyes, Dr. M. M. Szucs and Dr. W. H. Evans for their efforts in promoting the medical exhibits at the Canfield Fair.

Asher Randell, M.D.
Chairman

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PROCEEDING OF COUNCIL

The regular monthly meeting of the Council of the Mahoning County Medical Society was held at the office of the Society, 202 Schween-Wagner Bldg., Youngstown, Ohio, on Monday, November 10, 1952.

The following doctors were present: Dr. C. A. Gustafson, presiding, Dr. J. N. McCann, Dr. E. J. Wenaas, Dr. M. W. Neidus, Dr. S. W. Ondash, Dr. A. Randell, Dr. J. D. Brown and Dr. E. C. McNeal.

Mr. Lamar Donahue, representatives of the Commercial Insurance Company of Newark, N. J., underwriters of the Mahoning County Medical Society Group Disability Insurance Plan, outlined an offer to increase the limits of benefits and to broaden the coverage. The plan, in detail, will be submitted to our members by Stillson & Donahue, local representatives.

We have received a notice from the Ohio State Medical Association of an increase in State Dues for the year 1953 of \$5.00 making a total of \$20.00 instead of \$15.00.

Council voted unanimously not to increase the Mahoning County Society dues, in lieu of \$5.00 being included for Postgraduate registration.

Bills were read.

Motion was made, seconded and duly passed to pay each one.

G. E. DeCicco, M.D.
Secretary

Health Department Bulletin

CITY OF YOUNGSTOWN

REPORT FOR OCTOBER, 1952

	1952	Male	Female	1951	Male	Female
Deaths Recorded	204	112	92	179	101	78
Births Recorded	589	302	287	577	292	285

CONTAGIOUS DISEASES	1952 Cases	Deaths	1951 Cases	Deaths
Chicken Pox	68	0	22	0
Measles	4	0	4	0
German Measles	1	0	2	0
Poliomyelitis	4	0	13	0
Scarlet Fever	1	0	7	0
Tuberculosis	8	0	4	3
Whooping Cough	2	0	5	0
Mumps	2	0	0	0
Syphilis	39	0	20	0
Gonorrhoea	18	0	22	0
Chancroid	0	0	2	0

VENERAL DISEASES

New Cases	Male	Female
Syphilis	2	3
Gonorrhoea	21	15
Total patients	41	
Total visits to clinic (patients)	255	

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KEEPING UP WITH AMA*W. M. Skipp, M.D.*

..... State Commissions on Aging have decided to continue under the guidance of the Federal Security Agency. John L. Thurston, deputy administrator, felt that the Federal Government should act as a catalyst, or stimulator, in this new and expanding field.

There is agreement that problems can be handled at State and Community levels, better conference groups brought out, that there is a trend towards (a) committees authorized by State legislatures with citizen advisory committees; (b) there are four groups which comprise employment, health, personal adjustment, and housing-living arrangements.

..... The American Legion Medical Advisory Board is fearful of the economy in the budget for VA medical care, that it will tend to lower the quality of the care and give the personnel an insecure feeling.

The Health Resources Advisory Committee (Rush Committee) has recommended that it be continued. The Committee has three roles: 1. advising defense mobilization on health matters. 2. National Advisory Committee to Selective Service. 3. Advising Defense Department on call-up of medical reserves by balancing civilian and military needs. This includes physicians and other personnel in the health fields.

..... Management is paying about one and a half billion dollars a year in life-health insurance benefits. There are fringe benefits not shown on the actual payroll. These cover life insurance premiums, hospitalization, death benefits, sickness, accident and medical care. The companies now pay as much for these benefits as they do for Old Age and Survivors Insurance. In addition to this fringe benefits include pensions, Workmen's Compensation, terminal pay, profit-sharing and time not worked holidays, lunch hours, etc. American industry pays about twenty-five billion dollars a year for all these benefits.

..... 20% of crippled children in state programs are congenital. The Children's Bureau which distributes federal funds to help states in this work found in 1950 that 44,000 of the 214,000 treated were born with the physical defect, 5,410 were suffering with eye defects, 7,873 cleft palate, and harelip, 2,207 from congenital hearts.

U. S. funds are allocated on the basis of children under 21 years of age. In 1950, \$7,609,069 was distributed while in 1952, \$12,245,808 is available. States match one for every two U. S. dollars. The States determine what children are to be treated, all orthopedic or plastic treatment in every State which includes polio, some states includes Rheumatic Fever and Cardiac conditions also.

