

AOCU

November 4-6, 2015

OHIO
SCHOOL COUNSELOR
CONFERENCE



and



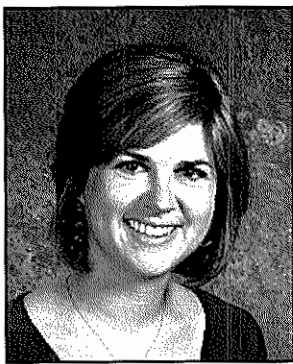
Invite you to join
us in Columbus!

On behalf of the Ohio Counseling Association (OCA) and the Ohio School Counselor Association (OSCA), we enthusiastically invite you to join us at the 32nd Annual All Ohio Counselors Conference, November 4–6, 2015. We have developed a rich program with content that meets the needs of all counselors, regardless of discipline.

Learn best practices from colleagues and counseling experts on key topics such as addictions counseling, college and career readiness, multicultural counseling, crisis prevention, trauma counseling, supervision, ethics, social-emotional learning, legal issues in counseling, and so much more. Looking to secure some clock hours to retain your license? Make sure to take advantage of the extensive number of CSWMFT and NBCC-approved sessions that are being offered.

Ultimately, we challenge you to make Ohio's premier professional development opportunity your own; personalize your pre-conference and session selections to best fit the needs of your clients, students, office, field, and school. Also, take advantage of this unique opportunity to expand your network with peers who work in the same state and face similar professional challenges.

We look forward to learning with you at the All Ohio Counselors Conference in November!



Sarah Collins, LPSC
President
Ohio School Counselor Association



Kara Kaelber, PhD, LPCC-S
President
Ohio Counseling Association

Conference Overview and Schedule

SPONSORS

Wednesday, November 4

9:00 a.m. – 9:00 p.m.	Registration Open
10:00 a.m. – 5:30 p.m.	Daytime Pre-Conference Sessions (includes box lunch)
6:30 p.m. – 9:45 p.m.	Evening Pre-Conference Session
7:00 p.m. – 8:30 p.m.	Community Event: Helping Kids Stay Out of High-Tech Trouble

Thursday, November 5

7:00 a.m. – 6:00 p.m.	Registration Open
8:00 a.m. – 6:00 p.m.	Sponsor and Partner Exhibits
8:30 a.m. – 11:00 a.m.	Sessions
11:30 a.m. – 12:30 p.m.	General Session with Wendy Minné
12:30 p.m. – 2:00 p.m.	Lunch Break
12:45 p.m. – 1:45 p.m.	Lunch and Learn Sessions (ticketed)
2:00 p.m. – 6:00 p.m.	Sessions
6:00 p.m. – 7:00 p.m.	Awards Reception
7:00 p.m. – 9:00 p.m.	Private Receptions

Friday, November 6

7:00 a.m. – 12:30 p.m.	Registration Open
8:00 a.m. – 3:00 p.m.	Sponsor and Partner Exhibits
8:30 a.m. – 12:30 p.m.	Sessions
12:30 p.m. – 2:00 p.m.	Lunch Break
12:45 p.m. – 1:45 p.m.	Lunch and Learn Session (ticketed)
2:00 p.m. – 3:00 p.m.	General Session with United States Congressman Tim Ryan

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CONTINUING EDUCATION

Counselors:

Sessions approved for CE clock hours are noted below each session title. If a session has this designation it is approved for one (1) CE clock hour for both LPC/LPCC and Social Work unless it is eligible for additional hours, in which case it will state the approved number of CE clock hours. Sessions approved for Ethics and/or Supervision CE clock hours are also noted.

Participants must note if they wish to receive CE clock hours at the time of registration. Participant attendance will be recorded at the end of each session. CE clock hour certificates recognized by the Ohio Counselor, Social Worker, Marriage and Family Therapist Board or National Board for Certified Counselors will automatically be sent by e-mail two weeks after the conference to any participant who selected to receive CE clock hours at the time of registration.

Questions about CE clock hours should be directed to the Ohio Counseling Association at ocaexdir@outlook.com.

This program has been approved for continuing education for counselors and social workers. The Ohio Counseling Association is an approved provider for the Ohio Counselor, Social Worker, Marriage and Family Therapist Board Program. Approval Number #RCS031407.

The Ohio Counseling Association is an NBCC-Approved Continuing Education Provider (ACEP). Approval Number: #2036.



NATIONAL BOARD FOR
CERTIFIED COUNSELORS.

School Counselors:

The AOCC does not process CEUs for school counselors. School counselors wishing to seek CEUs will need to contact their LPDC to ensure approval of their conference attendance for CEUs toward their license renewal. Participants may note if they wish to receive a LPDC Certificate of Attendance at the time of registration or they may download the AOCC LPDC Certificate of Attendance on the conference website. Submit the LPDC Certificate of Attendance to your LPDC for credit upon completion of the conference. Please note individuals holding a valid school counselor license who are not employed by an educational institution cannot count conference participation toward license renewal unless you opt to receive the graduate credit available.

EARN GRADUATE CREDITS WHILE ATTENDING AOCC!

AOCC is pleased to partner with Lindenwood University to help school counselors attending the conference earn up to two graduate credits. Each credit costs \$60. One credit is available for attending an all-day pre-conference session and one credit is available for attending all sessions (one at each time-slot) during the two-day regular conference. Registration and payment for this special opportunity is collected on-site at the Lindenwood University table

LINDENWOOD
UNIVERSITY

SPECIAL MEETINGS AND EVENTS @ AOCC

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7:00–9:00 P.M.

Community Event – No fee or conference registration required to attend.

Helping Kids Stay Out of High-Tech Trouble

Russell Sabella, PhD: President, Sabella & Associates; Professor, Florida Gulf Coast University

Parents, counselors, teachers, and other caretakers need to understand how to make informed decisions about how to monitor, supervise, and provide support for children using technology. This meeting will help participants understand the potential risks of technology and several ways to minimize those risks by using both human and technological strategies.

6:00–8:00 P.M.

Ohio Association for Counselor Education and Supervision

OACES will conduct the first business meeting of the year, provide discussion of issues and topics that promote the profession, and develop action plans for further advocacy and professional development.

10:00–11:00 A.M.

Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling of Ohio

This is an open meeting for the Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling of Ohio (ALGBTICO) general members and the board of directors to discuss future goals, member engagement, and the needs and concerns of the members and the populations they serve at-large. Please come and join us for this informal meet-and-greet and help provide valuable insight to further our mission moving forward. We hope to see you!

2:00–3:00 P.M.

Ohio College Counseling Association Annual Meeting

Please join the executive board and members of the new Ohio College Counseling Association (OCCA) at our first annual meeting. OCCA focuses on counseling issues related to working with college students and university/college campuses. Our members are a mix of administrators and direct service clinicians, so the organization has a great diversity of networks to tap. This meeting will include an introduction from the executive board; a summary of the organization's first year; and the opportunity to meet other members, come up with new events and initiatives, and get involved with a committee or project. If you work with college students, work on a campus, or are interested in this engaging population, please join us!

5:00–6:00 P.M.

Miami Valley Counseling Association Chapter Meeting

LPCs, LPCCs, LMFTs, SWs, PPSs, CSIs, and students in the Miami Valley region, please join us for a chapter meeting and social. You'll meet other chapter members, learn about this year's exciting events, get to know your executive council, and hear about opportunities to get more involved. We look forward to seeing you there!

7:00–8:00 P.M.

Ohio University Reception

The George E. Hill Distinguished Award recipient will be honored during the reception. Prospective students are welcome to attend to interact with faculty and current and former students.

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10:00–11:00A.M.

North Coast Ohio Counseling Association

Meet your North Coast Ohio Counseling Association board, and discuss event plans for the upcoming year.

12:45–1:45P.M.

Central Ohio Counseling Association

Come see what the Central Ohio Counseling Association (COCA) is all about! COCA's vision is to support and advocate for counselors and the counseling profession. You are welcome to join us for pizza during your lunch break to discuss what was accomplished last year and what COCA has planned for the future.

12:45–1:45P.M.

Ohio Association for Specialists in Group Work

Join the Ohio Association for Specialists in Group Work (OASGW) for the quarterly OASGW meeting of current members and board members. Those interested in learning about or joining OASGW are welcome!

Wednesday, November 4, 2015

Daytime Pre-Conference Sessions

10:00 a.m.–5:30 P.M.

Evening Pre-Conference Session

6:30–9:45 P.M.

PC 1	Regaining Control: Helping Clients with Sex, Internet, Gambling, and Other Process Addictions <i>6 CE clock hours</i> Chris Tuell	PC 6	Counselors and the Law: Legislative Advocacy and Ethics <i>CE clock hours (2); Ethics CE clock hour (1)</i> Victoria Kress; Brian Carnahan; Bill Hegarty; Amanda Sines
PC 2	2014 ACA Code of Ethics – A Review of the Critical Changes <i>6 CE clock hours (NBCC & LPC/LPCC only); 6 Ethics CE clock hours</i> Shawn Spurgeon	6:00–8:00 P.M.	
PC 3	Counseling the Traumatized Child: Practical Strategies and Interventions <i>6 CE clock hours</i> Margaret DeLillo-Storey; Cynthia Keck-McNulty	Ohio Association for Counselor Education and Supervision OACES Business Meeting	
PC 4	The Digital & Data Savvy School Counselor Russell Sabella	Community Event 7:00–8:30 P.M.	
PC 5	Strategies For Saving Your Sanity "Dr. Mike" Thomson	Helping Kids Stay Out of High-Tech Trouble No fee or conference registration required to attend. Russell Sabell	

Thursday, November 5, 2015

8:30–9:30 A.M.

1	Creative Interventions for Addressing Non-suicidal Self-Injury <i>CE clock hour</i>
2	Session Understanding Online Gaming Addiction: Motivations to Play, Assessment, and Treatment <i>CE clock hour</i>
3	If It's Part of a Client's Culture, Does That Make it OK? The Ethics of Counseling Diverse Populations <i>CE clock hour; Ethics CE clock hour</i>
4	Queer Aging: Providing Treatment to Gay Men and Lesbians in Mid- to Late-Life <i>CE clock hour</i>
5	Making Room for Leadership and Advocacy: A Qualitative Analysis of Site Supervisors <i>CE clock hour; Supervision CE clock hour</i>
6	Creative Supervision: Fostering A Counselor Identity in New Professionals <i>CE clock hour</i>
7	OSCA and You: Updates from the Ohio School Counselor Association
8	Never Too Young to Be a Leader: Students Impacting Their Own School Climate
9	Childhood and Adolescent Trauma: Etiology and Appropriate Interventions for School Professionals
10	Quiet the Mind, Open to Learning: Implementing Mindfulness, Yoga, and Stress Reduction Strategies in Your School Counseling Program
11	Using the Principles of Social & Emotional Learning (SEL) to Create a Positive School Climate
OCA HOT TOPIC Becoming Involved in the Ohio Counseling Association	

10:00–11:00 A.M.

12	An Introduction to the 2016 CACREP Standards
13	Supporting Gender Transition in Children: Assessment and Treatment Strategies <i>CE clock hour</i>
14	Legal and Ethical Issues <i>CE clock hour; Ethics CE clock hour</i>
15	Top 10 Ways to Facilitate Growth in Your Supervisee <i>CE clock hour; Supervision CE clock hour</i>

16	Incorporating Best Practices into Your College Planning Parent Nights
17	Restocking Your Crisis Prevention and Intervention Toolkit
18	Supervision Strategies for School Counseling Students: A Toolbox of Methods, Techniques, and Supervisee Evaluation
19	Practical Ideas for Elementary Counselors to Help Children Starting Monday Morning

OSCA HOT TOPIC

How to Write and Submit an OSCA Grant or Award

ASSOCIATION FOR LESBIAN, GAY, BISEXUAL, & TRANSGENDER ISSUES IN COUNSELING OF OHIO

ALGBTICO OPEN MEETING

11:30 A.M.–12:30 P.M.

KEYNOTE ADDRESS	
20	The Key to Effective Counseling...Relationships! <i>CE clock hour</i> Wendy Minné

12:45–1:45 P.M.

LUNCH & LEARN SESSION (ticketed event \$30; box lunch included)	
Practical Reality Therapy: Ever Present, Ever Relevant, Ever Developing <i>CE clock hour</i> Robert E. Wubbolding, EdD, LPCC: Director, Center for Reality Therapy; Professor Emeritus, Xavier University; Faculty Associate, Johns Hopkins University	
LUNCH & LEARN SESSION (ticketed event \$30; box lunch included)	
Solution-Focused Parent-Teacher Conferences Russell Sabella, PhD: President, Sabella & Associates; Professor, Florida Gulf Coast University	

2:00–3:00 P.M.

25	Best Practices in the Assessment and Diagnosis of Personality Disorders <i>CE clock hour</i>
26	Current Treatment Strategies for the Millennial Generation <i>CE clock hour</i>
27	The Use of Art Expression in Counseling <i>CE clock hour</i>

Thursday, November 5, 2015

28	Enhancing the Therapeutic Relationship with the Myers-Briggs Type Indicator <i>CE clock hour</i>	42	Mental Health Counselors in Schools: Who We Are and What We Do <i>CE clock hour</i>
29	"Get Your Surf Board!" Creative Modifications for Using Dialectical Behavior Therapy with Children <i>CE clock hour</i>	43	Using Gestalt Therapy Approaches to Deepen Therapy and Empower Clients <i>CE clock hour</i>
30	Therapeutic Interventions with Refugees: A Psychoanalytic Approach <i>CE clock hour</i>	44	Technology and Treatment with Children: There's an App for That! <i>CE clock hour</i>
31	Shifting from "What's Wrong?" to "What's Possible!"	45	Transitioning Freshmen to the High School: Frosh Fest and More
32	Mean Girls and Cyberbullies: Changing the Culture with Confidence, Competence, and Compassion	46	Going "Behind the Glass" to Analyze Student Academic and Behavior Concerns
33	Collaborating to Transition Students with Learning Disabilities to Postsecondary Education	47	Never Too Young to Be Socially Just: Exploring Ways to Develop Interculturalism in Students
34	Web 2.0 Smackdown	48	What's the Role of Self-Concept in School Climate and Career Readiness?
35	Character Day: Authentic Strategies to Connect Your Students	49	Lessons to Teach Empathy and Resiliency
36	Landing a School Counseling Job and the First-Year Jitters	50	Ohio Standards for School Counselors
37	School Counselors Connect: Counselor Educators	OSCA HOT TOPIC OSCAR Development	
OCA HOT TOPIC Marriage Equality for Same Sex Couples: Special Considerations for Counselors		OCA HOT TOPIC Publishing in the Journal of Counselor Practice	
OHIO COLLEGE COUNSELING ASSOCIATION OCCA Annual Meeting		5:00-6:00 P.M.	
3:30-4:30 P.M.			
38	Creative Communication Techniques for Couples Intake and Problem Resolution <i>CE clock hour</i>	51	A Counselors Guide to Objective, Measurable, Obtainable, and Reimbursable Treatment Plans <i>CE clock hour</i>
39	Promoting Motivational Interviewing Proficiency "Mightily" <i>CE clock hour</i>	52	Using Creative Termination Rituals with Children and Adolescents <i>CE clock hour</i>
40	Have You Gone Gray? Making the Case for Gerocounseling <i>CE clock hour</i>	53	Ethics and Self-Care for Professional Counselors <i>CE clock hour, Ethics CE clock hour</i>
41	From Shame and Silence to Safety and Sobriety: The Treatment of Co-Occurring Trauma and Addiction <i>CE clock hour</i>	54	Understanding the Clinical Implications of Search and Reunion for Adoptees <i>CE clock hour</i>
		55	Intellectual Disability and Mental Health: A Different Kind of Dual Diagnosis <i>CE clock hour</i>

Thursday, November 5, 2015

Friday, November 6, 2015

56	Using "Warrior Codes", the Compassionate Warrior Mindset, and Pop Culture in Sessions to Foster Rapport and Success <i>CE clock hour</i>
57	Why is WorkKeys® Important to High School Students
58	School Counselors Connect: Middle School
59	A Death in Your School Community: What to Do When You Don't Know What to Say or Do
60	SPARKLE IV! 12 Standards-Based K-5 Guidance Lessons that Engage and Inspire!
61	The Squiggle Meets the Square ~ Creating and Cultivating Collaborative Relationships
62	Beyond Random Acts of Guidance: How to Advocate for a Strong School Counseling Program
OSCA HOT TOPIC Becoming Involved in OSCA	
MIAMI VALLEY COUNSELING ASSOCIATION MVCA Chapter Meeting	

6:00-7:00 P.M.

