

# BULLETIN

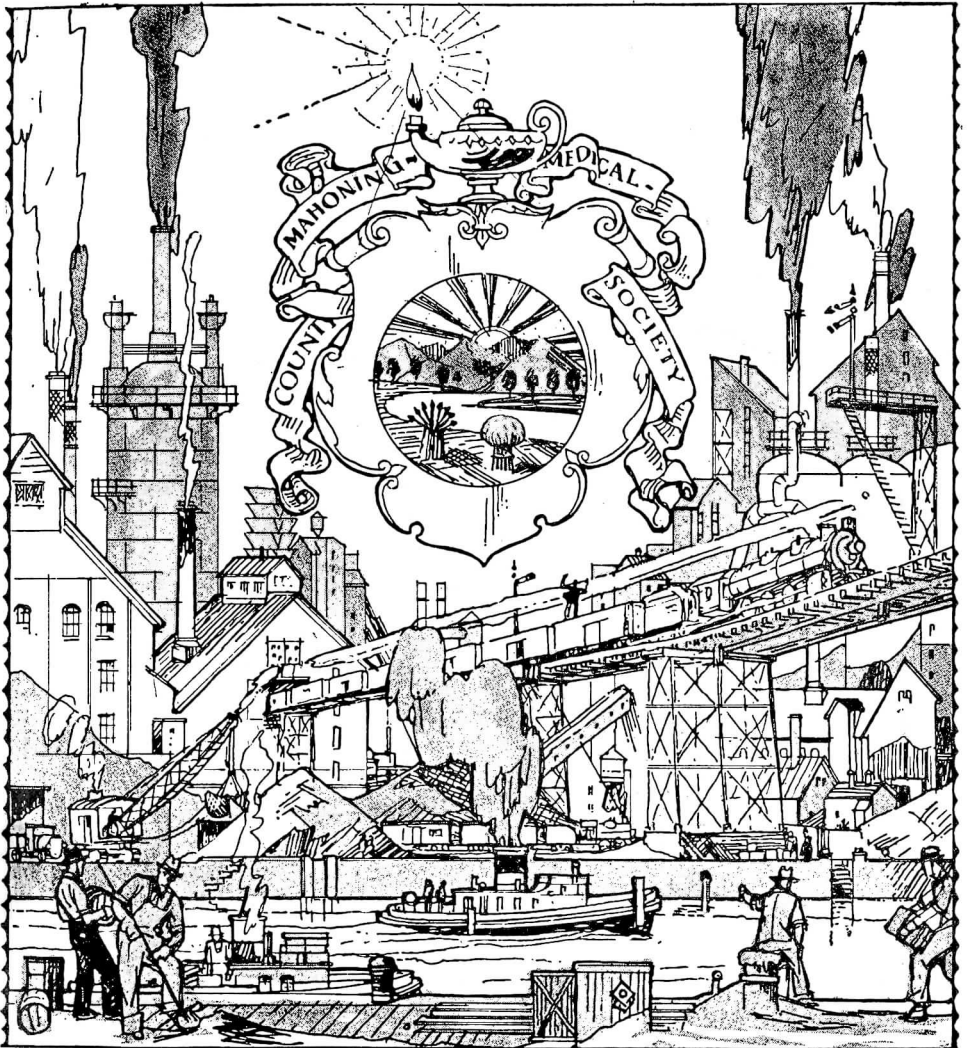
of the

## MAHONING COUNTY MEDICAL SOCIETY

Volume XXXIII

Number Eight

AUGUST, 1963



# SOURCE: "Food and Your Health"

## CHOLESTEROL CHART\*

	<i>Cholesterol in milligrams</i>
<b>HIGH</b>	
Liver (4 oz.) .....	384
Eggs (1 medium) .....	340
Veal (4 oz.) .....	168
Beef (4 oz.) .....	150
Chicken (4 oz.) .....	108
<b>MEDIUM</b>	
Halibut (4 oz.) .....	77
Flounder (4 oz.) .....	72
Salmon, (Pacific) (4 oz.) .....	72
Sardines (3 oz.) .....	70
Cheese (2 oz.) .....	63
Cod (4 oz.) .....	60
<b>LOW</b>	
Cream Cheese (2 Tablesp.) .....	36
Milk (1 cup) .....	33
Ice Cream (½ cup) .....	31
Whipped Cream (1 Tablesp.) .....	18
Bacon (2 slices) .....	16
Butter (1 pat—5 grams) .....	14

\*Syndicated column appearing in Toledo Blade, October 26, 1961, by Dr. Frederick J. Stare, Dept. of Nutrition, Harvard University.

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Published Monthly in Youngstown, Ohio  
245 Bel-Park Bldg.

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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff or the official views of the Mahoning County Medical Society.

Volume XXXIII

August, 1963

Number 8

Published for and by the Members of the Mahoning County Medical Society

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## MD KEYSTONE

More agencies, organizations, charities, politicians, industries, unions and insurance groups, get into the act with the practice of medicine daily. This is correct—"get into the act"—because without the Doctor of Medicine there is no act.

Without us, the private practitioners of medicine, there is no need for medical insurance, whether it be through the union, the employer, the charities or what have you. Without the physician, the hospital becomes just another fancy building with multiple ancillary personnel, who lack direction. Without the physician, there are operating suites not operating, laboratory technicians without analysis to perform, X-ray technicians without X-rays to take, psychologists without patients to test, nurses without guidance to treat the ill, and record rooms with no need for record librarians. We are the only persons with the education and the legal license to care for the sick.

