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# THE JAMBAR

THE STUDENT VOICE OF YOUNGSTOWN STATE UNIVERSITY

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### Weather

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### YSU News

#### Humor Workshop

Consultant and author Dave Schwensen will hold "Humoring your clients", a workshop, on June 28 from 9 a.m. to 4 p.m. at the YSU Metro College in Boardman. Schwensen will demonstrate how to include humor in presentations to increase productivity, sales, and teamwork. The fee is \$140. Call 330-941-2465 to register.

#### YSU Women's Club awards scholarships

Tarina Yaratch and Shannon Svoboda each received a \$1,000 scholarship from the YSU Women's Club. Jennifer McPherson and Lindsey Ann McConahy each received a \$500 scholarship. Micheal Dinh, Stephanie Shields, and Sarah Kluska each received a Martha Kryson Shuster Memorial Scholarship for \$1,000. The scholarships are awarded annually, based on academic performance, need, involvement in community and academic activities and a personal essay.



Please remember to recycle your copy of The Jambar

## YSU

# Disability access leaves room for improvement

Sarah Sole & Jen Brown  
THE JAMBAR

Although some students, faculty and staff have positive things to say about handicapped accessibility on campus, they have different opinions on whether certain parts of campus need increased access.

Until they have to deal with it personally, people are just not aware of the

daily challenges disabled people confront, said Jain Savage, assistant coordinator of disability services.

If some of the university authorities were disabled for a short period of time, Savage said, "I think they would all of a sudden become very enlightened."

"It's all these extra things that students with disabilities have to

do that other students don't," Savage said. "Unless you're sensitive to it, you do not realize how difficult it is."

Savage described areas that need to be improved.



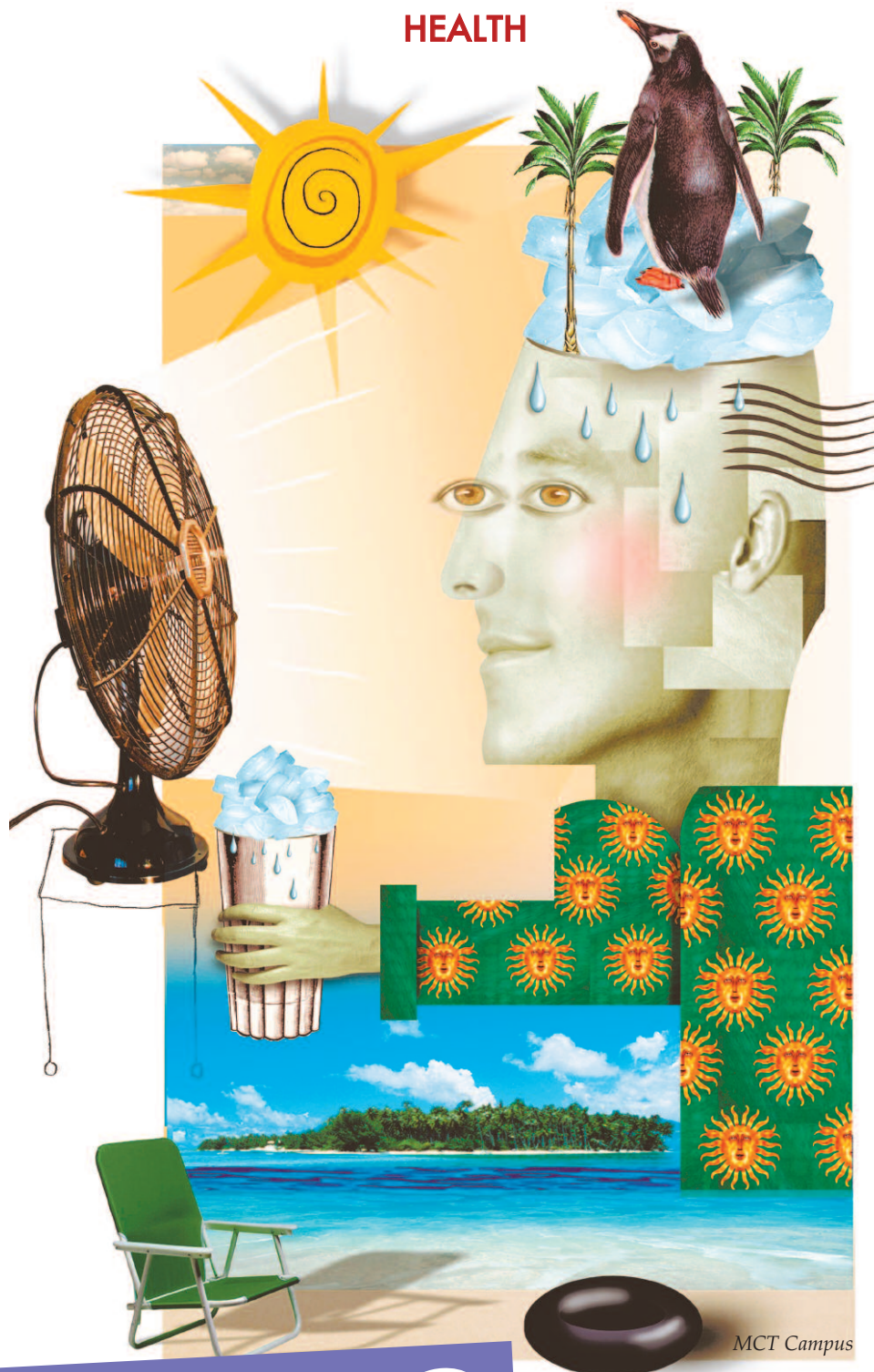
There is a handicapped bathroom in Andrews Recreation and Wellness Center, but there is no automatic door on the bathroom,

