

# BULLETIN

of the  
**Mahoning County  
Medical Society**



"Neither let the youngest shun nor the oldest wearie himselfe in study, for who doth otherwise seemeth to say that either the season to live happily is not yet come, or is already past."

— Montaigne

**September, 1934**

**Volume 4**

**Number 9**



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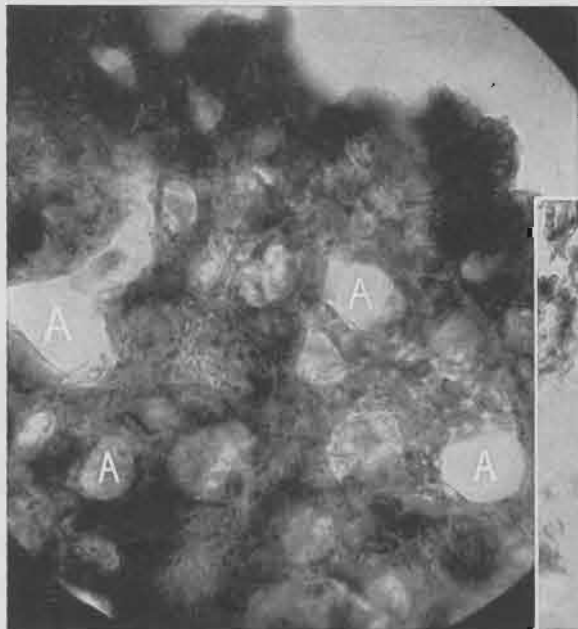
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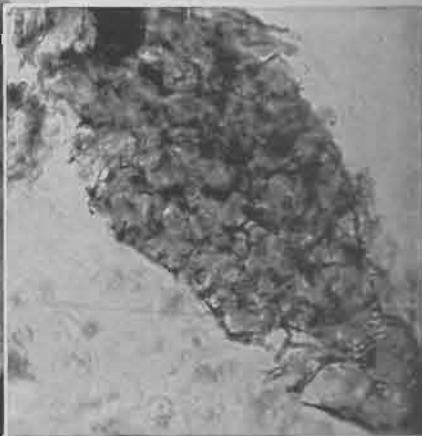
# The cereal-starch of PABLUM is more quickly digested than that of long-cooked cereals

**B**OTHERSOME and expensive long cooking, which is often recommended for infants' cereal, is proven unnecessary with Pablum. For, being precooked at 10 pounds steam pressure and dried, it is so well cooked that it can be served simply by adding water or milk of any temperature. Photomicrographs show that this method of cooking thoroughly ruptures starch granules and converts Pablum into porous flakes which are readily permeable to the digestive fluids. This is supported by

studies *in vitro* showing that the starch of Pablum prepared with cold water is more rapidly digested than that of oatmeal, farina, cornmeal, or whole wheat cooked 4 hours.\*



140 X. STAINED



290 X. STAINED

*Large photomicrograph:* Pablum mixed with cold water—portion of large flake. Pablum flakes are honeycombed with "pores" (note light areas A) which allow ready absorption of digestive fluids. *Inset:* Farina cooked  $\frac{1}{2}$  hour—clump of cereal including starch granules. Note density of clump and lack of porosity. Many starch granules, such as are present in raw cereal, remain unchanged in form.

**F**IFTEEN cereals (both cooked and uncooked) studied microscopically were revealed as containing many starch granules, most of them massed into dense clumps. Such unruptured clumps were never observed in hundreds of examinations of Pablum. Each tiny flake is filled with holes, and like a sponge it drinks up liquids. Hence Pablum can be entirely saturated by the digestive secretions. Besides being thoroughly cooked and readily digestible, Pablum supplies essential vitamins and minerals, especially vitamins A, B, E, and G, and calcium, phosphorus, iron and copper. It is a palatable cereal consisting of wheatmeal, oatmeal, cornmeal, wheat embryo, alfalfa leaf, beef bone, brewers' yeast, and salt.

\*Ross and Burrill, *Journal of Pediatrics*, May 1934. Reprint sent on request of physicians.

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## PRESIDENT'S PAGE

Vacation days are over so far as our County Society is concerned. This vacation was needed. When one looks over the program of the society during the past year, one realizes that the regular monthly meetings, the special courses in neurology and blood, and the post graduate day constituted a very ambitious educational set up. The time had come when there must be a breathing period.

Now that we are to return to school again, let us see what we have to which we may look forward. The Program Committee has not been idle and the speakers for the regular monthly meetings will be of the same high calibre as that to which we have been accustomed. The special course in physiology will be of great interest to all of us. We shall find that this subject has changed much since the first edition of "Flint". Indeed it is difficult to keep abreast of the newer physiology.

The Chairman of the Program Committee reports that a group headed by Dr. C. H. Mayo of the Mayo foundation will be with us on our next Post Graduate day.

If there are differences of opinion relating to other activities of the Society, we surely can agree that our programs are all that can be desired and that this phase of Society activity has not been neglected. Let us get together then at all of these coming meetings and show our guest-speakers that we appreciate their efforts in coming to us to share the knowledge of which they are masters.

JAS B. NELSON

## SECRETARY'S REPORT

August has been slow in the activities of the Society but the work of the Society is carrying on. The Council meets regularly through the summer months. Our President is energetic and never tiring in his efforts to see that the lot of the practitioner of medicine is improved.

The following letter was received from the A. M. A.:

August 20, 1934.

Dr. W. M. Skipp, Sec.,  
Mahoning County Med. Soc.  
Youngstown, Ohio.

Dear Doctor:

A statement is being circulated to the effect that 25 percent of the people who need medical care are either not receiving it, or are unable to obtain such services.

We are endeavoring to ascertain whether such a condition exists in your county.

It will be very helpful in this study if you will send us your estimate of the percentage of persons who need medical care, but who are either not receiving it or are unable to secure such attention. We shall be glad to have, also, your statement of the reasons for this failure to receive it, or inability to obtain medical services, if such a condition exists in your community.

It is *very important* that we secure, as soon as possible, reliable information on this subject. Your considered contribution to this study will, therefore, be not only very helpful, but it will be as greatly appreciated as your previous prompt assistance on other matters pertaining to medical economics.

Cordially yours,  
R. G. LELAND, M.D.,  
Director Bureau of  
Medical Economics.

Our reply: August 25th, 1934.  
R. G. Leland, M.D., Director,  
Bureau of Medical Economics,  
535 North Dearborn Street,  
Chicago, Illinois.

Dear Doctor:

In answer to your inquiry of August 20th, 1934, we only have to say that all of our people of this County that need Medical care are receiving it. By that I mean that we of this County have closed all of our Dispensaries and are working under the plan as set up by the Federal and State governments.

We maintain an office where all

indigent persons are sent to their own physicians and a fee of two dollars for a home visit, and one dollar for an office visit is paid out of the State and Federal Funds. This office is directly under our control, and again let me say that we know that all indigents are being cared for. Also all persons that are not indigent, are not needing for medical care (even if they cannot pay at the present time our members are carrying them in the hope that they will pay in the future).

Our present set up of caring for indigents is working very well both in regard to the care of the sick, and the doctor caring for this type of patient is being paid which he never before has thought of getting.

We have complete cooperation from the physicians of this County, also the relief administrator, and I absolutely know that there is no complaint as to the care of the sick in this County. The Dental Society is giving very good cooperation also.

Cordially yours,

WM. M. SKIPP, M.D.

\* \* \*

The Public Health Committee, of which Dr. McClenahan is chairman, has just completed a splendid work on persuading City Council to appropriate \$3,000.00 for the care of indigent children that should have diphtheria prophylaxis.

W. M. SKIPP.

### MEDICO - LEGAL

By D. H. S.

#### "Hospital Not Liable"

*Decided Dec. 11, 1933, 47 Ohio App.*

The plaintiff charges in her petition that the defendant was negligent in permitting the use of a defective fluoroscope, permitting electric sparks to be emitted therefrom, which came in contact with vapors and gases in the room, and that defendant failed to cause the vapors or gases to be removed from the room, and thus permitted an explosion resulting in the injury to plaintiff.

Hospital operated as public charitable institution is not liable for negligent injury to patient.