Many members of the various "medical affiliates" are trying in one way or the other to indicate that the doctor's services can be bought and sold by them.

Let's face one fact, the Doctor of Medicine is the Keystone of the health service of our nation and without him the other stones in the arch of medical care collapse. Some of these medical affiliates came about because we, the doctors, helped create them. Some came about because they wanted into the act.

It must be made clear to all groups that the physicians will fight to remain free and unfettered to give the best care to patients.

In the era of the shorter work week, the higher wage scale, and the new frontier, it is ridiculous for us as physicians who are putting in a longer work week—at a pay scale not nearly so inflated as the rest of our economy, to be anything but completely united in opposing any and all groups, who are trying to encroach on our freedom.

As a united group, we are a Keystone of Granite—as an un-united group we are like clay in the arms of an arch trying to crush us. Doctors! We are most important in this whole plan. We will not give active consent to a take over by a third party or parties. Let us not give passive consent by failing to unite into a solid body opposing them.

—Reprinted by permission St. Louis Medicine

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## ATHLETIC INJURY PROGRAM THIS WEEK

An Athletic Injury Conference for Mahoning County high school athletic personnel will be held by the Mahoning County Medical Society on Wednesday, Aug. 14, at Boardman Junior High School.

The Conference is a function of the Athletic Injuries Committee, Dr. J. Allan Altdoerffer, chairman. Arrangements were made by Dr. G. W. Cook.

The program, from 9:00 a.m. to 1:00 p.m. will include:

WELCOME—Asher Randell, M.D., president of the Mahoning County Medical Society.

CONDITIONING, NUTRITION AND DRUGS IN HIGH SCHOOL ATHLETICS  
Michael Vuksta, M.D.

MOUTH PROTECTION IN ATHLETICS—Arthur Nicolette, D.D.S.

INJURIES DURING PRACTICE—Robert Parry, M.D.

PROTECTIVE AND THERAPEUTIC TAPING—Willard Webster, Athletic Director and professor of Biology, Youngstown University.

ORTHOPEDIC CONDITIONS RESTRICTING ATHLETIC PARTICIPATION—  
G. W. Cook, M.D.

HEAD AND NECK INJURIES—Fred G. Schlecht, M.D.

ORTHOPEDIC APPROACH TO ATHLETIC INJURIES—W. H. Charlebois, M.D.

ARTIFICIAL RESPIRATION—James M. Gordon, M.D.

The conference is open to all interested in the prevention and treatment of athletic injuries. Members of the Mahoning County Medical Society are invited to attend.

## NEW CHAMBER OF COMMERCE MEMBERS

The Youngstown Area Chamber of Commerce membership campaign came close on the heels of the resolution, adopted by the Ohio State Medical Association, recommending that each member affiliate himself with his local Chamber of Commerce.

New members, in addition to the 56 physicians who already hold Chamber membership, are:

Dr. J. Allen Altdoerffer

Dr. Armin V. Banez

Dr. Ben C. Berg

Dr. Vernon L. Goodwin

Dr. S. D. Goldberg

Dr. Paxton L. Jones

Drs. McElroy, Cook, Foster & Bauer

Dr. A. W. Miglets

Drs. Resch and Schreiber

Dr. Paul E. Ruth

Drs. Tamarkin, Scheetz & Altman

Although the membership campaign is closed, new members are acceptable at any time. Physicians wishing to join may do so by contacting the office of the Youngstown Area Chamber of Commerce, or the office of the Mahoning County Medical Society.

*Contributions to The Bulletin are always welcome. Leave or phone any new extracts or material of interest with the editor or other members of the staff, before the 15th of the month. The office of the secretary of the society will also accept such contributions.*

*All such statements or comments in The Bulletin are the statements or opinions of the writers and are not necessarily the opinion of the Mahoning County Medical Society.*

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Civil War Centennial**YOUNGSTOWN PHYSICIANS IN THE  
CIVIL WAR****Dr. Thomas J. Shannon****Dr. George Edgar Allen****Dr. Myron S. Clark****Dr. Charles N. Fowler****Dr. John McCurdy****Dr. William J. Whelan****Dr. John E. Woodbridge****Dr. Timothy Woodbridge**

There were eight physicians in Youngstown and Mahoning County at the beginning of 1861. This included old Dr. Henry Manning who, at the age 74, seemed to be at the height of his colorful career (he was to be president of the Mahoning County Bank during the war years). However, as a concession to his age, he had to cut back his practice considerably. National politics was a favorite topic of discussion in this town of 2,800. There was some talk of war and a feeling of uneasiness.

On April 12, it happened. Fort Sumter was shelled, and the United States suddenly faced a strong and aggressive enemy—the rebellious South. Reaction came immediately. The call went out for army volunteers and in all of the northern states men hurried to respond.

Recruiting stations were set up in large centers all over Ohio. In rushing to enlist, Mahoning County men were hopeful that they would get to see some action before the war ended. At that time, hardly a person in the North thought that the war would last longer than a few months.

When the news of Ft. Sumter reached Youngstown, Dr. John McCurdy, who had been in practice only three years, prepared to enlist. He made arrangements for storing his few pieces of office furniture, posted a notice for all his patients, made a few last calls on patients and friends, including a young lady, Mary McEwen, whose company he enjoyed, and left for Camp Chase, Ohio on July 2 to accept a commission as assistant surgeon in the 23rd Ohio Volunteer Infantry. His commanding officer was Col. William S. Rosecrans.