Savage said.

The placement of the handicapped doors often makes accessing certain parts of buildings difficult for students. "They'll have a ramp, but they won't have an automatic door," Savage said. For example, in the Northwest corner of Ward Beecher Hall, there is a ramp for handicapped entrance, but there is no automatic door.

please see **DISABLED**, Page 2

## HEALTH



# KEEPING COOL

## Tips on what to eat and drink this summer

Sarah Sole  
NEWS EDITOR

Though the weather can get hot, some students and faculty use food and drink to stay cool during the summer.

Dr. Zara Rowlands, assistant professor of Human Ecology, stressed the importance of keeping hydrated.

Registered dietician/nutritionist Chrystyna Zellers agreed, adding that people should drink more if they sweat from the heat or exercise.

Most adults need about 8 to 10 ounces of fluid per day, Rowlands said.

Drinking water should be a daily routine and preferably a main source of hydration. "You don't want to wait until you're thirsty," Zellers said. Start drinking water in the morning and keep a water bottle with you during the day. Gradually increase the amount of water you drink per day so your body can adjust.

Drinking water also helps maintain your weight. "It really does help you shed body fat," Zellers said.

Carbonated beverages work in a pinch, Rowlands said, but contain a large amount of sugar

and do not quench thirst like water does.

The caffeine in beverages like iced tea acts as a diuretic, Rowlands said, so drinking it can cause fluid loss rather than gain.

Although pure juice is a good source of nutrition and sports drinks are beneficial to people who do more than an hour of physical activity per day, Zellers said, caloric content should be considered. People could dilute sports drinks with water and they should always consider how they fit into their diet.

Rowlands also offered tips on staying hydrated while exercising.

People can weigh themselves before and after physical activity to determine if they are losing liquid, Rowlands said. "If you're losing a couple pounds, you know it's liquid loss."

Rowlands said people still lose liquid when they exhale. The faster one breathes, the more fluid he or she loses.

The types of food people eat can also help them stay cool.

Digesting food also produces heat by burning calories because of the thermic effect of food, Rowlands said. The kind of foods people eat can affect the heat produced by digestion. "You want things that digest faster and easi-

er," Rowlands said.

While stew and chili make you feel warmer, fruits and vegetables such as watermelon, cucumbers and tomatoes are a good choice because they can help keep you hydrated. You should also stay away from fatty foods and embrace lighter foods like green salads or pasta salads.

Eating fruits and vegetables over the summer has another practical application.

Individual nutrition counseling is important though, Zellers said, since general recommendations might not work for individual diets.

Fresh fruits and vegetables do not spoil when left out, while other foods might since bacteria thrives in hot weather, Rowlands said. Additionally, fruits and vegetables are easy to prepare and make handy snacks with lots of vitamins.

Sophomore Adrienne Viano follows similar guidelines, eating watermelon and other fruit during the summer.

"I try to avoid heavy things like ice cream," Viano said, "dairy isn't good in the summer."

Viano said she usually stays pretty hydrated, drinking water

please see **COOL**, Page 2

## HEALTH

# Student research helps FDA keep food safe

Mike Minotti  
JAMBAR CONTRIBUTOR

Besides protecting against bombings and sniper shootings on U.S. soil, the federal government works to prevent less violent threats, like tampering with the food supply.

Students at Youngstown State University are conducting several research projects for the Food and Drug Administration.

One project looks for drug counterfeiting with high-tech powder x-rays that map out the materials inside any crushed compound. When the powder x-ray reveals a different map than expected, the counterfeit is discovered. They have found counterfeit Lipitor from the United Kingdom, Australia, and the United States.

Graduate student Debbie Ann Marie Smith leads another project that examines ricin, a plant toxin found in castor beans that has been used as a chemical weapon in the past. Since the poison has no antidote, the insertion of ricin into food could be deadly.

