

FROM THE RING TO THE STAGE: RAY 'BOOM BOOM' MANCINI

Ray "Boom Boom" Mancini mingles with guests before speaking at the Centofanti Symposium. Photo by **Frances Clause/The Jambar**

FRANCES CLAUSE

Rolling with life's punches and delivering his own — Ray "Boom Boom" Mancini believes life is all about the journey.

Mancini took the audience through his life journey from Youngstown to New York to California and back in the Chestnut Room of Kilcawley Center on Tuesday as part of the Centofanti Symposium.

Joseph Mosca, former dean of the Bitonte College of Health and Human Services, said the Centofanti Symposium is a way of raising social consciousness, where speakers typically discuss social issues and concerns. This year, the symposium focuses on celebrating Youngstown and those who have a positive impact.

"Ray is somebody who has lived through the evolution here, and he's brought a lot of pride and uplifting kind of feeling to Youngstown," Mosca said. "So, that's part of the reason we're having him speak tonight."

Moving back to the area in 2014 after living in Santa Monica, California, for 30 years, Mancini reflected on growing up in Youngstown's South Side.

"Everything I am now, everything I've ever been and everything I ever will be has to do with my family and my city," he said.

Throughout his boxing career, supporters from Youngstown followed him and, according to Mancini, carried him a lot farther than his body wanted to go. Mancini held the World Boxing Association lightweight title from 1982 to 1984 and was inducted into the International Boxing Hall of Fame in 2015.

"I knew I wanted to be a fighter since day one," he said. "I never wanted to be anything else because of my father. My father was a fighter in the '30s and '40s. He was my hero."

Mancini's dedication to Youngstown is evident in his career, with four fights at Packard Music Hall, one at the Mollenkopf Stadium in 1982 and others in the area that all lead to victory.

But the lightweight champion endured life's heavy punches during a tragic fight against Kim Duk-koo, a South Korean boxer who later died due to his injuries.

Mancini told his audience that he takes the time this month to reflect on that day in Las Vegas in front of thousands of spectators.

"Part of me died with him," Mancini said. "I fought for righteous reasons: to be world champion for my father. I fought for the noble art. ... I fought for righteous reasons, but after that fight, there was nothing righteous about it for me."

With his love taken from the sport, he took time off. But he later made a comeback in 1989 and fought before retiring for good in 1992. He has since worked as an actor and sports commentator.

The audience in the Chestnut Room was moved by Mancini's stories, including David Luscher, a 1997 Youngstown State University graduate and associate director for WYSU.

Luscher said he grew up in the late '70s and early '80s and it was impossible to not know about Mancini and his impressive rise to the top of the fight game.

"Ray came along when the area desperately needed to believe in itself again. His fighting style and the challenges in his life became a metaphor for the challenges we were all facing," Luscher said.

Luscher believes the key takeaway from Mancini's speech was success happens when preparation meets opportunity.

"In anything in life, you have to be hungry for what you want and be willing to make the sacrifices," he said.

"Don't talk about what you're going to do; show people what you're going to do," Luscher added, echoing Mancini's speech.

Mancini continues to affect Youngstown by giving back to the community and teaching audiences about the meaning of "life is all about the journey."

"It's about the experiences we have along the way, the relationships we make along the way, and so when it is all said and done, you're going to remember the journey," Mancini said. "You have to have a goal in mind. It ain't about the destination, and it's been a pretty good ride for me."



Ray "Boom Boom" Mancini talks about his life journey at the Centofanti Symposium in Kilcawley Center's Chestnut Room. Photo by **Frances Clause/The Jambar**

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YSU FOUNDATION OFFERS PUERTO RICAN COUSINS A SHOT AT SUCCESS

Yesarily Sanchez Rivera (left) and Yesmar Marrero-Rivera (right) pictured at YSU. Photo courtesy of **Scott Galvin/YSU**

RACHEL GOBEP

When Hurricane Maria ravaged Puerto Rico in 2017, one of the many things it uprooted was the life of Yesmar Marrero-Rivera.

She was forced to move to Youngstown to live with her cousin, Yesarily Sanchez Rivera, and finish her senior year at Chaney High School.

“My life here is nothing like my life in Puerto Rico was or still is when I go there,” she said.

The cousins now enjoy a life on the campus of Youngstown State University, with access to chances and opportunities allowed in part by YSU Foundation programs.

Yesmar and Yesarily are as much sisters as they are cousins. Yesarily left Puerto Rico at age 8 to move to Youngstown.

“We can count on each other for everything. I can tell her anything. We know that we, no matter what, we are not going to betray each other,” Yesmar said.

Everything is much different now for Yesmar — the society, the people and the language. She has achieved things in Youngstown that she doesn’t think would have been possible if she still lived in Puerto Rico.

“It’s not easy, but nothing is impossible,” said the sophomore anthropology major.

For her first year at YSU, Yesmar’s mother paid for her tuition, which was stressful for the two. The YSU Foundation was able to help. The foundation is an independent nonprofit that pursues, manages and distributes resources to support scholarships and student initiatives at YSU.

Yesmar is a recipient of the Shorty and Elba Lillian Navarro Scholarship, which has given her the ability to cover some of her

tuition. She is continuing the same work ethic she had before receiving scholarships but with more enthusiasm.

“Not everybody can be in the university. Not everybody can have this education,” Yesmar said. “It’s helping me, but it’s also helping my mom.”

Yesarily may have not furthered her education at YSU if it were not for the numerous scholarships she received from the YSU Foundation.

“These scholarships have made a big impact on my life because they helped me get one step closer to my dreams,” she said.

Yesarily is a recipient of the YSU Trailblazer Scholarship, the Chaney Cowboys of 1969 Memorial Scholarship, the William Rayen Memorial Scholarship and the Shorty and Elba Lillian Navarro Scholarship. Through these scholarships, she is able to focus on her education as a junior criminal justice student and not have financial concerns.

“I want to work hard and not let it go to waste because not everyone gets this opportunity,” Yesarily said. “It means a lot to be able to know [the YSU Foundation] supports my education ... because I know that my family doesn’t have the money to pay for it.”

Yesarily was able to buy her first car through scholarship refunds — something that would not have happened otherwise.

“I saved the money, and I decided to spend that on transportation to get to college,” she said.

She said being in debt would have caused her to deviate from her plans for the future.

“I would have probably just found a job that pays decent and started college whenever I had enough [money] saved up,” Yesarily said.

One of Yesarily’s goals was to be involved in a leadership position on campus. This year, she became the president of the Latino Student Organization at YSU. Yesmar is a member of the Latino Student Organization, the Forensic Science Club and the Anthropology Colloquium. The cousins both work as Spanish tutors, which is something they each look forward to at the university.

