



## YSU Community

## Takes Back the Night

PHOTO BY JENNIFER RODRIGUEZ / THE JAMBAR

BY JENNIFER RODRIGUEZ

Youngstown State University staff, students and the Youngstown community marched and rallied to bring awareness to domestic violence and sexual assault on April 13, starting next to Kilcawley Center.

The march began at the YSU rock, which was painted in honor of the occasion. The group marched around campus chanting phrases such as, “Yes means yes, no means no, whatever we wear, wherever we go.”

Ann Jaronski, the director of counsel-

ing at YSU, said it was her second year attending this type of event here on campus, but has organized them in other locations in the past.

“It’s a fabulous opportunity to bring awareness to sexual violence and a good way to get the community involved,” Jaronski said.

During the rally, participants were invited to speak to the crowd and share their thoughts and experiences. YSU student Kenna Rearick read a poem in honor of a young woman who is a sexual assault survivor.

“I’m really dedicated to bringing more

activism about issues of assault and women’s issues on campus,” she said.

Guest speakers at the event included YSU President Jim Tressel, Dawn Powell, program manager of the Rape Crisis and Counseling Center and YSU Police Academy instructor Delphine Baldwin-Casey.

Powell said 40 percent of rapes occur before the age of 18, and that one out of five women are victims of sexual assault. She also stated that victims are four times more likely to be raped on a college campus due to alcohol use.

“As a director, as an advocate, as a person who actually goes out and sees these

cases of sexual assault right when they happen, it really plays a part to you,” Powell said. “It’s not just a job. It’s something that we have to all take a stance on.”

Casey said the largest number of women experience violence in their own home at the hands of someone they know. She also pointed out that sexual and domestic violence affects men and women.

“Not every woman has been sexually assaulted. But every woman has been taught to fear it. We are told from the time we are young not to walk alone, not to go out after dark, to avoid strangers and to avoid dangerous areas,” Casey said.



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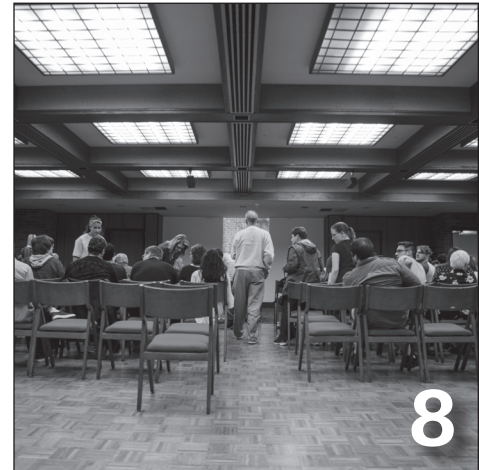
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# Survivor Winner Discusses How to Battle Uncertainty



BY JORDAN UNGER

After Parvati Shallow graduated from college, she wasn't sure where to go next. Then, CBS producers asked her if she would like to compete in the reality TV show, "Survivor", in 2006.

"Saying yes to that blew doors wide open for me," Shallow said. "It got me thinking more like, 'Wow, if I can do this, what else can I do?'"

Although Shallow didn't win that season, she was invited back as a fan favorite to compete in "Survivor: Micronesia" with other past contestants and won the top prize. She also competed for a third season and hosted CBS's third season of "Around the World for Free."

Shallow spoke to Youngstown State

University students on April 11 about how to overcome fear and uncertainty. She said people must take a step towards their own happiness instead of doing what others expect them to do.

"We can have this [end] goal in mind, but do we know how each piece is going to fit together before we actually fit each piece together?" Shallow said. "Not necessarily."

Hosting a travel show was a dream of Shallow's, but she took a public relations job after she graduated college instead. She quit after three months and started applying for reality TV show competitions.

Shallow, who is also a former boxing competitor, auditioned for the reality TV show "The Amazing Race" and wasn't selected, but the producers wanted her to compete in "Survivor." She said people need to understand their goals and limits before they pursue their goals.

"Every one of us has a different threshold for what we can withstand as far as stress goes," she said. "When you see people on "Survivor," some people break down and cry and really lose it, and some people [are] fine. It's pouring down rain and they can handle it ... Everyone is different."

YSUrvivor invited Shallow to YSU to give the lecture through CAMPUSPEAK, an organization that brings speakers to campuses.

Sarah Davis, president and founder of YSUrvivor, said she was pleased with the turn out.

"I think it was a lot more useful than people expected it to be," Davis said. "They may have needed something like this without realizing it."

Andrew Zack, a senior YSUrvivor participant who attended the lecture, said Shallow had big shoes to fill and delivered well.

PHOTO BY JORDAN UNGER/ THE JAMBAR

"The fact that she was a winner and a good player for multiple seasons is definitely some icing on top of the cake," Zack said. "She definitely felt very authentic there in front of the stage and that's really nice."

YSUrvivor is a student organization inspired by the show, forming tribes and competing in challenges every semester to determine a winner. Shallow said she was invited to partake in a puzzle challenge before the lecture, which impressed her.

"I have been to other colleges where people say that they are "Survivor" fans and they love the show, but I've never seen anything so well-executed as this "Survivor" club," Shallow said. "[Davis] put together all of these puzzle pieces; she definitely put a lot of work into it, so it was very well thought out and everyone's super into it."

# Athletes' Mental Health Part 4/4

BY JAMBAR CONTRIBUTOR  
KATIE MONTGOMERY

It's been widely reported that college students have higher rates of mental health issues than the rest of the adult population in the US. It's estimated by the National Institute of Mental Health that one in four students enter college with some kind of history of mental illness and treatment. Keep in mind, that's before the stress of college has even started.

The American College Health Association-National College Health Assessment reported that 85 percent of college students feel overwhelmed by everything they have to do; 81.7 percent feel exhausted; 65 feel sad and 59 feel very lonely. Overwhelming anxiety and anger were reported by 58 and 39 percent, respectively. And almost 10 percent reported that they seriously considered suicide. It could be said that reporting a feeling is one thing and that not all reported feelings of depression and anxiety are "real" episodes of mental health problems. But even taking that into consideration, 25 percent of college students have been formally

diagnosed or treated for mental health issues. This is almost twice as much as non-college adults, according to the NIMH.

Now, on top of the usual college stress, take away weekends and dedicate several hours a day for athletics rather than school work.

Emily Wollet, assistant athletic director at Youngstown State University, said that it's not uncommon for people to brush mental health problems until it's too late.

