

# Guidelines | Ohio Counseling Association

The mission of OCA is to promote and advance the profession of counseling

Volume 36, Issue 3—July 2010

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**2010 All Ohio Counselors Conference (AOCC): Nov. 3 - 5**

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## OCA Executive Council 2009-2010

### OCA Officers

**President:** Jake Protivnak  
jjprotivnak@ysu.edu

**President-Elect:** Kelley Schubert  
kschubert@new-albany.k12.oh.us

**Past President:** Bill O'Connell  
oconnell@xavier.edu

**Treasurer:** Tim Luckhaupt  
ocaohio@yahoo.com

**Secretary:** Jessica McRoberts  
mcroberts.jessica@yahoo.com

**Parliamentarian** Kelley Schubert  
kschubert@new-albany.k12.oh.us

### OCA Chapters

**COCA** Denise Lewis, President  
centralohiocounseling@yahoo.com

**EOCA** Julie Lenyk, President  
juliemiranda311@yahoo.com

**GCCA** Melissa Fisher, President  
melfisch10680@yahoo.com

**MVCA** Beverly Garrett, President  
bivroyg@earthlink.net

**NCOCA** Marisa White, President  
us3we3@yahoo.com

**NWOCA** Christie Jenkins, President  
jenkinschristie@aol.com

**SEOCA** Mary-Anne Joseph, President  
mj210407@ohio.edu

### OCA State Divisions

**OACES** David Mann, President  
dmann@ashland.edu

**OAMCD** Ameena S. Mumin, President  
ohioamcd@gmail.com

**OMHCA** Renee Kolecki, President  
rtkole@yahoo.com

**OCDA**  
Cynthia Marco-Scanlon, President  
cmarco@jcu.edu

**OASGW** Chad Yates, President  
cyates6@kent.edu

**OSCA** Susie Boggs, President  
sboggs@tolles.k12.oh.us

**OASERVIC**  
Claudia Sadler-Gerhardt, President  
cgerhard@ashland.edu

**OAGLBTIC**  
Tara Meckley-Hill, Representative  
tmhm7@aol.com

### OCA Standing Committees & Liaisons

**Awards** Jane Cox  
jcox8@kent.edu

**Archives** Connie Patterson  
connieapatterson@gmail.com

**Bylaws** Rachel Hoffman  
rhoffman15@yahoo.com

**Newsletter Editor** Jonathan Lent  
jl66@zips.uakron.edu

**Ethics & Prof. Identity**  
Brandy Kelly  
blkelly10@yahoo.com

**Finance** Meghan Brown  
mjfortner05@hotmail.com

**Government Relations**  
Gregg Pollock  
pollogc@ccf.org

**Membership** Marisa White  
us3we3@yahoo.com

### Nominations/Elections

Bill O'Connell  
oconnell@xavier.edu

**OCSWMFT Board Liaison**  
Thelma Greaser  
great@cgfs.org

**Prof. Development** Chris Bhat  
bhatc@ohio.edu

**Public Relations** Kerry Sebera  
sebera@uc.edu

**Public Services** Holly Harper  
holly.harper2@utoledo.edu

**Technology** Daniel Cruikshanks  
dcruiksh@heidelberg.edu

**Towner Policy Group**  
Carolyn Towner, Kristy Smith,  
Amanda Sines  
carolyntowner@sbcglobal.net  
kristysmith@sbcglobal.net  
amandasines@sbcglobal.net

**Webmaster & Listserv**  
Stephanie Burns

## From the President | Jake J. Protivnak



### Mold a New Reality: Closer to Your Heart

I was honored to have served as President of the Ohio Counseling Association during 2009-2010. It seems like it was only a few years ago that I was an undergraduate psychology student applying for admission into a counseling program. Having the opportunity to serve this role in OCA has been a valuable experience. I have sought to maintain the activities and focus of the association to promote and advance the profession of counseling in Ohio. As the year concludes, it is a natural time to consider how we were able to accomplish the goals that were set.

There are several actions that the 2009-2010 OCA Executive Council accomplished collectively that are worthy to note: 2010 Counselor Legislative Advocacy Day at the Statehouse in Columbus; 2009 AOCC Conference with 1600+ attendees; Delivery of testimony at the statehouse and written letters regarding legislation; Collaboration with the Ohio Counselor, Social Worker, and Marriage & Family Therapist Board regarding improving licensure issues; Development of the new OCA national journal – *The Journal of Counselor Practice*; Revision of OCA *Guidelines*; Creation of the OCA Facebook site; Availability of various CEU workshops sponsored by OCA Chapters and OCA Divisions across Ohio; hosting opportunities for current/former OCA members to connect at a reception at the ACA conference; and legislative advocacy for issues related to counselor licensure and practice.

While we accomplished many of the goals that were set, professional service is only one small part of who we are. Each of us has other areas within our life (family, friends, etc.) which are much more important. While we look back at our progress in one area, it is beneficial to consider how we are doing and whether we are meeting our own expectations in other areas of our life.

One of my favorite brief group activities popularized by Stephen Covey in his book *The Seven Habits of Highly Effective People* encouraged individuals to begin with the end in mind. He encouraged individuals to imagine having an opportunity to travel into the future and observe their own funeral. While the activity might seem a bit grim, the purpose is to encourage participants to take a break from the daily activities and consider whether they are purposefully living their life which is meaningful. One part of the activity asks participants to think what different groups of people would say about them.

- Your family – Did you spend the time and resources to become the wife, partner, mother, sister, that you wanted to be? How are you making the choices that are important to you and your family?
- Your friends – Did you make the time to maintain important relationships? How are you being a good friend each day?
- Your co-workers / profession – Did you accomplish your goals as a student and/or professional counselor? How do you make a difference in the world as a professional counselor, supervisor, or mentor? How are you taking this opportunity in your counseling classes and/or professional development to become excellent?
- Your higher purpose / sense of self - Did you live your life making seen or unseen decisions that were a benefit to others? How are you able to end your life without regret and disappointment? What choices do you make each day that exemplify the person you want to be?

After considering how others might view us, the participants reflect if they are satisfied with the direction of their life or if they need to make adjustments to they prioritize their time and activities. Graduating from a counseling program, switching a job, retiring or moving from a professional role can serve as a point in time to reflect upon areas in your life. Begin a new chapter in your life by clearly identifying what you want and what is most important to you. Consider the preferred result for the different areas of your life and the opportunities you have to make a change. Once you have a clear picture of what you want, it is easy to recognize what you would be doing differently to get there. Mark Twain said, “twenty-five years from now, you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the shackles. Sail away from the safe harbor. Catch the trade winds in your sails. Explore, discover, and have a vision [for what is closest to your heart].”