The cousins have had different homes in the past, but they are thrilled that YSU is now home.

“When I graduate, I feel like I’m really going to miss it because there’s always something going on or to get involved [with],” Yesarily said.

Source: Story330, a venture of Youngstown-area journalists and YSU student journalists.



Yesarily Sanchez Rivera (left) and Yesmar Marrero-Rivera (right) walk across YSU’s campus. Photo by **Rachel Gobep/Story330**



YSU HOSTS LGBTQ SAFE ZONE TRAINING

A safe zone sign hangs in front of Jeff Tyus', assistant professor in the Department of Communication, office in Bliss Hall. Photo by **Brandon Brown/Jambar Contributor**

BRANDON BROWN JAMBAR CONTRIBUTOR

With YSUnity absent from campus for the semester, showing support for the LGBTQ community is all the more important at Youngstown State University.

Part of the university's way of doing that is holding LGBTQ safe zone training.

Safe zone training is an ongoing effort to make YSU a safer and more accepting place for lesbian, gay, bisexual, transgender, queer, questioning, intersex and asexual, termed LGBTQIA, individuals. The training also focuses on strengthening allies to LGBTQ individuals.

Higher education institutions have long been ahead of society and law in the acceptance of the LGBTQ community. YSU banned discrimination based on sexual orientation in 1997 by amending its nondiscrimination policy.

Safe zone training has been offered on campus since 2009 in partnership with the Safe Zone Advocacy Council and the Division of Student Experience. This year's safe zone training was taught by Carrie Jackson, a psychology professor at YSU.

Jackson said she got involved because she wanted to offer training to her psychology students. Once she was trained, she thought training more students and faculty could benefit YSU.

"We want people to feel like they are safe and visible, and the fact that LGBT groups are not very visible on campus right now, the campus is not presenting in that way," Jackson said. "We want to encourage people to feel welcome and part of the community here at YSU."

The event was attended by around 20 faculty members and over 100 students.

All faculty must participate in Title IX training, which covers discrimination on the basis of sex and rape, sexual assault and sexual harassment.

According to Jackson, since Title IX is the only required training for faculty, she thinks turnout to optional trainings like the safe zone program could be better.

Students attending the training also had the opportunity to count the training toward their first-year experience credit.

Participants were taught about topics pertaining to LGBTQ people, such as gender, sexuality, privilege, misconceptions and vocabulary, then the forum was opened to questions.

Joy Polkabra Byers, executive director of campus recreation and student well-being, received safe zone training as well.

"I wanted to see how we could be further meeting the needs of students on campus," Polkabra Byers said.

"By looking at the packed room, I would say we have a campus that is open and accepting to LGBTQ issues," she said. "We just need to get the university to further engage students and I think we will be on the right track."

Participants were also encouraged to share their own personal experiences or interactions with LGBTQ family and friends in an effort to remove stigmas LGBTQ people often face.

Once participants have completed the training, they are given either a sign for their office or a sticker for a door or window. This indicates the person has volunteered for the training and can be expected to have a level of awareness of issues related to LGBTQ individuals.

Eddie Howard, vice president of student affairs, said he hopes the training continues to grow.

"Our goal is as we continue to have these safe zones will not only be to have them in common areas but move further into academic areas around the university and make the entire university more aware of LGBT issues," Howard said.

Carol Bennett, assistant provost for diversity and inclusion at YSU, said she also has plans to expand LGBTQ sensitivity training on campus.

"Universities across the country are making training and

professional development more readily available in the area of diversity and inclusion as well as equality and social justice. We could possibly make something like that mandatory for faculty here," Bennett said.

Bennett said while training like the safe zone program pertaining to LGBTQ students is important, implementing programs like full-day workshops or diversity retreats requires intense university approval and the process can move slowly.

"We have to be really concerned for folks in the LGBT community because that's not their whole identity, and people sometimes need different forms of training to realize that," Bennett said.

Safe zones or "safe spaces" have always been criticized, as some people feel there can never be a real safe space for marginalized groups of people.

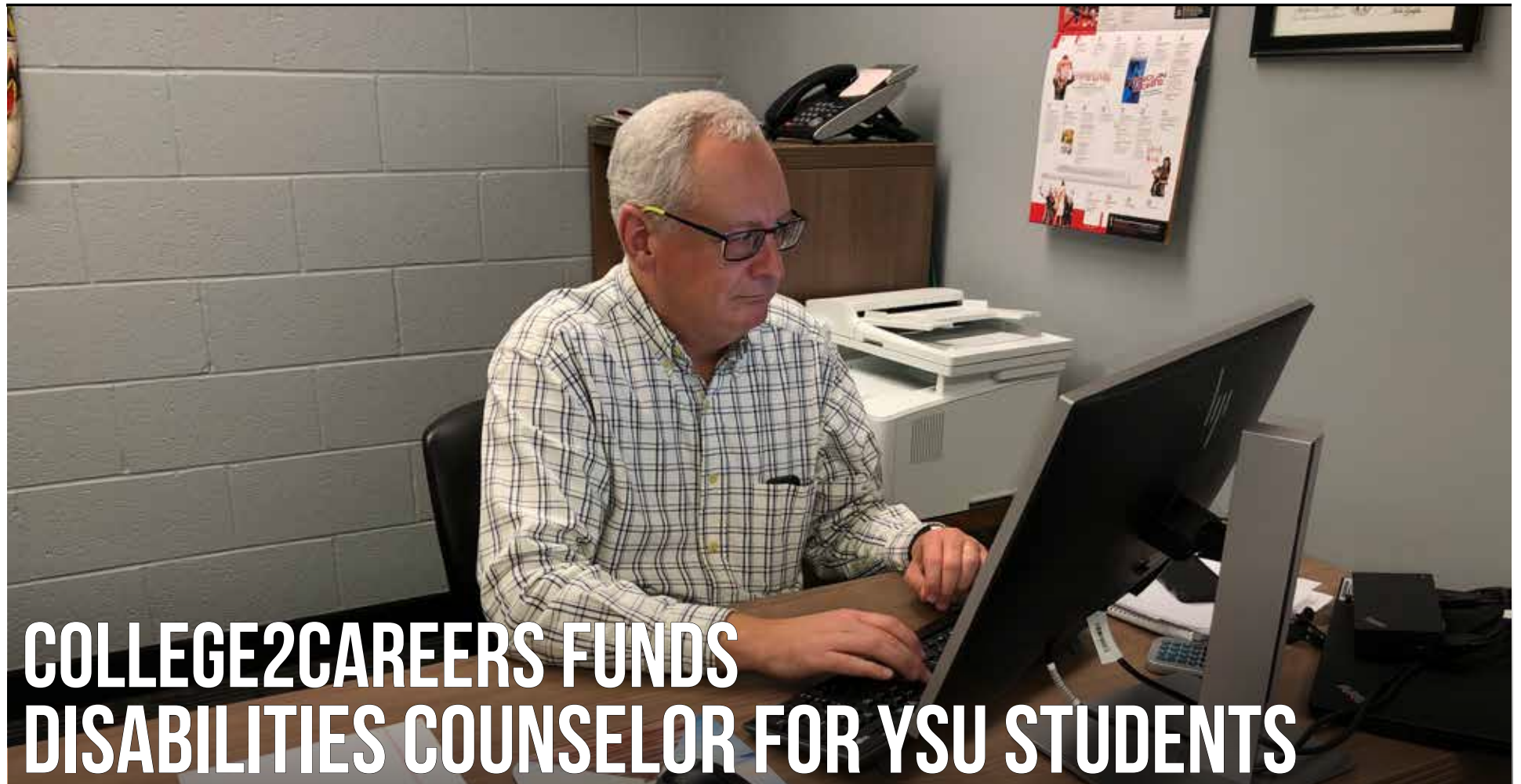
In 2016, flyers were circulated around campus opposing Safe Zone training. At the time, YSUnity defended the training in a Facebook post:

"Safe Zone Training is aimed to produce a space where people can be free from harassment, humiliation and judgment. These Safe Zones are aimed to create spaces where employees, or in our case - students - can be themselves without feeling the need to hide an often significant aspect of their identity."

While some could view safe zones as exclusionary to straight students, LGBTQ groups on campus are inclusive to all students of any background.

The Safe Zone training was well attended. However, there was only one announcement for the training on the sidebar in an activities newsletter sent to student and faculty emails.

While Howard said this was an unfortunate situation and not intentional on the part of the university, the office hopes to better announce next year's training taking place in March 2020.



COLLEGE2CAREERS FUNDS DISABILITIES COUNSELOR FOR YSU STUDENTS

Bill Koch works at his office desk. Photo by **Amanda Joerndt/The Jambar**

AMANDA JOERNDT

Youngstown State University's disabled student population now has a resource on campus that will help create a path for job success during and after their college careers.

Opportunities for Ohioans with Disabilities established Ohio's College2Careers program to work with various universities across the state, providing career guidance for students with physical, mental, cognitive or learning issues.

Fifteen colleges and universities across Ohio are given funds through the program, ensuring "students with disabilities have the support they need to complete their degree and/or credential, earn higher wages and meet the demands of tomorrow's labor market."

Bill Koch, vocational rehabilitation counselor for Opportunities for Ohioans with Disabilities, will serve as YSU's disabilities counselor and work with students who cross paths with the Disability Services in Kilcawley Center.

Koch said the program has "underrepresented college students" in the past.

"An effort was made in the state budget to have counselors immersed in universities around the state so we would be able to do a better job serving college students," Koch said.

He said YSU's Disability Services has worked efficiently to transfer certain cases to his office.

"Anybody that [Gina McGranahan] sees, she has been really helping in having them walk 3 feet over to this office to get their

case opened up," Koch said. "Somebody doesn't have to be open with the Disability Services office to see me, but a lot of my referrals have come that way."

Ohio's College2Careers program allows students to receive "vocational testing, job shadowing and community based assessment."

According to Koch, the type of students he assists are varied. "A lot of times people don't usually label themselves as disabled but they end up qualifying for our services," he said. "We would start by doing an intake to get to know each other and determine eligibility for services."

Gina McGranahan, assistant director of Disability Services, said the office has been working with Opportunities for Ohioans with Disabilities for a few years.

"Their main office is in downtown Youngstown and we have referred students down there, but sometimes they don't like to go downtown," McGranahan said. "The state came up with a program so they would embed a counselor here."

She said Koch helps students become more marketable in their industry.

"He helps the students when they are looking for internships and find a job," McGranahan said. "I work with in the classroom kind of accommodations and he works for when you need to go to work type of accommodations."

According to McGranahan, she hopes more students will work with Koch on a regular basis.

"The more traffic he gets, the better for them and the better for us because if they need accommodations in the classroom, then they can get those too. While they're here, we can send students back and forth," she said.

Mac Pomeroy, a sophomore English major, uses the cart service to go to and from classes and the testing services center at YSU to help her due to her "extreme muscular weakness" condition.

Pomeroy said although she has numerous disabilities, YSU has been accommodating in helping her have a successful college education.

"It's been such a huge weight lifted off of my chest to have these services available and to know that I will be able to get through my education this time without something like this getting in my way," she said.

According to Pomeroy, steps are being taken to ensure students living with a disability are receiving the correct care.

"I think this is a huge step forward. It's really just YSU acknowledging the fact that it does have disabled students and that it does have a diverse population," she said. "You need to help prepare them to have an actual future, so this is a really big step in helping make sure these disabled students have a successful future."

**Editor's Note: Mac Pomeroy is a Jambar columnist.*



NPR TALENT SHARES WORDS OF WISDOM WITH THE YOUNGSTOWN COMMUNITY

Korva Coleman and moderator Tim Francisco stand at the front of St. John's Episcopal Church during her talk Nov. 7. Photo by **Abigail Cloutier/The Jambar**

ABIGAIL CLOUTIER

The celebration of WYSU's 50th anniversary continued Nov. 7 at St. John's Episcopal Church with a nationally recognized newscaster making a trip to Youngstown.

Korva Coleman, writer, producer and newscaster at NPR, gathered with over 150 people in honor of WYSU's 50th anniversary to discuss accuracy, politics and journalism throughout her career.

"I wanted to be a journalist because I knew I could make a difference," Coleman said.

Known for delivering national news reports during NPR newsmagazine programs "Morning Edition" and "All Things Considered," Coleman has worked for NPR since 1990.

She spoke not only about her journalistic ethics and beliefs while working at NPR but also about her role as a journalist in the current cultural and political climate.

"It's my job to tell you what's going on but yours to decide if you like how you're being led," Coleman said. "If you want to change what you're seeing, you can take action by voting."

She also discussed Youngstown's current events, offering her condolences for WYSU host Barbara Krauss's death and

speaking about her concerns on The Vindicator's closing.

"It troubles me that local media doesn't get the attention it deserves," Coleman said.

In the question-and-answer portion of Coleman's talk, she acknowledged an inherent bias of national news coverage.

