

Ohio Counseling Association

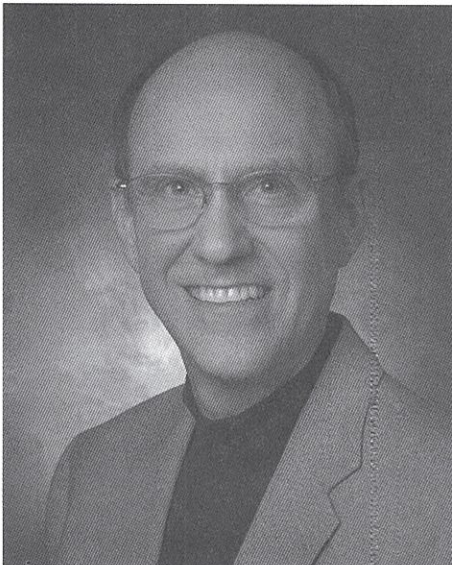
# GUIDELINES

Summer, 2003

Vol. 29, No. 4



A Branch of the American  
Counseling Association



## From the President's Desk

Richard Hazler, Ph.D., LPCC  
OCA President

### OCA – A Community in Transition

The transitions in our lives produce all kinds of anxiety, doubts and opportunities for problems. Whether it's making the switch from grade school to middle school, high school to college, college to work, becoming parents, losing a loved one, or the myriad of other changes people experience, they all involve risk, doubt and confrontation with ourselves and others. It is no different for communities as they grow or shrink, experience loss, and try to meet the ever changing needs of complex groups of people.

OCA is a similar community of professionals with comparable transition issues. Every year at this time OCA, its 11

Divisions, and eight Chapters change elected leaders and committee chairs who have to quickly grasp what has been done, what needs to be continued, what problems there are to solve, what member needs require a different form of attention, and how to develop the most productive working relationships with over 40 new people in their lives. Imagine what it would be like at work if all those professionals you worked with and depended on changed every year!

You get the picture. OCA is changing leaders in July as usual and the task is to make a successful transition to deal with the important issues needing both immediate and long-range attention. The past two years OCA has been working on initiatives to smooth those transitions. I'd like to highlight a couple of things that have been done or are in process right now that are designed to smooth out this immediate transition and deal with some key issues for the future.

- Strategic planning - Efforts have been implemented to help leaders plan beyond the current year so that new leaders can quickly see what have already been identified as goals and tasks for the future.
- Leadership training - For a day-and-a-half in July new leaders will gather to develop working relationships and set their sites on what new issues need to be tackled.
- Executive Director - Tim Luckhaupt was hired new this year to provide long-term consistency in the operation of OCA and has al-

ready developed new administrative procedures that will help made OCA more efficient and effective.

- Legislative Liaison - Susan Sears is heading a committee that has developed criteria for a new legislative liaison and also to recommend a new person for that position. While this process is moving forward, Carolyn Towner, of Towner Policy Group in Columbus, has been hired to handle the position. Carolyn was chosen based on her close relationship with our previous Liaison, Cynthia Snyder, and for her solid reputation.
- Responsible Budgeting - Creating a more stable OCA financial picture for the long-term has been a major goal in this past year and several key actions have been taken to make this a reality. Chapter representatives have agreed to reduce the amount of funds they receive from OCA and this requires a bylaws change that needs membership approval to take effect. Please vote on this bylaws change which you will find in the newsletter. Divisions have also agreed to pay a fee for standard OCA services provided to their members. The OCA Treasurer has been made into an appointed position so that the skills and qualifications of this individual can be assured. Each of these plus other income generating actions should create a more stable budgeting process that will allow member services to continue expanding in the future.

***In This Issue.....***

From the President's Desk ..... 1

Bylaws Amendment & Ballot ..... 2

A VISION for OCA ..... 3

OCA Mission Statement ..... 4

Bylaws Review ..... 4

Ohio Well-Represented at ACA National Convention ..... 4

OCA Members, Graduate Program Recognized Nationally ..... 5

An Invisible Minority: Ethical Considerations in Counseling GLBT Clients ..... 5

New Licensure Law..... 6

Chapter & Division News ..... 7

Membership News ..... 8

2003-2004 OCA Executive Council Meetings ..... 8

2003 All Ohio Counselors Conference Info ..... 9

OCA Awards Nomination Form .... 9

to know is that you and I have many dozens of people working for us in many ways and they all deserve our thanks, so don't forget to give it every chance you get.