Blanca Martinez and Enrique Camacho Jr. are two students from Harold Washington in Chicago working on research at YSU. Their hope is to convince the FBI to send more samples for their research.

"It's in the preliminary stages," Martinez said of their research, which extracts ricin from samples of castor beans, identifying the ricin by source.

This information could be used to track potential tampering. "It's interesting, the information the research provides," Camacho said.

More castor beans may mean more work, but Martinez and Camacho are already used to working long hours. They spend up to eight hours a day, Monday through Friday, on the FDA research.

The FDA is also concerned with herbal remedies and dietary supplements, products not directly regulated since they are not classified as food or drugs. The FDA can test samples for safety, however.

please see **FDA**, Page 2

## STUDENT LOANS

# Loan scam sparks reform

Grimilda Ocasio  
JAMBAR CONTRIBUTOR

As the \$85 billion student loan scandal continues to unfurl, the U.S. House approved a bill requiring colleges and lenders to adhere to strict codes of conduct. The Private Student Loan Transparency and Improvement Act is a bill introduced by Senator Chris Dodd, chairman of the U.S. Senate Banking Committee, and requires new disclosure and conduct rules on the student loan market.

According to the U.S. Senate Web site, Dodd said, "The ability to pursue a higher education is a fundamental element of the American Dream. We must ensure that Americans have options to be able to pay for college, and I believe that private lending should be one of them."

The most recent data shows that in 2005, 84% of YSU students received financial aid. Many apply for additional loans to cover tuition, which continues to grow faster than inflation, according to U.S. News.

YSU senior, Erianne Raib, a telecommunications major, applied for a loan at the Office of Financial Aid and Scholarships.

"The financial aid officer pretty much explained all the choices we had and then left the room so my mother and I could complete the loan request online,"

please see **LOAN**, Page 2



**DISABLED** continued from page 1

Other buildings also do not have automatic doors on all entrances.

Handicapped students cannot enter Debartolo Hall through the door directly across from M-2 Deck because the door is not automatic. "They expect the student to go up the ramp and go in the front door," Savage said.

Savage said she is hoping changes occur at Fedor Hall, which she described as totally inaccessible. There is a handicapped entrance near the tennis courts, Savage said, but inside the door are stairs.

Students who need an elevator must ring the buzzer to the Rich Autism Center and they must have a key to the elevator, which lets them off on the Youngstown Early College classrooms.

John Hyden, executive director of facilities, admits that not all areas of buildings are handicapped accessible.

"If we have a student complaint, we deal with that accessibility issue," Hyden said. "We endeavor to meet the needs of the students, faculty and staff."

The side entrance to Debartolo does not have automatic doors because it is not Debartolo's main entrance, Hyden said.

Additionally, Hyden said he believes there might be a new ramp scheduled for Ward Beecher.

Hyden said the Fedor elevator's location makes handicapped accessibility difficult, but that building access could be improved only if major renovations were made to the entire building.

According to the online schedule of classes, there will be 11 classes held in Fedor Hall including Journalism Workshop, Edit and Design of Newspapers, Media Writing, News Reporting, and Feature Writing.

Some parts of campus exceed handicapped accessibility requirements, Hyden said. Campus is not required to have auto-

matic door operators on interior doors, but some buildings have them. The university hired Marty Martinick, a consultant who is also disabled, to travel campus in a wheelchair and note which parts of campus needed improvement. Several years ago, the university executed an Americans with Disabilities Act project to update restrooms and ramps.

"We probably are very similar to the other universities," Hyden said, adding that other universities in the region were also built before handicapped regulations became popular. "We're all in the same boat to a large degree."

Hyden said practical issues affect handicapped accessibility much more often than cost, which is rarely an issue.

Hyden said facilities works with handicapped students to meet their individual needs and minimize the inconvenience they face. "If we can do something to make their lives easier and it's reasonable to do so, we certainly do it," he said.

Others at the university also aid those with limited mobility.

Junior Nasser Munof, who works for the student security service, described escorting people around campus in wheelchairs daily.

"The shuttle buses help us out a lot," Munof said.

Cushwa Hall and Debartolo Hall have adequate handicapped accessibility, Munof said, while Ward Beecher Hall only has one automatic door. "Fedor's a bit of a problem," he said.

"Sometimes, handicapped doors aren't fixed," Munof said.

