



# THE JAMBAR

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since 1931.

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PENGUIN BASKETBALL RETURNS TO COURT FOR NEW SEASON

THE SIDEBAR



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**WEATHER**

Today	☁	52° 43°
Friday	☁	58° 49°
Saturday	☁	44° 41°
Sunday	☁	37° 28°
Monday	☁	35° 26°
Tuesday	☁	36° 25°
Wednesday	☁	40° 28°

Remember to recycle your copy of The Jambar.

# HEADS UP

## Health officials warn oral sex is not safe

Matt Lattanzi  
REPORTER

Susan Spencer, R.N. the interim sexually transmitted disease supervisor at the Youngstown City Health District said it is a rumor that there is no link between oral sex and STDs. She listed herpes and gonorrhea as two major diseases passed. She also included chlamydia and HIV as two more diseases that could be contracted.

A 2007 study in the "New England Journal of Medicine" found a link between oral sex and the transfer of the human papillomavirus [HPV], a disease they tied to cancer of the throat, mouth and "virtually all cervical cancers."

This control study was performed on "100 patients with newly diagnosed oropharyngeal [base

**"I use condoms sometimes, but I'm not aware of any other protective measures when it comes to oral sex."**

Steve Vada, freshman

HEADS UP page 2

## Students question whether oral sex is sex

Adam Bickel  
REPORTER

Is oral sex really sex? Rachel Jones of the Guttmacher Institute implied when talking to USA Today that many young people don't believe it is. She talked about how the young generation views oral sex as something different from sex and how many people who engage in oral sex still consider themselves virgins.

According to a report released by the National Center for Health Statistics, more than 70 percent of 18-year-olds have engaged in oral sex. While this increasing number shows what many young people are doing, it doesn't express what they thought about oral sex.

In 1999, the Journal of the American Medical Association examined nearly 600 students from 29 different states and found that 60 percent did not consider oral-genital contact sex. Sophomore Megan Carbon agreed with this opinion. "Oral sex isn't sex. If a friend told me that she gave a guy [oral sex], it wouldn't register in my head that they had sex."

While Carbon's views may be in the majority, there are still many people who do consider oral sex to be sex. Who can forget President Bill Clinton's historic line, "I did not have sexual relations with that woman?" If you take your sexual advice from President Clinton, which apparently many young people do, oral sex is not sex. Not everyone shares this opinion though.

"Yeah I think oral sex is sex. It is stated in the description- oral sex," senior Steven DeSalvo argued. His friend junior Robert Ruggeri disagreed. "Dude, there is no way. If I told you I had sex last night you would never think it was just [oral sex], you would think intercourse, because that is what sex is - intercourse."

Sophomore Jennifer Aiken didn't know what she would consider it. "I am not sure if I could consider someone a virgin if they have given and received oral sex, but I don't know if I wouldn't consider them a virgin either because I don't think oral sex is sex. I guess they are just sexually active. That is the word I would use."

editor@thejambar.com

## YSU's 'glass ceiling' has few cracks

Leonard Glenn Crist  
REPORTER

Few women in the Mahoning Valley have the financial clout, knowledge and objectivity required to serve on the board of trustees at the Youngstown State University Foundation, the nonprofit organization's president said in a recent interview.

"Not as many women are connected to finance. Not as many women control the money in their families. They don't necessarily bring that knowledge and objectivity to the board," C. Reid Schmutz, YSU Foundation president, said.

Less than six percent of the YSU Foundation's leadership is female. Three females, Jocelyn Kolay Linsalata, Eleanor Beecher Flad and Eugenia Atkinson, serve on the foundation's 45-member board of trustees. Of the three paid employees who serve in subordinate positions to Schmutz, all three are women.

Unlike the university, the foundation has no official diversity goals or policies, Schmutz said, and diversity considerations play no role in choosing trustees.

Anne McMahon believes the foundation will eventually be forced to change its practices. A management professor in the Williamson College of Business Administration and the founder of Partners for Workplace Diversity, McMahon said the foundation should have diversity goals. If they don't become more inclusive, they will eventually begin to feel ill effects in the organizational pocketbook, she said.

Though housed on the second floor of the Alumni House on the YSU campus, the YSU Foundation is a nonprofit organization separate from the university. The foundation had net assets of \$166 million at the end of 2006, according to Internal Revenue Service tax records. The primary source of foundation money is planned giving in an individual's will, Schmutz said.

Last year, the foundation provided \$6.2 million in funding for various university programs and scholarships, Schmutz said. He illustrated a \$1.5 million endowment the foundation has for minority scholarship as evidence of the foundation's commitment to diversity.

Increased diversity was one of three primary initiatives, the other two were increased enrollment and increased partnerships, that YSU President David Sweet called for when he first came to the university in 2000, said George McCloud, YSU's vice president for university advancement.

When asked if the university has made these priorities clear to the foundation, McCloud said Sweet "has always been very clear and public on those themes. We make very clear what our institutional priorities are."

Though the university and the foundation have a close relationship and meet informally on a bi-weekly basis, the university is "mindful of

GLASS CEILING page 3

### What does the YSU Foundation spend its money on?

- Fiscal Year 2006 foundation expenditures:
- Scholarship and student awards: 85.2 percent
- Internal expenses: 9.5 percent
- Academic enhancements: 5.2 percent
- Property for YSU: 0.1 percent

Source: YSU Foundation web site: <http://www.ysu.edu/ysufoundation/where.shtml>

## Student government reinforces non-smoking policy on YSU campus

Samantha Pysher  
REPORTER

A non-smoking policy is underway at Youngstown State University.

"What we're hoping to do is to inform people of the current policy," said senior Mike McGiffin, president of the Student Government Association and one of the key players for the campaign.

McGiffin said the campaign will begin the week of Nov. 10 and at the end of week three non-smoking signs will be set up around campus.

The signs were purchased with funds donated from various contributors, he said.

McGiffin said SGA was approached by a group of concerned students about the smoking habits of campus students.

"The students that approached us helped in the steering of the campaign," said McGiffin.

"The strength of the campaign is based on the tactic of surprise, sorry I don't want to ruin it," he said.

However, McGiffin said the campaign has two messages: to inform members of YSU of the associated health hazards of first and second hand smoke and to inform YSU members of the current non-smoking policy.

The policy is driven by the state law that prohibits smoking inside public buildings and within a certain number of feet from

the building entry, said YSU President David Sweet.

Sweet also said there are a few areas on campus where smoking is permitted, for example the campus core.

"We've been frustrated by the fact that there are individuals who are smoking within areas where smoking is prohibited," said Sweet.