"[NPR] can be bicoastal," Coleman said.

She explained that NPR could do a better job of listening to people in the middle of the country, consulting them not only for regional-specific concerns like the steel industry but also for national issues.

"It's always good to leave headquarters in Washington and visit NPR member stations. It gives me a chance to understand what's important and what they prioritize. I need to hear for myself what other people are saying in other parts of the country," Coleman said. "What I may think is going on in a region may not be true at all."

Gary Sexton, director of WYSU, said he began the process of bringing Coleman to the Youngstown area nearly a year ago.

"I've always admired the way she does what she does — she just has a real presence," Sexton said. "I've already appreciated

her work."

Coleman said she maintains a group of friends outside of work that she relies on for emotional support.

"It's important to me to know that other people can hear things that they otherwise might not have heard but for the work that I've done," Coleman said. "That's what made me want to be a journalist."

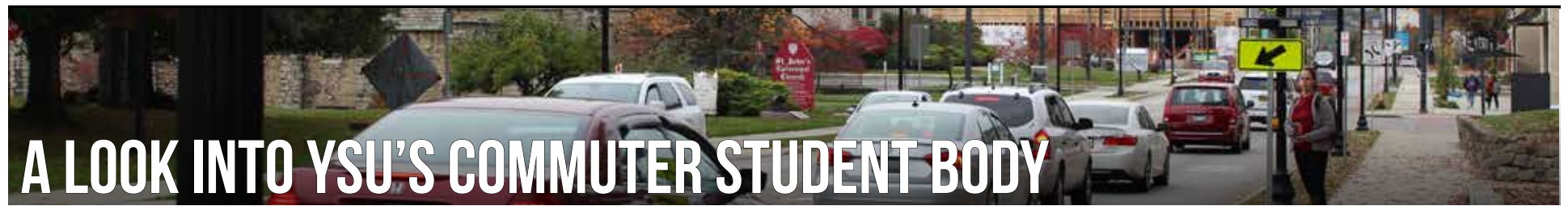
Coleman said she is optimistic about the future.

"I think the future of journalism is bright. More people are doing journalism today than ever before, which gives me hope," Coleman said. "It's not your job to tell people what they want to hear. It's your job to tell people what happened."

Ben Morgan, a senior at Bio-Med Science Academy, said it's encouraging to know media talent is diverse in terms of demographic reach.

"I feel really heartened to know that people in her position, high-ranking journalists, value the opinions of youth and are looking for more diversity," Morgan said.

Additionally, Coleman held a student session in Bliss Hall on Thursday, discussing the current state of journalism as well as



A LOOK INTO YSU'S COMMUTER STUDENT BODY

Youngstown State University students commute to campus. Photo by **Maria Elliott/Jambar Contributor**

MARIA ELLIOTT JAMBAR CONTRIBUTOR

Youngstown State University currently enrolls over 12,000 students, with on-campus housing available for roughly 1,200 of those students, according to the university's website.

Due to limited housing availability, the majority of students at YSU live off campus and commute for classes.

Sally Frederick, a commuter student and sophomore in YSU's individualized curriculum program, said she looked into living on campus but felt it was too expensive.

"I purchased a house [near Austintown] two years ago as it was cheaper overall than any rental options I had," she said.

Frederick said living on campus would have decreased her commute time, saved her money on transportation costs and given her the full "college experience."

In the end, Frederick said she's satisfied with her decision to stay off campus, but she still wonders what on-campus life is like.

"If I thought I could afford it, I would love to spend just one

semester on campus, but it's not in the stars," she said.

Another commuter student, senior information technology major Andrew Newell, said living off campus is preferable to the residence halls because off-campus students have more freedom.

Newell said it's cheaper to live off campus, and he can own pets or a service animal. He said other benefits of commuting are living closer to the stores he needs to go to and not having to worry about parking times on campus.

Newell also said he enjoys the ability to get away from school when he needs a break, but he likes that educational assistance is always available before leaving campus.

"You're getting the same quality as students who live on campus," he said regarding the education.

Danny O'Connell, director of support services, has worked at YSU for over 30 years. He said it's been interesting to watch the campus evolve and grow over time, and he believes the addition of newer dorms have helped encourage growth in YSU's commuter population.

"The growth of the dorms on campus actually enhanced the commuter experience because when we had one dorm there wasn't a whole lot of reasons to stay on campus," O'Connell

said.

YSU is in a unique position because it offers a traditional campus environment even though the majority of students don't live on campus, according to O'Connell.

He said he sees campus activities and organizations thriving better than ever with the ability for commuters to get involved, and he added the revitalization of the downtown area has helped draw in commuter students as well.

"I don't see anything that excludes commuter students from participating in ... every facet of college life," he said.

O'Connell said the academic experience for a commuter student doesn't differ at all from that of a student who lives on campus. He said the biggest differences for commuters are the social aspect of school and issues associated with travel, like bad weather or having to get up earlier for class.

"I think that commuter base helps, in a very affordable fashion, a student to have a traditional campus life," O'Connell said.

FULBRIGHT SCHOLAR TRAVELS FROM EGYPT FOR STUDIES, ILLUSTRATING HER 'Y' PRIDE

KELCEY NORRIS

History is in the making at Youngstown State University as a citizen of Egypt has become the first student to study as a prestigious Fulbright scholar.

Dina Abdo is able to pursue her degree in the United States as a chosen recipient of one of the 8,000 grants offered by the Fulbright Program.

When looking on websites and researching the best programs, Abdo said YSU caught her attention because of its program variety and low tuition.

"YSU offers many scholarships to students. I just applied and was accepted for one the other day," Abdo said. "YSU has always been a nice school. This major is not offered at all universities."

Abdo said she was able to be immersed in Ohioan culture and learn from her fellow international students about the cultural differences.

"People here in Youngstown are really, really friendly," she said. "There are many international students. I've met many people from Nigeria, Dominican Republic and Guatemala. It's good to talk to all of these people and know about the struggles their countries are facing."

Abdo said the transition to Youngstown was not as bad as some may think.

"Luckily, I'm used to traveling a lot. I've been traveling since I was 19," Abdo said. "I've been to many countries and lived in a few. It's not my first time in the U.S. either. I feel like I have a home in both places."

Abdo is currently working toward a master's degree in

financial economics in hopes of enacting change closer to her home in Egypt.



Pictured: Dina Abdo. Photo courtesy of YSU News Center

"I want to be involved in finance and economics with data analysis," she said. "I'm interested in fighting poverty, especially in the Middle East and in North Africa. Having this degree will help me to achieve this."