..... Bureau of Standard Handbook is an aid to those that are responsible for location of x-ray equipment in hospitals, clinics, and offices where x-ray is used. It sets up protective barriers with type and thickness of protection.

..... 17,000 once deferred as 4-F have been re-examined and are now in Service. Congress ordered a lowering of the mental standard which is now bringing results, but the physical standards of 1945 prevail. 25,000 a month are being re-examined.

..... The polio incidence surpassed the recent 1949 peak in number of cases and deaths. In 1916-28 states reported 29,000 cases with 7,200 deaths. At that time non-paralytic cases were not reported. 20 states did not report a case. In 1949, with a total of 48 states reporting, a total of 42,000 cases



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and 2,700 deaths. Taking the 1916 cases, there should have been 100,000 cases in 1949, which never has been approached.

. A new code of International Sanitary Regulations, bringing up to date the laws governing relations among nations in disease control work, went into effect on October 1. The document, binding on this country as well as others, reaffirms a number of practices and procedures, modifies others and establishes some new standards. The new code was provided for in the WHO constitution, approved by Congress in 1948. The WHO Assembly adopted the regulations in 1951. Member countries were allowed 90 days in which to file protests. U. S. did not protest.

The regulations have the standing of a treaty, and as such require the same degree of compliance of any domestic or national law.

NOTE: Here comes an organization, not a treaty, making laws for our Country. We must be on the alert.

. Society Admits Five Negro Doctors. The District of Columbia Medical Society recently elected five prominent Negro physicians to membership. They are the first Negro physicians to become members of the society since it was founded in 1817.

. Senate Committee Staff Working on New Federal Hospital Board Bill. Staff members of the Senate Government Operations Committee are working on legislation similar to S. 3314 of the last Congress which provided for a Federal Board of Hospitalization. The new measure, is expected to be amended in several respects, including incorporation of one of a number of changes suggested by the A.M.A. The A.M.A. has pointed out that the proposed membership of the board was too heavily weighted in favor of the Government membership and that should be changed to at least equal membership between non-government and government representatives. This is expected to be provided for in the new legislation. The staff also is studying recommendations submitted by other organizations.

. Socialized Medicine Discussed at Two-Day Meeting of Magnuson Commission. Problems of financing medical care, with emphasis on the issue of national compulsory health insurance, were argued last week before the President's Commission on the Health Needs of the Nation. Panel participants in the two-day session (Oct. 7-8) included several spokesmen long associated with the Truman-Ewing plan. Opposing their views were representatives of the AMA, non-profit and commercial health insurance organizations, hospitals, industry and the U. S. Chamber of Commerce.

There was agreement among participants on a number of points, particularly (a) that the country has an unprecedented health record for the last half century, (b) that the various types of voluntary health insurance have experienced a phenomenal growth in public acceptance, and (c) that better medical care should be extended to the undetermined number of people who are not now being cared for adequately.

But the discussion ended with continued disagreement on (a) exact or even relative number of Americans not adequately protected by prepaid insurance or otherwise, (b) ability of the voluntary plans to expand rapidly enough, qualitatively and quantitatively to meet the need, and (c) whether national compulsory health insurance is the answer.

Spokesmen for the non-profit plans insisted throughout that they would be able to supply any coverage the public needs. They said federal and state governments should cooperate by permitting Blue Cross and Blue Shield payroll deductions for their employees and by extending unemployment com-

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pensation to include payment of insurance premiums. It was also proposed that federal or state governments subsidize premiums for low income groups, possibly through a system similar to the Hill-Burton program.

. Old Doc Ewing Has a Remedy. N. Y.'s largest newspaper—the Sunday News, which has a circulation in excess of four million — chided F. S. A., Mr. Ewing recently for posing a problem and then solving it.

"Got to hand it to Ewing this time — he has not only diagnosed an ailment which is creeping up on the nation but has also come up with a remedy for it.

"The ailment . . . is a big percentage increase in older Americans. Our population has doubled since 1900. But in that same period, the number of people 45 to 64 years old has tripled, while the number of those 65 and up has quadrupled. . . .

"Oscar's remedy? He would bring the doctors under politicians and bureaucrats' control, like postmasters or income tax collectors, and dragoon all of us into a system of compulsory health insurance.