"We have parents and coaches who will tell students to shake it off," she said. "And it's not that they don't care, but they just don't understand what that's like. Until you experience it yourself, or are around somebody close who's experiencing it, you won't have the empathy or understanding on how to support it."

To make things worse, it's easy for people to think student athletes have no reason to mentally struggle, Wollet says.

"We look at them and see they have a scholarship, a team and all this gear given to them, but that doesn't matter when you have a mental health issue," she said.

But for the NCAA, mental health was not a topic of public discussion until the suicide of

Madison Holleran, a runner at University of Pennsylvania, in Jan. 2013.

Brian Hainline was hired as chief medical officer by the NCAA in the same year to gather a comprehensive publication of data, professionals, former and current athletes and coaches.

The result was the book "Mind, Body and Sport: Understanding and Supporting Student-Athlete Wellness", which discusses personal experiences, the kinds of illnesses and potential treatments, hoping to fight the stigma that has been traditionally associated with mental health.

The inside of the front page has a bold quote: "... it is our responsibility to provide the services and care to help each student-athlete reach his or her full potential."

To Wollet, addressing students' mental health problems before they leave college is essential.

"The important thing is if we don't support students with all the resources we supposedly have here to help them, then their life will move on like that after college too," she said. "We need to make them strong before they leave here with all of our resources."

In order to better connect students with the services they

need, Wollet partnered with Nicole Kent-Strollo, former nurse practitioner, nursing professor and track coach.

"We noticed [the] gaps that campus was not filling," Wollet said. "We're not saying anyone is dropping the ball, but what can we do better, differently, or more of to support our students."

Along with several athletic trainers, the pair attended a mental health conference in Indianapolis last summer hosted by the Horizon League, the Division I athletic conference that all YSU sports are a part of, except football. University professionals from the league's 10 schools attended to collaborate, discuss and learn how to better preserve the health of their student athletes.

"The Horizon League is in the front of these developments by having that mental health conference," Wollet said. "Mental health has to be seen as important and real, and coaches have to buy into it."

The conference confirmed Wollet's and Kent-Strollo's vision for a connected, student-oriented campus — and not just for athletes. They returned to YSU with renewed purpose and passion to push for more service developments.

The two administrators

launched individualized wellness plans last fall, which work through an anonymous referral system on the YSU athletics webpage. True to their name, the plans are unique student-to-student and are personally developed by Wollet.

The program has been extremely successful, she says.

"Anyone can submit a request online and some athletes even reported themselves," she said. "I'm extremely proud of the kids who stepped forward and said they need help and are fighting that stigma of mental health."

According to Wollet, sometimes it's as simple as signing them up for a tutor to keep them accountable and to manage stress, but other students may need an emergency appointment with a psychiatrist.

After a few months, the number of referrals filling their emails made it apparent that YSU needed some other way to identify and work with these students — there were far more than Wollet or Kent-Strollo originally expected.

MENTAL HEALTH  
CONTINUED ON PAGE 5

## News Briefs

### YSU Ranked as One of the Best Value Colleges in Ohio

Youngstown State University ranked in SmartAsset's 2017 Top 10 Best Value Colleges Study for Ohio.

The rankings are based on the university's performance in categories such as tuition, retention rates and financial aid provided. YSU placed #10, with an average of \$6,104 in scholarships, \$8,129 in average tuition costs, \$12,214 in average student living costs and 75 percent student retention rates.

### Payiavlas Family Donation will go Towards Video Broadcasting Classroom

The Paviavlas family is donating \$500,000 to Youngstown State University for a sports media classroom at Stambaugh Stadium. In recognition, YSU will name the classroom after them.

The classroom will be inside the Don Constantini Multimedia Center, atop the east side of the stadium. The room will feature lighting kits and other equipment needed for video production.

Adam Earnhardt, chair of the Department of Communication, said

some of the basic video production courses can be taken by students in majors other than telecommunication. Having the classroom overlooking the stadium gives students the chance to broadcast football games, but they will also be working with other YSU sports teams.

"Sports is the only live broadcasting opportunity out there ... you can't alter and edit it," Earnhardt said.

The estimated completion date for the multimedia center is Fall 2018.

### Wick Avenue Construction Update

There will be detours to access the R3 and R4 parking lots, Holy Trinity Church and the Butler Art Institute.

The F1 lot is now open and will be accessible through the M-23 upper Courtyard parking lot around Wick Oval. The M-21 (Veteran Affairs) and the M-20 (Melnick Hall) lots remain open via Wick Avenue.

Contact Parking Services (330-941-3546) if you have any questions.

# STEM Undergraduate Receives Prestigious Fellowship

BY RACHEL GOBEP

Youngstown State University student Jenna Wise was awarded the Graduate Research Fellowship by the National Science Foundation.

Wise, who has a computer science and mathematics double major, will use the award money to pursue a doctorate in Software Engineering at Carnegie Mellon University this fall. She will receive a \$34,000 annual living stipend for three years and \$12,000 towards her university tuition cost.

Only 2,000 of the 13,000 applicants were selected for the national fellowship. The National Science Foundation awards science, technology, engineering and math students who are pursuing a research-based master or doctorate degree at U.S. accredited universities.

Alicia Prieto Langarica, an associate professor in the Department of Mathematics and Statistics, said Wise is a great candidate for the fellowship.

“She is one of the smartest students we have [in] the mathematics department,” Langarica said. “But in addition to her undeniable talent, Jenna is also a really hard working student who is very committed to the scientific community.”

Wise wrote a research proposal for her application to expand on her senior project, iTrace, which collects eye movements of developers when they’re reading code.

This is not the first scholarship Wise has received; she was a recipient for the Barry Goldwater Scholarship in 2016, among other awards. She has also done numerous internships at institutions such as the Massachusetts Institute of Technology.

Wise said her goal is to become a computer science professor after she graduates from Carnegie Mellon University. She tutors at the Math Assistance Center and said she loves to help others learn.

“Another goal of mine is to work with outreach in minorities in computing because there are not that many women and other minority groups in my field,” she said.



PHOTO COURTESY OF JENNA WISE

## MENTAL HEALTH PREVIOUS PAGE

While there are athletes who report themselves anonymously and ask for help, Kent-Strollo noticed that most athletes tend to mislead coaches and trainers about their mental health. She says it’s partially because of ingrained conceptions of discipline and toughness, but it’s also because they’re scared of losing playing time.

“Athletes specifically come here [as recruits] and sell themselves to the program, and they’re not going to promote the negatives,” she said. “But they’re bringing their lives with them. It’s going to be there, and we have to help.”

