Pocketful Confessions: Poems to Read While Chewing Your Lips

by

Sarah Burnett

Submitted in Partial Fulfillment of the Requirements

for the Degree of

Poetry

in the

Master of Fine Arts

Program

YOUNGSTOWN STATE UNIVERSITY

May, 2015

Pocketful Confessions: Poems to Read While Chewing Your Lips

Sarah Burnett

I hereby release this thesis to the public. I understand that this thesis will be made available from the OhioLINK ETD Center and the Maag Library Circulation Desk for public access. I also authorize the University or other individuals to make copies of this thesis as needed for scholarly research.

Signature		
	Sarah Burnett, Student	Date
Approvals	s:	
	Catherine Wing, Thesis Advisor	Date
	Steven Reese, Committee Member	Date
	Christopher Barzak, Committee Member	Date
	Dr. Salvatore A. Sanders, Associate Dean of Graduate Studies	Date

ABSTRACT

This collection of work is meant to portray the humanity of poetry. Humans, for the most part, are not always graceful. That said, poetry is not always graceful. Sometimes it deals with life, with death, with love and loss and home. Sometimes it deals with bugs, with confusion, with clarity. "Pocketful Confessions" is meant to embody all of these, because sometimes poetry trips over its own feet. Sometimes it falls up the stairs. Sometimes it can't catch a break because sometimes humanity can't catch one. It's a pocketful of confessions, because sometimes you don't have enough to fill a paper bag, and that's okay.

Table of Contents

Lost Persons Area • 1 Family of Heart Attacks • 2 This Is How It Began • 3 Neighbors • 4 Kevlar and Ribbons • 6 Green Flash • 7 Enemies • 8 Specter • 9 Cycle Offbeat • 10 Stomach's Lament • 11 Soldier's Epistle • 12 Parental Lies • 13 Youngstown Born and Bread • 14 He's Kept Me Waiting • 15 Joke • 16 Lip Kiss Dreams • 17 I Don't Want to be a Poet • 18 Stay with Me • 19 Muses • 20 What's Left Behind • 21 Education • 22 Clichés Make You Boring • 23 Even My Disorders are Strange • 24 The Shell of Me • 25 Off Year • 26 Vengeance • 27 Only Sometimes • 28 I'm Afraid of Dictionaries • 29 My Life Should be a Movie • 30 Void • 31 Closet Hockey Fan • 32 In Youngstown • 33 I'm a Dirty Meat Eater • 34 Whispers Give Me Nightmares • 35 Dance Card • 36 I Was Wrong • 37 Sentimental Potato • 38 Whale • 39 Single Shot • 40 Shoulders • 41 Elegy for Aubrey Grace • 42 Ophelia • 43 I dream of waves • 44

Guns and Tequila • 45
Reclining Couches are Lousy for Heavy Makeout Sessions • 46
I Have Motivational Problems • 47
Cake Fail • 48
This Is How It Ended • 49
Snapshots From the Road • 50
Caffeine • 51

Lost Persons Area

Somewhere in Youngstown, there's a joke being told on repeat and you laugh, but refuse to find me. I need someone to call my name over the loudspeaker and bring me back. Otherwise, I'll stand here and wait.

Family of Heart Attacks

Just like him: same weight, same pace climbing the stairs like he's coming up to bed. The oldest and the youngest hear their father's footsteps, stay quiet. Mom is finally asleep, the only illumination a light above her dresser.

At six, heart attacks are a funny visual of cartoon hearts wielding knives, chasing unsuspecting people down streets. It takes age for her to understand, a second scare to absorb, and twenty-two years to finally ask.

This Is How It Began

I remember the time I grabbed your wrist as we left that bar, and you probably didn't even notice when your fingers linked up with mine and my stomach met my feet for the first time.

Neighbors

270 Erskine Ave.

Shelly's boyfriend was shot behind the Coconut Grove. Bad side effect to squealing on drug dealers in Youngstown. Weeks later, she and her kids reappeared to pack up, and my Mom told them their cat got injured in a fight. She'd put out the money, and found out he had feline HIV. Shelly screamed into the house "Don't touch the cat! The cat has AIDS!" and pandemonium erupted. Mom sighed, tucked the cat under her arm, and strolled back home.