"The quality of U. S. medical service would promptly hit the skids as happened in England shortly after the adoption of Socialist medicine there. Hospitals would deteriorate, doctors lose much of their morale, research lag, costs pile up.

"Net result: an almost unavoidable shortening of the average life span of Americans. A gruesome prospect, perhaps; but you've got to admit that Old Doc Ewing has a real remedy here for a dangerous state of affairs."

. Defense Department officials, with the assistance of representatives from other federal departments and professional associations, have started work on problems of the physician-dentist-veterinarian draft, preparatory to asking for an extension and amendment of Public Law 779, scheduled to expire next June 30.

The meeting was attended by spokesmen for dentists, veterinarians, hospitals and medical schools, as well as the A.M.A.

1. Medical Priorities I and II will be exhausted shortly, and future requirements will have to be met from Priorities III and IV.

2. There aren't enough young men in Priority III and IV to meet military requirements for long; unless the younger men in Priority IV are made available by a change in the law, the services will be offered too many of colonel and major age and experience, not enough for the captain and lieutenant commissions. Dislocating physicians of 15 to 20 years experience from their civilian practice will create additional problems.

3. The age and experience level of Priority IV men make many of them more acceptable, but it is possible that a high percentage already have two or more years of active military duty; besides, these men can't be called until Priority III has been used up.

4. The professional manpower shortages will continue until 1958, when enough non-veterans, currently deferred from the regular draft to complete their medical training, will be available to meet most military requirements.

. Birmingham Survey Shows 71% Increase in Cancer Incidence in 10 Years. Following completion of a cancer survey in Birmingham, Ala., area in 1948 National Cancer Institute reports a 71% increase in incidence and a 50% increase in total cases treated since the last survey there in 1938.

Dr. John R. Heller, attributes the increases partly to better reporting by physicians, improved diagnostic and case-finding methods, and aging of the population.

JANUARY MEETING

Annual Banquet

Tuesday, January 20, 1953

6:30 P. M.

Youngstown Country Club

Installation of

Dr. V. L. Goodwin as President

Speaker to be announced later

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POST-GRADUATE COURSE IN DIABETES AND BASIC METABOLIC PROBLEMS

The first Post-Graduate Course in Diabetes and Basic Metabolic Problems to be conducted by the American Diabetes Association will be offered under the direction of Charles H. Best, C.B.E., M.D., F.R.S., Director of the Banting and Best Department of Medical Research of the University of Toronto, on January 19, 20, 21, 1953, at the University of Toronto, Canada.

Developed by the Association's Committee on Post-Graduate Education, under the chairmanship of Edward L. Bortz, M.D., the course will have as its Clinical Director, Ray F. Farquharson, M.B., Professor of Medicine of the University of Toronto, and Andrew L. Chute, M.D., Professor of Pediatrics of the University of Toronto, will act as Associate Clinical Director.

Over thirty lectures and round-table discussions have been planned as well as a social evening. The course is open to non-member physicians as well as members of the American Diabetes Association, but the number of registrants will be limited to 100. Fees are \$20 to members, \$40 to non-members. Details of the three-day program and registration and hotel information may be obtained from J. Richard Connelly, Executive Director, American Diabetes Association, 11 West 42nd Street, New York 36, N. Y.

To date the following program has been arranged:

Manifestations of Diabetes: Clinical—Howard F. Root, M.D.; Pathological—J. D. Hamilton, M.D.; Clinical Features of Diabetic Acidosis and Coma—E. Perry McCullagh, M.D.; Electrolyte Metabolism in Diabetic Acidosis—Randall G. Sprague, M.D.; Treatment of Coma—Herbert Pollack, M.D.; Round-table discussion.

Experimental Diabetes—Francis D. W. Lukens, M.D.; The Adrenals in Relation to Diabetes—Jerome W. Conn, M.D.; The Action of Insulin—Charles H. Best, M.D.; Cholesterol—Henry T. Ricketts, M.D.; Round-table discussion.

Complications of Diabetes: Cardiovascular Complications—Howard F. Root, M.D.; Ocular Complications—John C. McCulloch, M.D.; Neurological Complications—H. J. M. Barnett, M.D.; Errors in Treatment—Henry B. Mulholland, M.D.; Infectious Complications—Francis D. W. Lugens, M.D.; Round-table discussion.

