

THE JAMBAR



Vol. 53 - No. 55

YOUNGSTOWN STATE UNIVERSITY

Wednesday, June 23, 1976

YSU graduates hear address by Dr. Wick

by Mike Braun

YSU's 54th annual spring commencement was held Saturday and those in attendance were treated to an address by Dr. Emily Wick, dean of faculty and professor of chemistry at Mt. Holyoke College.

Wick's address contained comments on several important issues she said she hoped the graduates would take under consideration.

Wick commented that an understanding of specific fields of knowledge would help the graduates in the outside world. She also made references to her hopes that the graduates would "carry the torch" for education throughout their lives.

The presentation of an honorary doctor of medical arts degree to Dr. John N. McCann was held at the ceremony. He received the award for his service to the University as the first chairperson of the board of YSU and for his service as a member of the board before the University became a state institution.

Though the weather was bad, Beeghly gym held about 4000 people. The graduates numbered 978, including 220 associate degrees, 617 bachelors and 141 masters degrees conferred. Graduating with various honors were 140 students.

A further breakdown of the graduates follows: 9 associate degrees in arts; 54 in applied business, and 157 in applied science. Masters recipients totaled 141, with 70 in education, 27 in business administration, 16 in science, 14 in engineering, 9 in the arts and 5 in music. Bachelor degrees were received by 617 YSU grads: 141 in the arts; 129 in science in education; 127 in science in business administration; 92 in science; 71 in applied science; 37 in engineering; 13 in music; seven in fine arts.

After this commencement the number of students who have received a degree from YSU rose to 32,829.

Further on in the program Mrs. Leonard Isroff (Chairperson of the Board of trustees) delivered greetings from the Board and YSU President, John Coffelt, introduced the Board members who attended the commencement.

After the presentation to Dr. McCann, Dr. Edgar announced the distinguished professor awards. The faculty selected included: Dr. Jack Bakos, civil engineering; Dr. Earl E. Cobett, education; Dr. Janet E. Del Bene, chemistry; Dr. Saul Friedman, history; Professor Leland Knauf, mathematics; Dr. Thelma Miner, English, Dr. Morris Slavin,

(Cont. on page 4)

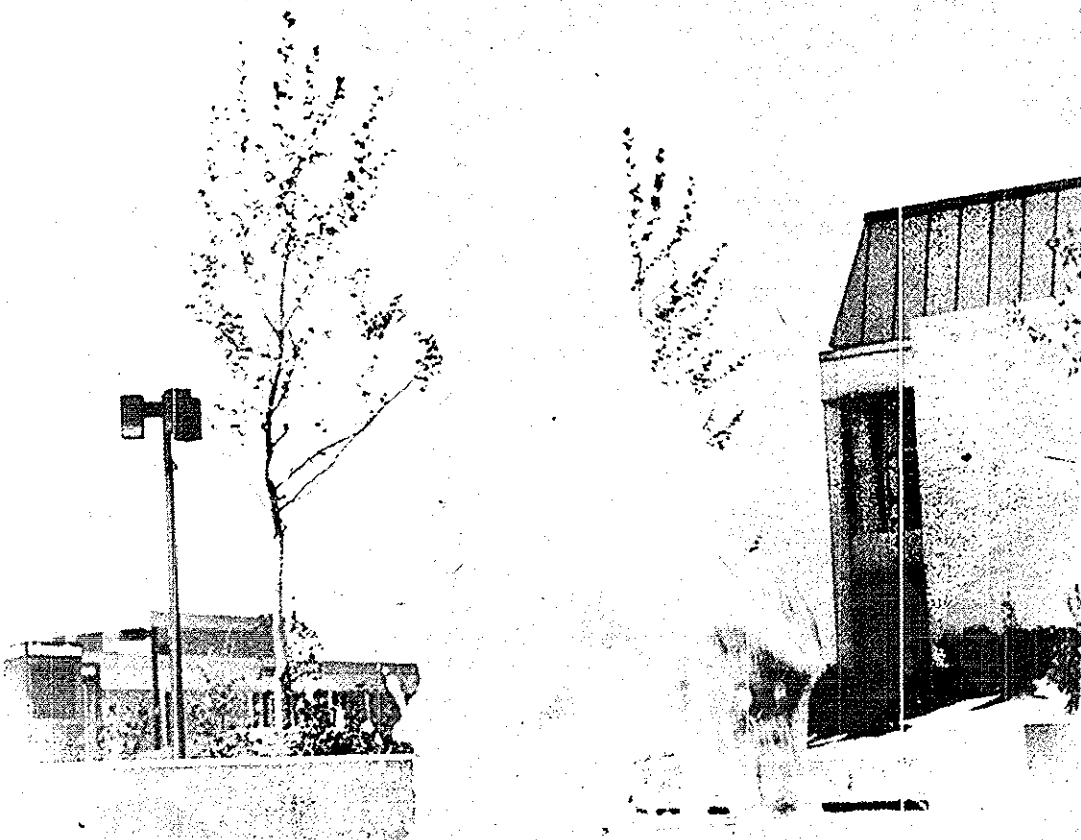


Photo by Mike Braun

OLD FAITHFUL?—No, this isn't a picture of Yellowstone Park. The new fountain in the middle of the amphitheatre gurgles away for the enjoyment of those who wish to sit on the surrounding benches.