In other words, initiating treatment with services that are currently available at YSU couldn’t rely on just the athlete to recognize and report their own mental health problems.

“I feel like I know most of YSU’s student services,” Wollet said. “But even I don’t know everything and we realized we needed a full-time staff member who knew what and where everything was and who could connect students to the services we

already have.”

To learn more about what YSU could offer students, Kent-Strollo asked to join the YSU Behavior Intervention Team, or BIT Team, as an athletics representative.

The team has existed for years to collect reports of at-risk students and assess if they were a danger to themselves and others. But even the team knew that wasn’t enough.

“One of the things that kept coming up was that nobody had the capacity or ability, legally, to reach out to these people,” Kent-Strollo said. “We just got information about the student and we asked if they appeared to be a danger or a threat to themselves or others. Other than that, we really couldn’t do much.”

Kent-Strollo and Wollet both pushed for the creation of a new position, the director of Student Outreach and Support, to be part of the BIT Team.

When Kent-Strollo learned the position had been created in December, she immediately applied and was accepted a short time later. She has since resigned from her nursing practice and stopped coaching the track team. She is now finishing up her last semester of teaching.

All of this is to set a precedence of non-partisanship for the position, since the goal is to avoid the legal hurdles of confidentiality that a traditional ombudsperson would maintain. In this position, Kent-Strollo now has the legal ability to directly contact a student who has been reported to be at risk, mentally or emotionally.

“We needed the legal ability to reach out to a student,” she said. “Even if it’s just to say ‘I heard you’re going through something, and if you need anything, just let me know. We’re here for you.’”

This can range from contacting students who have been hospitalized, charged with sexual assault or exhibiting withdrawn and potentially harmful behavior. She can also report incidents freely and follow-up with the accused students, which neither an ombudsperson or a Title IX representative could do.

“But if a student comes in and tells me there’s been a sexual assault, as a director, I can report it as an incident,” she said. “And our Title IX staff are great advocates for victims. But sometimes the accused needs support too. Maybe they don’t have family, maybe it’s not even true and they’ve now been suspended from school; they’re off campus.

How are they supposed to email a professor and say I can’t come to campus?”

Although she is not working directly with athletes anymore and the IWPs are now more of Wollet’s domain, Kent-Strollo still calls on athletes when they fall in her system.

With her new position and the legal freedom from maintaining confidentiality, she is “able to disclose [to the coaches] that something is going on, but not necessarily disclose the situation.”

But most of the time, she receives reports of non-athletes from professors and tutors.

“A lot of students feel alone and don’t know they have anyone here,” she said. “A lot of them are shocked that I call them because they don’t think anyone cares.”

She laughs recalling some of the phone calls she’s made already. “Some of them are not happy about me calling, and they want to know how I got their number,” she said. “But when they realize I’m not asking anything crazy, they relax and seem relieved.”

For many, she says, initiation of contact or asking for help is the hardest part of the healing process.

“It’s so important to tell someone you’re not the only one that experiences this and you can try this to help,” she said. “Now we can take what we’ve started to do with athletes and bring it to the rest of campus.”

For now, Kent-Strollo doesn’t even have a budget for the position. For advertising, she relies on professors to let her give a short presentation to their freshman courses.

The dream, she says, is to connect students with people outside campus who want to help students, ultimately creating a symbiotic cycle between students and nonprofit organizations. It’s a “mish-mosh” right now she says, and it’ll take a few years to work out. But to both Wollet and Kent-Strollo, the future is bright for campus resources.

“I’m just excited that people cared enough about [mental health] to do something about it,” Kent-Strollo said. “I think a lot of it stemmed from the Horizon League and that forum we had, and there were people who came back and said athletics is doing this, and we need to do this for the rest of the university.”



PHOTO BY TYLER ROTHBAUER / THE JAMBAR

"The Emperor" is a new academic journal that publishes peer- and faculty-reviewed articles by undergraduate students. The journal is run through the Honors College by students and faculty advisor Diana Awad Scrocco.

The editorial staff is composed of: Megan Evans, founder and editor-in-chief, Elisabeth Winston, assistant editor-in-chief, Natalie Halavick, assistant editor, Brigitte Petras, assistant editor, Diana Awad Scrocco, faculty advisor.

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# Read With Care

BY JAMBAR CONTRIBUTOR  
SAMANTHA ARMSTRONG

**Trigger warning:** this article contains information about sexual assault, suicide and/or violence, which may be triggering to survivors.

Trigger warnings, like the one above, can be alarming for some. For others, they are a lifeline. As difficult conversations open up, trigger warnings are becoming not just common etiquette, but increasingly mandatory.

According to Mental Health America, 17-35 percent of college students in the United States have reported self-harming and 25 percent have reported suffering from an eating disorder.

Young people are experiencing a rise in recorded cases of mental illness while voraciously consuming media and entertainment that could “trigger” these illnesses.

The rising popularity of the novel and Netflix original series, “Thirteen Reasons Why,” has sparked controversy among students due to the triggering content.

From the beginning of “Thirteen Reasons Why,” we know that the protagonist, Hannah Baker, has already taken her own life.

The Netflix series displays graphic scenes that veered away from the content in the novel.

Nina Dunn, a junior at Youngstown State University,

said that in Jay Asher’s novel by the same name, readers are never told exactly how Hannah killed herself, only that there’s a rumor going around the school that she overdosed.

On the other hand, the last episode in the Netflix series shows Hannah committing suicide by gruesomely slitting her wrists in the bathtub.

“That makes the wrist-cutting scene in the show an invention of the shows’ writers, and one that could potentially be harmful to viewers who are struggling themselves,” Dunn said.

In addition to suicide and self-harm, the novel and television series also depicts scenes of sexual assault, which could trigger victims who may suffer from post-traumatic stress, Dunn said.

Devyn Appugliese, a YSU psychology graduate, takes a psychologist’s perspective when referring to triggering content.

“I think there are countless trigger warnings in media, mostly because everything is so relative and affects us each differently,” Appugliese said. “But with shows like ‘Thirteen Reasons Why,’ it may encourage those with mental health problems in negative ways.”

Appugliese said that the reason triggering content may be dangerous is because many people don’t speak up when they’re experiencing complications with their mental well-being.

“Referring to potentially serious content as something that could cause mere ‘discomfort’ de-legitimizes some-

one’s experience, it’s more serious than that,” Appugliese said. “Because of that and since it is almost impossible to omit all sensitive content from media, I completely support the use of trigger warnings.”