Lastly, many of you know that I will be leaving Ohio University to take a Counselor Education position at Penn State University in the fall. The distance is not that far so you will still see me around as Past-President. The 14 years I've spent in Ohio have been very good ones for me and I hope that I have given back as much as I have received.

Now on to the next productive year for OCA!

**Bylaws Amendment Needs Your Vote!**

The OCA Executive Council passed the following motion to propose a change in OCA Bylaws that now needs to be voted upon by the membership. Please read the proposed changes and rationale before you cast your ballot.

It is proposed that the following section of the OCA Bylaws be amended to revise the **bold** section and to add the following section that is highlighted with underlining:

ARTICLE IV, Charter Chapters, Section 6.  
The membership fee for unified OCA and Charter Chapter member-

ships shall be the same as for membership in OCA alone. OCA shall return to each Charter Chapter, respectively, **twenty percent (20%)** [Previously read "twenty-five percent (25%)"] of all paid membership fees for the respective OCA and Charter Chapter unified members for the periods of time that all requirements in ARTICLE IV, Section 2, A, B, and C are fully met.

RATIONALE/NEED: ARTICLE IV **Revision:** Budget considerations surrounding the services provided by OCA to Chapters and members determine that by reducing the amount of member dues returned directly to Chapters, the additional funds available to OCA can be used to maintain services without raising member dues.

RATIONALE/NEED: ARTICLE IV Addition: The proposed revised wording of Section 6 states clearly what has been previously implied, that Charter Chapters will receive funding only for the period(s) of time that they are effectively functioning and in compliance with Charter Chapter Bylaws. OCA provides a major portion of the funding from dues to support local Charter Chapters. When Charter Chapters are not fulfilling their duties to OCA and their members, that money can be used in other ways to better serve members. Making this change will help solve the occasional problems that arise, which can cause legal and professional concerns related to the handling of financial matters of OCA and Charter Chapters

***From the President's Desk cont.***

One more transition is a personal one as I leave behind the responsibility of representing all of you as your President of OCA. It has been my honor to be your representative and I greatly appreciate that opportunity to serve to the best of my ability. The number of people to thank for their guidance and support from the Executive Council and others are just too many to mention individually here so I will thank them in other ways. The important piece for members

**BALLOT**

Please cast your vote for the proposed bylaws amendment!

- For the proposed amendment
- Against the proposed amendment

Cut out this ballot and return to: OCA  
8312 Willowbridge Place  
Canal Winchester, OH 43110

*Ballots must be postmarked no later than June 30, 2003*

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## A VISION For The Ohio Counseling Association

Jean Underfer-Babalis, M.Ed./PCC  
President-Elect

Spring is the time of change. The trees are budding, planting of new seeds and people coming out of their houses to spend more time in nature and interact with others. Spring is followed by summer, which is characterized by a time of growth. Trees have their leaves, the fruits are growing on the trees and the plants are beginning to produce their wares. Nature provides a good analogy for counselors and the counseling profession. Clients come to counselors for the purpose of changing something or someone. Once the client engages in treatment, the client grows and bears new fruit. As the Ohio Counseling Association (OCA) moves into the summer and change is occurring, I want to take this opportunity to share with you my VISION of OCA. It is a vision of where OCA has been, where it is with implications of where OCA is headed.

Values and beliefs have fostered OCA in the past. OCA valued the counseling profession and worked diligently to achieve the status of licensing for counselors in the state of Ohio. From that point on, counselors and OCA addressed the needs of clients, the community and the profession. Presently, counselors value the privilege to be a counselor and to share with clients the journey of changing and growing. One of our beliefs is that clients are to receive the best care that is available. To achieve this goal, OCA has lobbied for legislation that will promote healing and change. Currently, OCA is working on House Bill 33, which advocates for equal treatment for our clients who suffer from emotional and mental disorders and/or addictions. Hence, counselors value quality treatment and the availability of that treatment to those in need.

Interpretation and the interpreting of experiences for clients and the counseling profession is of paramount importance. Counselors interpret for clients the meaning of experiences. Assisting our clients and communities in deciphering

the meaning of what has occurred in our clients' lives is an essential task of the counseling profession. Ascribing meaning to how change impacts client welfare and the community has been part of OCA since its inception by speaking at community events, writing articles for the print media and hosting educational workshops.