Carly Devenburgh, assistant director of International Student Services at YSU, helps Abdo and other international students transition smoothly with no legal hassle.

"I issue all of the immigration documents for our students and scholars, correspond with them about the visa process prior to their arrival," Devenburgh said. "I also hold the orientation program, which helps our students get settled in the United States on campus in a brand-new spot."

Devenburgh said she is able to suggest available resources and people who can make the transition more comfortable during the orientation process.

"We also have another Egyptian student that started last spring, and so on her first day we picked up the phone and called him. I wanted to make sure that she was connected with

him," she said.

Although this is the first Fulbright scholar enrolled at YSU, Devenburgh said she has prior experience with the program's scholars during her 15 years working with international students.

"I would definitely define Dina as a go-getter," Devenburgh said. "She has definitely hit the ground running here at the university and is ready to immerse herself in her new space and her new program as a student and community member in Youngstown."

Laneyah Pringle, a student at YSU, first met Abdo through mutual friends and said she was instantly captivated by her zest for life.

"The first thing I noticed about Dina is how beautiful she is, inside and out," Pringle said. "Dina's desire to do spontaneous things makes her unique."

As a Fulbright scholar, her work ethic is also a characteristic Pringle noticed.

"If she wants something, she won't stop until she gets it," she said. "She is very motivated by her passions. Traveling the world and across the states is hard work; she needs to make money to do this, and she has no problem at all doing it."

According to Pringle, Abdo's ability to show kindness is her best quality.

"Dina is doing really well adjusting to America," she said. "Overall she expressed that she loves it here and is fully enjoying it here. I think Dina is doing so well for herself, and she fits right in."



ONE-WOMAN GHOST CHOIR: 'UNO LADY' CASTS HER SPELL ON CAMPUS

Christa "Uno Lady" Ebert performs in the McDonough Museum of Art as part of the museum's MUSE Series. Photo by **Cailey Barnhart/The Jambar**

CAILEY BARNHART

Christa "Uno Lady" Ebert performed at the McDonough Museum of Art on Nov. 6 as part of the MUSE series, which features "innovative expressions of contemporary culture."

The MUSE series serves to bring groundbreaking new music and dynamic collaborations to enrich the culture of Northeast Ohio.

Cleveland native Ebert is a self-taught one-woman show, using just a microphone, loop pedal and small mixer. With this simple setup, she is able to create haunting melodies and a unique musical experience that entrances listeners.

In a set including surreal nature backdrops and a neon purple podium, Ebert performed a variety of covers and original songs, including a take on Buddy Holly's "True Love Ways."

Ebert's talent has not gone unnoticed. She has received the Chateau Orquevaux artist residency, Creative Workforce fellowship, Akron Soul Train fellowship and a Panza Foundation award, among other recognitions.

"I've just always sang my whole life, and I had a bug that I had to do it. I started making music on my own in my living room, and then one of my friends asked me to play a show. And I've just been playing shows ever since," Ebert said.

When it comes to making music, Ebert often includes aspects of nature, whether visually as a backdrop or as a sound, by adding in field recordings to her songs.

Her single "Sasquatch Disco" featured field recordings "in the woods, crunching leaves, skipping stones, and turkey tail mushrooms as percussion," with Sasquatch being "a metaphor for creating, an elusive yet familiar monster lurking on the fringe."

Earlier this year, Ebert was given the opportunity to perform a handful of shows in Europe and she seized it.

On her September excursion, Ebert performed two shows in Bern, Switzerland, and one show in Paris.

When she isn't performing, Ebert, who has a background in urban development and public administration, is a strong activist in her hometown of Cleveland.

Ebert has worked for over 10 years at various environmental justice organizations, focusing on pollution prevention or exposing economic and financial vulnerabilities of the fuel industry.

"I've organized a citywide potluck in Cleveland where 250 people came and we all shared a meal together. Also, I've done vacant land reuse initiatives. There was a federal grant,

and I helped people get side yards for their property with the vacant land that we have in Cleveland," she said.

Junior theatre studies major Elizabeth Sabo attended the event and witnessed much more than she expected.

"I loved Uno Lady, and the theme of innovative expression was nailed by her performance. Her use of pedals and tracks changed the listener's perspective of what to expect next.

"I expected a woman just singing along to tracks, but it was so much more than that. Her experience was truly unique," she said.

Delanie Fairchild, an attendee from Canfield, went into the show not knowing what genre Uno Lady was going to offer.

"I was incredibly impressed. It's amazing to see what can be created with such little. Her style was unique and she had a really memorable voice. I loved the covers because I was able to appreciate her unique style and take on songs I had already known and loved," she said.

The next MUSE event will feature composer Forrest Pierce alongside the Dana School of Music faculty chamber recital. This event is on Dec. 2 at 5 p.m. in the McDonough Museum of Art.



THE BEGINNINGS OF PUMPKIN SPICE

Ordering a pumpkin spice latte has become a common trend during the fall season for many college students. Photos by **Tina Kalenits/Jambar Contributor**

TINA KALENITS JAMBAR CONTRIBUTOR

The pumpkin spice latte has been a hot commodity for many coffee lovers, and with fall season in full bloom, restaurants are offering their pumpkin spice products.

Laura Cupp and Mike Cupp, owners of Stone Fruit Coffee Company on Youngstown State University's campus, said this is their first year operating the Youngstown location and the first year they are participating in the all-encompassing pumpkin spice latte season.

"We always have it though; that's a little secret. If someone comes in and they want it, we can make it for you," Mike Cupp said.

Peter Dukes, director of espresso Americas for Starbucks, was the product manager who led the development of the pumpkin spice latte, according to the article, "Peter Dukes Shares the Story Behind Starbucks First Pumpkin Spice Latte" on Starbucks' website.

In 2003, Starbucks released the first pumpkin spice latte, which quickly became popular. The company's pumpkin spice latte is now available in nearly 50 countries throughout the Americas, Europe, Middle East and Africa, according to

the article.

With growing popularity since its release in 2003, the pumpkin spice latte has become a part of many customers' coffee intakes.

Chrystyna Zellers, YSU dietitian and nutritionist, said a pumpkin spice latte has a lot of sugar, and when people drink something with a lot of sugar, it causes their blood sugar to drop after a short time.

"This is a drink that packs a lot of calories and sugar. That's really a lot of sugar for one serving. With all this added syrup, that drink now becomes high-energy, high-carbohydrate fuel that will shoot you up really quick and make your blood sugar drop really quick," Zellers said.

She said a drink with natural pumpkin spices is preferable.

"If you want one that has the pumpkin sauce, you can reduce calories and sugar by doing fewer pumps, fat-free milk and no whipped cream," Zellers said.