Management of Diabetes in Infancy—Robert L. Jackson, M.D.; Management of Diabetes in Childhood—Andrew L. Chute, M.D.; The Prognosis in Juvenile Diabetes—W. T. W. Clarke, M.D.; Acidosis in Children—George M. Guest, M.D.; Problems in Insulin Therapy, including Allergy and Resistance—Arthur R. Colwell, M.D.; Insurance for Diabetics—R. C. Montgomery, M.D.

Management of Diabetes: Diabetes Control—Edward L. Bortz, M.D.; Dietary Instruction—Deaconess Maude Behrman; Properties of the Different Insulins—A. M. Fisher, Ph.D.; Clinical Use of Insulin—Arthur R. Colwell, M.D.; Surgical Problems in Diabetes—Gordon Murray, M.B.; Round-table discussion.

Hyperinsulinism—W. R. Campbell, M.D.; Hypoglycemia—Neurological Manifestations—J. C. Richardson, M.D.; Factors Affecting the Islands of Langerhans—R. E. Haist, M.D.; Insulin Content of the Pancreas—G. A. Wrenshall, Ph.D.; Visit to the Laboratories of the Department of Medical Research, conducted by Charles H. Best, M.D.

DR. KUPEC HEADS MEDICAL LEGIONNAIRES

Elected Commander of the Walter F. Bartz American Legion Post No. 726 at its annual dinner meeting at the Elks Club, Thursday, November 6, 1952 was Dr. Joseph B. Kupec. He succeeds Dr. Richard B. Clifford now past commander.

Others elected to key posts in the unique Legion organization, comprised solely of physicians were: Dr. J. J. Sofranec, Vice-Post Commander, Dr. A. K. Phillips, Adjutant and Dr. P. B. Cestone, Finance Officer.

Ninth District Commander William Collins, Jack Powers, Vice-Commander of the ninth District and Jack Malcomson, Commander of Mahoning County Posts were honored guests at the dinner party attended by approximately 50 Legionnaires. In brief remarks they stressed the objectives of the American Legion and urged for a united front in carrying out Legion objectives. Ninth District Commander Collins lauded the Post in its organization and stated that it was gratifying to have Legion participation by professional men since Legion membership strives for a cross section of all veterans. He pointed out that the Legion has been in sympathy with the preservation of the voluntary system of medicine and has so gone on record. He invited representatives of the Post to attend meetings of the Council of the American Legion Post.

Commander Richard Clifford pointed out that the Legion Post has cooperated fully in Civil Defense plans for the Community and called attention to the Bartz Post financial participation in the building campaigns of St. Elizabeth and South Side Hospital Association. In addition, he pointed out that the post had representatives on the Veteran's Committee of the Mahoning County Medical Society.

Making brief remarks were: Drs. A. E. Rappoport, W. J. Tims, J. A. Renner, H. E. Hathhorn and Past Post Commanders Ivan C. Smith and Stephen W. Ondash.

S. Ondash, M.D.

ARMY SURGEON GENERAL REPORTS 85% KOREA WOUNDED RETURNED TO DUTY

At least 85% of U. S. troops wounded in Korea are being returned to active duty within an average of three months, according to Maj. Gen. George E. Armstrong, Army Surgeon General. He made a report at a special press conference in the Pentagon Building, called to correct what he said was the public impression that Korean casualties represented "a complete loss to the United States."

Gen. Armstrong placed total U. S. casualties in the neighborhood of 100,000 including 16,500 killed in action, 12,000 missing and 71,500 wounded. In the latter category, he said 62,500 have returned to duty, 4,500 are remaining in Army hospitals, 3,000 have been discharged for disability and 1,500 have died of wounds.

He said the rate of death of the wounded was 2.4% the lowest in any war, and he attributed this to fast evacuation from the front lines and early surgery. Gen. Armstrong had high praise for newly developed body armor.

Simultaneous with the Surgeon General's report, the Defense Department asked Selective Service to deliver 544 physicians for the armed services in January. The Army has asked for 344 and the Air Force for 200. The Department said that since July, 1951 the total physicians called to duty under the Doctor-Draft Law is 3,238.