In action by patient of hospital injured by explosion caused when sparks from fluoroscope ignited vapors in room, defendant had burden of proving defense that hospital was charitable institution.

## M. P. JONES—AN APPRECIATION

By CHARLES SCOFIELD, M.D.

It is with pleasure, reverential pleasure, that I write an appreciation of M. P. Jones. Splendid as the notices were when the blow of his untimely death came to us, nevertheless it seems to me that there were some things not touched upon which might not only re-endear his memory to us, but also serve to guide and inspire us in the future.

I understand very well how inadequate what is written here must seem, but it has at least one virtue, that of sincerity.

What, to us who knew "M. P.," were the qualities that we most respected, that we more than admired?

I believe I should place first the man's sincerity and frankness. The former was always there and, by most of us, was not questioned. His dislike of evasion and subterfuge and the readiness with which he discerned them were alike striking, but never more so than the frankness with which he attacked such things. The fore-going were known by all, but, I am sure, especially by his medical friends. As a physician those who came into close contact with him professionally—and only such really knew him—revered him highly for his keen surgical judgment, along with his always watchful care of the patient's best interests. He not only had fine surgical judgment, but he applied it! Not for him any unnecessary operations regardless of prospective fees.

His great mechanical surgical ability I think need only be mentioned. That is an acquired characteristic, and by no means so important as those innate qualities to which I have already referred. Nevertheless he was indeed an artist with his hands.

Many of us recall, I think with a bit of remorse, some of the incidents

that concerned him and us all in his position as a staff surgeon of the Youngstown Hospital. I refer now not to surgery itself; but to the dauntless way he carried himself in that position. No stone wall was too high or too thick to stop his charge if he thought it shielded subterfuge or any unworthy motive. Personally I think he was right a good

ninety per cent. of the time.

What a pleasure to listen to "M. P.'s" speech, whether in private conversation or when he spoke in public. Better and more beautiful English it has scarcely ever been our pleasure to hear, and the keenness with which he developed the worth of the matter under discussion or exposed its worthlessness was always a delight to the listener.

Undoubtedly in recent years "M. P." lived chiefly for and with his more intimate friends. This was brought about by his long and unfortunate illness.

As a member of our County Medical Society, none of us ever doubted where he stood or would stand. He always understood and opposed those who wished to push themselves forward at the expense of the common good. There is not the slightest doubt in my mind as to what his opinion would have been of cliques springing up to the injury of our County Society organization. He would have been quick to recognize the needlessness of such movements, and would never have participated in them.

For myself I am often aware of an acute loneliness and see ahead an empty place in friendship. Truly can we say of him as Goethe said of one more widely known, "There was a man!"



M. P. Jones, M.D.

# THE MAHONING COUNTY MEDICAL SOCIETY BULLETIN

## OFFICERS OF THE SOCIETY

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## REMEDIES

Ye Editor has ordered me to produce from amongst you another Biography of the Living, but for once there is rebellion. I feel the urge to expatiate upon other things, especially the pressure being brought to bear upon society for the institution of state medicine for one thing; and, secondly, the failure of the legal profession to act in accordance with its powers for the control and eradication of crime.

Possibly we do not take seriously enough the effort being made to foist state-controlled medicine upon us. Since the Committee on the Cost of Medical Care was not a self-perpetuating organization, and has dissolved, we may feel that there is nothing to worry about. And yet they left a report, in which the majority concurred, recommending just such a solution; and, of late, the Millbank Foundation Secretary has seen fit to put the resources of that fund behind the movement. So then the issue is not dead.

We have but to view our present governmental chaos to learn how a small but militant group can gain control of, and sway, the destinies of a nation with a flood of "New Deal" ideas even though they be contrary to all that American democracy holds dear in the matter of individual

liberty. Just so may be the fate of American Medicine unless we, the Medical Profession, awake to the insidiousness of a small group pounding away at our foundations. And yet we too can be a close-knit minority group capable of exerting a powerful influence if so minded. Our relationships with our clientele are so close and sympathetic, that our influence can be irresistible if exerted in an effort to controvert propaganda. Recall, if you will, how successfully, a few years back, we defeated in Mahoning County, a state-wide proposal by a personal canvass, and at small cost, when other communities in the state went down to defeat on the same measure, when they failed to use the physician's greatest asset, his personal appeal to his patients.

So then, let us not ignore this question of the socialization of medicine. Rather, let us talk it to our patients, in an informative manner, pointing out the pitfalls of politically-controlled medicine, to the end that they may gain an intelligent attitude toward the matter. If this is done throughout the length and breadth of the land, we need have no fear for the future of medicine, the Millbank or any other Fund to the contrary notwithstanding.

The second matter pertains, as I

previously said, to the failure of the legal profession in its sworn and bounden duty to society. The legal profession is peculiarly constituted in our scheme of society. For years I have wondered why it was that the people went to the expense of maintaining palatial halls of justice in which the members of the legal profession might pursue their calling. It really amounts to the public providing a work shop for the lawyers. And it is only recently that the reason for this has become apparent to me. For our lawyers, when admitted to the Bar, are constituted officers of the court, and by such franchise are bound to uphold the law. Furthermore, the Bar Association of any

county thus becomes a police power of the court of that county, entrusted with the duty of enforcing the highest standard of ethical practice upon its members. Simple then, is it not, the manner in which our legal profession, through the Bar Association, might, if it but rose to the moral heights necessary, clear our community of its crime and sabotage? If all the members of our legal fraternity were to practice, in conformity with the ethics of the Bar Association, and, in turn, that Association were to exert the prerogative inherent in its constitution, our criminals and political grafters would quite automatically come to the end of their activities.

H. E. PATRICK.

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*"A new degree of intellectual power seems cheap at any price."—Emerson.*

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## BACK TO SCHOOL

So much that imperatively needs to be known in medicine remains unsolved; so much that is known still defies interpretation; so huge indeed is the mountain of accumulated knowledge compared with the mole-hill of the brightest man's individual capacity,—so much of all of these things stare into the face of the conscientious medico that it is small wonder that some faint-hearted brethern become resigned to mediocrity.

But that is not the stuff of which the rank and file of the Mahoning County Medical Society are made. We are in the midst of a great series of important lectures. It we can't get all of it; if we are unable to get even the most of it; if everybody else present can get more than some one of us,—that one reflects that he can and must get what he can get!

Each year, with the progress of medicine, we realize with greater intensity the necessity for our con-

tinuing our education. The trend everywhere is toward bringing postgraduate instruction to the doctors rather than transporting the latter from their homes to some distant medical center. This is practical, common horse sense. The doctor is in this way giving immediate application to his newly-acquired information, and he is not put to the anxiety and expense of prolonged absence from his home and his practice.

Furthermore, it is almost everywhere recognized that the County Society is the very best agency through which to plan, finance, and conduct this postgraduate education.

This is the most important of all the functions of the Mahoning County Medical Society. This, and the promotion of fellowship and good-will are its two great objectives. Doing well the one depends largely upon the sincere and kindly propagation and nourishment of the other.

## ARSENICALS FOR INDIGENTS

Aug. 20, 1934.

Dr. Coyt H. Beight,  
City Health Commissioner,  
City Hall,  
Youngstown, Ohio.

Dear Dr. Beight:—

It is an established Departmental rule that all requests for arsenicals

must be made by the physician treating the case, by requisition through the health commissioner. This enables local departments to keep a check-up on these cases.

Yours very truly,  
H. G. SOUTHARD, M.D.,  
Director of Health.

## AMONGST OUR COLLEAGUES

The scientific mind is objective, impersonal, and its desires are subordinated to intellect and reason. The popular mind is subjective, personal and it subordinates intellect and reason to desire.

The scientific mind is observant, sensitive, its curiosity is impersonal and disciplined, its attention alert and pointed. The popular mind is unobservant, insensitive, its curiosity is personal or lacking, and its attention diffuse and uncertain.

The scientific mind is significantly informed, the popular mind insignificantly informed, or altogether ignorant. The scientific mind is objectively skeptical, the popular mind is credulous.

The scientific mind is intellectually patient, it can suspend judgment. The popular mind is intellectually impatient, and jumps at conclusions.

The scientific mind is constructively imaginative and fearless in facing facts. The popular mind is fanciful or unimaginative and fearful of disagreeable facts.