The “Wall Street Journal” recently published an opinion piece that criticized contemporary young-adult fiction for its “overly grim portrayal of teenage life.”

According to “Entertainment Weekly,” Asher was displeased with the Wall Street Journal’s article.

“They mention suicide. When I saw that word I was like, ‘Okay, I can take offense officially now,’” Asher said to Entertainment Weekly. “When I first heard about it I just rolled my eyes. I was like, ‘Here we go again.’ When I read it, yeah, I got very upset, just because I know what she was describing is not teen literature in its entirety at all, and yet it makes it sound like that ... If they’re saying it’s a bad thing, then I’m going to be more cautious about letting my child read it.”

While Asher stands by the content of his novel, a trigger warning before the show’s title or before the first page of the book would not impede the writer’s artistic freedom, said Appugliese.

Appugliese said that trigger warnings create an alert about the context in discussion that could possibly prompt traumatic memories or responses.

“They are not designed to censor material, only to protect the people who may be sensitive to the content,” Appugliese said.

## GET INVOLVED WITH YSU STUDENT MEDIA



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THE HONOR SOCIETY OF  
PHI KAPPA PHI

The Youngstown State University chapter of the honor society Phi Kappa Phi (Chapter 143) extends our congratulations to our spring and summer graduates!

We congratulate all of YSU’s spring and summer graduates!

A great future awaits you!  
Let your journey begin!

COMING SOON  
YO Spring 2016

# A Night of Literary Work

BY GABE GARCIA

On Friday, Jenny Magazine and Penguin Review launched their spring issues during A Night of Literary Work.

The event was held from 6-9 p.m. in the Ohio Room of Kilcawley Center with about fifty or so people in attendance. During this time, winners of the Student Government Association Essay Contest as well as the Flash Fiction Contest were able to read their works.

"I did a parody on the book/movie Eat, Pray, Love," Amanda Miller, one of the winners of the SGA Contest, explained. "Mine was instead called Eat, Pray, Pierogi. It's about how a friend of mine told me she was getting a divorce and the only response I could come up with at the time was if she wanted to get pierogis."

Miller is also the Poetry and Flash Fiction editor for Jenny Magazine. Other winners of the SGA Contest include Dom Fonce, Jared Lyder and Abdullah Alsairafi. Their essays were printed in the Penguin Review.

"We also had a Flash Fiction Contest where the winners won cash prizes," Miller said. "I was one of the judges along with our advisor, Christopher Barzak, where we received at least forty submissions all under one-thousand words."

The first place winner of this contest, Tennessee Hill, read from her submission

"The Boy Who Thought He Was a Glass of Orange Juice". Second place winner Amanda Stovicek read her submission "Factory Floor" and third place winner Alex Puncekar read his submission "Bad Beat".

"My favorite part of the night was hearing this hilarious poem called "Splenda Daddy"," Miller said. "It was like the reader (Robin Stears) was performing while she read it. She enunciated her words and moved her body during certain phrases. You really had to be there to see it."

While Penguin Review only comes out once a year, they also have a radio program that airs every Friday for an hour.

"It has been the most fun being part of the radio program the last three years," Tiffany Anderson, advisor for Penguin Review, said. "This way, instead of just printing one issue per year, we lengthen it out to an entire year."

Although Anderson was unable to attend Friday night's festivities, she was very much excited for its launch.

"I initially signed on to the Penguin Review to keep it from being defunded," said Anderson. "I didn't want it to go away; it's part of the student media and what I do now is basically guide the editors in any way that I can."

In truth, this was the first time Jenny Magazine and Penguin Review alternated between readings among their winners, a mix of undergrads and national winners.

"We're a bit different from Jenny Mag-



PHOTO BY TYLER ROTHBAUER / THE JAMBAR

azine as far as our submissions go," said Alexis Baryak, assistant editor for Penguin Review. "There are no restrictions on how long the submissions have to be, but they must be made by YSU undergrads only, and they can pick any category from fiction to non-fiction to screenplay to artwork."

Baryak informed The Jambar that this is her last year involved with Penguin Re-

view as she's getting ready to graduate this spring.

"The whole thing has really been a highlight of my last year," Baryak explained. "A lot of my job this semester has been about helping with the radio show and reading submissions, and it was nice to see so many people coming out to support something you've worked so hard on all year."

## Flashing Back to the '90s

BY JAMBAR CONTRIBUTOR  
MARAH MORRISON

Students can enjoy some '90s fun with a modern twist on April 21 and help a good cause in doing so. The Youngstown State University Student Nonprofit Leadership Organization [SNLO] is hosting a '90s themed bar crawl from 6 p.m. to 1 a.m. to raise funds for Pay It Forward: Student Philanthropy Initiative.

The main event for the '90s Bar Crawl will be taking place at Suzie's Dogs and Drafts. Additional participating locations for the '90s Bar Crawl are The Avalon, Draught House, One Hot Cookie, The Federal, Ryes and Imbibe Martini Bar.

The wristband presale cost is \$7 and at the door it is \$10. Members of the SNLO sold wristbands April 19 in Kilcawley.

From 6 p.m. on, there will be raffle ticket sales, and from 8-10 p.m. the costume contest will take place. Live music will be featured from 9-1 a.m.

Mollie Crowe, an advertising and public relations major who is receiving certification in nonprofit leadership, is the event chair for the '90s Bar Crawl fundraiser.

Crowe said proceeds from wristband and raffle ticket sales will benefit Pay It Forward: Student Philanthropy Initiative.

The initiative addresses critical economic needs in the Mahoning Valley while providing an opportunity for students to experience the grant process of soliciting, reviewing, interviewing and awarding funding, according to Pay It Forward.

YSU students have sustained the initiative through their own fundraising efforts over the last four years. Every year, SNLO also accepts grant applications from local nonprofit organizations.

"We carefully review these applications and use the funds from our fundraising efforts to benefit those organizations," Crowe said. "Because this is a bar crawl, we highly encourage students to seek services with Uber so they may have fun and be responsible."

President Tabitha Richmond said SNLO has never or-

ganized a bar crawl before but has had different events in the past to raise funds for their Pay It Forward Initiative.

"For six years, SNLO organized an annual corn hole competition but stopped doing so a few years ago in order to try something new and gauge reaction," Richmond said. "People are always wonderful about supporting our efforts because they know that every cent we raise goes straight back into the Youngstown community."