875 Moyer Ave. Apt. 3

The earthquake caused a temporary truce among the four apartments. As the weekend parties got bigger, went later, music louder, fights got coarser, the truce faded away. Upstairs versus downstairs, singles versus young couples. We tried reasoning with them, they fought back with screaming and a sign in child-like writing: Danger! An ogre lives upstairs! When my day began and ended with fake orgasms echoing off bedroom walls and floors, I broke.

347 Erskine Ave.

Mom calls at 10:10 and asks if I'm okay. I'm fine, besides the guilt of overeating. She says there are cops outside my house. I peek to see Paul creeping in my driveway, and when I go talk to him, he explains the fighting across the street, and the threats. "Ollie was trying to run Bud over with the truck. Bud stood there.

Then Patty yelled about bullets and graves, and someone getting shot tonight, and people two streets over could hear the horn blowing." There was also something about a veteran masturbating, but no elaboration.

Kevlar and Ribbons

She's a woman first. After that a jumble mess of dress and uniform, t-shirt and heels, thick boots and pearls. Lace knit sweaters on Mondays, camo pants one weekend a month. Flowers in the margins of her notes. The bun with a beret more militant than the sloppy one worn with a cardigan, glasses with chains, book bag slung over one shoulder. The ruck sack left at home for some new adventure.

In a different world, she faces the sun, puts away those memories of civilian clothes. Beneath brown eyes and forced, cracked-lip smiles, a tornado of her fails to live beyond glossy pictures of home that she keeps tucked away.

Green Flash

At the edge of perception, the sun is setting before the moon wakes up, and I see you. That rare moment, green flash on the horizon, appears for a moment, then gone.

When the moon materializes, my world lights up. I want you to see the panorama I see, the way the trees wave, the curve of the Earth—the moon reforms into a small white box.

The trees reach higher than I dare to reach, and call our names in the dark. Their leaves urge us to conceive the same moon, sky, reflection in the window pane.

Enclosed in my mind, I'm imagining new places. But in your sky, the moon is always sphered, while mine will remain flat, and we see everything but ourselves in the reflections.

Enemies

Hours of my time have been wasted plucking their tough triangular bodies from walls, light fixtures, the floor where they fall after failing to fly. Too many tissues have been anxiously crumpled around them, giving off the scent of rotten cilantro, what I imagine the color of olive green would smell like if it didn't smell like olives. One at a time, those little brown shield-shaped bodies are dipped in the toilet, gingerly holding the tissue below water until the lever is pushed and I stand guard to make sure they swirl all the way down.

Out of the tissues, some have crawled and one brave one tried to fly. I'm running out of toilet paper trying to keep up. Flush one, two, five until Marmorated bugs cost more than laundry or showers, more than washing the dishes, more than it would cost to run Niagara Falls as a fountain in my backyard.

Because they love light, I sit in dark and cold, because they hate that, too. Hoping their helicopter flight and lingering expired vegetable odor won't mar another night. More stink bugs than tears fill my tissues, and more tissues than shit fill my toilet, the pipes, the sewers past the brink of bursting.

Specter

You're a security blanket. Worn, within reach when sadness hits, outgrown.

You should be a ghost. Invisible, unobtrusive, only haunting at night.

You're a banshee.

Cycle Offbeat

Words course tea and honey through my body while thoughts of you crawl between the walls of my mind. Where the joints meet, we walk away—

From bar to bar, new bar stools, you sit and wonder what won't be my thoughts while I ponder the possibility of tonight being one in a line of—

Easily formed bad habits. We're putting off talk, my specialty, but it's better to keep your expectations in place.

Too much of each other is wrong—

Casually, how this started, but everyone knows I'm a fool for your chef's coat and shots, for climbing in your car.

Our breathing gets quicker the longer—

Stomach's Lament

I never knew stomachs could have thunderstorms.

The memories drift slowly like a drunken scene in a movie.

In slow motion, he walks through the door. Or is

that from all the shots I drank before he came?

I'm aware of the smile straining my cheeks,

corners of my lips hung from my ears.