The scientific mind is courageous in defending its scientific convictions. The popular mind is lacking in the courage of its convictions, unless motivated by special interests, or backed by authority.

The scientific mind is unimpressed by authority and prestige and is intellectually unconventional. The popular mind is reverential to authority, impressed by prestige and intellectually conventional.

The scientific mind is unegotistic, deterministic, not given to praising and blaming, and has faith in law. The popular mind is egotistic, given to praising and blaming, and has faith in whim.—*Adapted by Mr. Birkhead from A. B. Wolfe's "Conservatism, Radicalism, and the Scientific Spirit."*

### Again The Expert On The Pan

"The medical profession requires the good will and respect of the people. I know of nothing that makes people more suspicious of those engaged in the practice of medicine than the expert witness. Lay people must think that medicine does not even approach an exact science, when two men of equal distinction will give diametrically opposite statements to questions that are asked at a trial.

Members of the bar realize the futility of much expert testimony, and I would like to see the bar association approached by a committee appointed by the House of Delegates to see whether some method of procedure could be devised by which the expert witness could be eliminated. A REFERENCE BOARD, APPOINTED BY SOME COMPETENT AUTHORITY OR COMMISSION, WOULD PROBABLY BE MOST SATISFACTORY, for it could examine in camera the testimony and the documents and hand down the decision, thus avoiding the amazement concerning the conflicting statements of equally capable men."  
—*From address of President Dean Lewis at recent Cleveland Convention of the A. M. A.*

\* \* \*

### Doctor's Advice

I'm often cautioned by the docs to eat at certain hours; "That man is wiser than a fox who thus his food devours. This thing of eating now and then, as well as here and there, has ruined many stalwart men," the thoughtful docs declare. "A man should always watch the clock, and when the hour arrives, he'll eat his victuals from a crock"—and thus the race survives. The docs insist that we should eat at certain stated times; and if this system meets defeat, we are accused of crimes. But how about the good old docs? They're chasing here and there; they take some doughnuts in a box, to serve as bill of fare; they eat a pie at 9 o'clock, some wienerwurst at 10, for they must lope around the block to save some fellowmen. To save the life of some poor scout their cars the road devour, and they must eat a can of kraut at 60 miles an hour. At intervals a quiet night invites them to repose; at home, they feel the rare delight that but the tired man knows. But when they there sit down to eat, they hear the telephone; old Jimpson fell upon the street and smashed his collarbone. And so they take their cross-cut saws, their knives and guillotines, and labor in a worthy cause—what chance is there for beans? The docs must catch their custard pies and eat them on the bounce; and yet they hand us counsel wise that's worth five bucks an ounce.  
*Walt Mason,*

## MEDICAL FACTS

By J. G. B.

Francis Lowell Burnett of Boston, in his article, "Progress of Nutrition", says that an adequate, although restricted, diet can be had for \$61.00 a year per person, while a "liberal" diet can be had for \$165.00.

The same author, quoting Hellebrandt, says that "physical exercise after meals influences the action and the secretion of the stomach. Gentle exercise was found to hasten the emptying time and to stimulate the secretion of the stomach, but short and violent or protracted exercise retarded its action and also caused anacidity."

\* \* \*

In early malignancy there is a leukocytosis. After metastasis occurs—leukopenia.

\* \* \*

If a middle aged man complains of pain in the back, do a rectal. It may be carcinoma of the prostate.

\* \* \*

A. B. Rivers of the Mayo Clinic, in an article on pain in peptic ulcer, states: "In gastric ulcer the pain in its inception, and when the ulcer is shallow, is usually to the left and slightly below the umbilicus. In the case of duodenal ulcers, the original pain is usually poorly recognizable but is indicated as being above or frequently slightly to the right of the umbilicus. Shallow gastrojejunal ulcers often manifest themselves by pain to the left of the median line or slightly below the umbilicus. When the pain of gastric ulcer shifts definitely to the left, slightly upward, or to the back, when the pain of a gastrojejunal ulcer extends downward or through to the back, one can usually correctly assume deep penetration or partial perforation of such a lesion."

\* \* \*

Occasionally a diaphragmatic hernia is diagnosed as angina pectoris. If there is increased abdominal pressure, a bit of the stomach gets pushed up through a ring and you may get very definite anginoid symptoms which radiate down the left arm.

\* \* \*

Essential hypertension in itself usually gives no symptoms. The cerebral vessels, the kidneys or the heart are responsible for them as a rule.

If the heart pulsations are seen under the fluoroscope there cannot be an appreciable amount of fluid in the pericardium.

\* \* \*

Here is food for thought: Willius, cardiologist at the Mayo Clinic, states that coronary thrombosis is actually and not relatively on the increase, particularly among persons of the younger age groups.

\* \* \*

Cooley's anemia — erythroblastic anemia, described by Cooley of Detroit in 1925—is found in patients of Mediterranean races in this country (not yet reported in Europe) and usually begins to manifest itself when the child is about a year old. Apathy, listlessness, and porosity of the bones are quite characteristic. Removal of the greatly enlarged spleen does not cure the disease, but affords mechanical relief.

\* \* \*

The surgeons at the Massachusetts General Hospital seem to agree with others that the operation for pulmonary embolism is simple, and that one ought to do an early exploration of the pulmonary artery when embolism is suspected.

\* \* \*

The friction sound in pericarditis is usually heard in the middle of the precordium; in coronary thrombosis near the left nipple; in pulmonary embolism at the second left interspace.

\* \* \*

In discussing a case of whooping cough pneumonia Dr. Harold L. Higgins of Boston says: "High white cell counts are frequently found in whooping cough pneumonia. I recall one patient with a count of 252,000. The differential count in these cases is usually about half lymphocytes and half polymorphonuclears."

"One of the highest functions of man is to study the operations of nature in the construction, maintenance, and development of the universe, and to adjust the race to its environment."—*Victor C. Vaughan.*

"Greatly blessed is the old man who has learned to commune with the dead through their writings. The richest treasures of earth are his to enjoy."—*Victor C. Vaughan.*

**PRESIDENTS AND SECRETARIES  
OF THE MAHONING COUNTY MEDICAL SOCIETY  
1923 - 1934 INCLUSIVE**

PRESIDENT	SECRETARY	YEAR
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Dr. A. W. Thomas	Dr. J. P. Harvey	1931
Dr. A. E. Brant	Dr. Wm. M. Skipp	1932
Dr. J. P. Harvey	Dr. Wm. M. Skipp	1933
Dr. Jas. B. Nelson	Dr. Wm. M. Skipp	1934

**POST-GRADUATE ASSEMBLIES**

**From University of  
Pennsylvania**

*June 8, 1928*

Dr. John A. Kolmer  
Dr. W. Estell Lee  
Dr. J. Claxton Gittings  
Dr. Harry L. Bockus

**From Mayo Clinic**

*October 21, 1929*

Dr. C. Balfour  
Dr. H. I. Lillie  
Dr. H. Z. Giffin  
Dr. W. C. McCarty

**From Jefferson Medical  
School**

*June 12, 1930*

Dr. Louis H. Clerf  
Dr. J. H. Rugh  
Dr. Elmer H. Funk  
Dr. Edw. J. Klopp

**From Johns Hopkins University**

*June 18, 1931*

Dr. Walter E. Dandy  
Dr. Wm. F. Rienhof, Jr.

Dr. Louis Hamman  
Dr. Emil Novak  
Dr. Thos. Fatcher

**From Peter Bent Brigham**

*April 28, 1932*

Dr. Henry A. Christian  
Dr. Sam'l A. Levine  
Dr. Wm. C. Quinby  
Dr. Merrill C. Sosman

**From Memorial Hospital, N. Y.**

*April 20, 1933*

Dr. James Ewing  
Dr. Burton J. Lee  
Dr. Lloyd F. Craver  
Dr. Benj. S. Barringer

**From McGill University**

*April 28, 1934*

Dr. J. C. Meakins  
Dr. Wilder C. Penfield  
Dr. John R. Fraser  
Dr. J. B. Collip



## *Coming Meetings*

OCTOBER

**DR. HARLOW BROOKS**

Professor Emeritus of Clinical Medicine, University and  
Bellevue Hospital Medical College

SUBJECT AND DATE

To Be Announced

NOVEMBER

**DR. FRANK H. LAHEY**

Lahey Clinic, Boston

SUBJECT

"Cancer of the Rectum and Colon"

Tuesday, November 20th,—8:30 P. M.