About this time, Dr. Timothy Woodbridge made his decision. Even though most people thought that a man his age really shouldn't be called upon to defend his country, no one was surprised at his action. They were accustomed to seeing Dr. Woodbridge volunteer time and time again to undertake work of community improvement. Youngstown born and raised, he knew just about every family in town. He was their friend, doctor and advisor, but he was also an American who loved his country. So, at age 52, he went off to become a soldier, and going with him were many young men whom he had delivered into the world in his twenty-eight years of practice. He joined the 128th Ohio Volunteer Infantry as Surgeon, and went to his post at Johnson's Island in Lake Erie on Feb. 24, 1862.

On March 10, at age 36, Dr. Thomas J. Shannon traveled over to Camp Dennison, Ohio, and enlisted in the 2nd Ohio Volunteer Infantry.

In Poland, Dr. Charles N. Fowler, a general practitioner, had been fidgeting about the war. War news told of the humiliating defeat of Bull Run and Gen. McClellan's disastrous Peninsular Campaign, and Dr. Fowler could wait no longer. He took leave of his wife and, on Aug. 19, 1862, went to Camp Taylor near Cleveland to join the 105th Ohio Volunteer Infantry, a Western Reserve unit, as its surgeon. He was 34.

Meanwhile, other men, who were destined to become Youngstown physicians, were taking an active part in the war.

Myron S. Clark, 21, of Gallipolis, had just been graduated from Hiram College. As soon as school was out, he joined the 41st Regiment of the Ohio National Guard.

John E. Woodbridge, 20, a nephew of Timothy's, who had been educated in Youngstown and had moved away, enlisted in the 27th Kentucky Regiment.

Off in Northfield, Mass., a man who had no idea of becoming a physician, George Edgar Allen, enlisted in the U. S. Navy.

William J. Whelan, at 21, was already studying medicine in Detroit when he quit to enlist in the 1st Michigan Cavalry.

There was one more local doctor involved in the Civil War. When David Tod became governor of Ohio in 1862, he appointed three physicians to an Army Surgeons Examining Board. His logical choice would have been his own personal physician and warm friend, Dr. Timothy Woodbridge, but the good doctor was already an army surgeon. He therefore asked Dr. Charles C. Cook, a 62 year old Youngstown physician, to serve on the Board, which he did until his death in 1863.

\* \* \* \* \*

Dr. Timothy Woodbridge's regiment, much to the disgust of most of its members, stayed at Johnson's Island for the entire war. This was a Union prison where Confederate officers were held. Dr. Woodbridge was in charge of the hospital. He was mustered out with his regiment in 1865.

Dr. McCurdy and Dr. Fowler were in major actions during most of the war. Dr. Fowler became medical inspector of the 14th Corps. Dr. McCurdy was promoted to Surgeon at the battle of Antietam. Both were captured at Chickamauga and both were sent to Libby prison in Richmond for four months. After a prisoner exchange, they both returned to their outfits. They both marched with Sherman, except that Dr. McCurdy was again captured before Atlanta and spent six weeks in Confederate prisons before being exchanged. He became Assistant Medical Director of the 14th Corps.

Dr. Shannon and Dr. Fowler served together at the Battle of Perryville, Ky., where they were both mentioned in the same report of commendation by their commanding officer. Dr. Shannon was later transferred to the 116th Ohio Volunteer Infantry and promoted to the rank of Surgeon.

The 116th was a part of the Army of West Virginia. This was actually the Eighth Corps, and a small corps at that, containing only two divisions. Dr. Shannon was Surgeon-in-chief of the First Division. In the Eighth Corps he became well acquainted with two future presidents of the United States. Commanding the Second Division was Col. Rutherford B. Hayes, and one of the Corps Staff Officers was Major William A. McKinley.

The Eighth Corps had come under General Sheridan's command as he set about to sweep the Confederate troops out of the Shenandoah Valley. He was doing a masterful job of this, but on Oct. 19, 1864, while he was in Winchester, away from his Army at Cedar Creek, the rebel general Jubal

Early struck a surprise blow and threw the U. S. force back in confusion. Sheridan made his famous ride and saved the day, but Dr. Shannon had been killed in the Confederate charge.

William Whelan was captured at Winchester in the earlier Shenandoah Campaign. He was paroled in 1863 and served at an army hospital for the duration at which time he returned to his study of medicine.

Myron Clark, discharged from the 41st Ohio National Guard for a physical disability after one year, reenlisted in the 175th National Guard. He saw action at Cynthiana, Ky., and was taken prisoner for a matter of hours, but was recaptured by Union troops. He was discharged at Johnson's Island in 1864 and went to the University of Michigan to study medicine.

George Allen became an engineer on the gunboat U. S. Underwriter, which was captured off the coast of North Carolina, Feb. 2, 1864. For gallant conduct in assisting 18 sailors to escape, he was made chief engineer of the U. S. Lockwood. While in the navy, he met a physician who influenced him and he resolved to study medicine after the war.

Young John Woodbridge was plagued with ill health. This caused his discharge from the 27th Kentucky. Later he joined the 169th Ohio National Guard and was stationed at Ft. Ethan Allen, Va. After being mustered out in 1864, he studied medicine in Cleveland.