The bared teeth aren't meant to scare him.

We are reserved for the quiet found between the walls.

Faces close, and whispers so as not to break

the not reality we do not allow to exist.

The morning is still drunk. Stomach rages, files for divorce.

Soldier's Epistle

Dear You, I can't stop thinking about hands. Why are they so damn important to me? With pen, with knife, with gun, we all craft our lives. Hands clasp, clap, fold into prayer. Build, treasure, break. Most dangerous precious.

Here is the outline of my hand. Place yours here if you ever need to be connected to home, to me, to all of us. My hand was here.

Parental Lies

My favorite lie that parents tell their children: Oh, it's easy. Because it never is.

Dad, how do I get to the ham radio site? Oh, he responds, it's easy.
Twenty minutes later, I call.
Okay, I say, I've taken the left, slight right at the fork, and right turn at the wicker place. I'm still not there.

Mom, how do you make your sauce again? Oh, she replies, it's easy.
After the first three ingredients,
I call again. Okay, I say calmly,
I have the sauce cans, tomato paste,
and garlic. What comes next?
My salty tomato water is a failure.

Mom and Dad, should the toaster smell like burnt plastic? Why does the clothes dryer make that whumpa sound? Will this cat vomit come out of the carpet? It's orange.

I need some help. Can you come make the chicken soup for me? This time, I called because I'm bored, but since I have you, remind me. Do I need to line-dry the living room curtains? How do I handle all of this? Oh, they say, it's easy.

You'll get it eventually.

Youngstown Born and Bread

Sunday mornings, the smell of baking leaks into the car as we drive to church in the snow, rain, sun glaring, air conditioner cranked, heat filling the van, or wind whipping from an open window.

Mornings before work I smell stale smoke, but afternoons it's there to welcome me after good days, bad, fruitful lessons, silence from students, irritation at my own quiets marring my concentration.

I've made this journey daily with family, friends, by myself, with a kiss and peace sign to our departed in Lake Park Cemetery, after arguments, or laughing, or tears, sending me off and guiding me back. Home is where it smells like bread.

He's Kept Me Waiting

I'm far too pretty to still be waiting.

Five more minutes. Quarter hour late

is not fashionable. There's something

about his eyes, though. Something about those

teeth and gums, about the last three years.

For that, just five more minutes.

My patience diminishes fast.

There's the way his hand covers mine.

The way his world doesn't revolve around me.

I'll wait five more minutes. After that, no promises.

Joke

Boil water, get steam. Boil love, get a kick in the bits. No one has a soul mate.

I'm hanging out beneath the x-ray machine, hospital gown draped over my waist and legs. Already I miss my pants and wonder how long until the nurse begins. My knee pokes an armhole, the table chills where my shirt doesn't cover my back.

Maybe he's my soulmate, I think still waiting. Maybe I'm not his. His name is Sandy in Youngstown and we've been not dating for almost ten years now.

I learn I have an extra lumbar, or missing ribs. Either way, the doctor proves I'm weird. A human platypus. I have my father's hair. Also unfortunately, his ankles. I did acquire Mom's telephone voice. Better to sound like her than Uncle Joe. My sister got all her femininity, sucked it out of the womb on her way out and left none for me.

Mix batter, get cake. Mix two parts Polish, one Hunky, throw in some Johnny Bull, get a mongrel. No one is gourmet.

Lip Kiss Dreams

She runs the lip of the cup between her lips as though the two lips meeting was that of a kiss, fingers skip the table, she chances a glimpse of the man opposite her, his chapped lips skimming the lip of his own cup, tips the drink wishing he was kissing anyone but her.

I Don't Want to be a Poet

Guys buy sports cars to compensate for receding hairlines. Ladies cut their hair, bleach their assholes, get a second or third divorce.

During my crisis, I ponder opening a store where I would wrap presents at moderate cost. Hello, welcome. Let me wrap your package. I'll be glad to serve you.

Stay with Me

If you were the pin and I the straw I would keep you hidden. I see how the seekers look for you, why they'd be eager for such a catch. I want the whole of me to cover your all, to keep you from their gazes. We can return to the days when your eyes looked upon me like uplifting gold.