Structuring preferences and cultural meanings has historically been accomplished by leaders in the counseling profession offering explanations of the various relationships and processes that impact our profession. A crucial example of this occurred when OCA recognized that hiring a legislative liaison was imperative to protecting the rights of our clients and the interests of counselors. OCA is continuing this process by considering what it means currently to have a legislative liaison and initiating the essential changes to meet the ever-changing demands that the political arena imposes on the social services fields, including, but not limited to the counseling profession.

Interactional style is a means of communicating with our members, most readily through our newsletter and educational functions. In recent years, OCA has established a webpage and a listserv to improve the communication process with our members. This tactic has also made it possible for OCA to communicate with other interested parties. Increasing the audience that OCA reaches is part of the future planning for our association and its related entities. The goal of our interactional style is to facilitate accurate understanding of the pertinent issues related to the counseling field. Public relations has also become another venue that OCA is actively pursuing. OCA has been producing press releases for various Ohio newspapers to highlight the counseling profession and recent advancements or issues.

Operational Strategies for OCA is essentially the strategic planning process that was initiated two years ago by Dr. Richard Hazler and has become an integral part of OCA functioning. Strategic planning will continue to be a vital component in our association in the years to come. The representatives sent to OCA by the members who elect these indi-

viduals to their office determine operational strategies. If you are interested in knowing what OCA's goals are and how these goals are being achieved, I would encourage you to contact your chapter president or consult OCA's website, [www.ohiocounselingassoc.com](http://www.ohiocounselingassoc.com). These goals are our "spoken goals". OCA's unspoken goals are to preserve "client welfare", the advancement of the counseling profession and to consider the overall impact of counseling activities on our communities.

Needs, our perceived needs, as an organization is being financially responsible and to uphold the values and premises of the counseling profession (autonomy, nonmaleficence, beneficence, justice, fidelity and self-respect). Autonomy is the respect for the client's right to be self-governing and fostering a sense of independence in the client. Nonmaleficence is a commitment to avoiding any action that might produce harm to the client. Beneficence is a commitment of promoting the client's well-being and offering a positive interaction for the client. Justice is being fair and impartial with regards to the services provided to all clients. Fidelity is the process of honoring the trust that is placed in the counseling profession. Self-respect encourages counselors to take adequate care of themselves and to continue the process of acquiring knowledge about the profession and themselves.

Summer is approaching and change is in progress with the leaves on the trees and plants beginning to bear fruit. OCA has produced bountiful fruit in the past and is beginning to cultivate another bountiful crop. In order for OCA to produce a "bumper crop", I challenge you, a counseling professional, to review your values and beliefs. Do these values and beliefs reflect how you live your life today and conduct your professional life? Consider for yourself how you interpret your experiences and the experiences of others. Are you being hypersensitive, avoidant or complacent? Examine for yourself how you structure your days, your personal life and your career. Do you want to "restructure" any aspect of what you are currently doing to better reflect your values? Contemplate your interactional style or means of communi-

cating with others. Is there a better manner for you to communicate your feelings, wants and needs? Can you attempt a different communication style for the purpose of expanding your horizons? When was the last time you set down your operational strategies or goals? Is it time to establish new goals or to update the ones you have? Ponder what your needs are as a person, a professional and any other role present in your life. Change is ongoing, as the seasons are ongoing. Fortunately, whatever is done today can be changed tomorrow. There is a new beginning with each season. Gather the value from this season and embrace the new.

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**Mission of The Ohio Counseling Association**

- Enhance human development across the life span while assisting counselors and the counseling profession to develop higher levels of visibility and stature
- Become the counseling association of Ohio that represents all counselors
- Celebrate our unity and our diversity as counselors
- Provide a link to our national association (ACA)
- Effectively promote professional identity, recognition and development

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**It's Time! Bylaws Review**

Bylaws are essential for governing organizations. In preparation for next year the bylaws committee would like to remind all OCA chapters to submit their bylaws as soon as possible for review. Currently, the committee is in the process of reviewing the OCA bylaws ensuring they are consistent with the bylaws of ACA. The ACA, OCA and OCA chapter bylaws will all be reviewed to guarantee we have a collaborative approach of governing our organizations for the promotion and enhancement of the counseling profession. The committee looks forward to receiving bylaws from OCA chapters.

Please send your chapter bylaws to: Stephanie J. W. Ford, Department of Counseling, Youngstown State University, One University Plaza, Youngstown, Ohio 44455.

Interested in becoming a member of the bylaws committee? E-mail sford@ysu.edu to learn more.

