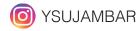
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Thursday, April 21, 2022





WELCOME ABOARD



Photo by Henry Shorr / The Jambar

Youngstown State University President Jim Tressel and new Board of Trustee member Laura Lyden pose for a picture.

Laura Lyden named YSU's newest trustee

By Henry Shorr The Jambar

Youngstown State University recently added a new member to the school's board of trustees. Laura Lyden, sales and operations manager at Lyden Oil, has been named as the university's newest trustee.

Lyden, who received her bachelor's in chemistry

from YSU, has a long history with the university. She managed the environmental and analytical services for the YSU Center for Engineering Research and Technology as well as for YSU's Technology Development Corp. Lyden is excited to serve the school and community in this new position.

Trustee, Page 2

Lt. Gov. Jon Husted visits ETC

By Sydney Stalnecker The Jambar

Ohio Lt. Gov. Jon Husted visited Youngstown State University's Excellence Training Center on Monday, April 18, to discuss the 5G Readiness Program with students from the college and local technical schools who participated in the course.

Husted, director of the Governor's Office of Workforce Transformation, came back to receive feedback on the 5G Readiness Program he launched Oct. 18 at YSU and Ashland University.

"[The ETC] is first class, and your commitment is first class to trying to help bring together the strategy where education and business collaborate most closely for the benefit of all of the students and the community," Husted said.

According to Broadband Ohio's website, the "Strengthening Ohio's Broadband & 5G Workforce" Strategy is a result of several "public and private investments being made in broadband and 5G at the state and federal level." Tens of thousands of jobs are expected to be created as a result of these investments.

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Trustee

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"It's the highest honor. Yes, I know it. It's a big commitment of time, and the reason that I was willing to do it is because, you know, YSU was like home to me — it's really, really important to this community," she said.

She has also served on many boards in the area, including the United Way of Youngstown and Mahoning Valley, the Ellsworth Township Zoning Board and the Mahoning County Mental Health Board. YSU President Jim Tressel believes that her experience with the school, serving on boards in the area and her time spent at Lyden Oil has provided her with the perfect experience to excel in her new position at YSU.

"The first thing we want in a board member is someone that loves the university, and obviously, she does and has for a long, long time. The second thing we need is someone who believes in the importance and because we happen to think that this university, for this region, is so, so important," Tressel said. "The third thing that makes it neat is that we're fortunate to have a board that has a variety of expertise that has been out in the world."

Tressel believes Lyden's time on the

Mahoning County Mental Health Board will be very useful to the university as students and faculty alike begin to emerge from the collective trauma that was the COVID-19 pandemic.

"There's nothing that has taken our attention more right now than the mental health needs of our students. Yeah, you throw COVID in there, throw what's going on in the world. You know what's going on in the minds of our students, the challenges they have," Tressel said. "It's something we think about every day, and how can we better serve the mental health needs of our students, our faculty, our staff, the community at large."

Lyden had similar thoughts on how the pandemic affected and will affect students long-term.

"Everyone — well, most people — fear what they can't control. But COVID, you know, was so big and affected literally everyone. It's not like it's something that affected only a small portion of that population — it affected everyone. Those long-term effects are going to go on for years to come," she said.

Lyden has another connection to YSU — more specifically, The Jambar. Her great-uncle-in-law, Burke Lyden, founded the Jambar in 1931. She spoke fondly of Burke Lyden's love for the school into his old age.

"We used to bring him, even when he was in his well into his 80s, to the YSU games to the loge. He lived at Park Vista ... he would come up to the loge for the games, and then we'd take them home, but he was really an interesting guy," Lyden said.

She fondly recalled how even though he was getting older and could barely walk, he was still "trucking himself out there" and going to YSU football games. Burke Lyden may have also been in possession of Pete the Penguin after he died and was stuffed by a taxidermist, according to Marion Resch.

Lyden is ready and eager to begin her role as an advocate for students and the community as a whole in her term as a trustee. She wanted folks at YSU to know that she is taking her position very seriously and will strive to make campus life more meaningful to students and faculty

"I'd like them to know that, you know, I have a history with YSU, obviously, and that I am committed to making sure that we do the best we can for the student community and the university community," she said.

Lyden's first board meeting will not be until June, so she will have time to get acquainted with her new position.

7-DAY WEATHER FORECAST

Fri. Sat. Sun. Mon. Tues. Wed. Thurs. High: 64°F High: 80°F High: 86°F High: 77°F High: 55°F High: 49°F High: 61°F Low: 58°F Low: 62°F Low: 45°F Low: 36°F Low: 33°F Low: 40°F Low: 51°F Chance of precipitation: precipitation: precipitation: precipitation: precipitation: precipitation: 90% rain 25% partly 70% scattered 11% sunny 90% rain 55% mostly 58% flurries cloudy showers sunnv

















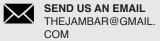


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Information courtesy of accuweather.com

Readiness

Page 1

The 5G Readiness Program is OWT's and Broadband Ohio's response to this expected increase in jobs. The program was created to train students so Ohio has a knowledgeable workforce at the ready when these jobs open up.

However, according to Husted, at the beginning of his and Gov. Mike DeWine's administration in 2019, 1 million Ohioans didn't have access to high-speed internet.

"The pandemic really shined a light on the fact that you can't participate in the modern economy, education or healthcare system without access to high-speed internet," Husted said.

DeWine and Husted have been providing grants to areas without broadband.

"In the last award of the grant program that Gov. DeWine and I did to help build out Broadband to basically 25% of the state that doesn't have it — that's going to create 1,250 jobs in broadband and 5G that we don't have anybody to fill right now," Husted said.

The course was made possible by the presence of the ETC, the university's willingness to work with local schools and the 5G Sector Partnership Grant provided to the university by the OWT.

YSU President Jim Tressel said those in local communities "have been working extremely hard together" to make this program what it is today. Teachers and students from Mahoning County CTC, Columbiana County CTC, Trumbull County CTC, Eastern Gateway Community College and YSU faculty, staff and students involved with the STEM program and ETC have come together.

"Many years ago, the lieutenant governor told us there were going to be opportunities here in the state of Ohio, and what was going to be key was to raise up the talent to take advantage of those opportunities," Tressel said.

Husted recognized some residents of Ohio don't have access to the current technologies.

"There's two things happening: First of all, there's a whole new level of technology being developed ... with 5G technologies, but there's also a group of people out there in Ohio who don't even have access to the current technologies — the high-speed internet," Husted said.

The federal government has distributed \$250 million in grants to areas without high-speed internet, according to Inside Towers. Despite these grants, some individuals may choose not to invest in 5G due to financial or other personal reasons.

The students who participated in Husted's course said they would like more hands-on opportunities, but liked their experience overall.

Student physically assaulted on Lincoln Avenue near Cafaro Hall

By Sydney Stalnecker The Jambar

A Youngstown State University student was assaulted around 2 p.m. March 25 after the assailant failed to stop at a stop sign.

The 24-year-old female student was crossing Lincoln Avenue after leaving Cafaro Hall, previously known as the Lincoln building, and was nearly hit by Maria Campbell's gray Mazda.

The victim said, "What the heck?" in response, which was followed by profanity from Campbell, according to the police report.

After establishing that there is indeed a stop sign present at the intersection, the police report says Campbell "exited the vehicle and grabbed [the victim] by the hair and began to punch her repeatedly in the back of the head."

