



**“WELLNESS  
IN THE '90s:**

**Self and Others”**

**ALL OHIO COUNSELORS CONFERENCE**

**October 29 – 30 – 31, 1990**

**Hyatt Regency — Columbus**

**Registration Materials**

**Official Program**

# TABLE OF CONTENTS

## General Information

Welcome Letter .....	3
Conference Agenda .....	6
Special Sessions .....	7

## Registration Materials

Hotel Registration Form .....	4
Official Registration Form .....	5

## Chronological Listing of Sessions

Tuesday	
8:00 a.m. ....	8
9:00 a.m. ....	8
10:45 a.m. ....	8
12:00 p.m. ....	10
1:15 p.m. ....	10
2:10 p.m. ....	10
3:20 p.m. ....	12
4:30 p.m. ....	13
Wednesday	
7:45 a.m. ....	15
9:00 a.m. ....	15
10:15 a.m. ....	15
11:30 a.m. ....	17
1:00 p.m. ....	19
2:15 p.m. ....	21
3:30 p.m. ....	22

## Supplementary Information

Membership Form .....	23
Location Map .....	Back Cover



P.O. Box 684 • Millersport, Ohio 43046 • (614) 467-2843

Dear Counselor:

We are pleased to present the Official Program and Registration Materials for the 1990 All Ohio Counselors Conference. Please review the information and register early for this year's event. The 1990 Conference begins with a Pre-Conference Program on Monday, October 29 and then continues with more than eighty sessions.

The conference registration form is on page 5. The deadline for registration is **October 12, 1990**. As a member of OACD or OSCA, you can save on the conference cost. To join these organizations refer to the membership form on page 23.

Details for making room reservations at the Hyatt Regency/Ohio Center are located on page 4. You are encouraged to contact the hotel as soon as possible. The deadline for making reservations is **September 29, 1990**.

All sessions will be eligible for CEU's from the Ohio Counselor and Social Worker Licensure Board, NBCC and the Ohio Department of Education. Forms for the Counselor Board and NBCC will be included in your registration packet. These must be turned in at the CEU booth before leaving the conference. Ohio Department of Education CEU information will be available at the Department's exhibit booth.

We are excited about this year's conference and hope you will plan to join your colleagues from throughout Ohio.

Sincerely,



Jan Gill-Wigal  
President  
OACD



Edwin Whitfield  
Liaison  
ODE



Judy Morgan  
President  
OSCA

Ohio Association for Counseling and Development • Ohio School Counselor Association  
Ohio Department of Education

# HOTEL REGISTRATION FORM

## HYATT REGENCY COLUMBUS

AT OHIO CENTER

We look forward to your upcoming visit to Columbus. The Hyatt Regency Columbus is located in the heart of downtown Columbus, connected to the Ohio Center complex and mall. Join us at the Peppercorn Duck Club for international cuisine or the Glass Garden restaurant for casual all-day dining. Visit the Galleria Lounge featuring live entertainment and dancing nightly, or relax in the indoor swimming pool and whirlpool.

In guaranteeing your reservation for arrival after 6:00 pm we require either:

A) An enclosed check or money order covering the first night's room and tax

OR

B) Major credit card number, expiration date, and signature.

**The Hyatt Regency Columbus regrets that it cannot hold your reservation after 6:00 on the day of arrival without guaranteeing the reservation with one of the above.**

Deposits will be refunded only if cancellation notification is received at least 24 hours prior to arrival.

### All Ohio Counselors Conference October 29-31, 1990

Type of Room	No. of Rooms	Convention Rate
Single (1 person)		77.00
Double (2 persons 1 bed)		87.00
Double (2 persons 2 beds)		87.00
Triple		97.00
Quad		107.00

Bed types are subject to availability and cannot be guaranteed.

For Suite requests, call the Hotel directly.  
The above rates are subject to all applicable city and state tax.

## HYATT REGENCY COLUMBUS

AT OHIO CENTER

### RESERVATIONS MUST BE RECEIVED BY SEPTEMBER 29, 1990

Date of Arrival \_\_\_\_\_  
 Date of Departure \_\_\_\_\_  
 Check in Time: 3 p.m.      Check out Time: 12 noon  
 Name \_\_\_\_\_  
 Company \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 Telephone No. \_\_\_\_\_  
 Hyatt Gold Passport No. \_\_\_\_\_  
 Sharing room with \_\_\_\_\_

Guests who do not establish credit will be asked to pay full room and tax plus \$20.00 deposit per room. Reservations requested after 9-29-90 or after the room block has been filled are subject to availability and may not be available at the convention rate.

Guaranteed by one of the following:  
 American Express     Discover  
 VISA    Mastercard    Diners Club/Carte Blanche

Check or money order enclosed.  
 Amount: \$ \_\_\_\_\_  
 Card # \_\_\_\_\_  
 Expiration Date \_\_\_\_\_  
 Signature \_\_\_\_\_

**Clip along dotted line and mail to:**

**Reservations • Hyatt Regency • 350 N. High St. • Columbus, Ohio 43215**

# REGISTRATION INFORMATION

## Cancellation Policy

All cancellation requests must be received in writing by October 8, 1990 or no refund will be given. Cancellations will be subject to a \$5.00 refund processing fee.

## Continuing Education Units (C.E.U.'s)

All sessions are eligible for CEU's from the Counselor and Social Worker Licensure Board, the Ohio Department of Education and NBCC. CEU's for the Ohio Department of Education are a separate procedure from the licensure board CEU's. Check at the ODE booth.

## Lodging

Rooms have been reserved at the Hyatt Regency Hotel. Please register for your lodging on the Hotel Registration Form. Do not include payment for lodging in checks for registration fees or the checks will be returned.

## Name Badges

Name badges will consist of four lines. Please complete the badge information section of the Official Registration Form exactly as you want your badge printed. Your address will not be included on the badge. A maximum of ten characters may be used for your common name.

## On-Site Registration

If you plan to register at the conference it will cost you \$10.00 more than the prices quoted on the registration form. Luncheon tickets are not available for those registering at the conference.

## Registration Procedure

You may register for the conference by completing the official registration form and returning it by **October 12, 1990**. Your registration will be confirmed by return mail approximately one week before the meeting. Reduced registration fees are available for members of OSCA and OACD. See page 23 to join.

## OFFICIAL REGISTRATION FORM

### Deadline: October 12, 1990

(Submit One Form Per Person)

PLEASE PRINT

### BADGE INFORMATION

Common Name

(For Example Tom, Jan) (Maximum Ten Letters)

Full Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Social Security No. \_\_\_\_\_

Make Check Payable & Send Along With Entire Form By **October 12 To:**

**All Ohio Counselors Conference**

P.O. Box 684

Millersport, OH 43046

(614) 467-2843

Tax ID Number 34-1296830

### FEEES FOR CONFERENCE

#### BOTH DAYS

- A.  OSCA/OACD MEMBER ..... \$55.00
- B.  NON-MEMBER ..... \$85.00
- C.  STUDENT ..... \$10.00

#### ONE DAY

- D.  OSCA/OACD MEMBER ..... \$35.00
- E.  NON-MEMBER ..... \$45.00
- F.  STUDENT ..... \$10.00

#### LUNCHEON

- G.  TUESDAY ONLY ..... \$10.00

#### PRE-CONFERENCE

- H.  WUBBOLDING ..... \$20.00

#### POST-CONFERENCE

- I.  M<sup>c</sup>DANIELS ..... \$10.00
- J.  PARTIN ..... \$10.00

CONFERENCE TOTAL ..... \$ \_\_\_\_\_

# CONFERENCE AGENDA

## MONDAY, OCTOBER 29

7:30 P.M. - 9:30 P.M.	Pre-Conference Program <i>"Using the Cycle of Counseling with Difficult and Hard to Reach People"</i> <b>Dr. Robert Wubbolding</b>	Franklin A-D
-----------------------	--	--------------

## TUESDAY, OCTOBER 30

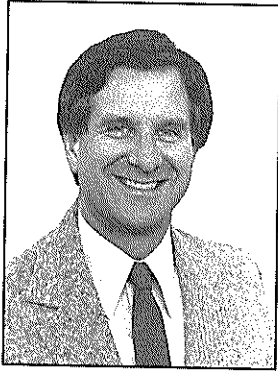
8:00 A.M. - 9:00 A.M.	Registration Exhibit Viewing, Complimentary Coffee	Union Foyer Union Rooms
9:00 A.M. - 9:45 A.M.	Opening Session & Awards Presentation	Regency South
9:45 A.M. - 10:30 A.M.	Speaker <i>"Wellness in the '90s: Self and Others"</i> <b>Dr. Thomas Sweeney</b>	Regency South
10:45 A.M. - 11:45 A.M.	Workshop Sessions	Various Rooms
12:00 Noon - 12:15 P.M.	Greetings from Dr. Irene Bandy and Dr. Franklin Walter	Regency North
12:15 P.M. - 1:15 P.M.	Luncheon & Speaker <i>"Counseling in the '90s: New Methods and Procedures"</i> <b>Beverly O' Bryant</b>	Regency North
1:15 P.M. - 2:00 P.M.	Exhibit Viewing & Door Prize Drawings	Union Rooms
2:10 P.M. - 3:10 P.M.	Workshop Sessions	Various Rooms
3:20 P.M. - 4:20 P.M.	Workshop Sessions	Various Rooms
4:30 P.M. - 5:30 P.M.	Workshop Sessions	Various Rooms