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**Ohio Well-Represented at ACA National Convention**

The annual convention of the American Counseling Association was held in March in Anaheim, California. Many delegates from Ohio were in attendance. Ohio and OCA were well-represented by several presentations by its members. Below is just a sample list of those who presented research and innovative practices at the convention.

Paul Granello and Darcy Granello  
*Suicide: Prevention, assessment, and treatment*

Christina Rosen  
*Topics discussed in supervision: Values, beliefs, religion, and spirituality*

Mei Tang, Robert Wilson, Marki Fallon, Mark Newmeyer, Cathy Dunlevy, & Johnnie Barmore  
*Practical application of ecological counseling to an underserved population*

Linda Perosa, Tony Donofrio, & Sandra Perosa  
*The use of tape guides to foster supervisee self-reflection*

S. Jeffrey Mostade  
*Gay and gray community intervention*

Marty Jencius, Jill Duba, & Jeff Hughes  
*Creating multicultural-sensitive family practices*

Nancy P. Taylor and Karen Broer  
*The search for wholeness: A counseling intervention*

Tom Davis, Dana Heller Levitt, Jason McGlothlin, and Scott Hall  
*Factors related to promotion and tenure decisions in CACREP programs*

Kelly Wester and Heather Trepal-Wollenzier  
*Is bullying A)hitting, B)social isolation, C)A and B, D)none of the above*

Ana Cecilia Berrios-Allison  
*Cross cultural career counseling for Latino college students*

Eileen Self, Phyllis Henderson, & Mary Ann Jones  
*Supervision mediation model: Developing culturally competent counselors*

Karen Broer, Christopher Faiver, & Kevin Feisthamel  
*A community counseling internship at a major teaching hospital*

Victoria White, Scott Baker, Brandy Kelly, & Laura McCormick  
*Self-injurious behaviors: Strength-based interventions and treatment strategies*

Christine Bhat  
*Career choice and development model for racial and ethnic minority women*

Joe Wheaton and Darcy Granello  
*Gathering data over the internet: Tips, tricks, advantages, and disadvantages*

Amy Quillin, Traci Wright, & Allison West  
*Accommodating college students with psychiatric disabilities: Trends and issues*

Clarrice Ann Rapisarda, Kimberly Desmond, and Oula Majzoub  
*A community of counselors' response to 9/11: A culturally diverse discussion*

Christine Bhat, Dawn Jenkins, Denita Hudson, & Shannon Evans  
*The voices of African American female doctoral students in counseling programs*

Heather Trepal-Wollenzier and Kelly Wester  
*Rape and sexual assault 101: Developing a clinical knowledge base for counselors*

Victoria White, Susan Paez, & Jiill Duba  
*Excellence through professional advocacy: Training counselors to be advocates*

Dana Heller Levitt  
*Ambiguity, self-efficacy, and learning to trust the counseling process*

Sandra Perosa and Linda Perosa  
*Training counselors to respond to client anger*

Ken McCurdy  
*School counseling: A scope of practice*

Darcy Granello and Jean Underford-Babalis  
*Supervision of group work: An art and an experience in growth*

Brandy Kelly, Laura McCormick, Victoria White, & Jane Cebulá  
*Diagnosis and treatment of trichotillomania*

Shu-Chung Chen, Geoff Yager, & Mei Tang  
*East and west cultural values conflict: Implications for training Asian counselors*

Dana Heller Levitt  
*Religious diversity from a Jewish perspective*

Robert Conyne, Ellen Cook, Robert Wilson, Mei Tang, & William O'Connell  
*Ecological counseling: An approach for the 21st century*

Brent Richardson  
*Six guiding principles for working with challenging youth*  
Rose Quinones Del Valle

*Is culture significant in the development of coping styles?*

Tom Rueth  
*Dealing with the anger and hostility of those who grieve*

Charles Lindsey and Greg Janson  
*Cardiac counseling: Clinical opportunities, standards and interventions*

Louisa Foss and Melanie Warnke  
*Counseling abused fundamentalist Protestant Christian women*

Cynthia Osborn and John West  
*Comprehensive case conceptualization: Avoiding shortcuts that shortchange*

Kimberly Desmond, Clarice Rapisarda, Jill Sayles, Susan Paez, & Oula Majzoub  
*The journey from supervisee to supervisor*

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**OCA Members, Graduate Program Recognized Nationally**

Several OCA members and one graduate program in Ohio were recently honored with national awards through professional organizations:

Jill Duba, doctoral student at Kent State University  
*Association for Counselor Education and Supervision Outstanding Graduate Student Award*

Louisa Foss, doctoral student at Kent State University  
*Association for Specialists in Group Work Peg Carroll Scholarship*

Darcy Haag Granello, associate professor at Ohio State University  
*American Counseling Association National Research Award*

Brandy Kelly, master's student at Youngstown State University  
*Chi Sigma Iota Internship*

Jeffrey Mostade  
*Chi Sigma Iota Thomas J. Sweeney Professional Service Award*

Christina Rosen, doctoral student at University of Cincinnati  
*Chi Sigma Iota Internship*

Youngstown State University  
*Association for Counselor Education and Supervision Outstanding Graduate Program*

Congratulations to all of these honorees on your tremendous accomplishments. We celebrate your success with you!

Receive an award or honor that you'd like to share with OCA, your hometown, or the state of Ohio? Please forward your honor and award information to Dana Heller Levitt, Public Relations Chair: levitt@ohio.edu, (740) 593-4163.

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**An Invisible Minority: Ethical Considerations in Counseling GLBT Clients**

Gregory R. Janson, Ph.D., PCC  
Victoria White, Ph.D., PCC

Gay/Lesbian/Bisexual/Transgender (GLBT) clients are, in many ways, an "invisible minority". Currently, there are only 12 states that prohibit discrimination on the basis of sexual orientation despite the fact that as much as 10-15% of the American population may be comprised of GLBT persons.

A counselor working with GLBT clients and their families has an ethical obligation to be non-discriminatory, competent and respectful in his or her practices



with this group and should be familiar with sociocultural, clinical, legal and ethical issues pertaining to sexual minorities (American Counseling Association, 1995, Standards A.2, C.5). It is important that counselors be aware of personal and societal biases and values that may impact the counseling process with GLBT clients and their families.

Therapeutic decisions are never ethically or politically neutral (Janson & Steigerwald, 2002). For example, would you be as comfortable advocating for a male couple in a custody evaluation as you would for two female partners? In counseling GLBT clients and their families, the counselor must help facilitate the creation of new family rules, boundaries and rituals - this cannot be negotiated using a heterosexual model of families and relationships (Janson, & Steigerwald, 2002).

The following are ethics-related considerations for counselors working with GLBT clients and their families:

- When working with families of GLBT clients, the counselor should be aware of the risks, benefits, expectations and stressors the client and his/her family might face in the coming out process.
- The counselor should be careful to not assume that the GLBT clients'/ families' presenting problem is their sexual orientation.
- It is important to be familiar with GLBT clients' history of oppression and marginalization. The counselor should also be familiar with the effects of clients' internalized homophobia and heterosexism, and be prepared to educate the client(s) about them.
- The counselor should be familiar with GLBT affirming resources and help their clients to access these resources (i.e., GLBT mentors, organizations, support groups, etc.)
- "Marriage and Family" counseling is at times interpreted to imply exclusively to a heterosexual model of partnership and family. It is important to acknowledge "family mem-

bers of choice" not related by blood or traditional male/female marriage.

- Counselors referring GLBT clients must make sure that the referral source is qualified to work with GLBT clients.

References

American Counseling Association. (1995). *ACA Code of Ethics and Standards of Practice*. Alexandria, VA: Author.

Janson, G.R., & Steigerwald, F.J. (2002). Family counseling and ethical challenges with gay, lesbian, bisexual, and transgendered (GLBT) clients: More questions than answers. *Family Journal: Counseling and Therapy for Couples and Families*, 10 (4), 415-418.



**New Licensure Law**

New Ohio Licensure Law: Counselors Will be Mandated to Earn Ethics Related CEU's

Brandy L. Kelly, Youngstown State University, Ethics Committee Member

Lisa graduated from a Master's degree program in counseling one year ago and has recently received her first position as a counselor at a community mental health agency. She is excited to be practicing in the field of counseling after her break from lectures and readings. She consults with colleagues concerning client issues. However, she has not sought continued education in current issues involving ethics and confidentiality. After an event-filled day at work, Lisa goes home to tell her husband about her fascinating new clients. Due to Lisa's failure to receive any continued education, she was unaware that it is unethical to discuss clients with family members.

What could Lisa do to become more aware of the ethical codes? How could she avoid future violations?

Here is one solution! Recently, a new licensure law was passed which states;

beginning January 4, 2004, every individual who is licensed by the Ohio Counselor and Social Worker Board will be required to complete three of his or her bi-annual thirty CEU hours in the area of ethics.