The topic of individuals smoking in prohibited areas was brought to his attention at the first meeting of the "Presidential

Mentors", he said.

From that meeting a committee was then formed to enforce the non-smoking policy.

"The primary goal of the campaign is to educate students, faculty and staff about what the rules are regarding smoking on campus," said Mark Van Tilburg, executive director of marketing and communications and campaign committee member.

"YSU is a smoke-free campus," he said.

SMOKING page 2

## News Briefs

### YSU signs on to Voluntary System of Accountability

YSU along with Ohio's 12 other public universities, is now part of a national program that allows the public to compare data from more than 300 colleges and universities nationwide. The organization, known as the Voluntary System of Accountability or VSA, was formed over two years ago as a collaborative effort between the American Association of State Colleges and Universities and the National Association of State Universities and Land-Grant Colleges. The program is designed to improve public understanding of how colleges and universities operate.

### 'We are IT' conference set for YSU this Friday

"We are IT," a professional information technology conference designed for girls in junior and senior high school, will be held on the YSU campus on Friday, Nov. 14. The purpose of the conference is to familiarize young women with various aspects of information technology, and other sciences in the hopes of encouraging them to continue their education and pursue careers in IT or other science disciplines. Keynote speaker is Rhonda Chicone, vice president of engineering and product development for Notify Technology Research and Development.

### Little Women opens this week in Ford Theater

University Theater at YSU presents the Mahoning Valley's premiere of "Little Women, The Musical." Show dates are Nov. 13-6 and Nov. 21-23 in the Ford Theater on the YSU campus. Curtain time for Thursday, Friday and Saturday performances is 7:30 p.m. Sunday matinee performances start at 3 p.m.

Tickets may be reserved by calling the University Theater Box Office at 330-941-3105. Tickets are free for YSU students with ID, \$10 for adults and \$5 for senior citizens.

### YSU observes Global Entrepreneurship Week

Youngstown State University will observe Global Entrepreneurship Week Nov. 18, 19 and 20 with a series of events designed to encourage students, faculty and the regional business community to pursue entrepreneurial opportunities. For a list of events, please visit www.wcba.yzu.edu.

## Police Briefs

### YSU football players involved in fight

At midnight on Monday an officer was dispatched to Arlington Avenue in response to a fight between 15 to 20 YSU students. When backup arrived the students began to run away. A few students were apprehended and upon interview disclosed that the combatants were YSU football players.

### Purse stolen from Maag library

On Monday at 10:20 a.m., a purse was stolen from the third floor bookshelf in the Maag library. The student had set her purse on a table as she looked for a book. When she returned the purse had disappeared.

### Broken door frame in resident apartment

On Monday a resident of the Wick Oval apartments stated she heard a loud bang. Upon coming out of her bedroom she found that her apartment door frame had been busted, but she didn't look into hallway to find out who had done it.

# YSU scores A- on NCPA report card

J. Breen Mitchell  
NEWS EDITOR

Youngstown State University received an A- for its medical policies for student athletes on a national survey.

The National College Players Association announced the results of its Medical Policy Disclosure Campaign, and YSU was one of several schools to receive a grade of A- or better.

"Every school starts with an A+," said Ramogi Huma, president of NCPA.

Huma said the only area where YSU lost a point was that it doesn't provide comprehensive health insurance for student athletes, but rather only covers medical problems that are directly related to athletics. He said the questionnaire was distributed to schools prior to a recent lawsuit, which allows colleges to provide comprehensive medical coverage to all

athletes, and it is possible that some of the schools that do not offer it now will in the future.

"The basic premise is that we believe that any sports-related injury should be covered," Huma said.

He said schools always offer athletes a verbal commitment to cover any medical expenses they incur as an athlete, and the purpose of the survey is to put this verbal promise in writing.

John Doneyko, YSU's head athletic trainer, said this is the first time YSU has taken part in this type of survey.

"It's a brand new deal," Doneyko said.

He said the survey stipulated that if the respondent does not answer yes to each of the eight questions then the highest grade they can receive is an A-. The only question YSU answered no to was whether they provide comprehensive coverage.

"We cover you in you official capacity," he said.

The university requires that athletes visit certain doctors and they will be paid for as long as they don't go outside of this circle.

Doneyko said the university will not cover medical expenses that are not related to the sport they play.

"If you're walking down the street and someone throws a rock and hits you in the head, we're not gonna cover that," he said.

He said YSU has no plans to offer comprehensive coverage.

"We probably would not do that," he said, adding that he thinks it is fair for YSU to continue to cover only injuries that are athletic-related.

YSU was one of 23 universities to receive an A- or better on the survey.

"Any school that responded to the survey should be commended for responding," Huma said.

jbmitche@thejambar.com

### HEADS UP page 1

of the tongue, tonsils and uvula] cancer and 200 control patients without cancer."

The results found that the risk of contracting oropharyngeal cancer increased from "1.3 to 8.8" for anyone that had a "high lifetime number" of six or more oral sex partners.

Student opinion on the subject was generally mixed. While many were uncertain about the link, they still found it something to be wary of.

"I don't give oral sex, but to be on the precautionary side, if I ever did I would use protection," said freshman Brielle Wats.

Freshman Vinny Valentino said he was concerned about the dangers of cuts or open sores in the mouth, especially in the "area below the tongue," which he feels would be a clear source of infection.

"There is a million things that can occur," Valentino said.

Wats agrees with this concern and adds that her mouth

piercing is one of the main reasons she abstains from oral sex.

"I have a tongue ring so I wouldn't have oral sex because it might get infected," said Wats.

Freshman Mike Slater sees the potential risk involved but does not worry about it much.

"The risk just isn't as strong as regular intercourse," Slater said.

Spencer said this may be true, but is apprehensive about casting it off completely.

"It's [the risk] slim; I can't even quote you a statistic," said Spencer adding that while the risk may be minimal, it's still there.

Spencer adds another possible reason behind the lack of knowledge on the subject is the modern attitudes and myths about sexual activity.

"Many people are under the incorrect assumption that oral sex is not sex," Spencer said.

Many students say they are

limited in their choices to protect themselves during this activity.

"I use condoms sometimes, but I'm not aware of any other protective measures when it comes to oral sex," said freshman Steve Vada.

In addition to wearing a condom, Spencer offers the option of wearing a dental dam, which she describes as "a piece of latex laid over the female body." She also said an "open condom" can be used as a cover. An open condom is one that is cut open to form a "square."

Another main way to stay safe, Spencer said, is monogamy, which will reduce the amount of contact a person will have with certain disease strains.

