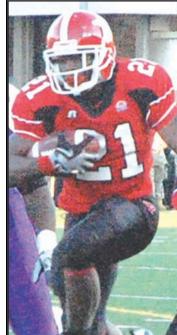
THE JANGBAR The student voice of Youngstown State University since 1931.

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THESIDEBAR



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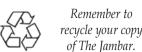


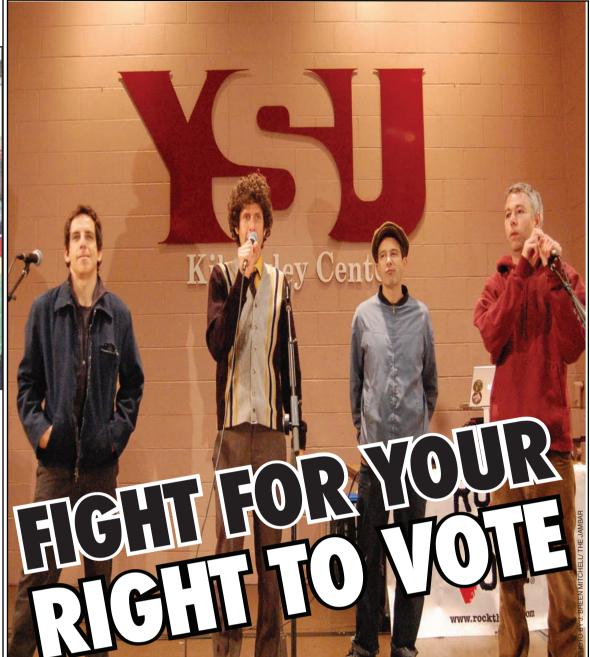
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A rock the vote rally was held in Kilcawley center Wednesday. Artists the Beastie Boys and Sheryl Crow were on hand to encourage YSU students to vote.

Virgin voters: students head to polls for first time

Samantha Pysher

For most students at Youngstown State University, the Nov. 4 election will be the first time they cast a ballot for president.

Jodi Dibble, deputy director for Trumbull County Board of Elections, estimated there are 12,500 new registered voters since March 5 for this presidential election.

Of that number, Dibble said she estimates that 80 to 85 percent of the new registered voters will vote in the presidential election.

Chris Rakocy, manager of information technlogy for the Mahoning County Board of Elections, said since the first of the year there are 13,444 new registered voters for Mahoning County.

Rakocy said he expects 70 percent of the new registered vot-

Junior Megan Foster, a firsttime voter, said she plans on voting in the upcoming election because she wants to voice her opinion and she doesn't like the state of the economy.

"I think we're ready for a change," said Foster. "I want to get a new president, a new beginning."

Foster, a democrat who was raised in a democratic household, said she believes presidential candidate Barack Obama is the best candidate for the change she wants.

Sophomore Kyle Crismon said he believes John McCain is better suited for the presidency.

"Mainly, we're at a time of war and I like the fact that Mc-Cain was a POW," Crismon, a republican, said. He also said he supports McCain for his moral values.

Crismon said he is motivated to vote in this election because of the state of the country.

"This is a very important elec-

VOTING page 2



Stem cell transplant recipient six years cancer-free

Darlene Wagner

Six-and-a-half years ago, 12-year-old Daniel Conway, current Youngstown State University freshman, came home from a summer family vacation with a stomachache. His mother gave him Pepto-Bismol to ease the pain, but she had a nagging intuition that wouldn't be enough.

Kathy Conway, his mother, took Daniel to the hospital. The doctor knew Mrs. Conway, who is a critical care nurse by trade, very well. He assured her that her son was fine. She was still concerned because she said, "Daniel had never had a sick day in his life. He was a perfectly fine, healthy hockey player." She said she felt something was wrong and mother's instincts made her pursue the issue.

Daniel recalled thinking his



"I'm six years posttransplant and I'm considered cured."

Daniel Conway, freshman

mother was crazy. To ease her mind, the doctor had blood work done and ordered a CT scan. The Conway's went home and attended to their plans. A Cedar Point trip was scheduled for the weekend and Daniel would be off to hockey camp the following Monday.

Moments before the family was to leave for the amusement park, Kathy received a call that would take her on a roller coaster ride to save her son's life. The tests came back and revealed Daniel had acute promyelocitic leukemia, a rare fatal ailment. Mrs. Conway said the disease has a very rapid onset and treatment had to begin quickly before her son reached the point of no return.

Conway said the type of cancer he had usually goes undetected until after death. "The cancer kills platelets and stops clotting so you literally bleed to death within 24 to 48 hours," he said.

He said there are no symptoms and his stomachache had nothing to do with the cancer. "It was a freak accident it was detected," he said.

Daniel underwent chemotherapy at Tod Children's Hospital in

STEM CELL page 2

Faculty discuss financial crisis with community

Lamar Salter reporter

Youngstown State University faculty, students and residents of the Mahoning Valley came together Tuesday night to discuss the current financial crisis affecting both national and global markets.

The public forum was sponsored and held at the Arab-American Cultural & Educational Center at 8 p.m. The Youngstown State University Economics Club and the Vindicator also sponsored the event.