The OCA Executive Council begin the year with a clear picture of the goals we wanted to accomplish. We had road map of where we wanted to go, the stops along the way (or signs letting us know that we were headed in the right or wrong direction), and a clear picture of our final ending destination. As I conclude my term as OCA President, I want to thank the individuals who volunteered their time and resources, as well as, the OCA consultants Tim Luckhaupt and Towner Policy Group who contributed to our success. Thank you again for this opportunity and I hope to see you at Ohio Counseling Association events in the future.



- Jake J. Protivnak, Ph.D., PCC-S, LSC is an Assistant Professor and Counseling Program Coordinator at Youngstown State University. Contact him at [jjprotivnak@ysu.edu](mailto:jjprotivnak@ysu.edu)

## By the Numbers | Dilani Perera-Diltz



### Prevalence of Substance Use Among Ohio Youth

*The Youth Risk Behavior Survey, developed by the Center for Disease Control and Prevention, gathers information on behaviors that contribute to death, disease, and injury of youth.*

*These categories include: alcohol use, tobacco use, illegal drugs and prescription drug use, sexual behaviors injury, violence, mental health, nutrition, physical activity, youth development, and preventive health care. In the most current survey published in 2007, 2,527 students in 101 high schools (grades 9-12) participated from Ohio. Following are some findings from the Youth Risk Behavior Survey 2007 on Ohio teens.*

- 29% teens reported binge drinking (i.e., having five or more drinks of alcohol in a row within a few hours). This finding is approximately a 3% increase from that reported in 2005.
- 6% reported sniffing glue, breathing the contents of aerosol cans, or inhaling any spray to get high one or more times during the past 30 days. This finding is approximately a 1% increase from that reported in 2005.
- 14% reported smoking an entire cigarette before the age of 13. This is approximately a 4% decrease from that reported in 2005.

The Youth Risk Behavior Survey is available @ <http://www.odh.ohio.gov/ASSETS/8B14D000DC1C4525B089EAB463922A7A/Exec%20Summary%20Web%2007.pdf>

#### Prevalence of Substance Use among adults in the United States

*The Health, United States, 2009 report, compiled by the Centers for Disease Control and Prevention's (CDC) National Center for Health Statistics (NCHS), gathered information through interviews of a sample of the civilian non-institutionalized population. The following are some findings related to adults in the United States.*

- Approximately 42% (18-25 years), 35% (26-34 years), and 19% (35 years and over) of adults in the United States reported binge drinking in 2007 (p. 281).
- Approximately 20% (18-25 years), 11% (26-34 years), and 5% (35 years and over) of adults in the United States reported using illicit drugs in 2007 (p. 280).
- Approximately 16% (18-25 years), 8% (26-34 years), and 3% (35 years and over) of adults in the United States reported marijuana use in 2007 (p. 280).
- Approximately 6% (18-25 years), 4% (26-34 years), and 2% (35 years and over) of adults in the United States reported illicit prescription drug use in 2007 (p. 280).
- Approximately 36% (18-25 years), 33% (26-34 years), and 22% (35 years and over) of adults in the United States reported cigarette smoking in 2007 (p. 282).

The Health, United States, 2009 report is available @ <http://www.cdc.gov/nchs/data/hus/09.pdf#063>



Dilani Perera-Diltz, Ph.D. is an Assistant Professor at Cleveland State University. Contact her at [d.pereradiltz@csuohio.edu](mailto:d.pereradiltz@csuohio.edu)

## David Mann Elected OCA President for 2011-2012

Congratulations to David Mann, Ph.D. who was elected to serve as President-Elect of OCA. Dr. Mann currently works as a Professor of Counseling in the Counseling Department of Ashland Theological Seminary, a graduate division of Ashland University. He earned a Ph.D. in Counselor Education & Supervision from Kent State University and is a Licensed Professional Clinical Counselor with supervisory status in Ohio. David has been an active member in the American Counseling Association (ACA), Association for Counselor Education and Supervision (ACES), Ohio Counseling Association (OCA), and Ohio Association for Counselor Education and Supervision (OACES). He finished this past year as President of OACES for 2009-2010.

Thanks again to Dr. Christine Suniti-Bhat from Ohio University for running in the OCA election. It was a close election and both candidates should be commended for their interest in serving OCA members.



# Welcome New OCA Members | by Tim Luckhaupt

The following individuals joined OCA between Jan. 1, 2010, and June 30, 2010. New members are grouped by their OCA region of the state:

**Central Ohio Counseling Association (COCA):** Brianna Abbott, Tonya Adams, Michael Barsnack, Kasey Bisch, Jennifer Catlin, Cynthia Clingan, Tanisha Crump, Jane Dooley, Kathy Edmister, Jordan Gemzer, Karen Grafton, Cindy Graham, Mia Hall, Nevalyn Nevil, Julie Oates, Ezekiel Pfeiffer, Eric Reinhart, Wendy Shackelford, Kathleen Spencer, Debra Wallace, Constance Welsh, & Megan Yaraschuk.

**Eastern Ohio Counselors Association (EOCA):** Iris Bailey, Tiffany Banks, Robin Bennie, Elizabeth Bing, JoAnna Cline, Lily Cunningham, Marcos Ghali, Dena Hargrove, Kristina Hasenyager, Jennifer Jung Kilbreath, Alicia Markezich, Scott McPeek, Maureen Metcalfe, Deirdre Petrich, Cathryn Rench, Varunee Sangganjanavanich, & Nicole Webster.

**Greater Cincinnati Counseling Association (GCCA):** Eric Bair, Stephen Boyd, Rosalyn Brown Beatty, Ursula Culver, Poppy Evans, Cheri Everhart, Holly Ferguson, Kelle Greeson, Sarah Haney, Suzanne Hoskin, Katherine Kramer, Judy Kroger, Karen McMichael, Steven Patrick, Emma Schmidt, Leslie Stoute, Desiree Watts, & Michelle Young.

**Miami Valley Counseling Association (MVCA):** Aneesa Bhimani-Trimble, Donna Brandabur, Matthew Brown, Amanda Fleming, Veronica Fodor, Robert Guthman, Mary Holevert-Kee, Elaine Jansen, Francine Jerisk, John Jung, Great Mayer, Lewis Nevins, D'Cruz Nicholas, & Ellen Stickney.