**YOUNGSTOWN CLUB**



...ER...  
...RREE...  
...AKING...  
...HE...  
O. J. WALKER

D. NESBIT

DONALD  
FOOTROCK

LAWRENCE  
SEGAL

WHAT  
A  
BREAK

JACK  
NOLL

JUST  
PEGSIN' ALONG

THE  
AMBASSADOR

C.H.  
BEIGHT

ATTILIO ROSAPEPE

W.B. TURNER

TARZAN  
MATHHORN

A.E. BRANT  
STUDJING "HARELID"

C.R. CLARKE  
"HOPE PROE  
WIGGERS LEARN'S  
ME A LOT!"

FRIENDS,  
ROMANS,  
COUNTRYMEN!\*

HAROLD  
BEARD

ITS AN  
ACID  
CONDITION

SOAP

FOR  
TEACHER

H.E. BLOTT

H. E. McCLENAHAN

BOARD  
OF HEALTH

W.H.  
BURN

DAVID  
WILLIAMS

P.M. KAUFMAN

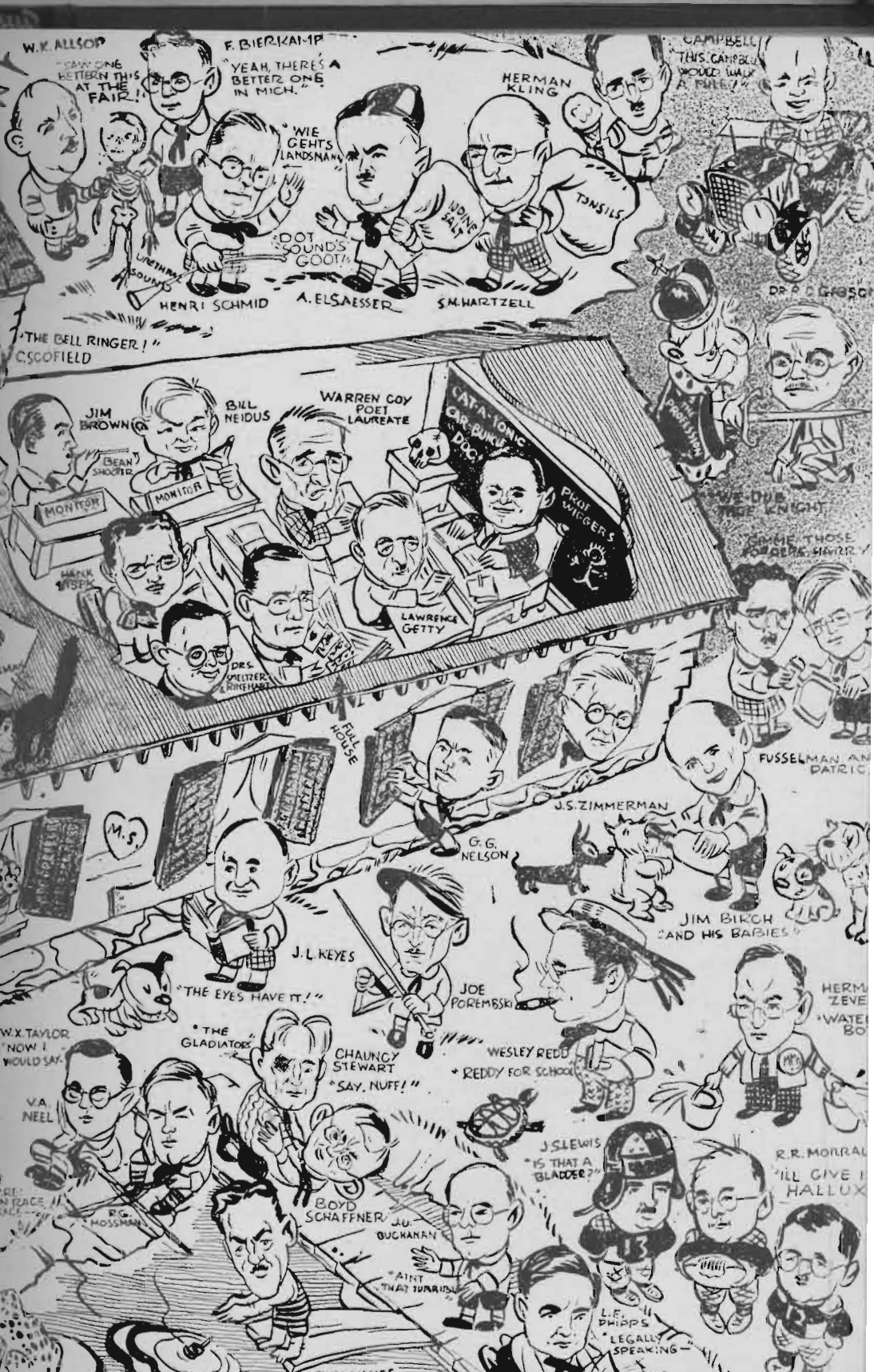
ELMER  
NAGLE

JUST  
PLAYING BALL

MAHONING COUNTY

The MEDICAL SOCIETY  
Goes  
BACK to SCHOOL

Albert Parrilla



W.K. ALLSOP

F. BIERKAMP

CAMPBELL

"DARK ONE BETTER THIS AT THE FAIR!"

"YEAH, THERE'S A BETTER ONE IN MICH."

HERMAN KLING

"THIS CAMPBELL WOULD WALK A PILE!"

"WIE GEHTS LANDSMANN"

"DOT SOUNDS GOOT!"

WOUNDS  
TONSILS

LIFETHRU  
SOUND

HENRI SCHMID

A. ELSAESSER

S.M. HARTZELL

DR. P. G. GROSS

"THE BELL RINGER!"  
C.SCOFIELD

JIM BROWN

BILL NEIDUS

WARREN COY  
POET LAUREATE

CATA-TONIC  
OR QUIN  
DOO

PROF. WIGGERS

(BEAN)  
SHOOTER

MONITOR

MARK  
WISER

LAWRENCE  
GETTY

DR. S. MELTZER

"WE DUB  
TREE KNIGHT"

"GIVE THOSE  
FORBES HAZEL"

FUSSELMAN  
AN  
PATRIC

J.S. ZIMMERMAN

G.G. NELSON

JIM BIRCH  
"AND HIS BABIES"

J.L. KEYES

JOE  
POREMSKI

HERM  
ZEVE  
"WATER  
BO"

"THE EYES HAVE IT!"

"THE  
GLADIATORS"

CHAUNCY  
STEWART  
"SAY, NUFF!"

WESLEY REDD  
"REDDY FOR SCHOOL"

W.X. TAYLOR  
NOW I  
WOULD SAY

V.A. NEEL

R.G. MOSSMAN

BOYD  
SCHAFFNER, JR.  
BUCHANAN

"AIN'T  
THAT SURE!"

J.SLEWIS  
"IS THAT A  
GLADDER?"

R.R. MORRAL  
"I'LL GIVE I  
HALLUX"

L.F. PHIPPS  
"LEGALLY  
SPEAKING"

## THE ADOLESCENT CHILD

BY MRS. J. L. FISHER

(EDITORS NOTE: Both professionally and in dealing with their own problems as parents, physicians will find great value in Mrs. Fisher's article.)

A parent, having struggled through the trying first years of the baby's life, finds, as the child advances in age, a new set of problems. The eternal query is "What shall I do with him?" or "What shall I do with her?" The up-to-date parent sincerely wishes to handle child problems in a calm, systematic manner.

Experience, as always, is our greatest teacher. And so the normal parent finds that he or she, as well as the child, has in the preceding years gained skill and knowledge and now uses this to advantage. The parent has learned self-control; to curb impatience. Situations have taught the value of fortitude, and an attitude reflecting love profits more than all the harsh words ever thoughtlessly spoken.

Destiny is at work during childhood's fleeting years. So we should make the most of this precious time, for when the child has reached adolescence traits of character are fairly well established.

