

GUIDELINES

A Publication of The Ohio Counseling Association

Summer, 1996

Vol. 22, No. 4

From the President's Desk

Maude Ann Robinson



What wonderful weather we're having this spring! I'm working on my tan, and am regularly swimming for my health. In light of the wet spring experienced in Ohio this year, you're wondering whether it has been too much for poor Maude Ann. Not to fear! I am now broadcasting from the sunny climes of Florida.

After much soul-searching, I accepted a position in Lake City, Florida, as of April 1. A number of considerations impacted my

decision, not the least of which was the proximity to my daughter and new grandchild! OCA's president elect, Mike Maly, is coordinating with me the closure of this fiscal year in my absence. I am enjoying my work, but experiencing considerable frustration in seeking to achieve licensure in the state of Florida.

I am now on a crusade! While I meet all requirements for licensure in Florida, the state bureaucracy compels me to document coursework and supervision, as well as scores on licensure examinations. Since I had no intention of ever leaving Ohio, I made the mistake of not keeping a file of the documents which were used in the application process for my LPCC license. Today, I am experiencing the folly of my ways!

I am so much more aware of the problems attendant with licensure variations from state to state. I applaud the efforts of the American Association of State Counseling Boards in seeking to achieve real reciprocity among the states. Fortunately, Ohio's licensure requirements will meet the rigor of most states. The upgrading of the current law in Ohio to meet the new

CACREP standards is a positive step in this process.

Insurance companies and health management organizations tell us: "The lack of a national standard for counselors prevents us from recognizing them as providers." While CACREP is the national standard to which counselor training programs aspire, the fact is that years of legislative updating of state licensure laws remains before all states will boast the CACREP standard. David Brooks of Kent State asserts that CACREP holds the same status as the Council of Social Work Education and the Accreditation Board of the American Psychological Association. The difference is that not all state licensure laws are in conformity with CACREP at present.

This difficulty represents one of the significant growing pains of our profession which we **MUST** address. I trust OCA will continue its efforts to encourage among its sister branches movement toward an achievable national standard.

I am so appreciative of the support you have given me as I served you this year. I wish you all the best, and shall remember you fondly.

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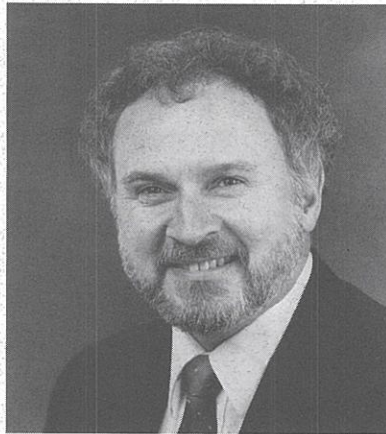
Consultant's Column

Joe Saunders

Three years ago, I undertook the task of being administrative consultant to OCA. Membership at that time was approximately 800. Under the able leadership of David Santoro, Martin Ritchie, and Maude Ann Robinson, membership is now 1738. Much of the growth came during the time OCA was legislatively involved with concerns of professional counselors in the field.

Today, professional concerns of counselors are multiple. In the corrections field, counselors may no longer be employed under the title "psychology assistant". As of early March, new guidelines state

that psychology assistants must have completed a sixty hour degree in psychology, taught by psychologists, and courses prefixed PSY (or its local equivalent). No longer is the phrase "psychology degree or its equivalent" in existence. While LPCs and LPCCs presently working under that designation will not lose their jobs, there will be no others hired henceforth.



The Ohio Board of Psychology is seeking to change its rules to enable it to cease to supervise other than psychology trainees for training supervision. However, it will continue to supervise people from other professions for work supervision. So much more important becomes the efforts of counseling professionals to supervise their own for training purposes.

On the school counselor front, after many months of posturing and negotiation, the proposed state standards for school counselors appear to be little changed (see Pregelzer articles). More and more school counselors are being "rif"-ed or being replaced by lower paid and less qualified personnel upon their retirement.

The Ohio Bureau of Workers' Compensation (BWC) has received

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only 15,792 applications of 150,000 sent out to prospective providers of mental health services for enrollment in the managed care program. This represents only half of the providers needed to operate effectively. Yet, they sent no applications to LPCCs, since BWC does not recognize them as approved providers. It seems like we could help, if given the opportunity.