Counselors are responsible for maintaining awareness of information that is pertinent to their professional domain. They are required to be competent in their skills and update themselves on current developments within the cultures and environments that they work. Additionally, counselors are expected to participate in areas of professional development (consultation, supervision, etc.) when there are questions concerning ethical requirements (ACA, 1995, Standards C.2.e., C.2.f.).

The American Counseling Association Code of Ethics and Standards of Practice currently address the significance of continued education, as well as the need to seek assistance when questions arise in the ethical domain. However, actions are often reactive rather than proactive in nature with education and assistance being sought after the ethical violation has occurred. The new law will enable counselors to be more proactive in maintaining awareness of ethical practice and avoiding violations. Continued education in ethics will enable counselors to increase awareness of appropriate practice and avoid behaviors that are unethical, as in the aforementioned case of Lisa.

The new licensure law is in accordance with counselors' dedication to promoting best practices and keeping current with the newest trends in the field. As society becomes more diverse and professional practice is being introduced to a variety of culturally diverse clientele, the likelihood for ethical violations to occur is increased. It is likely that ethical infringements occur because individuals are unfamiliar with current ethics-related standards of practice, as well as cultural awareness and sensitivity. The new licensure law provides counselors with the opportunity to receive continuing education in ethics; in turn, increasing counselor awareness and minimizing the risk of an ethical violation.



## Chapter and Division News

### Ohio Mental Health Counselors Association

Ohio Mental Health Counseling Association and the Ohio Counseling Association held The Second Annual OMHCA Spring Conference on Saturday, April 5, 2003 at the Creative Arts Center at Wright State University. Counselors from various areas of the State of Ohio attended the conference.

Charles Campbell, LPCC presented a program on Solution-Oriented/Possibility Therapy. Amy L. Eiler, MS, LPCC presented Energy Psychology. Michael Hochwalt, Ed.D., J.D., LPCC and Dr. Rodney Houston, Ed.D. offered a presentation on hypnosis. Two poster sessions were presented at the conference. Joseph Keferl, Ph.D., Tina M. Pfefferle, Aju Sam, Patricia Wojar, Yi-Chen, Ariel Wu, and Program Chair, Richard A. Wantz, Ed.D., NCC, from Wright State University presented a poster on Distance Learning. The second poster session was presented by Jennifer Whitney, Raeanna O'Brien, and Natalie Turner from The Ohio State University on the subject of Achieving Multicultural Competence When Counseling Japanese and Asian-American Clients.

OMHCA is proposing changes to their by-laws in order to incorporate regional representatives on the Executive Board. The regional representatives will join the Executive Board to give a statewide perspective to the functioning of OMHCA. The proposed changes will be mailed to members for approval along with the ballot for the president-elect in the very near future. If any member is interested in serving as the regional representative for an area of the state, please contact Amy L. Eiler at (937) 435-1662 or [epcamy@earthlink.net](mailto:epcamy@earthlink.net). Also if any member including student members would like to serve on committees for OMHCA, please contact Amy.

A special thanks goes to all the people at Wright State University that helped to make the Second Annual OMHCA Spring Conference a success.

Amy L. Eiler, MS, LPCC  
President-Elect

### North Central Ohio Counseling Association

NCOCA has had a busy year and a productive one. Developing ourselves as professionals has been a key emphasis, especially with an eye toward providing continuing education for our membership and for other professionals in the community. By the time spring transitions to summer, we will have sponsored four different workshops with presentations covering ethical issues, tools and techniques for use in counseling settings and supervision. All told, we will have offered 16 hours in continuing education by the end of this year. A new format for us has been in providing full-day workshops, which have been very successful. We are looking forward to providing similar workshops next year on pertinent topics, and hope to do regular seminars on supervision and ethics to fulfill state licensure renewal requirements.

A second emphasis has been on renewing effective leadership and we have been working at bringing in new members and getting people involved in a variety of ways. We have seen new members dive into special projects and find ways to express their own particular passions and interests for the field's development. We believe strongly in being a vehicle through which we as counselors can find involvement in the profession beyond our offices and we are working at helping members find that area that will be most fulfilling for them, rather than just seeking to fill committee slots.

There is always room for more involvement, so if you would like more information about becoming involved in NCOCA, please feel free to contact President Martha Flemming at 216-462-0270, ext. 12 or via email at [NSCounsel@aol.com](mailto:NSCounsel@aol.com).