Assuming that the child has had a normal background and intelligent and sympathetic training, adolescence should present no horrors and few problems. Adolescence usually extends over the years from 14 to 21 or 22 though the age limits will vary according to the individual. Pre-adolescence is that period preceding puberty and begins about the 9th or 10th year in girls and the 11th or 12th year in boys.

The boy at this time, if he is healthy, is likely to be noisy and blundering, often rude, and usually careless. This is the beginning of adolescence, not so noticeable at first, but as the boy grows older there will be no mistaking the change he is undergoing.

The girl at this age, because she matures earlier than the boy, will grow more rapidly up to the 14th year. About this time, also, she will begin to show interest in cooking and most certainly should be encouraged to try easily assembled recipes. Encouraging these tendencies at an early age will lead her in the right direction, and will prepare her for her later task of wifehood and motherhood.

Books dealing with adolescence seem to put over-emphasis upon the sex element and to under-emphasize the relationship between the parent and the child. True, the establishment of the ability to procreate is the great fundamental change that takes place, the basis for all the other evident changes. But sex is not all. Other equally great tasks confront the parent which require the utmost tact, wisdom, and forbearance.

The average adolescent, because of her or his developing mental ability, takes self very seriously. She finds, although she is too grown up to play dolls or be tucked into bed, still she is not yet old enough to attend late parties; and, though he is wearing long trousers, he is not old enough to smoke. Therein lie difficulties for parents of the budding adult who is still a child. The parental attitude will do much to help or hinder the situation. This is the time to strengthen the bonds of loyalty and affection between parent and child; those bonds which, as they grow older, may determine the success or failure of the boy and girl to resist temptation,—to become good citizens.

Awkwardness at this age, sometimes funny, sometimes pathetic, occurs because the child's strength increases more rapidly than his height. He must learn through experience how much effort to put behind his movements. Out-door activity is an ideal way of doing this. Now presents also an excellent opportunity for a closer relationship between parent and child. In families where there has always been comradeship, hiking, skating, coasting and swimming will not seem an irksome duty to be performed for the good of the child. However, even if this habit was not instituted when the child was younger it is still not too late to begin.

The modern home is a complex arrangement. It differs greatly from the pioneer home which had few influences to pull it apart. In those days mother and father were always present. Today, father is gone all day, and most of the evening, if he is a professional man. And modern appliances and equality of the sexes have released mother to take her

definite place in civic life. Therefore, she also is gone from home more than ever. This seems sufficient reason why parents should set aside a certain amount of time for this business of being comrades to their children,—to get better acquainted with their adolescent son or daughter. Of course, there are many instances where it is impossible for both parents to participate in outdoor activity. Poor health on the part of one or the other would make strenuous exercise an impossibility. However, one parent or the other at least should set aside as much as one day a week for this purpose. Sunday seems the day best suited for this. It may seem hard to abbreviate the afternoon nap, but it is better to awaken with some discomfort now, than be kept awake by anxiety later.

During the last 15 or 20 years, much has been said both for and against the "gang" spirit which predominates at this period of life. The work of parents, educators, and psychologists has been to direct it into the proper channels. I recently heard a prominent Youngstown woman say, in speaking of her own sons, "The things they did, it is a wonder they didn't end up in the penitentiary, and they would have if they had not had some one back of them who understood and guided them in the right direction." Today, her boys are fine outstanding men in the community.

This "gang spirit" seems to be a primitive inheritance. It probably originated in the days of prehistoric man when tribes were formed and chieftains were chosen to head them. The code of the gang is loyalty, which means to follow the leader whether it be the chief of the nation, the leader of a revolution, or the head of a boys' gang. Under its influence a boy will do many strange things. He may play truant, lie, or even go in for petty thievery. Ask him why he does it, and he doesn't know. Most of it is thoughtlessly done for the spirit of adventure,—to be a hero in the eyes of his gang!

Many of our hoodlums today got their start in the "gangs" of New York's East Side and Chicago's slums; but the gang can also be an influence for good as well as evil. With the proper home training, the boy's gang or the girl's clique should cause no great fear. A wise father or mother will, without too evident inquisitiveness, know the activities of the neigh-

borhood gang, and will unobtrusively chaperon it.

As childhood is the time for habit-forming, so is adolescence for conscience building. Politeness, moral conduct, and even religious observance should now be made so much a matter of course that they will never seem foreign or unnatural.

Among girls, the gang spirit will manifest itself in the form of secret societies in their different groups. And, because at this age there is a sub-conscious sex-repulsion, their secrets will all be carefully guarded from the boys. This will be most noticeable during pre-adolescence. But as the girl grows older, she becomes more sex-conscious, and by high school age, will be quite pleased with the attentions she receives from the opposite sex. Many happy romances have had their beginnings during high school days, but also there have been many tragedies. Parents should discourage any tendency of their adolescents to single out one of the opposite sex and devote their time exclusively to that one. Avoid teasing in this direction, as any unnecessary consideration will only draw attention to the matter. Encourage mixed group entertainment in the home. Lucky is the family whose home has always been the gathering place for the children of the neighborhood. Any inconvenience the parents may have endured during childhood, because of this sort of arrangement, will be amply repaid during adolescence. Much better that replaceable furniture be demolished than that a life be wrecked in the making.

There is no more beautiful relationship than that of mother and daughter. The mother who has gained the confidence of her daughter can be assured of her safety. The same thing can be said of father and son. If this confidence does not already exist before adolescence, lose no further time in establishing it. When daughter goes to her first party and is out unusually late for the first time, the mother should greet her when she returns home, be interested in the affair, ask pleasant questions concerning the party. She will be surprised at daughter's willingness to tell all about it. This is an excellent habit to form and as the child grows older, even if mother has retired before her return home,

(Turn the Page)

she should call her to her bedside and have a pleasant little chat. A girl thus trained would not think of doing anything that would hurt her parent.

An understanding of this sort should also exist between father and son. A boy, as he grows older, is reluctant to talk to his mother of his affairs. As man to man, he can confide in his father and father should be understanding and helpful always. John D. Rockefeller, Jr., praising his father for his worthy methods in handling his children says, "Any policeman can say 'don't', but helpful guidance and wise direction consists in showing us what to do. It is an enduring lesson which every father can give." With the proper knowledge of sex explained to him by his father, the boy should be equipped to meet the pitfalls so common during adolescence.

It is only natural that maturing boys and girls should be curious about sex. It was so in your day and mine and in our grand-parents' and great-grand-parents' days. Male and female, as such, were made for but one purpose,—to propagate. Civilization has, in the wisdom of experience, set up certain ethical principles to which we must adhere if we are to be considered decent members of society.

Our job as parents is to see that our children are law-abiding citizens of the community. But if they forget—if they are carried away by their primitive instinct—our duty is still first to the child. Our love and understanding may be all that is left to save him or her from utter ruin. We are not the ones to condemn; we should be the ones to help them find again the right path.

The responsibility of the parent is to give to the growing boy and girl the sex knowledge necessary to understand themselves and others. Then they will know that sex is something too serious for experimentation. The older adolescent should have a knowledge of venereal diseases and how they are contracted. How can our children protect themselves from these dangers if they know nothing of them?

Teaching them individualism will help to keep them going straight. Doing a thing because the other fellow does it will not make that thing right. Keeping up with the Jones's is a bad policy. Rather teach them to say respectfully, "But

we do not do that". Teach them to be sufficient unto themselves. John W. Carr says: "The moral man obeys himself."

On the question of a weekly allowance: There should be a stipulated amount for each child, and especially so during adolescence. The absence of spending money at this time has led many a boy or girl into temptation, even theft. To give money out-right is to start a very bad habit. It gives a false conception of money. But if certain tasks be assigned—with a fixed rate agreed upon beforehand,—the child will soon learn that money is something rightly acquired only through service. A very fine line separates the kind of work that a child should do without compensation and tasks for which he should receive pay. A good rule to follow is to pay only for work which would otherwise have to be done by outside help. Never pay for home duties which are part of the household routine. A child should not be allowed to get the idea that he should receive pay for everything he does. Helping his parents by running errands and assisting when needed should be a matter of course.