YSU delays eminent domain take-over; Smokey Hollow given temporary reprieve

YSU is still holding up acquisition through eminent domain of seven Smokey Hollow properties according to an article which appeared in the June 17 issue of *The Youngstown Vindicator*. The properties are needed for a new parking deck which would be located in the area of N. Walnut and Webb streets.

Since the University by law is limited in the amount it can offer and cannot pay for relocation costs, President of YSU, Dr. John

J. Coffelt, is working on a more satisfactory solution for the property owners, according to the article.

The article continued that an interested group may be willing to pay some relocation costs, but the group is unidentified at this time.

The article said that Coffelt expects this Smokey Hollow issue to be clarified within the week or so and that legal counsel for the

University has been directed to hold in abeyance further acquisition in the parking deck area under the eminent domain statutes until no other legal ways remain.

KILCAWLEY HOURS

Kilcawley Center will be open the following hours from June 14 - August 29:

Monday-Friday 7:30 a.m. - 5:30 p.m.

Saturday-Sunday Closed

Exceptions

Saturday June 19 8 a.m. - 5 p.m.

Saturday June 26 8 a.m. - 2 p.m.

Saturday August 28 8 a.m. - 5 p.m.

Snack Bar (Hardees) - 7:30 a.m. - 3 p.m.

Recreation Room - 9 a.m. - 5 p.m.

Pub - 11 a.m. - 5 p.m.

Candy Desk - 8 a.m. - 5 p.m.

Copy Service - 8 a.m. - 5 p.m.

Music Listening - Closed

MESHEL

State Senator Harry Meshel (D-Youngstown), today announced that the Controlling Board has approved the release of \$114,932 to YSU. Senator Meshel, a member of the Controlling Board, said that the monies will be used for planning remodeling of the old library and Tod Hall.

Meshel said that the \$114,932 was the first release of funds of a \$1,695,254 total appropriation to YSU for remodeling project.



photo by Mike Braun

FIRST WOMAN COMMENCEMENT SPEAKER—Dr. Emily Wick (middle, above), Dean of faculty and chemistry professor of Mt. Holyoke College, gave the commencement address at the YSU Spring Commencement last Saturday. Flanking Dr. Wick are Dr. John Coffelt, YSU President, and Mrs. Leonard Isroff, Chairperson of the Board of Trustees.

Compassion?

Once again the University's tentacles are absorbing more land and encroaching upon the long established Smokey Hollow residents to add to its own domain.

Of course, the University must act as an agent of the state, and must abide by big government standards. Which raises the question of how good are big government standards?

The laws which make available relocation monies are hardly consoling. Not only are the allotted monies minimal, but ousting these contently settled residents is upsetting.

Why don't the laws allow a more equitable solution for these soon to be displaced persons? How many other people have had to relocate as they fall prey to the University's grasp? These questions must be on the minds of Smokey Hollow residents these days and should be a concern of the entire Youngstown community.

Let us hope that our elected officials will review the eminent domain laws intensely instead of waiting until they someday receive a knock on their door with the news that cement and concrete is going to replace their home.

Since the University has failed to show compassion, let us hope that our legislators will regulate compassion by putting into law, a more equitable and humane solution.

Equal Time

Questions necessity of pesticides

To the editor of *The Jambar*:

The courageous story in *The Jambar* that questioned "Pesticide safety" measures" has stirred a great deal of interest and concern. Unfortunately, no one seems to be asking the right questions. To argue over whether or not landscapers are wearing masks for protection is an evasion of the central issue.

Each one of us on this campus and in the community needs rather to ask: What damage is being done to the environment

through the use of these pesticides? What damage is being done to each one of us (so far faculty and students have not been provided with masks)? And most important of all: *Why are pesticides being used?* Rachel Carson has pointed out that "If the Bill of Rights contains no guarantee that a citizen shall be secure against lethal poisons distributed either by private individuals or by public officials, it is surely only because our forefathers, despite their considerable wisdom and

foresight, could conceive of no such problem."