At the federal level, the American Counseling Association has asked the Department of Transportation to include counselors on a par with psychologists, social workers, and employee assistance professionals for the treatment of substance abuse.

I cite these circumstances to demonstrate the importance of presenting a strong, unified voice before the public we wish to serve. We must help them to realize we could be good for each other. We must maintain our posture of growth in order to present a strong voice. Our colleagues need to know OCA is advocating for their profession, and we need their support.

As OCA closes the fiscal year and looks to the new, it will no longer suffice to be on the sidelines cheering. Every professional counselor must get into the game, or prepare to lose! Do your best to recruit other counseling professionals into OCA as if your profession depended upon it. It does.

Full Page	\$250
Half Page	\$125
Quarter Page	\$65
Back Cover (1/2 page) or preferred placement: Add \$25. Discount 15% if ad runs 2+ issues.	



Mike Maly, Jean Whitney, and Sharon Ybarra at Midwest Region Conference

Introducing President Elect Mike Maly

The President's column, as I see it, is a cross between information about the vision and direction of the organization, and the particular perspective of the individual writing the column. The pieces of this sort that I enjoy the most are those that convey the facts along with the human element, and so it would follow that you will find those ingredients in this and the four columns from me during my term of office. When I accepted the challenge of the presidency of our professional organization, I committed to the visibility (and evaluation) that is part and parcel whenever any of us takes a stand and puts ourselves "out there".

I can't help but see the relevance of the theme "putting yourself out there" to the position in which most of you find yourselves as professional counselors. At an excellent turnout for the NCOCA Spring Program this past week, Dr. Judy Sommers (formerly Allton),

outgoing OSCA President, and I addressed the assemblage on the subject "Counselors as Advocates for their Profession". What was so gratifying for me was the level of energy and interest of the audience in a subject that was not meant to be a stress reducer. This said to me that those present were, at least, considering their personal commitment to face the challenges that we all know are present for professional counselors.

A focal point in the NCOCA program dealt with our interaction with the legislature. I was pleased to reiterate the action in January, under Maude Ann Robinson's leadership, in which the OCA Executive Council voted to make a budgetary commitment to ongoing legislative activity (the recent details of which will be elaborated elsewhere in this newsletter). At a time when many Americans are disillusioned and otherwise uninvolved with our government, we must assure that this does not happen with professional counselors. We have to be strong enough to not let our idealism and humanism be offended by politics,

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a process that counselors may view as anathema to our world view.

That there is confusion among our lawmakers about who professional counselors are and what it is that we do is alarming to me, considering that our professional livelihoods are in the lawmakers' hands. Putting out this message is one of OCA's top priorities. But your involvement is critical to our success. Pay attention to what we're doing. If you like what's going on, there's room for more hands--we've a long rope. If you think we can do some things differently, I'll be glad to hear your suggestions.

And remember, when OCA advocates for its 1738 members, we also work for the other 6900 licensed counselors in Ohio. Doesn't that make you want to proselytize? Get a nonmember involved along with yourself.

As the incoming president, I have hope that OCA will exceed your expectations of a viable professional organization. I make my commitment to this endeavor, but can assign value to only a portion of the equation for success. The "x" resides within you. We can only effectively advocate for you to the extent that you participate. I envision an active, vociferous citizenry of professional counselors!

Counselors Wanted

Expanding group psychology practice seeking full- and part-time therapists with an interest in and experience with the elderly to work in long-term care facilities all over Ohio. Call (800) 342-6111, or send resume to **Weinstein and Associates, 24100 Chagrin Blvd., Ste. 400, Beachwood, OH 44122.**

Teacher Education and Licensure Standards

Terri Pregitzer

During the April, 1996, meeting, the State Board of Education accepted the proposed "Teacher Education and Licensure Standards". This process was the culmination of several months of discussion relative to recommendations for revisions to the original draft which was presented in 1994. Also, newly appointed members of the State Board needed to be informed of this process and the proposals. This action is the beginning of the final phase leading to final adoption. This is the Board's first priority; then come the "Draft Learner Standards".