AWARDS RECEPTION

Join OSCA and OCA to celebrate the 2015 award honorees!

Friday, November 6, 2015

8:30-9:30 A.M.

63	Helping Couples Heal After Infidelity <i>CE clock hour</i>
64	Building Supervisory Alliances by Creating Worlds: Utilizing Sand Tray with Supervisees <i>CE clock hour, Supervision CE clock hour</i>
65	Clinical Techniques for Managing Suicidal Clients <i>CE clock hour</i>
66	Saying "Just Eat" Does Not Work: Overcoming Eating Disorders <i>CE clock hour</i>
67	Disruptive Mood Dysregulation Disorder: Practical Implications for Clinical Practice <i>CE clock hour</i>

68	Posttraumatic Growth: Promoting Resiliency in Youth <i>CE clock hour</i>
69	Evidence-Based Treatment for Work with Human Sex Trafficking Clients <i>CE clock hour</i>
70	Career Pathways: The Answer to "Why?"
71	Creating an Ethical Environment in a School Setting
72	PAWS-itively Engaging Counseling Activities
73	The Five Habits of Effective Supervision
74	School Counselors Connect: Elementary School
75	Addressing Mental Health Needs in Schools
OCA HOT TOPIC How to become involved in OCA	
OSCA HOT TOPIC Becoming Involved in OSCA	

10:00-11:00 A.M.

76	Brief Interventions for Serious Mental Health Diagnoses Using Contemporary Psychoanalytic Practices <i>CE clock hour</i>
77	"I'm Hearing You Say...": Motivational Interviewing with Resistant Youth and Adolescents <i>CE clock hour</i>
78	When Addiction Isn't Your Specialty: Providing Supervision to Trainees Treating Substance Using Clients <i>CE clock hour, Supervision CE clock hour</i>
79	Supervision to Foster Social Justice Identity Development <i>CE clock hour, Supervision CE clock hour</i>
80	Evaluation and Remediation of Supervisees: An Ethical Mandate <i>CE clock hour, Supervision CE clock hour</i>
81	Competently Practicing with Transgender Clients <i>CE clock hour</i>

Friday, November 6, 2015

<p>82 How to Create Your Own Middle- to- High School Transition Program</p> <p>83 ArtBreak Creative Group Counseling for Children: Framework, Practice Points, and Research Update</p> <p>84 The Impact of Bullying/Relational Aggression on African American and Latina Girls</p> <p>85 What Counselors Need to Know about the College Board's Redesigned Assessments</p> <p>86 Yoga and Mindfulness Tools to Improve Student Success and School Climate</p> <p>87 Effective Assessment Planning: A Template for School Counselors</p> <p>88 School Counselors Connect: High School</p> <p style="text-align: center;">OCA HOT TOPIC CACREP 2016 Standards: Implications for Doctoral Students</p> <p style="text-align: center;">NORTH COAST OHIO COUNSELING ASSOCIATION NCOCA Open Meeting</p>	<p>96 Practical Strategies for Lesson Planning, Delivery, and Curriculum Mapping for the School Counselor</p> <p>97 Counseling in a Digital School Environment and Its Effect on Student Success</p> <p>98 Creating a Positive School Climate with PBIS for Successful Outcomes</p> <p>99 Using Differentiated Counseling Approaches to Address the Social and Emotional Needs of Gifted Students</p> <p>100 "The Real Me": Addressing the Barriers to College Completion</p> <p>101 Ohio Standards for School Counselors</p> <p style="text-align: center;">OSCA HOT TOPIC College Athlete Eligibility and Recruitment: NCAA/NAIA Academic Requirements</p> <p style="text-align: center;">OCA HOT TOPIC Peer Consultation - Developing a Peer Consultation Network</p>
11:30 A.M.–12:30 P.M.	
<p>89 Beyond Words: Expressive Therapeutics and Their Essential Role in Trauma-Informed Counseling <i>CE clock hour</i></p> <p>90 Ethical Documentation: Increasing Quality of Care while Decreasing Liability <i>CE clock hour, Ethics CE clock hour</i></p> <p>91 The Ethical Implications of Shame in Clinical Practice and Supervision <i>CE clock hour, Ethics CE clock hour</i></p> <p>92 Navigating Co-Occurring Diagnoses: Diagnosis and Treatment of Autism Spectrum Disorder and Anxiety <i>CE clock hour</i></p> <p>93 Serving Those Who Have Served: Interventions for Veterans and Their Families <i>CE clock hour</i></p> <p>94 Experiential Multicultural Competency Training for Counselors: Immersion in the Somali Culture Without Leaving Ohio <i>CE clock hour</i></p> <p>95 The Art of Creating a Goal-Directed Treatment Plan <i>CE clock hour</i></p>	<p style="text-align: center; background-color: #333; color: white; padding: 5px;">12:45–1:45 P.M.</p> <p style="text-align: center;">LUNCH & LEARN SESSION (ticketed event \$30; box lunch included)</p> <p>102 The Seven Habits of a Reasonably Helpful Counselor <i>CE clock hour</i> John Barletta, PhD, MAPS, MCCP: Counselor and Clinical Psychologist, Private Practice, Brisbane, Australia</p> <p style="text-align: center;">Central Ohio Counseling Association COCA Open Meeting</p> <p style="text-align: center;">Ohio Association for Specialists in Group Work OASGW Quarterly Meeting</p>
2:00–3:30 P.M.	
	<p style="text-align: center;">KEYNOTE ADDRESS <i>CE clock hour</i></p> <p>103 Thinking Outside the Box: Promoting Innovative Solutions in the Prevention and Treatment of Mental Illness United States Congressman Tim Ryan</p>

Daytime Pre-Conference Sessions

Regaining Control: Helping Clients with Sex, Internet, Gambling, and Other Process Addictions

6 CE clock hours

Chris Tuell, EdD, LPCC-S, LICDC-CS: Clinical Director of Addiction Services, Lindner Center of HOPE



PC
1

Process addictions, similar to chemical addictions, involve behaviors which become compulsive, out of control, and are continued despite their negative consequences. A new realm of addictive behaviors, including sexual addiction, problem gambling, compulsive spending, and Internet addiction, is having a devastating impact on clients, their families, and society in general. Process addictions, much like substance addictions, are the habitual drive to continue an action even to the detriment of health and happiness; individuals with process addictions often compromise relationships, employment, and their overall health. Research indicates that 3-6 percent of the population suffers from sexual addiction, 5-7 percent suffers from problem gambling, 8 percent suffers from compulsive spending, and nearly 11 percent suffers from Internet addiction.

Research supports a new understanding of the neurology of addiction and the view of chemical and behavioral addictions. This presentation will examine the latest research and case studies on the addictive brain and the ramifications for process addictions. The CUBIS Model of Addiction will be discussed, along with the co-occurring disorder components that justify an integrated approach to mental health disorders and addiction. This presentation will also address the growing concerns and challenges of assessing and treating the individual with process addictions, as well as the impact upon the

addiction professional. The role of the Internet in contributing to the development of process addiction will be discussed, along with the power of the Internet in maintaining these addictive behaviors. Tuell's 31 years of experience in the field of mental health and addiction will help shape this presentation.

Participants will:

1. Understand the key issues associated with individuals exhibiting process addictions, as well as the unique characteristics of each type.
2. Learn the similarities and differences between process and chemical addictions and the implications upon treatment strategies.
3. Understand the basic principles related to process addictions, as well as the role of the addictive brain in this process.

Dr. Chris Tuell is a professional counselor of over 31 years. He holds a doctorate degree in counseling from the University of Cincinnati; is a licensed professional clinical counselor; and a licensed independent chemical dependency counselor. He is presently the Clinical Director of Addiction Services at the Lindner Center of HOPE in Mason, Ohio. Dr. Tuell is a faculty member at the University of Cincinnati in the Department of Psychiatry and Behavioral Neuroscience. Dr. Tuell's professional interests include co-occurring disorders and process addictions. He has specialized training in process addictions, including problem gambling, sexual addiction and the Internet. He is certified by EMDRIA to conduct EMDR, and is certified by the American Society of Clinical Hypnosis in clinical hypnotherapy. Dr. Tuell has presented at several national, regional, and state conferences and forums.

2014 ACA Code of Ethics: A Review of the Critical Changes

6 CE clock hours (NBCC & LPC/LPCC only); 6 Ethics CE clock hours

Shawn Spurgeon, PhD, LPC-MHSP: Associate Professor, University of Tennessee



PC
2

The American Counseling Association Code of Ethics have served as the focal point for helping professional counselors know and understand their role as they serve clients and the community. Since its inception in 1965, the Code has maintained an expectation of ethical and professional excellence for its members. The code serves as a guide for ethical behavior and also as a source of support in helping members of society better understand the role of the professional counselor.

In 2014, the American Counseling Association (ACA) adopted a new code of ethics. This presentation is designed to provide an overview of the important changes related to the new code and to

help attendees learn about the salient issues that influenced these changes. The presenter will answer any questions related to the new code.

Participants will:

- Learn about the changes related to the new 2014 ACA Code of Ethics and the process that was involved in making those changes.
- Gain a better understanding of the relevance of the code to clinical work.
- Have the chance to ask questions about specific aspects of the code.

Dr. Shawn Spurgeon served as a member of the American Counseling Association's 2014 Ethics Revision Task Force. He has served as the co-chair of the ACA Ethics Committee and has overheard several ethical complaints. Spurgeon has taught professional orientation and ethics for 10 years as a counselor educator.

10:00 A.M. - 5:30 P.M.

Daytime Pre-Conference Sessions

Counseling the Traumatized Child: Practical Strategies and Interventions

PC
3

6 CE clock hours

Margaret DeLillo-Storey, Psy.D, LPCC, CTC, BCETS: District Clinical Counselor and Dean of Students, Perry Local School System
Cynthia Keck-McNulty, PhD, LPCC



When left untreated, trauma can have a significant impact in the areas of social, emotional, and spiritual health, and can negatively affect a child's relationships and ability to succeed academically. All too often, trauma is hidden behind other diagnoses. Attendees will review Structured Sensory Intervention, a structured intervention process that assists in the manage mentioned of the 10 themes of trauma. Participants will observe videos and listen to stories that demonstrate the use of this intervention process in the various themes of trauma and how TLC's Structured Sensory Intervention Process brings relief from the traumatic experience. Understanding when someone is affected by trauma vs another type of DSM dx will allow the counselor to better assist the student/ client with management of the symptoms as well as appropriate referrals. This interactive workshop will include audience participation, demonstrations, and time for questions and answers.

Participants will:

- Understand what trauma is and how it affects the various aspects of a child's life.

- Understand why traditional counseling may not work until trauma is treated.
- Look at one-minute interventions and practical applications for traumatized children and adolescents (by age group) to address the various themes of trauma.

Margaret DeLillo-Storey is a certified trauma and loss consultant and supervisor. She is a retired United States Army Officer, having participated in overseas combat while serving over a period of 20 years. Upon retirement, DeLillo-Storey returned to school and pursued a master's degree in counseling followed by a doctorate in psychology, specializing in the areas of PTSD, trauma, and critical incident stress debriefing. DeLillo-Storey currently works as the district clinical counselor and dean of students for the Perry Local School System in Massillon, Ohio. She, along with a very dedicated team of school counselors and administration, meet the psychosocial needs of students in an effort to improve their academic, social, and emotional success. DeLillo-Storey has also served families through Northeast Ohio Behavioral Health, Mercy Medical Center Trauma and Loss Outpatient Program, Aultman Hospital Grief Services, and the Stark County Juvenile Justice System. She primarily worked with at-risk youth, adolescents, and their families while looking at the impact of untreated trauma in the areas of social, emotional, and behavioral functioning.

Cynthia Keck-McNulty received a master's degree in human development and counseling from Walsh University and a doctorate in human development and counseling from Kent State University. She has taught graduate courses on trauma, loss, and grief, as well as on the effects of trauma across the lifespan. Keck-McNulty has presented regionally, nationally, and internationally on trauma, loss, and grief issues. Her collaborative work in research has been published in numerous journals.

10:00 A.M. - 5:30 P.M.



Daytime Pre-Conference Sessions

The Digital & Data Savvy School Counselor

Russell Sabella, PhD: President, Sabella & Associates; Professor, Florida Gulf Coast University



PC 4

Join national speaker and author Dr. Russell Sabella for three engaging sessions in one. Attendees of this all-day pre-conference session will participate in sessions on Data Boot Camp for School Counselors; Technology Tips, Tricks, and Shortcuts for Productivity; and Developing, Managing, and Repairing Your Online Digital Reputation:

Data Boot Camp for School Counselors (4 hours) is designed to advance the technological literacy of counselors. Particular attention is given to how Microsoft Excel™ can be used to make data an important part of your comprehensive school counseling program. From data-driven decision making, monitoring progress, and reporting the positive impact you're having on kids—this workshop will demystify how it's done. All participants will receive a 90-day pass to the online version of this training.

During Technology Tips, Tricks, and Shortcuts for Productivity (1 hour), participants will learn about the most powerful features of various applications including word processing, spreadsheets, web browsing, and social networking. Dr. Sabella will share his most coveted tips, tricks, and shortcuts to help you become more effective and efficient while having more fun in your work! This portion will include lots of handouts and time for questions and answers.