I think it not unreasonable to expect that a University, devoted to knowledge and the pursuit of wisdom, should be the first to protect its citizens and their environment, that such an establishment should be the first to explore alternatives to poisoning the atmosphere rather than settling for the easy, commercially popular and dangerous solution.

Jean McClure Kelly
Associate Professor English

Thanks students for bill support

To the editor of *The Jambar*:

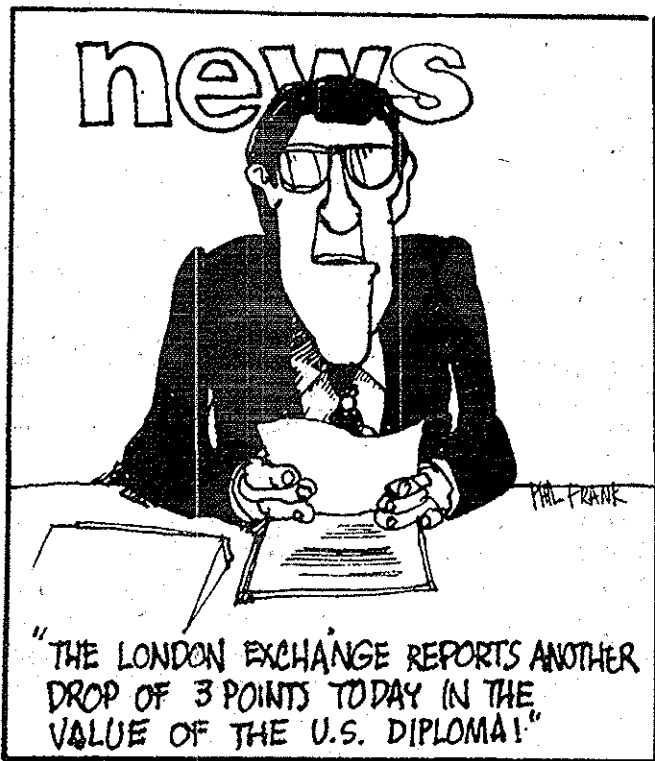
Over a period of time I have received a number of petitions from YSU students supporting H.B. 335, which permits universities to establish prepaid legal programs.

I want to take this opportunity to report to you that H.B. 335 of which I was the Senate sponsor, was voted out favorably on the Senate floor on June 10, 1976.

I appreciate greatly the support the students here have

given the bill and hope that the students continue to express their views to me.

Harry Meshel
State Senator



© COLLEGE MEDIA SERVICES • BOX 9411 • BERKELEY, CA 94709

Eugene Moretti, Alexandra Vansuch win Eddie Dowling Awards at Spotlight

The Spotlight Theatre presented the third annual Eddie Dowling Awards in Theatre on June 12 during ceremonies at the Silver Mirror Restaurant.

Awards, named in honor of the late veteran Broadway producer/director actor Eddie Dowling, are sponsored by YSU's chapter of Alpha Psi Omega national honorary dramatics fraternity to recognize achievement in theatre performance.

The Best Actor Award was presented to Eugene Moretti, senior theatre major from Lowellville, for his role as Eddie Carbone, the uncle who was unable to let his niece go, in Arthur Miller's *A View From the Bridge*.

As the woman who was only able to express love for a deformed cousin, Alexandra Vansuch repeated as Best Actress of the Year for her touching performance of Miss Amelia in

Edward Albee's *Ballad of the Sad Cafe*.

Winning his first Eddie Dowling award for Best Supporting Actor was Charles Lawrence for his performance of Stephen, the brooding young man who wants to get away, in *When You Coming Back, Red Ryder?*

Named Best Supporting Actress for her hilarious interpretation of a French landlady in Bruce Jay Friedman's *Scuba Duba* was Mary Nigro.

Dr. Bill G. Hulsopple, director of theatre, announced a new award initiated this year-- the Peggy Ennis Award for Outstanding New Person in YSU Theatre. Selected was Mark Nutter, who was cited for work in sound, scenic construction and painting and appeared in *Scuba Duba* and *Ballad of the Sad Cafe*. The award was named for the late Mrs. Ennis for her involvement with Spotlight Theatre since its inception and her "tireless

contributions for promotion of the theatre".

Galen Elser was named Best Technician for a Single Show for outstanding lighting for *Ballad of the Sad Cafe*. The award for Best Technical Work for an Entire Season was presented to Robert J. Dubec, sophomore theatre major, for outstanding work with properties and publicity.

Rounding out the award winners was this year's only double winner, Eugene Moretti, who was selected Outstanding Senior for 1975-76.