"If you're doing this every day, you're getting the value of milk. But for the number of calories you get from pumpkin spice coffee, you could have a healthy breakfast including a glass of milk," she added.

Zellers said calorie budgets are specific to an individual,

but if pumpkin spice coffee fits into that budget, they are perfectly safe to drink.

Sieyribeth Montaz, a junior in YSU's dental hygiene program, said she loves pumpkin spice season.

"I definitely look forward to pumpkin spice season. It's like a fall tradition for me. Honestly, it wouldn't feel like fall without pumpkin spice," Montaz said.



Stone Fruit Coffee Company on YSU's campus serves hot and cold coffee products along with a variety of pastries. Photo by **Tina Kalenits/Jambar Contributor**

A REFLECTION FROM HATRED

MAC POMEROY

Recently, I went to the United States Holocaust Memorial Museum in Washington, D.C., as part of an annual study trip. In school, we all learn about what a great tragedy the Holocaust was, but I don't think anything could have prepared me for this.

Upon entering the museum, I felt as though I was opening the most unabridged history book. Of course, I should have expected to learn the most on this subject here, but it never occurred to me how much my regular education covered up important aspects.

Usually in school, we only learn stories about people like Anne Frank. We only learn about a select number of narratives and often don't get to see the big picture.

The minute you reach the start of the exhibits, you are shown the extreme results of hatred and intolerance. As I wheeled through the crowd with my sister, I could only stare in total silence at the photos, videos and documents that were presented before me.

It was like I was suddenly transported onto almost a completely different planet from the life that I know today. Everything seemed absolutely unreal.

Often in my columns, I discuss things such as acceptance, kindness and working together for the common good. While it isn't difficult for most people today to understand why these are

such important topics, it hasn't always been that way.

Seeing that museum was a genuine reminder of the damage that hatred causes. Hatred has never done anything good. Hatred only causes pain and suffering.

All it took was a large crowd following hatred to destroy the lives of over 7 million people.

While the displays in that museum seemed extremely foreign to what I know today, that doesn't mean hatred isn't still a serious issue today. Pretending that hatred doesn't exist today would be ignoring the history in front of us.

And while the Holocaust is genuinely a much more complicated story than most acts of hatred we experience in today's world, it often has a very similar root. Often, it comes from only seeing people for how they are different than us instead of actually seeing people for who they really are.

Looking around campus, I can see we are blessed to be surrounded by a great amount of diversity. People of all different backgrounds joined into one excellent university.

At our university, we don't tolerate hatred. When words of cruelty come upon us, we speak up. When vile actions are done against us, we rebuild. We do not let hatred guide us.

We learn about what happened before us, and we strive to do better. We know about the extremely damaging effects that hatred can have.

We have classes based around diversity, and even if we think we are knowledgeable, there is always more to learn.

There are always steps we can take to prevent history from repeating itself.



Mac Pomeroy (left) pictured with her sister, Madeline Pomeroy, (right) in Washington, D.C.

ATHLETES DON'T DESERVE A PASS

With the news of Youngstown State University hiring a former tennis player that had been punished for sexual assault being uncovered through a GateHouse Media report, it's time to take a serious look at what is acceptable to the NCAA and what isn't.

At the University of Memphis, basketball player James Wiseman was ruled ineligible by the NCAA due to a donation made to Wiseman's family to cover moving costs by current coach Penny Hardaway before he had taken over as coach of the Tigers. Hardaway was considered a booster at the time, which is a big no-no to the NCAA.

Chase Young, star defensive end for Ohio State University, was given a four-game suspension due to a potential violation of the NCAA rules involving an already paid loan from a family friend.

Reggie Bush forfeited his Heisman Trophy.

YSU president and then-football coach at the Ohio State University Jim Tressel had to step down over knowing that players sold their own autographs in exchange for tattoos and not telling the NCAA.

Southern Methodist University received the "death penalty" for boosters paying players under the table, and it still affects the university 30 years later.

In a four-year span at Baylor University, there were 52 cases of rape reported between 31 football players.

In 2017, a story came out that the Baylor football staff had a policy that arranged the parties for players and recruits where gang rapes had occurred.

Baylor's Title IX coordinator Patty Crawford stepped down from her position, claiming that the board at the university "made sure they were protecting the brand ... instead of our students."

While football coach Art Briles and university President Ken Starr both lost their jobs in the process, no punishment came upon the football team, unlike any of the cases involving players receiving payment.

The NCAA goes above and beyond in its punishments under the guise of "maintaining the integrity of the game."

If integrity was something I cared about, athletes convicted of sexual assault would be allowed nowhere near any field or court associated with the NCAA and the schools would receive repercussions if they failed to comply.

The simple reason is the NCAA doesn't want the players getting any money that it can't get a piece of itself. It's greed that the NCAA can't even hide well.

YSU covering up this issue is inexcusable, but sadly, it's not

just them. Society either sweeps sexual assault under the rug or, frankly, doesn't give a shit.

It's not that people don't deserve the chance to redeem themselves; it's that the worst crimes seem to be instantly forgiven, but minor offenses have the harshest penalties.

In the era of #MeToo, sports organizations still have a long way to go when it comes to handling sexual assault cases. While we should be able to forgive and let people redeem themselves, the NCAA's policy of not caring does nothing more than give the organization another black eye on a face that's already bruised beyond belief.

THE JAMBAR
— EDITORIAL —



HEALTH CARE ORGANIZATIONS AIM TO PREVENT MENTAL HEALTH AND SUBSTANCE ABUSE ISSUES AT YSU

The new prevention programs will help YSU students improve their mental health and discourage substance abuse. Photo by **Brianna Gleghorn/The Jambar**

BRIANNA GLEGHORN

Students of different backgrounds and lifestyles are working to obtain an education at Youngstown State University, but within that comes various obstacles.

Meridian HealthCare and the Mahoning County Mental Health and Recovery Board have partnered with YSU to create prevention programs for students to turn to in times of need.

Through a grant awarded to a staff member at Meridian, the prevention of mental health issues and substance abuse through events and programs on campus will be a focus.

Mason Edmunds, YSU alumnus and prevention specialist at Meridian, said he is tasked with developing prevention programs to reach students before mental health or substance abuse issues arise.

“It’s my goal here to not only make students aware of the resources they have from a physical and mental wellness standpoint but to also put in place and develop new preventative programs for students based around mental health therapy and things of that nature,” Edmunds said.

He said it gives him a different perspective for program ideas with his original “theater roots.”

“It gives me a unique spin in this position because I bring in some kind of outside-the-box ideas,” he said.