## WEDNESDAY, OCTOBER 31

7:45 A.M. - 8:45 A.M.	OSCA General Assembly & Other Division Meetings	Various Rooms
9:00 A.M. - 10:00 A.M.	OACD General Membership Meeting	Fairfield
10:15 A.M. - 11:15 A.M.	Workshop Sessions	Various Rooms
11:30 A.M. - 12:30 P.M.	Workshop Sessions	Various Rooms
12:30 P.M. - 1:00 P.M.	Lunch Break	On Your Own
1:00 P.M. - 2:00 P.M.	Workshop Sessions	Various Rooms
2:15 P.M. - 3:15 P.M.	Workshop Sessions	Various Rooms
2:15 P.M. - 5:30 P.M.	Post-Conference Sessions <ul style="list-style-type: none"> <li>• <i>"The Changing Workplace"</i> <b>Dr. Carl McDaniels</b></li> </ul>	Marion
3:30 P.M. - 5:30 P.M.	<ul style="list-style-type: none"> <li>• <i>"Time Management for Counselors"</i> <b>Dr. Ron Partin</b></li> </ul>	Fairfield

## SPECIAL SESSIONS

Monday • 7:30 P.M. • Pre-Conference Program



**Dr. Robert  
Wubbolding**

### **“Using the Cycle of Counseling with Difficult and Hard to Reach People” *Dr. Robert Wubbolding***

The Cycle of Counseling, the delivery system for Reality Therapy, will be presented and applied to resistant students and clients. The paradoxical methods reframing, restraining, positioning, and prescriptions will be described.

Participants will be involved in small group discussion, active observation of role play demonstrations, and plan making. They will derive ideas that can be implemented on the job. Dr. Wubbolding is a Professor at Xavier University in Cincinnati.

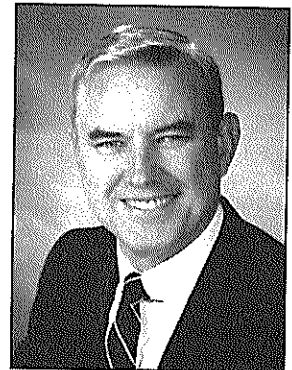
*Register for this session on page 5.*

Tuesday • 9:00 A.M. • Opening Session

### **“Wellness in the '90s: Self and Others” *Dr. Thomas Sweeney***

Tom Sweeney is Professor of Applied Behavioral Sciences and Educational Leadership and Coordinator of Counselor Education in the College of Education at Ohio University in Athens, Ohio. A graduate of Akron University where he earned his Bachelors degree, he received his Masters degree from the University of Wisconsin (Madison) and his Ph.D. from The Ohio State University.

In addition to public school teaching and counseling, he has been a teacher and administrator in higher education for over twenty and ten years, respectively. The author of articles, monographs and books, he also developed and taught a telecourse on methods of guiding young people titled, Coping With Kids. An award winning series produced by Ohio University, it was distributed on film worldwide by the American Association for Counseling and Development (AACD) and has been broadcast via satellite throughout this country and abroad. His most recent book is Adlerian Counseling: A Practical Approach for a New Decade.



**Dr. Thomas  
Sweeney**

Tuesday • 12:00 Noon • Luncheon Speaker

### **“Counseling in the '90s: New Methods and Procedures” *Beverly O'Bryant***

Mrs. O'Bryant is a counselor with the District of Columbia Public School System. She has worked at the elementary, middle/junior high and senior high school levels implementing and advocating comprehensive developmental guidance and counseling programs for prekindergarten through postsecondary students. She also coordinates programmatic experiences for consortiums of local school students, parents, counselors, administrators, staff and community members.

As president of the American School Counselor Association she represents the 15,000 plus members of the organization. She articulates counselor competencies and roles in educational reform, provides support for counselors through outside agency linkages and seeks to initiate interprofessional liaisons that will benefit counselors politically, legislatively and professionally. *Register for this session on page 5.*



**Beverly  
O'Bryant**

# CHRONOLOGICAL LISTING OF SESSIONS

**TUESDAY • 8:00 A.M.**

**TUESDAY • 9:00 A.M.**

**Registration  
Exhibit Viewing  
Complimentary Coffee  
Union Foyer & Rooms**

**Opening Session • Regency South  
Presiding • Judy Morgan • President • OSCA  
OACD and OSCA Awards Ceremony  
Speaker  
Dr. Tom Sweeney, Professor, Ohio University  
"Wellness in the '90s: Self and Others"**

**TUESDAY • 10:45A.M.**

1.	<p><b>Personality Type and Chemical Dependency</b> The program will present the results of an ongoing research for the past four years using the Myers-Briggs Type Indicator in a hospital based chemical dependency center. The results will be presented and discussed along with implications with reference to treatment.</p>	<p><b>Mary Ann Jones</b> Associate Professor... Wright State University <b>Joseph Emanuel</b> Associate Professor... Wright State University</p>	<p>Champaign Capacity...70</p>
2.	<p><b>Counseling and Attitudes Toward Persons With Disabilities</b> Presentation will outline the findings of a research study on the attitudes of counselor education students toward individuals with disabilities. The presentation will also focus on the issue of counselor's attitudes and techniques for developing awareness. Strategies for counseling individuals with disabilities will also be discussed. Attendees will be provided with a summary of the research, hand-outs on educational techniques for developing awareness and counseling strategies.</p>	<p><b>Jamie Carney</b> Ph. D. Student... Ohio University <b>Brenda Fling</b> Ph. D. Student... Ohio University</p>	<p>Clark Capacity...70</p>
3.	<p><b>Reality Therapy: Cognitive Tools for a Cognitive Method</b> Reality Therapy is often mistakenly seen as a behavioral method. This presentation will emphasize ways to use the cognitive aspects of this theory in ways previously not emphasized. Defining the inner "Quality World" as well as three levels of perception in which we label, understand, and put value on the world around us. Specific, practical implications for counseling will be elaborated on with handouts that will be provided. Case discussion, solid theory, and immediately useable ideas will be presented.</p>	<p><b>Robert Wubbolding</b> Professor... Xavier University</p>	<p>Fairfield Capacity...225</p>
4.	<p><b>Ideas for Use by the Elementary School Counselor</b> As a "new" elementary counselor with little or no available resources I began to ask questions and began to create lesson plans and visuals to be used in the total classroom setting as well as individual counseling. This has been an exciting year for me and I would like to share with other school counselors. Some topics – feelings, getting along with peers, problem solving.</p>	<p><b>Phyllis Rose</b> Guidance Counselor... Dayton City Schools</p>	<p>Franklin A Capacity...130</p>
5.	<p><b>What Are Counselors Doing? Two Research Projects</b> Two research projects on the activities of the school counselor will be described: 1) How school counselors actually and ideally allocate their time compared with their principals perceptions, and 2) The parent education activities of school counselors.</p>	<p><b>Ron Partin</b> Professor... Bowling Green State University <b>Martin Ritchie</b> Associate Professor... University of Toledo</p>	<p>Franklin B Capacity...130</p>