Information technology in general, and social networking in particular, afford us tremendous power for communicating and collaborating seemingly at the speed of thought. As a result, in a

matter of moments, the boundaries between our personal and professional lives can become blurred and the consequences can be grave. Developing, Managing, and Repairing Your Online Digital Reputation (1 hour) will help you learn how to be more intentional about the development and management of your online reputation.

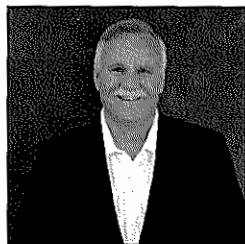
Participants may simply observe the workshop and take notes, but you are strongly encouraged to bring your own laptop to gain valuable hands-on practice. To best take advantage of this session, you should have the following:

- Fully charged laptop with Microsoft Excel and PowerPoint (MAC or Windows). You can also practice on a tablet although the procedures are slightly different. A laptop or Microsoft Surface is highly recommended.
- Google account (for developing online surveys)
- Ability to connect to wireless Internet.

Dr. Russell A. Sabella is a professor in the Department of Counseling in the College of Health Professions & Social Work at Florida Gulf Coast University and president of Sabella & Associates. Sabella is the coauthor of two books entitled *Confronting Sexual Harassment: Learning Activities for Teens* (Educational Media, 1995) and *Counseling in the 21st Century: Using Technology to Improve Practice* (American Counseling Association, 2004). He is also the author of the popular *SchoolCounselor.com 2.0: A Friendly and Practical Guide to the World Wide Web* (Educational Media Corporation, 2003) and *GuardingKids.com: A Practical Guide to Keeping Kids Out of High-Tech Trouble* (Educational Media Corporation, 2008). Sabella is well-known for his Technology Boot Camp for Counselors workshops conducted throughout the country. He is past president of the American School Counselor Association (2003-04) and the Florida School Counselor Association (2013-14).

Strategies For Saving Your Sanity

"Dr. Mike" Thomson: Consultant, Thomson E.T.C., Inc.



PC 5

Whether you're dealing with student, parent, or staff issues, let "Dr. Mike" help you unleash hidden strategies for saving your sanity in all areas of life as a counselor. In this pre-conference session, you'll learn a no-fluff, just-answers approach to everyday problems; 3 themes to know before you get out of bed in the morning; 6 critical questions guaranteed to solve any problems that arise; 3 simple categories you must know right now; 8 strategies and secrets of the most successful people; the secret behind the 2-minute theory; the strategy for turning all problems into opportunities; why the way you choose to think matters the most; why successful counselors know the difference between a

rut and a grave; how to train your brain for an "unlimited success mindset;" and then most importantly, how model and teach that mindset to everyone you meet.

Dr. Mike doesn't just talk about problems, he delivers solutions. Join Dr. Mike and your peers for a day of learning, and discover the personal and professional tools that can help you become a better counselor.

"Dr. Mike" Thomson has worked in the role of employee, supervisor, administrator and business owner. He's directed and supervised health care centers in Minnesota, Ohio and Sweden. Dr. Mike has also directed leadership & character development programs for elementary, middle, high school, and collegiate level students all over the country. He's run a successful private practice and Unlimited Success coaching business for over 20 years.

10:00 A.M. - 5:30 P.M.

Evening Pre-Conference Session

PC
6



6:30 – 9:45 P.M.

Counselors and the Law: Legislative Advocacy and Ethics

CE clock hours (2)

Ethics CE clock hour (1)

Victoria Kress, LPCC-S: Professor, Youngstown State University

Brian Carnahan: Executive Director, Counselor, Social Worker and Marriage & Family Therapist Board

Bill Hegarty, JD: Deputy Director, Ohio Counselor, Social Worker, and Marriage and Family Therapist Board

Amanda Sines: President, Capitol Action Team; Lobbyist, Ohio Counseling Association

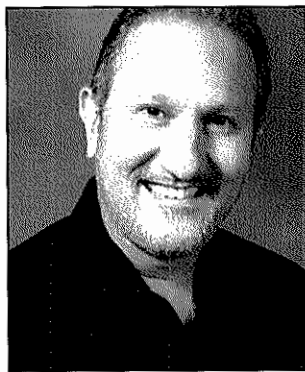
In this program, the OCSWMFT board's deputy director will discuss the most commonly occurring counselor ethics violations. Suggestions for avoiding these ethics-related pitfalls will be provided. Case studies will be integrated into the ethics presentation, and attendees will have an opportunity to provide input, and ask questions. The second half of the session will focus on legislative updates and tips for being an effective counselor legislative advocate. The OCSWMFT Board's executive director will discuss current board and legislative topics about which counselors should be aware. Additionally, the OCA lobbyists will discuss practical legislative advocacy tips for counselors who have limited time and resources. A panel of professionals who have engaged in counselor advocacy efforts will discuss their advocacy experiences, and suggest practical ways that all counselors can engage in effective legislative advocacy.

Participants will:

- Learn the process of legislative advocacy.
- Develop an understanding of what is needed to advance the development of the counseling profession.
- Gain practical suggestions for how counselor educators, counseling supervisors, counselors, and counselors in training can advocate effectively at the grassroots level.
- Identify the most commonly occurring counselor ethics violations
- Understand the mistakes counselors make which contribute to these ethics situations
- Learn concrete strategies for how to improve their ethical decision-making related to these situations

Community Event

7:00-8:30 P.M.



HELPING KIDS STAY OUT OF HIGH-TECH TROUBLE

No Fee or Conference Registration Required to Attend.

Russell Sabella, PhD: President, Sabella & Associates; Professor, Florida Gulf Coast University

Parents, counselors, teachers, and other caretakers need to understand how to make informed decisions about how to monitor, supervise, and provide support for children using technology. This meeting will help participants understand the potential risks of technology and several ways to minimize those risks by using both human and technological strategies.

8:30–9:30 a.m.

1 Creative Interventions for Addressing Nonsuicidal Self-Injury

CE clock hour

Victoria Kress, LPCC-S: Professor, Youngstown State University
Matthew Paylo, LPCC-S: Associate Professor, Youngstown State University
Michael Leskosky: Graduate Assistant, Youngstown State University

In this presentation, creative approaches that can be used to address client and student self-injurious behavior will be provided. Participants will learn about the functions self-injury serves and the treatment approaches that are effective in addressing the behavior. Finally, 10 creative, strength-based interventions that can be used when counseling this population will be described.

8:30–9:30 a.m.

2 Understanding Online Gaming Addiction: Motivations to Play, Assessment, and Treatment

CE clock hour

Michael S. Lewis, LPCC-S: Director of Counseling Services, Ohio Dominican University

Online gaming addiction has been the fastest growing process addiction over the past decade. This presentation will help attendees gain a full understanding of the symptoms of online gaming addiction, the factors that motivate players to continue to play, and treatment options. Case studies and assessment tools will help deepen the understanding of this topic.

8:30–9:30 a.m.

3 If It's Part of a Client's Culture, Does That Make it OK? The Ethics of Counseling Diverse Populations

CE clock hour

Ethics CE clock hour

Cecile Brennan, LPCC-S: Associate Professor and Chair of the Department of Counseling and Exercise Science, John Carroll University

Understanding how to implement the ACA Code of Ethics, counseling principles, and counseling competencies—while also acknowledging cultural differences—lies at

the heart of this presentation. How should a counselor proceed if the ACA Code of Ethics is in conflict with a person's culture? What actions should be taken when an accepted cultural practice diverges from core counseling principles or even from basic human rights? This presentation will consider these questions and will assist counselors in creating a decision-making model for working with diverse populations.

8:30–9:30 a.m.

4 Queer Aging: Providing Treatment to Gay Men and Lesbians in Mid- to Late-Life

CE clock hour

Adam Clevenger, LPC: Mental Health Counselor, Enliven Resource
Matt Fullen, LPCC: Program Manager, The Ohio State University

With the increased use of mental health services among the Baby Boomer generation, practitioners are observing specific multicultural issues among gay men and lesbians who are in mid- to late-life. This presentation will identify the cultural and mental health issues experienced by gay men and lesbians during the aging process. Participants will obtain the knowledge, language, and awareness of these issues to better engage older gay men and lesbians in treatment. Participants will also obtain greater awareness of community resources, and will further identify ways of advocating and supporting older adults in the queer community.

8:30–9:30 a.m.

5 Making Room for Leadership and Advocacy: A Qualitative Analysis of Site Supervisors

CE clock hour

Supervision CE clock hour

Cassandra A. Storlie, PhD, LPCC-S: Assistant Professor, Kent State University
Jane A. Cox, PhD, LPCC-S: Associate Professor, Kent State University

As students take on practicum and internship placements in the field of counseling, little is known on how site supervisors perceive leadership and advocacy in the counseling field and how they help to promote leadership

and advocacy while supervising counseling students. This qualitative study explores the perceptions of leadership and advocacy among site supervisors in the counseling field, the methods in which site supervisors foster leadership and advocacy in their supervisees, and how site supervisors make time for leadership and advocacy. Implications for counseling supervision will be discussed.

8:30–9:30 a.m.

6 Creative Supervision: Fostering a Counselor Identity in New Professionals

CE clock hour

Sean Gorby, LPC: Doctoral Student, The Ohio State University
Tory Trimble, MA

Supervision can be a powerful tool for fostering a counselor identity within supervisees, a part of their development that is often overlooked. In this interactive session, the presenters will share their experience of developing and implementing a creative supervision project titled "I Am Tree." The presenters will walk attendees through the project, focusing on positive implications for the identity development of beginning counselors while providing hands-on tools and strategies for how to integrate creative projects into supervision.

8:30–9:30 a.m.

7 OSCA and You: Updates from the Ohio School Counselor Association

Sarah Collins, LPSC: School Counselor, Lancaster City Schools; President, Ohio School Counselor Association

Plan to start your AOCC experience by joining us as we navigate the changing face of school counseling together because every Ohio student deserves a great school counselor. Representatives from the Ohio School Counselor Association (OSCA), along with the Ohio Department of Education will share the latest updates on the Ohio Standards for School Counselors and the Evaluation process. OSCA will also share other information about the work being done on behalf of our members that benefits the school counseling profession.

8:30–9:30 a.m.

Never Too Young to Be a Leader: Students Impacting Their Own School Climate

Laura Kunkle, LPSC: School Counselor, Upper Arlington City Schools
Jean Allocco, LPSC: School Counselor, Upper Arlington City Schools
Felice Kassoy, LPSC: P School Counselor, Upper Arlington City Schools
Katie O'Keefe, LPSC: School Counselor, Upper Arlington City Schools

What can a student leader do for your school? Join four school counselors in an engaging discussion about successful programs they implemented in their schools. Information will be shared about each program including data collection, student selection, the impact on school climate, and student efficacy. You will leave the session with practical ideas for developing student-led programs at your school.

8:30–9:30 a.m.

Childhood and Adolescent Trauma: Etiology and Appropriate Interventions for School Professionals

Gregory S. Wright, LPSC, LPC-CR, CDCA: Counselor, The Village Network; Teacher, Perry Local Schools

Students with trauma symptoms can be particularly challenging to school personnel. Participants will learn how traumatic experiences affect brain development, emotion regulation, and behavior. Attendees will also learn trauma-sensitive techniques that can be applied safely and ethically by a professional school counselor. By viewing these students through a “trauma-informed lens,” counselors can have an accurate understanding of how school-age trauma survivors function and how to help them find success in the school setting.

8:30–9:30 a.m.

Quiet the Mind, Open to Learning: Implementing Mindfulness, Yoga, and Stress Reduction Strategies in Your School Counseling Program

Laurie Coon, LPSC: Glacier Ridge Elementary School Counselor, Dublin City Schools
Megan Engler, LPSC: Riverside Elementary School Counselor, Dublin City Schools

Research shows that students who are able to self-regulate make greater gains academically, socially, and emotionally. This session will

teach you the principles of mindfulness; how it can quiet the mind and open it up for learning through games, activities, and yoga practices. You will be able to immediately implement and use the information presented in this session in your individual, small-group, and classroom lessons.

8:30–9:30 a.m.

Using the Principles of Social & Emotional Learning (SEL) to Create a Positive School Climate

Cecile Brennan, LPCC-S: Associate Professor, John Carroll University

Creating a positive school climate is possible! Psychological and neuroscientific research emphasizes the importance of focusing on developing the social and emotional competencies of students and faculty. This presentation will outline how counselors and school administrators can implement the principles of social & emotional learning (SEL) in order to create a positive school climate.

8:30–9:30 a.m.

OCA HOT TOPIC: Becoming Involved in the Ohio Counseling Association

The Ohio Counseling Association (OCA) has a number of opportunities for volunteer leaders. Come meet with OCA leaders and members to talk about how you can become involved in one of our 11 active committees. Interested members will talk with you to determine how your skills and expertise might be best utilized to advance OCA's mission.

10:00–11:00 a.m.

An Introduction to the 2016 CACREP Standards

Tom Davis, LPCC-S: Professor Emeritus, Ohio University
Brad Imhoff, LPC: Assistant Professor, Ashland Theological Seminary
David Mann, LPCC-S: Associate Dean and Professor, Ashland Theological Seminary

With the passage of HB 232 and the signing of the act by the governor, all counselor training programs in Ohio will be required to be CACREP-accredited by January 1, 2018. This means that in excess of 25 counselor training

programs in Ohio will be required to either meet the new standards or to be in the process of moving their programs, approved under the 2009 CACREP Standards, to the new 2016 version. This session will review the most significant modifications and clarifications to the 2016 CACREP Standards, and will address the most challenging questions raised by both counselor education faculty (and doctoral students) and school counseling and clinical mental health counseling supervisors in the field.

10:00–11:00 a.m.

Supporting Gender Transition in Children: Assessment and Treatment Strategies

CE clock hour

Varunee Fajj Sangganjanavanich, LPCC-S: Associate Professor, The University of Akron

More and more children pursue gender transition, yet little is known about how counselors can effectively and affirmatively support their gender transition. To promote effective and affirmative practice, the presenter will provide an overview of gender transition, discuss assessment strategies (e.g., clinical interview and psychological evaluation), and introduce treatment options (e.g., counseling and parent consultation) of gender dysphoria in children. Practical considerations of how counselors can promote gender transition in children will be discussed.

10:00–11:00 a.m.

Legal and Ethical Issues

CE clock hour

Ethics CE clock hour

Mike Hochwalt, EdD., LPCC-S, J.D.: Partner, Hochwalt & Schiff, LLC

Trying to adhere to changes around ethics and the law can be extremely difficult, especially when many ethical decisions are fact-sensitive and fall into a “gray” zone. Still, there are tools available to help Ohio counselors strengthen their ability to make strong ethical decisions. In this session, the presenter will share many of those tools with attendees, shaped by his 30 years of experience as a practicing attorney and licensed clinical counselor. Pertinent topics relating to ethics and the law will be addressed, such as the ethical decision-making model, competence, subpoenas, court orders, testifying in court, high-risk clients, two or more individuals in a session, a counselor's duty to protect, and recent case law.