"The risk of disease is increased when the amount of partners one has during their lifetime is increased," said Spencer.

editor@thejambar.com

### SMOKING page 1

Van Tilburg said an educational program will begin the week of Nov. 17.

During the week of Nov. 17, Van Tilburg said there will be tables around campus with displays about second hand smoke, and maps that show where smoking is permitted on campus.

"We are helping support the SGA with this project," said Van Tilburg.

Senior Joe Iesue is not happy about the reinforced non-smoking policy.

Iesue said smokers have the same rights as non-smokers.

"I'm a non-smoker and proud of it, however I feel that the students' money should be better used instead of making a political statement against tobacco companies," said Iesue.

Better ways to spend the students' money is to lower tuition, lower the cost of textbooks and to increase Greek Life, he said.

"A group of students, as well as myself are considering banding together to combat

the anti-smoker campaign," said Iesue.

Iesue said he and the students that are planning to combat the campaign. They plan on doing this by writing letters to the editor, attending student organization meetings, starting a Facebook campaign and continuing to talk to members of administration and student government.

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**Associated Collegiate Press 2008 Best Of Show Magazine**

Thanks to all who contributed to the spring 2008 Arts Issue:

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- Student Media Committee
- The Office of the Provost
- The English Department
- The Office of Student Affairs
- The College of Liberal Arts and Social Sciences

• Special thanks to The Associated Collegiate Press

the yo\* magazine

GLASS CEILING page 1

the independent status of the foundation," McCloud said.

Ultimately, McMahon said, the university has relatively little leverage over the foundation.

Schmutz agreed, noting that over the course of the 19 years he has been with the foundation, there have been attempts by the university to exert pressure, but the foundation is able to resist those pressures because it remains autonomous. The foundation tries to be responsive to the university's needs, but with prudence, he said.

The gender stratification within the YSU Foundation reflects society, Schmutz said. The top financial institutions in the Mahoning Valley from which the foundation culls its membership have only men in their highest

positions, he said.

"If the leadership isn't gender diverse, then we're not going to be gender diverse," Schmutz said. "Who's in charge at Huntington Bank? It's not a woman. There are plenty of women who work there that are very capable, but in this foundation, we want to have the president. So we pick the president of that bank, we don't pick somebody down below." He said if local banks had female presidents, the Foundation would be interested in them, also.

McMahon said Youngstown is not on the leading edge of diversity. The YSU Foundation is anchored around a community that functions somewhat like "an old boys network," she said. The influential people in this network use their knowledge of each other's

income and their shared commitment to the university and the community to accomplish their goals, McMahon said.

"They believe they are doing a good job and they have done a good job," McMahon said, but the network's lack of diversity means powerful women and minorities are often not included or are treated differently by the "old boys."

"There are certainly women in this community with money," McMahon said. "And those women are very generous with their money. Now, whether they want to participate in this organization is another matter, but if I were the first woman on, I'd be a little worried. It's not easy to break through those barriers."

"Women do not have to fight

those battles to give their money away," she said. "And at some point it will become clear to the foundation that they are missing out on some money. Now, whether it's the money they worry about, I don't know. But when you create a definition of, 'These are the people in town that are rich,' and you exclude women from that category, at some point, somebody's going to say, 'That's not accurate.' Apart from whether it's wise, it's just not accurate."

Schmutz said it comes down to qualifications and interest in serving the YSU Foundation.

"If we're going to be a board of community leaders, then women are going to have to rise up in the community," he said.

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# Global Entrepreneurship Week at YSU November 17-23, 2008

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Expert Panel Discussion  
**Tuesday, November 18, 2008**  
9:30 - 10:45 a.m. • Gallery Room, Kilcawley Center/YSU  
Guests: Atty. Patrick Gaughan - *Entrepreneur, Instructor, and YSU Business Community Liaison*  
Dave Nestic - *Entrepreneur in Residence, Advanced Energy, Nortech Corporation*  
Julie Michael Smith - *Chief Development Officer, Youngstown Business Incubator*  
Patricia Veisz - *Sub-Center Director, Ohio Small Business Development Center*  
Sponsored by the Williamson College of Business Administration and The Monus Entrepreneurship Center --- Open to the public

**Women Entrepreneurs: Increase Your Possibilities in Today's World**  
Sponsored by Williamson College of Business Administration, WCBA Emerging Markets Initiative, Partners for Workplace Diversity, and the Youngstown Business & Professional Women  
**Tuesday, November 18, 2008**  
5:30 - 8:30 p.m. - DeBartolo Stadium Club, Stambaugh Stadium/YSU  
Dinner and panel discussion with women entrepreneurs  
Fee: \$10.00 To register, please call 330-941-3064.

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Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press Honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during summer sessions. Mail subscriptions are \$25 per academic year. Additional copies of The Jambar are \$1 each.

### OUR SIDE EDITORIAL

## We've come a long way, maybe...

THE JAMBAR EDITORIAL BOARD

The glass ceiling, the term used to describe the professional hurdles faced by women in society, may still exist in some circles despite the progress of recent decades.

On the surface, it may seem troubling to see so few women at executive level positions at the Youngstown State University Foundation. It may be, however, that the foundation simply seeks out those in the top positions of the banks they are involved with, and that none of these are women. If this is the case, as foundation President C. Reid Schmutz said, then there may be other issues at work.

For instance, there could be a systemic problem with gender discrimination in the banking industry locally and, perhaps, nationally.

Or maybe it's not that simple.

Some argue that the reason fewer women rise to the top of their profession is not due to discrimination at all, but rather is the result of other factors.

The requirements for becoming the head of a company are often extremely strenuous, and include working day and night, nonstop for many years of one's life. If this is interrupted for any reason, including maternity leave, others in the cutthroat corporate world often move ahead on the corporate ladder.

Evidence of this possibility can be seen in data from the U.S. Census Bureau that shows that women in their 20s in big cities actually make more money on average than their male counterparts.

This is encouraging, as it suggests that young women entering the workforce may not face the same adversity they have faced in the past.

In the meantime, we can all agree that it is patently absurd to believe that women shouldn't have the same opportunities for advancement as men.

This means that at YSU and the greater Youngstown area, there may still be work to do.

### OUR SIDE POLICY

The editorial board that writes Our Side editorials consists of the editor-in-chief, managing editor and news editor. These opinion pieces are written separately from news articles and draw on the opinions of the entire writing staff. The Jambar's business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

### YOUR SIDE POLICY

The Jambar encourages letters to the editor. E-mail submissions are welcome at editor@thejambar.com. Letters should concern campus issues, must be typed and must not exceed 400 words. Submissions must include the writer's name and telephone number for verification and the writer's city of residence for printing. Letters are subject to editing for spelling, grammar and clarity. The editorial board reserves the right to reject commentaries that are libelous or that don't defend opinion with facts from reliable sources. The editorial board will request a rewrite from the submitting writer based on these requirements.