**TUESDAY • 10:45 A.M. cont.**

6.	<p><b>Stress Reduction Through Play and Creativity</b>          Our presentation will combine stress reducing activities for children from a combination of resources, including recently published in 1990 Lions' Quest Skills for Growing. The importance of stress reducing activities will be emphasized as participants experience breathing exercises, a group ball juggle, a Chinese exercise, and several creative visualizations. Worry thoughts common to children will be discussed and the use of affirmations to relieve worry will be demonstrated.</p>	<p><b>Denise Preusser</b>          Guidance Counselor...          Dover City Schools</p>	<p>Franklin C  <i>Capacity...130</i></p>
7.	<p><b>Updating the Written Guidance Plan: From Services to Competencies</b>          Updating your Written Guidance Plan? Need some ideas and materials to help? This workshop, condensed from a six-hour inservice for school guidance counselors, will help you alter the focus of your plan from a process-oriented, "services you provide", to a product-oriented, student competency, "what students will learn" plan. "Homemade" step-by-step materials will be provided.</p>	<p><b>Margaret Wellington</b>          Guidance Supervisor...          Trumbull County          Board of Education</p>	<p>Franklin D  <i>Capacity...130</i></p>
8.	<p><b>The Teacher's Guidance Handbook: Let your Fingers do the Walking</b>          The Teacher's Guidance Handbook provides an organized method to communicate important issues, policies and procedures to all school staff. The Handbook promoted an all-school delivery system of guidance services. Consultation and teamwork are enhanced as everyone has the same information at their fingertips.</p>	<p><b>Nancy Meadows</b>          Counselor...          Wadsworth City Schools  <b>Pat Shannon</b>          Counselor...          Wadsworth City Schools</p>	<p>Knox  <i>Capacity...100</i></p>
9.	<p><b>The Adult Child of an Alcoholic at Work</b>          Why work on the issue of work with the adult child of an alcoholic client? Loyal, driven, ambitious, eager-to-please -- these qualities make ACOA's ideal employees. Or don't they? ACOAs are at high risk for environmental stress problems, substance abuse, and erratic work performance. "The ACOA at Work" will cover what issues adult children of alcoholics face in the workplace and how to address these issues in treatment.</p>	<p><b>Greg Liber</b>          Treatment Specialist...          Alcoholism Services of          Cleveland, Inc.  <b>Willetta Thomson</b>          Community Education          Specialist...          Alcoholism Services of          Cleveland, Inc.</p>	<p>Madison  <i>Capacity...100</i></p>
10.	<p><b>The Peer Counseling Approach to Crisis Management and Intervention at the High School Level</b>          Peer counseling maximizes counselor time. The presentation will focus on the use of high school students for the management and intervention of crisis situations. Suggestions will be given for the development of a peer counseling program and training techniques used in preparing students as peer helpers. Selection of students, utilization of "in training" peer counselors at different levels throughout the school system, legality and accountability issues will be discussed. Handouts will include the step by step plan for implementation of the program.</p>	<p><b>Jeannine Studer</b>          Guidance Counselor...          Perkins High School</p>	<p>Marion  <i>Capacity...100</i></p>
10 A	<p><b>Legal, Legislative and Ethical Issues in Counseling</b>          This session will focus on current legislative and ethical issues in counseling; i.e. third party payments and ethical issues in multicultural counseling.</p>	<p><b>Susan Sears</b>          Counselor Educator...          Ohio State University  <b>Anita Jackson</b>          Counselor Educator...          Kent State University</p>	<p>Morrow  <i>Capacity...200</i></p>

## TUESDAY • 12:00 Noon

**Luncheon and Keynote Speaker • Regency North  
Presiding • Jan Gill-Wigal • President • OACD**

**Introductory Remarks**  
**Dr. Irene G. Bandy, Assistant Superintendent**  
**Dr. Franklin B. Walter,**  
**Superintendent of Public Instruction**

**Speaker**  
**Beverly O'Bryant**  
**President, American School Counselor Association**  
**"Counseling in the '90s: New Methods and Procedures"**

## TUESDAY • 1:15 P.M.

**Exhibit Viewing & Prize Drawings**  
**Union Rooms**

## TUESDAY • 2:10 P.M.

11.	<p><b>Increasing Test Scores Through Counselor Intervention Strategies</b> Counselors can have an effect on improving scores on ACT, SAT, Proficiency Tests, and state mandated achievement and ability tests through group guidance and individual strategies aimed at increasing test preparedness, study skills and test taking skills. Available resources, classroom activities, and other intervention aids will be discussed.</p>	<p><b>Edwin Whitfield</b> Associate Director... Ohio Department of Education</p>	<p>Champaign Capacity...70</p>
12.	<p><b>Meeting the Special Needs of the Deaf Population in Counseling</b> With the passage of P.L. 94-142 and the Rehabilitation Act of 1973, Section 504, there is an increasing number of deaf students being mainstreamed into the public schools, mental health centers, and other public service settings. This presentation is to help counselors, who are not trained in deafness, become aware of the special needs of these students. Both vocational and socio-emotional counseling will be discussed. Included in the discussion will be strategies and information about other agencies where the counselor and/or student can get additional support and help.</p>	<p><b>Rebecca Perkins</b> Guidance Counselor... Ohio School for the Deaf <b>Darlene Goncz</b> School Counseling Intern... Ohio School for the Deaf</p>	<p>Clark Capacity...70</p>
13.	<p><b>Mass Screening as an Adolescent Suicide and Prevention Tool</b> This 1990 ASCA Grant funded project will familiarize school counselors with the use of the Reynolds Adolescent Depression Inventory (RADSI) and the Suicide Ideation Questionnaire (SIQ) in building competency based prevention programs. It will also demonstrate how counselors time can be maximized in building groups for mass screened identified populations. Counselors should bring their shopping bags to carry handouts that include an 8-week group counseling program that covers stress reduction, coping skills and assertiveness training and the ASCA funded proposal and results.</p>	<p><b>Peterann Siehl</b> Assistant Professor... Bowling Green State University</p>	<p>Fairfield Capacity...225</p>
14.	<p><b>The Best Kind of Team: Successful Parenting Programs</b> This workshop provides counselors with skills and techniques to involve parents actively in establishing positive relationships of mutual respect, responsibility, and love with their children. Counselors will receive practical suggestions on types of successful parenting programs, the nuts and bolts mechanics of such programs and a comprehensive model of "getting parents to attend." This workshop provides counselors with resources and sensible solutions for dysfunctional families and children "at risk" in these family situations.</p>	<p><b>Roxanne Demeter</b> Elementary Counselor... Groveport Madison Schools <b>Pat Ross</b> Elementary Counselor... Worthington Schools</p>	<p>Franklin A Capacity...130</p>

**TUESDAY • 2:10 P.M. cont.**

15.	<p><b>The Miracle Workers: College and Scholarship Counselors in a Comprehensive High School</b>          "What scholarships are you going to get for my kid?" How often have you heard that or a similar question. With college costs soaring, more demands are being placed on the secondary school counselor to match students with the perfect college and all available scholarships. This is especially difficult for the counselor who is also working with immediate problems of vocational and at-risk students. Learn ways to juggle responsibilities more effectively, to get the right information to the right people at the right time, and to get more mileage out of a 24-hour day...all without losing your perspective or sense of humor.</p>	<p><b>Joann Hensley</b>          Guidance Counselor...          Hilliard High School  <b>Roberta Adams</b>          Guidance Counselor...          Grove City High School</p>	<p>Franklin B  <i>Capacity...130</i></p>
16.	<p><b>Drug Pushers Want Us to Believe That Treatment Doesn't Work</b>          This presentation will focus on chemically induced, acting out behaviors as witnessed in the classroom. In-school assessments, interventions, and the family disease concept will be highlighted. Counselors will witness how henograms can explain why adolescents choose chemicals to express anger with authority and frustration at home. The components of outpatient treatment including group-mental health work - its success rate and cost effectiveness will be discussed. All participating counselors will have an opportunity to review their influential role in getting treatment for behavioral problems.</p>	<p><b>Edwina McIntyre</b>          C.E.O....          McIntyre Clinic Inc.  <b>Joyce Koledge</b>          Counselor/School          Psychologist...          Parma City Schools</p>	<p>Franklin C  <i>Capacity...130</i></p>
17.	<p><b>Humanism: The Controversy and the Counselor</b>          Since counselors are the professionals most intimately involved with people, many counseling practices have been brought into question during the controversy over materials and techniques associated with the terms humanism and humanist. This program will help counselors better understand the nature of the controversy and the groups involved. Participants will consider how personal and professional theories and techniques impact the issues.</p>	<p><b>Richard Hazler</b>          Associate Professor...          Ohio University  <b>Joan Brizzi</b>          Research Associate...          Northeastern Ohio          Universities</p>	<p>Franklin D  <i>Capacity...130</i></p>
18.	<p><b>A Multicultural Approach to Assertion Training</b>          The program will introduce counselors to a multicultural approach for assisting clients to develop assertive behaviors and response patterns. Major focus will be on topics including the psycho-social dynamics of multicultural interaction, discriminating between assertive, aggressive and passive behaviors across racial groups and techniques for maximizing clients assertive behavior in multicultural interactions. Counselors will benefit both personally and professionally from this didactic and experiential presentation.</p>	<p><b>Wilma Henry</b>          Assistant Professor...          Wright State University  <b>Mary Ann Jones</b>          Assistant Professor...          Wright State University</p>	<p>Knox  <i>Capacity...100</i></p>
19.	<p><b>Group Counseling: What Works and What Does Not!</b>          Groups can be a rewarding experience for both students and counselors. Junior and senior high school counselors share their experiences and provide a practical guide of do's and don'ts for counselors working with groups at both junior and senior high school levels. Presentation will include why do groups, how to get started, how to select group participants, the role of facilitator, resources available, and lots of handouts.</p>	<p><b>Connie Risher Sumner</b>          Guidance Counselor...          Buckeye High School  <b>Janet DeNardi</b>          Guidance Counselor...          Buckeye Local Schools</p>	<p>Madison  <i>Capacity...100</i></p>
20.	<p><b>Revitalization of Guidance in Northeast Ohio</b>          This program will focus upon a three year grant funded project to generate positive and effective change in guidance programs of ten Northeast Ohio school districts. One component will discuss the change process in school systems and the other will identify and highlight the specific innovative strategies developed by the ten districts.</p>	<p><b>Frank O'Dell</b>  <b>Carl Rak</b>  <b>Joel Chermonte</b>          Counselor Educators...          Cleveland State          University</p>	<p>Marion  <i>Capacity...100</i></p>