After students began to gather and yell, Campbell fled

the scene with her three children in the backseat. One student was able to snap a picture of her license plate, which led to Campbell's identification.

Campbell, a Youngstown resident, has been charged with assault and will appear in the Youngstown Municipal Court on April 27.

This will not be the first time Youngstown courts have seen Campbell. In December 2020, Campbell pleaded guilty to a previous charge of assault.



Photo by Samantha Smith / The Jambar

YSU No. 1 in state for recycling, 12th nationally



Photo by Henry Shorr / The Jambar

Scattered across YSU's campus are bins for students to throw away their recyclables.

By Christopher Gillett
The Jambar

Back in February, The Jambar covered Youngstown State University's recycling program's success in the national tally for the ongoing college recycling competition, Campus Race to Zero Waste. The final results were announced April 15, and the university placed first in the state and 12th nationally.

Daniel Kuzma, head of the YSU recycling program, began working for it as a student employee. He graduated from YSU in 2004 with a bachelor's degree in environmental studies and again in 2008 with a master's in environmental science.

There are recycling bins all over campus, and when they fill up, custodial or student recycling staff collect them. The recyclables are transported to a recycling center called the Green Team, which is operated by the Mahoning County salt and waste district. The recyclables are then taken to a materials recovery facility for sorting. Finally, they are sold to a new user to make new products like cans, paper, plastic or cardboard.

Kuzma explained some of the biggest challenges for YSU's recycling program.

"The biggest challenges have just been trying to maintain a clean recycling waste stream," he said. "When we had to switch to accepting plastic bottles, that really was difficult. We tried to do an educational campaign to reach as many individuals as we possibly can, but we're still getting individuals putting plastics that can't be recycled [in recycling bins] four years later."

Shirley Hodge is the administrative assistant in Campus Recreation, which is a major source of campus recycling. As one of the most "avid recyclers on campus," she explained her relationship with YSU recycling and

"When I came here, there was a lot of recycling that somehow had not gotten [taken care of]. They must have changed schedules and we weren't on it," she said. "I just notified Dan, and he has set us up with the regu-

lar schedule."

Jeanine Mincher is a professor in dietetics and works with the YSU recycling program through her teaching. Kuzma has been partnered with her since starting his work in the YSU recycling program, and they have been working together for at least 15 years. She explained how her program ties to the recycling program.

"One of the competencies that our students have to have is a competency in sustainability. We are always looking for opportunities to help students learn about a variety of ways to be more sustainable and more friendly to the environment, and there's actually a sub-practice of dietetics called environmental nutrition. It's a relatively new concept, but a lot of students are interested in it," she said.

To view the national tally of all universities, check out recyclemania.org. If interested in volunteering for YSU recycling, contact Kuzma through email, djkuzma@ysu. edu, for employment at YSU recycling, go to People Admin to see job postings.

Penguins to march against cancer

By Samantha Smith The Jambar

Youngstown State University's Guins Against Cancer is hosting its annual Relay for Life event honoring those who have or had cancer on Sunday, April 24.

Daniel Yoder, event lead for Guins Against Cancer and junior information technology major, explained the purpose of Relay for Life.

"It's a celebration for those we've lost

to cancer and those who continue to live with cancer," he said. "It's not only focused on the cancer survivors, it's also focused on those who take care of them on a day-to-day basis."

The relay also helps raise money for cancer research.

At the end of the relay, a luminaria lap will take place where members of the organization will line the track with luminarias — white bags with lights inside of them to honor, support or remember

those who had or have cancer — and walk a lap in silence.

Yoder detailed what he hopes participants gain from this event and the overall atmosphere.

"Over the past couple years, we haven't really had a full in-person event," he said. "I hope that this year we can have that and I hope people take away that things can get back to normal and things can be positive again."

While the organization plans to hold

the event at the Farmers National Bank Soccer Field, in the event of rain, the relay will move to the Watson and Tressel Training Site on campus.

For those who are interested in participating, the event will be held 12-8 p.m. Guins Against Cancer is also looking for volunteers to help put together, clean up and help around the event. To volunteer, contact ysuguinsagainstcancer@gmail.com

CREATING A HEALTHIER ENVIRONMENT

Giving back to Mother Nature

By Jessica Stamp The Jambar

Among the blooming daffodils, planted trees and shrubs, an annual local cleanup will take place from 9 a.m. until noon April 23 at Mill Creek MetroParks to celebrate Earth Day.

Mike Kupec, Mill Creek MetroParks Earth Day cleanup chairman for the Boy Scouts, has been in charge of the event for about 40 years. Kupec and approximately 400 volunteers will pick up any litter and debris in the 41 different sites across the park. Because of the COVID-19 pandemic, the cleanup has not been able to gather as many recyclables and trash from the MetroParks for the past two years.

"We haven't had too many people to be able to get out to clean up so the park is trying to do extra cleanups," Kupec said.

Volunteers will register and be assigned to different areas of the park for clean-up between 8-9 a.m. at Bresko Pavilion in the Wick Recreation area. Volunteers will be provided trash bags, recycling bags and any other necessary supplies.

Kupec said past cleanups filled hundreds of trash and

recyclable bags.

"We not only get trash [and] recyclables — we pick up a lot of other items," Kupec said.

Kupec said he was surprised by the things people leave and where they leave them.

"Metal and other items [like] tires ... there was a kitchen sink one time," Kupec said. "It's unbelievable to us."

Some participants are cleaning up the park before April 23 because they are not able to make it on the actual day of the event.

The event will take place rain or shine and will only be canceled for extreme weather conditions.

Word Search: Earth Day

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Air
Biodegradable
Carbon
Clean
Climate
Compost
Conservation
Earth day

Ecology
Energy
Environment
Extinction
Fauna
Flora
Forest
Greenhouse

Life Litter Nature Organism Oxygen Ozone Plants Plastic Pollution Preserve Recycle Reduce Renewable Reuse Solar Trees Waste

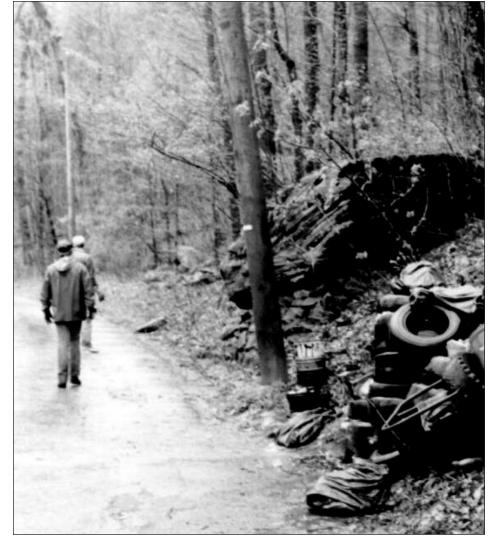


Photo courtesy of Mike Kupe

The first Mill Creek MetroPark Earth Day Cleanup was held April 30, 1983, with 90 participants cleaning up the hillside on Robinson Hill Drive near Slippery Rock Pavilion. Five dump truck loads of tires, metal, sinks, buckets and other various debris and trash were cleaned from the hillside that morning by Boy Scouts and other community members.