10:00–11:00 a.m.

15 Top 10 Ways to Facilitate Growth in Your Supervisee

CE clock hour

Supervision CE clock hour

Megan M. Mahon, PhD, PCC-S, LPCC-S: Core Faculty, Capella University

Creating a positive school climate is possible! Psychological and neuroscientific research emphasizes the importance of focusing on developing the social and emotional competencies of students and faculty. This presentation will outline how counselors and school administrators can implement the principles of social and emotional learning (SEL) to create a positive school climate.

10:00–11:00 a.m.

16 Incorporating Best Practices into Your College Planning Parent Nights

Nancy Gillespie, LPSC: School Counselor, Grove City Christian

Aaron Greene: Founder and CEO, College Liftoff

Gina Jacob: Higher Education Consultant, College Liftoff

It is no secret that the process of applying and getting into college has drastically changed over the past 20 years. As a result, it can seem daunting to the parents & students that we serve. It is important to equip our families with the tips & tools to navigate the ever changing college/career landscape. With a college dropout rate of over 30% & a national student loan debt of over \$1.3 trillion, this has become an important topic for us to gain expertise. There is significant economic impact to our community as we have been challenged to prepare today's students for tomorrow's world of work.

10:00–11:00 a.m.

17 Restocking Your Crisis Prevention and Intervention Toolkit

Kelley Schubert, LPSC: School Counselor, New Albany Plain Local Schools

Amber Nickels, MSW, LSW: Mental Health Specialist, New Albany Plain Local Schools

Elizabeth Gonda: Principal, New Albany Plain Local Schools

Addressing the crisis-related needs and issues of children is a crucial role for school counselors and other school mental health professionals. This workshop will offer a

refreshing way to visualize crisis training and response within the framework of an RTI/MTSS model. Participants will 1) receive easy-to-use tools for engaging their school and community in a collaborative crisis prevention and preparedness team process, and 2) engage in psychological triage assessment activities.

10:00–11:00 a.m.

18 Supervision Strategies for School Counseling Students: A Toolbox of Methods, Techniques, and Supervisee Evaluation

Leslie Neyland, LPSC, LPC: Assistant Professor, Wright State University

Tara Hill, LPCC-S: Assistant Professor and School Counseling Program Director, Wright State University

Do you want to be a site supervisor for the next generation of school counselors? CACREP-accredited programs require that site supervisors have a minimum of two years of professional experience, appropriate licenses, and "relevant training in counseling supervision" (CACREP, 2009). However, school counselors are often not provided with training opportunities that are specific to supervising in the school setting. This presentation will provide school counseling site supervisors with an overview of supervision for school counselors, including solution-focused and developmental supervision methods and techniques, and counselor evaluation strategies for working with school counseling practicum and internship students. Participants will be invited to role-play techniques and share supervision activities they have used with students in the past. Attendees will also process professional and ethical issues that may arise during the practicum and internship. The goal of this presentation is to provide school counseling site supervisors with the beginning of a supervision toolbox as they prepare to train the next generation of school counselors.

10:00–11:00 a.m.

19 Practical Ideas for Elementary Counselors to Help Children Starting Monday Morning

Rebecca Schmidt, LPSC: Counselor, Mayfield City Schools

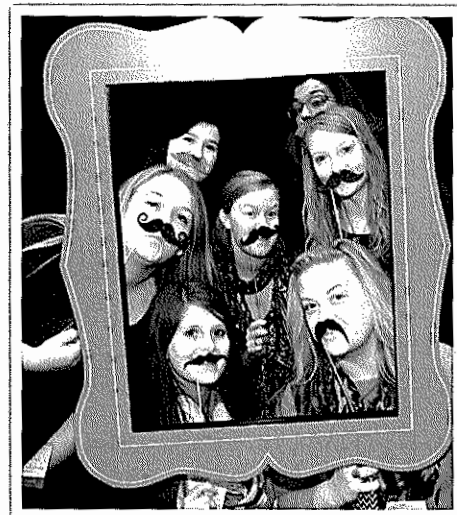
If you are an elementary school counselor and you came here for ideas you can start implementing on Monday morning, this is the session for you! In this hour, you will learn easy, practical ways to teach children empathy, how to handle grief and the long-term illness of a loved one, and strategies to help children with social issues. You will leave with lots of ideas you can use immediately to help kids while making your life easier!

10:00–11:00 a.m.

OSCA HOT TOPIC:

How to Write and Submit an OSCA Grant or Award

Do you have an idea or program you would like to implement in your school? Do you know someone who deserves recognition for his or her hard work? The OSCA Professional Recognition Committee would like to help make the grant and awards process easier for you. The committee will share information on how to write and submit an OSCA grant application and how to nominate a colleague for an OSCA award.



20

11:30 a.m.–12:30 p.m. KEYNOTE ADDRESS



The Key to Effective Counseling...Relationships!

CE clock hour

Wendy Minné, MA: Principal, Norton City Schools

Wendy Minné will share her personal journey with Bipolar Disorder and how the power of relationships and a strong

support network of family, friends, and a licensed counselor drastically improved her mental health. She will share how clinical mental health counselors and school counselors matter in the healing process to help their clients and families to grow, develop, learn and move forward. Wendy will share examples from her unique perspective as a client, parent and an educator on how to be a better counselor and to build relationships that make a difference.

Wendy Minné is an elementary school principal and former middle level and elementary school teacher. She holds a master's degree in preK-12 administration and is a certified speaker with the Upside Down Organization based in Baltimore, MD, which focuses on brain-based learning or TranzEd

(Transformation Education). Minné has presented at the National Middle School Conference and has been a speaker for Public School Educators and parents in the area of Literacy. Her speaking engagements focus on the importance of connecting school and home with the understanding of how the childhood brain develops.

For a decade Wendy and her husband have navigated personal mental illness with the help of a gifted counselor. With the counselor's help, they have been able to heal, grow, develop, and encourage others to work with a licensed counselor and to know that support is available. Supporting emotional health has become vital, not only to Minné and her husband, but also to their extended family and school community

12:45–1:45 p.m. LUNCH & LEARN

(TICKETED EVENT \$30; INCLUDES BOX LUNCH)

21 Practical Reality Therapy: Ever Present, Ever Relevant, Ever Developing

CE clock hour

Robert E. Wubbolding, EdD, LPCC: Director, Center for Reality Therapy; Professor Emeritus, Xavier University; Faculty Associate, Johns Hopkins University

Practicality and innovative skills for the creative use of reality therapy are the goals of this interactive session that focuses on simulated demonstrations. Participants will role-play clients, preferably difficult ones. The presenter will illustrate the principle "sometimes the solution appears to be unrelated to the problem" as well as the technique of "seeding a major intervention." Participants will discuss the demonstrations in triads and in the whole group. The take-home skills will be immediately useful on the job.

12:45–1:45 p.m. LUNCH & LEARN

(TICKETED EVENT \$30; INCLUDES BOX LUNCH)

22 Solution-Focused Parent-Teacher Conferences

Russell Sabella, PhD: President, Sabella & Associates; Professor, Florida Gulf Coast University

The Solution-Focused Brief Counseling, Consultation, and Conferencing Meeting model uses a systematic approach in which parents, teachers, and students focus on solutions rather than problems. Conference attendees are encouraged to discover exceptions and explore future behavior that is more on track. The focus of the conversation is on the attendees' strengths and abilities rather than their weaknesses. Because the solutions are derived by the attendees themselves, they fit their unique circumstances and lead to greater buy-in. Finally, because parents, teachers, and students own the process, hope and confidence are enhanced. Teachers who apply the solution-focused methods find that,

by focusing on solutions rather than problems, their meetings are more positive and less stressful. SFBC users report that instead of leaving work drained of energy, they leave feeling energized and full of hope for their students. Plus, they don't encounter as much "resistance" as they would have expected.

2:00–3:00 p.m.

25 Best Practices in the Assessment and Diagnosis of Personality Disorders

CE clock hour

Rachel O'Neill, LPCC-S: Executive Director, Ohio Counseling Association; Core Faculty, Walden University
Brandy Gilea, LPCC-S: Core Faculty, Walden University

Working with personality disorders can be complex and challenging for mental health counselors. The presenters will focus on practical, real-world diagnosis strategies. Attendees will learn differential diagnosis considerations for use with challenging client presentations. In addition to learning diagnostic skills, attendees will also be provided with an overview of best practices in the treatment of personality disorders.

2:00–3:00 p.m.

26 Current Treatment Strategies for the Millennial Generation

CE clock hour

Holly Scott, PhD, LPC: Faculty, Capella University

Chris Tafelski: Student, Capella University

The Millennial generation is also being referred to as the “trophy kids” generation. This generation grew up expecting success and was being rewarded regardless of achievement. Additionally, the Millennials have been immersed in social media and Google, creating an expectation of immediacy that fulfills the need for reward. Research suggests that applications like Facebook and Twitter may be directly linked to anxiety and depression. These technological advances have also led to changes in brain development. While cognitively able to multitask more efficiently, Millennials’ emotional development has been altered. The role of social media and technology seems to promote mental health concerns and distress when expectations are not met now. This presentation will review specific triggers and how this impacts their thought process that may lead to distress. Interventions that will be reviewed include cognitive restructuring, psychoeducation, and technology immersion with relaxation techniques to help Millennials ease their distress.

2:00–3:00 p.m.

27 The Use of Art Expression in Counseling

CE clock hour

Gail Rule-Hoffman, LPC-S: Professor Ursuline College

Participants will be exposed to a theoretical framework for the development of art-based interventions. Examples of visually-based interventions with clients will be shown, and participants will engage in exercises to practice creating art-based interventions.



2:00–3:00 p.m.

28 Enhancing the Therapeutic Relationship with the Myers-Briggs Type Indicator

CE clock hour

Kathleen Kutsko, LPC: Doctoral Student, Ohio University

Yegan Pillay, LPCC-S: Associate Professor, Ohio University

Roxanne DuVivier, PhD, LP: Assistant Professor, Wright State University

The Myers-Briggs Type Indicator (MBTI) is an effective tool for understanding ourselves and others. The core of type theory has its roots in Jungian psychology. Learn about the strengths of the different personality types of the MBTI. Communicating from a type perspective can provide a nonjudgmental language for talking about issues in counseling. Through an experiential learning environment, attendees will take away a better understanding of their strengths from a type perspective as well as knowledge about the basics of the interactions among the different personality types. Participants will be able to incorporate this knowledge into their practice of counseling in the schools, clinic, or in rehab settings.

2:00–3:00 p.m.

29 “Get Your Surf Board!” Creative Modifications for Using Dialectical Behavior Therapy with Children

CE clock hour

Stephanie Fellerger, LPCC: Children’s and Family Counselor, The Village Network

Nicole Hyland, LPC: Children’s and Family Counselor, The Village Network

Jim Hyland, LPC: Children’s and Family Counselor, The Village Network

For clinicians working with children and adolescents, it can be challenging to help clients develop the ability to identify their emotions, explore emotional intensity, as well as develop and utilize coping skills. In this session, attendees will learn how to utilize the core concepts of Dialectical Behavior Therapy (DBT) in a way that will be engaging and developmentally appropriate for children. Through the use of metaphors and creative interventions, attendees will learn real-world techniques with immediate applicability for assisting their clients in identifying effective coping strategies and developing a distress tolerance plan, as well as teaching them how to “surf on the emotional wave.”

2:00–3:00 p.m.

30 Therapeutic Interventions with Refugees: A Psychoanalytic Approach

CE clock hour

Nicole Lynn Phelps: Referral and Information Specialist, Frontline Services

This session will guide mental health professionals in providing effective therapeutic services for refugees. Attendees will learn about the history of refugee issues and participate in an in-depth discussion of the refugee experience from a psychoanalytic approach. Various therapeutic techniques for refugee clients will be shared.

2:00–3:00 p.m.

31 Shifting from “What’s Wrong?” to “What’s Possible!”

Nancy Shapiro Rapport, LPSC: School Counselor, Upper Arlington Schools

“Whose fault is it?” “Haven’t we been there, done that?” “Why is everybody so frustrating?” “Why bother?” If you find yourself asking questions like these, this session is for you! The questions we ask ourselves can lead us down a road of despair. When we change our questions, we create a shift in how we think. As a result, we make better, more creative, more productive decisions. Learn how to change your questions to make space for creativity and transformation. It’s simple, but it’s not easy!

2:00–3:00 p.m.

32 Mean Girls and Cyberbullies: Changing the Culture with Confidence, Competence, and Compassion

Lisa Hinkelman, LPC: Founder and Executive Director, Ruling Our eXperiences, Inc.

Stacey Custer, MSA: Case Manager, Green Local Schools, Child Guidance & Family Solutions

Lori McCartney, LPSC: Counselor, Green Local Schools

Beth Textor, MA, LPSC: Counselor, Green Local Schools

In a study of more than 4,000 girls, most reported that their friendships and relationships with other girls was one of their top challenges. Navigating friendships, dealing with social media, and experiencing cyberbullying are some of the real issues

that girls are struggling with on a daily basis. Girls also feel that adults don't understand their lives and what they are going through. This session will provide participants with an increased understanding of girls' experiences of relational aggression, girl bullying, and cyberbullying; and will provide a strategic framework for implementing positive, pro-social programming with girls.

2:00–3:00 p.m.

33 Collaborating to Transition Students with Learning Disabilities to Postsecondary Education

*Charity Anne Kurz, PhD, LPSC, LPC, NCC:
Adjunct Professor, University of Dayton*

The American School Counselor Association (ASCA) charges school counselors to work with all students in the areas of academic, social and emotional, and career development. Many times, school counselors rely on special education teachers and intervention specialists or other professionals to provide transition support for high school students with disabilities (Milsom, 2007). According to the Individuals with Disabilities Education Act Improvement Act (IDEAIA, 2004), students with disabilities are entitled to a transition plan by the age of 16. This plan outlines goals for postsecondary education, employment, and independent living. This plan can be connected to ASCA's newly adopted Mindsets and Behaviors, in which students are expected to "demonstrate" behaviors for learning, self-management, and social skills—all essential characteristics for transition to postsecondary options. Additionally, with the push for college and career readiness, school counselors can provide a breadth of knowledge in the area of career development for students. This session will discuss practical ways to collaboratively transition high school students with disabilities to postsecondary education. We will discuss the law changes for students with disabilities from high school to postsecondary education. Additionally, data will be presented that looks at school counselors' responses to high school students with disabilities who are transitioning to postsecondary education.

2:00–3:00 p.m.