Richmond said this event has taken a true team effort in order to ensure its success. The organization delegated marketing tasks, asked each member to bring in one or two items for the raffle baskets and had multiple members reach out to specific businesses downtown, Richmond said.

Laura Dewberry, SNLO's adviser, said she hopes this event will be a success and would love to see it continue each year.

"To make it a success, we need support from YSU students," Dewberry said. "We hope to have a great crowd."

Contact Mollie Crowe at [mccrowe@student.yzu.edu](mailto:mccrowe@student.yzu.edu) or 330-301-4424 with any questions.





# YSU's Fourth Opera Staged Under Donald P. Pipino

PHOTOS COURTESY OF DANA SCHOOL OF MUSIC

BY AMANDA LEHNERD

Youngstown State University's Donald P. Pipino Performing Arts Series and the Dana School of Music will present two short operas celebrating "From Mozart to Menotti," featuring "The Medium" by Gian Carlo Menotti and "The Impresario" by W.A. Mozart, from April 21 through April 23 in Bliss Hall's Ford Theater at Youngstown State University.

An informal artwalk called Blissful Beginnings will include a pre-performance lecture by Allan Mosher on April 21 at 6:00 p.m. in the McDonough Museum of Art's lecture hall. Mosher will give some background information on both shows and both composers, and describe how these two works fit into the other works.

Following the lecture, patrons are invited to attend the opening night reception for the spring Bachelor of Fine Arts Exhibition in the McDonough Museum where artwork by students completing the requirements for their BFA degree is displayed. There is no charge for the lecture or art opening.

This performance is the fourth opera at YSU staged under the auspices of the Donald P. Pipino Performing Arts Series made possible by Christine and Edward Muransky in honor of Christine's father. The Muransky family provided a gift to support the Performing Arts Series and the YSU opera in October, 2013. The Performing Arts Series was renamed as a result of that gift.

"The Medium" by Gian Carlo Menotti involves a phony medium who scams money from grieving parents with her sham séances through fake voices and apparitions. She becomes the victim of her own illusions when they

begin to haunt her guilt-ridden conscience with fatal consequences.

"The Impresario" by W. A. Mozart showcases an opera producer who finds himself refereeing a battle between two rival prima donnas for roles in his upcoming season. Mozart's one-act musical-play shows us how he successfully arbitrates between the two sopranos and their egotistical attitudes that have exploded into extreme examples of "diva-tude."

YSU's opera program director is Misook Yun and the Dana Symphony Orchestra director is Stephen L. Gage, who will conduct "The Impresario" while graduate student Ian LeRoy is the conductor for "The Medium."

Adult tickets are \$16, discount tickets are \$8 for non-YSU students, YSU faculty and staff, senior citizens, Penguin Club members and groups of eight or more. YSU student tickets are free with valid ID.



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PHOTO BY SAMANTHA PHILLIPS / THE JAMBAR

Construction workers replace bricks on the south side of Cushwa Hall.

# Dudes for St. Jude's

BY JAMBAR CONTRIBUTOR  
DAVID FORD

The Youngstown State University chapter of the Tau Kappa Epsilon fraternity is currently raising money to donate to St. Jude's Hospital, the fraternity's national charity.

According to Kevin Kosko, the president of YSU's TKE chapter, said the frat's national goal is \$2.6 million, while the chapter at YSU's goal is \$1,300.

"All of the fundraising is designed to collect donations to build a machine in St. Jude's that is specifically designed to detect and eradicate brain tumors," Kosko said. "I was first told by a fellow brother at the University of Central Florida and I was definitely interested in helping."

As of now, six members of TKE are participating in the St. Jude fundraiser with volunteers from other organiza-

tions helping out.

Liam McCarthy, a fledgling member of TKE, said that the original donation goal for the YSU chapter was \$1,000, but since extra volunteers decided to help, the goal was raised to \$1,300.

"Collectively, between our online donations and our basket raffles, we have raised around \$210 towards our goal of \$1,300, McCarthy said. "We will be having tables in Kilcawley Center during the week leading up to our event on the 29th."

McCarthy hopes that these tables in Kilcawley will ultimately help reach the ultimate goal before their event later this month. McCarthy also stated that the event will be attended mostly by Greek life and some chapter alumni, but encourages all students, as well as friends and family to attend.

There is currently no clear timetable as to when TKE's ultimate goal of \$2.6 million will be met, but several members expressed hope that it would all be completed

relatively soon.

Noah Tomallo, a member of TKE at YSU, said that the entire donation goal for the entire fraternity will hopefully be met by the end of the year.

"As of right now, I'd have to give an estimate that the entire goal will hopefully be met by the end of this year," Tomallo said. "I can't say that with certainty, but we are definitely hopefully about it."

Kosko said that his fraternity is involved with an event called Bald Dudes for St. Jude's, where each participating member will get their heads shaved bald by someone in the audience. The event coincides with the entire fundraiser for St. Jude's Hospital.

"Currently, my monetary goal is \$750. If the goal is met, we will auction ourselves off at the event to the highest bidder," Kosko said. "The highest bidder will get to shave that member's head."

Bald Dudes for St. Jude's is April 29 from 7 to 9 p.m. at The Hub.

# The Jambor Column

## *The Slower China*

BY JILLIAN SMITH

I am writing this in the soft drizzle of the Chengdu evening rain. The rain in Shanghai is hard and fast, just like the pace of life in that city. Chengdu rain is gentle, dampened by the greenery that grows up along the sides of all the buildings here. It was a long 15-hour train ride to Chengdu, and I have come to find that there is no way to accurately understand China by simply remaining in one place. Shanghai is for the hard working, money making materialist. Food is made to be eaten on the go because there is no time to sit down. Coffee is preferred to tea because it gives a bigger buzz. In Chengdu, old men sit on stools on the sides of the road, playing mahjong. Buildings still retain some elements of an older time and everyone is willing to stop and explain directions to me.

One is not better than the other per se, but it is nice to be in a China that is slower and calmer for a change. I am sitting near the window of the dimly lit hostel lobby. The breeze lets in the electrifying smell of a new and foreign place. It caus-

es the red paper lanterns and brightly colored Tibetan religious ornaments to sway back and forth from the ceiling, seemingly in time to the peals of clarinet and swanky notes of Ella Fitzgerald's voice being played through an old time phonograph.