Marilyn Thomas, president of the Eta Phi cast of Alpha Psi Omega, served as mistress of ceremonies. Previous Eddie Dowling Award winners, together with Hulsopple and Frank C. Castronova, instructor in speech communication and theatre, presented awards to this year's winners.

Recipients were selected by a committee composed of theatre staff, YSU faculty and theatre patrons. Winners were announced for the first time during the ceremony.

Hulsopple also presented a brief eulogy for Eddie Dowling who died this year. Musical entertainment and a color slide presentation of this year's shows were also provided.



THE JAMBAR

Published Wednesdays during the summer months by the students of Youngstown State University and under the authority of the Student Publications Committee. Editorial material and comments are the responsibility of the editors. Opinions expressed in the newspapers are not necessarily those of the staff, the student body or the YSU administration. Advertising rates on request at *The Jambar* office.

The *Jambar* Offices are located at 629 Bryson St., Phone 746-1851, ext. 478 or 479.

Gina DiBlasio—Editor-in-Chief
Ann Wishart—Copy Editor
Michael Braun—Managing Editor
Neil Yutkin—Entertainment Editor

NEWS STAFF: Janis Baharis, Monessa Ferguson, Ginny Lippa, Virginia Logan, Maria Macchione, Tim Maloney, Bill Manser, Ed Stollish, Diane Walustis, Lisa Yarnell

DARKROOM: Terri Turnovsky

PHOTOGRAPHERS: Mike Braun, Tim Maloney

ADVERTISING: Elody Fee, Manager; Scott Morrison, Sales

COMPOSITORS: Barb Badaski, Chris Habuda,

SECRETARY: Millie McDonough.

Input Policy

Letters to the editor may not exceed 250 words and should concern campus issues. Input columns may not exceed 500 words and may concern issues beyond the campus. No submission may be libelous, inaccurate, nor may any be free advertising. The editor reserves the right to edit or reject all submissions. Both letters and input must be typed.



June festival BOX

June 21-September 4 (except Sundays)
"TECUMSEHI!"
 Chillicothe (Sugarloaf Mountain Amphitheatre)
 Through the blue haze of dawn comes the deadly whisper of arrows in flight, the crackle of flintlock fire and the thunder of three-pounder artillery as the Battle of Tippecanoe explodes around you on eleven stages and you become an eyewitness to history! Spectacular outdoor drama. Cast and crew of over 100 professionals. 8:45 p.m.
 Contact: Allen Witt, Promotion Director, "TECUMSEHI!", Box 73, Chillicothe, Ohio 45601. (614) 775-4100.
 June 24-27

CHERRY FESTIVAL
 Bellevue (Intersection U.S. 20 and Route 18)
 Grand opening, Thursday: 5 p.m. Friday: pie baking contest and auction, pony pull (6 p.m.), square dancing. Saturday: open golf tournament at Twin Lakes, antique car show (10 a.m.), parade (2 p.m.), Queen's pageant and dance. Games, rides, raffles, arts and crafts, helicopter show and rides, historical railroad exhibits and museum, entertainment. Largest blacktop festival in Ohio.
 Contact: Ms. Val Schmidt, P.O. Box 222, Bellevue, Ohio 44811. (419) 483-4560.

June 26-27
TOLEDO FESTIVAL OF THE ARTS
 Toledo (Crosby Gardens)
 One of the largest outdoor festivals in Northwest Ohio. A juried show open to exhibitors throughout the country. Music, arts, crafts, dance and drama. Free admission. 10 a.m. 'til 7 p.m.
 Contact: Ms. Barbara States, Arts Commission. (419) 536-8365.

June 26-27
FOUNDERS DAYS 1976
 Springdale (Cincinnati area)
 Combination of an old-fashioned fair and modern festival with costumed participants, entertainment, rides, games, fireworks, contests: beard growing, husband-calling and greased pole contests, tug of wars.
 Contact: P.S. McKelvey, Greater Springdale Jaycees, P.O. Box 46623, Springdale, Ohio 45246. (513) 671-6434.

June 27-July 4
BICENTENNIAL FESTIVAL WEEK
 Minerva (Route 30, off I-77)
 A market square atmosphere will prevail. Colonial style stalls will be set up, sidewalk shows, contests, afternoon and evening entertainment. Events: All Faiths Candlelight Religious Program (Sunday: 7:30 p.m.); Young Patriots Day (Monday); Frontier Day (Tuesday); Heritage-Horizons Day (Wednesday); Rhett Butler-Scarlett O'Hara Day (Thursday); Colonial Day (Friday); Independence Day Parade, 2 p.m. (Saturday); Picnic (Sunday). 11:30 a.m. 'til 1:30 p.m.
 Contact: Minerva Bicentennial Commission, 716 McDaniel Avenue, Minerva, Ohio 44657. (216) 868-4375.