And so the war ended.

\* \* \* \* \*

Dr. Timothy Woodbridge returned to Youngstown. In 1872, he organized the Mahoning County Medical Society and served as its president for seven years, at which time he once again accepted an army surgeon's commission for three years at Fort Peck, Montana. He then returned to Youngstown to live out his years as the grand old man of medicine.

Dr. John McCurdy returned to his practice late in 1865 and lost little time in courting and marrying Miss McEwen. He served as first treasurer of the Mahoning County Medical Society and was later to be president for four years. In 1889, he became president of the Ohio State Medical Association.

Dr. Fowler returned home and moved his practice from Poland to Youngstown. He became first censor of the Mahoning County Medical Society and the first election of officers took place in his office.

Dr. Whelan, having received his medical degree from the University of Chicago, came to Youngstown in March of 1867 with a new bride. He was elected first secretary of the Medical Society.

Dr. John Woodbridge came to Youngstown to practice in 1871 just before the Medical Society was organized. He served as its president in 1888.

Dr. Myron Clark set up practice in Youngstown in 1873. He was president of the Medical Society in 1889 and 1890.

Dr. George Edgar Allen stuck to his vow to take up medicine, graduating from Boston University in 1877. He came to Youngstown in the same year.

Seven Civil War veterans came back from the war to practice medicine in Youngstown. The eighth was buried in Oak Hill Cemetery. On the monument in Central Square, his name leads all the rest. It reads "Surgeon-in-Chief, Thomas J. Shannon, First Army Division, Army of (West) Virginia."

—Howard Rempes

### Bibliography —

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- History of Youngstown and the Mahoning Valley (1921) Butler
- The Story of a Thousand—105th O.V.I., Tourgee
- War of the Rebellion—Official Records of the Union and Confederate Armies
- Roster of Ohio Soldiers 1861-66 In the Rebellion

## PRESIDENTIAL QUOTATION

It might be well for everyone to listen to the words of the President of the United States and to apply their meaning to the currently proposed King-Anderson legislation. He said: "The scarlet thread running through the thoughts and actions of the people is the delegation of great principles to that all-absorbing Leviathan the State. Every time we try to lift a problem to the government, to the same extent we are sacrificing the liberties of the people."

John F. Kennedy (1961)

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## MILK SANITATION

The City Council of Youngstown adopted a milk ordinance modeled after the 1953 recommendations of the U. S. Public Health Service in its "Milk Ordinance and Code," also known as the Grade A Milk Ordinance. The ordinance is enforced by the Division of Milk and Dairy Inspection of the Youngstown City Health Department, consisting of a chief and two milk sanitarians, with long records of service, two of whom are Certified Public Health Sanitarians.

The principal duty of two of the sanitarians is to inspect over 500 dairy farms located within about 50 miles from Youngstown, from which milk is shipped to Youngstown by cans or bulk tank trucks to milk processing plants, which are also under our direct supervision. Each farm is inspected at least twice a year, and more often, if necessary. The point value of each main item is listed on a score sheet.

A sample of raw milk is collected once each month from each shipment of milk and analyzed either by our own health department laboratory, or Stratton's laboratory, a contract laboratory in New Castle, Pa., approved by the Ohio Department of Health. The results of these analyses are reported to the Youngstown City Department of Health and posted on a master sheet.

The plate counts must conform to standards of 200,000 bacteria per milliliter for raw milk and 30,000 bacteria per milliliter for pasteurized milk. The coliform count standard is 10 per milliliter for pasteurized milk. The standard for pasteurized cream is 60,000 bacteria per milliliter.

If a sample of milk does not meet the standard, the producer is notified and a recheck made within a few days. If the excessive bacterial count persists or a violation is serious enough, the milk from that farm is excluded from the Youngstown milk market, until it is corrected and approved upon reinspection by the sanitarian. Raw milk is also tested for penicillin, which is not tolerated, even in a minute amount.

Water samples from each farm are also collected annually by the sanitarians and checked for purity either in our laboratory or the Ohio Department of Health laboratory in the Northeast District Office, Cuyahoga Falls.

In addition our sanitarians inspect premises for the retail sale of milk and/or ice cream and the Youngstown City Health Department issues permits therefore.

The inspection of milk processing plants, their equipment and products requires separate description.

The Producer Dairy Inspection Form for farm appraisal is available at our office for inspection by any interested physician.

—Sidney Franklin, M.D.  
Health Commissioner  
City of Youngstown

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## EMERGENCY MEDICAL IDENTIFICATION



The new emergency medical I.D. symbol devised by the American Medical Association's Committee on Emergency Medical Identification will undoubtedly receive nation-wide acceptance, and will fulfill a long-standing need.

The AMA will not manufacture an actual tag, although they do have an emergency medical identification card bearing the new symbol. However, existing manufacturers may be expected to adapt the symbol for their use.

The following organizations and manufacturers are known to make and distribute various kinds of cards, identification tags, bracelets, and similar devices for emergency medical identification and for the information of those performing emergency services.