The child's allowance should be his to do with as he pleases. But a certain amount of advice on the part of the parent may be necessary to avoid a tendency toward extravagance. This does not imply that the boy or girl should spend his entire allowance. But if at first they squander all their money, they will very soon learn that they cannot buy that bicycle, tool or what-not, which they so very much wanted. Young people soon get into the habit of saving, but youth often does not look ahead very far, and it is hard at first to save up for something which requires a large amount. They do not respond very well to hope deferred. If a rather expensive thing is wanted, tactful help on the part of the parent will be encouraging, and when it is possible no harm is done to donate an amount equal to that saved by the child. If the allowance system was instituted during childhood and training in the proper handling of money has been a part of their regular routine, boys and girls of high school and especially college age will show a sense of responsibility and be able to "budget", so there will be very few or no calls for extra disbursement.

Parents rarely seem to take into consideration that a boy, and especially a girl, of adolescent age is growing so rapidly that it is a very easy matter to tax them with too many activities, such as music lessons, gym, dancing, and scouting. These are excellent for the "teen-age" child, but one should try to figure the adolescent's capacity for them. No child should have his time entirely taken up with such obligations. Sometimes in our desire to have our children excel in talent we over-burden them. The high school student is weighted with studies which alone take much of his leisure time. If the youngster is healthy, robust, and has large physical and mental capacities, no harm is done. But all children are not alike. Some are strong; some weak; some slow; some hyper-active. A child is entitled to a certain amount of quiet. It is essential that children begin manhood and womanhood with steady nerves.

Good reading matter in moderation is an excellent way to promote tranquillity in a child. But how to guide him in the proper choice of books is a baffling problem. Between 12 and 14 years of age is a period for much and rapid reading. At this time parents may become concerned because their children prefer Tom Swift or the Banner Boys series to Stevenson, Mark Twain or Kipling. That is not important. One mother offers her advice:—"We must not be annoyed with the propensity for excessive reading which boys and girls show at this time or be proud of the child who has it. It is neither a sign of superiority in the child nor of wisdom which in adults is supposed to arise from large book knowledge. The parents' main responsibility during this period is to see that the child has free access to books of the very best quality."

We should not take this phase of book-cramming too seriously, for, like many others of the changes taking place, it is of short duration. Very soon you will be pleased to notice your boy and girl turning to the better grade of reading material. Then it is that they should find within arms-reach the sort of books that will help them develop strong characters and cultivate a love for good literature. Some one has said, "Happy and fortunate is the boy or girl who comes into contact with the right

book at the right time." Cultivate the habit of giving good books as gifts.

Do not fail to include the Bible among your child's belongings and encourage the habit of reading it. Children should know the Bible and be trained in the proper use of it for comfort and solace. Mothers especially should seize every opportunity which presents itself to impress upon their children the need of religious faith—for while it was never more difficult to give the children just the right influences, it certainly was never before more worth while. Some of America's greatest leaders have been and are men of outstanding religious faith, and they have demonstrated in their everyday life the need of sincere prayer. Recall Washington, whose prayer at Valley Forge is history; Lincoln was also a splendid example of one who relied upon the help of the Supreme Being; Franklin at the age of 82 said, "I have lived a long time, and the longer I live the more I am convinced that there is a God who rules the affairs of men and nations." Franklin D. Roosevelt, upon the day of his inauguration, presented to the American people one of the finest examples of faith we have seen in modern times when he went to the church of his choice and asked for Divine guidance in the performance of his great task. These are the sort of men we want our boys to become.

We must remember also, that we do not own our children—they belong to themselves. We must keep this ever foremost in our minds when they come to choose a vocation. The wise parent will be sympathetic and considerate and do all possible to help the child to find his calling, but will not make the decision for the child. True many men very early in life indicate their preference, but more often a child between the ages of 10 and 20, will change his mind many times. It is better to ignore these many flights of fancy. Encourage your boy and girl to do big things; try to inspire self-confidence! No one ever amounted to anything who had the idea he was a nobody. These truths apply to girls equally as importantly as to boys.

Only the home can supply this training, develop these habits, establish these principles. No other institution has anything to offer com-

(Turn the Page)

parable to that which the home is so naturally adapted to give. In the home the motivating force is love—and love is the main-spring of that training which I have outlined.

Parents sometimes think of parenthood over-seriously and forget to have fun with their sons and daughters. Chum with them; be companionable; plan little social gatherings at home for them. Treat them as friends and equals; these budding men and women want to be treated as such. Get off your pedestal. Try to see things again through their eyes. Laugh—yes and sigh with them too, for the troubles of an adolescent are real ones. Everything at this age is more intense from toothache to the latest love affair!

Someone has said that, "the hour after sunset is the Sabbath of the day," and "The way a boy's day ends at home is a prophecy of the way his life will end." Make home such a pleasant place that your boy or girl and their friends will want to be there. A nagging mother or a domineering father will prevent this. Youth is a fleeting thing at best. Enjoy your children while they are yet children.

### SPEAKERS' BUREAU

We are getting many calls for speakers, and we should appreciate it if any of our members would call the secretary's office and give us his name, and subject. Do not be afraid to call. It is not fair that a few of us should be compelled to do all of the talking for the Society. When a member is requested to talk he should make every effort to do so.

The Junior Chamber of Commerce has requested that we furnish 25 or 30 speakers for the coming year. We have agreed to do it. They also have requested that we take over a period of time on WKBN each week, and that the name of the speaker be given over the air with the author's name. This is contrary to the views of many, but it is being done, and is urged by the American Medical Association. We would like to know your feelings in this matter. Kindly talk to any Councilor giving him your views so he will know how to vote when it is brought up. We need your help. We again say we cannot carry this load with just a few of our membership.

Dr. M. H. Bachman talked to the

Lions Club on "X-ray", August 9th, 1934.

Dr. W. M. Skipp talked to the Kiwanis Club on the "Pure Food and Drug Act", August 10th, 1934.

WM. SKIPP, Chairman.

### PUBLIC HEALTH

BY J. B. B.

An interesting article, entitled "Charity Begins in the School", in the August edition of *Medical Economics*, shows how the Kansas City Medical Society leads instead of following in community health matters.

For several years in Kansas City, free diphtheria immunizations were given at the schools after an intensive drive by parent-teachers organizations, school nurses and The Children's Bureau. This work originally was intended for the indigent, but had reached such a stage that the majority of children were immunized regardless of the families' ability to pay. It became a drive for numbers.

To combat this abuse, the Medical Society formulated a plan, whereby children were given diphtheria toxoid at certain specified hours at the doctor's office for one dollar—the toxoid furnished free of charge by the Department of Health. Those coming during regular office hours were charged the physician's customary fee. For those who were unable to pay one dollar, arrangements were made to render the service free at the city hospital. At present, by this plan, nearly 7,000 children have been immunized.

*Poliomyelitis*: In California there has been a decline in the number of cases from 340 reported during the week of June 23rd, to 154 cases in the week ending July 21st. Youngstown at present writing has had but one case reported.

*Smallpox* reached its lowest level in the United States, for the current year during July, which was less than 50 per cent. of the cases reported for the corresponding periods in each of the years 1933 and 1932.

*Scarlet Fever* dropped more than 50 per cent. during July from that reported in June.

"Morbidity and mortality rates depend upon the intelligence of the people and each generation gets about what it deserves."—Victor C. Vaughan.



## ACTIVITIES IN NURSING ORGANIZATIONS

By G. G. K.

District No. 3, Ohio State Nurses' Association will continue its Educational and Recreational programs with a meeting at St. Elizabeth's Hospital, Youngstown, Ohio, September 12, 1934 at 8 P. M. Miss Clara Brouse, R. N., Chief Examiner, Columbus, Ohio, will be the guest speaker. New members of the District are urged to attend this meeting, as a part of the program has been especially arranged for them.

\* \* \*

We are looking forward to a bigger and better Annual Institute Meeting, which will be held in Youngstown, Ohio, November 14, 1934. The afternoon program will be in charge of the Educational, Public Health and Private-Duty Sections. The Program Committee has been very fortunate in obtaining Jill Edwards, Chicago, Illinois, a radio artist of national fame for the evening speaker. Watch the local papers for announcement of the place, and detailed program.

### A Good Time For All

By G. H.