Capitol Clinic, Vol. 3, No. 46

Guest Editorial

DURHAM-HUMPHREY HEADACHES

By Dr. Robert L. Swain

The old saying that "anticipation is often better than realization" seems to be hounding the efforts of pharmacists to conform to the demands and requirements of the Durham-Humphrey Act. With the passage of this Act, it was confidently expected that the conduct of prescription practice would become less difficult and less confused.

Of particular importance was the legal okay of taking prescriptions over telephone and of having authority to refill given in the same way. When Congress gave its blessing to "oral prescriptions" we all thought we had won a real victory, a victory based upon a common sense view of the part the telephone plays in the relations between pharmacist and physician.

But, information coming to me strongly suggests that the frailties of human nature may make it difficult, if indeed not impossible, for the Durham-Humphrey Act to work as Congress intended that it should, and as pharmacists fervently hoped that it might. This situation, let me point out, in no way is due to any defects inherent in the Act. It springs entirely from a lack of knowledge among physicians with respect to the requirements of the Act and the irritation which compliance with it seems to stir up.

WON'T BE BOTHERED

In a recent meeting with some prescription pharmacists, in a large city, I was given this view of what has come to pass since the passage of the Act. Some physicians seem greatly annoyed when the pharmacist calls them for authorization to refill prescriptions. They seem to know little or nothing about the law and are not disposed to be bothered with it.

One pharmacist related this experience. "I telephoned a well-known physician about 9:00 A.M. for authorization to refill a prescription for a patient who was leaving town for a few weeks. As the physician was not in at the time I requested his secretary to have him call me as soon as he could. At noon, I called again, and again had to talk to his secretary, who told me she had given the physician my message.

"The day went by, but no call from the doctor. About 7:00 P. M. I 'phoned him again, and this time got him to the phone. Yes, he had received my message. He had also received, during the day, at least 20 similar messages from pharmacists in other parts of town. What was he going to do? Nothing!

"He had been working around the clock, hardly had time for his meals, and he was not going to worry about refills. What was the pharmacist to do? With this the doctor hung up."

While this is, unquestionably, an extreme situation, there is much to indicate that pharmacists, in practically all sections of the country, are meeting with difficulties in getting physicians to cooperate in a good-natured, proper way. Indeed, a nationally known prescription pharmacist told me, just a few days ago, that obtaining refill authorizations was a constant battle, with the result that his prescription work was "terribly slowed down."

MUST MAKE LAW WORK

Many physicians are taxing themselves to the limit of their physical resources in order to keep up with their work. Pharmacists know this, and are sympathetic with their medical colleagues.

But, aside from how busy physicians may be, pharmacists are burdened with the legal compulsion to obtain authorization from them before the patient's request for refills can be complied with.

Obviously, more patience and forbearance are required of the physician as he and the pharmacist seek to serve the needs of the ill. Physicians must be more fully informed with respect to the law, and their cooperation is bound to be more cordial once they learn just what it requires the pharmacist to do.

The pharmacist, under the circumstances related here, is caught in the middle, and organized medicine, national, state and local, should lose no time in teaching physicians the rules of the game. Pharmaceutical associations, and pharmacists working individually, should also keep the matter before the medical profession so that refills may be handled without undue delay, and in full compliance with the law.

The Durham-Humphrey Act was intended to benefit physicians, pharmacists and patients, and it's up to all to see that this intent is made good!

—*Pharmacy and Science News*

CLINICAL CONFERENCE OF THE CHICAGO MEDICAL SOCIETY

March 3, 4, 5 and 6, 1953

March 3rd, 1953, will mark the opening day of the 9th annual Clinical Conference of the Chicago Medical Society. This Conference is designed to be of interest to both the specialist and the general practitioner. It will be held at the Palmer House in Chicago and will present a variety of subjects setting forth the latest information available to the medical profession.

Conducting the Conference will be a faculty ranging from 35 to 40 outstanding speakers each offering a presentation relating to their speciality. In addition another group will give daily teaching demonstrations which will include the presentation of patients. They will emphasize the actual technique to be employed in handling orthopedic, medical and pediatric problems. In addition to holding these demonstrations each day, there will be a panel discussion at a round table luncheon presenting topics of timely interest.

Our technical exhibitors are eager to present their latest advances in the field of medicine which will enable the doctor of today to treat his patient most effectively. The scientific exhibitors will demonstrate the handicraft and professional worthiness of leaders of the profession and they will be found to be most worthy of study.