April showers bring stray meow-ers

By Michael Jurus The Jambar

Springtime in the Mahoning Valley doesn't just bring rain showers and warmer weather — it also brings an influx of kittens. Many of these kittens are born on the streets and end up without homes, meaning shelters all around Youngstown have had to spring into action, making sure these kittens are safe and well cared for.

Shelters in Youngstown, Boardman and surrounding communities are in preparation for "kitten season." This time of year, large numbers of kittens are born in shelters, such as Angels for Animals, which have to get in front of this by spaying and neutering as many pets as it can.

Diane Less, co-founder and general manager of Angels for Animals, said getting pets fixed is vital in the drop of stray kitten numbers and the health of the animals.

"There's already too many cats for homes available — there are probably 20 cats for every available home, which has been knocked down in the past 30 years from 500. We are at 5-7% of the original problem, but it's still too many," Less said.

Not only is overpopulation an issue that comes with not getting cats fixed, but disease is also a factor to consider.

Elizabeth Chiarello, a senior biology pre-veterinary major, runs her own trap, neuter and release program in Youngstown called Youngstown Community Cat TNR. In this program, she provides affordable spay-and-neuter services for stray and feral cats. Chiarello

said fostering is also important.

"Fostering kittens saves lives. It provides them with a safe place to grow and develop. It also allows an animal shelter to make room for more cats. Shelters do not have unlimited resources and space, so it greatly helps when someone is willing to take on the care of some animals," Chiarello said.

Kittens born on the street almost always end up in shelters. With such large numbers of cats being brought into shelters, fostering reduces overpopulation.

"We would never be able to save animals without foster homes. For one thing, the main thing that fosters do for us is foster kittens," Less said. "Kittens are even more vulnerable, out in the open field cats have a 50% mortality rate by one week."

Campus Cats helps with fostering cats in the area so shelters don't get overwhelmed. Senior anthropology major Lauren Rager is one of the founders and the president of Campus Cats.

"We spay and neuter the feral cats on campus, we provide any medical care that they might need [and] if there is a stray that can be homed, we make that decision and try to find an appropriate home for them. We also help with feeding and watering around campus," Rager said.

Less said the staff at animal charities can help if one or more kittens are found outside by themselves or with their mother.

"Well, the first thing you want to do is get the mommy. We even have a program that we'll run later in the year called 'Show Us the Mommy,' which gives you a discounted spay on the mommy cat and



Photo by Laurel Stone / The Jambar

we let you fix the kittens for, last year it was \$20 [a piece], it'll probably be the same [this year]," Less said. "And the idea is, you have to bring the whole litter. ... if you can't show us the mommy, the idea is to end the family line and so the mother cat is quintessential."

When people arrive with a litter of kittens without the mother, Angels for Animals compels them to take a live trap back to catch the mother so she can be fixed. Less said about 50% of people actually end up doing so.

Rager explained that a stray should first be observed to determine if it looks healthy or if it may be someone's pet.

"The first thing I always like to say whenever someone spots a cat is to first of all see, does it look healthy, does it look fed, does it look like it's owned, and other than that, you want to see if this cat is feral," Rager said. "Depending on age, you want to see is this kitten weaned. If it is not weaned yet, it's probably most responsible to try and find where the mother might be and where the other kittens might be, and also let the kitten continue to nurse off of the mother because that is where they are going to become the healthiest."

Pets can be a great help with people's mental and physical health, especially during the pandemic. Rager said she has a close bond with her animals.

"I actually have struggled with anxiety

and depression for a long time and I am very, very close with my animals — that's part of the reason why I entered into this field and I feel like that animals are a way to build friendship and a relationship," Rager said.

Less also said there was a spike of adoptions during the pandemic.

"Our adoption numbers were dramatic during COVID and, you know, we managed to stay open and keep finding pets homes and our numbers were very, very high," Less said.

Angels for Animals is located at 4750 S. Range in Canfield. It is open 9 a.m. - 5 p.m. Monday through Friday and 10 a.m. - 4 p.m. Sunday.

The shelter sponsors many events and discounts — such as the annual garage sale — April 22-24. It is also currently offering a spay and neuter discount running right — vouchers can be bought 10 a.m. - 3 p.m. Monday through Friday at door F.

Campus Cats can be reached through its Facebook page, Instagram account @ campuscatstnr, or through Lauren Rager's email, larager@student.ysu.edu. Services include trapping, spaying and neutering, medical care, releasing and homing cats.

Hot off the press: Printing procedures

By Kara BoerioJambar contributor

Printing on campus is a necessity for some of the Youngstown State University community and is convenient because several printers are located throughout campus buildings.

The YSU mobile app provides a map of the 32 printers on campus and includes directions for wireless printing and monitoring students page count. To locate a specific printer, students can navigate the app by clicking icons on the map and then the campus printer respectively.

Sharyn Zembower, information technology service desk manager, said the advantages are being able to pick up prints from numerous sites, and saving money on purchasing paper and ink for personal printers.

"To be good stewards of the environment and fiscally responsible, we felt that 500 pages a semester was a good amount to provide students," she said.

Printing can be done in black and white or color. However, one color page equals three black-and-white pages.

"If they are on campus, students can print at any time day or night. However, the print job will only stay in the queue [for] about four hours," she said. "After that, it will be deleted, and you will need to resend your job."

Students and staff can also print wirelessly from their personal devices using various programs or apps depending on the operating system. More information and a step-by-step guide can be found at the YSU IT services website.

"Students can send their print job to the Student_BYOD_FindMe on a personal device or Student_FindME on a YSU-owned device print queue," Zembower said. "Then walk up to the printer, swipe their ID and print their document."

Paige Tabor, a freshman dietetics major, said printing on campus is beneficial because some students don't have access to computers or printers off campus.

"Five hundred sheets per semester is reasonable," she said. "However, I do have some professors that put in-class notes on their Blackboard, which requires [students] to print them unless [they] use an iPad or something similar. Not everyone has an electronic device though, and some [students] may need more than 500 sheets per semester."

Students needing to obtain more print pages should locate a computer lab to complete the user application for additional print pages form and send it to the dean's office. Upon approval, the dean's office will submit the request to the IT service desk and notify the student via email when their print limit has been increased.

Rylee Gresley, a junior psychology major, said students shouldn't be limited on the number of prints they get each semester.

"I feel like we are already paying for it in our tuition," she said.

The walk-up printers weren't easy to use at first, Gresley said, but there were no issues once she received instructions.

Bri Modic, a junior exercise science major, prints in Maag Library when she's in a rush because she often spends time there studying for her exams.

"It allows me to have more time on completing homework assignments," she said.

Modic recommends students use walk-up printers, allowing them to save time and money throughout their college years.

If a student employee needs to print for their job, it doesn't count against their student print balance.

"Their supervisor can request that they be placed into a special group that allows them to use the employee print queue," Zembower said.

Contact the IT service desk at 330-941-1595 with any questions or concerns.

News Brief Baldwin Wallace University seniors co-produce concert at Music Box for capstone class

Tickets on sale now! All ages!

In partnership with the Music Box, five graduating seniors at Baldwin Wallace University Arts Management Program will be co-producing a disco dance party with special guest DISCO INFERNO. This event will be hosted at Music Box on April 23 starting at 9 p.m.

Every year, assistant head of the department, Dr. Sean Murphy, facilitates this project with a partnering music venue in Cleveland. Students get handson experience with booking a band, creating a marketing plan with the goal of selling out the show and producing the concert on-site.