"There are home-coming days in the summer,  
And home-coming days in the fall,

There are home-coming days in old Boston,  
And home-coming days in St. Paul,  
There are home-coming days in the open,  
And home-coming days in the hall,  
But the home-coming day of our Alumnae,  
Will be the finest day of them all."

\* \* \*

Did someone ask WHY the Youngstown Hospital Alumnae Home-Coming would be the finest day of them all? Listen! and you shall hear. Each class ever graduated from the hospital has a representative on the program committee, and WHAT a program they have planned.

Nursing procedures of 1898 will be compared with those of 1934. Old and new photographs will be displayed. There will be a style show, music, and -- someone is saying, Sh! sh! Oh! I forgot that this is to be a surprise, so I must not tell you anymore, unless I whisper with a wee small voice that there will be refreshments too.

All nurses that have been graduated from Youngstown Hospital, whether they are active members or not, will be most sincerely welcomed to the meeting Monday evening, September 10th, at the Tod Nurses' Home.

## THE PREVENTATIVE DIPHTHERIA FUND

During the past few months the Public Health Committee of the Mahoning County Medical Society and the Department of Health of the City of Youngstown have been co-operating in an effort to improve the public health situation. The result to date is the passage by the Youngstown City Council of an ordinance known as the "Preventative Diphtheria Fund Ordinance". It impowers the Department of Health to set aside \$3000.00 for this purpose.

The fund is to be used solely in payment of medical services rendered by physicians in giving toxin-antitoxin or toxoid treatments to the children of the indigent persons who are residents of Youngstown. Physicians shall be paid at the rate of fifty cents for each treatment. The toxin or toxoid is to be obtained at the Department of Health.

During the next two weeks we hope to prepare the necessary forms and the details of administration. These will be published in the next Bulletin.

### PUBLIC HEALTH COMMITTEE

H. E. McClenahan,

Chairman.

Advising a patient that he should get some moderate exercise is about on a par with telling a diabetic that he should cut down on his carbohydrates. Exercise cannot be and need not be prescribed with the mathematical exactness of a diabetic diet, but the benefits of proper exercise are so great that they warrant more careful study than has been given them.

*The Bulletin of The Academy of Medicine of Cleveland.*

## YOU'RE THE POET; OR WOE IS YOU!

By HOGGSEN HASH

*(With respects—if not apologies—to Ogden Nash).*

Draw a sigh, young man, for, in pondering the choice of a career,  
 You took under advisement the pearls of wisdom uttered by one Ogden Nash  
 and in sooth you gave him ear.

He assured you that amongst the professions which you should avoid as you  
 would strong drink,  
 Was Doctoring, into the depths of which you were about to sink.

But, in listing occupations and professions,  
 He did not entirely confide in you, and, as any gentleman should, give his  
 whole confessions.  
 Nor did he say that if you did not wish to lose your shirt or e'en you co-at,  
 That his admonition would be to look elsewhere than to the future of a poet.

Now that, young man, of my harangue happens to be the motif,  
 If you should find that you have the urge to buy a flock of pencils and a ream  
 of paper and perchance an eraser and start in making inane phrases that  
 happen to rhyme and then try to sell them to someone who will furnish  
 potatoes for your consumption, you may rest assured that such means of  
 earning a livelihood will eventually get your goat-if.

And, young man, there are other things about a poet which you must think  
 upon,

And they are not the nicest things for nice young men to think upon:

A writer of verse,

Couldn't look any worse,

Because sundry stodgy mesdames, affecting lorgnettes, insist that the poet  
 must drape his bony frame in certain toggery including black coats and  
 wrinkled, unkempt trousers of yesteryear, and long, flowing ties, and must  
 possess unshorn locks and neglected whiskers, and if possible he must culti-  
 vate sunken eyes which have the expression of a calf awaiting the blow  
 of the fatal sledge, and his shoes must not have seen polish nor new laces,  
 and he must have a stick to lean upon.

And then again, young writer, have a care,

He who acquires expertness with the pen,

May be tempted to turn his penmanship into channels frowned upon by the  
 banking institutions and by the laws of lands and men,

And may find himself living not from the pen, but in the 'pen'.

Oh, Neophyte, beware, beware!

And, among other influences which bear upon the rising young author are  
 numerous debutantes and sub-debutantes who invite you to their after-  
 noon teas and feed you caviar,

And use the hostess' prerogative in requesting you to recite your own original  
 lines (with appropriate gestures) until you wonder where the hell you are.

And you're supposed to speak of whispering zephyrs,  
 When your innards are demanding steaks from heifers.  
 And you're asked to criticise a few lines which some lovely maiden wrote,  
 Oh, brother, never, never be a pote.  
 And these fair blossoms look at you with eyes so soulful,  
 Until you remember that if you marry them they would expect you to provide  
 them provender by the bowlful.  
 And today you find that you have quite a promising following,  
 But tomorrow, because your talent is supposed to be free of pecuniary  
 recompense, your stomach feels so hollowing,  
 That suicide invites you to her breast,  
 In order that you, poet, have some rest.

And publishers, kind of heart and free of cash,  
 Accept your verse without any question at all except to look at the signature,  
 and send you remittances with which you purchase hash,  
 And syndicates grab for your latest child of pen,  
 And print it for the love of fellow-men.  
 And for these reasons, poets live right well  
 A life of ease, young man, they do like—oh well!

Take my assurance and command a bo-at,  
 And on the briny deep cavort and flo-at,  
 And do not even try to write a no-at,  
 I should not even other poets quo-at,  
 To other things, my friend your life devo-at,  
 In closing, PLEASE don't ever be a poet.

---

## CHILLON

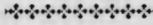
By WARREN DEWEESE COY

Chillon! whose mind is chainless? Whose exempt  
 From many tyrannies, within, without?  
 What process could remove from one the doubt  
 That freedom is attained? Are minds unkempt,  
 Alone, employed with figments? Men have dreamt  
 Of liberty and rights since dawn; the shout  
 When monarchs fell, had soon returned to flout,  
 In echoes then like groans. With each attempt—  
 Should it prevail—new thoughts, new needs appear;  
 New dreamers dream and point a pathway through  
 Our wilderness of doubt; strong men impart  
 New hopes, and trust to mobs what we hold dear—  
 Strong singer at Chillon! It still is true  
 The brightest habitation is the heart!

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## THE "KILN"

BY IGNEOUS

In the minds of most laymen and many physicians, vaccination is a simple procedure. Anything is simple if you understand it. Yet the dangers of mixed infection in a simple vaccination are to be kept constantly in mind. Much of the abuse of vaccination comes from parents of children who had a "dreadful" arm, or "nearly lost the arm", from a mixed infection.

As a rule vaccination is done on a "wholesale" scale by various health, social and welfare agencies as sponsors of the "round-up". Truly "herded like cattle" are these children into a room where the executioner sits to vaccinate them for the glory of the agency that "rounds them up".

Is this one reason why the public expects the physician to vaccinate a child who is his private patient for ONE dollar—? A properly performed vaccination, with the proper post-operative attention to prevent mixed infection, together with subsequent examination and instruction, cannot in honesty to the physician be expected for a fee of one dollar. Perhaps all this attention is not given to the child; in which case the child is not receiving a square deal. Our President, Dr. J. B. Nelson, last month made a plea for a fee schedule. That might be the solution to the problem, for some physicians charge one dollar while others who pay attention to the proper post-operative management must charge two to five dollars. Needless to say, the "two to five dollar" physicians get to vaccinate once in a "blue moon". When we vaccinate, let us vaccinate right or let someone else who will do it right, do it.

\* \* \*

Under the Secretary's report in the August Bulletin is a letter to the Secretary regarding the Baby Welfare Stations, as a reply to the resolutions adopted by the physicians doing Baby Welfare Work. These resolutions, which in simple language mean that the men will confine their work to well babies of indigent families and will not compete with the general practice of medicine, are printed under the Secretary's report in the July Bulletin. Please note the resolutions, read the letter of reply in August, and then realize that this is September. The resolutions were

adopted by Council on June 18. There appears nothing to indicate the acceptance of these resolutions by the Board after almost three (3) months' investigation.