Letters will not be rejected based on the view expressed in them. Letters may be rejected if they are not relevant to Jambar readers, seek free publicity or if the editorial staff decides the subject has been sufficiently aired. The Jambar will not print letters that libelous, threatening, obscene or indecent. The Jambar does not withhold the names of writers of letters or guest commentaries.

The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of Youngstown State University.



The views of this syndicated artist do not necessarily agree with those of The Jambar.

## Not in White House, but women still won

Laura Scott  
MCCLATCHY NEWSPAPERS

OK, I admit it. My kids were right. I was wrong.

Barack Obama clearly was the best choice for Democrats to nominate for president. Of course, you will figure that hindsight allows me to say that, but it really was evident even before the election last Tuesday.

Obama gives the best hope, as president, of bringing us together in a time when we desperately need leadership that is inclusive of all Americans. The great emotion that swelled the nation, from Grant Park in Chicago to people watching election results on their TVs at home, would not have happened with any other candidate, in the primaries or in the general election.

With Hillary Clinton, who was Obama's fierce opponent in the Democratic race, I fear the partisan sniping in this country wouldn't even have taken a rest 24 hours after the election.

Some know I was a Clinton supporter earlier. I suppose, it was the woman thing. The realization that a woman finally

had real political power and also was quite capable of running the country made her an appealing candidate. She appealed to many other women as well.

When Clinton failed in the Democratic caucuses to get enough delegates to beat Obama, many of her other supporters were very upset. They threatened last summer to vote for John McCain in November.

Yet, as Nov. 4 neared, we didn't hear from them anymore. And, judging from election exit polls, women voters went strongly for Obama. The new president-elect drew more than half of women voters, and one report said it was as high as 56 percent. Men split between Obama and McCain more evenly.

Women voters in the last couple of decades have become a force.

So last week's election was a reaffirmation, once again, that issues of education, children and health care must be on a candidate's priority list.

Women voters do not look at these or other issues necessarily the same way, but candidates must learn to assess the appeal to women voters of stands they take in any given election.

Even though the leading woman candidate fell short of the White House in the primary, in a number of other ways women advanced this year as major players on the national stage.

Start with Sarah Palin. You may believe she was a drag on the GOP's chances because voters were turned off by her inexperience and folksiness, but clearly she struck a chord with many who admired her background as governor and small-town mayor, her ability to balance family and politics, and her speech-giving skills.

She was not a substitute who could appeal to many Hillary Clinton voters, as early reports about her would have us believe, but Palin obviously energized a GOP political base that was becoming ho-hum about McCain's candidacy. She got the crowds out, you betcha.

Palin likely has a political career ahead of her, which could start with a U.S. Senate race after Alaska figures out what to do with dishonored GOP Sen. Ted Stevens.

This election, too, seemed to signal a women's liberation of a new sort.

Several leading Democratic

women officeholders signed on early with Obama, rather than Clinton. This seems to me an abrupt departure from the past, as Democratic women have tended to stick together in campaigns.

The "defectors" include Kansas Gov. Kathleen Sebelius and Missouri Sen. Claire McCaskill. As a result of their decision to publicly and passionately back Obama, they are going to have much sway in the new administration. Sebelius often is mentioned for a position in the new president's Cabinet. Can't get much more powerful than that.

Finally, this election guarantees that women will have a strong advocate in the White House, and not just the president.

Michelle Obama is not likely to be as Hillary Clinton was to Bill and try to broker a health-care compromise.

But she shows promise in underscoring the concerns of women trying to balance all they have to do in life, and of being a role model in that regard.

I predict that Michelle Obama will be every bit as popular among voters as Laura Bush. That adds to the opportunity for success by a historic presidency that wants to make us whole again.

### COLUMN Dierkes deliberated



## The slow march of change

Doug Dierkes  
COLUMNIST

Finally, the election is over. Finally, we have a president-elect whose policies I believe in. Finally, we can start telling racist jokes about Barack Obama now that he's won the election.

Well, I personally don't agree with that last part, but an alarming number of people do.

I was listening to the radio on the way home from school, and the disc jockey cracked a joke about how Obama would replace the Statue of Liberty for something with a larger butt. Then he made the bad call to open the phone lines, letting his listeners try to pitch their "better" versions of Barack humor. Here are some examples of what the listening area thought was funny:

[Please note that the following comments in no way reflect the opinions of this writer or anyone else working at The Jambar. Don't blame me for being a conduit for other's stupidity.]

"Washington got the \$1 bill, Lincoln got the \$5 bill and Obama's gonna get the food stamps!"

"Well now that we have a black president, we can stop giving money to the United Negro College Fund!"

"He's not our country's first black president, he's our first zebra president! Ya get it? Cause he's only half darkie!"

[And now back to our regularly scheduled column.]

It doesn't bother me that this humor is blatantly offensive. I read 4chan and Encyclopedia Dramatica, I've seen remarks ten times as bad as this. What bothers me is that people think just because these jokes are racist, they're automatically funny. Putting hate speech into your punch line doesn't turn you into Carlos Mencia (you have to whine about the First Amendment afterward).

Come to think of it, there's another thing that always bothered me about this: why are white people so bitter toward anyone outside their circle? Why are there still people out there who take groups like the Ku Klux Klan and the Aryan Brotherhood seriously? What causes such blatant hatred toward anyone who doesn't share the same skin tone?

I think it's out of fear. Humans by nature fear what they don't understand, and it's difficult to respect the values and norms of a given subculture when you're a member of a different faction. Even if you're not engaged in conflict with them, the thought of people different than you is uncomfortable. Why bother mixing your societies together when you can defend your territory with a sawed-off? It's easier to be violent than to be educated, after all.

It's difficult to stop people from hating one another. Give us any reason to think of ourselves as different from the rest and we'll defend it tooth and nail. But as soon as we get educated about the others, we see that we're not so different, and the anger we hold tight to our hearts finally subsides.

In short, don't hate on Obama until after he's ruined the country.

The views of this columnist do not necessarily agree with those of The Jambar



## THE JAMBAR ASKS What's on your mind?



"All of the quotes in Kilcawley at Arby's and trying to understand what they mean."

Matt Mendel



"Studying, trying to get through this semester."

Dylan Thomas

"Talking about the horrible acting in the Terminator movies."

John Pappas



"Food."