"This project offers a robust, real world experience for our students," Bryan Bowser, head of the arts management department, speaks on this capstone project. "Students can choose to work with Playhouse Square on producing a show in partnership with the BW Music Theatre program or with a music venue in the greater Cleveland area. Seniors who chose to work with Music Box were responsible for finding and booking a band, marketing the show and producing it on show day," Sean Murphy adds.

WHO IS DISCO INFERNO?

DISCO INFERNO is Sonny D. Lite,

Joey "Hollywood" D. Lite, Bjorn Z. Free and Rocky Bucacci. They are all a cast of professional entertainers from Perfect World Entertainment. DISCO INFERNO was formed in 1995 after Sonny relocated from Southern California to the Cleveland, Ohio area. Sonny was an original member of the Boogie Knights, the band that started the disco band craze in 1992. Performing over 150 shows a year, DISCO INFERNO entertains audiences regionally and across the country.

Tickets are on sale now at musicboxcle.com. All ages are welcome to dance the night away on the huge dance floor. Come out for a fun Saturday night filled with classic hits from the Bee Gees and Earth Wind & Fire, just to name a few. Bell-bottom jeans, platform shoes and crazy colors. ... we expect to see every retro fashion trend to make an appearance! You might want to re-watch "Saturday Night Fever" and brush up on your moves. This will surely be a date night, family outing or a night out with your friends you'll be talking about for months!

Fall semester mental health art contest to illustrate awareness

By C. Aileen Blaine The Jambar

Those looking for a way to express themselves creatively while also spreading mental health awareness can look out for the Fall 2022 Mental Health Awareness Art Contest.

Anne Lally, assistant director of Student Counseling Services, said though this is only the second year for the contest, she wanted to present this opportunity to students even before the COVID-19 pandemic.

"I was hoping to bring awareness and

advocacy to mental health, but I also wanted our students here on campus — all of our students — to feel like they have a part of and that this is their counseling center," Lally said.

Research supports a positive correlation between using art to express one-self and the effects on mental health. A study by Gemma Stacey and Theodore Stickley from the University of Nottingham found that art is often used to process and communicate complex ideas through self-expression. This in turn can help individuals to "explore emotions they might not otherwise be able

to with a verbal interaction" while also contributing to a greater sense of belonging and community.

"I want students to feel comfortable coming here ... so they feel empowered to come here, to maybe seek services, but also so they can come visit us and get different information that they might need," Lally said.

Any student is welcome to participate, regardless of their major. If they're nervous about making a submission, Lally encourages them to take the leap even if they don't fancy themselves an artist.

"You don't have to be an artist. You just have to be someone with passion," she said.

Last semester's winner, graduate student Justina Gazso, said creativity's positive impact is felt by more than just the artist.

"Not only does it encourage students to consider their own mental health and growth, but it can also inspire an understanding of their own mental processes," she said. "This also gives students a creative outlet to not only share their own emotions, but to connect with other students on a deeper level."

The fall 2021 contest saw submissions from four participants. Lally hopes there will be even more this year, as she views this contest as just one way for students to get more involved in the campus community while also destigmatizing mental health issues.

Gazso submitted a digital art piece depicting various plants growing from heads of varying colors. She wanted the different facial expressions and colors to represent each individual's struggles and life journeys.

"It was so rewarding to create art for mental health, as it's something I'm passionate about. I know how much mental health can impact students who go to YSU and other colleges," Gazso said.

Artworks can come in any format, be it painted, drawn or digitally printed. A panel of judges from various de-

Submissions should include the following:

- A theme of reducing mental health stigmas and seeking treatment
 - Representation of diversity in the campus community
- Representation of positivity and inclusivity
- A creative, consistent message that will be constant over time

partments, such as graphic arts and the YSU National Alliance on Mental Illness chapter, will judge the works.

Participants will have approximately 10 weeks from the start of the contest during the fall 2022 semester to create and submit their works. Once the winner is decided, a reception ceremony will take place to commemorate the student's achievement. The winning work will be on display in the Student Counseling Services office, and the winner will have the opportunity to be featured in the divisional newsletter.

For those interested in learning more about the contest, or to submit a piece, contact Anne Lally at alally@ysu.edu or 330-941-3737.



Professional presence on social media

By Kyle Ferraro

Jambar contributor

Employers pay attention to the information their potential employees post, making a professional online presence important.

Carla Mattiussi, career development coordinator at Youngstown State University's Office of Career Exploration and Development, said students should scrub their social media accounts of inappropriate content.

"Everybody knows the importance of it, but maybe not to the level that it's becoming important," Mattiussi said. "It's a well-known fact that employers generally check student social media accounts prior to inviting them in for interviews."

Mattiussi explained that there has to be a conscious effort to promote what type of information is made public. Students should ask themselves what personal information they want employers to know. To overcome potential negative content that was posted in the past, making a change in what you post now is an option.

"Start literally pumping out information that is new," Mattiussi said. "Because generally when a person is going to do a search of you, posts that are more recent are going to pop up more often than something you posted, say, 10 years ago."

Adam Earnheardt, communications professor and special assistant to the provost, is known as an expert on all things social media. He said there are limits to how thoroughly someone can scrub their profile.

"Most people aren't going to go back four or five years and look at your social media account. Most of the time, it means going back to platforms that you aren't as active on and scrubbing them thoroughly," Earnheardt said.

The content that is acceptable to keep versus what is recommended to delete is subjective to the employer, Earnheardt said.

"Questionable content to one person may be perfectly fine for someone else. A lot has to do with the company you're interviewing for," Earnheardt said. "Obviously, anything that shows or condones illegal behaviors are grounds for an employer to pass on interviewing you."

Christina O'Connell, Williamson College of Business Administration Center for Career Management director, has a few recommendations for what students should do before entering the professional stages of their life.

"I do recommend students to Google themselves to see what appears when someone searches their name," O'Connell said. "I also recommend cleaning up accounts prior to looking for internships and jobs, as they may find information you should have deleted before you get a chance to do so."

Making separate private and public accounts is something students can do to freely post what they please.

"There's a lot of people that do that. I think that if you're trying to find a way to express yourself or find new identities, that is a safe way to do that," Earnheardt said.

Though students can control what they post, they can also control who has access to their private accounts.

"Be very careful with who is on your accounts," Mattiussi said. "There needs to be more of an effort to control who has access to your private accounts."

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MENTAL WELLNESS

Honors college presents tips for stress-management

By Samantha Smith
The Jambar

Youngstown State University's Sokolov Honors College held a well-being and stress management presentation for freshmen honors students April 13.

Hannah Crites, graduate assistant for the honors college and graduate student majoring in physical therapy explained the necessity of holding the presentation.

"We really think it's important for [the students] to want to know how to transition into college. With that comes a lot of things. Balancing your schoolwork, balancing your friends, but also balancing you and your well-being," she said.

Crites said students need to focus on their mental well-being and their physical well-being. She mentioned the importance of building that foundation with themselves before being able to help others.

YSU community liaison Mason Edmunds served as the speaker at the presentation. Edmunds spoke about academic pressures and stress management.

"There are great ways to try and deal with all these things that you're feeling while you're in college, especially when you're in your freshman year, so many things still seem uncertain. It's important to relax. Some people do yoga. I love to play video games — that's how I relax, tune my mind out, escape into something else," he said.