**TUESDAY • 3:20 P.M.**

<p>21.</p>	<p><b>Focus on You and Baby Too</b>          This innovative group approach includes high-risk teens receiving sixteen hours of intense support and intervention designed to substantially reduce consequences of identified high risk pregnancies. Specifically, this group program for young women utilizes art/music/exercise techniques and nutrition information presented by community consultants. The agency/school co-facilitator adds the self-esteem component and along with the consultants engage clients in an educational support group series promoting physical and emotional health during pregnancy.</p>	<p><b>Carol Smerz</b>          Coordinator of Counseling Services...          Womanline Inc.</p>	<p>Clark          Capacity...70</p>
<p>22.</p>	<p><b>An Eleventh-Hour Career Unit</b>          This presentation will describe an intensive eleventh grade career unit which can be delivered by counselors, English teachers, and outside speakers. The focus will be on how to plan a unit and acquire the resources needed. We will include activities for students' self-awareness, increased knowledge of potential careers, and language arts skills needed by students whose career goals range from immediate employment to college.</p>	<p><b>Mary Tenison</b>          Guidance Counselor...          Ravenna High School</p>	<p>Champaign          Capacity...70</p>
<p>23.</p>	<p><b>Helping Elementary School Children Accept Diversity &amp; Change</b>          Families in the '90s are changing rapidly, leaving children confused. The stereotype configuration of the two-parent family is still our frame of reference in spite of the documented diversity of families. My Family, Your Family is a classroom presentation to help children in grades two through five understand and cope with these family changes as well as recognize the strength of families. The program was presented to 1836 children in the Greater Cincinnati area during the 1988-89 school year.</p>	<p><b>Donna Marmer</b>          Divorce Program Specialist...          The Aring Institute of Beech Acres  <b>David Brewer</b>          Divorce Program Specialist...          The Aring Institute of Beech Acres</p>	<p>Fairfield          Capacity...225</p>
<p>24.</p>	<p><b>Screening for a Competency Based Guidance Program</b>          Counselors are expected to meet the needs of a rapidly changing population. The focus is no longer on services provided but rather on client competencies. What kind of screening is needed for your work setting? How does the counselor select the appropriate instrument or method to access client needs? When should clients be accessed and how does the counselor set priorities based on data gathered? Using practical examples from the presenters' experiences in the counseling field this session presents a comprehensive framework for understanding how to use screening to implement the competency based program.</p>	<p><b>Betty Jo Baharoglu</b>          Guidance Counselor...          Western Reserve Schools  <b>Peterann Siehl</b>          Assistant Professor...          Bowling Green State University</p>	<p>Franklin A          Capacity...130</p>
<p>25.</p>	<p><b>Therapeutic Games</b>          This presentation surveys the literature on the use of games as therapeutic aids. Using the therapeutic context as a springboard, it introduces the communications card game <u>Insight</u> designed for and successfully used with preteens and their families. Existing games often bore preteens because of their open-endedness. <u>Insight</u> offers a means for winning the game thus heightening appeal for this age group, while preserving therapeutic intent.</p>	<p><b>Ruth Schumacher</b>          Associate Professor...          Wright State University</p>	<p>Franklin B          Capacity...130</p>
<p>26.</p>	<p><b>Diagnosis and Treatment of Children and Adolescents Facing Divorce</b>          This lecture addresses divorce research findings, factors in childrens' and adolescents' positive and poor adjustments to divorce, and irrational false beliefs influencing their reactions to divorce. These irrational beliefs often cause children and adolescents to feel guilty, anxious, angry, confused and depressed. The lecture reviews diagnostic and treatment strategies with case studies to illustrate each irrational belief.</p>	<p><b>Michael Prokop</b>          School Psychologist...          Warren City Schools</p>	<p>Franklin C          Capacity...130</p>

**TUESDAY • 3:20 P.M. cont.**

**Changing Problem Behavior Through Different Lenses**

This presentation will illustrate an innovative approach to promoting positive change in student behavior and resolving teacher-student conflict by using "adult talk" in a classroom setting. Participants will be afforded an opportunity to interact with students who have learned to use "adult talk" as a means of resolving teacher-student conflict.

**Jean Kerney**  
Asst. Superintendent...  
Chillicothe City Schools  
**Lorene Washington**  
Guidance Counselor...  
Chillicothe City Schools

Franklin D  
*Capacity...130*

**Counseling in the 21st Century: Where Are We Headed?**

The program will focus on the current national and state-wide status of the counseling professional and what will be expected of counselors in the 21st Century. Discussion time will also be provided.

**Panel of National and State Counseling Leadership**

Knox  
*Capacity...100*

**Ohio's Statewide High School Proficiency Testing Program**

All students who receive diplomas from Ohio public school districts after July, 1993, will be required to have passed state-developed proficiency tests in four content areas: reading, writing, citizenship, and mathematics. All aspects of this testing program will be discussed. Counselors will have the opportunity to have any questions answered regarding this testing program.

**Keith Gochnour**  
Consultant...  
Ohio Department of Education

Madison  
*Capacity...100*

**Developing Successful Parent Education Programs**

"I would participate, but..." are words counselors often hear in their attempts to involve parents in programs that have been shown to make a difference in children's lives. This session will address issues and concerns that sometimes prevent parents from participating and will focus on strategies for involving parents in their children's education. Models of successful programs will be shared.

**Judy Airhart**  
Consultant...  
Ohio Department of Education

Marion  
*Capacity...100*

**TUESDAY • 4:30 P.M.**

**A Holistic Model to Understand Functional and Dysfunctional Behavior & Its Relationship to Self-Concept**

This workshop will describe a holistic model to explain sources and causes of imbalances (dysfunctions) and balances. Since all Psychological imbalances (dysfunctions) ultimately relate to distortions in one's "sense of self", a practical self-concept model will be presented. Finally, specific case material will illustrate the application of these major concepts for understanding functional and dysfunctional behavior.

**David Santoro**  
Professor...  
Cleveland State University

Champaign  
*Capacity...70*

**Magic Circle/Innerchange Circles - The How To's**

Circle Time attempts to maximize each student's opportunities for inclusion (social interaction), promotes the development of listening and presenting skills, and gives students an opportunity to look at their thoughts, feelings and behaviors in a helpful way. Many professionals are somewhat familiar with the "Circle" concept but are not fully aware of the five processes in its structure, the importance of the expansion process in presenting topics, nor in the educational/developmental goals of Circle. This presentation offers clarification, demonstration and modeling opportunities for the participants.

**Michael Landwehr**  
Special Education/  
Psychological Service...  
Cincinnati Public Schools

Clark  
*Capacity...70*

**The Different Children: Children of Alcoholics**

Children of alcoholics not only feel different from other school children but also have different needs. This presentation focuses on the special needs of COA's within the school environment and provides successful methods and programs for working with COA's. The main components will include helping the COA's feel better about themselves, dealing with their feelings and coping with their daily school responsibilities and family situations.