An estimated 50 people attended the event, which included four guest faculty members who presented different aspects and topics related to the financial crisis.

Assistant professor of economics, Tomi Ovaska, started the discussion by explaining causes of the financial crisis.

Ovaska talked about topics such as rising unemployment, stock crashing, and bankruptcies, which he said were contributing factors in the fall of the economy. Associate professor of eco-

nomics, Albert Summell focused on comparisons between the current state of the economy and past financial recessions, specifically the Great Depression.

While Summell said the crisis was indeed a major problem, Summell did not think that America would see an economic fall as severe as the Great Depression.

"The chances of that happening are incredibly slim," Summell said.

Summell also talked about the positive outcomes of the current crisis that would include a more stable and balanced financial market and gave advice to the audience to save any available funds for long-term use.

"It's good to have these discussions," said David Porter, professor of political science, who talked about the international markets and the economic crisis that developing nations were going through. Porter said if the world did not assist in stabilizing the markets of global economies, the crisis would last longer.

Associate professor of finance Peter Chen talked about investing during the financial crisis.

He said investors would see a higher profit when the economy stabilized if people invested while the market was down.

In addition to giving tips for the defensive investor to the more aggressive, Chen also gave options on common stock to invest in during times of economic turmoil.

"People always need electricity," Chen said as he mentioned First Energy as a good investment option. Chen also said Kraft Foods and J.M. Smucker Co., makers of Smuckers Jelly and related products would be good choices.

lsalter@thejambar.com

Vegan vs. vegetarian: What's the difference?

Lauren Shaughnessy REPORTER

Youngstown State University junior Jenny Jacobs is one of a handful of people for whom being a vegetarian doesn't go far enough. Jacobs, environmental science major, is a vegan. She is trying to continue YSU's campus group The Youngstown State Environmental & Animal Rights Coalition.

The YS-EARC was originally started by Dan Kuzma, an alumnus and manager of YSU recylcing, who is now the adviser to the group. "I started the group when I started college in 2000," said Kuzma. Interest began tapering off once Kuzma started graduate school but is now picking back up because of Jacobs' renewed interest.

"As long as you don't eat meat, that's the basis of a vegetarian," said Jenny. Being a vegan, however, is much more strict. Vegans abstain from all animal products to the best of their ability. "A vegan is what a vegetarian strives to be," Jacobs said.

The classification of each can also be broken down further. There are three different types of vegetarians. There are lactovegetarians, who drink milk but don't eat meat, ovo-vegetarians, who eat eggs but don't meat, and lacto-ovo-vegetarians, who drink milk and eat eggs but still eat no meat. Pescetarianism is also near vegetarians. These are people who will eat seafood, fruit and vegetables but no meat or poultry.

"I'm vegan," said Jacobs, "For me, personally, it's a moral choice."

Kuzma said there are a couple reasons why people decide to go vegan, citing a common reason is the concern of animal suffering.

"I have been a vegan for ten years. I was bound and determined to eliminate meat and dairy from my diet," said Kuzma.

Jacobs said some do it for health reasons because if done right, it could improve your "I have been a vegan for ten years. I was bound and determined to eliminate meat and dairy from my diet."

Dan Kuzma

health. Others do it to help the environment and to help the animals.

YSU makes an effort to accommodate vegans and vegetarians.

Clint Kifolo is the executive chef of dining services and specializes in vegan and vegetarian cuisine. "Dining services understands their life choices and we try to work with them," said Kifolo

Every place on campus that is run by dining services has a vegan and vegetarian option available at all times. These include the Pete's Place's salad bar, where locally grown food is always available, or the Red Hot Chef located in the Christman Dining Commons, where food is custom made. Arby's and Peaberry's are excluded because they are not run by dining Services.

SALES MANAGER: Jennifer Cvengros..... RECEPTIONIST: Michelle High.......330-941-3095 BUSINESS MANAGER: Olga Ziobert 330-941-3094

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News Briefs

Dental hygiene to hold open house

The YSU dental hygiene program will host an open house in the Ohio room of Kilcawley Center on Monday, Nov. 3. The event will run from 4:15 p.m. to 6 p.m. Prospective students will be allowed to tour the dental hygiene clinic and meet with faculty and

Veteran-owned business seminar set for Metro College

The Ohio Small Business Development Center at YSU and the U.S. Small Business Administration will hold an informational seminar in room 270 of the YSU Metro College on Oct. 30. The event will be held from 8 a.m. to 11 a.m. and will focus on ways to help veteran-owned businesses.

Police Briefs

Fight breaks out after high school football

After the Chaney High and East High football game on Oct. 23, an officer saw a crowd gathered and saw two males fighting. He grabbed one man, but the other started to run on Fifth Avenue until an officer caught him. The men were arrested, cited and released.

Man breaks into cars at BioMedical lot

Officers responded to a male who was breaking into cars in the BioMedical parking lot on West Rayen Avenue. After police told the man to stop, he ran along the east side of the building as police chased him. After losing the suspect, officers found him in front of the BioMedical building. The suspect told police that he was looking for cigarettes in the cars. Officers took the suspect into custody and he was charged with criminal mischief and obstructing official business.