This list is for your information only. It does not constitute recommendation or endorsement of these devices by the Mahoning County Medical Society nor by the American Medical Association, and it is probably incomplete. *Information on any of these devices should be obtained from the organization or manufacturer named.*

ORGANIZATION	DEVICE
Addressograph-Multigraph Corp. 1200 Babbitt Road Cleveland 17, Ohio	"Dog Tag" or Identification Bracelet and Plastic Data Card
American Diabetes Assn., Inc. 1 East 45th Street New York 17, New York	Identification Card
American Heart Assn., Inc. 44 East 23rd Street New York 10, New York	Anticoagulant Identification Card. To obtain, first check local Heart Association.
American Medical Association 535 North Dearborn Street Chicago 10, Illinois	Emergency Medical Identification Card, folds to wallet size.
Antin's Jewelers 308 Royal Street New Orleans, Louisiana	Engraved Metal Bracelet, Neck, or Key Chain
Atlas Identio-Belt Company 1010-18 Race Street Philadelphia 7, Pennsylvania	Belt with buckle that holds identifying data
Coreco Research Corporation 159 West 25th Street New York 1, New York	Medic-View Locket with data on microfilm insert and built-in magnifying lens for instantaneous viewing

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Combined Medical Identification and  
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Hemophilia Identification Disc  
on 24-inch chain

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Glaucoma Identification Card

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back of emblem to refer to medical  
card on person

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white plastic; also stainless steel Pin.  
All open to reveal data sheet enclosed.

---

Expansion Bracelet or Watchband  
with compartment for identification  
data

---

Identification Cards

---

Allergy identification cards and  
markers to be ironed on to clothing  
as notification that wearer carries card

## The Occupational Hazards of Physicians' Wives—I

1. My husband rarely truly listens to what I say. I appreciate that he listens and gives of himself all day—therefore, he is tired when his day is done. Yet, he is too preoccupied to really pay attention to my remarks. I often expect my husband absent-mindedly to present me with a prescription, or refer me to some physician.
2. My husband is idolized by many of his patients. I think he is grand and wonderful—But, he is neither perfect nor always right. You should see his reactions when I indicate that he is not perfect or right!
3. I do not have too much of a problem telling lies. But, what effects do these lies have upon my children?
4. How should I answer a 3:00 A.M. call "Is your husband home?" I'm sometimes tempted to answer—"Good heavens, I hope not". I have thought of many clever rejoinders to: "Is your husband in?" I hope I shall never say them.
5. How should I respond to criticisms of physicians? Of course, these critics clearly state that they are not referring to my husband. Please help me.

—Mrs. Cecil Ozler Exner

(The Bulletin welcomes all additions to this scientific contribution to medical practice. Please send your list, signed or unsigned, to the Mahoning County Medical Society, 1005 Belmont Ave., Youngstown 4, Ohio.)

---

## PLANNED PARENTHOOD SEEKING M.D.

The Planned Parenthood Association is currently looking for a physician to serve as a clinician on Mondays from 6:00 to 7:30 p.m. and on Fridays from 1:30 to 2:30 p.m. The same doctor could serve for both periods, or two doctors could take the separate days. The fee paid is \$10.00 per hour. Any doctor interested may call the Planned Parenthood office, RI 6-5641, in the Bus Arcade Bldg.

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## CANFIELD FAIR THIS MONTH

The Canfield Fair is less than three weeks away. One of the biggest attractions on the fairgrounds, in every way, will be the medical health tent sponsored by the Mahoning County Medical Society.

Eighteen exhibitors will have displays in the 120 x 60 foot tent. The total effect will give a well-rounded picture of the health service available in Mahoning County.

Exhibiting will be: The Mahoning Chapter of the American Academy of General Practice, Youngstown Society for the Blind, Blue Cross - Blue Shield, Mahoning Cancer Society, United Cerebral Palsy Assn., Corydon-Palmer Dental Society, Youngstown Hearing and Speech Center, Youngstown Area Heart Assn., Mental Health Assn., Mahoning County Chapter of Muscular Dystrophy, Planned Parenthood Assn. of Youngstown, Mahoning Valley Podiatry Society, Safety Council of Greater Youngstown, St. Elizabeth Hospital, TB and Health Assn., Mahoning County Medical Society and the Woman's Auxiliary.

The otolaryngologists will have a special exhibit on deafness, under the supervision of Dr. L. O. Gregg.

Physicians and their families are invited to make the medical health tent their headquarters while visiting the Fair.



# Bulletin Board



Dr. Angelo Riberi is getting set for his trip to Italy in September. Main purpose for the trip (he says) is to address the International Association of Cardiac Surgeons. He will have a chance to see his family in Turin, and make a few stops in other countries. . . . Dr. Joe Kupec will head West instead, first to San Francisco and the College of Surgeons meetings, then island hopping to our 50th state. . . . Other vacations: The Caccamos recently returned from a week's rest in Pennsylvania . . . the Squicqueros were on a fishing trip, and the rest of the staff is still listening to stories of the one that got away.

Less restful are the recent activities of Dr. J. J. Wasilko, a current Father-of-the-Bride. . . . Dr. Eli Saadi has astonished one and all with his recent high fashions. But the secret is out now—Peggy buys all his clothes. . . . Dr. Harold Reese's new convertible presents a problem. It looks as though it is speeding even when parked. . . . It is good to see Dr. Ivan Smith around the hospital again after his recent illness. Ditto Dr. Dick Clifford. We give them both our best wishes. . . . The whole staff is eagerly awaiting ex-Intern's day, August 22. Dr. John Stotler is in charge this year, and maintaining his usual calm amidst the storm of activity.

Finally, we wish to say "Good Luck" to the new additions to the staff who started practice in July. Let us know what you are doing, and you might find your name in print.

—Kurt J. Wegner, M.D.