A Jambar study focusing on some central campus buildings also found that accessibility varied between buildings, with some having handicapped entrances in the front of the

**Campus handicapped accessibility**

	Entrance	Restrooms
Debartolo Hall	Automatic door facing campus core.	Ramp and automatic button for first floor restrooms.
Kilcawley Center	Automatic door on first floor facing campus core; automatic door on second floor facing Elm Street.	Automatic door for first floor restrooms near Peaberrys; outside button broken; no automatic door on handicapped stall.
Moser Hall	Automatic door facing campus core.	No handicapped accessible restrooms on first floor.
Ward Beecher Hall	Automatic entrance on planetarium building.	Automatic door for restrooms.
Williamson Hall	Automatic door facing Phelps Street; works leaving building but not entering it; inner automatic door.	No handicapped accessible restrooms on first floor.
Cushwa Hall	Automatic doors on side facing campus core.	No handicapped accessible restrooms on first floor.
Fedor Hall	Automatic door at Wee Care Day Care entrance; not automatic from outside.	No handicapped accessible restrooms on first floor.
Meshel Hall	At bridge, automatic door buttons were ripped off; but doors were open; automatic doors on building entrance.	Automatic doors for first floor restrooms.
Maag Library	Automatic door on side of library facing The Butler Museum of American Art was broken; inner automatic door in working condition.	No handicapped accessible restrooms on second floor.

Jambar/ Mike Minotti

buildings and others only on the sides. First floor handicapped bathrooms were not present in all buildings.

Pat Shively, associate director of Center for Student Progress, experienced traveling on campus in a wheelchair on two separate occasions.

"I experienced an entirely new perspective," Shively said. "I also experienced a wealth of student kindness. People were willing to help."

Shively fractured her ankle in March 2006 and used a wheelchair and crutches. Upon discovering she had a split tendon, Shively received surgery in December 2006 and needed to use a wheelchair until mid-February.

"I was very, very fortunate to have our escort service. I can't say enough," Shively said, adding that the police were also helpful. "Because of them, I only missed two weeks of work. Without them, that wouldn't have been

possible. I'm so fortunate," Shively said.

While sidewalks allowed for easy travel in a wheelchair, Shively's office layout made mobility difficult, so maintenance immediately helped rearrange her office, adjusting her desk to allow better access.

Shively also experienced challenges while in a wheelchair.

"There were doors that I couldn't open," Shively said.

There are no automatic doors in the walkway between Kilcawley Center and The Rec, Shively said. Shively waited in the January weather at the doors until someone opened them rather than go outside of the buildings.

"Access to Fedor is so difficult," Shively said, adding that John Hyden worked to make sure she had access to the building, which she taught in that semester. Parking there is limited, Shively said, so she usually parked at the M-2 Deck, but then faced climbing a hill.

There were also bathrooms that were not handicapped accessible. "I couldn't get into the bathrooms," Shively said.

As a result of her experience, Shively has formed her own opinions about improving handicapped accessibility on campus.

"More of the bathrooms should have handicapped accessible buttons," Shively said.

The university would benefit from having an evaluation of handicapped accessibility, Shively said. The Home Savings and Loan bank in Kilcawley Center lacks an automatic door.

"There are definite barriers," Shively said.

Shively said leaving from her desk to get a coffee normally takes about two minutes. "When I was in a wheelchair it became an adventure. That's what people who do not have mobility have to face everyday," Shively said.

**FDA**, continued from page 1

"One online company was selling an herbal drink that was supposed to work like Viagra," said Daryl Mincey, chemistry chair at YSU. "It should work like Viagra. Upon inspection, little pieces of crushed up Viagra were discovered inside."

Mincey has been a science advisor for the FDA for about three years. He describes the battle against counterfeiters as a cat-and-mouse chase. Once revealed, they often simply move their operation or rename their product.

The wary consumer can take comfort in the fact that counterfeiters sometimes reveal themselves. Toothpaste falsely labeled as Colgate was recently tracked to South Africa after it was discovered to contain a chemical similar to antifreeze. Spelling errors like "Alfca" for "Africa" on the label marked the toothpaste as a counterfeit.

**LOAN**, continued from page 1

Raib said. James Stanger, associate director for technology and support services for the Office of Financial Aid and Scholarships, said students are free to choose lenders outside YSU's preferred process.

"YSU does not recommend a specific lender over another; we provide the tools for the student to do their own research," Stanger said.

Raib said she was not pressured or directed to apply with any particular lender.

One of the tools on the financial aid Web site is a lender comparison calculator designed by Stanger that allows students to find potential lenders based on individual data.

The calculator returns a table comparing potential loans on criteria such as fees paid, total interest and principal paid, and savings over the life of the loan. The calculator also provides information about each lender, the terms and conditions for each benefit, and a loan amortization schedule.

**COOL** continued from page 1

and iced tea. She tries to drink 8 cups of water per day, but "it's pretty annoying," when she has to run to the restroom during work hours, she said. "I don't really get many breaks."

Although other students include dairy products like ice cream in their summer diets, they still choose foods and drinks that help them stay cool and hydrated.

In addition to eating Dairy Queen ice cream, Freshman Lee Bainbridge said he usually cooks dinner on the grill.

Bainbridge also makes sure he stays hydrated.