**North Central Ohio Counseling Association (NCOCA):** Janet Alberti, Margaret Delaney, Meghan Delotell, Jamie Hall, Heidi Hershberger, Dawn Jackson, Namarata Jasinski, Caleb Kunkel, Debra London, Diane Mang, Jani Wanner McWilliams, Gail Papay, Lauren Pazderak, Cherylanne Ptaszek, Steve Rainey, Carol Raleigh, John Rausch, Jacqueline Salter, Jolene Seuffert, Justin Simons, Jeffery Simth, Alicia Snyder, Jerry Strausbaugh, Michael Tolloti, Diana VanWinkle, Nancy Waina, Stephanie Walker, & Susan Zacharias.

**Northwest Ohio Counseling Association (NWOCA):** Joanna Brendle, Amy Buehrer, Linda Connolly, LaTarsha Cook, Sarah Day, David Fryling, Julie Groover, Michelle Kimmell, Betsy Klein, Seoglae Morrison, Karen Murphy, Allison Sandrock, Linda Smith, Kasi Sponhaltz, & Karen Van Horn.

**Southeastern Ohio Counseling Association (SEOCA):** Julie Arthur, Charity Brown, Jinnifer Conte, James Harris, Emily Hill, Jamie Linscott, Matthew Lyons, Osric Malone Prioleau, Thomas Moore, Gregory Sammons, Sonny Saunders, Sherry Shamblin, Stephen Silliman, & Michael Williams, Sr.

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• Tim Luckhaupt is the Executive Director of the Ohio Counseling Association. Contact him at [ocaohio@yahoo.com](mailto:ocaohio@yahoo.com)

*Remember to renew your OCA Membership at [www.ohiocounseling.org](http://www.ohiocounseling.org)*

*Connect with other OCA members on the OCA Facebook Page*

*Discuss issues or ask questions on the OCA Listserv, [OCA-L@LISTSERV.KENT](mailto:OCA-L@LISTSERV.KENT)*

# Ohio Statehouse Report | by Towner Policy Group



## Gregg Pollock Testifies on Mental Health Hold Legislation

Greg Pollock, Chair of the Government Relation's Committee for OCA, testified in the House Judiciary Committee at the proponent hearing on House Bill 281 on December 16, 2009. House Bill 281 is OCA's mental health hold legislation introduced by Representative Kenny Yuko (D -Richmond Heights) and the bill has been referred to the House Judiciary Committee.

House Bill 281 would amend the current mental health hold law to allow a licensed professional clinical counselor (LPCC), licensed independent social worker, independent marriage and family therapist, and certified nurse practitioner or clinical nurse specialist to have a person taken into custody and immediately transported to a hospital where the person may be examined by a physician if the LPCC has reason to believe the person is mentally ill and represents a substantial risk of physical harm to himself/herself or others. The LPCC would be required to give the hospital a written statement describing the circumstances under which such person was taken into custody and the reasons for the LPCC's belief a mental health hold was necessary.

Pollock told the members of the Committee that his license allows him to independently diagnose and treat mental and emotional disorders. He said he has had extensive training and experience in the area of suicide assessment and prevention and has worked in a variety of settings where he evaluated clients and determined that they were in need of hospitalization. He also told the Committee that "unfortunately, rather than provide the care and safety needed by the client, I had to take time to find another provider, often a psychologist, to sign a client into a treatment facility or hospital who was a danger to themselves or others."

Pollock said that House Bill 281 would allow him, as a licensed professional clinical counselor, to put a mental health hold on a client who represents a substantial risk of physical harm to himself/herself or others. Under the current law, only a psychiatrist, psychologist, physician, health officer, parole officer, police officer, or sheriff may put a mental health hold on a client.

Also testifying as proponents of the legislation were Louis Weigele, Vice President of the National Association of Social Workers and Annetta Davis, a licensed social worker and Chair of the NASW's Government Affairs Committee.

A third hearing was held on the bill on March 3, 2010. No witness testified, but three letters were submitted to the committee. County Behavioral Health Authorities submitted written testimony in opposition to the legislation. The Ohio Legal Rights Service and the Ohio Psychiatric Physicians Association submitted testimony as interested parties, but outlined concern with the bill.

Co-sponsors of the bill include State Representative Mike Foley. (D – Cleveland), State Representative Peter Ujvagi ( D- Toledo ), State Representative Bob Hagan (D – Youngstown ), State Representative Lorraine Fende ( D – Willowick), State Representative Kathleen Chandler ( D – Kent) and State Representative Dennis Murray ( D – Sandusky).

Ohio Counseling Association members are encouraged to write a letter to your State Representative or a member of the House Judiciary Committee asking them to support the enactment of House Bill 281. Tell your legislators why this legislation is needed and any problems you have had in the past with an individual needing a mental health hold. Explain what your educational background is and why your education prepares you to sign a mental health hold.

If your state legislator is a cosponsor of the bill, please thank him/her for cosponsoring the bill. If you do not know who your State Representative is, please go to [www.legislature.state.oh.us](http://www.legislature.state.oh.us) and enter your zip code.

Members of the House Judiciary Committee include:

- Sandra Harwood, Chair (D – Niles)
- Mark Schneider, Vice Chair (D – Mentor)
- Barbara Boyd (D – Cleveland)
- Ted Celeste (D – Columbus)
- Mark Okey (D – Carrollton)
- Michael Skindell (D – Lakewood)
- Matt Dolan, Ranking (R – Novelty)
- Kevin Bacon (R – Columbus)
- Lou Blessing (R – Cincinnati)
- Danny Bubp (R – West Union)

Letters may be addressed as follows:

The Honorable \_\_\_\_\_  
Ohio House of Representatives  
77 South High Street  
Columbus, Ohio 43215

Dear Representative \_\_\_\_\_:

# Ohio Statehouse Report | by Towner Policy Group

## Mental Health Hold Interested Party Meeting Held

Representative Kenny Yuko, sponsor of HB 281, hosted an interested parties meeting on January 28, 2010 to discuss HB 281. Groups Represented: Ohio Counseling Association – Amanda Sines and Gregg Pollack; NASW, Ohio – Cindy Webb; Danielle Smith, Ed Hogan and an two interns; Ohio Psychological Association – Michael Ranney; Ohio Psychiatric Physicians Association – Janet Shaw and Tracy Intihar; Ohio Legal Rights Services – Tim Tobin and Michael Kirkman; Marriage and Family Therapist - Lori Herf; Counselor, Social Worker, and Marriage and Family Therapist Board – Jim Rough; Ohio Association of County and Behavioral Health Authorities – Suzanne Dulaney and Joe Trolley (LPCC and public health officer in Richland County); Representative Kenny Yuko and Kate Lyman

Representative Yuko opened the meeting by welcoming everyone and gave a brief statement about why he agreed to sponsor this legislation. His goal is to increase access to services and care to those who need them most. He requested the interested party meeting because many groups had expressed concerns with the legislation as written and he hoped that by getting the parties together, we could start discussing possible compromises.