June 29-September 5 (except Mondays)
"TRUMPET IN THE LAND"
 New Philadelphia (Schoenbrunn Amphitheatre)
 This official Ohio Bicentennial play re-creates an exciting moment from Ohio's past, an event which influenced the outcome of the American Revolution. TRUMPET details the contribution of Moravian Missionaries and Christian Delaware Indians. 8:45 p.m.
 The opening of the season for this play begins THE FEAST OF REASON AND THE FLOW OF SOUL.



WGFT, Youngstown's first new AM station in 20 years is now on the air. A black oriented station, WGFT is the first in our city aimed specifically at the black population which makes up 60 percent of Youngstown.

The idea for a new radio station was conceived by John Galanes one of the three principal stockholders in the firm. Galanes is also vice president and general manager of WGFT. The others are Emil Koledin, president, who is also the owner of the Central Tower Building, located in downtown where the WGFT offices are housed on the seventh floor; and Attorney V.M. McGuffin who is secretary and treasurer.

Diane Gilmore, news and community affairs director at WGFT says that total community involvement is the station's desired goal. Gilmore said that WGFT will include many public service shows which will deal with problems like divorce, rape, alcoholism, child abuse, health

problems, the aged, housing and education. She said these kind of features will be part of WGFT's "total community involvement."

Currently some of WGFT's regular features besides "more soul and the best rock music" is a Sunday morning program of Spanish music hosted by Phil Gonzalez in Spanish, a religious music program on Sunday evenings entitled "The Gospel Train" hosted by Bob Perry and a Black Muslim program on Sunday mornings coming from Chicago. Gilmore will host a community affairs show called BIC (Brief Interesting Conversations) in the future.

The DJs at WGFT besides Gonzalez and Perry are Jay Williams (John Galanes), "Sweet William" (Billy Lee), Warren Only, Frankie Halfacre and Rev. Mrs. Mary Wright. Gilmore noted that all the staff are local except Warren Only who is from New Jersey.

Though WGFT just came to the air May 8, it's appearance has undoubtedly affected the listening habits of many radio fans who prefer more soul music.

Random Numbers

Another proverbial chicken or the egg choice: Have we changed because of our music or has our music caused us to mellow out?

The reason I bring this up is the recent Al Kooper concert and the attendance, or rather, lack of it. Here was a man, a genius in music who formed some of the more innovative groups of the sixties—Blood, Sweat and Tears, the Blues Project, Three Dog Night—a man who did some of the best recorded jam sessions with Steve Stills, Mike Blumfield, Paul Simon, Carlos Santana, and many others, and was nonetheless totally ignored by Youngstown in his appearance at the Tomorrow Club. It is not the fact that people did not realize who he was, but the idea that America's taste in music has mellowed out, and with this mellowing process, a little bit of the spirit of our involvement has died.

Look at our music today. Kooper, Dylan, Presley, and the Beatles have been replaced by Denver, Newton-John, Sedaka, and Wings. Protest and innovation has been replaced by mellow, country and *Just another love song*. So has our politics.

People have reverted to the fifties in thought and deed. Scandals that would have once rocked our political system are now overlooked with a ho-hum attitude. We have returned to the "stay-the-hell-out-of-my-way" and "I-don't-care-what-you-do" era. It seems the hardness has gone out of our resolve as it has gone out of our music.

The few people who are now the self-appointed challengers of the establishment—the investigative reporters—are left with the entire burden. When they are killed (as in the case of Dan Bowles, in Arizona), people take a moment out and then go back to ignoring the wrongs.

Strange, but back in the late sixties, when soapers (downers) were introduced to campuses by the CIA and other intelligence agencies, there was a great deal of talk about a plot by the same agencies to revert the mood of students by changing the music back to the fifties-style. The music has changed, we have changed, but was this a government plot? Have we been co-opted by a group trying to control us the way soapers were used?

We need to remember the struggle that we put up to get where we are today. Kooper, thanks for the reawakening—and welcome back. You've been a long time gone. *by Neil S. Yutkin*

Smoking Reminder

Raymond Orlando, Director of the Physical Plant and University Fire Marshal, said there has been an increase of smoking in classrooms in the last few years. Orlando claims his department is becoming very alarmed at this development because the cigarette butts

marr the floors and cause additional maintenance and cleaning. He said it is the responsibility of all faculty and staff to enforce the NO SMOKING regulations in classrooms. Anyone needing assistance in this enforcement is encouraged to contact Orlando at ext. 249.