Muses

Silly man-creatures named
Fate and Karma curled up
in brain—wait to be written.
Mad gleam in eyes, tinker
with a host of strings
of words—control, alter,
delete without author's
permission. Products
of too many pills, too much
liquor, lots of caffeine, lost
sleep. Wake from deep REM,
put words to paper—
just write.

What's Left Behind

You unlatched your jaw to consume, contracted those muscles to force me deep down your digestive track until I was nothing but fur and bones that worked slowly back up, out of your mouth and left a rotting pellet on the forest floor.

Education

No one teaches you how to react when someone drops dead in front of you. There is no lesson plan for that. We were taught how to share, how to tie our shoes, and bits about life and death.

But when the guitarist for the first band collapsed, just twenty-seven years old, all we could do was make jokes. Something about not being able to hold his booze right.

Amusement dried up as the owner with help from a bandmate, got him outside and emergency responders showed up. We caught clips of updates as we loitered. Non-responsive resuscitation. I was aware I may have witnessed his last breath.

We sat in my car and chain-smoked, unable to absorb the situation. Watched as they put him on a stretcher, as the stretcher jumped as they continued CPR, loaded him in an ambulance, still trying to bring him back.

An entire bar was stunned, the rest of the show cancelled out of respect for the man we would later learn died. In our minds, two plus two still equaled four, but a guy was dead.

There was no manual to consult when I couldn't sleep for weeks, because the sounds of his last gasps echoed in my dreams, and even though I've studied all the books, it will never add up for me.

Clichés Make You Boring

A penny saved is a penny you won't have when you're short at the Exact Change Only toll booth. Don't burn your bridges, because arson is a felony, and no one will visit you in jail. You shouldn't overdress to kill. Or dress to overkill. We've already been over that felony thing before. When it rains, everything gets wet. Drive carefully for once. Putting the pedal to the metal will only earn you a ticket, hefty fines you can't pay because you never saved your pennies.

Even My Disorders are Strange

Twenty-eight, the apex of configuration presents itself.

We describe ourselves as mixtures of backgrounds and disorders.

Only two to ten percent of women have PMDD, fancy PMS on steroids.

I'm also the happiest binge eater my therapist has ever seen.

At twenty-eight, these two pieces of the puzzle click

into place, cemented by treatments and pills.

From this point, puzzle done, it shouldn't get any worse.

That said, we all know the possibilities.

The Shell of Me

Don't walk on my white ice. It will crack and my shards will scatter everywhere. You'll plunge to death in the thick abyss beneath my surface.

I live, but I'm not alive to mind the life I bring. Bask in the yellow afterglow and milky white of my smile.

Off Year

The minute books show what glass paper can't. A box spring made of barbed wire, chisel bits of fair trade while the bass drum basket weaves the time. Radio range plays the quarter notes, while the fountain pen drags across letter paper. Stare double daggers at the test in the dead heat of night. Two lines, pink. The bath towel dries, the cold cream sets, shake the eight ball, every hour hand ticking around the hour wheel is a moment for the coal miner. Canary chirps warning. The cigarette case remains untouched after he's gone.

Vengeance

There's a centipede lurking my house with my name tattooed on its now-useless legs. A chance laundry room encounter, a tight space between machines, an empty box of dryer sheets and only twenty of its hundred appendages injured. It limped off to the shadows and now I wake from dreams where it spies around corners and waits. In others, the injured interloper holds gun to my temple, screams the glory of revenge in the name of House Scutigeridae.

Only Sometimes

Sometimes the noises get the better of me.

I wonder why the creaks and taps, sometimes and I realize alone sometimes is not lamentation, because sometimes I wish for guns or blunt objects. Sometimes I don't because I'm accident prone.

I wonder, sometimes, if it's anything at all, but sometimes I think it's better if I don't know.

I can't keep my eyes closed sometimes, but it's a matter of knowing when to sleep. Mostly, sometimes, I just want peace. The noises fade away, sometimes, but I think sometimes that's because rain calms me down, or wind sometimes makes me remember when I sometimes wasn't alone.