### Ohio Association for Spiritual, Ethical, and Religious Values in Counseling

The OASERVIC executive board wishes you all the best as we move into summer. Looking back at spring, OASERVIC was busy working on putting together elections for executive board po-

sitions that will be open starting on July 1<sup>st</sup>. At the time of this printing, election results are not yet known but will be printed in the next issue of Guidelines.

In May 2003, OASERVIC co-sponsored the conference entitled *Trauma, Neuroscience, and the Body*, in Columbus. The conference featured renowned trauma researchers and practitioners Dr. Bessel van der Kolk and Pat Ogden, and we hope that OASERVIC and OCA members were able to benefit from the expertise of these leaders in the trauma field. We'd also like to thank conference coordinator Dawn Scheuneman for her work in putting together such a superb event.

OASERVIC is beginning to gather ideas for the Wellness Room that will be presented again at the All Ohio Counselors Conference in November. If you would like to become involved in Wellness Room planning activities or have any suggestions, please email president-elect Denise Pickering, [gwendolynnp@mindspring.com](mailto:gwendolynnp@mindspring.com). We'd appreciate hearing your ideas!

As my term as OASERVIC president draws to a close, I would like to give my sincere and heartfelt thanks to the OASERVIC executive board members who have served this past year: Denise Pickering, president-elect; Tracy Leinbaugh, treasurer; Wendy Blevins, treasurer; and Shannon Evans, Newsletter/Membership Chair. Thanks for all of your work and dedication to OASERVIC over the past 10 months. A special thanks also goes out to this year's OCA president, Richard Hazler, for such wonderful leadership. Lastly, a warm welcome to incoming OCA president, Jean Underfer-Babalis; OASERVIC looks forward to working with you.

Charles Lindsey, President

### Ohio Association for Counselor Education and Supervision

On April 25 the 2003 Supervision Summit sponsored by OACES, OSCA, OCA, and The Ohio State University Counselor Education Program, School of Physical Activity and Educational Services was held at the Fawcett Center in

Columbus. Fourteen 50 minute presentations covered many aspects of supervision of counselors, including school counselors, multicultural issues, ethical issues, current research, and training of supervisors and school counseling mentors. It was attended by 55 counselor educators, school counselors, counseling students, counselors and counselor supervisors. It was well-received and provided six continuing education hours to participants. Comments on the evaluations were very favorable and included suggestions that would serve to make for an even better conference next year. Thanks to all of the presenters and to all who attended.

Election of officers for OACES was held during the lunch hour and the vote for president-elect was very close. Randi Cohen is the new president-elect, Dana Heller Levitt will be the treasurer for the next three years, and Jill Nelson Sayles is the secretary for the coming year. Congratulations!

The next task before us is to plan for the next year, which will include the fall meeting at the All Ohio Counselors Conference, involvement in the training of school counselor mentors, and much more!

Thank you all for a wonderful year!

Tracy C. Leinbaugh, President

**Southeast Ohio Counseling Association**

As I write this I am preparing to go to Columbus for the conference on *Trauma, Neuroscience, and the Body* May 2 and 3. SEOCA co-sponsored this with OASERVIC and the Mount Carmel Crime and Trauma Assistance and featured Bessel van der Kolk and Pat Ogden as presenters. Registration has gone well. An additional feature is a dinner with the speakers for the officers of the co-sponsoring associations. The annual spring conference is a major function of SEOCA and, by collaborating with other organizations, we have been able to assist in bringing internationally known experts in the field of trauma to help professional counselors be more effective in their work with clients suffering from trauma disorders. We hope to continue our spring conferences and

look forward to what the next year will offer us.

As I write this we are in the process of nominating members for the offices of president-elect, secretary and treasurer. The elections will be completed shortly, and by the time the members read this, the new officers will be busy planning for the coming year. I wish them good luck and want to thank everyone for a wonderful year!

Tracy C. Leinbaugh, President

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**Position Opening**

Therapist Position Opening: Well-established Christian-based counseling agency seeking therapist. LPCC or LISW preferred. 3-5 years' clinical experience preferred (minimum 2 years required). Must be able to work independently to establish a counseling practice in new territory. Marketing skills/experience a plus in order to develop referral source relationships and clientele. Competitive compensation and benefits, billing and other office services provided. Send resume and reference list to J. Anthony Mosley, Executive Director New Source Counseling Centers, PO Box 150, Circleville, OH 43113-0150.