Near me, a group of Australian students pick at a guitar, planning their next adventure to some little known mountain town. Across the way, a German couple feeds their two little girls. I am talking with two British women who have temporarily left their self-owned catering business to tour as much of Asia as possible. A boy from Holland with a man bun tells us that he is on a mission to build, own and operate the best bar on the continent.

I show them pictures from our day earlier. We had traveled to Qingcheng, a sacred Daoist mountain. The pictures show a China that is lush and green, with impossibly tall and straight trees and a thick carpeting of moss. Brightly robed priests offer incense and fruits to carvings of Lao Tzu. Grey mist softens the stark black silhouettes of temples carved into the sheer faces of towering mountainsides. An impossibly old pilgrim was mak-

ing a religious journey up the mountain. A massive pack was strapped to his small and wiry back and his knees shook under its weight. Each step looked as though it could have finished him, and yet he carried on, unhindered by the tourists around him.

I am interrupted by my friend's call to get dinner. We are starving, she says, and so we plan to just walk the street until we smell something good. Luckily, that does not take long. I order a dish that looks healthy enough. We sit down at the little plastic stools in the open air restaurant. I am floored by my meal. Long, fresh doughy noodles cooked in a mildly spicy beef broth with cilantro, chickpeas, Chinese cabbage and garlic are steamed in as well. The scent of it was enough to bring me joy, one bite and I was nearly in tears.

As I slurp my noodles happily, I am hit with an appreciation for this new and slower pace of life. The fastness of Shanghai is not a bad thing; each day I am there is one of energy, change and excitement, but sometimes in China and as well as, I think life in general, depth, richness and deliciousness is vastly revealed the moment things slow down.

# Editorial

## *Help Prevent Crimes, Don't Watch Them*

A 74-year-old man was murdered in Cleveland on April 16, 2017. A teenage girl was gang raped in Chicago on March 22, 2017. Both of these events were live-streamed on Facebook by the perpetrators for the world to see.

Facebook has been receiving backlash for not taking these gruesome videos down quickly enough.

For example, in 2016, a live video of a man being killed in a drive-by shooting was seen by 550,000 people on Facebook before it was removed, according to Fortune.com. The graphic video of the Cleveland man's murder wasn't removed until three hours after it was posted.

Here's the thing; the people who watch these videos and do nothing about them deserve backlash, too.

As a Youngstown State University student, there are going to be plenty of happy moments that you may consider broadcasting on Facebook Live. Maybe you want to share your student organization's events, your fun nights out and your college graduation with your friends and family.

But sharing disturbing videos where crimes are being committed and someone is being hurt is unacceptable. Instead of passing this type of footage on, report it. Flag it on Facebook and call the local police. This will help authorities catch the criminals.

People who don't report on these live-streamed crimes may face consequences — the 40 people who watched the video of the gang rape in Chicago may face charges from the police after failing to report it, according to NPR.org.

After several incidents of disturbing videos being posted, people are questioning if Facebook's live-stream should be an option, because it seems to give people who want to broadcast their wrongdoings an audience.

Facebook Live is a powerful tool, just like other forms of social media. The thing is, powerful tools can fall in the wrong hands if left unchecked. It's important to not observe these instances, but be actively involved in stopping them.

# The Press Box Perspective: What do the Browns do with Top Draft Pick?

BY ANDREW ZUHOSKY

It's only one week until the 2017 NFL Draft, held this year in Philadelphia for the first time since 1961.

The draft will also be held entirely outside on the Benjamin Franklin Parkway this year.

Unless you happened to be in a coma during last football season, you already know that the Cleveland Browns have the first and 12th picks in next Thursday night's first round. Cleveland ended last season with a 1-15 record. The Browns' only win came on Dec. 24 last year against the now-Los Angeles Chargers.

If you remember, about a week before last year's NFL Draft, the Browns and Philadelphia Eagles traded their respective first round selections, with Cleveland holding the eighth selection before trading it away to the Tennessee Titans, who traded away the 15th pick after getting it from the Los Angeles Rams.

The Browns chose former Baylor University wide receiver Corey Coleman after the series of trades, while the Eagles drafted former North Dakota State University quarterback Carson Wentz.

This year, the Browns will be followed in the selection order by the San Francisco 49ers, who also posted a 1-15 record last season. It's been well documented that the Browns don't know who to utilize the top selection on.

Will it be former University of North Carolina quarterback Mitch Trubisky, who passed for 3,748 yards and 30 touchdowns en route to the Tar Heels' appearance versus Stanford University in last year's Sun Bowl?

Or will it be Myles Garrett, the defensive end out of Texas A&M University, who recorded 7.5 sacks and 33 tackles, along with two passes defended last year for the Red Raiders?

Here's another question to ponder, do they pick someone

else? Will they even keep the pick?

Let's begin with sizing up Trubisky. This is a guy that several NFL teams could easily plug into the starting lineup and there'd be a chance for success.

Think about it.

If I were an NFL general manager and my team had to suit up and play a game this weekend, I'd want Trubisky out on the field at quarterback. 30 touchdown passes, 3,748 yards thrown, making for a per-game average of 288 yards.

Given the choice of Trubisky and Garrett, I'm drafting Trubisky in a heartbeat.

OK, now let's put Garrett under the microscope. In his Texas A&M career, he notched 147 tackles (61 tackles for loss), 31 sacks, seven forced fumbles, a fumble recovery, and one interception.

The Browns were 31st of 32 franchises last year in total defense, so I think Garrett would also be a good fit.

However, the Browns could also pass up both Trubisky and Garrett in favor of former University of California and Texas Tech University quarterback Davis Webb, who threw for 9,852 yards and 83 touchdowns in college, 37 of which came last year at Cal.

In my opinion, Webb is more of a pro-ready quarterback in this year's draft compared to Trubisky. If I were a GM and my team had to play this weekend, given the choice of Trubisky and Webb, I'd draft Webb.

Then again, the Browns could trade the pick away, clearing the path for the 49ers to draft either of them, in which case I think Webb, being a California product, would have the advantage over Trubisky.

Bear in mind that we're still seven days out from the draft, and while the Browns organization has the toughest call of the event, we have it easy, deciding between TV coverage on ESPN and NFL Network.

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# Offense Everywhere: YSU Sweeps the Series



PHOTO COURTESY OF YSU SPORTS INFORMATION

Maddi Lusk (10) started in two out of three wins against Wright State University. YSU won those games 4-1 and 11-3 on April 18.