Clint Friend



## Cranberry sauce rhythm and blues zinger



Gary S. Angelo  
REPORTER

Youngstown's funk/garage/blues heroes Sacksville R&B aren't your typical impromptu jam band. They've written their own material in addition to covering hits from old-school rhythm and blues masters such as Sonny Boy Williamson, Houndog Taylor and Little Richard. Formed in 1981, Sackville R&B began as a four-piece band playing countless show efforts at Cedars Lounge, where they will perform with The Jones 4 Revival on Thanksgiving night Nov. 27.

Sackville R&B is a "jam band" that spans beyond the tra-

ditional top 40 or Grateful Dead knock-off stereotype.

Frontman/guitarist Ron Hrehovcik [aka "Sonny Hopchak"] said the band doesn't rehearse, and instead pulls out material that they've written from the past.

"We keep the original basic song structures and solos, but we let the fun elements get across as well," he said.

The band stays true to its blues-meets-R&B roots. They are Youngstown's answer to The E Street Band with Dictators-esque street punk tendencies and classic Blues.

Sackville R&B has an extensive musical resume in Youngstown's early '80s halcyon days. They shared the stage with critically acclaimed acts such as

Southside Johnny and The Ashbury Jukes, Bob Dylan, NRBQ, Magic Slim, Donnie Iris and The Michael Stanley Band. Hrehovcik adds, "We started out as a four piece band and then expanded as a seven-piece, adding harmonica, trombone, sax, guitars, bass and drums."

The band has had frequent lineup changes over the years. The lineup includes Darryl Balcestra on Guitar, Gene Canton on bass, Mike Klanica on Drums, Bill "Fish" Conner on harmonica, Tony Armeni on Trombone, and Joe Rongone on saxophone. Sackville R&B put out two full length records which include, 1987's "Lets Have a Drink, Lets Have a Toast" and 1989's "Playtime." In the '90s Sackville

R&B also released a series of live cassette tapes such as "Seven Lives, Several Dives." Sackville R&B reformed in 2007 when they played a benefit show and Cedars' 30th Anniversary Bash.

Hrehovcik has positive hopes for the upcoming Thanksgiving show.

"I think it's a good idea that Chris Rutushin [local film director] has us play with The Jones 4 Revival, because this will definitely bring in the younger crowd," he said.

Sackville R&B will also take the old Cedars stage Dec. 27 for another anniversary party with Youngstown '80s underground trailblazers, The Infidels and Sharkbites, to name a few.

## Artisan's extravaganza

Butler museum's 38th annual American holiday fine arts and craft show

Gary S. Angelo  
REPORTER

Those attending the holiday show at the Butler Museum of American Art can expect to see 100 participants, vendors, artists and crafters from Pennsylvania, Michigan, Ohio and New York.

The American Holiday Fine Arts and Craft show runs from Dec. 5-7 and will showcase handmade crafts and art for sale in addition to live entertainment.

Since 1970, Youngstown's Butler Museum of American Art has networked itself with crafters and artists across the United States with its American Holiday Fine Arts and Craft Show. The show originally started as a fundraiser for the museum and grew over the years as a popular tradition for local and regional crafters to gain creative recognition during the holiday season.

Director of public relations Kathy Earnhart said the museum takes down their exhibits to display the holiday crafts.

"It's a popular event in the area because people like to come and see one-of-a-kind crafts and works of art," Earnhart said.

All American Holiday products and exhibits are handmade.

**TIMES**  
Saturday, Dec. 6  
from 10 a.m.-5 p.m.  
Sunday, Dec. 7  
from 10 a.m.-4 p.m.

**ADMISSION**  
Adults are \$5  
Children under 12 get in free

Expect to see photographers, painters, jewelers, wood workers, ceramic artists, fragrance vendors, hand made-decorative artists, and leather and glass workers. The show's director, Jack Haims travels to arts and craft shows to discover potential vendors for the event.

To enhance the festivities, the show will offer musical performances by Suzuki, [a young violinists group,] The Ursuline High School Choir, The Youngstown Connection, [Youngstown City Schools song and dance troupe] and strolling musicians Ted Miller and Bill Lewis. Jabo The Clown will also be there to give light-hearted humor for festival-goers.



## 5 Elements brew a blissful reggae tonic

Gary S. Angelo  
REPORTER

Formed from the funk remnants of Youngstown act Gold Boots, the members of 5 Elements were all friends since elementary school. The 5 Elements stir up a musical main course of metal, punk, reggae, funk, and ska. That is hmmm, "5 Potent Elements."

The act, 5 Elements dig into the late '70s/early '80s classic reggae vaults, paying homage to stars such as; Steel Pulse, Eek A Mouse and Gregory Isaacs. They grew up listening to loads of reggae and making that "element" the divine spark that lights up their music.

What really gives 5 Elements a take-notice-quality is their positive musical subject matter. "I grew up in Youngstown and we want people to know that it's a positive place in our music."

"When bass player Kevin Gulletti came to the band, he was the missing link to the "5th Element" to what we were trying to do," said turn-

table master/vocalist Jim Logan. All members of 5 Elements are eight-year musical veterans. "When we first got booked as a band, we shared shows with tons of regional metal acts."

We played for metal crowds, but allowed our own reggae style to filter through our set lists. There is a little light, you just have to look for it," Logan said. While faithfully clinging to their second wave reggae roots, The 5 Elements incorporate an equal mixture of the punk-meets-Jah Nation splendor of the Bad Brains with the signature ska attitude of Reel Big Phish and early Operation Ivy.

Their ska-influenced fire was used to cover Operation Ivy's 1989 classic "Take Warning." Five Elements recorded their self-titled CD at Hubbard, Ohio's Underdog Music Mania and Recording studio.

They hope to record two or three new songs during the winter and add them to the already-released album. On touring matters Logan comments, "Right now we are trying to book some summer shows."



As a band, 5 Elements have not played outside of Ohio, but hope to conjure up some East coast dates.

Logan adds, "We have friends in Vegas that want us to play there in the summer. We are trying to record two or three new songs and bang out a second album as well." The 5 Elements will jam off at the Cellar Nov. 28 for the one-year anniversary party of CD 93.3's "Homegrown Show."

They were also the winners of this past summer's "Homegrown Show's" Battle of The Bands at the Downtown Rib Burnoff.

## Wisconsin college offering beer-making course

Megan Twohey  
CHICAGO TRIBUNE

Jon Roll, an instructor at the University of Wisconsin, wants to make one thing clear about a new course creating buzz on the Madison campus.

"This is not a course to help kids go out and slam beers on Friday night," he said.