The opponents raised the following concerns:

- No mental health professional should be taking patients “into custody”;
- Adding professionals to the list would clog an already taxed system;
- Professionals should be using tools already in place to get their patients a mental health hold: police, public health officers, or the affidavit process;
- Civil liberties should only be taken away by the government.

The representative from the Richland County Mental Health Board, who is also an LPCC, argued that public health officers should really be signing these orders. His Board requires a 6 week training and the board then votes on who will get the designation. Richland County designates 12 public health officers. OCA argued that not every county has uniform standards and guidelines for such a designation. Gregg told the group that in Stark County there are only 2 public health officers and if they were not available to sign the hold, the counselor treating the patient was stuck having to track someone down. This wasted critical time, when an LPCC is more that qualified and trained to make the determination their self.

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## Medicare Initiative | by Gregg Pollock

Events have come to a standstill regarding the Medicare initiative to have Professional Counselors added to the list of approved providers. Specific legislation including the coverage of counselors was left out of the health care bill that was passed by congress in the fall. This is disappointing news given all of the effort that we have put into this initiative in Ohio and across the country.

There were concerns that there would not be enough support for counselors to push that specific piece of legislation through the congress. This shows that we need to continue educating and informing our legislators, the public, and consumers about who we are and exactly what it is that we do as counselors. One other piece of feedback included concerns about increased costs associated with adding counselors into the Medicare networks. The truth is that with the inclusion of counselors there would be a cost savings. This savings would be seen in a reduction of emergency room visits, and primary care physician office visits where untreated mental health issues present as some sort of medical issue. There also would be a great increase in the number of qualified providers within the Medicare network who are able to treat older adults who present with mental health issues. Presently there are not enough qualified mental health practitioners treating the older adult population.

Given this setback with Medicare legislation, all is not lost at this point. I have been told that there will be another vote in the fall on health care issues. We need to continue lobbying our legislators about the inclusion of counselors within the Medicare network. Make the phone calls, and send personalized letters letting them know of the importance of adding counselors as Medicare providers.

There has also been some progress in relation to Counselors gaining access to employment within the Department of Veterans Affairs (VA). Specific legislation was passed in 2006 (Public Law 109-461), which allows for counselors to be employed within the VA system. At this point we are waiting on specific job descriptions to be developed specifically for counselors. In February, 2010 the Under Secretary for Health of the Department of Veterans Affairs approved the creation of a new occupational category for the hiring of Professional Counselors and Marriage and Family Therapists within the VA. Federal Occupational categories are developed by the Office of Personnel Management, but only at the request of federal agencies. This is a step in the right direction for counselors to be employed within the VA system.

# Ohio Statehouse Report | Towner Policy Group

## Hearings on Art Therapist Bill

House Bill 208, introduced by Representative Mike Skindell (D – Lakewood), would establish licensure of art therapists by the Ohio Counselor, Social Worker, Marriage and Family Therapist and Art Therapist Board. The bill also adds 3 members to the already established board: two appointed to represent art therapists and an additional public member.

House Bill 208 defines art therapy as “the use of art media, images, and the creative art processes, and an individual's responses to the media, images, and processes, to help evaluate the individual's development, abilities, personality, interests, concerns, and conflicts for the purpose of reconciling emotional conflicts, fostering self-awareness, developing social skills, managing behavior, solving problems, reducing anxiety, aiding in reality orientation, or increasing self-esteem.”

The bill has been referred to the House Health Committee. At the sponsor hearing, State Representative Mike Skindell said his bill would set standards of professional practice and qualifications for state licensure of art therapists and would assure the public that only credentialed art therapists practice. Skindell said art therapy is widely used in such facilities as psychiatric hospitals, schools, prisons and private practices.

On December 9, 2009, retired art therapist Rose Marie Conway, Capital University art therapy teacher Michael Barsnack, art therapists Jennifer McHale and Donald Cutcher all testified before the House Health Committee. Another hearing was held on January 20, 2010. Additional art therapists testified in support and Jim Rough, Executive Director of the Counselor, Social Worker, and Marriage and Family Therapist Board testified as an interested party. Rough cited a number of budgetary and operational concerns about the legislation.

The Ohio Counseling Association also submitted a letter to the House Health Committee on January 26, 2010 explaining concerns with the legislation as introduced. OCA representatives have met with the sponsor, Representative Skindell on two occasions and will continue to work with him and other interested parties on the legislation.

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## Yuko Introduces “Complementary Healthcare” Bill

Representative Kenny Yuko has introduced a bill, House Bill 442 that would permit complementary or alternative health care practitioners to provide certain services without being in violation of healthcare professional licensing laws if the practitioner does not engage in certain prohibited activities.

HB 442 defines "complementary or alternative health care services" to mean the broad domain of health care and healing practices that may or may not be provided in addition to or in place of prevailing or conventional treatment options, as long as those health care and healing practices do not include any of the activities prohibited in the law.

For example, “complementary or alternative health care services would include: Aromatherapy; Culturally traditional healing practices and healing traditions, including such practices and traditions that employ the use of plant medicines and foods, prayer, ceremony, or song; Detoxification practices and therapies; Healing practices utilizing food, dietary supplements, nutrients, and the physical forces of heat, cold, water, touch, and light; Meditation; and Mind-body healing practices

HB 422 specifically prohibits these providers from practicing certain activities such as: performing surgery or any other procedure that punctures the skin; providing a medical diagnosis of a disease; providing diagnosis or treatment of a physical or mental health condition of an individual if the diagnosis or treatment poses to that individual a recognizable and imminent risk of significant and discernible direct physical or mental harm; counseling any individual to disregard the instruction or counsel of a licensed health care professional; and counseling any individual to discontinue use of any dangerous drug, drug, or therapeutic device prescribed to the individual by a licensed health professional authorized to prescribe drugs.