Man arrested for outstanding warrants in Campus Book and Supply

A man claiming to attend National College in Liberty attempted to sell back three of the same textbooks to Campus Book and Supply. After officers were called to the scene, they were informed the man had active wants and warrants. The man ran out of the bookstore after being told he was under arrest, and officers pursued and handcuffed the suspect on Wood Street. An officer contacted a National College representative, who said that since the suspect had three instructor's edition textbooks, it was likely they were stolen.

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Students say anything goes for costumes

THURSDAY, OCTOBER 30, 2008

Samantha Pysher

With Halloween right around the corner, some costumes may be questionable while others might not be so

In a survey conducted of 100 students, 65 percent said that some Halloween costumes cross the line

surveyed students say that a costume showing nudity is a questionable costume. "If your body is hanging

Seventy-nine percent of

out, that's questionable," said third-year college student Brooke Novak. Novak, as well as 12 percent of the students surveyed,

believes that it's disrespectful to dress as a dead celebrity. "I can look at someone and say 'Wow, that's too much,' but I think once you're an adult

it's up to you," said Novak. Sophomore Scott Gisewhitt doesn't think that dressing up as a dead celebrity is inappro-

"In a way, it's looking up to them as long as they're not being disrespectful," said sophomore Scott Gisewhit.

Steve Ellyson of the psychology department said that some people use their costumes as a way to express their personality.

"For the most part, individuals ought to be able to do

tion and we definitely need the

right candidate in office for the

to vote, and I believe if you live in this country, you should care

about who's running the coun-

he is undecided about who to

vote for because both candidates

morals and values and respect that he served our country," said

Noel, a registered republican,

"but Obama is young, fresh-faced

Noel said voters shouldn't

Youngstown. He recalls hav-

"Three days before my re-

ing a relapse almost a year to the

lapse, the Food and Drug Admin-

istration approved a new treat-

ment for my type of cancer," he

said. Conway received treatment

at Cincinnati Children's Hospital

in July of 2002. His treatment

involved an umbilical stem cell

transplant and arsenic applied in-

travenously through an IV. Con-

way said the arsenic forces can-

cer cells to mature into regular

day of his initial diagnosis.

"As an American, it's my right

Sophomore Craig Noel said

"I believe in John McCain's

next four years," said Crismon.

VOTING page 1

try," said Crismon.

have pros and cons.

and has new ideas.'

STEM CELL page 1

what they want, and take responsibility for their actions," said Steve Ellyson of the psychology department.

Ellyson said that people shouldn't read too much into other's choice in costume because the holiday is about fantasy.

"It's fun and it's the one day a year that adults can play dress-up," he said. "They could be attentionseeking, trying to different so we don't have a room full of only cowboys and a room full of ballerinas."

Furthermore, the same survey showed 94 students say they don't believe a bloody or gory costume is inappropriate.

'People have seen so much violence in the media and videogames that we have become desensitized," said Ellyson.

Gisewhitt suggested a simple rule for deciding whether or not a costume is questionable. If the student's parents would let them walk out of the house wearing the costume, it's okay, he said.

Overall, when students who were surveyed and asked if questionable costumes were okay to wear on Halloween, seven percent said no, 69 percent said yes and 24 percent answered that it would depend on the situation.

have to vote for the candidate

from their registered party, but

the deciding factor should be

based on who they feel is most

rie Kutsko is another student who

wants to voice her opinion for the

upcoming election although she

said she's unsure how much of a difference her single vote will

ter so that I'm not one of those

people that complain about prob-

lems, but did nothing to change

freshman Jim Rice will vote in.

This is also the first election

them," said Kutsko.

"I think it'll make me feel bet-

First-time voter freshman Ma-



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qualified.

Classifieds

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healthy cells. About stem sell transplants

Conway said he is aware of the controversy associated with don't know the whole story," he said. "The stem cells that were used in my transplant were donated from a woman that had a live child and the umbilical cord that would have been thrown in the trash saved my life," he said.

stem cell transplants. "People

Conway said the 60cc of stem cells drawn into a syringe saved his life. Conway was placed on a donor list and received his transplant from an umbilical cord that matched his blood type.

"The stem cells are stored in a cord bank until some one needs it," he said.

Conway said there are at least plant he had.

600 cells in the body that react positively to the type of trans-

what stem cells are," said Con-

"People aren't educated about

way's mother. "The cord feeds and nourishes the unborn child and helps with its growth and development. The blood is full of cells and marrow. No one dies or is hurt to retrieve it," she said.

"It's going to affect me in the

Paul Sracic, chairman of the

department of political science,

said students should make sure

they have all of the relevant in-

formation they need in order to

more comfortable with voting if

they know who all the candidates

are and the jobs they are running

vote for someone who is ruling

spysher@thejambar.com

over you," said Sracic.

"You have the opportunity to

Sracic said voters will feel

make an informed choice.

long run," said Rice.

Conway said her son was placed on a donor list and received the transplant from a baby girl. She said her son was given a zero percent chance of surviving without the treatment and only a 30 percent survival rate with the treatment.