**Joseph Nickel**  
Guidance Counselor...  
North College Hill High School

Fairfield  
*Capacity...225*

**TUESDAY • 4:30 P.M. cont.**

34	<p><b>Counseling Considerations: AIDS, HIV+, ARC</b>          Counseling work with persons living with AIDS takes on many dimensions. Individual therapy includes disease education, social and religious considerations and often anticipatory grief work relative to a client's impending death. Family members and friends require similar support. Group work around healing and imaging can enhance coping skills and death-readiness and acceptance.</p>	<p><b>Cori Yaeger-von Birgelen</b>          Private Practice          Counseling...          Cincinnati Ohio</p>	<p>Franklin A          Capacity...130</p>
35	<p><b>Contactful Counseling: Existential Process from Gestalt Therapy</b>          Based on the existential nature of Gestalt therapy which helps define the concepts of contact and contact boundaries, this workshop will focus primarily on the "I-Thou" processes in counseling and psychotherapy. Through my presentation and your involvement in structured dyadic experiences, various boundary processes will be explored as they relate to contact during counseling sessions. I will focus on the "I-It" mode of existential encounter which is vitally necessary for living and the "I-Thou" mode of dialogue which is essential for the realization of personhood.</p>	<p><b>Ansel Woldt</b>          Associate Professor...          Kent State University</p>	<p>Franklin B          Capacity...130</p>
36	<p><b>The Do's &amp; Don't's of Career Counseling in Private Practice</b>          The private practice of career counseling is an emerging specialty. The presenters will share their recent experience of starting such a practice and the procedures they have found most effective in helping their clients.</p>	<p><b>Jack Cochran</b>          President...          Cochran &amp; Associates  <b>Cynthia Marco</b>          Graduate Student...          University of Akron</p>	<p>Franklin C          Capacity...130</p>
37	<p><b>The Impact of School Transition On Drug Use Among High Risk Youth</b>          Approximately 32,000 students in N.W. Ohio, from grades 4 through 12, were surveyed on drug use. One focus of the research was to assess the impact of the normative transition into middle school or junior high on drug use, particularly among high risk youth. Also presented will be a variety of other findings such as usage rates by grade level, student perceptions, relationships to suicidal thoughts, use at school events, alternate schools, etc.</p>	<p><b>William Ivoska</b>          Director of Admissions...          Owens Technical College</p>	<p>Franklin D          Capacity...130</p>
38	<p><b>Addressing Issues of the '90s Through Group Discussions</b>          Most counselors work with students in small groups or class size groups. The book, <u>And You Think You Have Problems: Teenage Dilemmas</u>, is a collection of 38 short stories written by the presenter. Stories provide a 5 minute presentation thus allowing time for a follow-up discussion - all within one class period. Stories are targeted for junior high but may be used for younger and older! Topics include: Death, Divorce, Pregnancy, Abuse, Step Parents, Suicide, Handicaps, Peer Pressure, Drug/Alcohol Use and more. A discussion guide is included.</p>	<p><b>Patricia McClure</b>          Guidance Counselor...          Whitehall City Schools</p>	<p>Knox          Capacity...100</p>
39	<p><b>Positive Family Alternatives to the Media</b>          Many parents are not aware of the negative messages constantly presented in the media regarding chemical substances, sexuality, and instant gratification and the powerful effect these have in shaping young people's values, attitudes, and behavior. These messages combined with the nature of electronic media itself have a profound effect upon the quality of family life today. This presentation offers a format for counselors to use with parents to raise their level of awareness as well as strategies parents can implement in their own homes to offer positive family alternatives to limit the negative impact on family life.</p>	<p><b>Cynthia Reynolds</b>          Guidance Counselor...          Kent City Schools  <b>Samuel Reynolds</b>          Director of Curriculum          and Instruction...          Manchester Local          Schools</p>	<p>Madison          Capacity...100</p>

**TUESDAY • 4:30 P.M. cont.**

40.	<p><b>Conflict Resolution</b>          'Conflict Resolution' is a program which promotes a mind set of tolerance for disagreement, and a belief that problems can be solved. This program will offer a clearly defined 6-session small group plan for counselors to teach problem identification from an individual point of view, feelings and reactions identification, consideration of alternatives and healthy relationship skills. Counselors will hear examples of program use, see and take home the plan outline and reinforcing materials. They will hear about techniques which have been used successfully to allay and/or address common problems which may arise during this program. It accommodates counselors whose time is limited.</p>	<p><b>Barbara Dysinger</b>          Guidance Counselor...          Findlay City Schools</p>	<p>Marion          Capacity...100</p>
-----	---	---	---

**WEDNESDAY • 7:45 A.M.**

**OSCA General Assembly • Presiding • Judy Morgan**  
 President • OSCA  
 Other Division Meetings  
 OACES • Franklin A    OCPA • Franklin B  
 OSCA • Franklin C    OCDA • Franklin D  
 OASGW • Union A    OMHCA • Union B

**WEDNESDAY • 9:00 A.M.**

**OACD General Membership Meeting**  
 Fairfield Room  
 Presiding  
**Jan Gill-Wigal**  
 President • OACD

**WEDNESDAY • 10:15A.M.**

41.	<p><b>Elementary Counselor Idea Exchange • (Note: 2 hour session)</b>          Elementary counselors throughout the state are invited to share successful ideas, units or publications with other counselors in this workshop. <b>Each participant is asked to bring 100 copies of their idea(s) and do a 3 minute presentation.</b> As facilitators of the group, we will keep participants on task and organize the workshop. Time at the end of the session will be allowed for participants to ask questions. A list of participants will be provided for networking.</p>	<p><b>Roxanne DeMeter</b>          Guidance Counselor...          Groveport Madison          Schools  <b>Vicki Raney</b>          Guidance Counselor...          Groveport Madison          Schools</p>	<p>Fairfield          Capacity...225</p>
42.	<p><b>What Do Counselors Do in Excellent Secondary Schools in Ohio</b>          This presentation summarizes the state of the art research on guidance counselor role, function and performance quality in Ohio High Schools selected by the US DOE as Merit Schools.</p>	<p><b>Charles Woodward</b>          Guidance Counselor...          Forest Hills Local Schools</p>	<p>Franklin A          Capacity...130</p>
43.	<p><b>Legal &amp; Ethical Issues of School Counselors For The 1990's</b>          School counselors increasingly are being held accountable for their practice. This program explores legal and ethical issues associated with confidentiality, informed consent, scope of practice and record keeping. The program is designed to help school counselors make sound judgements in areas which may have legal and ethical implications, such as, breaking confidentiality, duty to warn, reporting illegal activities, securing permission for treatment, and releasing records.</p>	<p><b>Tom Davis</b>          Counselor Education...          Ohio University</p>	<p>Franklin B          Capacity...130</p>
44.	<p><b>School Based Suicide Prevention Program</b>          Information will be shared with the audience on how to establish a school based suicide prevention program at any school level, K-12. Specific materials, procedures, and techniques for elementary, middle school, and high school students will be identified and shared. Experiences encountered in setting up suicide programs in Ohio schools will be reviewed and questions that participants raise will be addressed.</p>	<p><b>Gregory Bernhardt</b>          Associate Professor...          Wright State University</p>	<p>Franklin C          Capacity...130</p>

**WEDNESDAY • 10:15A.M. cont.**

45.	<p><b>The Effectiveness of Training for the SAT</b>                  During the fall of 1989, a research study was conducted through the University of Akron, Office of Research regarding the effectiveness of test preparation for the college board tests. The session will present the specifics of the course taught and the effectiveness of the training. The training of the students took place in a high school setting during the school day and was coordinated by the counselors and taught by two teachers. The effectiveness was assessed using experimental design, statistical research.</p>	<p><b>Michael Wronkovich</b>                  Guidance Counselor...                  Chippewa Local Schools  <b>Caryl Hess</b>                  Instructor...                  University of Akron</p>	<p>Franklin D  <i>Capacity...130</i></p>
46.	<p><b>Educational Reform: Accountability in the '90s</b>                  The 118th Ohio General Assembly has enacted Am. Sub. S.B. 140 and several other bills which are expected to reform and restructure education in this state. Among the measures which will impact the work of a school counselor are statewide testing, education improvement grants, postsecondary enrollment options, intra- and inter-district enrollment options, identification of excellent/deficient schools, and implementation of the management information system. The presenter will provide a brief overview of these measures and discuss the implications for school counselors and counselor preparation programs.</p>	<p><b>E. Roger Trent</b>                  Director...                  Ohio Department of                  Education</p>	<p>Marion  <i>Capacity...100</i></p>
47.	<p><b>Enhancing Self-Esteem - A Four Phase Intervention Approach</b>                  A measure of self-esteem had been found to be a better prediction of academic achievement than academic achievement tests themselves. In addition, it is commonly agreed by counselors and psychologists that the root cause of the majority of problems presented in the classroom by students is low self-esteem. This program will focus on the identification of students with low self-esteem and the techniques which can be used to enhance self-esteem. A four phase intervention model will be described. Participants will have the opportunity to experience several brief intervention strategies. A list of references for future use will be provided.</p>	<p><b>Diane Frey</b>                  Professor...                  Wright State University</p>	<p>Union A  <i>Capacity...130</i></p>
48.	<p><b>Assessment of a Counseling and Career Guidance Program</b>                  Counselors are frequently asked to demonstrate the success of their guidance program. Assessment and evaluation of an individual counselor is usually governed by organization/union procedures, but few schools have been able to institute a systematic procedure to objectively assess the school counseling and career guidance program. Even fewer schools have been able to take the assessment data and translate it into actions to improve the guidance program. The assessment process of the Cleveland counseling and career guidance program is one example of how a school district can translate evaluation data into a program improvement plan.</p>	<p><b>John Ryan</b>                  Directing Supervisor                  of Guidance...                  Cleveland Public                  Schools  <b>Evelyn Kirby</b>                  Supervisor of                  Guidance...                  Cleveland Public                  Schools</p>	<p>Union B  <i>Capacity...130</i></p>
49.	<p><b>Cognitive Experiential Therapy: A Pain Management Approach</b>                  This program is designed to focus on the multidimensional factors associated with pain. The Cognitive Experiential Therapy model will be described with specific emphasis on situations, thoughts, emotions, physiological and behavioral responses associated with pain. Participants will gain an understanding of the clinical aspects of pain, clinical assessment, pain games; the interpersonal dimension, and treatment strategies using hypnosis, biofeedback, autogenics, and cognitive restructuring. These treatment interventions will be demonstrated through the use of "state of the art" computerized biofeedback.</p>	<p><b>Michael Murphy</b>                  Adjunct Faculty                  Member...                  Ohio State University  <b>Donald Tosi</b>                  Professor...                  Ohio State University</p>	<p>Union C  <i>Capacity...130</i></p>