According to Edmunds, his position is not only an interesting experience, it is also fulfilling, allowing him to give back to the

university he once attended.

“A lot of the reason that I’ve been brought in here is to make students aware of the resources that they already have and then put in place new projects and new programs that again help bolster the idea of stress relief, stress management and mental health therapy in general,” he said.

In Edmunds’ opinion, students in college are in the “forming years of their lives.”

“I think it’s really important to try and equip [students] with tools that they can carry forward,” he said. “As the stresses of school weigh on students, the expectations of finding a career, all of these things, they can become very mentally taxing.”

Joy Polkabra Byers, executive director of the Andrews Student Recreation Center, said the purpose of these programs is to reach students before they feel any kind of need for assistance.

“With the limited resources that we currently have on campus, with our counselors in that providing mental health services to students, we really needed to look at it from a different approach versus treatment versus prevention,” Polkabra Byers said.

A sober tailgate at a YSU football game and educational classroom visits are a few of the prevention opportunities put into place during the fall semester.

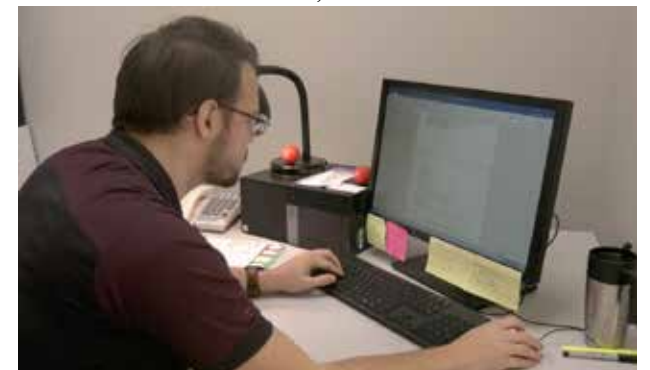
“We’re looking at art therapy or music therapy. Some unique things to provide to students,” Polkabra Byers said. “Some creative outlets, but actually helping them to reduce their stress to help them be more academically successful at YSU.”

Nikunj Patel, director of community outreach at Meridian HealthCare, is a YSU alumnus and said making an impact on the lives of young individuals is what the YSU community needs.

“[YSU] has been kind to me,” Patel said. “It provided me with a lot of support and different ways. It’s cool that I get to give back to the community and the school that’s given to me, and now I get to do it in an official capacity.”

In Patel’s opinion, college is “an existential part of life.”

“It’s an easy time to slip into negative patterns as well as good patterns, so I think it’s such a crucial age to be able to provide some education and awareness,” Patel said.



Mason Edmunds is the first prevention specialist with Meridian HealthCare, creating various prevention programs for YSU students. Photo by **Brianna Gleghorn/The Jambar**

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LETTER TO THE EDITOR:

The future of our community rests on the availability of jobs and career paths. In the past, the Mahoning Valley was known for its steel industry. Today, most of the steel industry is gone from our area; an identity we had is now lost. In more recent times, industries that employed thousands of people, including the Lordstown General Motors plant, are closed and left vacant.

As we are coping with the loss of these jobs, we must also take an initiative to find a new identity for the Mahoning Valley, such as additive manufacturing.

Additive manufacturing basically encompasses the digital design and printing of a 3D object. Believe it or not, we already have a facility in Youngstown, Ohio, that has a giant 3D printer. This facility is America Makes.

America Makes is the nation's leading and collaborative partner in additive manufacturing. Another source of promise in Youngstown is a conglomerate of leading institutions, including Youngstown State University, establishing a center that will be an advanced manufacturing and workforce training facility known as the Excellence

Training Center.

With the technology surrounding us and the educational opportunities available, additive manufacturing can be the next job revolution that will redefine the Mahoning Valley. By educating the population of our area about the opportunities surrounding additive manufacturing, we cannot only gain support but also interest in choosing additive manufacturing as a career.

-Rocco Core
Senior nursing student



Nate Wilson, YSU alumnus and owner of Woodland Cellars, found his passion for science through his studies at YSU. With his love for the subject, Wilson opened and operates his own winery, selling various wine products. Wilson hosts regular wine tastings at Woodland Cellars. Photo by **Amanda Joerndt/The Jambar**



The Women's Club at Youngstown State University held a wine tasting fundraiser at Woodland Cellars to raise funds for female students attending YSU. Four to five students each year receive a scholarship from the Women's Club, which usually helps cover a semester's tuition. The club hopes to expand the organization's membership to better the student body. Photo by **Amanda Joerndt/The Jambar**

FALL 2019 GRADUATING BFA EXHIBITION



TOP TO BOTTOM LEFT TO RIGHT | Manuel I. Esparra, Jayde Faustino, Sarah Gage, Mallory Goldner, Rachael Repko, Carly Redmond, Haley Holt, Kayla Haywood, Justine Mitcham, Abigail Martin, Elizabeth Skeels, Nicholas Perry.

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PENGUINS READY FOR SOME MORE MAC-TION

Chelsea Olson drives the net for the Penguins against Kent State University on Saturday. Photo by **Brian Yauger/The Jambar**

BRIAN YAUGER

Youngstown State University women's basketball continues into its second week of play and will host Eastern Michigan University.

The first week of the season was filled with success for the Penguins. YSU rolled out a new lineup that performed well in its debut against Canisius College, winning 87-59.

"I thought some newcomers really stepped up and played well, and I thought some of our returners had some nice performances," Penguins coach John Barnes said after the win. "The freshmen came in and played with no fear, which is what we need."

Redshirt freshman Taylor Petit is one of those shining new faces and was rewarded for her strong play, being named the Horizon League Freshman of the Week.

Petit is just excited to be back on the court.

"It feels great [to be back]," Petit said. "Sitting out, having injuries the last two or three years of my career, I'm going to go out every night and play as hard as I can. ... I learned it sucks to sit out and not be in the game."

Guard Chelsea Olson recorded the first triple-double for the Penguins since 1986 in the matchup against Canisius.

"[The triple-double] means a lot, but I just go out there and do whatever I can to help my team," Olson said after the game.

"I take pride in myself on being able to do a lot of different things to help my team win. So, in the importance of that, it means a lot."

The Penguins looked to continue their success in the second game against Kent State University.

Unfortunately, a cold streak in the fourth quarter doomed the team as it fell to 81-73 in overtime to the Golden Flashes.

"[We were] in a position to win the game," Barnes said. "They did either a good job of taking it away from us or we did a good job of giving it to them."

The game against Kent State was a test for the team, as it's believed that the Golden Flashes can go far this season. Barnes said he thinks competing against them is a possible sign of what his team can achieve this season.