This is an activity of the Chicago Medical Society for its membership to whom no fee is charged. Those who are not members of the Chicago Medical Society are asked to register for the four days at the nominal fee of \$5.00.

This is the time to set up your arrangements so these four days in March will permit you to come to the Palmer House and not only visit with physicians from all sections of the United States and Canada but likewise hear and see the latest developments in modern medicine.

FROM THE BULLETIN

J. L. Fisher, M.D.

TWENTY YEARS AGO — DECEMBER 1932

At the Annual election, Dr. J. P. Harvey was voted in as President and J. B. Nelson became the first President-Elect. That was the last time we elected a President.

Louis Deitchman became the Editor of the Bulletin and got out the first number from a room in the North Side Unit where he was recovering from an operation.

The Society put on a Public Health Meeting at the Stambaugh Auditorium. Dr. Haven Emerson from Columbia University was the speaker. It was intended to be a big public relations gesture; the publicity was well handled but there was a snow storm and bitter cold weather that night and only 500 people showed up. Very few doctors or nurses were noted in the audience. Council decided to discontinue the Public Health Meetings.

Dues were reduced from \$15.00 to \$10.00. The State Society got \$5.00 which left us with \$5.00 per member to run our programs. It was tough going those days.

Samuel J. Tamarkin and Peter Boyle became members. The Health Department reported 71 cases of smallpox in Mahoning County and 6 in Youngstown.

TEN YEARS AGO — DECEMBER 1942

After a months absence the members were happy to return to the Youngstown Club for their meetings. The situation was confusing with both the President and President-Elect gone to military service. Elmer Nagel was voted President-Elect and took office immediately. He is the only man who ever served two full terms as President.

New names on the honor roll: David E. Beynon and Herbert B. Hutt. Lou Deitchman and W. H. Evans were at Great Lakes. Sam Klatman was ship's surgeon on an Army transport while the F.B.I. was hunting him as AWOL. Goldstein was wintering in Newport while Zeve was baking in Trinidad. Nelson was at Camp Breckenridge in Kentucky, Kendall at Greenville, S. C., Rosenblum at Robins Field, Ga., John Goldcamp at Ft. Benjamin Harrison in Indiana, Shensa at Camp Gordon, Ga., Luke Reed and Pete Boyle were in the Officer's Training School at Miami Beach.

Secretary McKelvey reported that there were 231 active members in the Society with 64 in military service. The ones at home were feeling the strain.



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PROLUTON® • PROLUTON • PRANONE®

(Progesterone U.S.P. in oil for intramuscular injection)

Buccal Tablets (Progesterone U.S.P. in POLYHYDROL® base)

Tablets (Ethinisterone U.S.P., Anhydrohydroxyprogesterone)

Schering CORPORATION • BLOOMFIELD, N. J.



On every count... **superior**
vitamin supplements for infants

the
versatile
"Vi-Sols"

3 water-soluble
vitamin
preparations
for drop
dosage

acceptability

The superior flavor of all three "Vi-Sols" assures patient acceptance. Mothers appreciate their convenience too.

dispersibility

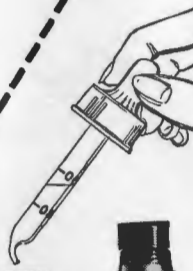
With their clear, non-sticky texture, the "Vi-Sols" disperse instantly in fruit juice or water; mix readily with formula.

hypoallergenicity

Since all their vitamins are in synthetic form, the "Vi-Sols" are well tolerated even by allergic patients.

stability

Stable at room temperature, the "Vi-Sols" require no refrigeration. They may safely be autoclaved with the formula.



POLY-VI-SOL
TRI-VI-SOL
CE-VI-SOL

Available in 15 and 50 cc. bottles,
with calibrated droppers

	Vitamin A	Vitamin D	Ascorbic Acid	Thiamine	Riboflavin	Niacin
POLY-VI-SOL Each 0.6 cc. supplies	5000 Units	1000 Units	50 mg.	1 mg.	0.8 mg.	5 mg.
TRI-VI-SOL Each 0.6 cc. supplies	5000 Units	1000 Units	50 mg.			
CE-VI-SOL Each 0.5 cc. supplies			50 mg.			

MEAD JOHNSON & COMPANY, **MEAD'S** EVANSVILLE 21, IND., U.S.A.

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