\* \* \* \* \*

Vacations and hobbies are the main topics of conversation during summer time and this one has been no exception, even though the weather has been erratic this year.

For an interesting conversation, engage Dr. Frank Shaw to narrate his cruising experiences up and down the Rappahannock River and Chesapeake Bay. Frank has now a six ton, thirty foot ketch anchored in the Rappahannock. He is an avid sailor amongst the coastal waterways.

Flying still rates high as the current hobby fad. Dr. Kalman Kunin has advanced in his training and is now ready for instrument rating, having met all requirements successfully for it. Dr. Harold Hassel has just returned from Puerto Rico by flying his own Comanche Piper.

Dr. and Mrs. W. P. Young attended the recent AMA meeting in Atlantic City. Mrs. Young was a delegate in the AMA Auxiliary from Ohio. Dr. Young termed the meeting "most interesting."

Dr. and Mrs. William T. Martin and Dr. and Mrs. Armin Banez vacationed at Bedford Springs, Pa. Dr. and Mrs. Al Geordan toured the coast of Maine

and Dr. and Mrs. Clare Reese the eastern coast of Florida. And just staying home from the office for a few days can be mighty relaxing if done properly. Ask Dr. Bob Fisher about the second week of his vacation spent at the new Boardman Swim Club.

We must recognize the behind-the-scenes work done by the staff members entrusted with welcoming the new residents and internes. This is a tremendous job. We are happy to have this year as an interne, Dr. Richard W. Sears, son of the late Dr. Clarence W. Sears who also began his career by interning at the Youngstown Hospitals.

—John G. Guju, M.D.

\* \* \* \* \*

Dr. Donald H. Baker, who is a brother of our own Dr. Edgar C. Baker, was presented the Annual Alumni Award, 1963, from Western Reserve University School of Medicine for his distinguished career as a physician and a missionary.

Dr. William Xerxes Taylor, who practiced in Youngstown from 1910 until 1942, died at the age of 90 in Cuyahoga Falls. He was a native of Akron, a graduate of Western Reserve U. and did postgraduate work at Harvard, Johns Hopkins and the University of Berlin. Following 32 years of practice in Youngstown, he moved to Cuyahoga Falls.

Dr. Sidney Franklin was elected a member of the Youngstown Committee on Alcoholism and the Board of the Mahoning County Chapter of the National Foundation.

## POSTGRADUATE DATE SET

Mark this date on your calendar—Wednesday, October 23. This is the date of Postgraduate Day for the Sixth District, which will be held at Packard Music Hall in Warren. This is annually the biggest Postgraduate Day in Ohio, so plan to attend. The program will be announced in a later issue of the Bulletin.

### August 17

S. W. Ondash

### August 18

F. Gelbman

### August 19

W. T. Breesmen

J. J. Campolito

S. C. Keyes

J. R. LaManna

### August 20

O. M. Lawton

### August 22

R. J. Hritz

### August 23

W. D. Loeser

### August 25

A. W. Miglets

R. J. Jarvis

### August 26

C. K. Walter

### August 28

E. T. Saadi

### August 29

J. M. Basile

### August 30

D. R. Dockry

### August 31

L. J. Gasser

### Sept. 1

B. Taylor

### Sept. 3

D. E. Beynon

### Sept. 4

M. Krupko

### Sept. 5

W. H. Bennett

F. G. Schlecht

A. V. Whittaker

V. A. Neel

### Sept. 6

H. Holden

E. H. Jones, Jr.

### Sept. 9

C. E. Pichette

### Sept. 10

L. G. Coe

A. K. Phillips

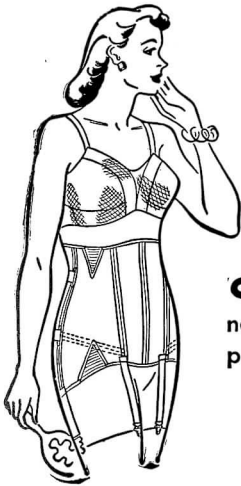
### Sept. 14

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### Thirty Years Ago — August 1933

The great Depression showed signs of lifting. The N.R.A. (National Recovery Administration) of President Roosevelt's New Deal was having some effect on employment. It was unconstitutional but at least it was action and it gave the people hope. Some of its provisions were "not to work any accountant, banking, office, service or sales employe in any office, store or public utility for more than 40 hours a week and not to reduce the hours of any store or service to below 52 hours a week. Not to pay any of the classes of employes mentioned less than \$14.00 per week . . . the minimum rate for office help and janitors is 35 cents an hour."

From an article by James Birch: "For several years we have seen a steady decline in our incomes. A canvass of a large number of local doctors disclosed the fact that in spite of a marked increase in general employment, the doctors' incomes showed no improvement. It may be pertinent to ask: Where is the New Deal for the doctor?"

President Harvey said: "A grave problem is the inadequate facilities for the care of the mentally ill. We must make an effort to provide a place more suitable than the county jail."

New members of the Society were: Raymond Hall, John F. Dulick, Andrew Miglets and J. L. Scarnecchia.

Howard Mathay opened an office in Girard and Walter Tims opened his on South Ave. for the general practice of medicine and surgery.

### Twenty Years Ago — August 1943

Dr. George M. Curtis came here to lecture on the "Nature of Blast Injuries." Fortunately no bombs were dropped on Youngstown during World War II but the Civil Defense Committee was active, holding frequent drills when Air Raid Wardens went around blowing whistles and tired doctors sat in blacked out school rooms while the sirens wailed.