Along with providing tips for students, Edmunds explained where they can go to receive free counseling services on campus and the importance of talking to someone when times are difficult. Counseling services is located in Kilcawley Center on the second floor. To make an appointment, call 330-941-373.

"The cool thing about going to see somebody who is a registered clinician is the fact that they don't have a horse in the race. They honestly want you to feel better, but they're not going to sit back and just tell you what you want to hear," he said.

Crites hopes students find what works for them to keep their stress under control and get through college. Crites wants to have this type of presentation again to help incoming students in the future. Edmunds explained to students that stress does not end at school and it is important to know how to handle it.

"It's on us to take it one day at a time and just move throughout our coursework, throughout our college experience, throughout our work life, our social lives. Take it one day at a time, things will fall into place if you're trying," Edmunds said.

For more information on the Sokolov Honors College, visit its webpage through the YSU website.

Fun hobbies for mental health

By Shianna Gibbons
Jambar contributor

Mental health experts say a healthy balance of necessary work and leisure activities can improve mental health. Youngstown State University students can find that balance through hobbies.

Amanda Shuluga, an adjunct psychology professor, said hobbies have a positive effect on some people's dispositions.

"There is a correlation between our behaviors and mood," Shuluga said. "When we engage in activities that we enjoy, we tend to see an increase in our mood."

Sawyer Stubrich, a senior majoring in nursing, has a few hobbies, including swing dancing, crocheting and reading. Stubrich said these hobbies provide mental and emotional benefits to him.

"When I'm swing dancing, I feel energized and happy," Stubrich said. "It is a great distraction because when I'm swing dancing — that is all I'm doing — just having a good time."

When Stubrich is crocheting, he said it's a different feeling but still beneficial.

"Crocheting is more relaxing because you are doing

something with your hands, but you have time for the people around you or multitask," Stubrich said. "It requires some thought, but not enough to be exhausted."

Ellie Maurice, a freshman majoring in marketing management, enjoys distance running and photography.

"Photography is a creative outlet for me. Sometimes I have this pent-up energy, and I have to get it out," Maurice said. "I get inspired by social media and things around me, so I grab my camera out and go."

Maurice said photography has helped her mental health.

"It's a good way to take up my time in a productive way," Maurice said. "When we went into lockdown, I was struggling a bit. I was able to get a lens that could get quality pictures from far away while interacting with someone from a safe distance."

Hobbies can reduce stress, enhance well-being, improve social connections and decrease depression and anxiety according to Mental Health Education. A study found that 75% of participants had lower stress levels after creating art.

Eva Lamberson, a senior double majoring in philosophy and English, said they like video games, reading and playing Dungeons and Dragons with their friends.

"Dungeons and Dragons is a tabletop role-playing game," Lamberson said. "A group of players will get together, and roleplay as different characters, and the dungeon master will take them through a story."

Lamberson said DND is a great distraction from reality.

"There have been days when I felt terrible, but I was supposed to play DND, and I was like, 'You got to do it for the other people," Lamberson said. "[DND] is a perfect escape but allows you to transport yourself to another world for a while, and that's pretty nice."

Mental Health Education said time is a big barrier for hobbies but suggests different ways to make time for the things we enjoy. Less mindless scrolling on social media and taking microbreaks during our workday are some of their suggestions.

Shuluga said hobbies are meant to be enjoyable and not add stress.

"If I'm trying to pick up 15 new hobbies, I'm going to lose my mind," Shuluga said. "We should be mindful of not overwhelming ourselves because just as quickly as we are trying to do something beneficial for ourselves, it can become a detriment."

Letter to the Editor

The Truth

The poet Matthew Arnold once wrote, "Truth sits upon the lips of dying men." Although I am not dying, my time here at YSU draws to a close. I and six other full-time lecturers at the university have learned that our contracts are not being renewed for the next year. This comes after, as The Jambar has reported, several tenure-track and tenured faculty were also let go. So, since my days are numbered — 30 of them, to be precise — I thought I'd take a few minutes to speak the truth.

First, do not trust that the university has your best interests in mind unless you are a provost, associate provost, dean, vice president or president. Their goal is simply to increase the numbers of bodies in the seats, and they will always choose quantity over quality. If quality really mattered, they would push for smaller class sizes and better pay for better teachers.

Second, do not count on the Academic Senate to do anything that could hold the administration accountable for anything whatsoever. The reason for this is simple: There are many administrators in the Academic Senate. As part of human nature, faculty are less likely to call someone to task if they are sitting right there in the room with them. I am a senator representing BCLASSE, and I can speak to this. In its present form, the Academic Senate is little more than a rubber-stamping authority for anything that the upper administration wants to happen.

Third, and most importantly, do not count on the Board of Trustees to speak up for the students or faculty. The Board of Trustees can only make decisions with the information presented to them, and they routinely only hear from university administration. They are get-

ting quite literally one side of a very complicated story.

I have been in several meetings with our dean who, when pressed with questions about teaching or release time, was quick to suggest that adjunct, part-time instructors could easily be hired to fill any gaps. What our dean, Charlie Howell, may not realize is that people are not exactly beating down the doors to come teach at YSU. Part-time faculty have not received a pay raise in at least the past 20 years. And the university's official response to criticism about the lack of pay raises for part-time faculty has been, insultingly, to say that they have been overpaid for the past 20 years and are now being paid fairly. As I am on the hiring committee for part-time faculty in English and World Languages, I can say this with certainty: There are four applications on file right now for people who want to teach English for us. Four.

Four.

Students and part-time faculty, please know that of all those at this university, it is YOU who have real power. Students: If you care about academics and are dissatisfied with what's going on, then tell your adviser this when you register for fall classes: "I am choosing to not register for classes at this time as a protest against the university's questionable dedication to academics."

Part-time faculty, you have perhaps the most power of all; it is not possible for you all to be replaced. The university relies on your labor far more than many people realize. They see you as replaceable and expendable. When being scheduled for classes in the fall, just tell your chair that you do not wish to teach in the fall for a university which does not prioritize academics. Let

them try to replace you. If enough of you do this, then the administration will notice. You are prohibited from being in a labor union by Ohio state law, but you absolutely have the right to discuss collectively what needs to happen, and then make it so. Talk with your colleagues. Set a meeting date. Brainstorm approaches and set a plan in motion if job security, pay and the future of higher education really matter to you.

Had the university not decided to hire a few more coaches at the same time as letting faculty go, I probably wouldn't have written this letter. Had they not commissioned a feasibility study for remodeling or rebuilding Kilcawley Center at the same time as divesting from education, I might have stayed silent.

I don't hate YSU. I love it here, and cleaning out my office was one of the hardest things I've ever had to do. I'm going to work in the private sector now, and will probably make a lot more money. But I never wanted this job for the \$42,000 I was paid. I wanted to teach because I was, apparently, far more passionate about education than the people who run this school.

I write this letter out of love for this university, and what it used to represent. What YSU now represents is a third-rate university, run by a top-heavy administration who is lacking in both creativity and effective problem-solving skills. It is led by people who do not know how to lead, who resort to cutting academic programs as an answer to fiscal challenge. And that's the death-knell for any place of learning.

By Ron Fields, English and World Languages Lecturer

Have something to say to The Jambar?

Send a Letter to the Editor

Email thejambar@gmail.com

THE JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Press Collegiate Press honors. The Jambar is published weekly in the spring and fall semesters. The Jambar is free for YSU students and faculty.