POETRY CONTEST

A \$1776 grand prize will be awarded in the Bicentennial Poetry Contest sponsored by the *World of Poetry*, a monthly newsletter for poets.

Poems of all styles and on any subject are eligible to compete for the grand prize or for 49 other cash or merchandise awards.

Says contest director Joseph Mellon: "We are looking for poetic talent of every kind and expect 1976 to be a year of exciting discoveries."

Rules and official entry forms are available by writing to: World of Poetry, 801 Portola Dr., Drawer 211, San Francisco, California 94127. Contest deadline is July 31.

Sheraton Discount

Bargain-hunting, economy-minded college students and faculty members are eligible for a 25 percent discount at Sheraton hotels and motor inns around the world.

Reservations may be made two ways: by using the toll-free central reservations phone (800-325-3235) in the continental United States or through any Sheraton reservations office overseas. Students and faculty members should identify themselves when checking in or when making reservations and request the discount.

If the management at individual hotels and inns feel they will not sell every room on certain nights, they can make the rooms available at a 25 percent discount.

One Woman Art Show

Cheri Mohn, internationally known artist and art-instructor, has a one-woman Art Show in Retrospect in the new gallery, Village Art Gallery, 20 South Main, Columbiana, Ohio, beginning Sunday, June 27, 2-5 p.m. This show is in conjunction with the grand opening of the Village Market Place.

Cheri Mohn attended Akron Art Institute, graduated from Youngstown State University and also did graduate work at YSU.

Showing locally as well as internationally, Miss Mohn has received many awards. Among them is the purchase award for the permanent collection at Butler Institute of American Art.

Miss Mohn is listed in *Who's Who in the Arts* and *The American Federation of the Arts Who's Who in Art*. She was chosen one of the top ten American women artists by *Mademoiselle* magazine. She has had her work published in *Artists USA 70-71, 72-73, and 74-75*.

Kenley Discount

Effective now, reservations can be made for discount tickets to the Kenley Players. The special rate of \$4.50 for two reserved seats (regular price is \$4.50 per seat) applies to *Tuesday evening* at 8:30 p.m. and *Sunday evening* at 7:30 p.m. only.

Once again, in establishing this special University program, Mr. Kenley has requested that University employees purchase only tickets for their immediate family's use. He has indicated that the program will be jeopardized by indiscriminate use of University tickets by the general public.

Please note that tickets must be purchased in multiples of two to receive this special rate. If you are interested in purchasing tickets for any of the performances on either of the two nights, reservations will be made for you by the University Ticket Office located in Room 201 of the Beegly Physical Education Center (located just inside the entrance off the Elm Street School faculty parking lot). Office hours are from 8:00 a.m. to 5:00 p.m. Monday through Friday. Payment must be made in advance and your faculty/staff ID card must be presented before reservations are made.

You will be given a ticket reservation form to be exchanged for your seat ticket at the Kenley Box Office in the Packard Music Hall on or before the performance night. Seat tickets should be picked up at least fifteen minutes before curtain time.

No refunds can be made. However, by contacting the Kenley Box Office (743-2163), you may switch your reservation to a future show.

YSU graduates

(Con't. from page 1)

history; Dr. John Van Norman, Chemistry; Dr. John Yemma, Biological science; and Dr. Louis Zona, art.

The awards are provided for in the 1975-76 agreement between YSU and the YSU chapter of the Ohio Education Association. Each Year up to ten persons may be selected as distinguished professors on the basis of excellence in teaching and scholarship. Candidates for the award may be nominated by a student, faculty member, department chairperson, or dean.

Wick, the commencement speaker, was accredited as the first woman to receive tenure and the first woman to work her way through faculty ranks to full professorship as a faculty member at MIT. Wick was also the first woman to speak at a YSU commencement.

Graduate students commented on their years at YSU. Don McTigue, Political Science said, "For every good teacher there was one who shouldn't have been teaching". McTigue has a job with the Government Accounting Office in Cleveland and may attend the Law School at Case Western Reserve University.

Robin Brown, Mass Communications said he felt his education at YSU was "not as thorough as expected". Brown hopes to attend graduate school but is still awaiting news from

several colleges. Pat Budak, English, said, "YSU was just great, I loved every minute". Budak would like to be a teacher "if I could find a job".

Kathy Salaka, Political Science, and a member of *The Jambar* staff, said she felt that YSU was a "good learning experience". She would like to go to law school but hasn't decided on a school yet.

The school and college deans, Dr. Nicholas Paraska, T&CC; Professor Robert Miller, Business Administration; Dr. Arnold J. Moore, Education; Dr. William R. McGraw, Fine and Performing Arts; Dr. Bernard Yozwiak, Arts and Sciences; Dr. Jean Charignon, Engineering; and Dr. Leon Rand, Graduate studies and Research; presented the graduate degrees, which were conferred by Coffelt.