34 Web 2.0 Smackdown

Russell Sabella, PhD: President, Sabella & Associates; Professor, Florida Gulf Coast University

Web 2.0 refers to web applications that help people communicate, collaborate, share, network, socialize, and deliver resources. Come attend this session with handpicked panel members who will demonstrate how their favorite technology tools enhance their school counseling programs. This session also includes time for audience members to join the Smackdown, so be ready to show off your favorite sites. The Smackdown rules require no more than three minutes per demonstration, no promoting or endorsing personal products, and only the sharing of services that are free or almost free to educators. You don't want to miss this exciting opportunity.

2:00–3:00 p.m.

35 Character Day: Authentic Strategies to Connect Your Students

*Carolyn Heller, LPSC: School Counselor, Forest Hills School District
Jim Place, LPSC: Adjunct Professor, University of Dayton*

Learn how to implement authentic character activities ranging from simple small-group icebreakers to planning and leading a Character Day. These activities can be used in your counseling office immediately and be repeated each year. The presentation will be interactive and allow the participants to go through a variety of activities that are used in Character Day. Attendees will leave with information on how to start a Character Day at their school as well as new ideas to promote the development of the whole self.

2:00–3:00 p.m.

36 Landing a School Counseling Job and the First-Year Jitters

*Angela Keating, LPSC: Counselor, Tipp City Exempted Village Schools
Katie Miller, LPSC: Counselor, Urbana City Schools*

The school counseling world is waiting for you to land your new job. Whether you are just starting off job seeking after an internship, relocating to a different area, or just need a fresh start, this presentation will give you new tips to utilize. The presenters will give

examples of successful résumés and interview questions asked by administrators, and share how to effectively become involved in your new school system. Building positive rapport and gaining trust is important when starting your new job. Let this session help you start your journey with practical, real-life knowledge.

2:00–3:00 p.m.

37 School Counselors Connect: Counselor Educators

OSCA Representative

No one understands the life of a school counselor educator quite like another school counselor educator! Come share, collaborate, and connect with the Ohio School Counselor Association and fellow attendees to better serve the school counseling students in your program. Come prepared with your positive, solutions-focused attitude and bring an idea, website, app, book, or other item to share with your colleagues. You'll also learn easy ways to stay connected with other school counselor educators in Ohio when you're not gathered together at conference.

2:00–3:00 p.m. OCA Hot Topic:

Marriage Equality for Same Sex Couples: Special Considerations for Counselors

The U.S. Supreme Court ruling on June 26, 2015, made same-sex marriage a right nationwide. This ruling puts us one step closer to equality for all; however, same-sex couples will continue to face hurdles until their marriages are treated equally under the law and they are afforded the same benefits as opposite-sex couples. Many counselors are providing couples counseling, relationship counseling, premarital counseling, and marriage counseling to gay and lesbian couples. In this Hot Topic session, we will explore some of the legislative hurdles faced by these couples, issues of roles and responsibilities, financial stressors, and affirmative practices for counselors.

3:30-4:30 p.m.

38 Creative Communication Techniques for Couples Intake and Problem Resolution

CE clock hour

Barbara A. Mahaffey, PhD, LPCC-S, PCC-S: Associate Professor, Ohio University
Mary Jane Preece, PCC-S, CRC: Assistant Professor, Ohio University

Couples come to counseling at times for communication issues. This presentation will include interactive small-group discussions and games that counselors can use with couples. These techniques and activities will help counselors form therapeutic alliances, create a less threatening environment in which to promote appropriate self-disclosure, and aid in their clients' goal setting. Counselors will create a "miscommunication model." New this year is the integration of Choice Theory into the model to promote problem solving.

3:30-4:30 p.m.

39 Promoting Motivational Interviewing Proficiency "Mightily"

CE clock hour

Cynthia J. Osborn, LPCC-S: Professor, Kent State University
Victoria Giegerich, LPC: Doctoral Student, Kent State University

Did you learn the fundamentals of motivational interviewing (MI) and have the desire, ability, reason, and need (DARN) to learn more? Searching for ways to promote your own MI practice or that of a supervisee's? Then this MI booster session is for you! This workshop will introduce the newly updated Motivational Interviewing Treatment Integrity (MITI) coding manual (now in the 4.0 edition*) used to measure counselor speech or verbal behaviors consistent with MI while in conversation with a client. Although the MITI is used primarily for research, it also is helpful in counseling and supervisory practice to enhance MI-consistent skills. The presenters will review the MITI 4.0's four global scores and its 10 behavior counts. One brief audio sample of a simulated client-counselor conversation will be played, and participants will try their hand at "coding" a counselor's MI skills. Recommendations will be provided for using the MITI in practice settings to monitor and promote MI-consistent practice.

Further and extensive training in using the MITI is essential, and therefore this workshop is simply a "taste" of the MITI. (*A copy of the MITI 4.0 will be made available to those who have registered for this session.)

3:30-4:30 p.m.

40 Have You Gone Gray? Making the Case for Gerocoounseling

CE clock hour

Matthew Fullen, MA, LPCC: Program Manager, The Ohio State University

It is well-documented that the U.S. population is "graying," leading health care leaders to call for an increase in professionals with specific training in geriatric mental health. This seminar will increase participants' awareness of demographic shifts that will impact mental health care; identify key myths and impediments to care surrounding older adults, including Medicare reimbursement; and identify how the counseling profession's emphasis on wellness, multicultural competence, and adult development uniquely situate it to meet the needs of older adults.

3:30-4:30 p.m.

41 From Shame and Silence to Safety and Sobriety: The Treatment of Co-Occurring Trauma and Addiction

CE clock hour

Valerie Prevosnak, LPCC-S: Counselor, Meridian Community Care
Chelsey Zoldan, LPC: Counselor, Meridian Community Care
Julie Lenyk, LPCC-S: Director of Residential Treatment, Meridian Community Care

Recovery from co-occurring PTSD and substance abuse addiction requires the joint treatment of both, yet counselors' experiences within agency settings usually build confidence in working with only one area or the other. This presentation is designed to educate attendees on the relationship between these disorders, to engage clinicians in interactive discussions to address their concerns, and to provide evidence-based treatment approaches to give attendees a foundation of both interventions and competence for practice.

3:30-4:30 p.m.

42 Mental Health Counselors in Schools: Who We Are and What We Do

CE clock hour

Jennifer Seda, LPCC: School-Based Mental Health Counselor, Child & Adolescent Behavioral Health
Cassandra Soehnen, LPCC: School-Based Mental Health Counselor, Child & Adolescent Behavioral Health

This session will describe the role and benefits of having mental health counselors in schools. Attendees will discuss what they like, dislike, and believe about mental health counselors in schools, as well as concerns they might have with the role. Service coordination by mental health counselors in school will be explained in relation to school administrators, teachers/aides, parents, students/clients, and crisis management. Interventions will be described and attendees will be provided handouts.

3:30-4:30 p.m.

43 Using Gestalt Therapy Approaches to Deepen Therapy and Empower Clients

CE clock hour

Stacy Ingraham, LPCC-S: Clinical Counselor, Gestalt Associates, Inc.; Adjunct Instructor, The University of Dayton
Matt Dunatchik, LPC: Counselor, Gestalt Associates, Inc

Gestalt therapy is a dynamic treatment approach that leads to fundamental change. New and seasoned counselors will learn various Gestalt approaches that will deepen their work with clients, including how to enhance client's self-awareness, encounter clients at their contact boundary, and utilize experiments to enable clients to move from insight to action. Additionally, when counselors share their experience of the client with support, professionalism, and genuineness, therapy is deepened. Participants will learn how to enhance self-awareness and share their experience of the client.



3:30–4:30 p.m.

44 Technology and Treatment with Children: There's an App for That!

CE clock hour

Sarah Noble, LPC: Doctoral Student, The University of Akron
Marisa Cargill, LPC: Doctoral Student, The University of Akron

Counselor or not, you are probably all-too-familiar with the phrase, "There's an app for that!" With the increased prevalence of children using smartphones, computers, and tablets, it is necessary for counselors to understand and implement these current trends. This interactive presentation will discuss the importance and implications of integrating applications (apps) into the treatment process. The presenters will share a number of apps, created by mental health professionals, which you can use to promote the well-being and treatment outcomes of children.

3:30–4:30 p.m.

45 Transitioning Freshmen to the High School: Frosh Fest and More

Jessica Reiber, LPSC: School Counselor, Lancaster City Schools
Sarah Collins, LPSC: School Counselor, Lancaster City Schools

Lancaster High School utilizes Frost Fest to connect incoming freshmen to other students, staff, and the building. From this experience, students have lower anxiety about high school and feel part of a positive school environment. The presenters will outline the use of "SPIN," "Frosh Fest," and "Freshmen Focus" as part of a larger year-long transition program to connect incoming freshmen with other students and staff at Lancaster High School. This session will also show how research is used to support the program and the data collection methods from the stakeholders. During the multimedia presentation, participants will learn how to design a transition program and how to collect data effectively to measure its impact.



3:30–4:30 p.m.

46 Going "Behind the Glass" to Analyze Student Academic and Behavior Concerns

Nicole Westendorf, LPSC: School Counselor, Solon City School District
Jeff Williams: K-12 Literacy Teacher Leader, Solon City School District
Dan Ceci, LPSC: School Counselor, Solon City School District
Tricia Petrie: Pyramid Coordinator, Solon City School District

The Third Grade Reading Guarantee and Common Core State Standards have increased the rigor and expectations for student progress in the elementary school setting. Many school counselors are now part of RTI (Response to Intervention) teams that must ensure student progress and analyze causes and concerns related to student growth. Though we are successful with the majority of students, a few students continue to puzzle us. A helpful structure to explore is observing the student and teacher in action, a process used by Reading Recovery for more than 30 years, known as Behind the Glass (BTG). This process has a distinct set of procedures that help maximize the time and talents of those involved and ensure that participants leave with an action plan to address student academic and behavior concerns. Join us to learn about this process and how it can help your school teams collaborate to increase student achievement.

3:30–4:30 p.m.

47 Never Too Young to Be Socially Just: Exploring Ways to Develop Interculturalism in Students

J.P. Oehrman, LPSC: Doctoral Student, The Ohio State University
Felice Kassoy, LPSC: School Counselor, Upper Arlington Schools; Lecturer, The Ohio State University
Katie Monda, LPSC: School Counselor, Worthington City Schools

Professional school counselors are the leaders in creating a safe, inclusive learning environment for all students. Providing students with the opportunity to have open discussions about diversity in a supportive setting helps to facilitate a positive school climate. This presentation will describe two successful school counselor led student groups that helped to encourage student discussion and explore other ways to influence an environment that respects diverse students.

3:30–4:30 p.m.

48 What's the Role of Self-Concept in School Climate and Career Readiness?

Tommie R. Radd, LPC, NCSC, NCC, LPSC: Counselor, Columbus City Schools
Doris Coy, LPCC-S, NCC, LPSC: Consultant

The role of self-concept—the way people view themselves and their perceptions of the way they belong in the world—is often overlooked or ignored when positive school climate and career readiness programs are developed. Learn about the essential missing link of self-concept in this workshop. The self-concept series and weave process is explained in detail with implications and implementation for your school counseling community.

3:30–4:30 p.m.

49 Lessons to Teach Empathy and Resiliency

Becky Kirby: Retired School Counselor, Ravenna School District, Author

Empathy and resiliency are vital subjects in today's world. This presentation will include meaningful educational activities to help teach students the understanding and importance of empathy. It will also include techniques to teach resiliency to help students recover from or deal with difficult situations.

3:30–4:30 p.m.

50 Ohio Standards for School Counselors

Kris Owen, LPSC: School Counselor, Pickerington Local School District

The biennial budget bill approved in June 2015 included the requirements that the State Board of Education adopt standards of professional practice for school counselors in Ohio and that an evaluation system based upon those standards be developed. Come hear from members of the Ohio Department of Education Standards for School Counselors Writing Team and get information about the next steps in this legislation impacting our profession!



3:30–4:30 p.m.

OSCA Hot Topic: OSCAR Development

The Ohio School Counselor Association (OSCA) has spent multiple years developing a visually stimulating report, the Ohio School Counselor Accountability Report (OSCAR), to allow school counselors to highlight all of the amazing work in their schools. In this hot topic session you will gain helpful tips on how to create your own OSCAR and will learn about tools to help you including a rubric to ensure you include all necessary parts, a template to streamline your OSCAR creation, a YouTube video to explain how to use the template, and much more.

3:30–4:30 p.m.

OCA Hot Topic:

Publishing in the Journal of Counselor Practice

Members of the editorial board of the Journal of Counselor Practice, the official journal of the Ohio Counseling Association, will provide general information and practical suggestions for successfully navigating the journal's publishing process. General tips and strategies for writing and developing manuscripts will be presented. Participants will also have an opportunity to ask questions related to the journal's publishing process.

5:00–6:00 p.m.

51 A Counselors Guide to Objective, Measurable, Obtainable, and Reimbursable Treatment Plans

CE clock hour

Brandy L. Gilea, LPCC-S, CDCA: Core Faculty, Walden University
Rachel O'Neill, LPCC-S: Core Faculty, Walden University

Developing treatment plans that address clients' needs and interests, meet compliance standards for accrediting bodies and payer sources, and consider diagnoses and evidenced-based interventions can be overwhelming to

the most skilled and experienced mental health counselors. The presenters will focus on how to write treatment plans in a concise, practical, and timely manner that meets the needs of all parties (e.g., client, counselor, employer, insurance agency, etc.). In addition to learning to develop well-written and meaningful treatment plans, attendees will be provided with an opportunity to apply the skills to case studies and real-world examples.

5:00–6:00 p.m.

52 Using Creative Termination Rituals with Children and Adolescents

CE clock hour

Matthew J. Paylo, LPCC-S: Associate Professor, Youngstown State University
Victoria E. Kress, LPCC-S: Professor, Youngstown State University
Mike Leskosky: Student, Youngstown State University

In this interactive presentation, participants will be introduced to new ways of infusing creativity into the termination process. Creative termination rituals will be discussed as a means to provide clients with closure, a sense of empowerment, and ownership of their termination experience. The presenters will discuss the rationale for these interventions and provide examples of creative termination rituals for clinical practice with children and adolescents. Additionally, participants will be invited to experience aspects of these creative termination rituals.

5:00–6:00 p.m.

53 Ethics and Self-Care for Professional Counselors

CE clock hour

Ethics CE clock hour

Rosalyn Y. Brown Beatty, PhD, LPC: Faculty, Union Institute & University
Jennifer L. Scott, PsyD, ABPP: Director, Union Institute & University

Professional counselors are good caregivers by nature, but like other helping professionals, sometimes they neglect their own needs for the sake of others. Research indicates that most counselors have either known a counselor they would consider impaired or admit to working themselves when too distressed to be effective. Yet the majority of counselors acknowledge that an impaired counselor presents a serious threat to the counseling profession. This session will emphasize the counselor's ethical obligation to engage in activities that maintain and promote their own well-being, identify

early warning signs of a distressed counselor, and present self-care principles that can be easily applied to one's professional life and practice as a counselor.

5:00–6:00 p.m.