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The editorial board consists of the editor-in-chief, managing editor, news editor, sports editor, arts and entertainment editor and head copy editor. These opinion pieces are written separately from news articles and do not reflect the opinions of any individual staff member. The Jambar's business manager, multimedia journalists and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

LETTERS TO THE EDITOR POLICY

The Jambar encourages letters to the editor. Submissions are welcome at thejambar@ gmail.com. Letters should concern a campus issue, must be typed and must not exceed 400 words. Submissions must include the writer's name and telephone number for verification, along with the writer's city of residence for publication. The Jambar does not withhold the names of quest commentators. Letters are subject to editing for spelling, grammar and clarity. Letters will not be rejected based on the views expressed in them. The editorial board reserves the right to reject commentaries and letters if they are not relevant to our readers, seek free publicity, fail to defend opinion with facts from reliable sources or if the editorial staff has decided that the subject has been sufficiently aired. The editorial board will request a rewrite from the submitted writer based on these requirements. The Jambar will not print letters that are libelous, threatening, obscene or indecent. The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of YSU.

The Jambar Editorial

April consists of many celebrations and religious holidays, and the month is cherished by many in the Mahoning Valley and across the world. This April was no different than any other with Passover, Ramadan, Easter and many other religious celebrations.

Youngstown State University is a diverse campus and held events last week for these holidays to maintain equality and inclusion for its students, faculty and staff alike.

However, as is almost YSU tradition at this point, someone always has an issue with another individual.

The YSU app was filled with posts and

comments over the weekend complaining about how certain holidays receive the school day off, whereas other holidays do not. The conversations of whether certain holidays deserve the day off bore the brunt of a variety of poor jokes.

Posts concerning various attacks on religious beliefs were removed from the app, most likely due to the incessant harassment students unleashed upon each other.

The individual differences of students have always been something to connect students at the university but recently are underappreciated by all. If you do not respect the beliefs and religion of the students you sit next to in class, do you yell at them? Do you tell them they don't belong at this institution? No, so why has the YSU app become the place to air out your anti-semitism, islamophobia and desire to force people to fit into the same mold as yourself?

Next year, hopefully we all will have learned — or will have attempted to learn — more about each other. Not only to celebrate our own holidays, but to spread love and well-wishes to our friends, colleagues and fellow students of all religions.

The Jambar Column

'Never Let Me Go,' a story I'll hold onto

As an avid reader and semifresh Youngstown State University student, I was over the moon to discover the YSU Book Club. I was in a reading slump, so I did what I usually do when I can't decide on a new book: I cracked open "American Gods" by Neil Gaiman for my yearly reread. That's when I found the YSU Book Club Instagram page. It was this club that led me to what is now one of my favorite books.

My friend Ben, a high school English teacher in Columbus, gave me a copy of "Never Let Me Go" a year or two before the pandemic started. He told me it was his favorite novel, and I told him I couldn't wait to read it. But life got in the way, and the book sat on my bookshelf and I forgot about it.

I can't believe I waited this long.

"Never Let Me Go" by Kazuo Ishiguro is a down-to-earth science-fiction novel that asks the question, "What if we invented cloning instead of splitting the atom?" The story follows three clones — or students, as



Henry Shorr

they're referred to in the book — Kathy, Ruth and Tommy on their journey from schoolchildren, to adolescents and all the

way to adults whose purpose in life is to donate their organs to "real" people.

The beginning of the story revolves around Hailsham, a boarding school built to raise the clones. They are overseen by "guardians" who act as a mix of teachers and parents, and they are compelled to create works of art to be displayed in "the gallery."

As they age out of Hailsham and meet other students, more human problems enter their lives. Relationships start and end, there are times of introspection and the former students start to plan for their futures, knowing fully that their futures are all but decided for them.

Regardless of the tone of hopelessness in the last section of the book, the narrative is still pocked with scars of optimism. It felt as if Ishiguro were wrenching a knife deeper into my side as I tore through the pages, needing to understand how these people could remain so hopeful in the situation they were in.

I get it, though. We can't let crises dictate our lives. On a macro-level, I am reminded of the saying, "You don't notice a loaded gun to your head if it's there when you are born." I have always heard this in reference to nuclear war. That sword of Damocles has been hanging over our heads for our entire lives and even though I see the rope fraying, it's not like I can shut down because of it.

Similarly, these students chose to live their fullest lives — experiencing love, friendship, pain and heartbreak — even though they know exactly what is in store for them at their moment of "completion."

This book is so intrinsically

sad; you know where the story is going to end as soon as you understand the premise. It is also, however, powerfully human. Who among us cannot relate to coming to grips with our "purpose" in this world? What does it mean to actually be a "real person?" What gives us our worth in life? In that vein, the story is incredibly relatable, timely and compelling.

I cannot recommend this novel enough. You will forget you're reading a science fiction story because it is so grounded. You will need to take some breaks, as I cannot understate how truly sorrowful parts of this book are. You may need to read it twice — I did. But I'm unsure I've had a conversation with someone who has read this book and hasn't come out grateful that they've taken the time to get through it.

If you're interested in reading more — which is always a good thing — find me on campus; I've always got recommendations. Or join the YSU book club; those folks know what's up.

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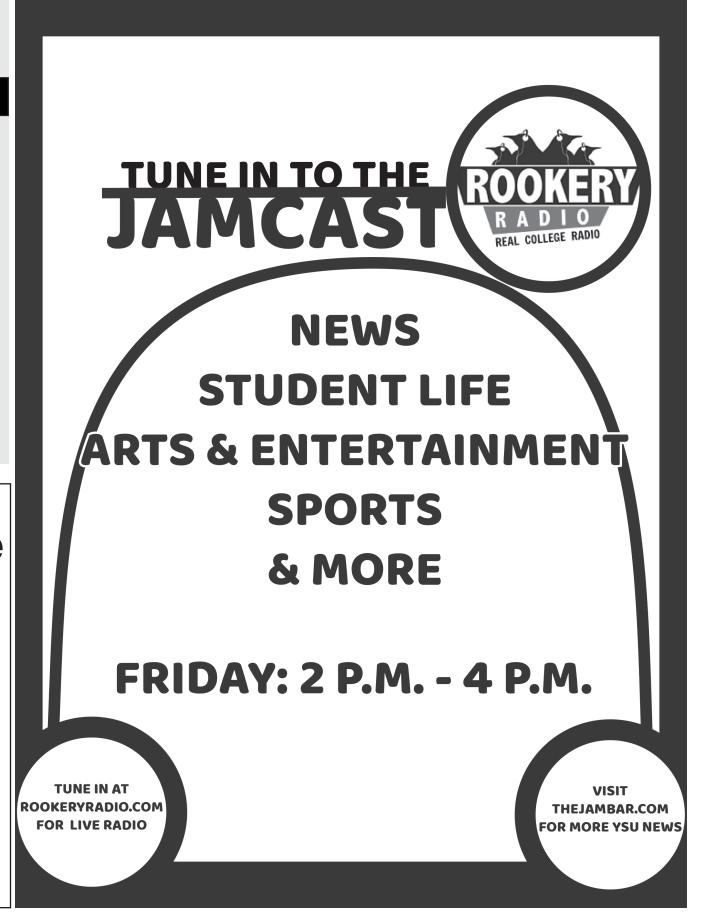
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Sacré bleu! Tennis teams serve up victory

By Cameron Stubbs
The Jambar

The Youngstown State University tennis teams had a winning weekend as the men and women both secured multiple victories over conference opponents.