Since the school announced it would launch a class this spring on beer brewing one of the nation's first major colleges to do

so undergraduates have been scrambling to sign up, graduate students have been quick to offer their assistance, and medical students have been wondering whether they too can participate.

But Roll, who will teach the course, insists that has nothing to do with the school's reputation for beer guzzling, made evident by its No. 1 party school ranking in recent years by Playboy and Princeton Review, or by Wisconsin's binge drinking rate the highest in the country.

No, he says, interest in the course springs from the region's

long history of making beer. The course, in the university's bacteriology department, will focus on fermentation rather than consumption.

MillerCoors donated \$100,000 in equipment that can make 10 gallons roughly two cases of beer at a time.

So what's going to happen with the final product?

"The students will sample it and critique it," Roll said. "But beyond that we'll probably dump any excess. We have absolutely no plans to distribute or sell it."

## 'Fallout 3' and 'Fable II': Let freedom ring

Justin Hoeger  
MCCLATCHY NEWSPAPER

### FABLE II

3 1/2 stars  
Publisher: Microsoft  
System: Xbox 360  
Price: \$59.99  
Age Rating: Mature

### FALLOUT 3

4 stars  
Publisher: Bethesda Softworks  
System: Xbox 360, also for Sony PlayStation 3 and PC  
Price: \$59.99 (\$49.99 for PC)  
Age Rating: Mature

Open-world games from opposite ends of the spectrum, "Fallout 3" and "Fable II" offer different experiences, while both focus on going one's own way.

That's not to say they're entirely unstructured. Both have a central string of quests and numerous other potential adventures for the player to finish or not. And both games feature a loyal dog companion. More games should have this feature; it's great.

Born into life in an underground vault protected from a nuclear war that ended world civilization 200 years before, "Fallout 3" players create their character via childhood choices, then are forced to leave their insular home in their character's late teens.

From the moment they open the vault door to see the ruins of the D.C. region stretching out before them, they are free free to follow the game's suggestion of visiting the nearby shantytown of Megaton to follow up leads on the missing father; free to head in

a different direction instead; free to deactivate the nuclear bomb at the town's center; free to set it off instead. There are as many opportunities to be a saint as there are to be a monster, and any number of diabolical moral quandaries.

Whatever players want to accomplish, they'll need to fight a lot. Players rely on blunt objects, worn firearms and homemade weapons to get by.

"Fallout 3" is not a game for the young or the squeamish. The washed-out color palette takes some of the edge off, but a shotgun blast to the head of a super mutant does about what one would figure and often in excruciating slow motion.

Less explicitly violent but possessed of a similar moral structure is "Fable II," which feels a lot like the first "Fable" but has been improved in many ways.

The game takes place in the fantasy land of Albion, where, hundreds of years after the original, much has changed. After a tragic childhood, a young hero sets out into the world.

Again, players are free free to avenge their murdered sister; free to become a noble hero or a vicious villain. The combat is quicker and has more impact, and it's much easier to mix spells, attacks and melee hits. This comes at the cost of some depth as there are fewer spells and abilities.

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**broaden yo\* horizons**

**African Culture Night**  
Friday, Nov. 14, 5 p.m.  
Peaberry's

**Little Women: The Musical**  
Friday, Nov. 14, 7:30 p.m.  
YSU - Ford Theater  
\$5-\$10

**plan yo\* night**

**Red Wanting Blue**  
Thursday, Nov. 13, 10 p.m.  
Barleys  
\$5

**Dance Party at The Wedge**  
Saturday, Nov. 15, 9 p.m.  
The Wedge  
Free-\$5

**Penguin Pre-Party**  
Thursday, Nov. 13, 7 p.m.  
Peaberry's

**Jack Liles**  
 Senior, No. 50  
 Forward



PHOTO COURTESY OF RON STEVENS

# PASSION REIGNITED

## New faces, returning talent and early home games spark excitement for Penguins' 2008 basketball campaign

Andrew Berry  
 SPORTS EDITOR

The 2007 season ended with the Youngstown State University men's basketball team finishing ninth in the final Horizon League standings, but the Penguins are preparing to improve on their 5-13 league record from a year ago with an influx of new talent.

Head coach Jerry Slocum believes he has his most talented squad since he joined the Penguins' program and feels the depth of this year's team has the tools to be a serious competitor in the Horizon League.

Slocum has a reason to be excited with the returning experience in the post, wing and point guard positions. Slocum has three starters returning at all three positions giving the Penguins a competitive edge heading into 2008.

"Since the first time I've been here, the talent level is where it should be and I'm excited about our future," Slocum said.

The Penguins are faced with the task of replacing the team's top two scorers from a year ago in John Barber and Byron Davis. The two departed Penguins combined for 872 points and averaged a combined 29.1 points per game in the team's previous campaign.

With Barber and Davis gone, senior forward Jack Liles returns as the team's leading point scorer from a year ago with 292 and 9.7 points per game. At 6-7, 240 pounds, Liles is one of the top shot-blockers in the league and figures to play a prominent role on both sides of the court this season.

Slocum also has two sophomores returning to the starting lineup that had solid freshman seasons. Vytas Sulskis set a freshman record with 46 3-pointers and was named to the CollegeInside.com Freshman Mid-Major All-American team. Joining Sulskis and Liles will be sophomore Vance Cooksey who had a team-high 88 assists from the point guard position last season. Cooksey also finished fifth on the team in points with 186.

Combining his three returning starters with nine new faces this season,

Team	1st Place Votes	Points	2007 Record
Cleveland State	40	478	21-13, 12-6
Wright State	3	412	21-10, 12-6
UIC	2	361	18-15, 9-9
Green Bay	0	335	15-15, 9-9
Butler	3	326	30-4, 16-2
Milwaukee	0	216	14-16, 9-9
Valparaiso	0	207	22-14, 9-9
Loyola	1	189	12-19, 6-12
Detroit	0	98	7-23, 3-15
<b>Youngstown St.</b>	<b>0</b>	<b>73</b>	<b>9-21, 5-13</b>

Slocum feels the depth of his team will be a strong point in 2008.

"I think our depth is much better. With the mixture of talent we have, we've got some really good guys in terms of people in different spots," Slocum said.

The Penguins managed a 9-21 record last season, but the talent level and schedule could mean more wins this season. While the team was forced to open last season in Los Angeles against college basketball powerhouse UCLA, the Penguins open this season with Kent State University in the comfort of their own arena.

Slocum said having more early home games is a nice change of pace and is something the Penguins haven't had the benefit of experiencing in the past. The Penguins will also play 14 home games this season including four straight home conference games in January.

Looking to turn it around quick, Slocum feels he has a solid recruiting class at his disposal that will make his team more competitive on the court than before.