54 Understanding the Clinical Implications of Search and Reunion for Adoptees

CE clock hour

Dawn Friedman, MEd LPC-CR, LPC: Owner and Counselor, Building Family Counseling

Now that more than 400,000 adoptees have access to their birth certificates, counselors will need to be prepared to support their adult adopted clients in decision making around search and reunion. Session attendees will be given an overview of how search and reunion works; an introduction to what the research has to say about the clinical implications; and practical strategies for supporting their clients. The presenter will also share community supports and resources for clients.

5:00–6:00 p.m.

55 Intellectual Disability and Mental Health: A Different Kind of Dual Diagnosis

CE clock hour

Allisha Berendts, LPCC: Child Behavior Support Specialist, The Ohio State University

Research shows that 40 percent of people who have a diagnosis of intellectual disability also meet criteria for additional mental health disorders. At times, it may be difficult to differentiate intellectual disability symptoms with other symptomology and to address the unique issues around appropriate assessment and diagnosis. From this presentation, attendees will leave with a solid knowledge base of intellectual disability, best practices to assess and diagnose these clients, and effective therapeutic interventions for this population.

5:00–6:00 p.m.

56 Using "Warrior Codes", the Compassionate Warrior Mindset, and Pop Culture in Sessions to Foster Rapport and Success

CE clock hour

Emily Ribnik, LPCC-S: Clinical Counselor and ALICE Instructor, Kent State University at Stark

What do eagle feathers, Russell Crowe's

FRIDAY, NOVEMBER 6, 2015

cognitive development, perceived severity of trauma, and duration of trauma. Cultural diversity issues and disparities with respect to PTG will also be examined. Pertinent information will be highlighted regarding evidenced-based practice, including effective treatment modalities and techniques that facilitate PTG in youth. The audience will be encouraged to participate in a posttraumatic growth questionnaire/inventory and engage in a subsequent discussion based on the results.

8:30–9:30 a.m.

69 Evidence-Based Treatment for Work with Human Sex Trafficking Clients

CE clock hour

Stacey Diane A Litam, MA, LPC-CR: Mental Health Counselor, Moore Counseling & Mediation Services, Inc.; Doctoral Student, Kent State University
Martina Moore, PC, LICSC-CS, CEAP, SAP: President and CEO, Moore Counseling & Mediation Services, Inc.

Modern day slavery exists on state, national, and global levels. Today, human sex trafficking occurs at a rate that is 10 times greater than the trans-Atlantic slave trade in 19th century. This enlightening presentation provides valuable information regarding the history, definition, and prevalence of human sex trafficking within Ohio and the United States. Attendees will learn evidence-based and trauma-informed practices through active discussion of a case study on a trafficked client.

8:30–9:30 a.m.

70 Career Pathways: The Answer to “Why?”

Carolyn George: Career Connections Administrator, Ohio Department of Education
Tisha McGlaughlin: Career Connections Consultant, Ohio Department of Education

Now more than ever, students need to see a connection between what they are learning in the classroom and their future careers. This session will explore resources available to support your school with the implementation of Career Connections and OhioMeansJobs K-12 beginning in the 2015-16 school year. Take helpful tools back to your district to offer a comprehensive advising experience for all students.

8:30–9:30 a.m.

71 Creating an Ethical Environment in a School Setting

Susan Norris Huss, LPSC: Associate Professor, Bowling Green State University

Tired of having faculty, parents, and administrators asking you for information that you cannot share? This workshop will provide ways to create an ethical environment in K-12 schools and ensure that stakeholders understand the school counselor’s role related to ethical issues, particularly confidentiality. Participants will have time to share their successes in this area.

8:30–9:30 a.m.

72 PAWS-itively Engaging Counseling Activities

Jackie Boyd, LPSC: School Counselor, Bryan City Schools
Suzanne Reinhart, LPSC: School Counselor, Tiffin City Schools
Jenny Barlos: Director of Client Services, The Ability Center
Christie Jenkins, LPCC-S: Core Faculty, Walden University
Amber Lange, PhD, Owner, Mental Health Counselor, Addictions Specialist, Behavioral Health Company

Join us for a tail-wagging look at dog-themed counseling activities to enhance your school counseling program. Lessons will be presented for use with a therapy dog or puppets, and lesson plans will follow the ASCA format. The presenters will share counseling techniques and activities and lesson plans, and offer a brief look at supporting research and ways to acquire a therapy dog. Attendees will have the opportunity to share their experiences with animal assisted therapy and interact with school therapy dogs, Kennedy and Ike.

8:30–9:30 a.m.

73 The Five Habits of Effective Supervision

Nikeisha Brooks, LPSC: School Counselor, Mason City Schools; Doctoral Student, Christa Wilson, LPSC

Today’s school counselors provide multiple services in a complex system. For this reason, school counseling specific supervision is crucial for counselors in training. The presenters will share five valuable habits for developing a successful supervisory

experience. Participants will dialogue with the presenters and leave with practical strategies to implement in their supervisory relationship. If a school counseling internship is on the horizon, this is the session for you.

8:30–9:30 a.m.

74 School Counselors Connect: Elementary School

Marcy McKendry, LPSC: Elementary Representative, OSCA Board; School Counselor, Northwest Local Schools

No one understands the daily life of a school counselor quite like another school counselor! When we get together it can be easy to get caught up in the mindset of being overworked, underpaid, and trapped in a “venting” cycle. Instead of spending our professional networking time commiserating or complaining about the challenges we face, what would happen if we collaborated to “invent” solutions? Come prepared with your positive, solutions-focused attitude and bring an idea, website, app, book, or other item to share with your colleagues. You’ll also learn easy ways to stay connected with other school counselors in Ohio when you’re not gathered together at conference.

8:30–9:30 a.m.

75 Addressing Mental Health Needs in Schools

Rochelle Dunn, PhD, LPSC, LPCC-S: Senior Lecturer, The Ohio State University

Mental health diagnoses are exponentially rising in child and adolescent populations, yet school systems are largely unprepared to cope with the disruption that these diagnoses can present. This presentation will review the current prevalence of mental health diagnoses and will present practical, research-based interventions for these disorders. The goal of this presentation is to provide information so that school counselors are adequately equipped to be leaders in this area, and to show that these very real barriers to achievement can be managed.

8:30–9:30 a.m. OCA Hot Topic:

Becoming Involved in the Ohio Counseling Association

The Ohio Counseling Association (OCA) has a number of opportunities for volunteer leaders. Come meet with OCA leaders and members to talk about how you can become involved in one of our 11 active committees. Interested members will talk with you to determine how your skills and expertise might be best utilized to advance OCA's mission.

8:30–9:30 a.m. OSCA Hot Topic:

Becoming Involved in the Ohio School Counselor Association

The Ohio School Counselor Association (OSCA) has a number of opportunities for volunteer leaders. Come meet with OSCA leaders and members to talk about how you can become involved as an emerging leader or on one of our five active committees. Interested members will talk with you to determine how your skills and expertise might be best utilized to advance the school counseling profession in the state of Ohio.

10:00–11:00 a.m.

Brief Interventions for Serious Mental Health Diagnoses Using Contemporary Psychoanalytic Practices

CE clock hour

Adrienne L. Johnson, LPCC: Assistant Professor, Wright State University: Clinical Mental Health Counselor, Positive Solutions Counseling Center
Huma A. Bashir, EdD, LPCC-S: Assistant Professor, Wright State University

Psychoanalytic theory is based on the concept that individuals are unaware of the many factors that cause their maladaptive behaviors and discomfiting emotions. Current psychodynamic approaches emphasize time limit, specific therapeutic focus, and a directive and active counselor role. These approaches include psychodynamic interpersonal therapy,

object relations theory, and interpersonal psychotherapy, which are psychoanalytic in foundation but psychodynamic in practice. All of these advanced approaches echo the original psychoanalytic theme of unconscious thoughts, instinctual drives, and psychological defenses formed early in life. However, each approach features uniquely identifying techniques which distinguish each in general approach and short-term problem resolution. The presenter will discuss each approach and provide examples of use, and will demonstrate an evidence-based five-step model to a case study to elucidate the efficacy of psychodynamic interventions with diverse severe mental illness (SMI) clients in brief settings.

10:00–11:00 a.m.

"I'm Hearing You Say...": Motivational Interviewing with Resistant Youth and Adolescents

CE clock hour

Jim Hyland, LPC: Children's and Family Counselor, The Village Network
Andrea Longo, LPC: Therapist, The Village Network

Youth and adolescents present a unique challenge in the utilization and application of Motivational Interviewing (MI) in a clinical practice. Through clinical texts and peer-reviewed research, the presenter will assist attendees in learning MI strategies and interventions to specifically target and overcome resistance in youth and adolescents. Attendees will be given the opportunity to learn and practice intermediate and advanced techniques for use with clients.

10:00–11:00 a.m.

When Addiction Isn't Your Specialty: Providing Supervision to Trainees Treating Substance Using Clients

CE clock hour

Supervision CE clock hour

Amanda Rovnak, PhD, LICDC-CS, LPCC-S: Core Faculty, CMHC Program, Walden University
Marisa White, PhD, LPC, NCC, PC: Assistant Professor, Argosy University, Nashville

Despite the prevalence of addiction, many supervisors have little experience working with addiction and feel unprepared to

supervise clinicians working with substance-using clients. The basics of substance use assessment and treatment will be provided including scope of practice, diagnosis, levels of care, and ethical referral. Attendees will receive handouts, supplemental materials, and resources to take from the session and implement in practice. Attendees will be asked to provide questions and personal success stories as part of the discussion to inform the learning process.

10:00–11:00 a.m.

Supervision to Foster Social Justice Identity Development

CE clock hour

Supervision CE clock hour

Colette T. Dollard, LPC: Associate Professor, Counselor Education, Ohio State University
Adam Clevenger, LPCC: Doctoral Student, Ohio State University
Sabri Dogan, School Counseling: Doctoral Student, Ohio State University
Kaden Edwards, School Counseling: Doctoral Student, Ohio State University

Supervisors and supervisees often focus on counseling interventions as the purpose of supervision, yet in reality, supervision is designed to fully acculturate new professionals into the full spectrum of professional activities. Social justice advocacy is a vital part of counseling in schools and clinical settings, and it must become a part of the supervision process. In this session, participants will be exposed to a research-based process model of social justice identity development, which will then be contextualized in a model of supervision. Participants will then explore how this model might fit into their current supervision skill set.



10:00–11:00 a.m.

80 Evaluation and Remediation of Supervisees: An Ethical Mandate

CE clock hour

Supervision CE clock hour

Carrie VanMeter, LPC, LPSC: Assistant Professor, Walsh University

Azra Karajic Siwlec, LPC: Associate Professor, Walsh University

Tiffany Peets, LPCC-S: Assistant Professor, Walsh University

Ruthann Anderson, LPCC-S: Associate Professor, Walsh University

Providing regular evaluative feedback and appropriate remediation enhances the supervisory relationship and is an ethical responsibility of supervisors. This session will explore a developmental assessment process, a variety of ways to provide evaluative feedback, and possible methods to enhance remediation efforts. Attendees will leave with practical strategies to provide regular evaluative feedback and remediation to their supervisees.

10:00–11:00 a.m.

81 Competently Practicing with Transgender Clients

CE clock hour

Logan Lamprecht, LPCC: Assistant Professor, Cleveland State University

Lauren Davis: Student Advisor, Honor's College, Cleveland State University

Imagine yourself working with a client who explains to you his decision to live as his preferred gender identity full-time and needs your help with the transition process, including hormone treatment therapy and navigating the effects of transphobia. This workshop will provide content knowledge to participants with a focus on a variety of factors that promote competent professional practice with client/patient populations who identify in the transgender community. Workshop participants will have opportunities to engage in critical reflections about gender identity and expression, common concerns and needs within the transgender community, and the sociocultural impact of transphobic attitudes and behaviors on client populations who are transgender. Participants will gain practical skills for applying standards of competent practice and will have increased confidence in navigating many of the complex realities

that the transgender population experiences, including access to quality medical and mental health services.

10:00–11:00 a.m.

82 How to Create Your Own Middle-to-High School Transition Program

Karen Klem, LPSC: School Counselor, Niles City School District

Vicki Raptis, LPSC: School Counselor, Niles City School District

Students' experiences in their first year of high school often determine their success throughout high school and beyond. According to research, middle to high school transition programs assist in preparing incoming freshmen to successfully navigate the new academic and social demands of high school. Participants in this session will leave with practical, easy to duplicate ideas to create their own middle to high school transition program. They will receive practical handouts and hear shared experiences from school counselors who have led a transition program for the past two years. Elementary school counselors could easily adapt these ideas into an elementary to middle school transition program.

10:00–11:00 a.m.

83 ArtBreak Creative Group Counseling for Children: Framework, Practice Points, and Research Update

Katherine Ziff, LPSC, LPC: Assistant Professor, Wake Forest University

This session gives you the “why’s” and “how-to’s” of ArtBreak, an integrative choice-based art studio approach to stress reduction and social and emotional development for children. Developed and tested in schools, the program also has application to clinical practice. Attendees will learn its theoretical frameworks and how these play out in practice; review the results of our latest action research; and leave with an understanding of key program elements and practice points via lecture, examples, handouts, and discussion.

10:00–11:00 a.m.

84 The Impact of Bullying/Relational Aggression on African American and Latina Girls

Betty J. Maceo, LPSC: Adjunct Professor, Heidelberg University; Educational Consultant, TBM Consultant

Relational aggression and bullying affect all girls. However, African American and Latina girls experience bullying in additional ways because there are more variables, mostly derived by stereotypes, which can be used to launch hurtful attacks. Many of these attacks come from persons within their own cultural background in the form of intra-racial bullying. This session will explore those variables, and help counselors understand intra-racial bullying as well as assist all girls, but particularly African American and Latina girls, with the formation of a positive self-image and healthy relationships.

10:00–11:00 a.m.

85 What Counselors Need to Know About the College Board's Redesigned Assessments

Larry Brown, M.A, Consultant, College Board

The College Board's redesigned college readiness assessments debuted this fall. Join us to learn critical information regarding the redesigned SAT Suite of Assessments and the College Board Readiness and Success System. In this interactive session, participants will gain valuable updates about the PSAT 8/9, PSAT 10, PSAT/NMSQT, and SAT assessments. Participants will explore comprehensive tools and resources to prepare for and administer the new assessments, understand scoring, effectively advise students and families, and communicate with colleagues about the changes to the exams.



10:00–11:00 a.m.

86 Yoga and Mindfulness Tools to Improve Student Success and School Climate

Diana Arie, LPSC: School Counselor, Olentangy Local Schools

With so many stressors in today's world, it is crucial for students to learn how to calm themselves and self-regulate. This session will allow participants to learn about the benefits of introducing students to yoga and mindfulness tools. Participants will have opportunities to practice a variety of techniques that can be implemented with students, and everyone will leave with a list of resources that can be used with students.