Conway is still required to return to Cincinnati for yearly checkups.

"I'm six years post-transplant and I'm considered cured," said Conway. "I am not on any medication, just multivitamin," he said.

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Amusement park comes back from the dead

Emmalee C. Torisk

Among the ashes, boardedup rides and charred midway of the 116-year-old Conneaut Lake Park, Dominick Baragona saw

It wasn't potential for a latesummer rib festival, as originally envisioned, but for a major haunted attraction just in time for Halloween 2008. From the ruins of the former amusement park, Ghost Lake has risen from the dead --with the help of Mid-America Events-- and has been scaring thousands of visitors since early October.

Although Ghost Lake opened Friday, Oct. 3, work on the park began several months prior. Conneaut Lake Park, situated on a natural lake in western Pennsylvania, had been closed for a few years and experienced extensive damage from a massive fire earlier this year.

Baragona said that upon surveying the park in August, rides and buildings were run down and a fire at the Dreamland Ballroom had all but destroyed a number of

This is why the Conneaut Lake Park restoration committee had contacted Mid-America Events over the summer to organize possible fundraising activities. Since there wasn't enough time to plan a Rib Burn Off, Baragona, a Youngstown State University alum whose company produces the Canfield Haunted House and Hayride each year, saw the perfect setting and atmosphere for a very scary, and actually haunted,

Halloween attraction straight out nival scary atmosphere" and past of a horror movie.

After a month of intensive building and decorating, as well as \$90,000 worth of investments in the project, Ghost Lake was ready for its inaugural season. From fog machines, to spooky lighting, to various sound effects and props, the scares begin at the park's entrance. Additionally, nearly 80 monsters and actors

work at Ghost Lake. "They have been well-trained in the art of scaring people and are very intense," Baragona said of the park's staff.

Baragona said Ghost Lake's crew continues to add more and more every week to its "eight levels of fear," which are spread throughout the entire park. The levels even include the former Kiddieland area.

"Ghost Lake is designed to appeal to each and every fear within us. It takes well over an hour to traverse this gauntlet of fear," Baragona said, adding that the park features crazed clowns with chainsaws in "Clown Town," actual coffins and a real hearse in "The Cemetery," classic movie monsters in the midway's "Maze of Madness" and much more.

Numerous other attractions at Ghost Lake include "The Fog," a large area of incredibly thick fog in the former bumper car building where visitors have to feel their way through, but also have to be aware of monsters and actors randomly jumping out every

Another one of Ghost Lake's features is "The Devil's Den," a classic amusement park dark ride that has been transformed into a walk-through. With its "old carscares that were once a part of the ride, amusement park buffs will appreciate the Devil's Den, Baragona said.

Also, "Freddie's House" is a ramshackle house that features Freddie Kruger throughout, and looks like something Steven Spielberg built, Baragona said. 'Many, many screams are heard as patrons walk through the house," he added.

However, what is perhaps the creepiest attraction at Ghost Lake may actually be haunted. That, of course, is the century-old Hotel Conneaut, which has been featured on several paranormal TV programs and national radio shows, Baragona said. As the legend goes, during the 1943 fire that destroyed half of the hotel, a bride on her honeymoon perished while searching for her husband. Her groom made it out safely, but the bride, commonly known as "Elizabeth," is still said to haunt the rooms and hallways of the 105-year-old hotel.

According to Baragona, visitors to Hotel Conneaut will see Elizabeth.

"Did we recreate the ghost of Elizabeth, or is what you see actually her? You be the judge," Baragona said. "This is not a passive hotel walk-through. You're walking through the dark corridors and actually in and out of rooms, including the room that Elizabeth perished in. It's very scary."

The hotel's dark and colossal basement kitchen is also a part of Ghost Lake. Everyone's afraid to go in the basement, said Baragona, noting that this one features meat lockers, old commercial kitchen equipment and a crazy 6-foot-8-inch butcher.

"This butcher would like nothing more than to cut you up and serve you to Hannibal Lecter," Baragona said.

Additionally, a section of the midway will be set aside for food and entertainment and the Beach Club restaurant will be open each night. Baragona said rain will not be a concern because nearly everything at Ghost Lake is under

Thus far, reactions to Ghost

been "incredibly good," Baragona said. He also said he has seen the same people go through the park as many as five times, and added that it has become a major event throughout northeast Ohio and northwest Pennsylvania. Baragona said it has attracted over 15,000 visitors so far.



FAGIOR MYTHB The haunted Wick mansion

Shaiyla Hakeem

Paranormal activity is explained as the presence of unexplained noises, apparitions and cold gusts of wind. Some believe that these and other occurrences happen frequently at the Wick House, first known in 1906 as Wick Mansion, located at the northeast corner of the Youngstown State University

The former Wick Mansion was built for a local industrialist, George Dennick Wick, and his wife, Mary Hitchcock-Wick, in 1906. The Wicks were one of Youngstown's most affluent families. In 1912, the Wicks toured Europe and purchased tickets aboard the RMS Titanic to return to the states. This voyage was the last for George D.Wick.