I'm Afraid of Dictionaries

Under "desperation" is there a picture of me, sniffing the pillowcases for one last faint whiff of sandalwood? Under synonyms: lonely, broken, lost at sea.

See also, Sarah. She can feel bile rising whenever she glimpses a blue Mustang.

I walk around in your old hooded sweatshirt and forgotten socks, shuffling from room to room searching for artifacts.

My Life Should be a Movie

Here it is: that stupid defining moment when I'm left with just me for six hours until the terminal opens. What do I do first? Cry. The floor polisher passes twice, concerned look on his face. Step 2: suck it up and deal.

In the movie version, a montage with a peppy song will play as I drag my bags, drop my purse, find a bar, a cigarette, and a beer.

I meet a German named Max. He's a pilot, drunk, stuck after the last train stopped running. His opening line: Haben Sie feuer? One of three German phrases I remember. We chat until the bar closes. In the movie version, he's single, I follow him to a room, and the next hours are German bliss.

Instead, I risk sleep in a lobby with two hours left, feet propped on my suitcase, hugging my carry-on tight. The line starts with me at 4am, with disheveled hair, crusty eyes, dress hiding the wedgie caused by my leggings, and that's when the return trip home really begins.

Void

A strange passer-by, stuttered apologies, ticks time in his brain before she drives away.

He decided, he drank. He didn't care, he decided. Hungry, spent, and he was gone.

Closet Hockey Fan

Skates on ice, slick shhhk, shhhk of metal. My attention drawn away from his eyes to the TV behind him as the puck sails ahead.

I look up stats on my phone as he sips from a beer, wonders aloud what a girl like me is doing in a place like this.

I'm not here at all.

In the chilled stadium, fans scream as the puck slides behind the goalie, into the net.

I stand and scream with them.

Mr. Drunk realizes his mistake, slides on to another table.

In Youngstown

Low, fast clouds mean fire. An abandoned house, hurling smoke and flames into the air.

On Martha's Vineyard, the same clouds stretch over Oak Bluffs, visible from Inkwell Beach.

They race outward, moving to the Nantucket Sound after a freedom I can't find.

In Kansas, the wave-like clouds are replaced by something bigger and faster.

The flat bottoms echo the land leaving space enough for us to drive.

I'm a Dirty Meat Eater

A constant thought: should I feel guilt or gratitude for beef?

At peak hunger, the burger excites, pleases, confuses.
Thank you, cow, for being dinner.
I'm sorry you had to go.

I fear the cranky vegan as I hear the words "You smell like murder. I hope your soul was worth the blood."

Honestly? Every last bite was exquisite. Worth a soul today.

Whispers Give Me Nightmares

In my shiver mind, I will not go faint.
Sinister hushes, side glances,
let the pieces slip and the ever-soft
words seep. I will accept my truth
when my mind won't shut down. Paranoia:
the fear of quick, quiet voices. My grip
won't crash to the tile. I will not let
wonder at vehemence within arm's reach.
To let them smother doesn't bode well.
Keep them close, but not
close enough.

Dance Card

Alphabetical listings go up with flourishes, bravos for the last moves this time. Charlie likes two-steps and jives, hates Delta airlines, but at the next location we echo across the country. There's a quick foxtrot into each ballroom. Golf is reserved for weekends as our hotel rooms become our homes. India became a dream for retirement after Juliett won first place. We jig over to Kilo for tapas in New York City, then Lima, our next international set. Mike was injured during finals, devastating break. November is the next match, but Oscar broke up with his partner, so grumpy Papa won't be there to send us off this time. Quebec houses our least favorite ballroom, and Romeo doesn't die in this duet. We're off to Sierra resorts for recovery next week. Tangoes are the hardest to keep clean, uniforms all glitter and mesh. Victor got points off for illegal lifts, but whiskey later made him forget his feet. X-ray scanners at another airport, worth it for Yankees' games during downtime. Zulu remains unrepresented. We try to care.

I Was Wrong

Everything I thought about femininity came from *Annie*. Sorely disappointing as I grew and was not as sleek or sexy or graceful or beautiful as Ann Reinking.