The invocation was given by the Reverend Alfred J. Hubler, Pastor of Poland United Methodist Church and the Benediction by the Reverend George T. Pappas, pastor of Archangel Michael Greek Orthodox Church.

Busy Beaver says, "JAMBAR CLASSIFIEDS work like the Dickens!"

Don't get your blood pressure up

by Louisa Marchionda

A national campaign should be launched to reduce the salt and fat content of the American diet. Without these nutrients, it's practically impossible to eliminate high blood pressure (hypertension), a disease which affects one out of every seven Americans.

Popular foods such as bacon, pastries, catsup, frankfurters, lunch meats, potato chips and other processed foods contain large amounts of salt and fat. Consumed in large quantities over long periods of time, these foods can be instrumental in producing hypertension.

Many of these salt-laden foods also contain a lot of fat which raises the level of fat in the blood

and is an important factor leading to hypertension.

With hypertension, a person may look and feel healthy but may suddenly experience heart disease, stroke or kidney failure as a result.

Manufacturers should be encouraged to develop new and old products with a minimum level of salt compatible with consumer acceptance, especially for foods which are popular items in the diet of the population as a whole. Nine out of ten baby foods contain salt and help foster a taste for salt throughout a person's life. High salt intakes in childhood is a predisposing factor in the development of hypertension.

At the present time, processed foods low in salt for persons prone to hypertension are either

inconvenient or costly. Manufacturers should make an attempt to provide these processed foods low in salt without penalty to the consumer.

Factors other than salt and fat in the diet which cause hypertension include heredity, emotions and abnormalities in the kidneys.

Intake of salt and fat seem to be the most important factors in causing and controlling hypertension. So, don't get your blood pressure up! Eat fewer salty and fatty foods. Have your blood pressure checked periodically by your doctor. Besides decreasing intake of salt and fat, people with hypertension should also limit their use of alcohol, tobacco, coffee and soft drinks containing caffeine.



Chinese Pepper Steak

- 1 1/4 lb. round steak sliced in diagonal slivers
- 2 tbsp. safflower oil
- 2 tbsp. minced onion
- 1 clove minced garlic
- 2 large green peppers, sliced
- 1/2 cup sliced celery
- 1 tsp. soy sauce
- 3 tbsp. cornstarch mixed with 2 tsp. water
- 1 cup water

Sear steak in hot oil. Add onion, garlic, pepper, celery and 1/2 cup water. Cover pan, reduce heat and cook for 5 minutes.

Add cornstarch and water, stirring vigorously. Add more water if needed. Add soy sauce. Simmer an additional five minutes. Serve at once over long grain rice. Serves 4.

Louisa's Recipes

Carrots and Potatoes Side Dish

- 12 small potatoes, peeled
- 6 carrots, peeled and cut lengthwise in 3" pieces
- 1/4 cup margarine, unsalted or regular
- 1/4 tsp. salt
- 1/2 tsp. rosemary paprika

Place potatoes in a large saucepan in water to cover. Heat to boiling and cover. Boil gently for 5 minutes. Add carrots, cover and boil gently for five minutes; drain. Spoon vegetables into ungreased 1 1/2 quart casserole. Dot with margarine. Sprinkle with salt and rosemary.

Bake at 350 degrees covered for 30 minutes or until vegetables are tender. Sprinkle with a dash of paprika before serving. Serve with roast beef. Serves 6.

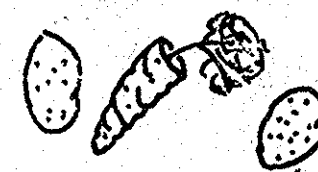



Tomato Sauce

- 6 large ripe tomatoes, peeled, seeded and coarsely chopped
- 1 medium green pepper, chopped
- 1 tsp. basil leaves
- 2 cloves garlic, minced
- 1/2 tsp. black pepper
- 1/2 cup safflower oil salt to taste
- 1/4 cup Parmesan cheese

Heat oil in sauce pan. Add tomatoes, stirring frequently. Add green pepper, basil leaves, garlic, pepper and salt.

Simmer gently for about 20 minutes. Serve over 1 lb. hot cooked spaghetti. Serves 4.