Major S. D. Goldberg flew home from North Carolina and back the same day, just to have lunch with his family. Craig Wales was home from Texas to show off the new gold bar on his collar. Clara Raven was one of the first six women to be commissioned a captain in the Army Medical Corps.

Acting President Elmer Nagle wrote: "The grim realities of war cast their dark shadows across our paths and thwart us at each turn of the road. When this war is ended it is our sincere hope that we can return to the routine of prewar days."

A hundred of us sweating it out in far distant places echoed a hearty "Amen!"

### Ten Years Ago — August 1953

A truce had been arranged in the Korean conflict but Congress renewed the doctor's draft law over the objections of the A.M.A. It made physicians liable to induction in the military service up to age 51.

Mrs. Oveta Culp Hobby, the new Secretary of H.E.W., said "Dependency on the Federal Government is one of the evils of our times."

The Health Exhibit Committee for the Canfield Fair under M. M. Szucs had 18 members of the Allied Professions lined up for exhibits next month.

The Heart Association brought out a new booklet on congenital heart



disease entitled "Defects in General Practice" which caused some eyebrow lifting among the G. P.'s.

Ground was broken for a new addition to St. Elizabeth's Hospital to cost \$4,500,000.00.

Dr. Warren D. Coy died at the age of 81 after 50 years of practice. He was president of the Society in 1919, a skillful surgeon, philosopher and poet. He was a regular contributor to the Bulletin under the pseudonym "Uncle Dudley" and his book "Leaves of Life" is for sale at the Youngstown Hospital Gift Shop.

—J. L. F.

### THE RACONTEUR

To tell an oft repeated story  
And dream of long departed glory,  
To live again the hopeful past  
And cherish joys that could not last—  
Of life a page?  
Yes, this is age.

From "Leaves of Life"

By Warren DeWeese Coy, M.D.

## BOARD OF HEALTH BULLETIN

### Report for June, 1963

	Resident		Non-Resident		Total
	M.	F.	M.	F.	
Births .....	98	100	148	128	474
Deaths .....	82	69	68	63	282
Infants Deaths .....	4	0	2	5	11
JUNE, 1962					
Births .....	131	129	144	149	553
Deaths .....	70	69	57	42	238
Infants Deaths .....	4	4	1	3	12

### COMMUNICABLE DISEASES

	1963		1962	
	Cases	Deaths	Cases	Deaths
Chicken Pox .....	4	0	2	0
Diphtheria .....	0	0	0	0
Measles .....	28	0	6	0
Mumps .....	24	0	1	0
Scarlet Fever .....	0	0	0	0
Tuberculosis .....	4	2	5	2
Typhoid .....	0	0	0	0
Gonorrhoea .....	27	0	33	0
Syphilis .....	3	0	2	0
Infectious Hepatitis .....	0	0	2	0
Rheumatic Fever .....	3	0	2	0
Trichinosis .....	0	0	2	0
Influenzal Meningitis .....	0	0	1	0

### VENEREAL DISEASES

	Male	Female
New Cases		
Syphilis .....	2	1
Gonorrhoea .....	15	12
Total Patients .....		30
Total Visitor Patients .....		131

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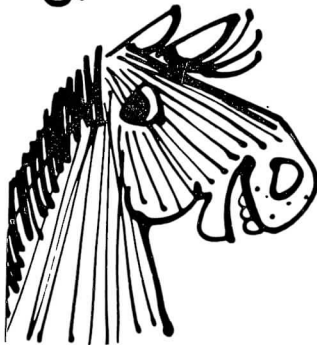
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## APOTHECARY CORNER

### HAVE YOU EVER BEEN BITTEN?

An untold number of deaths are attributable to the pesky mosquito! Drop for drop, honeybee venom is as poisonous as a rattlesnake's! Snakes blunder into biting an average of 1,500 people a year in this country! At least one variety of America's four poisonous snakes can be found in every state except Maine and Alaska.

Probably only 20 persons actually die from the poison of a snakebite each year; one authority maintains that shock brought about by fear is undoubtedly responsible for more deaths than actual poison.

Poisonous spiders have a venom that is far stronger than a snake's, but they have less of it to inject. Until recently, U. S. was supposed to have only one poisonous spider, the Black Widow; but a brown spider, dark cinnamon in color with a vague purplish body has been found in Texas, Oklahoma, Kansas, and Missouri. It is believed to have migrated from tropical America, and has a bite about as poisonous as the black widow's.

Black widow antitoxin is now produced by a drug manufacturer with the help of one of man's best friends . . . the old mare, who was a failure as a plow horse.

The honeybee delivers only a minute quantity of venom, but his method is unique. The stinger, complete with the poison sack and muscles rips out, killing the bee. But the muscles which remain with the sack will go on squeezing poison through the stinger for as long as twenty minutes. A burning itch is the first reaction you usually receive.

According to U. S. Public Health Service figures, 600,000 persons are bitten annually by man's alleged friend, the dog. The pooch population is estimated at 25,000,000, and Americans shell out about \$5,000,000 annually for dog bite treatment.

So while man might be master of the earth, he still must come to grips with his ancient animal antagonists!