"Kent State is going to be one of the best teams in the MAC," Barnes said. "A WNIT team for sure, if not an NCAA Tournament team. To be in that position to beat a really good team is encouraging."

Up next for YSU is another Mid-American Conference team. Eastern Michigan comes to town and is expected to be another early season test.

The Penguins are working well as a team despite all the new faces, though it still poses a learning curve.

"With so many new kids, trying to get them all on the same

page and finishing out plays and executing down the stretch is going to be a learning experience," Barnes said.

The Penguins played Robert Morris University on the road during the time of publication. Afterward, they return home from the brief road trip to take on the Eagles.

Tipoff against Eastern Michigan is set for 11 a.m. Saturday at the Beeghly Center. The Penguins travel to the University of Akron to take on the Zips on Wednesday.



Penguin guard Taylor Petit was named the Horizon League Freshman of the Week. Photo by **Brian Yauger/The Jambar**



RAGE IN THE CAJ-UNS

Naz Bohannon goes up for a shot in the Penguins' 78-55 loss to the University of Louisville. Bohannon finished with 14 points. Photo by **Brian Yauger/The Jambar**

BRIAN YAUGER

After taking on one of its toughest challenges of the season, the Youngstown State University men's basketball team is hitting the road for another tough test.

The Penguins travel down to the University of Louisiana-Lafayette on Friday for a showdown with the Ragin' Cajuns.

"[Louisiana-Lafayette] is a team that I think has a lot of really talented guys, so we'll have to be ready to go," Penguins coach Jerrod Calhoun said.

Heading into the game down in the bayou, YSU has a 1-1 record. The Penguins opened with Thiel College and are coming off a trip to the University of Louisville.

YSU kicked off the season in a big way, taking down Thiel 101-53.

The Penguins had six players reach double-figures, with guard Darius Quisenberry leading the way with 16 points. Donel Cathcart III and Jamir Thomas each had 13. Garrett Covington, Naz Bohannon and Michael Akuchie all tallied 11.

Calhoun wanted his team to enjoy the win because it's only one of 31 games.

"I told the guys, 'You need to have a starting point,' and tonight is our starting point," Calhoun said. "I told them to enjoy the journey and we only have 31 games. The great part of tonight is everyone had a chance to play."

Sunday was arguably YSU's biggest challenge of the season.

The Penguins took on Louisville and, despite falling 78-55, gave the Cardinals a run for their money for large portions of the game.

Thomas was an important player in the post for YSU against the large Louisville team, using his size to bring down 11 rebounds.

Bohannon was a significant factor against the Cardinals as well, finishing with 14 points and eight rebounds.

"He's a relentless guy," Calhoun said about Bohannon. "He was a big-time football player in high school. ... He's tough, and I think we really emphasize it. You are what you emphasize, and we've done a good job of that over the years, just trying to come into these high major games and not back down. We didn't back down."

After a buzzer-beating 3-pointer by Quisenberry, the Penguins went into halftime trailing by only seven points, but the Cardinals broke out in the second half and began to pull away.

"In the second half, I think you saw the talent," Calhoun said. "The talent usually takes over. When you're going to beat a team like this, you've got to make probably 12 to 15 threes, because they get easy baskets. Every possession is hard for us."

That experience against the current fourth-ranked team in the country is only going to help the team going forward,

according to Calhoun. The larger and more talented the teams YSU face, the better.

"We probably won't face a team like that until West Virginia," Calhoun said. "I think it can only help us, with the atmosphere, the length and the size. They make it tough on you."

The Penguins leave for Louisiana on Thursday with tipoff against the Ragin' Cajuns scheduled for 8 p.m. Friday.



Darius Quisenberry dribbles down the court at the KFC Yum! Center in Louisville. Photo by **Brian Yauger/The Jambar**



PENGUINS PLAYING FOR PRIDE

Joe Alessi breaks through the North Dakota State University defensive line. Photo courtesy of *YSU Sports Information*

NATHANAEL HAWTHORNE

After the Youngstown State University football team started the 2019 season hot with four straight wins, the latter half of the year has been tough.

YSU seemed to be firing on all cylinders through the first few games of the season. The Penguins dominated other teams — outscoring their opponents 178-75 during the four-game win streak.

Once the team hit Missouri Valley Football Conference play, however, the flame dwindled.

“I can say that some of the errors that we’ve made, I’ve said it early on. We made some of those errors early in the year,” Penguins coach Bo Pelini said. “Some of those ones have you shaking your head.”

Having one conference win, the Penguin’s playoff hopes are all but over. Back-to-back 56-point losses make this the first time in 80 years that YSU has allowed 50 or more points twice in a single season.

Pelini said the team is playing for pride from this point forward.

“That was an embarrassment. That performance on Saturday ... I apologize to everybody associated with this program,” he said. “That’s unacceptable, and I’m responsible for it.”

The season hasn’t been a complete loss, though. Many of the younger players have seen playing time.

A perfect example is the emergence of sophomore quarterback Joe Craycraft. Before taking the starting role after Nathan Mays’ injury, Craycraft was seeing substantial playing time as a secondary quarterback. Pelini said he believes the last few games will give the younger players some game time.

“In all three phases, we’re trying to weigh the possibility of playing some younger guys where possible,” Pelini said. “You’ve got to weigh the benefits of putting them in there [and] getting some experience. ... This freshman class we have is really talented, probably our best recruiting class top to bottom, but you don’t want to do it at the expense of [the players] and of giving yourself the best chance to win.”

In an earlier press conference, Pelini said that the team would take a step forward and then a few steps backward.

“I’m frustrated. I’m really frustrated because I’ve seen this team do it and play pretty well,” Pelini said.

Last season, the team had four wins. The Penguins are currently 5-5 overall and 1-5 in the Missouri Valley Conference.

Another notable difference is the change in the defensive output. With only nine defensive turnovers in 2018, the Penguins dwarfed that statistic with a total of 16 turnovers so far this season.

With the possibility of playoffs off the table, Pelini said although players are going through tough times, they have

to persevere.

“That’s the only way you can go. You can’t turn your tail and run,” he said. “You’ve got to man up and accept responsibility for what’s going on, myself included, and keep pushing forward. That’s the only way you get out of ruts like this.”

The Penguins will round out the season with a road game against Indiana State University on Saturday before heading back to the Ice Castle for one final game Nov. 23. Kickoff for the game against Indiana State is scheduled for 1 p.m. in Indiana.



Justus Reed (right) and Antoine Cook chase down the University of South Dakota quarterback. Photo courtesy of *YSU Sports Information*