BY RICK HENNEMAN

The Youngstown State University softball team (20-24, 8-7 in Horizon League) entered Tuesday's mid-season matchup against Wright State University (14-24, 9-6 HL) after a tough week at Northern Kentucky. The Penguins won just one of the three games in the series against the Norse but looked to get back on track against the second-ranked Raiders.

The Penguins were able to do just that and swept WSU in the doubleheader with a combined score of 15-4.

Pitcher Maddi Lusk started game one of the doubleheader in the circle for YSU with junior Ashley Sharp pitching for the Raiders.

The Penguins got on base early in the first inning as Sharp walked two batters. A single to left from right fielder Sarah Dowd loaded the bases for YSU but Sharp struck out Lusk to end the inning.

WSU got on the board first in the second inning with a single to left field from junior Kelly Dillow that drove in one run. The bases were loaded for the Raiders but an impressive sequence from Lusk ended the inning.

The Penguins tied the game up during the bottom of the second off an error but got out in front in the third. Lusk gave herself some run support with a three-run homer to left that put YSU up 4-1.

YSU would hold on to win game one 4-1.

Lusk pitched seven innings with one earned run along with her three-run homerun. Dowd finished game one 2-3 at the plate with one run scored. Sharp pitched two innings for WSU with three earned runs.

"She keeps the ball relatively low which is good for the infield," YSU senior Brittney Moffatt said about Lusk's performance. "We get a lot of action when Maddi is pitching. Usually we know what pitches are going to be called and nine times out of ten I know where the ball is going before it is even hit."

Lusk returned to the circle for game two of the doubleheader. Ally Russell started for WSU.

The first inning was all about offense for both teams as the Raiders scored two runs. The Penguins bested WSU in the first with five runs in response including RBI singles from Lusk and Moffatt.

Lusk found success at the plate again in the second inning with a single to left field that drove in senior Maria Lacatena. The Penguins' bat magic stayed with them in the third inning as Moffatt and junior Cali Mikovich both hit RBI singles.

YSU led WSU 8-2 at the end of the fourth inning.

The Raiders began a comeback in the fifth inning after a sacrifice fly to right field from Becka Peterson scored one run.

However, with no outs in the bottom of the sixth, freshman Tatum Christy hit a three-run bomb to left field that

ended the game 11-3.

"I felt like I was in the zone all day," Christy said about her walk-off. "I was seeing the ball well but stuff wasn't dropping early. I was trying to get a base hit really. I had no idea that it was a walk-off when I hit it but it was a good feeling."

Lusk pitched six innings with three earned runs along with two RBIs at the plate. Her back-to-back wins improved her record to 12-12 on the season. Moffatt was 2-3 with two RBIs.

"They [YSU] came out swinging the bats today and put some runs on the board," YSU head coach Brian Campbell said about the Penguins' performance. "We made a couple miscues but overcame it offensively. Maddi pitched tremendously and I am truly proud of the hitters."

In the third game of the series, YSU scored early and often. YSU led WSU 4-1 after the second inning behind Moffatt and Lacatena RBI singles. Paige Geanangel threw six innings while giving up seven hits, four earned runs and recorded just one strikeout. Lusk pitched one scoreless inning in the seventh to record her first save of the season. YSU won 7-4 behind Moffatt's four RBI day and an Alex Gibson home run. It was her third home run of the year.

YSU now goes on the road to take on the University of Wisconsin-Green Bay with a doubleheader on April 22 and a single game on April 23.



# Peaking at the Right Time:

## Women's Golf Prepares for Horizon League Championships

PHOTO COURTESY OF YSU SPORTS INFORMATION

BY RICK HENNEMAN

The Youngstown State University women's golf team could not have asked for a better way to end the week leading up to the Horizon League tournament. The YSU women won last Friday's Pine Hills Shootout with Penguins' golfers taking the top two spots.

Freshman Reva Morris took first place while sophomore Christina Cooper finished four strokes behind in second. Amongst the teams competing in the Shootout was Horizon League rival Cleveland State University who finished third.

"It was great to build some momentum going in," YSU head coach Nate Miklos said. "We went out there and put together a very solid round. We had four solid scores and that's what we need every day at the tournament to reach our goal."

One of the biggest stories surrounding the Penguins this season and certainly this week leading up to the championship has been the play of Morris.

Morris has been leading YSU with consistent scores in the mid-70s over the last few months but wasn't able to grab an individual victory until this past week.

"It was huge for me being my first collegiate win," Morris said about the win. "This team provides for each other and we have our coaches behind us too."

The preseason polls ranked YSU second in the Horizon League and Miklos challenged the Penguins on day one to get better at something every day. He reflected on his team's form with just a few days left in the season.

"We made a lot of progress over the spring," he said. "We've gotten better at a lot of little things and it is starting to show in the way we are playing."

The only team ranked ahead of YSU at the beginning of the season was Oakland University. The Golden Grizzlies were part of the memorable finish to the Penguins' 2015 Horizon League championship winning season. YSU was just one shot ahead of Oakland through nine holes of the Horizon League tournament finals that year. Miklos said that he could see a similar situation in this year's tournament.

"This year I think there are four teams; Oakland, Northern Kentucky, Cleveland State and us," Miklos said. "We have teams that are strong enough to go out there and get it done. I really like the way we are playing – we are peaking at the right time. I feel pretty confident that we can go out there and take care of things to get back to where we want to be."