He was said to have last been seen waving to his wife, daughter and nieces from the Titanic's railing. Mary refused to accept the notion that her husband had actually went down with the ship. It is said by some that she remained in New York for several days after her rescue awaiting her husband's return.

According to the Vindicator, Mary finally returned to Youngstown and remained a widow until her death in 1920

after suffering from two weeks of pneumonia. She is said to have died on the 2nd floor of the Wick Mansion. To this date, the body of George Wick has never been found. Some say the spirit of Mary is restless and waiting for her long-lost husband to return to the mansion.

YSU later purchased the mansion and turned it into student dormitories. Strange and unexplained phenomena were often reported by residents of the dorm.

Erin Driscoll, who now works at the Office of Housing and Residence Life, was one of the many women who lived in the Wick House. She said the house does have certain eeriness to it, but personally, she only experienced issues with her socks. Mrs. Wick was known to steal her and other women's socks, never giving them back. Other residents said they actually came in contact with this infamous spirit.

"Several of the Wick women claimed to have seen someone female in the lobby while they were working at the desk," said

Since then, the Wick dorm closed and was once again remodeled to be YSU's Center for Student Progress, but the strange occurrences didn't stop there. When touring the mansion to see if it was suitable for the CSP, Jonelle Beatrice, CSP staff member, was uncomfort-

"We peeked in a room on the third floor and there was this loud bang," said Beatrice.

There was also an incident which involved picture frames that were placed on the mantle over the dining room fireplace. According to Beatrice, all of the frames mysteriously found their way to the other end of the room, face down and surprisingly unbroken. Beatrice isn't the only YSU staff member who reported odd instances.

Shannon Reesh, CSP staff member, says that she has experienced strange occurrences. Her office is located on the second floor of the mansion where she says doors have rattled as if someone was trying to open them, but no one is there.

Along with former Wick House residents, Reesh also has seen an unidentifiable and unexplainable apparition. According to Reesh, early one morning while on her way to her office, she saw something quite startling.

"It appeared to be a woman, in some sort of servant or maid's uniform. The figure seemed to glide across the floor, as if walking quickly," she said.

When Reesh searched to find the figure, she found nothing.

editor@thejambar.com

What are your favorite scary movie moments?

Texas Chainsaw Massacre "When Leatherface took some girl, hung her on a meat hook and cut off all of her limbs." Mike Minotti, senior



'When he takes the little boy in the

Katie White, freshman



A Nightmare on **Elm Street**

"Let's say 'A Nightmare on Elm Street,' from when I was a kid. Pretty much any scene [was scary] at that age."

Sam Norich, senior



The Descent

"The part when she first sees the thing in the back and she can barely hear it. That is the scariest scene I've ever seen because you don't know what it is."

Mandi Fetty, freshman

More than one in ten students on this campus will die early because of me.

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WATCHING THE WATCHDOG

THEJAMBAR.COM/ELECTION08

YSU students are keeping an eye on media coverage of all things political.

OUR SIDE EDITORIAL

Crossing the finish line

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It's almost here. The 2008 election, barring any last minute challenges, will be decided in less than one week.

Since this has been an extraordinarily long election cycle, people may need a lastminute reminder to get out and vote on Election Day, if they haven't already done so

through early voting.
That's why we're happy to see efforts being made to encourage enthusiasm from voters, most notably a visit to campus by Rock the Vote.

It's difficult to remain interested after all of this time, but it's imperative that we do. Any reminder that resonates with voters and gets them to pay attention just a little bit longer is an effort to be applauded.

In past years, the youth vote has been notorious for appearing to be an important constituency, only to fizzle out on Election Day.

The fact is, we don't know how the youth will vote, and the polls are only believable to a certain extent. What we do know, however, is that the college students of today will be the young professionals of four years from now. The vote they cast today will affect their station in life over the course of the next president's first term. People can debate over which candidate they should vote for, but it would be tragic to think that they would refuse the say that is afforded to them.

Apart from this, we are pleased that such big-name acts are coming to the Chevy Centre. It cements the fact that we are indeed a battleground state, and worthy of the attention that comes with that status. This status, though, is all the more reason that we all have to take the time out to vote.

Undoubtedly, the performs will feel similarly, probably will spend a bit of time expanding on the importance of voting. We agree, but we still hope they save some energy for rocking out.

OUR SIDE POLICY

The editorial board that writes Our Side editorials consists of the editorin-chief, managing editor and news editor. These opinion pieces are written separately from news articles and draw on the opinions of the entire writing staff. The Jambar's business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

YOUR SIDE POLICY

The Jambar encourages letters to the editor. E-mail submissions are welcome at editor@thejambar.com. Letters should concern campus issues, must be typed and must not exceed 400 words. Submissions must include the writer's name and telephone number for verification and the writer's city of residence for printing. Letters are subject to editing for spelling, grammar and clarity. The editorial board reserves the right to reject commentaries that are libelous or that don't defend opinion with facts from reliable sources. The editorial board will request a rewrite from the submitting writer based on these requirements.