10:00–11:00 a.m.

87 Effective Assessment Planning: A Template for School Counselors

Kevin Feisthame, Ph.D., LPCC-S: Director of Counseling, Health and Disability Services, Hiram College
Christopher Faiver, Ph.D., LPCC-S: Professor Emeritus, John Carroll University

Research has shown that it is essential to prepare school counselors with the understanding and competences to provide students with appropriate and ideal mental health care within the context of the school setting. This presentation will provide school counselors with a template to follow in order to accurately plan, assess, and refer students during the clinical decision making process. Effective assessment techniques and several case examples for utilizing and completing a school counselor assessment form will be shared, as well as a sample plan of action.

10:00–11:00 a.m.

88 School Counselors Connect: High School

Tammy Hanby, LPSC: High School Representative, OSCA Board; School Counselor, Westerville City Schools

No one understands the daily life of a school counselor quite like another school counselor! When we get together it can be easy to get caught up in the mindset of being overworked, underpaid, and trapped in a "venting" cycle. Instead of spending our professional networking time commiserating or complaining about the challenges we face,

what would happen if we collaborated to "invent" solutions? Come prepared with your positive, solutions-focused attitude and bring an idea, website, app, book, or other item to share with your colleagues. You'll also learn easy ways to stay connected with other school counselors in Ohio when you're not gathered together at conference.

**10:00–11:00 a.m.
OCA Hot Topic:**

CACREP 2016 Standards: Implications for Doctoral Students

Much has happened over the past 7 years relative to the growing importance of Counselor Education programs adopting CACREP Accreditation. Doctoral students who are matriculating into the Academy as Counselor Educators will be expected to know the importance of national accreditation. This Hot Topics discussion will address how doctoral students can enhance their marketability by learning the critical issues tied to the new 2016 Standards. Doctoral students, and recent graduates are encouraged to attend.

11:30 a.m.–12:30 p.m.

89 Beyond Words: Expressive Therapeutics and Their Essential Role in Trauma-Informed Counseling

CE clock hour

Dohee Kim-Appel, LPCC, LIMFT-S, LICDC, ATR: Associate Professor, Ursuline College
Jonathan Appel, LPCC-S, LIMFT, LICDC-S: Professor, Tiffin University
Sarah Roman: Student, Ursuline College

Effective therapeutic work with trauma often requires training in non-verbal methods as well as verbal counseling methods. Expressive interventions, including art and music, may provide an essential role in the developmental of a more effective and integrative trauma-informed counseling approach. The presentation will highlight the research literature that supports this approach and offer practical suggestions to clinicians working with trauma.

11:30 a.m.–12:30 p.m.

90 Ethical Documentation: Increasing Quality of Care while Decreasing Liability

CE clock hour

Ethics CE clock hour

Gene Wright, LPCC-S: Director, Spring Arbor University
Bill Emahiser, LPCC-S: Counselor, Perrysburg Counseling

Is your documentation meeting the legal and ethical requirements necessary to meet relevant standards and avoid litigation and licensure sanctions? Do you know what HIPAA says about psychotherapy notes? If you are not sure what the ACA Code of Ethics and the law says about proper documentation, this session is for you! Attendees will learn what to do and what not to do to comply with ethical and legal standards.

11:30 a.m.–12:30 p.m.

91 The Ethical Implications of Shame in Clinical Practice and Supervision

CE clock hour

Ethics CE clock hour

Paula J. Britton, LPCC-S: Professor, John Carroll University
Victoria Giegerich, LPC: Graduate Assistant, Kent State University
Stacey Diane A Litam, MA, LPC-CR: Mental Health Counselor, Moore Counseling & Mediation Services, Inc.; Doctoral Student, Kent State University

This presentation will help counselors identify shame narratives in both their clients and in their supervisees, and explore how these narratives impact the therapeutic relationship and ethical practice. Shame in counselors may surface when counselors are triggered by personal shame memories or when they experience perceived treatment failures. The session will focus on the importance of recognizing and addressing one's own secondary reactions to shame within the therapeutic relationship to prevent ethical violations. Implications for supervision will be addressed.

12:45–1:45 p.m.
LUNCH & LEARN
(TICKETED EVENT \$30;
INCLUDES BOX LUNCH)

102 The Seven Habits of a Reasonably Helpful Counselor

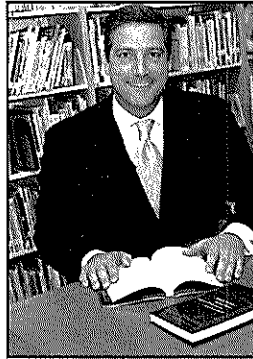
CE clock hour

John Barletta, PhD, MAPS, MCCP: Counselor and Clinical Psychologist, Private Practice, Brisbane, Australia

Counselors have varied life experiences, come from diverse training centers, and utilize different modalities. Every day they bring these factors to their clinical work, often without full conscious thought. This presentation will explore seven habits all helpful to counselors: Personhood of the Counselor; Professional Behavior & Relationship; Approach of the Counselor; Avoiding Idolatry; Patient Factors; Context & Collaboration; Self-preservation. Come hear an Australian counselor's personal journey and reflections about how helping others has influenced him. This engaging and entertaining session will prompt participants to reflect on their own practice, encouraging growth and development.

103

2:00–3:30 p.m.
KEYNOTE ADDRESS



Thinking Outside the Box: Promoting Innovative Solutions in the Prevention and Treatment of Mental Illness

CE clock hour

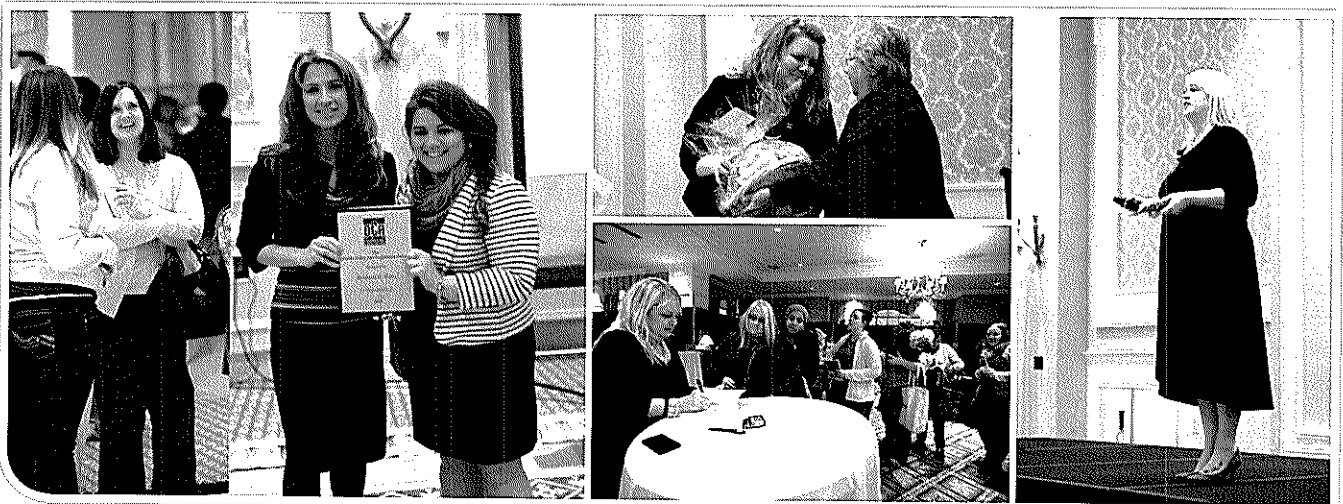
United States Congressman Tim Ryan

As chairman of the Military Mental Health Caucus, Congressman Tim Ryan sees firsthand the immense importance of addressing mental health in our nation. In the United States, one in five adults experiences mental illness in any given year—which equates to nearly 44 million people. Every 13 minutes a person dies by suicide, and 22 veterans take their own lives each day. This is an issue of epidemic proportions and we must do better for our families, our neighbors, and ourselves. This affects us all.

Because of technology, we often think we

are more connected than ever, but we are interacting with phones and computers—not one another. This new reality means we need to reevaluate how we teach our kids. It is not enough that our students succeed in reading, writing, and math. They must learn the social and emotional skills that will not only help them achieve academically, but will also improve their overall well-being and ability to maintain positive relationships.

Congressman Ryan believes one of his greatest responsibilities as a member of Congress is to ensure our veterans and active duty armed forces are getting the medical care and mental health services they deserve. He introduced and supported legislation that will dramatically improve the quality of care that our wounded warriors receive and that will propel the Veterans Administration and the Department of Defense toward innovative health care solutions for the complex challenges veterans face. Congressman Ryan believes that complementary and alternative approaches can help preemptively address needs and ultimately create less expensive treatments for long-term veteran health care. We need to expand the scope of holistic care education and research for signature wounds, such as Posttraumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI); establish complementary and alternative medicine pilot programs for mental health and pain management treatment for veterans; and establish common sense wellness programs to prevent health problems.





Ohio School Counselor Association

Membership Form

MAIL THIS PAGE TO THE ADDRESS BELOW

Name _____

E-mail _____

Home Address _____ County of Residence _____

City _____ State _____ Zip _____ Day Phone (____) _____

Place of Employment _____ School County _____ Evening Phone (____) _____

PLEASE INDICATE

RENEWAL NEW MEMBER

NOTE: OSCA membership will be valid for one year from date of membership activation.

OSCA does not comply with requests to share their membership list.

CHECK TYPE OF MEMBERSHIP:

- | | | | |
|--|------|--|-------|
| <input type="checkbox"/> PROFESSIONAL | \$50 | <input type="checkbox"/> STUDENT (SEE BELOW) | \$20 |
| <input type="checkbox"/> Elementary School | | <input type="checkbox"/> RETIRED | \$20 |
| <input type="checkbox"/> Middle School | | <input type="checkbox"/> OCA PROFESSIONAL | \$90 |
| <input type="checkbox"/> High School | | <input type="checkbox"/> ASCA PROFESSIONAL | \$115 |
| <input type="checkbox"/> Multilevel School | | | |
| <input type="checkbox"/> College Counselor | | STUDENT MEMBERS ONLY: | |
| <input type="checkbox"/> Vocational School Counselor | | University Name _____ | |
| <input type="checkbox"/> Educator | | University Advisor E-mail _____ | |
| <input type="checkbox"/> Community | | Expected Date of Graduation _____ | |
| <input type="checkbox"/> N/A | | | |

Make checks payable to OSCA and mail to:

Alison Hooper, Administrative Assistant

P.O. Box 1445, Dublin, OH 43017

(866) 230 1042 osca@ohioschoolcounselor.org

www.ohioschoolcounselor.org

Ohio Counseling Association

MEMBERSHIP FORM

Last Name: _____ First Name: _____

Mailing Address: _____

Cell/ Home Phone: _____ Work Phone: _____

Current Position: _____ Employer / School: _____

Email Address: _____

Professional License Type: LPC LPCC SCHOOL COUNSELOR

Chapter membership is awarded to OCA members at no additional charge. You must join OCA in order to join any chapter or OACES, OASERVIC, ALGBTICO.

OCA Membership Type:

- Professional \$90.00 Life Membership \$900.00
- Associate \$90.00 (holds no counseling credential)
- Student \$25.00
- Retired \$40.00

Chapters (select one):

- COCA - Central Ohio Counseling Assn.
- EOCA - Eastern Ohio Counseling Assn.
- GCCA - Greater Cincinnati Counseling Assn.
- MVCA - Miami Valley Counseling Assn.
- NCOCA - North Central Ohio Counseling Assn.
- NWOCA - Northwest Ohio Counseling Assn.
- SEOCA - Southeast Ohio Counseling Assn.

Role(s) in Which You Are Interested in Serving:

- Public Relations Professional Development
- Membership Government Relations
- Newsletter OCA Officer
- Awards Chapter/Division Officer
- Finance Ethics

Other: _____

Divisions		
OACES (Ohio Association for Counselor Education & Supervision)	<input type="checkbox"/> Professional <input type="checkbox"/> Student/Retired	\$20.00 \$10.00
OAMCD (Ohio Association for Multicultural Counseling & Development)	<input type="checkbox"/> Professional <input type="checkbox"/> Student	\$15.00 \$7.50
OMHCA (Ohio Mental Health Counselors Association)	<input type="checkbox"/> Professional <input type="checkbox"/> Student	\$25.00 \$12.50
OCDA (Ohio Career Development Association)	<input type="checkbox"/> Professional <input type="checkbox"/> Student/Retired	\$25.00 \$15.00
OASGW (Ohio Association for Specialists in Group Work)	<input type="checkbox"/> Professional <input type="checkbox"/> Student/Retired	\$15.00 \$7.50
OSCA (Ohio School Counselor Association)	<input type="checkbox"/> Professional <input type="checkbox"/> Student/Retired	\$50.00 \$20.00
OASERVIC (Ohio Association for Spiritual, Ethical & Religious Values in Counseling ¹¹)	<input type="checkbox"/> Professional <input type="checkbox"/> Student	\$10.00 \$5.00
ALGBTICO (Assn. for Lesbian, Gay, Bisexual & Transgender Issues in Counseling of Ohio)	<input type="checkbox"/> Professional <input type="checkbox"/> Student/Retired	\$10.00 \$5.00

Make check payable to: OCA
 Ohio Counseling Association
 PO Box 14174
 Poland, Ohio 44514

Email: ocaexdir@outlook.com

Website: www.ohiocounseling.org

TOTAL ENCLOSED \$ _____
 (Add OCA Membership Type + Division Dues)

MEMBERSHIP IS VALID FOR ONE YEAR FROM THE DATE OF PROCESSING BY OCA OFFICE.

Registration Information

To register for the conference, visit www.allohiocc.org and select "Registration" under the Attend menu option.

Deadline for advance registration: **October 30, 2015**

Registration payment is accepted in the following ways:

- Credit Card (Visa, Mastercard, and American Express)
- PayPal
- Personal Check

The AOCC tax id number is 37-1720032. Download a W-9 at www.allohiocc.org

Upon completing your online registration, you will receive an invoice by e-mail. Print this invoice and submit it for purchase order payment or mail it with your personal check. Payment must be received in advance of on-site registration or conference access will be denied.

Cancellation is accepted until October 30, 2015, with a \$50 cancellation fee; cancellations after October 30, 2015, are nonrefundable. Registration may not be transferred.

2015 AOCC Registration Rates

Pre-Conference Rates	Member Rate	Nonmember Rate	
All Day Pre-Conference Sessions 10:00 a.m. - 5:30 p.m. (includes box lunch)	\$125	\$175	
Evening Pre-Conference Sessions 6:30 p.m. - 9:45 p.m.	No fee to attend but registration is required		
Conference Rates	Member Rate	Nonmember Rate	Student & Retired Rate
Full Conference Registration (both days)	\$150	\$225	\$100
Thursday Only	\$110	\$175	\$60
Friday Only	\$110	\$175	\$60

Hotel Information

To secure accommodations, visit www.allohiocc.org and select "Hotel Accommodations" under the Attend Menu option, or make your reservation by phone as outlined below.