**WEDNESDAY • 10:15A.M. cont.**

50.	<p><b>Wellness: What is it and How Can you Get it?</b> The focus of the program will be wellness. Current literature and research on wellness strategies utilized individually or within the workplace will be addressed. Implications for school and agency counselors and discussion time will also be provided.</p>	<p><b>James Wigtil</b> Professor... Ohio State University <b>JoAnne Wigtil</b> Research Associate... Ohio State University</p>	<p>Union D Capacity...130</p>
51.	<p><b>Media Stereotypes of Psychiatric Disability</b> Stereotypes of psychiatric disability, conveyed to mass audiences by popular movies, their reach vastly extended by constant TV replay, have deep roots in older pictorial media and great power to shape perceptions with a directness not easily accessible to conscious understanding. A number of such largely negative "icons of madness" are identified by film clips, and analyzed in their historical context, to help empower counselors to become more canny deconstructors of socially pervasive stereotypes and more effective advocates for individuals with psychiatric disabilities.</p>	<p><b>Lisa Lopez Levers</b> Assistant Professor... Ohio University</p>	<p>Union E Capacity...130</p>

**WEDNESDAY • 11:30A.M.**

52.	<p><b>Encouraging and Building Self-Esteem in Teenagers</b> With the myriad of forces and factors that negatively impact our young people today, it is essential that schools provide resources and programs to help teenagers deal with and resist the temptation of succumbing to actions that are by-products of a negative self-image. Counselors can play a crucial role in providing the needed encouragement and self-esteem support through special programs and their own personal practice. In addition, counselors can encourage other staff members in the school to apply these skills to their students in the classroom. Awareness, assessment, and application are key areas of concern as the counselor seeks to assist students not only in how to make a living, but how to live.</p>	<p><b>Craig David Koehler</b> Principal... Open Door Christian Schools</p>	<p>Franklin A Capacity...130</p>
53.	<p><b>Change and the Competency-Based Model</b> This presentation will describe the competency based/developmental approach to guidance as compared to the traditional guidance program of the 1960's. It will provide both a theoretical and pragmatic look at the change process as well as sample "how-to" methods for implementation by secondary school guidance counselors.</p>	<p><b>Kaye Price</b> Coordinator of Pupil Services... Cleveland Heights High School</p>	<p>Franklin B Capacity...130</p>
54.	<p><b>Student Support Groups: Enhancing the Educational Experience</b> This presentation will describe the function of student support groups in enhancing the educational experience for certain at-risk students. Eight types of groups will be described, as well as facilitator training and implementation methods for these groups. The presenters will illustrate that student support groups are time-effective, and will give suggestions for winning support from school personnel for these student support services. Case studies will be presented.</p>	<p><b>Jane Garretson</b> Coordinator... Hamilton City Schools <b>Ellen Gushurst</b> Guidance Counselor... Hamilton City Schools <b>Jacki Tilton</b> Guidance Counselor... Hamilton City Schools</p>	<p>Franklin C Capacity...130</p>
55.	<p><b>Promoting Wellness with Hypnotic and Gestalt Techniques</b> An integrative approach to the promotion of spiritual, mental, and physical wellness utilizing a combination of hypnotic and Gestalt techniques will be offered together with case examples and opportunity for discussion. Techniques include: hypnoanalysis, ego strengthening, guided fantasy, dream work, Jungian archetype associative methods, pain modification, body process, etc.</p>	<p><b>Christopher Faiver</b> Coordinator of Counseling Program... John Carroll Univ. <b>Eugene O'Brien</b> Director EAP Program... St. Elizabeth Hospital</p>	<p>Franklin D Capacity...130</p>

**WEDNESDAY • 11:30 A.M. cont.**

56.	<p><b>Survey of State Boards on the Disposition of Cases Involving Sexual Impropriety</b>                  This program will present results of a survey on Sexual Impropriety in Counseling administered to Counselor Licensure Boards nationwide. Implications for counselor educators and supervisors will be discussed. Materials to utilize in training will be presented.</p>	<p><b>Jan Gill-Wigal</b>                  Associate Professor...                  Y.S.U.  <b>Jeanne Heaton</b>                  Psychologist...                  Ohio University  <b>John Sells</b>                  Clinical Director                  Southern Methodist</p>	<p>Marion                  Capacity...100</p>
57.	<p><b>Behavioral Medicine</b>                  Behavioral Medicine is a relatively new interdisciplinary field. Its concern is the development and implementation of behavioral science knowledge and techniques to physical health and illness issues. Prevention, diagnosis, treatment, and rehabilitation rather than psychosis, neurosis, and substance abuse are the primary topics addressed. This presentation will give a brief overview of the history of behavioral medicine and illustrate the implementation of various behavioral techniques utilized to treat health and illness concerns.</p>	<p><b>Charles Thorne</b>                  Associate Director...                  St. Elizabeth Hospital                  Medical Center</p>	<p>Union A                  Capacity...130</p>
58.	<p><b>Deaf Culture and Its Implications for the Counseling Process</b>                  This presentation will describe the deaf culture, life experiences of persons who are deaf and how both impact the counseling process. Role playing situations will be used to demonstrate specific issues which will be discussed.</p>	<p><b>Valerie Kapp</b>                  Program Manager...                  Family Service                  Association</p>	<p>Union B                  Capacity...130</p>
59.	<p><b>At Risk: Counselors or Students?</b>                  Current educational research indicates that at least 25% of our current school population falls within Ohio's definition for students at risk for failure. Projective demographic information suggests that this percentage will rise. Therefore, school counselors must place themselves in positions of leadership to promote optimal student performance and to enhance the educational environment. Counselors can serve various client groups through role expansion in the areas of prevention, consultation, staff development, and organizational development. Alternative service delivery models and evaluation methods will be presented.</p>	<p><b>Barbara Coolahan</b>                  Elementary Counselor...                  Delaware City Schools  <b>Amy Miller</b>                  School Psychologist...                  Delaware City Schools</p>	<p>Union C                  Capacity...130</p>
60.	<p><b>D.A.R.E. - Drug Abuse Resistance Education</b>                  Project D.A.R.E. is a joint project of the Hamilton County Sheriff's Office and the Northwest Local School District to prevent drug abuse in youth. The emphasis of Project D.A.R.E. is to help students recognize and resist the many pressures that influence them to experiment with alcohol/drugs. The project focuses on feelings related to self-esteem, interpersonal and communications skills, decision-making, and positive alternatives to drug abuse behavior.</p>	<p><b>Cheryl Gabe</b>                  Coordinator of                  Guidance Services...                  Northwest Local Schools</p>	<p>Union D                  Capacity...130</p>
61.	<p><b>What Are You Going to Do With The Rest of Your Life?</b>                  A fast paced presentation of how to work with clients of all ages who will have 10-12 jobs and 3-4 career changes in their working lifetime. With more adults than youth, the marketplace in career counseling is rapidly shifting toward using a life span approach. Building upon adult development issues you will hear how to help clients move toward understanding and implementing their optimal choices.</p>	<p><b>Jayne Beckner</b>                  Career Counselor...                  Great Oaks J.V.S.  <b>Richard Haid</b>                  Career Transition                  Consultant...                  Richard Haid &amp;                  Associates</p>	<p>Union E                  Capacity...130</p>