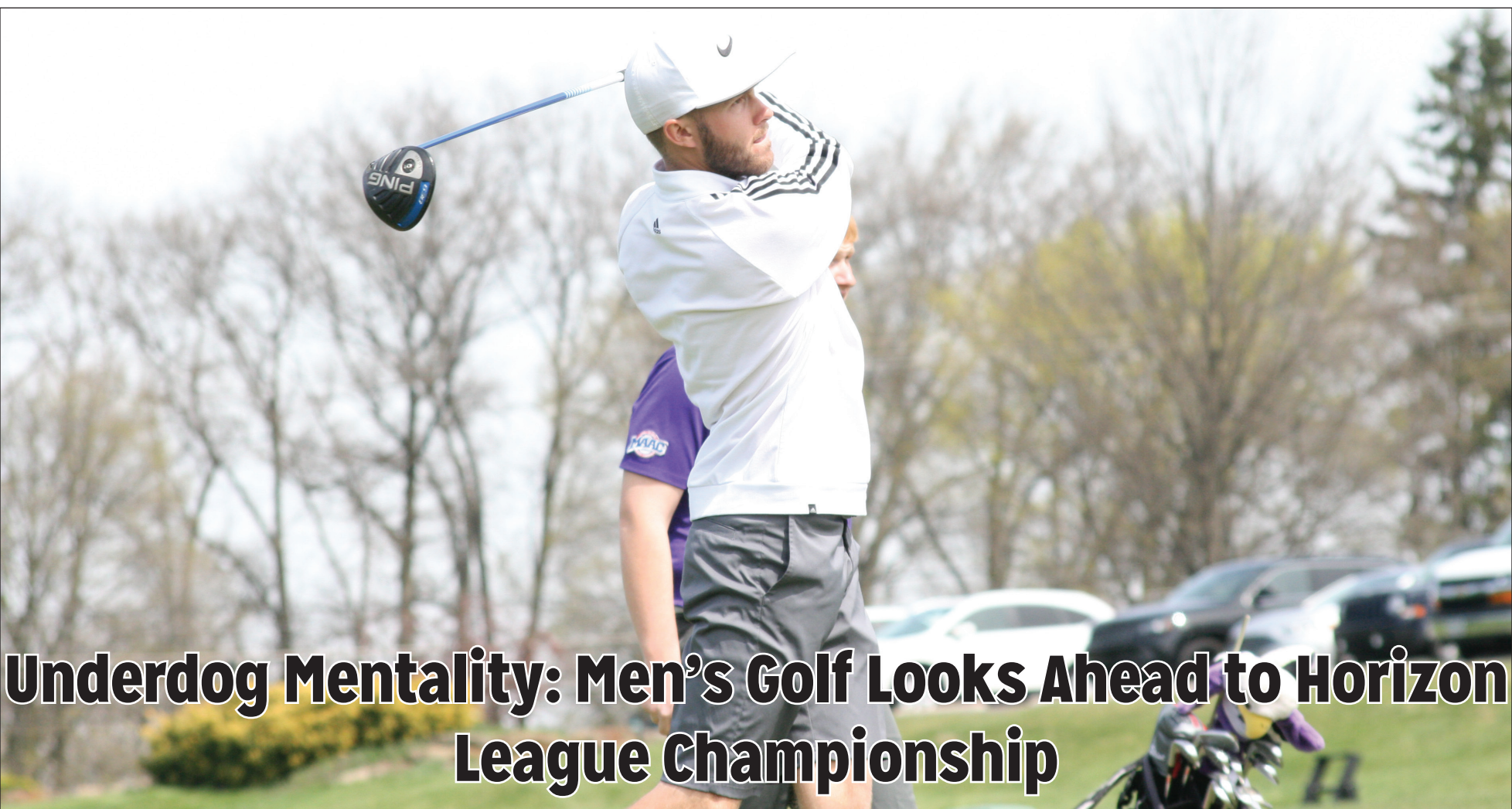
While the youth on YSU's team seemed to shine during the regular season, the experience that the older leaders bring to the team will be crucial to the Penguin's success this weekend. Players like senior Mia Barchetti and junior Courtney Shutt have found themselves towards the top of leaderboards many times this year and throughout their college career.

"They have been really awesome," Morris said. "They have been super supportive of everything I do and they are great at bringing the whole team together and lifting us all up. The whole team has been supportive of each other."

Golf is a sport that is often all about confidence in one's own game and Morris did not shy away from saying how confident she and her teammates are about this weekend.

"We never once thought about not winning," she said. "We are very excited to compete and we love the competition. We are going to go out there and play our best; we are going to put all of our effort into every single shot and every single swing."

First-round play of the Horizon League tournament will begin this Sunday at the Las Colinas Golf Course in Howey-in-the-Hills, Florida. The competition will wrap up on Tuesday.



## Underdog Mentality: Men's Golf Looks Ahead to Horizon League Championship

PHOTO COURTESY OF YSU SPORTS INFORMATION

Thomas Lydic tees off during the Robert Morris University Colonial Classic. YSU came in seventh out of nine teams.

BY RICK HENNEMAN

The Youngstown State University men's golf team will enter this weekend's Horizon League championship tournament, looking to end the season on a positive note. The fall season showed YSU head coach Tony Joy that his team could be successful during the spring.

Unfortunately for the Penguins, this season has been plagued with injuries to some of the top players on YSU's roster.

"Steve Sveda had some back issues that caused him to miss some events," Joy said. "Domenic Carano, who is the second best player on the roster as far as averages go, got sick in late March and hasn't been able to play all spring. The results haven't been there but I realize that there have been chemistry changes over the last few weeks."

Joy also said that Sveda is back to about

90 percent and is expected to play in the championship this week.

The team as a whole had big shoes to fill even before the injuries this year with the absence of Brandon Pluchinsky. Pluchinsky was the reigning Horizon League Player of the Year and graduated after last season. He finished eighth in the championship last year.

With the absences of key players on the YSU team, younger and less experienced golfers have had to step up. Joy said that he is impressed with how they have been playing lately.

"The kids are getting better," Joy said. "The ones that are traveling have a little more confidence because they weren't thinking they were in the line-up originally. I saw some good things at Ball State last week and a couple good things a few weeks ago at IU [Indiana University] especially for some of the kids that I didn't expect to be in the line-up."

The Penguins have a history of per-

forming well in the championship tournament. Last season, Sveda finished sixth in the tournament with a final round with a score of 76 while sophomore Jason McQuown finished thirtieth with a final round of 77.

The tournament will be held at the Mission Hills Resort in Howey-in-the-Hills, Florida where the Horizon League teams will take on one of the most difficult courses in the country. Joy believes that Sveda and McQuown's experience on that course will give YSU an advantage.

"It's a really difficult golf course," Joy said. "You never know how the kids will react, but we have two guys that have played there before. If a couple of these teams have some newcomers that aren't used to a conference championship on that type of course, the dynamics can change. Everyone has heard the war stories about that course."

YSU will tee off earlier in round one on Sunday to their lower conference ranking.

However, Joy believes that being on the course early will give the Penguins an advantage.

"We are going to go out and post some numbers early and with live scoring all the coaches will know what's going on early," Joy said. "We will be able to put some pressure on the top teams from the start."

Regardless of the rankings, injuries or previous performances this season, Joy and the rest of the team are looking forward to playing against the best in the Horizon League. One or two great performances can change the outcome in any tournament setting.

"I'm optimistic and I'm not going down there thinking we are the lowest ranked team," Joy said about the championship. "You have to be positive in a situation like this. You never know and you just have to tee it up and see what happens. The mindset is there and the rankings don't mean a lot in a three-day event, anything can happen."