The Council of the Society is hereby challenged to show cause why it should not be criticised for its apparent apathy during the hot weather and why it should not delegate this important matter to a group who CAN DO things—the economics committee. Dr. Walter K. Stewart and his committee deserve the highest praise for their work while Council sleeps.

A suggestion to members: Secretary Skipp says that if any members desire to attend Council meetings, they are privileged to do so. All you need to do is call his office, phone 4-2996, tell him to notify you of each Council meeting. You will then receive a card of notification. Then attend. Perhaps if a few of us would be present our Council would wake up.

## GLEANINGS

By J. N.

The following members took post graduate work during the summer months: Dr. J. P. Harvey at Harvard Medical School; Drs. J. L. Fisher and Ray Hall at Cook County Hospital in Chicago.

Dr. J. A. Sherbondy enjoyed fishing in Canada.

Dr. O. W. Haulman is now traveling by boat from Seattle to Alaska for a vacation.

They say Drs. Turner, Gross, and Allison played no mean golf at Cambridge Springs not so long ago.

Dr. Ryall's son, Wallace, was married in Oberlin recently. Wallace was in the business office at the South Side Unit for several months.

Dr. Patrick says that between swimming in Lake Erie and Roller Skating he will take the swimming.

Dr. Harry Fusselman also enjoyed lake water.

Many others enjoyed the vacation season or used it in study but left no trace of their travels.

The Clinical Pathological Conferences begin this month at the South Side Unit. They are going to be a little peppier, start on time, and last just one hour. Plan to be there.

Dr. W. K. Stewart is spending several days at the lake shore.

(Turn the Page)

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Dr. Vern Neel has left the hospital following the successful removal of his appendix, and from what we can learn, he will be back with us in a short time to resume the practice of medicine.

Dr. A. H. Alden is recuperating at the North Side Hospital. Drop in and see him.

Dr. H. E. Welch will welcome any and all of us if we could take a few minutes out to say "hello" to him at h's home.

Drs. Allsop, Gross, and Sedwitz are fishing in Canada. None of those fish stories, now, boys.

Dr. A. Elsaesser is viewing the cows, horses, pigs, and chickens at the State Fair.

Drs. Skipp and Sedwitz have been accepted by the American College of Surgeons.

Dr. V. D. Veits is at home. Go and see him.

By S. T.

Dr. S. R. Cafaro has opened his office at 325 Lincoln Ave., Youngstown, Ohio.

Dr. Paul J. Mahar has opened his office in the Calvin Bldg., 5 Warren Ave., Youngstown, Ohio.

Dr. and Mrs. John L. Sullivan of Elyria are the proud parents of a boy. Mrs. Sullivan is remembered as the former Betty Rose of the Youngstown Nursing Staff.

Drs. Hardman, Lowendorf, and Neidus are all Hay-fever addicts and are having quite a siege of it this year, despite Allergists and their vaccines. Dr. Neidus reports getting considerable comfort from an air filter machine that he has in his bedroom. He also suggests that a six week's vacation in Canada during the Hay-fever season is excellent therapy.

Mr. and Mrs. Ben Barrett, 353 Carrol Street, Youngstown, Ohio announce the marriage of their daughter, Ann, to Mr. Paul Lewis, Ambridge, Pa. Miss Barrett is a member of the St. Elizabeth's Nurses' Alumnae Association, and has been in charge of the record room at St. Elizabeth's Hospital.

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*Thomas Jefferson.*

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## THE MODERN PHYSICIAN SURVEYS THE ECONOMIC CHANGES

Editor, Public Forum:

Today the age old and venerable profession is confronted by myriads of problems and changes in economics. Many physicians are now faced with a new trend in economic pressure that has been brought about by the telephone, automobile, radio and the industrial age with complicated machinery. The world-wide depression has so wounded the standard of living of the doctor that it will take many years to heal.

Some of the existing conditions which have undermined the doctor's income at present are as follows: Private business corporations use as their keyword to the doctor, when solicited, that their products are only advertised to the practicing physician. After the commercial products have been popularized through the medical man's prescriptions, the promises of these money-making corporations are forgotten. Subsequently, these companies begin advertising campaigns over the radios and, by a series of advertisements in all sort of periodicals, never forget to mention that the medical profession encourages its use. The city physician has developed a poor habit of writing patent medicines because it helps him to save time by not having to calculate the dosage of all the ingredients. Patients, however, rapidly lose confidence in such practices and soon they learn to ask for such medications over the counter of the drug store. Then we have the unscrupulous advertisers over the radios through which channels much incorrect information is given to the public by quacks who either run their own clinics or are highly paid by commercial enterprises.

The physician, as a rule volunteers without charge to treat deserving poor patients in dispensaries, but the hospitals, however, do not have adequate social service assistance to investigate those who do not deserve charity. Nevertheless, there is unfairness on the part of a good number of hospitals in not protecting the physician's economic status.

At times the medical profession is exploited by several small private incompetent health insurance companies which work on a basis of profit. The companies of varied sources offer doctors very small annual fees and in return large numbers of families are attended by the overworked and underpaid poor physician who usually does very inferior type of work because of the tremendous amount of petty responsibilities. Also, there are numerous societies, lodges and endless benevolent and fraternal organizations which work on the very same principles and the helpless doctors fall for such insignificant tactics. There are numerous other causes which limited space does not permit the writer to mention at this time.

There are various groups and cults taking advantage of the doctors' lack of interest in the welfare of the medical profession, and so these strings of cults are constantly exploiting humans in their misery for their financial gain. The medical societies are weak without the individual physician's interest and understanding, as there must be concerted effort on the part of the medical profession to help solve these problems rather than allow those who are out of the profession to dictate what ought to be done.

Since there is an approach to an over-supply of physicians in this country, there should be proposed a moratorium by the

American medical schools which will aid in the equalization of distribution of physicians. Dispensaries should be put out of business if they are of a commercial nature; which can be done by having a state law passed prohibiting commercial dispensaries from making a charge to use clinics or medicines. A specialist or general practitioner should never use patent medicines for prescribing. There are too many age old, useful drugs in the materia medica and pharmacology textbooks; students now at medical schools should be admonished against the evil practice of patent drugs. The druggists and the physicians should have mutual understandings and never infringe upon each others' fields. Cheap contract lodge practice, either on a small or large scale, is a pernicious, destructive economic force and should not be tolerated by medical societies. In short, the art of medicine has been constructed on basic principles of trust for which men in the past century have fought valiantly. We, too, must try and uphold those very fine principles and ethics which help to make our profession stand out characteristically from all the rest.

M. Martyn Kafka, M.D.

Reprinted from New York Medical Week,  
March 3, 1934.

"It is the problem of pure science to interrogate nature and to discover truth; it is the function of medicine, engineering, law and other professions to demonstrate the useful application of these discoveries; and finally the acceptance of these discoveries and their applications depend upon the intelligence of the people."—Victor C. Vaughan.

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## S. Q. LAYPIUS OBSERVES

Newspaper shows photograph of that 3-year-old boy lighting his customary cigar. I'd think they'd put a stop to that practice. The poor little fellow may accidentally burn his fingers doing that.

\* \* \*

The optimist feels that most people are honest as the day is long; the pessimist observes that the days are getting shorter.

\* \* \*

As a physician, I protest the practice of children giving apples to their teachers every morning.

\* \* \*

Local physician is said to have found a new home remedy in which the patient had a few herring applied to the bottoms of his feet. Probably mistook herring for sole. Anyhow, the poor fish!

\* \* \*

Religious fanatic allows rattler to bite him. Both parties recovered.

\* \* \*

The nudist demands but little of society. All he asks are the bare necessities.

Holy-Rollers pray for Divine help in the case of a boy suffering from abscess of leg. Well it is true that a doctor **would** expect a fee for the service.

\* \* \*

Hollywood actor is said to have thrown books at his wife. They wouldn't hurt much because those actors are not addicted to heavy reading matter.

\* \* \*

Union Trust Co. asks Government for a loan. If that isn't chickens coming home to roost, then you tell me.

\* \* \*

Kansas City couple saved their pennies expecting to use them to pay expenses accrued when their hoped-for child is born. If that baby does not turn out to be a "copper" when he grows up, then there is nothing to maternal impressions.

\* \* \*

Local speaker addresses Lions on "Trees". Were I addressing lions it would be from the topmost branches.



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