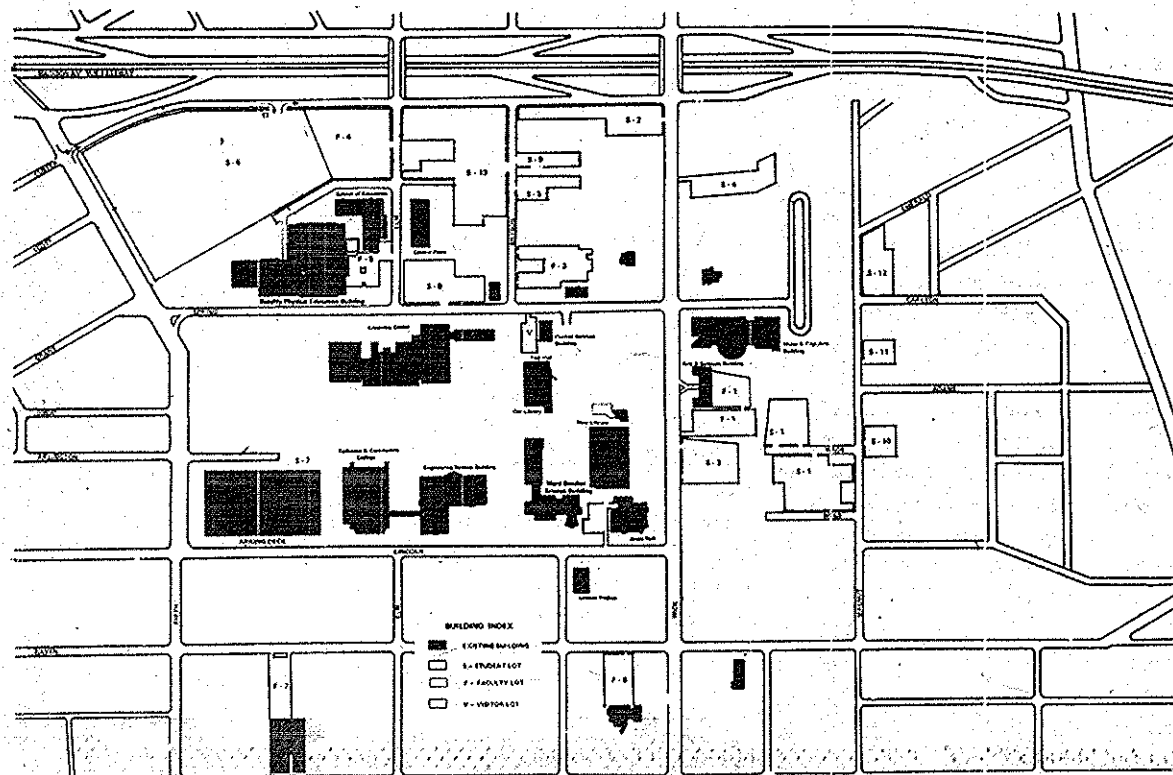


PRETERM ABORTION SERVICES

Free Pregnancy Tests
Counseling for Alternatives
Individualized Care
Non-Profit and Tax Exempt
Operated By Women For Women

216-368-1000
UNIVERSITY-CEDAR MEDICAL BLDG.
10900 CARNEGIE AVE., CLEVELAND, OHIO 44106

Summer parking guide



Richard Eplawy, auxiliary services, said that open parking will exist throughout the summer. He explained that faculty and students can park in either lots. He noted that the attended lots during the summer are F1, F3, F4, F5, F8, S3, S6, S7, and S8. Eplawy said that F1 and F5 will be attended during the daytime only and urges that students and faculty make use of the attended lots during the evening hours.

Eplawy requests that all motorcycles be parked in the parking area located on Grant Street behind Beagley since it is a protected area.

He added that in addition to the regular bicycle racks, new ones have been installed on the inner core of campus.

CLASSIFIEDS

STEREO AND RECIEVER-w/turntable. Sylvania module unit w/dual turntable. 20 watts RMS each channel with two 8 inch air-suspension speakers. \$250 firm. Call 788-5159.

STEREO AND TV REPAIRS, All makes, receivers, changers, tapes, and radios. For quality work and reasonable rates, call QUALITY ELECTRONICS. 793-5797.(24CH)

WANTED

ADDRESSERS WANTED IMMEDIATELY! Work at home--no experience necessary--excellent pay. Write American Service, 1401, Wilson Blvd., Suite 101, Arlington, Va. 22209. (15JCH)

WANTED: FEMALE ROOMMATE TO SHARE APT FOR NEXT SCHOOL YEAR. Call Linda 513/922-4583 or write L. Kaine, 5504 Cove Ct., Cinti., Oh. 45238.(2J30CH)

WANTED: PART TIME PERSON for running errands and general office work. Person must have nice personality, appearance and must have driver's license. Pay is good and company paid benefits. For appointment call U.S. Trading at 743-1374.(1J23CC)