The men took on Indiana University—Purdue University Indianapolis on Friday April 15, and the University of Illinois Chicago on Saturday April 16.

The Penguins dominated IUPUI as they won two of the three doubles matches and four of the six singles matches.

The matchup against UIC was much of the same as the Penguins won two of the three doubles matches and five of the six singles matches.

Junior Laurentiu Mandocescu was named the Horizon League Singles Player of the Week for both of his singles matches he won this weekend.

Mandocescu is 4-1 in singles matches amongst Horizon League opponents this year. This is also his third time earning this honor this year.

French freshman Nathan Favier did not take a single loss in the four matches he was in this weekend and commented on the team's latest seven-game win streak.

"It's very important," Favier said. "For us, it meant a lot. It was good for us to be undefeated and to win the conference, so now we are 7-0 and we want to win this weekend to finish it."

These big wins led the men's team to secure a share of its first-ever Horizon League championship. A seven-game win streak and 7-0 in conference play has secured this honor.

With one more win, the men's team could be the first in Penguin history to stay undefeated in conference play. The men have made the postseason for the past 10 years and are gearing up for another run this season.

The women took on UIC on Friday and the University of Wisconsin-Milwaukee on Saturday.

Against the Flames, the Penguins won two of the three doubles matches and four of six singles matches. The Penguins won all three doubles matches and five of the six singles matches against the Panthers.

Fellow French freshman Elisa Rigazio lost her singles match on Friday, but came back strong winning her matchup on Saturday. Rigazio commented on the teams weekend success.

"I think we had a really good day because we are really close to each other," Rigazio said. "I feel that we did really great [with] two big matches this weekend so I'm really proud of my team right now."

These wins kept the women undefeated in conference play this season and extended their win streak to six games.

The women have a chance to be undefeated in Horizon League play for the second time in school history and the first time since the 2014-15 season. With a postseason berth last year, the women hope to keep that momentum going as they head into the postseason this year.

Up next, the men will travel to Cleveland State University on April 23 to take on the Vikings, while the women will finish the regular season at home also against the Vikings.

To stay up to date on tennis, visit ysusports.com

Lanes close for Penguins this season

By John Ostapowicz
The Jambar

The Youngstown State University women's bowling team's season ended April 9. The Penguins fell 2-1 to Arkansas State University in an elimination mega-match at the NCAA Lansing Regional.

In the match, Youngstown State finished third out of four teams, wrapping up its second-consecutive NCAA Tournament. The bowling team dropped its first-round match April 8 to the Red Wolves but were able to stay competitive by sweeping Alabama State University in an elimination match.

The Penguins played a rematch against Arkansas State and won the traditional point, holding a 48-pin lead after one game of the Quint Baker round. After winning the point, the Red Wolves fought off the Penguins to secure the victory.

Leadoff bowler junior Megan Grams had the highest score on the pair with a 233. Freshmen Lyndsay Ennis and Jade Cote and senior Emma Dockery each bowled over 200 to try to keep the match within reach.

With the season-ending loss, the careers of seniors Sarah Florence, Emma

Wrenn and Dockery came to an end.

In Dockery's five-year career with the Penguins, she has set the record for total pinfall with 32,748 and traditional matches played with 173. Dockery endured a stretch of three head coaches in three semesters and has been a two-time NCAA Tournament participant.

Wrenn joined the bowling program as a transfer from Saint Francis University before head coach Doug Kuberski took over in 2019. She was able to rewrite the school record book four times as she holds the highest average of 197.75 pins, Baker frame average of 19.79%, strike percentage of 47.92 and fill frame percentage of 83.61.

After Youngstown State, Wrenn will step away from bowling in order to focus on her career, but will likely revisit the sport in the future.

"I accepted a job at Medline Industries back home in Arlington Heights as a pricing specialist to create certain contracts with our vendors. I will possibly be in bowling leagues," Wrenn said.

April 20 was a milestone day for Wrenn as she was voted to the All-Southland Bowling League Second Team.

Florence transferred from Long Is-

land University Brooklyn to Youngstown State. By her fifth year as a Penguin, she was named to the NCTA All-Academic Team five times.

She was also the first bowler in program history to be voted to Academic All-District by College Sports Information Directors of America as well as becoming the 22nd Youngstown State athlete in any sport to be named Academic All-American.

With careers ending for some, new ones are just beginning for others. Cote and Ennis were both named to the National Tenpin Coaches Association All-Rookie First Team for the 2021-22 season April 14. Youngstown State is the only school in the country to have more than one student-athlete named to the All-Rookie Team.

In an interview with ysusports.com, Kuberski expressed his faith and excitement on how well the two freshmen performed this season.

"It was fun to see Jade and Lyndsay really find their strides as freshmen," Kuberski said.

Cote set three school records in her first collegiate season as a Penguin. She averaged 205.13 pins in traditional games - which is five more pins than the record - heading into the season.

Her school record for single-season strike percentage by striking on 51.92% of her attempts was the highlight of her young career. Cote's 225.60 average at the Big Red Invitational in February was the highest ever by a Penguin at a tournament.

Ennis showed dominance in her first year as she averaged 199.49 pins in traditional games which was the fifth-highest mark on the team this season. Heading into the championships, she ranked fourth among freshmen in scoring average at 19.66 pins in the tournament.

Before Youngstown State, Ennis earned a position on the 2022 Junior Team USA for her performance at the 2021 Junior Gold Championships. She had the fifth-highest qualifying total in the U18 division to earn one of six positions.

The end of this season marks another historic performance for the women's bowling team. Next season, it looks to ride that momentum with new players and new opportunities.

Penguins keep sliding through the snow

By Cameron Stubbs
The Jambar

The Youngstown State University lacrosse team hit the road for its latest two games against the University of Detroit Mercy and Central Michigan University.

The game versus the Flames ended in an overtime win for the Penguins for the second time this season. Freshman Natalie Calandra-Ryan scored the overtime goal to secure the 10-9 victory for the Penguins.

Graduate student Ali Korin led the team with three goals, all coming in the third quarter. Calandra-Ryan and sophomore Erin Clark contributed two goals each while freshman Molly Sheridan also tallied a goal of her own.

Sophomores Tristen Chang and Lauren Ottensmeyer also scored one goal each in the third quarter to contribute to the 5-0 run. This run solidified the win as the Penguins went on to score two more in the fourth quarter to make it a 7-2 run.

Graduate-student goalie Savannah Clarke played the entire game in the net with 16 saves on 25 shots.

Against the Chippewas, the Penguins were in their natural habitat as the snow came down in Mount Pleasant, Michigan. The 'Guins slid into an 11-10 win as Korin led the team with five goals, followed by Calandra-Ryan with four.

Coming from Auburn, New York, Calandra-Ryan said she felt like she was in her element.

"It honestly wasn't that bad," Calandra-Ryan said.

"Being from upstate New York, you're kind of used to it already. Just having come down more and more, you just had to deal with it once [we] got adapted to it."

With two games left in the season, Calandra-Ryan also commented on what the team expects from the remaining games.