"I go through half a case of water," Bainbridge said. Since he usually plays baseball, Bainbridge said he needs to drink more water or Gatorade to replace liquid lost through sweat.

Ray Hightower, a freshman, said he eats popsicles and ice cream during the summer. He chooses sandwiches and sal-

ads over hot foods like chili. Since he plays sports, he drinks Gatorade and water over juice, because it causes cramps, Hightower said. He drinks about 2 gallons of water per day. "It's just normal for me," he said.

Kevin Desatnik, a senior, also makes sure he stays hydrated.

Desatnik drinks about a gallon of liquids per day, sticking mainly to water, Gatorade and iced tea. "I drink more during the summer," he said, "I drink quite a bit anyway."

Desatnik said he stays away from carbonated beverages. "I tend to feel like I'm not fully hydrated," he said.

Although he favors ice cream, Desatnik said he eats light foods like pasta salad during the summer, staying away from hotter foods such as beef stew and pot roast. "It doesn't make you feel so warm," he said, of eating lighter foods.

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Bachelor's Degree in Computer Science or related field, six (6) months Microsoft Office experience in an office environment, and Help Desk experience. Certifications: A+, MCP, Cisco would be beneficial. Applicants should have excellent technical problem solving skills along with a thorough understanding of modem desktop and server operating systems and applications software. Applicants should have troubleshooting proficiency in: Windows Terminal Server; Windows 2000 Professional; Windows XP Professional; Windows Server 2000; Windows Server 2003; Wireless laptop and wireless systems support; cellular wireless (aircard's Modems etc.) support and configuration; workstation hardware, (Scanners, printers, monitors, etc.); Microsoft Office 2000, XP, and 2003; Microsoft Outlook; and a basic understanding of TCP/IP. BONUS POINTS WILL BE ADDED TO PASSING SCORES (70%) ON THE FOLLOWING BASIS: 20% Military - (DD-214 showing 180 days' consecutive active duty service and proof of honorable discharge required) or 10% Bachelor Degree in Computer Science or related field from an accredited college or university - (Original College Transcript Required). Must be a resident of Youngstown when appointed or must become a resident within 120 days following appointment to the position. Applications accepted at the Youngstown Civil Service Commission Office, 7th floor, City Hall, Youngstown, Ohio, from June 18, 2007, through June 28, 2007. Hours: 8:00 AM. to 4:00 P.M., Examination will be given on Saturday, June 30, 2007, at McKay Auditorium, Beeghly College of Education Building, Youngstown State University, corner of Rayen Ave. and Fifth Ave., Youngstown, Ohio starting at 10:00 a.m. For further information, visit the City Website at [www.cityofyoungstownoh.org](http://www.cityofyoungstownoh.org).

## Jambar Classifieds

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The Sales Assistant is responsible for bringing in new advertisers, assisting the Advertising sales manager with ads and forming new contracts with potential advertisers. Must be a full-time student in good standing. Previous experience in sales is helpful, but not required.

To apply see Lynn Haug in the Kilcawley Center Staff Office, and ask for a Jambar application

**Deadline to apply is July 23, 2007**

visit us online



# Jambar Editorial & Opinion

Thursday, June 21, 2007

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## THE Jambar

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The Jambar is published twice weekly during the fall and spring semesters and weekly during the summer sessions. The first copy of The Jambar is free; each additional copy is five cents. Mail subscriptions are \$25 per academic year. Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press Honors.

### OUR SIDE

## Going green

With warnings from Al Gore about the threat of global warming, the idea of going green is beginning to take root not only in American households, but also in universities.

American College and University Presidents Climate Commitment is a pledge by 284 colleges and universities to make their operations environmentally sound. These colleges promise to eliminate greenhouse gases emitted by their institutions.

Signatories range from community and state colleges to Ivy League and private institutions all committed to running environmentally efficient campuses.

Among those signatories are Westminster College and Ohio University, but absent from the list is Youngstown State University.

The increase in exposure and pressure to go green prompted these colleges to sign and commit to limiting their carbon footprint. According to an article in the New York Times, studies show that universities only contribute to about three percent of greenhouse gas in the United States.

Even if the pollution is small, steps to protect our environment are well worth consideration.

There are also steps that we as citizens can take to reduce our individual carbon footprint in the world.

According to MSNBC, Americans use twice as much energy and water than people anywhere else in the world.

Besides basic conservation practices such as turning off lights, reducing water use and unplugging electrical devices, we can also research the products we buy.

Find out what goes into your favorite product and if those components are safe and eco-friendly. Consider where the product will end up when you are finished with it. These and other small changes in our daily routine are part of switching to a mindset that will protect the environment.

Big business is also rethinking their practices and making them more environmentally sound.

Coca-Cola recently announced plans to begin a \$20-million project to conserve portions of seven major rivers in the world. Coca-Cola also plans to revise its production to conserve water and reduce pollution.