The provider of complementary services must provide the recipient of their services with a disclaimer before providing any services. A “licensed health care professional” is defined as a person who holds a current, valid license or certificate issued under Chapter 4715., 4723., 4725., 4729., 4730., 4731., 4732., 4734., 4755., 4759., 4762., or 4779. of the Revised Code.

Chapter 4757 of the Ohio Revised Code, the Counselor, Social Worker and Marriage and Family Therapist Board Chapter, is not included in the bill. Towner Policy Group has contacted Representative Yuko’s office to request that 4757 being added to the legislation. If a person in Ohio is providing diagnosis or treatment of a mental health condition without a license, OCA wants to be sure that the CSWMFT Board has the authority to go after that person under the law.

# Ohio Statehouse Report | Towner Policy Group



## Delay of Expenditures of Funds for Core Teachers and Delay of All Day-Kindergarten

Senate Bill 173, sponsored by State Senator Gary Cates (R-West Chester), would delay until July 1, 2012 the rules regarding a school districts' expenditure of funds for core teachers. In addition, the bill would delay until the 2011 – 2012 school year the requirement for districts to provide all-day kindergarten for all kindergartners; and would require each school district that does not offer all day kindergarten in the 2010 – 2011 school year to submit to the Superintendent of Public Instruction a plan for meeting the requirement to provide all day kindergarten to all kindergartners in the next school year.

A core teacher is one who provides instruction in English language arts, math, science, social studies, or foreign language. Funding for core teachers is calculated based on a student teacher ratio of 25:1 for grades 4 to 12 and the following student teacher ratios for grades K to 3: (1) 19:1 in fiscal years 2010 and 2011, (2) 17:1 in fiscal years 2012 and 2013, and (3) 15:1 in fiscal year 2014 and later.

This bill was reported out of the Senate Education Committee on November 18, 2009, but has yet to go to the floor of the Ohio Senate. The delay in kindergarten classes was included in House Bill 318.

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## Ethics Question | Brandy Kelly / Ethics Committee



### Are Counselors Required to Report Felonies?

Professional counselors have raised the question of whether they are required by law to report a felony. According to the *current* Ohio Revised Code (ORC; see <http://codes.ohio.gov>), most mental health professionals (i.e., psychiatrist, licensed psychologist, licensed school psychologist, treatment therapists working in an ODADAS certified program) are exempt from the duty to report felonies on the merit that the relationship is considered privileged under statute 2921.22. It appears, however, that professional counselors were not included in the language of this statute of the ORC. This exclusion appears to be due to the fact that the law preceded the inception of the Ohio Counselor, Social Worker, Marriage and Family Therapist (OCSWMFT) board and the Ohio Counseling Association (OCA; Victoria Kress, personal communication, February, 5, 2010).



The members of the OCSWMFT board are lobbying to have their licensees added to statute 2921.22 and have proposed changes to this statute, suggesting the following to be added to the list of professionals exempt from the disclosure of information pertaining to a felony: licensed counselors, social workers, and marriage and family therapists (Jim Rough, personal communication, February, 5, 2010).

At the current time, there is not a concrete answer to the question posed above (i.e., whether or not a professional counselor is required to report a felony). It is suspected that readers will have differing views and opinions and therefore the following is provided to further stimulate counselor decision making regarding this issue. Since professional counselors are covered under the rules of privilege, mandatory reporting, and confidentiality regulations, would it be reasonable to consider the commission to report a felony as already protected by these regulations? If a professional counselor were to report a felony could she or he be in violation of the confidentiality ethics laws? If a professional counselor does not report a felony could he or she be considered guilty of committing a crime?

It is evident that this is a critical matter to be taken seriously by professional counselors, clients, and legislation. As mentioned, the OCSWMFT Board is lobbying to have licensed counselors added to the statute. In the interim of the decision, professional counselors questioning whether or not to report a felony are encouraged to seek peer supervision, consult with supervisors and an attorney, and document their decision-making process.

OCA Ethics Committee :
Nicole Adamson
Nicole Bradley
Jessica Eaton
Brandy Kelly
Michelle Edenfield
Jen Yensel
Jonathan Lent
Rachel Hoffman

# OCA Member Spotlight | Michelle S. Hinkle



## Recognizing Accomplishments and Milestones

The Ohio Counseling Association wishes to acknowledge members for their accomplishments in counseling, as well as recognize milestones in their careers. This featured article, *OCA Member Spotlight*, serves to inform OCA members of the hard work and achievements of their colleagues and to highlight noteworthy news about members, university counseling programs, agencies, schools and other counseling environments. The following is a compilation of recent accomplishments and information reported by OCA members regarding themselves and their colleagues.

**Awards, Recognitions, & Accomplishments:** **Jayne Cash**, school counselor at Columbus Humanities Arts & Technology Academy, **Rachel Zufall**, school counselor Columbus Preparatory Academy, and **Marte Ostvik-DeWilde**, school counselor at Columbus Arts and Technology Academy were collectively hired to start ASCA standard school counseling programs in their charter schools after their schools received a national grant for three years. **Sheryl Gould, MS, PCC-S**, Kettering Health Network in Kettering, has created a unique, specialized curriculum for the grant supported Screening, Brief Intervention and Referral to Treatment (SBIRT) model, in which she trains medical residents and attending physicians to effectively interact with patients by using basic counseling skills. **Thelma Greaser, MS.Ed., LPCC-S**, Child Guidance & Family Solutions in Akron and the chair-elect of the Midwest Region of ACA, taught a 40 hour seminar on the impact of domestic violence on families and communities in Santa Rosa de Copan, Honduras, C.A. While there **Ms. Greaser** conducted a 30 minute counseling session with a woman from Santa Rosa using the Spanish/English translator on her computer which resulted in the woman agreeing to additional services from a local psychologist.

**Mary Grover**, counselor at Tender Mercies Inc. and supervisor for Xavier University counseling students, was awarded the 2010 Mary Corre Foster Outstanding Community Counselor Award. **Laurie Knuth**, a counselor at Stanton Middle School in Kent, was a finalist in the American School Counselor Association's School Counselor of the Year award. **Amanda D. Leszczuk**, school counselor at Mariemont High School in Cincinnati, earned the 2010 Marvin Rammelsberg Outstanding School Counselor Award. **Dr. Patricia A. Schafer** became certified by the NBCC as a Certified Clinical Hypnotherapist. **Dr. Robert Schwartz**, professor of Counselor Education at the University of Akron, was appointed by the Ohio Department of Mental Health to the Summit County Alcohol, Drug Addiction, and Mental Health Services Board of Directors. **Dr. Lee Wetherbee**, professor of counseling at Ashland Theological Seminary, is serving as a Ministry Assessment specialist by performing psychological assessments with candidates for ordination in the United Methodist Church. **Dr. Robert Wilson**, professor of counseling at the University of Cincinnati and pro-bono therapist at the Health Resource Center of Cincinnati, "walked a mile" with indigent and homeless men and women who suffer serious and chronic mental illness by completing 5,280 hours of volunteer service.