The AOCC tax id number is 37-1720032. Download a W-9 at www.allohiocc.org.

	Rate Per Night	Phone Number	Group Code	Cut-Off Date to Make Reservations
Hilton Columbus at Easton	\$154	614-414-5000 (extension 6113)	OHC	October 12, 2015
Courtyard by Marriott (located within walking distance of the Hilton)	\$219	614-416-8000	Phone: AOHC Web: AOHAOHB	October 12, 2015
Residence Inn (located within walking distance of the Hilton)	\$179	614-414-1000	Phone: AOC Web: AOCAOCB	October 12, 2015
Holiday Inn	\$155 King \$145 2 Queens	614-476-1100	AOC	October 21, 2015



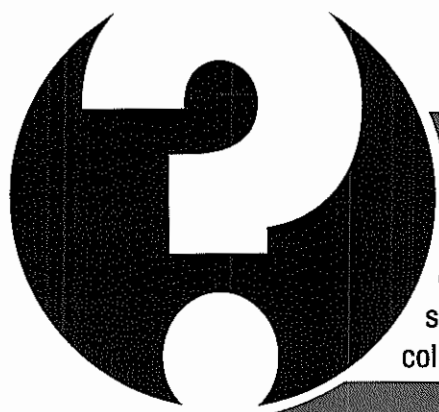
All Ohio Counselors Conference
P.O. Box 66
Archbold, OH 43502

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 71 Emerald Ave
 Streetsboro OH 44241-4118




Who Should Attend AOCC?

The All Ohio Counselors Conference is the leading professional development conference in the state of Ohio for licensed counselors, counseling students, supervisors, and counselor educators who work in a clinical/community, school, college, addiction, private practice, or other related setting.

WHAT'S INSIDE?

	Page(s) #
Conference Overview and Schedule	3
Session Schedule	5-10
All Day Pre-Conference Workshops	11-13
Evening Pre-Conference Workshops	14
Thursday Sessions	15-24
Friday Sessions	25-32
OSCA Membership Form	33
OCA Membership Form	34
Registration and Hotel Information	35

WEDNESDAY
<p>Daytime Pre-Conferences 10:00 a.m. – 5:30 p.m.</p> <p>PC1 Juniper A 6 CE clock hours Regaining Control: Helping Clients with Sex, Internet,...</p> <p>PC2 Juniper B 6 CE clock hours (NBCC/LPC/LPCC only); 6 Ethics CE clock hours 2014 ACA Code of Ethics - A Review of the Critical...</p> <p>PC3 Regent 1 6 CE clock hours Counseling the Traumatized Child: Practical Strategies...</p> <p>PC4 Regent 2 The Digital & Data Savvy School Counselor</p> <p>PC5 Juniper C Strategies For Saving Your Sanity</p> <p>OCA Leadership Academy Lilac Room</p>
<p>Evening Pre-Conference 6:00 – 9:45 p.m.</p> <p>PC6 Regent 1 CE clock hours (2); Ethics CE clock hour (1) Counselors & the Law Legislative Advocacy and Ethics</p> <p>Community Event: 7:00 – 8:45 p.m.</p> <p>Regent 2 Helping Kids Stay Out of High-Tech Trouble</p> <p>6:00 – 8:00 p.m. Lilac Room Ohio Association for Counselor Education and Supervision (OACES) Business Meeting</p>

THURSDAY	8:30-9:30 a.m.	10:00-11:00 a.m.	11:30 a.m.-12:30 p.m.
Regent 1	7 OSCA and You: Updates from the OSCA	13 – CE clock hour Supporting Gender Transition in Childre...	 <p>General Session & Keynote Address</p> <p>Wendy Minné The Key to Effective Counseling...Relationships! Easton Ballroom; CE clock hour</p> <p>Wendy Minné will share her personal journey with Bipolar Disorder and how the power of relationships and a strong support network of family, friends, and a licensed counselor drastically improved her mental health. She will share how clinical mental health counselors and school counselors matter in the healing process to help their clients and families to grow, develop, learn and move forward. Wendy will share examples from her unique perspective as a client, parent and an educator on how to be a better counselor and to build relationships that make a difference.</p> <p>Wendy Minné is an elementary school principal and former middle level and elementary school teacher. She holds a master's degree in preK-12 administration and is a certified speaker with the Upside Down Organization based in Baltimore, MD, which focuses on brain-based learning or TranzEd). Minné has presented at the National Middle School Conference and has been a speaker for Public School Educators and parents in the area of Literacy. Her speaking engagements focus on the importance of connecting school and home with the understanding of how the childhood brain develops.</p>
Regent 2	1 – CE clock hour Creative Interventions for Addressing Nonsuicidal...	19 Practical Ideas for Elementary Counselors to...	
Regent 3		16 Incorporating Best Practices into Your College Planning...	
Easton A	9 Childhood and Adolescent Trauma: Etiology and...	14 – CE clock hour (Ethics) Legal and Ethical Issues	
Easton B	8 Never Too Young to Be a Leader: Students...	-----	
Easton C	10 Quiet the Mind, Open to Learning: Implementing Mindfulness, Yoga, and Stress Reduction Strategies...	17 Restocking Your Crisis Prevention and Intervention Toolkit	
Easton D			
Easton E			
Juniper A	6 – CE clock hour Creative Supervision: Fostering a Counselor...	12 An Introduction to the 2016 CACREP Standards	
Juniper B	5-CE clock hour (Supervision) Making Room for Leadership & Advocacy...	18 Supervision Strategies for School Counseling Students...	
Juniper C	4 – CE clock hour Queer Aging: Providing Treatment to Gay...	OSCA Hot Topic: How to Write and Submit an OSCA Grant or Award	
Lilac	3 – CE clock hour (Ethics) If It's Part of a Client's Culture, Does That....	11 – TIME CHANGE Using the Principles of Social and Emotional Learning (SEL) to Create...	
Magnolia	2 – CE clock hour Understanding Online Gaming Addiction...	15 – CE clock hour (Supervision) Top 10 Ways to Facilitate...	
New Albany Ballroom	-----	-----	
Columbus Ballroom	OCA Hot Topic: Becoming Involved in OCA	ALGBTICO Open Meeting	

12:35-1:35 p.m.	2:00-3:00 p.m.	3:30-4:30 p.m.	5:00-6:00 p.m.	
21 – CE clock hour Lunch & Learn (ticketed) Practical Reality Therapy: Ever Present, Ever Relevant. .	25 – CE clock hour Best Practices in the Assessment & Diagnosis...	50 Ohio Standards for School Counselors	59 A Death in Your School Community: What to Do...	Awards Reception 6:00-7:00 p.m. Easton B Join your colleagues to celebrate the 2015 OSCA and OCA Award Honorees
22 Lunch & Learn (ticketed) Solution-Focused Parent-Teacher Conferences	27 – CE clock hour The Use of Art Expression in Counseling	46 Going "Behind the Glass" to Analyze Student...	62 Beyond Random Acts of Guidance: How to Advocate...	
OCA Executive Council Board Meeting	31 Snifting from "What's Wrong?" to "What's Possible!"	45 Transitcining Freshmen to High School: Frosh Fest..	60 SPARKLE IV! 12 Standards-Based K-5 Guidance Lessons..	
LUNCH BREAK: 12:30-2:00 p.m.	32 Mean Girls & Cyberbullies: Changing the Culture...	49 Lessons to Teach Empathy and Resiliency	53 – CE clock hour (Ethics) Ethics and Self-Care for Professional Counselors	
	26 – CE clock hour Current Treatment Strategies for the Millennial...	44 – CE clock hour Technology and Treatment with Children: There's an...	-----	
	35 Character Day: Authentic Strategies to Connect...	42 – CE clock hour Mental Health Counselors in School: Who We Are...	51 – CE clock hour A Counselors Guide to Objective, Measurable,...	Doctoral Program Showcase 6:00 - 7:00 p.m. Easton Foyer
	28 – CE clock hour Enhancing the Therapeutic Relationship with the Myers...	48 What's the Role of Self-Concept in School Climate...	58 School Counselors Connect: Middle School	Graduate Student Reception 7:00 - 8:00 p.m. Easton Sports Club
	29 – CE clock hour "Get Your Surf Board!" Creative Modifications for...	43 – CE clock hour Using Gestalt Therapy Approaches to Deepen...	55 – CE clock hour Intellectual Disability and Mental Health: A Different...	
	36 Landing a School Counseling Job and the First-Year Jitters	41 – CE clock hour From Shame and Silence to Safety and Sobriety...	52 – CE clock hour Using Creative Termination Rituals with Children...	Ohio University Reception 7:00 - 8:00 p.m. Juniper A
	34 Web 2.0 Smackdown	40 – CE clock hour Have You Gone Gray? Making the Case for Gerocounseling	61 The Squiggle Meets the Square ~ Creating and...	   #aocc15 @AllOhioCC @OSCA_tweets @OHcounseling Wi-Fi Network: Hilton-Meetings Password: aocc15
	30– CE clock hour Therapeutic Interventions with Refugees...	47 Never Too Young to Be Socially Just: Exploring...	54 – CE clock hour Understanding the Clinical Implications of Search &...	
	37 School Counselors Connect: Counselor Educators	39 – CE clock hour Promoting Motivational Interviewing Proficiency...	56 – CE clock hour Using "Warrior Codes", the Compassionate Warrior...	
	33 Collaborating to Transition Students with Learning...	38 – CE clock hour Creative Communication Techniques for Couples...	57 Why is WorkKeys® Important to High School Students?	
	OCA Hot Topic: Marriage Equality for Same Sex Couples: Special...	OCA Hot Topic: Publishing in the Journal of Counselor Practice	OSCA Hot Topic: Becoming Involved in OSCA	
	Ohio College Counseling Association (OCCA) Annual Meeting	OSCA Hot Topic: OSCAR Development	Miami Valley Counseling Association Chapter Meeting	

FRIDAY	8:30-9:30 a.m.	10:00-11:00 a.m.	11:30 a.m.-12:30 p.m.	12
Regent 1	65 – CE clock hour Clinical Techniques for Managing Suicidal Clients	86 Yoga and Mindfulness Tools to Improve Student Success and School Climate	90 – CE clock hour (Ethics) Ethical Documentation: Increasing Quality of Care while Decreasing Liability	1 Lur Th R
Regent 2	68 – CE clock hour Posttraumatic Growth: Promoting Resiliency in Youth	87 Effective Assessment Planning: A Template for School Counselors	96 Practical Strategies for Lesson Planning, Delivery, and Curriculum Mapping...	
Regent 3	66 – CE clock hour Saying “Just Eat” Does Not Work: Overcoming Eating Disorders	88 School Counselors Connect: High School	97 Counseling in a Digital School Environment and Its Effect...	
Easton A	70 Career Pathways: The Answer to “Why?”	77 – CE clock hour "I'm Hearing You Say...": Motivational Interviewing with Resistant Youth...	98 Creating a Positive School Climate with PBIS for Successful Outcomes	
Easton B	75 Addressing Mental Health Needs in Schools	82 How to Create Your Own Middle- to-High School Transition Program	101 Ohio Standards for School Counselors	
Easton C	72 PAWS-itively Engaging Counseling Activities	76 – CE clock hour Brief Interventions for Serious Mental Health Diagnoses Using Contemporary...	92 – CE clock hour Navigating Co-Occurring Diagnoses: Diagnosis and Treatment of Autism...	
Easton D	63 – CE clock hour Helping Couples Heal After Infidelity	81 – CE clock hour Competently Practicing with Transgender Clients	89 – CE clock hour Beyond Words: Expressive Therapeutics and Their Essential Role...	
Easton E	74 School Counselors Connect: Elementary School	85 What Counselors Need to Know about the College Board's...	99 Using Differentiated Counseling Approaches to Address the Social...	
Juniper A	64 – CE clock hour (Supervision) Building Supervisory Alliances by Creating Worlds: Utilizing Sand...	78 – CE clock hour (Supervision) When Addiction Isn't Your Specialty: Providing Supervision to Trainees...	95 – CE clock hour The Art of Creating a Goal-Directed Treatment Plan	
Juniper B	69 – CE clock hour Evidence-Based Treatment for Work with Human Sex Trafficking Clients	80 – CE clock hour (Supervision) Evaluation and Remediation of Supervisees: An Ethical Mandate	94 – CE clock hour Experiential Multicultural Competency Training for Counselors: Immersion...	
Juniper C	73 The Five Habits of Effective Supervision	79 – CE clock hour (Supervision) Supervision to Foster Social Justice Identity Development	93 – CE clock hour Serving Those Who Have Served: Interventions for Veterans....	
Lilac	71 Creating an Ethical Environment in a School Setting	83 ArtBreak Creative Group Counseling for Children: Framework, Practice Points...	91 – CE clock hour (Ethics) The Ethical Implications of Shame in Clinical Practice and Supervision	
Magnolia	67 – CE clock hour Disruptive Mood Dysregulation Disorder: Practical Implications...	84 The Impact of Bullying/Relational Aggression on African American...	100 "The Real Me": Addressing the Barriers to College Completion	
New Albany Ballroom	OSCA Hot Topic: Becoming Involved in the Ohio School Counselor Association	OCA Hot Topic: CACREP 2016 Standards: Implications for Doctoral Students	OSCA Hot Topic: College Athlete Eligibility and Recruitment: What Coaches, Athletic Directors, & Parents...	Cent Associ
Columbus Boardroom	OCA Hot Topic: Becoming Involved in the Ohio Counseling Association	North Coast Ohio Counseling Association (NCOCA) Meeting	OCA Hot Topic: Peer Consultation - Developing a Peer Consultation Network	Of Speci (OASG)

12:45-1:45 p.m.

02 – CE clock hour
Workshop & Learn (ticketed)
The Seven Habits of a
Reasonably Helpful
Counselor

2:00-3:30 p.m.



**General
Session &
Keynote
Address**

US Congressman Tim Ryan

**Thinking Outside the Box:
Promoting Innovative Solutions
in the Prevention and
Treatment of Mental Illness**
CE clock hour

As chairman of the Military Mental Health Caucus, Congressman Tim Ryan sees firsthand the immense importance of addressing mental health in our nation. In the United States, one in five adults experiences mental illness in any given year—which equates to nearly 44 million people. Every 13 minutes a person dies by suicide, and 22 veterans take their own lives each day. This is an issue of epidemic proportions and we must do better for our families, our neighbors, and ourselves. This affects us all.

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LUNCH BREAK: 12:30-2:00 p.m.

Central Ohio Counseling
Association (COCA) Meeting

Ohio Association for
Counselors in Group Work
(W) Quarterly Meeting

NOCC
ALL OHIO
COUNSELORS
CONFERENCE

**Schedule At A Glance
November 4-6, 2015**