Letters will not be rejected based on the view expressed in them. Letters may be rejected if they are not relevant to Jambar readers, seek free publicity or if the editorial staff decides the subject has been sufficiently aired. The Jambar will not print letters that libelous, threatening, obscene or indecent. The Jambar does not withhold the names of writers of letters or guest commentaries.

The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of Youngstown State University.

ABOUT THE JAMBAR

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The views of this syndicated artist do not necessarily agree with those of The Jambar.

LETTER TO THE EDITOR

The Student Government Association would like to formally encourage all Youngstown State University students to participate in the coming election. Additionally, we implore the student body to consider the importance of not just their vote for any particular candidate, but also their position on local and state issues.

As a representative body that is dependent on the democratic process, we recognize the importance of every student's vote. We hope that this election will allow the student body to see themselves as the leaders of America's future. To this end, every student has a vested interest in the outcomes of Nov. 4. We must educate ourselves and evaluate the implication of each candidate and issue.

The students of today will graduate into a world of many

complexities. Our participation in the democratic process will have a marked impact on their outcome. Inevitably, the future will be ours; on Nov. 4, each of us will have an equal opportunity to determine the possibilities of

Thank you for your time, Your Student Government As-

Tri-County Board of Elections Information

Trumbull Phone: (330) 369-4050

Mahoning Phone: (330) 783-2474

Ashtabula Phone: (440) 576-6915

Editor,

The Oct. 28 article entitled, "Ohio voter fraud could falsely skew election" and your editorial entitled "Mock the Vote" are not based on evidence. To quote Secretary of State Jennifer Brunner from the Oct. 9 Democracy Now, "The fears that were being expressed and pushed to the national media by the Ohio Republican Party really are unfounded. When you look at what happened in [a period - four-year period in Ohio, in terms of actual voter fraud, we had four individual cases with nearly eight million registered voters in a four-year period, and one was a husband and wife."

The real voter fraud in Ohio

lies with the Republican Party stealing the vote in 2004 and their attempts to prevent legitimate Ohio voters from voting in 2008. Richard Hayes Phillips has documented the stolen 2004 election on his Web site, web.northnet. org/minstrel/alpage.htm. These false claims of voter fraud which the Jambar is parroting is part of the Republican Party's attempt to cast doubt on the upcoming Obama victory in Ohio and the

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The scariest part of Halloween shouldn't be the candy

Tracy Reiman

Just in time for Halloween, several candy companies including Cadbury, Mars and Nestle have been caught up in China's tainted-milk scandal. Candies made by the companies' subsidiaries in Asia were found to contain melamine and were recalled, although the companies claim that the levels were too low to pose a health risk. Milk and baby formula contaminated with melamine are believed to have killed four children in China and sickened tens of thousands more.

Only one brand of recalled candy is sold in the U.S., but does that mean that milk chocolate and other candies made with milk are safe? Not by a long shot. As a mom, I wouldn't dream of giving my young son products containing cow's milk.

Milk in the U.S. might not be tainted with melamine, but it is loaded with other unsavory substances. Most cows on U.S. dairy farms are injected with growth hormones, which are passed along to the people who consume their milk. Growth hormones are intended to boost cows' milk production, which is already far higher than it naturally would be, thanks to selective breeding and

genetic manipulation. But all that extra milk causes cows' udders to become swollen and inflamed. So cows are routinely given antibiotics in an effort to combat mastitis and other infections that run rampant on dairy farms. Like hormones, those antibiotics can be passed on to milk drinkers, along with the pus that results from the infections. In fact, knowing how common infections in dairy cows are, the government actually allows up to 200 million pus cells (euphemistically called "somatic cells") in every liter of milk. Eww! Now that's as scary as any ghost story.

Even if it were contaminantfree, cow's milk would still have problems. It is linked to many common childhood ailments, including allergies, ear infections, recurrent bronchitis, juvenile diabetes and asthma. Studies have also linked dairy products to health problems that plague adults, including heart disease, obesity, cancer and even osteo-

Experts are moving away from recommending cow's milk for kids. The American Academy of Pediatrics says it shouldn't be given to children under a year old. Dr. Frank Oski, the former director of pediatrics at Johns Hopkins University, thinks that no one of any age should drink it: 'There's no reason to drink cow's milk at any time in your life. It was designed for calves, it was not designed for humans, and we should all stop drinking it today, this afternoon.

In Baby and Child Care, the late pediatrician Dr. Benjamin Spock wrote, "I no longer recommend dairy products . . . The essential fats that are needed for brain development are found in vegetable oils. Milk is very low in these essential fats and high in the saturated fats that encourage artery blockage and weight prob-

lems as children grow. So when you head out to do your last-minute Halloween candy shopping, leave the Milky Ways and Snickers on the shelf. Let the kids enjoy healthy snacks like raisins, fruit roll-ups, mixed nuts and dairy-free dark chocolate which is rich in antioxidants but just might get nabbed by

COLUMN Dierkes **de**liberated

THEJAMBAR.COM



Sugar-fueled heresy

Doug Dierkes columnist

You can throw your chainsawfilled zombie massacres and unpronouncable Lovecraftian horrors at me all you want, I'm still convinced the scariest thing in the world is old age. When you start to feel like the world around you is changing more than you ever will, it's frightening to any mind. I knew I would experience this at some point in my life.