The proposed licensure language for professional school counselors, taken from the REDLINE EDITION (4/9/96) of the Draft (2/94) is:

(D) The professional pupil services license, valid for 5 years for working with learners at all levels, shall be issued to an individual deemed to be of good moral character who has successfully completed an approved program of preparation.

(1) The pupil services license shall be issued to an individual who is recommended by the dean or head of teacher education, who has completed an examination prescribed by the state board of education, and who has evidenced the education and experience requirements specified below:

(b) School Counselor

(i) Master's Degree

(ii) Successful completion of the entry year (formerly induction year) for teachers and one year of successful teaching experience under a professional teaching

license or five years experience as a licensed school counselor in another state;

(iii) Successful completion of the entry year program for school counselors in an approved school setting.

This is not significantly different from the original proposal presented in 1994. Your OSCA District Representatives have copies of the language describing the "Entry Year" program which is proposed as a requirement for school counselor, building administrator, and teacher licensure.

These proposed standards would go into effect two Januarys from whenever the State Board adopts them. The earliest would be 1998. We will keep you updated through the OSCA ADVOCATE.

Chapter and Division News

GCCA

Greater Cincinnati Counseling Association held its Annual Spring Meeting May 13 at Molloy's in Forest Park. Cincinnati Mayor Roxanne Qualls was a speaker for the event attended by over 60 people. Awards and grants were presented at this meeting and the officers for next year were elected.

Ten counseling professionals received certificates for twenty or more years of service in counseling. They were: Tom Palmer, Richard Kerst, Flo Hirsch, Chessie Idinopulos, Elizabeth Boyd, Marilyn Jones, Lon Kriner, Peggy Ruele, Joseph Minogue, and Linda Meador.

The **Mary Corre Foster Award**, recognizing significant and outstanding contributions in

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community counseling was awarded to John Wagner. The **Marvin Rammelsburg Distinguished School Counselor Award** went to Sean O'Dwyer.

GCCA board officers for 1996-97 were elected with Geoff Raine as President, Diane Stump as Vice President, and Joe Cassiere as Treasurer.

Grants totaling \$1500 were also presented to several applicants. They included Cincinnati State Technical and Community College, Talbert House 281-CARE, Wyoming Youth Services Bureau, Family Nurturing Center of Kentucky, First Step Home, and Western Hills High School. This was the third year GCCA has awarded grants to support counseling activities and/or training of counselors.

MVCA

Karen L. Bach and Rebecca L. Brown from Wright State University and Maribeth Crowe from the University of Dayton have been selected to receive the Ray Reiger Memorial Scholarship Award by the Miami Valley Counseling Association. The recipients will receive their scholarships at the summer workshop **Developmental Approach to Couples Counseling** on June 15, 1996. The workshop will convene at Holiday Inn South in Moraine, OH, from 9 AM to noon. Darlene Olson, Ed.D., a licensed psychologist and specialist in couples therapy will be the guest speaker. Three preapproved CEUs will be awarded. The \$35 fee is waived for members of MVCA. To obtain a registration form or further information, contact Doris Wilkinson at (513) 222-2223.

MVCA needs editing help for their newsletter. The articles are prewritten--all you need is knowledge of layout and computer access. Contact Doris Wilkinson if you can help, or need further information.

MVCA is seeking a logo for their organization. Ideas can be submitted by June 30th to Doris Wilkinson, Access Centers, 600 Wayne Ave., Dayton, OH 45410. The winner will receive their choice of a \$75 cash award OR a one year membership to OCA and MVCA.

OSCA

"Draft Learner Standards" are still being reviewed by the State Board of Education. "Career Planning" as a state-required competency for graduation was eliminated. However, with local control, and its inclusion in the "Curriculum" section, this could still stay a locally required competency.

The only language change in the "Pupil Services" component of the "Personnel and Educational Services" section is that "as needed" has been proposed to be added to the first paragraph, to read: "The pupil services program must be school board approved and designed to provide comprehensive evaluation and intervention-based services to learners AS NEEDED." When proposed at a BOE meeting, the issue of parents' support of the pupil services personnel working with a student was mentioned. The point was made that if parents did not want a school counselor, psychologist, or other pupil services personnel to work with their child, the professional would have to respect the parents' wishes. It does not appear that the addition of "as needed" changes the context of this

section nor the counselor's responsibility.