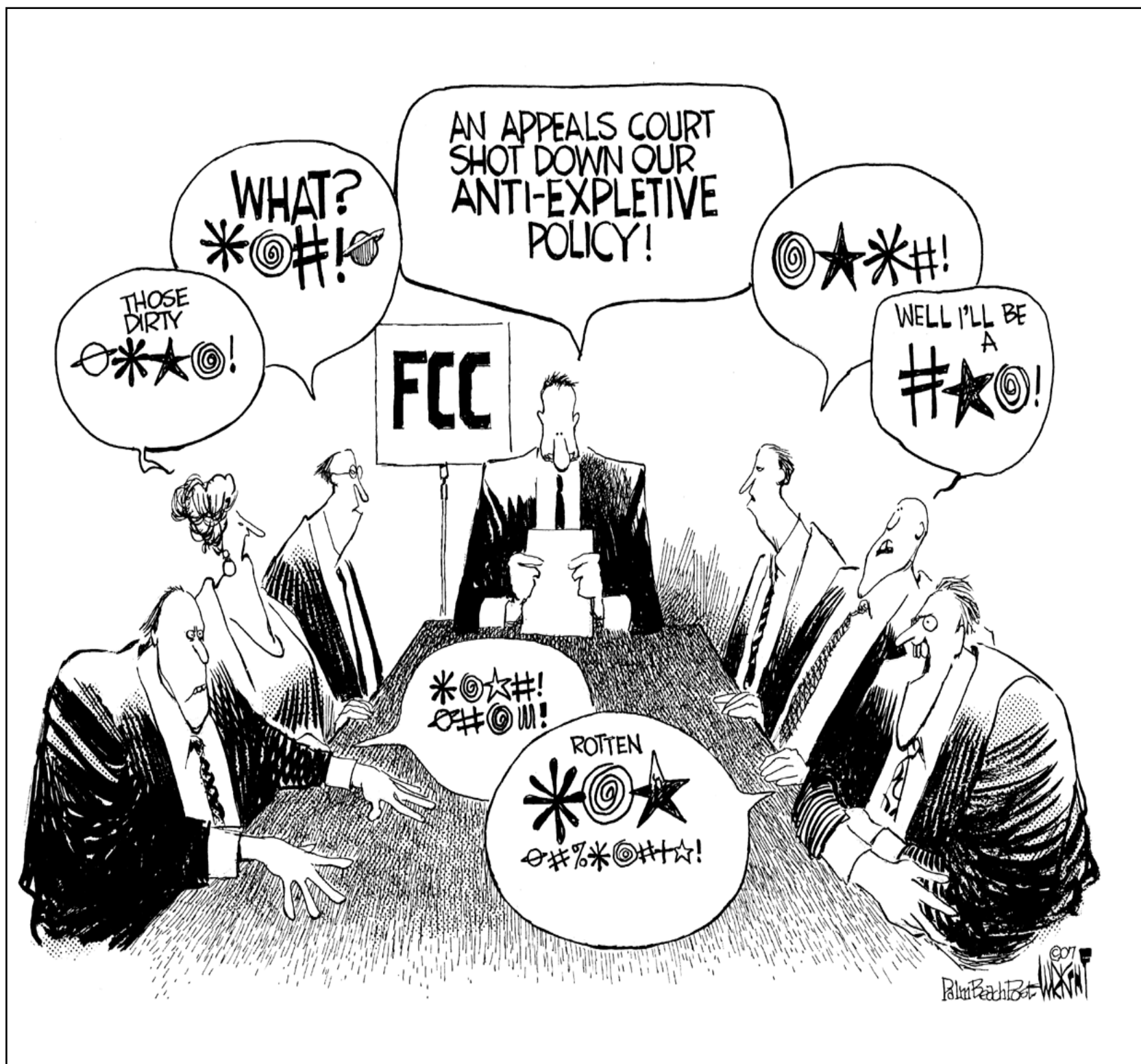
As consumers in today's eco friendly world, it is time to do some research and learn the best ways to help preserve our planet, as both individuals and members of a campus community.

*The Jambar editorials reflect the opinions of The Jambar and its Editorial Board members. Those wishing to schedule meetings with the Editorial Board should call the editor in chief.*

### LETTERS POLICY

Letters must be typed and should not exceed 400 words. Each letter must include a name and telephone number for verification purposes. Submissions are subject to editing for spelling, grammar and clarity. Letters must be received by noon Friday for Tuesday's edition and by noon Tuesday for Thursday's edition.

The Jambar will not print letters that libel others or threaten harm. The editor in chief reserves the right to reject letters that do not follow policy. The views and opinions expressed in published letters do not necessarily reflect those of The Jambar staff or YSU faculty, staff or administration.