**WEDNESDAY • 11:30 A.M. cont.**

62.	<p><b>Building a School Counseling Program by Using Student Competencies</b>                  Given the challenges faced by today's students, school counselors must focus on students' personal, social, educational and career needs. By using the student competencies developed by the Ohio Coalition for the Future of School Counseling, school counselors have the basic ingredients for designing a well planned counseling program, pre-K to post-secondary. The end product will be a comprehensive developmental school counseling program.</p>	<p><b>Doris Coy</b>                  Guidance Counselor...                  Whitehall-Yearling H.S.  <b>Susan Sears</b>                  Associate Professor...                  Ohio State University</p>	<p>Morrow                  Capacity...200</p>
-----	--	--	---

**WEDNESDAY • 1:00 P.M.**

63.	<p><b>Peer Tutoring</b>                  The Learwood Middle School Counselors will share the techniques, materials, and format of their peer tutoring program. Their program has been used successfully with both low ability students experiencing general academic difficulty, and with average to above average students having temporary difficulty in a particular subject area. The counselors will show how to set up a peer tutoring service so that it will require only a minimum amount of supervision, and they will share the data they have collected on their program.</p>	<p><b>Carol Fellure</b>                  Guidance Counselor...                  Learwood Middle School  <b>Barb Frame</b>                  Guidance Counselor...                  Learwood Middle School  <b>Eileen Wozniak</b>                  Guidance Counselor...                  Learwood Middle School</p>	<p>Fairfield                  Capacity...225</p>
64.	<p><b>Guidance Services for Dysfunctional Families: A Strategic Model</b>                  The job of a school counselor is varied, continually changing, and at times overwhelming. Your time is divided over a broad based area and it is hard to set priorities. The dysfunctional family is taking more and more of your time and they cannot be ignored. How do you give the dysfunctional family the service they deserve, but still feel that you have an option and system to recommend them to outside of school counseling?</p>	<p><b>Steven Steinhilber</b>                  Guidance Counselor...                  Bay Village City Schools</p>	<p>Franklin A                  Capacity...130</p>
65.	<p><b>Guidance Revitalization Project</b>                  This presentation will describe two programs developed at Rhodes High School, Cleveland, Ohio for the alleviation and remediation of a problem concerning 12 to 15 percent of the school population which are being frequently referred to the office for various kinds of misbehavior. The focus of this project was the ninth grade class. Statistics at our school show that the greatest number of grade level failures occur at that level and have been so for the past several years. The presentation will show/describe implementation strategies we used at our school.</p>	<p><b>Carol Tuck</b>                  Guidance Counselor...                  Cleveland Public Schools  <b>William Shauver</b>                  Guidance Counselor...                  Cleveland Public Schools</p>	<p>Franklin B                  Capacity...130</p>
66.	<p><b>Law Enforcement Agencies as Clients</b>                  Law enforcement agencies require in service training. As counselors we can help in areas of stress, burnout, crisis situations and how to control anger. Their occupation also exposes the employees to high trauma situations and then the need for group counseling to restore the mental balance for efficient operations. This is a very special client group with very special problems. The trust factor is very important and also difficult to establish.</p>	<p><b>Earl Bennett</b>                  Consultant...                  Earl Bennett &amp; Assoc.</p>	<p>Franklin C                  Capacity...130</p>
67.	<p><b>Marital Therapy: A Cognitive-Behavioral Approach</b>                  This presentation is designed to teach counselors how cognitions play an important role in the development and maintenance of marital problems. They will learn how behavioral factors influence marital adjustment. Counselors will be taught how to combine cognitive interventions with behavioral interventions in a method of treatment which will modify both the dysfunctional thoughts, and skills of couples through a process of relearning.</p>	<p><b>Judy Roth</b>                  Counselor...                  Parkview Counseling Center</p>	<p>Franklin D                  Capacity...130</p>

**WEDNESDAY • 1:00 P.M. cont.**

68.	<p><b>Dealing With The Hostile and Aggressive Client</b>                  Counselors often experience the anger and hostility of clients with whom they are working. The program discusses effective counselor reactions to client anger as well as presents an understanding of the causes and manifestations of it. Emphasis is placed on techniques counselors can use to manage and therapeutically respond to clients' anger, including defusing, re-directing, restoring control, and problem-solving.</p>	<p><b>Thomas Rueth</b>                  Associate Professor...                  University of Dayton</p>	<p>Marion                  Capacity...100</p>
69.	<p><b>Educational Mentorship - An Experience in Teaching</b>                  This rewarding program provides a unique opportunity for high school students to become a 'student teacher' in an elementary classroom under the guidance of a mentor - the elementary teacher. The high school student earns graduation credit and career awareness through everyday active involvement with the elementary children. Activities include preparing, presenting, and evaluating 'lessons', tutoring, bulletin boards, grading and being evaluated, special concerns and even field trips.</p>	<p><b>Karen Coggins</b>                  Guidance Counselor...                  Gahanna Lincoln                  High School</p>	<p>Union A                  Capacity...130</p>
70.	<p><b>The Effects of Domestic Violence on the Family</b>                  Domestic violence is a social problem that is widespread in society. The FBI statistics indicate that a woman is battered every 15-18 seconds. Other statistics find one in four relationships abusive, while one in eight dating relationships is abusive. These figures encompass a great deal of the population, men and women and the forgotten victim--the children who experience or witness this abuse in their own home. This presentation will discuss the theory of domestic violence as well as the cycle of violence and the effects on the members of the family. Finally, ideas for intervention will be provided.</p>	<p><b>Mary Terese Matousek</b>                  Aftercare Counselor...                  Lake County Mental                  Health Center</p>	<p>Union B                  Capacity...130</p>
71.	<p><b>Adolescent Chemical Use Research - Current Trends and a Consortium Approach for Addressing The Issues</b>                  The presentation will include a description of a consortium approach to coordination, planning and consultation for prevention/intervention programming in grades K-12. A detailed discussion of the research results of a large scale survey of high school students including methodology, instrumentation, longitudinal antecedents, and data analysis techniques, the integration of pertinent results into planning and implementation of K-12 programming in the school and community will also be addressed.</p>	<p><b>William Evans</b>                  Substance Abuse                  Specialist...                  Trumbull Substance                  Abuse Consortium  <b>Dr. Pietro Pascal</b>                  Professor...                  Y.S.U.</p>	<p>Union C                  Capacity...130</p>
72.	<p><b>Cognitive Interventions with LD Students</b>                  The presentation is designed to make counselors aware of the self-defeating beliefs commonly associated with learning disabled students. Participants will learn to detect these beliefs and recognize resultant behaviors. Specific cognitive interventions designed to modify these cognitions will be examined.</p>	<p><b>Gerald Bello</b>                  Guidance Counselor...                  Plain Local Schools</p>	<p>Union D                  Capacity...130</p>
73.	<p><b>Practical Methods for Helping Counselors Make the Transition from the Individual to the Family Systems Approach to Therapy</b>                  The focus of this presentation will be on effective strategies in assisting counselors to reconceptualize dysfunctional behavior within an individual to a broader context--one in which the 'identified patient' represents a system that is faulty. Family rules, roles and the life cycle will be examined, along with the use of the multigenerational genogram.</p>	<p><b>Sherry Martinek</b>                  Assistant Professor...                  Y.S.U.</p>	<p>Union E                  Capacity...130</p>