"The encouraging part for us is that I think we recruited to what our needs were. I think we're more talented offensively and we've got some guys that can flat out defend. That has not been the case in the past."

After a strong fall season of practice,

the Penguins are geared up to open the season Saturday with Kent State and Cooksey believes this year's team is more focused than last year's.

"I really feel like this team wants to play basketball as opposed to past years where it was more a force instead of a priority and passion," Cooksey said. "I really feel like everyone has a passion to play for YSU."

With a majority of the players new to the program this year, the Penguins will be faced with the challenge of holding themselves together through the ups and downs of a college basketball season.

Cooksey feels the team is ready for that challenge, as the new and old players have spent the necessary time off the court to become acquainted with each other in order to build trust on the court.

"Off the court, we spend a lot of time together. It's important to form bonds and relationships if you want to have a good team," Cooksey said.

While Slocum and the Penguins have high hopes for this year's team, the Horizon League pollsters are looking the opposite way. The preseason poll for the league has the Penguins slated to finish dead last after receiving just 74 points from the voters.

Senior Jack Liles said the league's choice of placing the Penguins at the bottom of the standings before opening weekend is motivation for the team to prove itself worthy. Slocum echoed his player's thoughts saying that any respect the Penguins receive this season will be earned.

"To get respect you have to earn respect," Slocum said. "For us to do the things that we want to do in the this league, we have to show people that we're capable and they were wrong."

Jerry Slocum, head coach

adberry@thejambar.com

## Men's basketball first half schedule

- |                          |                       |
|--------------------------|-----------------------|
| 11/15 — vs Buffalo       | 12/19 — at High Point |
| 11/18 — at Maryland      | 12/21 — at Charlotte  |
| 11/22 — vs Allegheny     | 12/29 — at Lock Haven |
| 11/25 — at Robert Morris | 1/1 — at Detroit      |
| 11/29 — vs St. Francis   | 1/3 — at Wright State |
| 12/4 — vs Valparaiso     | 1/8 — vs UIC          |
| 12/6 — vs Butler         | 1/10 — vs Loyola      |
| 12/15 — at Kent State    | 1/15 — at Milwaukee   |



TOP PROSPECT — Lamar McKnight is the newest Penguin after signing on with the YSU program Wednesday.

## All-Ohio recruit McKnight joins Penguin program during early signing period

Head Coach Jerry Slocum announced Wednesday that Lamar McKnight, a Division IV Third-Team All-Ohio selection, has signed a National Letter of Intent during the early signing period to join the Youngstown State University men's basketball program.

The 6-foot-5, 205-pound forward from Bedford St. Peter Chanel High School, averaged a double-double as a junior with 17 points and 10 rebounds per game while leading Chanel to the Division IV Ohio state Final Four. McKnight also posted three blocks per game and shot more

than 50 percent from the field. A three-time All-North Coast League First-Team selection, McKnight scored a game-high 31 points in a regional final victory over then-No. 2 ranked Malvern and posted 23 points and 14 rebounds in a state-semifinal loss to Sugarcreek Garaway.

McKnight intends to major in graphic design at YSU.

Student-athletes have until Nov. 19 to sign a National Letter of Intent during the early signing period.

Source: Sports Information

# Basketball Gameday Chatter Box



**Head Coach Jerry Slocum**  
*On the depth of his team prior to opening the season at home with Buffalo.*



**Head Coach Cindy Martin**  
*On the her team's first matchup with the Kent State University Golden Flashes.*

"The best way to play good every night is to have depth. This is clearly the deepest team I have had since I have been here. I think we are going to be more competitive."

"I think Kent State is going to be pretty good. It's going to be a tough place to play and we are looking forward to a nice tough road game to start off with."



PHOTO ILLUSTRATION BY ANDREW BERRY

## Fresh start has women's basketball geared up for a return trip to the playoffs

Andrew Berry  
SPORTS EDITOR

It began on April 11 with the hiring of new head coach Cindy Martin to take the reigns of the Youngstown State University women's basketball program. Shortly after, a new staff was in place and new recruits were added to the roster as the program went through a brief rebuilding phase in the offseason.

Now that the pieces are in place, the Penguins are taking their blank slate into 2008 and looking to make an impact in Martin's first season as head coach.

The Penguins found success last season, earning a first-round playoff bid in the comfort of Beeghly Center where YSU defeated the University of Detroit-Mercer 65-54 before their playoff dreams were cut short by Wright State University in the second round.

With last season firmly in the rearview mirror of the 2008 squad, Martin is ready to bring an uptempo and fast-paced style of play to the Penguin program as the team focuses on the concept of playing as a unit and feeding off their own recharged competitiveness.

"There's not going to be one great player. We're not going to have one star this year. It's going to be good old Hoosier-style basketball," Martin said.

The team enters the 2008 season ranked ninth in the preseason Horizon League polls, but Martin believes that ranking is not reflective of the talented squad she will be sending out onto the court this season.

The Penguins will have to do without several key players from last season's playoff team. Gone are Heather Karner, Jessica Schloemp and Lauren Branson, three players who combined for 796 points and played vital roles in the team's success a year ago. Martin faces the challenge of losing three players who each led in a different statistical category.

Karner was the team's leading point scorer with 434 points and averaged 14.3 points per game while Schloemp hauled in a team-leading 226 rebounds last season. Branson was the team leader in steals with 55 and 167 total assists.

Despite the league voters not thinking highly of the Penguins in the preseason polls, Martin believes the low ranking will benefit the team as the Penguins head into the new season as the under-

dogs of the Horizon League.

"It's going to fuel this team with energy and enthusiasm. How we feel right now is that we're the underdog. We have no pressure and no expectations except for us and we're excited about that," Martin said. "I think we're excited about being the underdog this year. The only poll that matters is the one at the end of the year."

The season officially begins for the Penguins Saturday on the road against Kent State University. The nonconference schedule is a challenging slate to begin Martin's first campaign with the team. Martin said scheduling tough teams to play outside of the league is crucial to determining how the team has progressed and what areas still need improvement.

Not only will the exhausting early portion of the schedule benefit the squad when the league games roll around, Martin said the team will be showing competitive aggression both in games and in practice to better themselves as the season goes on.

"We're competitive in every drill everyday in practice and I think that competitiveness every single day is just going to propel us when it comes down to the conference games," Martin said.

The competitive style of play, much like everything else Martin has brought to the table, has caught on with the Penguins squad and changed how the team approaches practice and actual games.