—Bob White, Public Relations Chairman  
Northeastern Ohio  
Pharmaceutical Association

### 1964 MEETINGS ANNOUNCED

Planning ahead? Here are the dates scheduled for 1964 meetings of the Mahoning County Medical Society:

Saturday, Jan. 25—Annual Banquet  
Tuesday, Feb. 18—Meeting  
Tuesday, March 17—Medical Legal Banquet  
Tuesday, April 21—Meeting  
Tuesday, May 19—Meeting  
Tuesday, Sept. 15—Meeting  
Wednesday, Oct. 28—Postgraduate Day  
Tuesday, Nov. 17—Nomination of Officers  
Tuesday, Dec. 15—Election of Officers

The 1964 Annual Meeting of the Ohio State Medical Association will be held in Columbus the week of April 26.

The annual meeting of the American Medical Association will be held in San Francisco, June 21-25.

## BUSINESS FOR SEPTEMBER

Two important matters will face members at the Sept. 17 meeting of the Mahoning County Medical Society.

Following more than a year of work, Ohio Medical Indemnity (Blue Shield) has evolved a plan, to be known as the Comprehensive Plan, that will pay the physician's usual and customary fee. Since the plan necessitates the acceptance by the physicians within a given County, the plan will not be sold within a County without the approval of the county medical society.

A complete explanation of the plan will be found in the June 1963 issue of the Ohio State Medical Journal on page 611. It is recommended that every physician read it before attending the discussion at the September meeting.

The second matter of importance will be a vote on the amendment to the constitution of the Mahoning County Medical Society. No vote was taken at the last meeting due to the lack of a quorum.

---

## FEES PLAQUE AVAILABLE

A newly-designed office plaque inviting patients to discuss professional services and fees with their doctor is now available from the American Medical Association. The plaque reads:

### TO ALL MY PATIENTS

I invite you to discuss frankly with me any questions regarding my services or my fees.

The best medical service is based on a friendly, mutual understanding between doctor and patient.

The cost of the 6" x 10½" plastic plaque is \$1.25. It may be obtained by sending a check or money order to: Order Department, American Medical Association, 535 North Dearborn St., Chicago 10, Ill.

The council of the Mahoning County Medical Society recommends the display of this plaque in doctors' offices.

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## WHEN FISHERMEN MEET

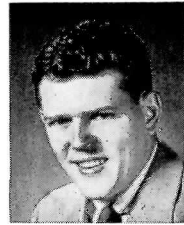
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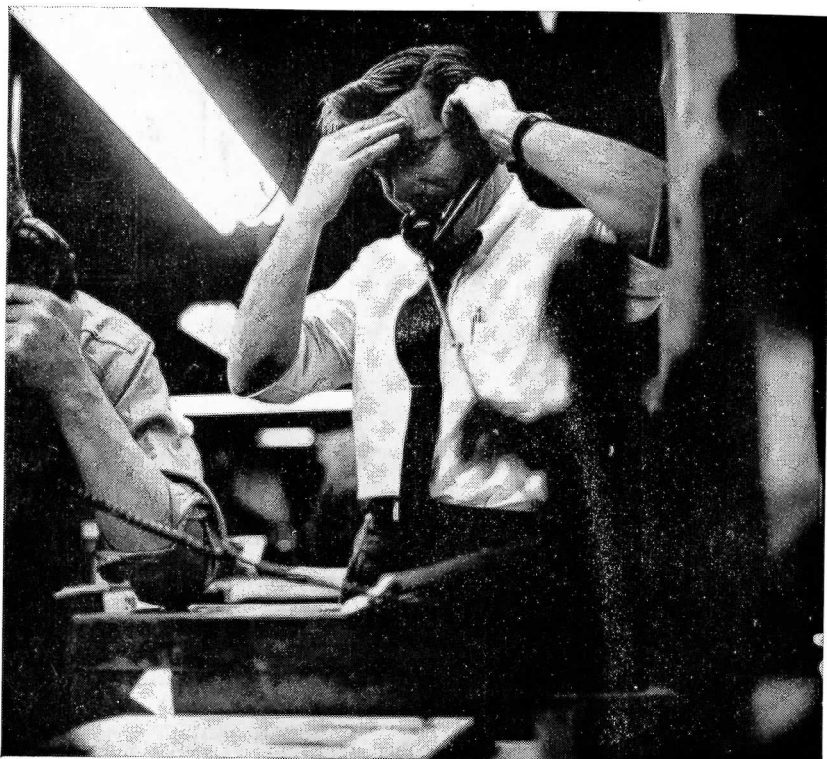
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**Average Dosage:** 0.25 to 0.5 mg. daily.

**Side Effects:** Occasional: lassitude, drowsiness, nasal

congestion, looseness of stools, increased frequency of defecation. Rare: anorexia, headache, bizarre dreams, nausea, dizziness. Nasal congestion and increased tracheobronchial secretions may occur in babies of mothers treated with reserpine.

**Cautions:** Severe mental depression has appeared in a small percentage of patients, primarily in a dosage above 1 mg. daily. Usually the patient had a pre-existing, incipient, endogenous depression which was unmasked or accentuated by reserpine. When the drug is discontinued, depression

usually disappears, but hospitalization and shock therapy are sometimes required. Daily dosage above 0.25 mg. is contraindicated in patients with a history of mental depression or peptic ulcer.

Withdraw Serpasil (reserpine) 2 weeks before surgery, if possible. For emergency surgical procedures, vagal blocking agents should be given parenterally to prevent or reverse hypotension and/or bradycardia.

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