## WEDNESDAY • 2:15 P.M.

74.	<p><b>Mentorships For High School Students</b>            Beachwood expanded its mentorship program in 1989-90. Key features include a variety of mentorships. A minimum of 30 hours of contact outside of regular school hours, available to all kinds of students, evaluation reports required by mentor, student, and parent as well as a journal by student. "Failures" as well as "successes" will be presented.</p>	<p><b>Allan Bellin</b>            Guidance Counselor...            Beachwood High School</p>	<p>Fairfield            Capacity...225</p>
75.	<p><b>Supporting Grief in Children</b>            In addition to a summary of the grief process and identification of problems related to grief, this presentation will offer helpful information for those who recognize the value of support groups for bereaved children. Through research and experience we have learned that to be truly effective, when working with the bereaved, it is important to be in touch with one's own grief experience and possible unresolved issues. Therefore, this program incorporates both experiential and instructional methods.</p>	<p><b>Alice Ferfolia</b>            Family Therapist...            Private Practice  <b>Patricia Dempsey</b>            Staff Nurse...            Medina General Hospital</p>	<p>Franklin B            Capacity...130</p>
76.	<p><b>Ohio's Statewide Achievement and Ability Testing Program</b>            Ohio's public schools are required to administer achievement and ability tests to students in grades 4, 6, 8, and 10 and to report specific types of scores to the Ohio Department of Education. All aspects of this testing program will be discussed. Counselors will have the opportunity to have any of their questions regarding this program answered.</p>	<p><b>Keith Gochnour</b>            Consultant...            Ohio Department of            Education</p>	<p>Franklin C            Capacity...130</p>
77.	<p><b>Peer Facilitation &amp; Developmental Play to Increase Self-Esteem</b>            Recipe: mix high school students as group leaders with paired 6th graders and kindergartners. Use peer facilitation materials to prepare the 6th graders. Following a planned developmental play program, have fun together for 15 weeks. Results: enhanced self-esteem in all involved, increased responsibility in the 6th graders, "bravo's" from teachers and parents. This program will present methods, materials, and results so participants can duplicate this success in their own environment.</p>	<p><b>Ann Bauer</b>            Guidance Counselor...            Cardinal Local Schools</p>	<p>Franklin D            Capacity...130</p>
78.	<p><b>Using Athletes as Leaders in Your CA Program</b>            Athletes are normally the leaders in a school system, so it's imperative to get those athletes in a leadership position for the fight against chemical abuse. Organizations and activities where the athletes are spotlighted in this role will be discussed, as well as a contract used with athletes and their parents.</p>	<p><b>Pam Swinderman</b>            Guidance Counselor  <b>Jeff Gyurko</b>            Principal...            Claymont Schools</p>	<p>Morrow            Capacity...200</p>
79.	<p><b>The Effects of Career Guidance in Ohio</b>            Ohio's Department of Education distributes over 1 million dollars annually in mini-grants for career guidance program improvement projects to junior/middle schools, high schools and 2-year postsecondary institutions. All funded projects are directed at selected student outcomes. During 1989-90 the state systematically examined the student effects achieved, the activities that caused improvements, the cost of activities and methods of evaluation. The presenters will summarize the results and discuss the implications and recommendations for future methods of improvement.</p>	<p><b>Harry Drier</b>            Educational            Researcher...            Ohio State University  <b>Edwin Whitfield</b>            Assistant Director...            Ohio Department of            Education</p>	<p>Union A            Capacity...130</p>
80.	<p><b>Beyond Prevention: Building a Positive Peer Environment</b>            This presentation will expand the concept of addressing problems to the idea of facilitating a positive peer environment. Participants will learn ways to involve various student groups such as peer listeners, core groups, etc., in methods of healthy activities where kids become role models for each other. Those attending will participate in experiential activities geared to breaking down barriers and promote group leadership, teamwork and problem solving.</p>	<p><b>Dee Fiore</b>            Coordinator Community            Programs...            Windsor Hospital  <b>Laraine Canzonetta</b>            Crises Team            Coordinator...            Orange School District</p>	<p>Union B            Capacity...130</p>

**WEDNESDAY • 2:15 P.M. cont.**

81.	<p><b>Career Education and the Language Arts</b>                  Finding time during the regular instructional day for all the career education needed at the eighth-grade level can be difficult. One solution is to form a partnership with the language arts curriculum. Students natural curiosity about exploring their talents and goals is paired with discipline of classroom assignments to ensure full participation. Topics include career exploration, high school scheduling and information on higher education. Handouts of activities and overall plan provided.</p>	<p><b>Mary Schmidt</b>                  Guidance Counselor...                  Keystone Middle School  <b>Linda Chapin</b>                  Teacher...                  Keystone Middle School</p>	Union C Capacity...130
82.	<p><b>Identifying and Working with Children-at-Risk</b>                  This presentation will provide participants with some research relating to the early identification of students-at-risk. The special needs of these children will be discussed. Resources and techniques will be presented which foster inclusion, positive peer relationships and school success.</p>	<p><b>Doreen Culver</b>                  Guidance Counselor...                  Plain Local Schools</p>	Union D Capacity...130
83.	<p><b>Families Talk About Sexuality</b>                  This workshop will share teen pregnancy prevention strategies from an A.A.C.D. sponsored program, "Families Talk About Sexuality." This is a parent-child curriculum for parents and children ages 10-13. Sample activities will be modeled from the four session program.</p>	<p><b>Denise Preusser</b>                  Guidance Counselor...                  Dover City Schools</p>	Union E Capacity...130

**POST-CONFERENCE PROGRAMS**

**"The Changing Workplace"**

2:15 p.m. - 5:15 p.m.

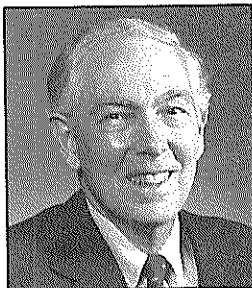
**Dr. Carl McDaniels**  
**Professor, Virginia Tech**  
**Marion Room**

Dr. McDaniels will present three scenarios on the future of work. They are (1) the green or go scenario; (2) the yellow or caution scenario; and (3) the red or stop scenario. He will also discuss three wildcards in the work game including entrepreneurship, small business and work-at-home.

A developmental guidance program for the changing workplace will also be reviewed.

It consists of the following components: (1) building awareness by assisting students (k-6); (2) providing exploration experiences-I (7-8); (3) providing exploration experiences-II(9-10);(4) providing decision making experiences by assisting students.

**This session is being co-sponsored by the Ohio Career Development Association and the Ohio Department of Education.**



**"Effective Time Management for Counselors"**

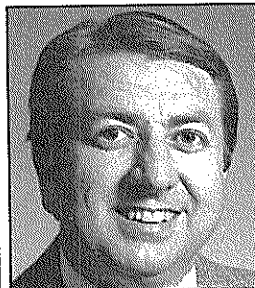
3:30 p.m. - 5:30 p.m.

**Dr. Ron Partin**  
**Professor, Bowling Green State University**  
**Fairfield Room**

This session is structured around a humorous slide presentation with active audience participation. It offers 101 time management tips as well as practical strategies for making your workplace a more enjoyable and rewarding environment. Among the topics to be covered are: (1) Time: your most precious resource; (2) discovering what you want; (3) planning; (4) getting

organized; (5) attacking time traps; (6) more productive meetings and (7) special considerations for counselors.

Dr. Partin is coordinator of the graduate program in guidance and counseling at Bowling Green State University. He has written numerous journal articles on creative problem solving, dealing with life stresses, goal setting, effective teaching and developing positive work climates.



# Ohio Association For Counseling And Development Divisions And Chapters Membership Form

Date \_\_\_\_\_ Social Security Number \_\_\_\_\_  
 Last Name \_\_\_\_\_ First \_\_\_\_\_ Middle Init. \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Home Phone \_\_\_\_\_  
 Present Position \_\_\_\_\_ Employer \_\_\_\_\_  
 School District \_\_\_\_\_

**Student, Full-time**  **Advisor** *(Signature Necessary for Student Rate)* \_\_\_\_\_

- Check if you would like information on AACD
- OACD Membership Dues....\$35.00     Student Membership....\$8.75     Retired Fee.....\$17.50

(Note: Membership extends from July 1-June 30)

Once you join OACD, you may join a chapter by checking your choice below. If checked, that chapter will receive 30% of your OACD membership dues. You **must** join OACD in order to join any chapter or the divisions of OCDA or OACES.

### Chapters

1.  Central Ohio Assoc. for Counseling and Development
2.  East Ohio Assoc. for Counseling and Development
3.  Greater Cincinnati Assoc. for Counseling and Development
4.  Miami Valley Assoc. for Counseling and Development
5.  Midwest Ohio Assoc. for Counseling and Development (formerly Springfield/Clark)
6.  Northwest Ohio Assoc. for Counseling and Development
7.  Southeast Ohio Assoc. for Counseling and Development

### OACD Divisions

- a.  Ohio Assoc. of Counselor Educators and Supervisors (OACES) .....\$12.00
- b.  Student Membership OACES .....\$3.00
- c.  Ohio Assoc. for Multicultural Counseling & Development (OAMCD) .....\$12.00
- d.  Student Membership OAMCD .....\$6.00
- e.  Ohio College Personnel Assoc. (OCPA) .....\$5.00
- f.  Ohio Mental Health Counselors Association (OMHCA) .....\$15.00
- g.  Student Membership OMHCA .....\$7.50
- h.  Ohio Career Development Assoc.(OCDA) .....\$5.00
- i.  Ohio Assoc. for Specialists in Group Work (OASGW) .....\$5.00
- j.  Ohio School Counselor Assoc. (OSCA) .....\$20.00
- k.  Student Membership OSCA .....\$10.00

**Total Enclosed: \$ \_\_\_\_\_**

**To Join OSCA ONLY  
Return Completed Form To:**

**Jane Smith  
2520 Monnie Place  
Zanesville, Ohio 43701**

**To Join OACD, DIVISIONS & CHAPTERS,  
Return Completed Form Along With a  
Separate Check Payable To:**

**OACD  
P.O. Box 684  
Millersport, Ohio 43046**

OACD, OSCA, ODE  
P.O. BOX 684  
MILLERSPORT, OHIO 43036

NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
COLUMBUS, OHIO  
PERMIT #692

### Location Map

☆ Hyatt Regency Columbus at Ohio Center