The next benchmark in the process calls for the BOE to vote to accept the standards in principle, allowing the ODE to proceed with necessary legislative changes.

Once changes have been secured and final input is reflected in the standards, the board will proceed to formally adopt the standards "through a hearing process". The legislature itself will be involved in approval--first for the standards, then for the content of the graduation competencies pursuant to HB 117.

These standards will be discussed at the June, 1996, meeting of the BOE. OSCA will have representation there. Informational presentations are being conducted for groups of 75 or less. Contact Floretta Brooks in the Standards Office at (614) 728-4601 or e-mail to STANDARDS@ode.ohio.gov, to schedule a presentation.

Counselor in the Field

Jean Underfer-Babalais

Prior to entering graduate school in the fall of 1986, I was a sales agent for Midland Mutual Life Insurance Company in Toledo. I sold investments and insurance products. My satisfaction in this phase of my life came from helping families plan for their futures and developing a personalized plan for their stated needs. I graduated from the University of Toledo with a Masters in Education, Guidance, and Counseling in June, 1988.

Originally, I set out to be a school psychologist. However, when I volunteered at an alternative education program for teens

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attempting to recover from chemical dependency, I knew I wanted to work with that population. As soon as an opening was available, I was hired as a contingency worker. Upon graduation, a family therapist position opened, and I remained on that unit until November, 1990. I worked as both family and primary therapist. Multi-family group therapy was my favorite time each week. Watching families grow, learn, and heal by interacting with each other under guidance of primary and family therapists was thrilling for me.

A multi-disciplinary team approach afforded me the opportunity to work with excellent clinicians and teachers. I credit these mentors with building my counseling foundation.

In November, 1990, I moved to the Northwest Ohio Center for Eating Disorders at St. Vincent Medical Center. I was ecstatic to have a longer clinician-patient relationship. Once the patients moved from intensive treatment, I continued with individual, family, or group therapy, dependent upon the need.

I enjoy working with women and men (yes--men have eating disorders, too), watching them grow, eliminating addictions, and healing from dysfunctional backgrounds. Seeing them become capable individuals is rewarding. I relish group work above all.

I enjoy using experiential methodologies in treatment. I incorporate a variety of assignments for patients. Karl Whitaker is a favorite--his examples make unhealthy behaviors seem so absurd as to be funny. I often use humor to help patients see the distortion of their thinking.

I have been involved in Dr. Kettie Daniels' private practice for three years. The diversity is intriguing. In clarifying my goal for a particular patient with her, Dr. Daniels stated: "Keep him out of inpatient care." Thus far, I have succeeded.

I provide *pro bono* services to HIV clients from David's House, a community resource for such services. I also enjoy making presentations in my area of expertise.

I have a 12 year old son, Eric. I enjoy watching him progress through the developmental stages. I often wish I could be as therapeutic with my child as I am with my clients. We watch video comedies and the Mud Hens--a comedy in themselves. We also enjoy traveling, hoping to return to Disney World for a second trip.

Legislative Update

SB 223, which amends the existing licensure law, is expected to be reported to the floor of the Senate after a unanimously positive vote in the Commerce and Labor Committee. Sen. Kearns is optimistic as to passage in the House.

HB 634 was introduced by Wayne Jones to allow licensure of counseling psychologists by the Ohio Counselor and Social Workers Board. This bill was strongly opposed by counselor education programs during opponent hearings. The fate of the bill is uncertain. Counselors should urge their representatives to oppose this bill.

HB 89 dealing with parental consent for counseling services for their children, had four amendments incorporated into it on

the House floor. One amendment provides that all instructional materials used in the classroom would be considered "public records", therefore subject to review by any and all who request to do so. This would include psychological tests and evaluations. The bill passed, and is now in the Senate.

Dues Increase Reminder

As was reported in the last **Guidelines**, the Executive Council of OCA voted in the January meeting to increase dues on the date July 1, 1996. The increase was deemed necessary for the continuing services of OCA's government relations consultant, Cynthia Snyder.

The rates shown on the membership form which is on page 7 of this issue expire at midnight on June 30. To renew membership under the rates shown, the postmark on the envelope which contains the form must be affixed not later than June 30.