New Source Counseling Centers is a private, not-for-profit agency, and an equal opportunity employer, in existence for over 20 years

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**Membership News**

Did you know that in addition to providing professional development and support opportunities, OCA also helps you keep a little more of your hard-earned money? That's right - your OCA membership entitles you to some great discounts on things you can actually use!

**NEW BENEFIT**

**Border's Books & Music** - 20% off professional purchases! Just show your OCA card.

**CONTINUED BENEFITS**

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**Hertz Rental Car** - Discount using our CDP:177946

**AAA Clubs:**

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Columbus: 614-431-7800 (show OCA card)

\*contact your local branch for discount information

The OCA Membership Committee, headed by Michelle Flaum Bowman, MS, PC/CR and Sheryl Gould, MS, PC/CR, is working hard to add new benefits to your OCA membership. If you have ideas about new benefits for OCA, we'd love to hear them! Give us a call at (937) 436-3082 or email michelle@beaconcenter.com.

Thanks for being a member of OCA!

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**OCA President-Elect Announces Board Meeting Schedule**

Jean Underfer-Babalís has announced the following dates for Executive Council meetings:

July 17 & 18, 2003

Leadership Workshop at Roscoe Village in Coshocton, Ohio

September 20, 2003

Executive Council at The Concourse Hotel in Columbus, Ohio

November 7, 2003

Executive Council at The Hilton Columbus at Easton Town Center

January 24, 2004

Executive Council at The Concourse Hotel in Columbus, Ohio

April 3, 2004

Executive Council at The Concourse Hotel in Columbus, Ohio

**Need to contact OCA?**

8312 Willowbridge Place  
Canal Winchester, OH 43110  
(614) 833-6068



## Make Plans Now To Attend The Twentieth Annual All Ohio Counselors Conference

November 5-7 are the dates for the 2003 All Ohio Counselors Conference scheduled for the Hilton at Easton Town Center in Columbus. Planners for this annual meeting, Jean Underfer-Babalis, President-Elect, Ohio Counseling Association; Gail Endres, President-Elect, Ohio School Counselor Association; and Ed Whitfield, Ohio Department of Education have arranged for Dr. Ruby K. Payne to be the keynote speaker. Dr. Payne, founder of **aha!** Process, Inc. from Highlands, Texas, has devoted her life to improving the education and lives of persons living in poverty. Her topic for her keynote address will be "*A Framework for Understanding Poverty*".

Dr. Robert Wubbolding, Director of the Center for Reality Therapy will speak on the topic of "*Reverse Paranoia: Why We Need It In Counseling*" at the luncheon address on November 6.

An interactive lunch is being planned for November 7. Registrants will have the opportunity to choose between a number of discussion topics and participate through the guidance of a facilitator in discussing relevant issues pertaining to the topic.

Reserve November 5-7, 2003 on your calendars for this excellent professional development opportunity!

### Ohio Counseling Association Award Nomination Form

#### NOMINATOR

#### NOMINEE

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Phone: \_\_\_\_\_

#### CHECK ONE

##### CHARLES "CHUCK" WEAVER

For long, consistent, and distinguished service to the counseling profession and exemplary caring for people.

##### DAVE BROOKS AWARD

To one who has demonstrated a willingness to serve and take responsibility, while creating new paths in the counseling profession.

##### HERMAN J. PETERS

To one who promotes innovative ideas and theories in the counseling field and has a significant impact on future trends.

##### COUNSELOR OF THE YEAR

One who has gone beyond the call of duty by demonstrating exceptional service as a practitioner and/or counselor educator, through the application of OCA goals.

##### RESEARCH & WRITING AWARD

One who has demonstrated extraordinary research and writing ability, as evidenced by journal publications for the counseling profession.

##### PUBLIC POLICY & LEGISLATION AWARD

One who has demonstrated excellent advocacy by engaging in meaningful lobbying on behalf of the counseling profession.

**NOMINATION PROCEDURE:** Please submit this form with a supporting statement of 250 words or less. Letters of support are also encouraged. Attach a brief biographical sketch or current vitae of nominee. Selection preference will first be given to Nominees who are current OCA members.

PLEASE SUBMIT THE MATERIALS TO:

**Tim Luckhaupt**

Ohio Counseling Association

8312 Willowbridge Place

Canal Winchester, OH. 43110

614-833-6068 (Work)

614-833-5894 (Fax)

**\*DEADLINE IS JULY 15, 2003\***

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2002-2003**

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(614) 833-6068

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