"I'm expecting we're going to work our hardest and despite the outcome we're going to have a great time doing whatever we've got to do."

The Penguins face off against Kent State University on April 23 for the last home game of the regular season. Following that is a road game against Robert Morris University on April 30 to close out the season.

1st win at Eastwood leads to monstrous run-production

By Kyle Wills
The Jambar

After losing its first five games at Eastwood Field this season, the Youngstown State University baseball team claimed its first home win of 2022 in the series against the University of Wisconsin-Milwaukee.

It was an electric weekend for the Penguin offense as it scored 28 runs in the final two games of the series. The team won two of the contests to take the three-game set.

Youngstown State earned its first win at Eastwood Field this year in game one of the series April 14 with a 4-2 victory over Wisconsin-Milwaukee.

Junior infielder Braeden O'Shaughnessy continued his power surge as he hit his second home run of the week in his 2-for-4 performance at the plate. He drove in three of the team's four runs with two coming from his seventh-inning blast.

Senior Chad Coles backed the Penguins' offense with seven strong innings on the mound. He battled with command issues as he issued six walks, but only allowed two runs while striking out four in his outing.

Junior Nathan Ball earned his seventh save of the season, recording the last five outs of the ballgame. Despite scoring double-digit runs in game two Youngstown State couldn't prevail in the 17-13 defeat. The game featured seven home runs between both teams. However, three errors lead to seven unearned runs for Wisconsin-Milwaukee

The Penguins scored five-straight runs to start the game, but a six-run fifth inning put the Panthers ahead. Wisconsin-Milwaukee added four more in the sixth, but Youngstown State responded with five runs in the seventh.

The Panthers outscored the Penguins 7-2 in the final two frames to take the second game.

Senior infielder Steven D'Eusanio had a career day at the plate, hitting a perfect 6-for-6 in the batter's box including a double and a solo home run. He tied the school record for most hits in a single game and became only one of two players to notch six in one performance.

D'Eusanio said staying clear-minded and keeping a steady approach has helped lead to his success at the plate.

"I knew I had six hits. To be honest, I had no idea I was going for a school record. Just taking every at-bat for what it is. Not getting in your head about, 'Oh I got a hit. Now, I have to keep doing it.' It doesn't matter."

Head coach Dan Bertolini was ecstatic to see the senior locked in and barrel

up the ball during the series, especially with the time he's had to miss because of school.

"It's been difficult because he's a nursing student, so he's missing sometimes during the midweek and practices — he hasn't been able to get to as much," Bertolini said. "When he's good, our offense can really go because Braeden's been getting on base a lot and Lucas [Nasonti] and Pad [O'Shaughnessy]. Those guys, and Seth [Lucero] and [Chase] Franken in front of them, set the table for him."

Braeden O'Shaughnessy continued his hot week, hitting his third home run of the week. It also marked his thirdstraight game with a blast. He finished 4-for-6 at the plate while driving in three runs.

His brother, senior infielder Padraig O'Shaughnessy, also had a great day at the top of the lineup, hitting 3-for-6 with four RBIs.

Youngstown State was scorching hot offensively again April 16 despite the early morning rain showers. The team followed up the 13-run, 20-hit performance with 15 runs in the series finale.

Padraig O'Shaughnessy had another monstrous game in the leadoff spot, hitting 2-for-4 with a double and two-run home run while driving in four total.

D'Eusanio, redshirt sophomore Trey Law and redshirt freshman Chase Franken each finished with multi-hit, two-RBI performances.

With a dynamic top half of the lineup, Bertolini thought the bottom half also shined in the series finale.

"Two guys I thought had great days today were Chase Franken and Trey Law. They came up huge for us with big RBIs and two-out hits. Even in that last inning, broke the game open," Bertolini said.

Junior Matt Brosky continued his dominant junior campaign with his sixth game pitching at least six innings. He finished the afternoon pitching his way in the eighth inning, throwing seven-plus innings while allowing two earned runs and striking out three.

Bertolini said Brosky's pitching has had a huge impact on the team.

"He didn't see a whole lot of results early in the season. He was pitching great and wasn't getting a lot of credit for it. He does a great job for us. It's good to have him on Sundays because you get that opportunity to win," Bertolini said.

The baseball team will conclude its 10-game opening homestand April 22 when it welcomes Oakland University to Eastwood Field for a doubleheader before traveling to Wisconsin to take on Wisconsin-Milwaukee, once again, in a doubleheader April 24.

School record highlights Senior Day weekend

By Kyle Wills
The Jambar

Fifth-year outfielder Yazmine Romero etched her name into the Youngstown State University record book as the new all-time hits leader during the Penguins' doubleheader April 15.

The achievement occurred when the softball team continued its busy schedule with its third double-header of the week, ending with a split to Northern Kentucky University.

Romero's fifth-inning single in game one of the doubleheader gave her career hit No. 234 and sole possession of the school record. The previous mark of 233 hits stood since Hailey Thomas donned a Penguin uniform from 2009-12.

Romero said the record was her goal for the last couple of seasons.

"I've been eyeing it for a while, and I wouldn't have it without my team behind me. It's really exciting," Romero said. "The day my freshman season ended, I've been calculating every hit I'd need to break it. The fact that it's today is not even real."

The women were defeated in game one to the Norse 5-1 before finishing the evening strong with a 2-1 win.

In the opener, Youngstown State came out of the first inning with a 1-0 lead following an RBI knock from fifth-year infielder Nikki Saibene, but Northern Kentucky took advantage of timely hitting with a two-run double in the third inning and a second two-run double in the fifth.

Junior Megan Turner and freshmen Taylor Truran and Bree Kohler also had hits for the Penguins.

In the nightcap, Youngstown State took advantage of a rocky fifth inning by the Norse. Kohler scored on a throwing error after she reached base on a one-out double. After a sacrifice bunt from senior infielder Alex DeLeon to move the runner, Romero drove in Kohler with an RBI hit.

Head coach Brian Campbell said recording consecutive hits led to game one's loss.

"The difference between the two [games] — we didn't put our hits together back-to-back. We had five, six hits the first game. We didn't put them back-to-back, we spread them out," Campbell said.

However, game two featured the third stellar outing of the week for sophomore Sophie Howell. She finished her night with a complete game while allowing only one run and striking out six. Her previous two outings during the week were just as phenomenal as she pitched a complete game with zero

earned runs allowed and six strikeouts in each start.

Howell said her stellar sophomore season is because she has been more relaxed on the mound.

"I've calmed down my nerves a lot more. I've really settled in. Last year, I was just a relief pitcher, so I got innings, but it wasn't the same as actually going out and starting games," Howell said.

On April 16, eight seniors were recognized prior to the series finale against the Norse.

Romero, Saibene, DeLeon, Elle Buffenbarger, Kayla Rutherford, Grace Cea, Milena Lacatena and Sarah Bader all were honored for their time and effort spent in the program.

Unfortunately, the celebration ended there as the Penguins only scored a lone run from Turner's fourth-inning home run. Northern Kentucky used a three-run opening frame to help claim the three-games and a 4-1 victory.

Kohler had a solid day at the plate as she hit 2-for-3, including a double.

The women returned to action April 19 in a doubleheader versus Cleveland State University. For news, stats and highlights, visit ysusports.com

The softball team will return home for its final three home games of the regular season with a three-game series versus the University of Wisconsin-Green Bay on April 22-23.