I didn't think it would happen on a Saturday morning, but

It wasn't the fact that my birthday was next week, the popping feelings in my joints as I woke up, or the increasingly minute traces of sugary breakfast cereal in my diet.

It was watching cartoons. Cartoons, dammit!

The reliance on computer graphics was expected, the characters were still stereotypes we've grown to accept, and the need to sell toys has been there since I was a kid. What bothered me was the inclusion of moral lessons. And not in the 20 second public service announcement format where you can change the channel to avoid filling your head with facts, this education is hamfisted into the very fabric of the

world's reality.

Example: "Hurry, kids! If we want to defeat the evil Bludgermudgeon army, we'll have to start telling the truth, and fast!'

This is a disrespectful treatment of my childhood! When you see the Ninja Turtles saving the world by picking up garbage and walking old ladies across the street, it's hard to stay calm. How ing action figures when the biggest act of violence on your show was the primary villain stubbing his toe? More importantly, who decided it would be a good idea to leave life lessons to bug-eyed vegetables?

Apathetic parents, that's who. When they saw their children watching the same mindless drivel I enjoyed as a youth, they thought about how to improve the viewing experience. Their answer: Teach kids life lessons through the use of kung-fu skunks, so they wouldn't have to spend as much time mentoring the little bastards. It's bad when you see Wile E. Coyote teaching calculus instead of his traditionally implausible physics. It's worse when it's because adults can't be bothered to pull the younger generation away from the TV long enough to get them reading books.

Then again, if my cartoons taught me more about the importance of a strong work ethic, I'd be working as a reporter instead of a columnist. See kids? What you don't know can be just as valuable as what you do.



What would you do if you were president?



Travis Newman, junior

"Make the economy more affordable and lower gas prices."



Katie Childers, sophomore

"I would lower taxes and make college cheaper."



Nawal Moastassem, freshman

"Make sure that everyone has healthcare."



Michael DeMarco, sophomore

"Try to fix the economy."

11/1 — Swimming and Diving vs. Butler, noon

THURSDAY, OCTOBER 30, 2008 THEJAMBAR.COM





WR No. 84 Eyad Salem – DB No. 32 Lenny Wicks

Redbird Offense vs Penguin Defense

Illinois State has had a difficult time winning the turnover margin this season, and since the Redbirds are primarily a running team, the Penguins could benefit from a few misguided throws as the Redbirds attempt to balance our their attack. Senior Lenny Wicks and the Penguins secondary have wreaked havoc on opposing quarterbacks this season and should look to continue that approach to Saturday's game. The winner of the turnover margin will have the advantage.



QB No. 6 Brandon Summers — DB. No. 9 Tom Nelson

Penguin Offense vs Redbird Defense

Junior Brandon Summers was welcomed back to the starting lineup with open arms last week as the Penguins nearly dethroned the No. 5 Northern Iowa Panthers. Having their experienced starter back, the Penguin offense is bound to get rolling again and could put even more points on the board than they did last week in the 21-20 loss to the Panthers. The key for Summers will be buying time with his legs to find receivers down field.



BREAKING THROUGH — Junior running back Dana Brown leaps and splits the interior defense of the Northern Iowa Panthers.

Penguins seek revenge against Illinois State

Andrew Berry SPORTS EDITOR

The Youngstown State University football team is heading back out on the road in pursuit of a win to end its current four-game

The Penguins travel to Carbondale, Ill. Saturday to take on the Illinois State Redbirds in a grudge match of two Missouri Valley Football Conference teams struggling to climb out of

In what has been a roller coaster type of a season for the Penguins, the team will face an opponent this weekend that has suffered similar misfortune. The Redbirds injured list is constantly growing and the team has been unable to find a way to win games as the Redbirds have had a bad habit of the turning the ball

Both teams have won just one conference game and have just another win outside the conference to show for, but head coach Jon Heacock said that anytime the Redbirds and Penguins collide on the field for a game, the statistics and standings are thrown out the

window.

"Records in this game have not mattered, ever," Heacock said. "It's a tough place to play and always has been. If we don't get the rust off, it'll be a long day.

At the start of the 2008 campaign, the Penguins were predicted to finish third in the conference and began the season ranked in the Football Championship Subdivision Top 25 poll.

As the season has rolled on, the hopes and dreams have been crushed for the Penguin team, as injuries and a tough schedule have been the catalysts for the plummet down the conference ladder. The preseason goals of winning the conference and getting to the playoffs have dissipated, but Heacock is still putting his troops to work to win

"It's disappointing that the goals of being conference champs and the playoffs are not there, but you still have the responsibility to take the team you have and make it the best you can," Heacock said.

Heacock was able open the offense back up against the University of Northern Iowa last week

as junior quarterback Brandon Summers returned to the lineup after missing two games with a sore knee. Summers and junior defender Torrance Nicholson posted solid performances in their first game since coming off the injury list.