**Counselor Education Program News:** The University of Akron's Department of Counseling welcomes **Varunee Faii Sangganjanavanich, Ph.D.** as it's newest faculty member. **Michael Brubaker, Ph.D.**, joined the **University of Cincinnati's** Counseling Program as an assistant professor and the Program Coordinator of Addiction Studies. The **University of Toledo's Counselor Education and Special Education** team of **Carrie VanMeter, Stephanie Calmes, Layla Kurt, and Tanner Babb** took third place in the 2010 ACA Graduate Student Ethics Competition. The counseling program at the **University of Toledo** was notified that they had a 100% first time pass rate on the NCE and a 100% pass rate on the NCMHCE exam in the fall. The programs of Community Counseling, School Counseling, and Counselor Education and Supervision at the **University of Toledo** received approval of their Mid-Cycle accreditation report from CACREP.

**Press Releases and Radio/TV Broadcasts:** **Randi Cohen, LPCC-S** was featured on WOSU and NPR podcast with her volunteer medical group International Medical Alliance of Tennessee a couple of weeks after the earthquake in Haiti. **Ms. Cohen** also published a guest column about her travels with this group for a local newspaper, and her work was featured on a TV and radio spot in the Dominican Republic.

**Books, Journal Publications, and Grants:** The following are publications by OCA members: "*Suicide, Self-injury, and Violence in the Schools: Assessment, Prevention, and Intervention Strategies*" by Gerald A. Juhnke, **Darcy H. Granello**, and **Paul F. Granello**; "*Reflections on a Circuitous Path: The Transition from Clinician to Academic*" in the Journal of Psychology and Christianity by **Lee Wetherbee** – this work will be presented by Dr. Wetherbee at the Christian Association for Psychological Studies International Conference in Kansas City, KS; "*Experiences of Prejudice Among African American and Caucasian Interracial Marriages: A Q-Methodological Study*" – dissertation and OCA presentation by **Dr. Patricia A. Schafer**. **Dr. Darcy Haag Granello**, professor at Ohio State University, received a federal grant from the Substance Abuse Mental Health Services Administration for another three years of funding for the Campus Suicide Prevention Program at OSU.

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**Michelle S. Hinkle, M.A., PC**, is a professional counselor in Northeast Ohio and a doctoral candidate at Kent State University. Contact her at [mhinkle2@kent.edu](mailto:mhinkle2@kent.edu).

# Nominations for OCA Awards | Jane A. Cox

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## Ohio Counseling Association Award Nomination Form NOMINATIONS DUE SEPTEMBER 30, 2010

Date:

Nominator Name:

Address:

Email:

Phone:

Nominee Name:

Address:

Email:

Phone:

### CHECK ONE

#### \_\_\_\_ **CHARLES "CHUCK" WEAVER**

One who has shown long, consistent, and distinguished service to the counseling profession and who has shown exemplary caring for people. (2004 - Carl Rak, 2005 - Tom Davis, 2006 - Judith Green, 2007 - Paula Dupuy, 2008 - Renee Kolecki, 2009 - Jim Evans)

#### \_\_\_\_ **DAVE BROOKS AWARD**

One who has demonstrated a willingness to serve and take responsibility, while creating new paths in the counseling profession. (2004 - Richard Hazler, 2005 - Jane Cox, 2006 - Cynthia Osborn, 2007 - Martin Ritchie, 2008 - Ross Chaban, 2009 - Linda Barclay)

#### \_\_\_\_ **HERMAN J. PETERS**

One who promotes innovative ideas and theories in the counseling field and has a significant impact on future trends. (2005 - Geoffrey Yager, 2006 - Holly Hartwig Moorhead, 2007 - Kathleen Salyers, 2008 - Jake Protivnak, 2009 - Tom Davis & Jo-Ann Lipford Sanders)

#### \_\_\_\_ **SUSAN J. SEARS COUNSELOR OF THE YEAR**

One who has gone beyond the call of duty by demonstrating exceptional service as a practitioner and/or counselor educator, through the application of OCA goals. (2004 - F. Robert Wilson, 2005 - Jean Underfer-Babalis, 2006 - Carol Pohly, 2007 - Jason Miller, 2008 - Mira Satiani, 2009 - Aaron Cromly)

#### \_\_\_\_ **RESEARCH & WRITING AWARD**

One who has demonstrated extraordinary research and writing ability, as evidenced by journal publications for the counseling profession. (2004 - Martin Ritchie, 2005 - Paula Britton, 2006 - John Laux, 2007 - Rob Schwartz, 2008 - Don Martin, 2009 - Colette Dollarhide)

#### \_\_\_\_ **PUBLIC POLICY & LEGISLATION AWARD**

One who has demonstrated excellent advocacy by engaging in meaningful lobbying on behalf of the counseling profession. (2004 - Ted Strickland, 2005 - Robert Spada, 2006 - Patricia Clancy, 2007 - Carolyn Towner, 2008 - F. Robert Wilson, 2009 - Angel Rhodes)

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**NOMINATION PROCEDURE:** Please submit this form with a supporting statement of 250 words or less. Letters of support also are encouraged. Attach a current vita and/or brief biographical sketch of nominee. Nominee must be a current OCA member. Send materials via email or postal mail to:

Jane Cox at [jcox8@kent.edu](mailto:jcox8@kent.edu)

Dr. Jane A. Cox  
Counseling and Human Development Services  
310 White Hall, P. O. Box 5190  
Kent State University  
Kent, OH 44242

# Chapter and Division News | Allison Bruce



## A Look Around the State

Each time I sit down to compose this brief article about the service Ohio Counseling Association's chapters and division provide to counselors across the state, I find myself full of joy and amazement. Each individual chapter and division provides such valuable efforts to support counselors in the state of Ohio! I feel truly honored to be able to report on such fine services, support, and commitment to growth of the counseling profession. On that note, a look around the state....