### LETTER TO THE EDITOR

#### Attacking Iran

Editor:

International Atomic Energy Agency chief Mohamed El Baradei said that an attack on Iran over its refusal to freeze its nuclear program would be "an act of madness . . . [that] would not resolve the issue."

Quite to the contrary, an attack on Iran that destroyed its nuclear program and regime is long overdue. The purpose of such a strike

would be to end the mounting threat from Iran, which has been waging war on the West for decades, and is now seeking even more powerful weapons. Retaliating against Iran doesn't mean embarking on an Iraq-like crusade to bring its people the vote; instead, it means using military force to make the regime non-threatening—for the sake of defending American lives.

Diplomatic attempts to persuade Iran to give up its quest for nuclear bombs have been going on for years, and produced no results other than to buy time for Iran's nuclear pro-

gram and confer on that hostile and tyrannical regime unearned legitimacy as a peace-seeking regime. Iran's leaders are committed to a global jihad against Western civilization; no negotiations are possible with those who seek your destruction. The West's only moral choice is to defend itself from this deadly threat.

Given Iran's murderous goals and its feverish pursuit of the weapons to achieve them, not attacking Iran would be immoral.

David Holcberg

### COMMENTARY

## 95 years later, eight-hour workday is vanishing standard

David Moberg  
MCT

The eight-hour day is slipping, and we need to do something about that.

A century and a half ago, workers typically toiled 12 or more hours a day, six days a week. No wonder they wanted a shorter workday. Their slogan was "eight hours for work, eight hours for rest, eight hours for what we will."

It still makes sense today. But progress toward that goal has been fitful and difficult.

One early victory came 95 years ago, on June 19, when the government in Washington established the eight-hour day as standard for federal employees.

It wasn't until 1938 that the government extended the 40-hour week to most American workers and required employers to pay overtime wages for work exceeding 40 hours.

But the new standards didn't apply to all workers, and even

though Congress expanded coverage in the 1970s, the courts, employers and the Labor Department — especially under the Bush administration — have continued to reduce the number of workers who must receive overtime pay after 40 hours.

In 1999, the Department of Labor estimated that 27 percent of workers were not covered.

Then, three years ago, the Bush administration rewrote the rules to exclude up to 8 million additional workers from protection against excessive work.

And the Supreme Court recently ruled that home-care workers for the elderly aren't entitled to overtime after 40 hours, even though workers providing the same care in an institution are protected.

Meanwhile, the government provides little overtime law enforcement.

"Department of Labor enforcement is half of what it used to be," says labor standards expert Ross Eisenbrey of a Washington

think tank, the Economic Policy Institute.

As a result, American workers now work more hours every year, on average, than workers in any other major industrial country, even 35 hours a year more than the famously workaholic Japanese.

While workers in other industrial countries have steadily reduced the hours they work each year, Americans work about the same number of hours as they did in 1980, according to the Organization for Economic Cooperation and Development.

And increasingly, managerial and professional workers, who typically aren't entitled to overtime pay, feel they have to put in long days at work to keep their jobs, spending evenings and weekends on their computers at home.

Not only is the standard workweek growing, U.S. employers are also doling out fewer paid vacation days to their employees compared to many other countries.

European Union employers provide at least one month of

paid vacation. And in many countries — like France and Finland — all workers get six weeks of paid vacation plus additional paid holidays.

More than 130 countries also require employers to provide a minimum of seven paid sick days, and many industrial nations provide paid family leave for new parents or to care for sick family members.

In stark contrast, the United States is the only industrialized country that does not mandate any paid vacation or sick days for its workers. And even the privileged workers who do have paid vacation or sick leave typically enjoy much shorter time off than their counterparts around the world.

America is rich enough to provide its working people a decent standard of living and more time away from work.

We must get back to the eight-hour day and protect the right to enjoy eight hours for rest and eight hours for what we will.

# got an opinion?

Send letters to:  
[thejambar@gmail.com](mailto:thejambar@gmail.com)



# JAMBAR Feature

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Thursday, June 21, 2007

## SPORTS

## Students willing to take risks with thrills

Lou Gattozzi  
JAMBAR CONTRIBUTOR

Broken bones and exhilaration, scars and fame. Extreme sports like skateboarding are an alternative to traditional baseball, basketball and football. Hubbard's Section 8, now closed, has been succeeded by Stomping Grounds in Austintown as the local skate park.

One young teenage skateboarder goes by the nickname "Sype" at Stomping Grounds. "It's a whole new way of sport," he said.

"I love hitting that jump that I had been trying all day and falling all day, the feeling is incredible," he said.

Extreme sports are more visible than ever on TV. ESPN and ABC cover the winter and summer X-Games. Tony Hawk, Dave Mirra, and Bam Margera have become household names.

MTV's new show "Scarred" documents freak accidents that have left people scarred for life, many of which are from biking or skateboarding accidents.