Unfortunately for the Penguins, the team will still be without seniors Derrick Bush and Ferlando Williams. Bush is said to be day-to-day with a bruised elbow, but Williams is expected to miss more time than originally thought because of a staph infection. Heacock said Williams is

most likely lost for the season. With the loss of players to injury becoming common at YSU, the players who have stayed healthy are keeping their competitive spirit despite having no opportunity to play beyond the season finale.

Freshman offensive lineman Greg Sazdanoff believes the team is looking forward to closing out the season victorious and sending the seniors out winners.

"I think we're focusing on sending the seniors out on a high note," Sazdanoff said. "They've given the program so much the

last four or five years and that's motivating.'

Brian Palmer, one of the many seniors who have just three college football games left this season, believes the team has the will to win and can come out on top when Penguins stick to Youngstown-style football.

Last season, Illinois State upset the Penguins and spoiled YSU's homecoming while all but ending the Penguin's playoff hopes in one night.

"We just have to go out there and play our style of football. When we're clicking, you've said.

The team was clicking last week as it nearly pulled out a big upset over the Panthers just to fall one point short of the victory. It was Palmer's blocked extra point late in the game that proved to be the difference maker.

Despite falling short, Palmer said he hasn't lost any confidence in his own ability, or those around him on the special teams uinit.

adberry@thejambar.com

Penguin hockey wins shootout to remain atop College Hockey Mid-America standings

Josh Stipanovich REPORTER

The Youngstown State University men's hockey squad hosted two conference opponents over the weekend and split the pair with a win over John Carroll University.

One day after the squad made way into the national spotlight for the first time in the program's three-year history, YSU found their undefeated conference record come to an end after a hard-fought game that ended in a shootout against Duquesne University.

The Dukes controlled the puck for most of the first period and struck first with 17:59. YSU's defense executed nicely and even when they were in penalty trouble, Duquesne was not able to score again in the first, mostly in part to the play of Junior goalie Mathew Jacob. Jacob had a huge game in front of the net, stopping 16 of the 17 Dukes shots in the first period.

A late spark went off for YSU as junior forward Zachary Kusek scored with only 2:32 remaining in the first. The momentum began to shift toward YSU as they controlled the puck for most of the second period, and with 9:33 in the second, Sophomore forward Greg Eggleston received passes from freshman forward Nathan Druschel and Junior defenseman Kevin Pawlos and scored to make

"We need to make sure that we're disciplined. We need to make sure that when the guys walk out of the locker room today, that today's over."

Rocky Russo, head coach

it 2-1. Late in the second period, Kusek scored his second goal of the game to give the Penguins a 3-1 lead going into the third pe-

The Penguins ran into penalty trouble in the third period and allowed Duquesne to come back to tie the game at three. Neither team scored in the overtime period, forcing a shootout. Freshman defenseman Alex Arnold's shot hit off of the post and Duquesne gave the Penguins their first conference loss of the season.

After the game, head coach Rocky Russo knew that the team had to keep their focus and forget about the tough loss. "We need to make sure that we're disciplined. We need to make sure that when the guys walk out of the locker room today, that today's over, and we need to focus on tomorrow and John Carroll," Russo said.

The Penguins rebounded quickly as they took an early lead against John Carroll University. With 18:24 remaining in the first period, sophomore forward Naaman Moorman scored for the Penguins to make it 1-0. The Blue Streaks were able to tie the game as freshman Geoff Abrahams scored late in the first period.

John Carroll came out shooting to start the second period, and with only three minutes remaining, they had a commanding 5-2 lead over the Penguins.

With only 2:59 remaining in the second period, forward Greg Eggleston scored to put the Penguins within two. Within the next 1:30, junior forward Mike Poljak scored twice to tie the game at five and gave the momentum back to YSU heading into the third period. Russo knew how important it was for YSU to tie the game late in the second period. "I think we woke up there a little bit ... Mikey's our spark, and he got it done there for us," Russo said. "We're coming out, we're going to get the best 20 we

got right now," he added. With the game tied at five, the



BUTTING HEADS — Nathan Druschel of the Penguins fights for the faceoff to control the puck.

Penguins rode their momentum holding the Blue Streaks scoreless through the first 12 minutes. It wasn't until 7:28 that John Carroll was able regain the lead after center Zack Skook scored to make it 6-5 in favor of the Blue Streaks. The Penguins continued to fight, and with 6:57 remaining in the game, freshman forward Dan Trobenter scored one of his two goals in the third period to tie it at six. Each team scored again and the game was tied at seven

heading into overtime.

The Penguins ran into penalty trouble in the overtime period but held the Blue Streaks scoreless, and YSU was forced into another shootout. The Penguins were able to score three times in the shootout compared the Blue Streak's one. Junior defenseman Kevil Pawlos was credited with the game winner, and YSU won 8-7 to stay on top of the CHMA.

After the game, Russo was proud of his team after coming

off of a tough loss to Duquesne. "We battled through a lot of adversity there. Every time it seemed like we were down, we found a way to fight back. Danny Trobenter was absolutely huge in the third period. He pushed and pushed and pushed and buried two big goals for us and kept us in the game," Russo said. "I'm always confident when we're in a shootout."

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