### Horizon League Preseason Poll

Team	1st Place Votes	Points	2007 Record
Green Bay	24	284	26-6, 17-1
Wright State	1	241	16-16, 11-7
Milwaukee	2	240	17-14, 11-7
Cleveland State	1	228	19-14, 10-8
Butler	1	204	20-10, 10-8
Valparaiso	0	179	14-16, 9-9
UIC	0	97	10-20, 6-12
Loyola	0	94	8-23, 5-13
<b>Youngstown St.</b>	<b>0</b>	<b>71</b>	<b>14-17, 8-10</b>
Detroit	0	41	6-24, 3-15

Senior Kelsey Gurganus said Martin's philosophies have altered the way the team works together, as practice sessions have become dangerously close to live game situations against heated rivals.

"It has been contagious," Gurganus said. "We'll play a game of 3-on-3 and we're out for blood."

Gurganus is one of six seniors that highlight this year's squad, which includes three of the top-five point leaders from last season's team. Senior Tiarra Scott had a solid first season with the Penguins after transferring from Western Nebraska Community College. The strong power forward scored 405 points and grabbed 203 boards earning a place on both the All-Horizon League Second and All-Newcomer teams.

Senior Velissa Vaughn finished

behind Scott and Karner last season with 230 points and figures to be one of the more prominent leaders of the squad on and off the court. Martin said Vaughn, along with Gurganus, has been a strong representative of the team since Martin was hired in the spring.

Vaughn said she felt that the team didn't finish where it wanted to a year ago, despite going to the second round of the Horizon League tournament. Vaughn said she realized the change that is surrounding the Penguins this season and is excited about making her senior year a building block as Martin puts her stamp on the program.

"We believe there's going to be change in this program and we want to be the group that starts it," Vaughn said.

adberry@thejambar.com

### Women's basketball first half schedule

- 11/15 — at Kent State
- 11/19 — vs Buffalo
- 11/22 — vs Niagara
- 11/28 — at Webster
- 11/29 — at Pittsburgh
- 12/3 — vs St. Francis
- 12/6 — at Bowling Green
- 12/14 — at Central Mi.
- 12/16 — at Canisius
- 12/20 — vs. Akron

### Women's basketball lands two recruits

Casey Jackson and Kaitlin Rohrs have signed a National Letter of Intent to continue their academic and athletic careers at Youngstown State University, first-year head women's basketball coach Cindy Martin announced on Wednesday.

Jackson is a 5-foot-7 guard from Hebron, Ky., while Rohrs is a 6-foot-1 forward from Liberty Center, Ohio.

Jackson is a shooting guard who is a member of the 1,000-point club at Notre Dame Academy in Park Hills, Ky. She has been named to the Division I All-Region Team and a Northern Kentucky All-Star the past two seasons.

Jackson has earned honorable mention Kentucky High School Athletic Association Academic All-State accolades in each of her first three seasons.

Rohrs has averaged 14 points and eight rebounds in each of the past two seasons for Liberty Center High to earn First-Team All-Northwest Ohio Athletic League and first-team all-district honors each year. As a junior she scored 292 points, grabbed 171 rebounds and shot 61.1 percent from the field. Rohrs led the Tigers in scoring, rebounds, blocks and steals to be named one of the Toledo Blade's top 25 players.

As a sophomore she scored 334 points and notched 190 rebounds as she led the Tigers to a Division IV district title. Rohrs also led Liberty Center in scoring, rebounds and blocks as a sophomore.

Source: Sports Information

## Swimmer Arnold looks to end career with strong senior season, guide team to conference peak

Keith Langford Jr.  
SPORTS REPORTER

Senior distance freestyle swimmer Olivia Arnold emphasizes what makes the United States of America so great. Arnold is originally from Australia but came to the States to pursue a college education, experience living in another country, and also swim at the collegiate level. The quintessential American dream is what Arnold is after.

Arnold has done more than just compete at the collegiate level, she has excelled for the Penguins in the distance events. Last season at the Horizon League Championships, Arnold broke the Penguin 1,000-yard freestyle by swimming a time of 10:33.14. The record Arnold broke did not last very long. Arnold recently broke her own record in a meet against Butler University. Arnold bested her previous record by almost an astonishing five seconds. She posted a new record time of 10:28.53 in the 1,000-yard freestyle.

What Arnold loves most about Youngstown State is the people and the friends she has made here. She says her friends have made her time here fun. Arnold's most memorable moments to date are the times the swimming and diving teams have had success and also breaking school records.

Arnold has faith her team will finish strong after starting the sea-



PHOTO COURTESY OF SPORTS INFORMATION

MAKING WAVES — Senior Olivia Arnold has been a prominent swimmer for the Penguins.

son off on a good note. "We have already had great success so far this season and we are only just at the beginning of our season, so we have got great confidence that we will finish in one of top three team positions at our conference meet at the end of February," Arnold said.

Being one of the three senior captains brings a burden to bring knowledge and leadership to the table. Arnold feels she contributes to the team because she is

the team's top distance freestyler. "I have the school records in the mile and the 1,000 freestyle, so I feel I can contribute a lot in that respect... but I'm also one of the three captains on the team, so I also feel I'm contributing a lot of team leadership."

Arnold said her parents were the ones who wanted to help her learn how to swim because of water safety living in Australia. Arnold realized swimming presented a lot of opportunities so

she kept at it and now Arnold is breaking Penguin records in the distance events.

Arnold's plans after graduation are to either get a job in healthcare administration or get her master's degree in public health. She is also debating if she wants to stay in the United States. Arnold is double majoring in Political Science and Sociology.

klangford@thejambar.com

### Arnold earns league accolades with record breaking performance

Youngstown State University senior distance swimmer Olivia Arnold was named the Horizon League Swimmer of the Week on Wednesday following her performance in the Penguins' double-dual victory over Cleveland State and Niagara.

Arnold broke a 24-year-old school record in the 500-yard freestyle on Friday night as the Penguins defeated Cleveland State 140-93 and Niagara 160-79 at the Beeghly Center Natatorium.

Arnold swam a record-breaking 5:03.60 in the 500 eclipsing the mark set by Cathy Sipka in 1984. Arnold also lowered her school mark in the 1,000 freestyle (10:24.09) and won the 200 breaststroke (2:29.04) coming up just shy of another school mark.

This year Arnold has set new school marks in the 500, 1,000 and 1,650-yard freestyle. She has won seven individual titles in the three meets YSU has competed in this year.

UIC freshman Will Ikeda was named the Horizon League Men's Swimmer of the Week.

The Penguins have a busy week ahead with a dual at Akron on Friday night and a home matchup against Ohio University on Saturday at noon at the Beeghly Natatorium.

Source: Sports Information