Senior Andy Svitak's cousin is a professional skateboarder. "Watching extreme sports on television is incredible," Svitak said. "Some of the tricks they do are breathtaking."

"Granted, some of the falls and accidents are tough to watch, but I agree with the performers that the risk would be worth the reward," he said.

One mother of a skateboarder said she worries about the risk of injury. "I'm nervous every time he goes out there with his friends," she said of her son who skateboards. "All I can think about is getting a call from the hospital to go see him," she said.

The Mahoning Valley has seen local skaters succeed on extreme skate tours. Youngstown native Anthony Napolitan credited Section 8 in helping him develop his skills. "Practice is the one thing in this sport where you can't go wrong," he said. "The more practice the better you are going to be in events."

Sometimes the best rails are



**Tony Hawk** demonstrated his acrobatic skills at Universal City Walk's Surf and Skate day. Professionals like Hawk inspired many local skaters to get in to the sport.

located on private property, so going to Stomping Grounds can help keep skaters out of trouble. The skate park offers live bands on Friday nights. Bikers, boarders, and bladers are allowed.



MCT Campus

## COMMENTARY

## Cleveland curse strikes again

Jen Brown  
JAMBAR CONTRIBUTOR

Trouble for Cleveland's major sports teams is the stuff of legend, with catastrophes like "the shot," "the drive," "the fumble" and "the catch" marking nearly a century of bad luck.

The Indians are just one of the teams haunted by the Cleveland curse, from an on-field death to injured star players who never returned.

The Cavaliers have a shorter history, but it has been marked by similar disasters. This year, the Cavs most successful season ever ended in a loss at the Finals.

The Browns history of troubles is long, including a three-year NFL deactivation that started in 1996. Since 1999, number-one draft-pick injuries and problems have occurred each year.

Tim Couch and Courtney Brown suffered injuries. Gerard Warren was arrested and Will Green was stabbed in the back by his fiancée (literally) and suspended by the league. Jeff Paine was injured and traded. Kellen Winslow missed two seasons because of a broken leg and a torn ACL after a motorcycle accident. Braylon Edwards also tore his ACL. Finally, LeCharles Bentley tore his patella tendon on the first play of the first game of the year.

All these players were out for the remainder of the season. They join earlier players — and fans — as the latest victims of the Cleveland curse.

## 1920

Indians shortstop Ray Chapman died when he was hit in the head by Yankees pitcher Carl Mays. This is the only on-field death in MLB history.

## 1954

The Indians lost the World Series after winning 72 percent of regular season games. The underdog New York Giants won with the help of Willie Mays's famous catch in the outfield.

This is arguably the best catch in MLB history. The Indians have not won the Series since 1948.

## 1980

Joe Charboneau won the MLB Rookie of the Year award for the Indians and was the best thing that had happened to the team in a long time. He was promptly injured and taken out of the game.

## 1987

The Browns played Denver in the AFC championship game. Broncos quarterback John Elway pulled off a 98-yard, game-winning drive in the last five minutes of the game.

## 1988

The Browns got a chance for a championship rematch against the Broncos. As Earnest Byner tried to tie the game with only a minute left in the fourth, he had an uncharacteristic fumble at their 3-yard line, losing the game.

### The Cleveland CURSE



## 1989

The Cavs were predicted to win the NBA Finals against Chicago. Instead, the year marked the beginning of the Bulls dynasty. Michael Jordan made "the shot" in the last second of the last game in the series leading the Bulls to win 101-100.

Not many teams could stop Jordan, but the team that experienced his domination more than any other was the Cavs.

## 1990

The Cavs were set to be a number-one team with three star players: Mark Price, Brad Daugherty and Larry Nance. Then Price tripped on a sideline electrical cord in Atlanta, tearing up his knee.

## 1993

Indians pitchers Steve Olin and Tim Crews die in a boating accident during spring training.

## 1997

Starting pitcher John Smiley broke his arm during practice, corkscrewing one of the bones and ending his pitching career.

## 2003

The Browns found a way to lose to the Pittsburgh Steelers 36-33, even after a 17-point lead against their archrivals.

## 2006

When Cleveland was named the nation's poorest big city by the U.S. Census Bureau, the Indians were the poorest franchise in the majors.

## 2007

The Cavs most successful season ever ended in a loss to the San Antonio Spurs at the Finals.

Steel Valley Super Nationals  
Today- Sunday  
Downtown Salem  
Friday-Sunday  
Quaker City Raceway

The Cellar  
PovertyNeck Hillbillies  
Sunday 7:30 p.m.  
Tickets \$15

Nelson's Ledges  
Grateful Fest  
July 4 - 8  
Tickets \$148

The Wedge  
Candlebox  
July 3  
Tickets \$19

Upcoming  
events