On July 1, Professional/Associate member dues are \$70, Retired member dues are \$27.50, and Student member dues are \$18.75.

Several of the chapters and divisions have donated significant funds to continue the services of the lobbyist. We encourage individuals who are able to do so to contribute in kind. Just mark your contribution "government relations consultant" and all so marked will go to that budget line item. OCA sincerely appreciates the financial support received thus far for this cause. There is no more accurate measure of your professional concern than that which is backed by giving of your means.

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Executive Board

Maude Ann Robinson, President
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Sylvania, OH 43560-3292
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Michael Maly, President Elect
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Westlake, OH 44145
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Beth Britton, Secretary
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Fairlawn, OH 44333
(216) 644-4095

Lucinda Boright, Treasurer
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South Point, OH 45680
(614) 894-3765

HAVE
A
HAPPY
SUMMER!!



NOTE: THIS FORM MAY NOT BE USED AFTER JUNE 30, 1996

OHIO COUNSELING ASSOCIATION 1995-96
MEMBERSHIP FORM

Last Name _____ First _____ Middle Init. _____

Home Address _____
Street City State Zip

Home Phone _____ Work Phone _____

Present Position _____ Employer _____

Check here if you do not want 10% of your OCA dues forwarded to the Professional Counselors Network (the OCA political action committee). If not checked here, you may deduct only 90% of your OCA dues on your personal IRS form this year.

For information on the American Counseling Association call (800) 347-6647.

Once you join OCA, you are awarded chapter membership at no additional charge. The chapter you designate will receive 25% of your OCA membership dues. However, you must join OCA in order to join any chapter OR OACES.

MEMBERSHIP TYPE

- Professional \$55.00
- Retired \$27.50
- Student \$13.75

(Advisor signature required _____)

CHAPTERS

- Central Ohio Counseling Assn. (COCA)
- East Ohio Counseling Assn. (EOCA)
- Greater Cincinnati Counseling Assn. (GCCA)
- Miami Valley Counseling Assn. (MVCA)
- Midwest Ohio Counseling Assn. (MOCA)
- North Central Ohio Counseling Assn. (NCOCA)
- Northwest Ohio Counseling Assn. (NWOCA)
- Southeast Ohio Counseling Assn. (SEOCA)
- Southwest Ohio Counseling Assn. (SWOCA)

DIVISIONS

- OH Assn. for Counselor Education and Supervision (OACES) \$12.00
- Student Membership (OACES) \$ 3.00
- OH Assn. for Multicultural Counseling and Development (OAMCD) \$15.00
- Student Membership (OAMCD) \$ 7.50
- OH Mental Health Counselors Assn. (OMHCA) \$25.00
- Student Membership (OMHCA) \$12.50
- OH Career Development Assn. (OCDA) \$15.00
- Student and Retired Membership (OCDA) \$ 7.50
- OH Assn. for Specialists in Group Work (OASGW) \$ 5.00
- OH School Counselor Assn. (OSCA) \$30.00
- Student Membership (OSCA) \$10.00

LICENSE

- LPC
- LPCC

TOTAL ENCLOSED \$ _____

MEMBERSHIP IS VALID FOR ONE YEAR FROM THE DATE OF PROCESSING BY OCA OFFICE.

OHIO LEGISLATIVE INFORMATION:

Senator _____ Representative _____ Bd. of Ed. Rep. _____

Please return completed form along with a check payable to: OCA, 17996 U.S. Rt. 33, Nelsonville, OH 45764.

To contact OCA: Call (614) 753-4275 or e-mail aa940@seorf.ohiou.edu

THE COUNSELOR IN THE COURTROOM: HINTS FOR SURVIVAL

CINCINNATI

Wednesday
August 7, 1996

COLUMBUS

Thursday
August 8, 1996

CLEVELAND

Friday
August 9, 1996

8:00 AM - 4:30 PM

Approved by the Ohio Counselor and Social Workers Board for six (6) clock hours.

Presenters: Curtis E. Wills, Ed.D., Clinical Forensic Psychologist - Texas
Larry Gist, J.D., Senior Judge - Texas

Cost: On/Before July 24, 1996 \$75.00
On/After July 25, 1996 \$85.00
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