The association of Lesbian, Gay, Bisexual & Transgender Issues in Counseling of Ohio (ALGBTIC) is currently looking for motivated, passionate persons interested in being part of the organization. Service to the organization can include advocacy-driven committees, continuing education workshops and events, or organizational development. Please contact Pete Finnerty at [pfinnert@kent.edu](mailto:pfinnert@kent.edu) if you are interested in volunteering service to ALGBTIC of Ohio.

The Greater Cincinnati Counseling Association (GCCA) hosted a Counselor Recognition event on April 7, 2010. Counselors in a variety of settings including, community counseling, private practice, chemical dependency, school counseling, counselor education, and a up and coming student counselor were recognized for their contributions to the profession. Below is a list of names of those recognized by GCCA.

- Community Counseling – Eric Bair
- Private Practice Counseling – Mary Ann Davis
- Chemical Dependency Counseling – Anthony Gargano
- School Counseling – Barb Frederick
- Counselor Educator – Dr. Doug Spears of Cincinnati Christian University
- Counseling Student – Lisa Debbeler at the Athenaeum of Ohio

Be on the look out for a summer social hosted by GCCA to introduce members to the service to the counseling profession provided by GCCA and OCA. Melissa Fischer, current president of GCCA, would like to welcome Jan Danner to role of president as her term comes to a close this July.

The North Central Ohio Counseling Association (NCOCA) will be hosting their annual spring banquet on May 10<sup>th</sup>, 2010. Gail Rule-Hoffman M.Ed, ATR-BC, LPCC-S, LICDC & Gail Wetherell-Sack, ART-BC, LPCC will present on Art Therapy: Creative Solutions. NCOCA will award the 2010 recipient of the Dr. Chris Faiver award.

The Eastern Ohio Counselors Association (EOCA) has elected Jessica McRoberts to serve as President in 2011-2012.

The Ohio Association for Counselor Education and Supervision (OACES) hosted it's annual Spring conference in April of 2010. The conference was a success with nearly 70 individual in attendance and 16 conference sessions. Dr. David Mann would man would like to thank the members of the planning committee: Dr. Brock Reiman, Dr. Tom David, Dr. Martin Ritchie, Dr. Kelly Sebara, Dr. John Laux, and Dr. Daniel Cruikshanks. Additional thanks to Debbie Craver, Ashland University, for her support during the conference and organizing student volunteers.

OACES recognized the following award recipients for their services during the conference luncheon:

Outstanding Counselor Education Award: Dr. Nick Piazza, University of Toledo  
Outstanding Mentor Award: Dr. Jake Protivnak, Youngstown State University  
Outstanding Supervisor Award: Dr. Brandy Kelly  
Outstanding Doctoral Student: Stephanie Calmes  
Past President Award: Dr. Holly Harper,

President elect of OACES is Dr. Jane Cox, Kent State University.

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Allison Bruce is a PCC at the Cleveland Clinic. Contact her at [aeHall@kent.edu](mailto:aeHall@kent.edu).

# Counselor Career Stories | Jen Yensel

## Francie Morrow

Francie is the Director of Counseling Services at Walsh University in North Canton, Ohio. Walsh University is a small Catholic liberal arts institution with nearly 3000 students. She provides counseling to students and clinical and administrative supervision to the other counselors in the office. The office oversees mental health related programming on campus focused on educating the campus community about mental health issues and decreasing the stigma of mental health problems on campus. The office also provides consultation and training to faculty and staff on mental health concerns. She received her Masters Degree from Walsh University in Counseling and Human Development in 2001 and is a Licensed Professional Clinical Counselor with Supervisory Designation in the State of Ohio.

I asked Francie what would she tell a future counselor about working at a university and having multiple roles like she does? She thought clear boundaries were a must and stated “It is important to know your role and your boundaries in each situation and also to make that known to the person you are working with. Are you acting as a trainer, a consultant, their counselor etc.?” Francie thought counselor skills beneficial to have when working as a college counselor include being able to work with a wide variety of people and having the flexibility to do different types of work. For the college setting, basic counseling skills in several areas are needed like individual and group counseling, testing and career counseling. In addition, skills in crisis management and assessment and knowledge on working within a system are important. .

Francie highly recommends the field of college counseling because “I love what I do.” she states. In a college setting you never know who is coming through the door and the caseloads have a wide variety of clients from those choosing their major, struggling in the classroom with learning disabilities or test anxiety, students with anxiety or depression, family problems, alcohol or drug issues. Students are experiencing great change yet it is an exciting time in their life and come thus in with a roommate concerns, adjustment issues, and learning to be independent. If a student is interested in becoming a college counselor, Francie recommends joining the American College Counseling Association, a Division of ACA and attending their conference and joining the listserv.

## Dave Comko

I would like to introduce you to Dave Comko. Dave, who is currently a Ph.D. student in Counselor Education, at Kent State University, also has his M.Ed. in Community Counseling from Kent State University. He is also a PCC-S and is licensed as an Independent Chemical Dependency Counselor in Ohio.

Dave works for a non-profit out patient clinic in Akron, Ohio. The agency specializes in the treatment of substance abuse, mental health, and methadone maintenance therapy. He began working in Chemical Dependency when he wanted to further develop his clinical skills in a treatment setting that was non-residential. He finds addiction is a fascinating clinical specialty that allows one to work with clients holistically (physically, emotionally, spiritually, and socially).

Dave was proud to announce that he began working on a new project at his agency. This project is video conferencing with brain injured patients who are unable to present to the clinic in person due to physical limitations, and transportation issues to name a few. The counseling session is held via web came and the program is encrypted to avoid hacking. Patients attend the Community Clubhouse for Brain Injury through the Community Health Center where video sessions are held on site so if a crisis arises there are staff on hand to assist the client.

Dave shared positives of working in this type of setting include witnessing client progress and their overcoming obstacles to change, and clinical staff and his supervisor are positives to his current position. Negatives include awareness that if a patient does not complete treatment successfully it may result in harsh consequences such as prison time. Dave also mentioned, “Documentation and case management comprise more of your work week than you may ever realize.”

If one is interested in being a Chemical Dependency Counselor, Dave recommends taking substance abuse treatment and psychopathology courses. He perceives skills needed to do this line of work include clinical endurance and the ability to meet clients where they are at in their processes of change. Dave also found that his experience working on a detox unit invaluable for preparing him to become a clinician. “The exposure to a multi-disciplinary treatment team as well as experience with crisis intervention has benefited me in my career” he states. Dave can be reached at dcomko@kent.edu.

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Jen Yensel M.Ed., LPC, NCC is a doctoral student at Kent State University and a doctoral intern at Youngstown State University.