I expected stockings to roll up perfectly bronzed legs, tiny ankles with cute feet, toes and polish. I expected to be wearing shifts into my twenties, fitted skirts and blouses making me look competent and desirable in a snapshot of poise.

The dance numbers I stage to get ready each morning are not choreographed. They seldom come out smoothly as I trip over the bathmat and brush dust off the bottoms of my feet. I readjust my necktie and settle my glasses on my face and I am now mostly okay with being wrong.

Sentimental Potatoes

When I was seventeen, my friend decided my first kiss should have a code name. My first thought was an innocent root vegetable. He found out, and drove me home one night, a week into dating. When he told me to close my eyes, I did. When he told me to hold out my hand, I did. In it, he placed this object, small and rough, so foreign but it shouldn't have been a surprise. When it dawned on me what I held. he leaned in and kissed me. I glided over February snow mounds like air and my mom opened the door, her smile bemused confusion as words tumbled from my first-kissed lips. The potato spent weeks on my dresser and Mom threatened my life if I didn't dispose of it. I didn't. It grew eyes and wrinkled. I still didn't, not for another three weeks.

Now, when I buy potatoes, my mother is the only one who remembers why I smile so widely near potatoes, the weird shopper in the produce aisle.

Whale

The orca, once weighing well over three tons now comes in svelte at one thirty-five.

At her heaviest, the bulls ignored her. Now, she makes special show out of her dorsal fin and enameled teeth. Ignores them.

Single Shot

I drink milk out of Chinet cups on Wednesdays because, after a day like my Wednesday, who has the energy to waste on a pile of dishes? It's awkward to make meals for two when there's no plus one at my table. My pots and pans grow colonies of cobwebs.

My life consists of plastic containers, disposable forks and knives. No linen napkins on my table. I dream of dinner parties with extensive canapés and immaculate hors d'oeuvres. After, the sink overflows with glamour, while leftover squash soup and carefully crafted quiches rule the fridge.

Shoulders

Somewhere in the night, I woke when he wrapped his arms around me, kissed my shoulder, fell back to sleep. What it may have meant was lost quickly with rest.

Does he kiss her shoulder like that, in the almost light of morning? Does it mean the same thing?

Tattooed between his shoulder blades is a cross, and on the days I woke up before him, I would run my eyes up his back and over its lines, rub my fingers over the blurred black. He would roll towards me, pull me close and shut down my mind. I'm still not convinced he didn't love me.

Elegy for Aubrey Grace

Spinal muscular atrophy.

The muscles and nerves never fully formed. She was a ragdoll, never to know walking, kicking, grabbing for that which she so desperately wanted. Did it matter that she was less than a year old? Did she matter less because I didn't know her? I watched during the Palm Sunday Mass as her mother rocked her, tears on her face and her heart openly breaking, a private moment in public setting.

On Easter Sunday, they weren't there. Her little body gave up and her parents lost their daughter. My niece stared at the ceiling, days after three months old, with such wonder in her eyes. We wondered if the lost girl was there to watch over us: the church that held her so dearly while we prayed for miracles before and after she was gone. Hoped for peace for her parents. Mourned for all.

Ophelia

She slips softly in the flowers, follows faintly as they lead her down a lengthy road to reach the tympanic call of rapids.

They urge her toward the sound of water waving her in. Instead she insists on wandering, walking, weaving to her own beat.

I dream of waves

and a fan's gentle hum and the flit of moth's wings. Of birdsong clocks that chirp and the sounds other people make. I dream of grapes and eggs. Bare feet on sand, in sand, in water on rocks. I dream of Silent Wednesday and lasagna. Of bug bites and sand fleas. New foods of paella and a whole lobster. A table outside always waiting for meals or visits. I dream of islands with long-short drives and ferry rides. But mostly, I dream of waves.

Guns and Tequila

I learned to drive stick shift to help
my best friend move to California for the Army.
There are cows cooling off in water
and roadkill Armadillos on the shoulders
of back highways. One cat has peed on the other
while the dog used my hoodie as a barf bag.
I've seen too much of Missouri, but I shot
a gun for the first time there. It felt
foreign and hurt my wrists for hours.
We haven't wanted to kill each other. Yet.
Two miles from Topeka, we can still laugh
at inside jokes, strange misfortunes, and how
we left the damn tequila back home in Boardman.