## News & Update

The *Journal of Counselor Practice* (JCP) is the official journal of the Ohio Counseling Association. The *JCP* aims to publish quality research and theory /practice articles that inform counseling practice with diverse client/student populations in a variety of settings, and that addresses issues related to counselor practice.

Published articles should be founded in peer-reviewed literature, and include implications for practice. Manuscripts typically fall into one of the following categories, although other kinds of submissions may be appropriate to the journal's readership:

**Research.** Both qualitative and quantitative studies are published in the journal.

**Theory and Practice.** These manuscripts focus on innovative approaches, various counseling programs, ethics-related issues, and training and supervision practices. These articles are grounded in counseling theory and empirical knowledge. Some evidence of effectiveness in practice is provided. These manuscripts may also provide a new theoretical perspective on a particular issue or integrate existing

bodies of knowledge in an innovative way. A review of the literature in one type of conceptual piece This provides a critical overview of existing conceptual and empirical knowledge in a particular area. All theory and practice articles include implications for counseling practice.

Over the past year, this journal has changed and will continue to change. JCP accomplishments in 2009-2010:

- Begin submission to EBSCO Host database so that JCP articles can be located in a nationally recognized database.
- Secured a nationally recognized editorial staff so that this journal will be seen as having a national presence.
- Redesigned all past JCP articles into a unified appearance and printable format.
- Continued to accept manuscripts.

The future of JCP includes:

- Securing EBSCO Host recognition.
- Finalizing the website.
- Continue developing and expanding the national editorial board.
- Secure copyright privileges for JCP articles.

Once the above is complete (or near completion), an aggressive marketing campaign will begin to attract state and national manuscripts. We are excited about the future of this journal and look forward to your feedback. Jason M. McGlothlin, Ph.D., PCCS Journal of Counseling Practice Editor. E-Mail: [jmcgloth@kent.edu](mailto:jmcgloth@kent.edu)



• Jason McGlothlin, Ph.D., PCC-S is an Associate Professor in the Counselor Education Program at Kent State University. Contact him at [jmcgloth@kent.edu](mailto:jmcgloth@kent.edu)

## OCA Member Interviewed by the Associated Press

Dr. Christine Suniti Bhat was interviewed by the Associated Press in regards to the three Massachusetts teenagers charged in the bullying of a 15-year-old girl who committed suicide. Dr. Bhat is the Chair of the OCA Professional Development Committee, and works as an Assistant Professor in the Counselor Education Program at Ohio University.

This following link provides the two minute clip that was broadcast in news programs across the county - [http://video.ap.org/?t=By%20Section/U.S.&g=0406dv\\_schools\\_bullying&f=yourIDhere](http://video.ap.org/?t=By%20Section/U.S.&g=0406dv_schools_bullying&f=yourIDhere)



# Ohio Counselors at the Capital | by Emily Herman



## OCA 4th Annual Legislative Advocacy Day

Approximately 100 clinical, school, addiction, rehab counselors and counseling students who attended the 4th Annual Counselor Legislative Advocacy Day on Thursday, April 22<sup>nd</sup> from 9:30 a.m. to 1:30 p.m. The event included a discussion of state and federal legislative issues (e.g., Medicare, Education Issues, Mental Health Hold Bill – that would increase the scope of practice for licensed counselors in Ohio); update from Towner Policy Group (OCA lobbyist); demonstration of meeting with a legislator; appointments with the offices of Ohio representatives and senators (all attendees will be automatically scheduled); special guest speakers Rep. Kenny Yuko (sponsor of a Mental Health Hold Bill for Counselors) / Sandra Stephenson (Exec. Director of the Ohio Department of Mental Health). Attendees had productive meetings with their state rep. / senator offices; and networked with colleagues in Ohio. Rep. Kenny Yuko who was awarded the 2010 OCA Legislative Advocacy Award following his luncheon speech. The event concluded with approx. 30 attendee handwritten letters and cards which were mailed to their reps. / senators.



Thanks to Tim Luckhaupt, Towner Policy Group, Holly Harper, Susie Boggs (OSCA), Renee Kolecki (OMHCA), David Mann (OACES), and the other associations who also gave a donation for the event from OCDA, NWOCA, and NCOCA, as well as the volunteers and speakers who contributed to the day.

The following OCA members were awarded the “2010 Counselor Legislative Advocacy Day Scholarship” provided for full practicing counselors to travel and attend legislative advocacy day.

- Gail Renee Ahern (Clinical Counseling)
- Kristine Badurina (Clinical / Addiction Counseling)
- Corrine Bridges (Private Practice)
- Jim Evans (Addiction Counseling)



*Mark Your Calendars!*

*5th Annual OCA Legislative Advocacy Day - April 12, 2011*

*Statehouse in Columbus, OH*

The next 5th Annual Counselor Legislative Advocacy Day has been scheduled for Tuesday, April 12, 2011, held in the Atrium, Statehouse Building, in Columbus. Please mark your calendars for that important event - registration should be available at the fall AOCC. Kelley Schubert, OCA President-Elect, will begin working on the event. Feel free to e-mail Kelley at [kschubert@napls.us](mailto:kschubert@napls.us) with any question or if you would like to help next year.



Rep. Kenny Yuko receiving the 2010 OCA Public Policy & Legislation Award from OCA Government Relations Chair, Gregg Pollock.

## Ohio Career Development Association: State Branch of the Year Award

Congratulations to the Ohio Career Development Association (OCDA), an OCA state-division, who was awarded the state Career Development Award by the National Career Development Association. The award was presented at the National Career Development Conference in San Francisco on July 1st. Congrats again to the OCDA leaders and to OCDA President, Dr. Cynthia Scanlon. Learn more about OCDA at [www.ocdaonline.org](http://www.ocdaonline.org)

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# Guidelines

Summer 2010: VOLUME 36, ISSUE 3

*Guidelines* is the Ohio Counseling Association's publication for members. We welcome your comments, suggestions, and news.

**Deadline for submission are Sept. 1; Dec. 1; March 1; June 1 of each year.**

Please address correspondence and submissions to:

Jonathan Lent, Editor  
jlent66@gmail.com

Contact Information:

Ohio Counseling Association  
8312 Willowbridge Place  
Canal Winchester, OH 43110  
(614)833-6068  
ocahio@yahoo.com

[www.ohiocounseling.org](http://www.ohiocounseling.org)

The Ohio Counseling Association is a branch of the American Counseling Association.