Reclining Couches are Lousy for Heavy Makeout Sessions

Two in the morning is not a respectable time. I drive over anyways, bring wine and a change of clothes. Wait for him to make the first contact. A chin on my shoulder, hand on my waist. Quick breathing as we agree—yes, agree—that it's time to make out.

A first kiss quickly molded into two friends attempting to be one face with one mouth and tongue. One being as we bounced between counters in the kitchen like a singular, catastrophic pinball.

We moved to the couch, sucking in air and trying to stop our heads from floating away. It wasn't the wine. Lips locked tight again. The determined concentration was nothing like I'd seen on him. My hands clutched the arm of the couch for salvation.

He pulled my hair, rocked against me with our jeans still on. His other hand, well, it's all relative to the climax as I extended the recliner with a bang. We froze, the fear of breaking a couch outweighing passion and previous unreason.

I Have Motivational Problems

After the fabric settles, as fabric does after washing, I can remember why my ex told me not to wear these jeans. With hands on each thigh, I grasp folds of denim in each fist. I think about buying new jeans, but I'm haunted by the credit card bills still unpaid. And my regular jeans are only in the dryer. They're probably also still warm, which would be nice. Getting them is an obligation to fish out all the clothes, putting the whole basket away. My problems with motivation are, at least, consistent in my life. And I lied. I drink everything out of Chinet cups every day.

Cake Fail

Happy Birthday Adam with blue flowers. Your birthday is ruined. It's not because of the cake. The cake was supposed to have white flowers, Adam, not blue. The decorator wrote "with Blue Flowers" on the actual cake. What idiot writes that on someone's birthday cake? But the cake is not at fault here, Adam. Truth be told, it's ruined because I don't actually love you, and I've been trying to find a way to tell you this for months. Sorry, Adam, but happy birthday. I hope these blue flowers help a bit.

This Is How It Ended

In the morning, in nothing but heels, a slip, and a sweater. The sun shining and cold air remind me that it's New Year's Day.

Snapshots From the Road

A rest stop in Missouri smells like bacon and bleach. In Kansas, the cows look like the sun has stripped them of their color, like weathered wood on an abandoned road. If you get a slight slope, you may be able to roll down the hill, but that's about as much fun as you'll get with the land in Kansas. Skeletons and bones of houses, owners long gone. The clouds turn into mountains in Colorado, with enough space between each town to speculate on the backstories and people that do or used to fill their populations. Nothing around for miles but bugs and thunderstorms. The rain is not enough to wash away the dying glow of firefly guts streaking the windshield. The lightning and constellations share the horizon to my right. We can only imagine that an honor system of speed limits exists, where the patrolmen are somewhere other than where we drive. In Arizona. twilight in the desert means mountains are cut from black construction paper and stuck to the landscape for humans to ooh and woo, to love the fading light in little doses. The triumph of reaching California was only marred by the fact that it was the last leg of the journey, and I would leave you there, somewhere.

Caffeine

Absolutely no one gets the hype, buzz, but you can try, enunciate with clarity, catch eyes and hope your brain isn't in a lockbox. Don't deny the pleasure, go with the flow except when it matters. Don't let on you're a perv for the unknown. Makes you hot. Makes the Hausfrau get the ice water, pour it on your heart—wet heat—burns the fabric that clusters in times of lust. It's okay to fake it, blur just the edges where you no longer need a tranq keep calm. It'll be okay eventually. It's going up like a hot air balloon, high in the sky, where we go mingle with the clouds, brush shoulders against—again, now. Whizz past stars. They twinkle like a ballroom over our heads. Turn them off. Make it accidental please, and I'll forgive you. But just this once. Lick quickly: the sky falls and we can catch it, J, really catch it this time. Don't call me Bambi, so innocent and cute. We only use each to our own means. Come now, don't make me tug unless you want me to lead, to leave—to leaf valiantly through pages for a new hero, the way I've been trying for years. Watch with mad x-ray specs to see the future ecstatic. You don't pull the strings. I'll sing this fab zing how we've always wanted. Next comes euphoria.