

Key match-ups
to watch against
Illinois State,
see page 3

THE Jambar

THE STUDENT VOICE OF YOUNGSTOWN STATE UNIVERSITY



Thursday, November 30, 2006

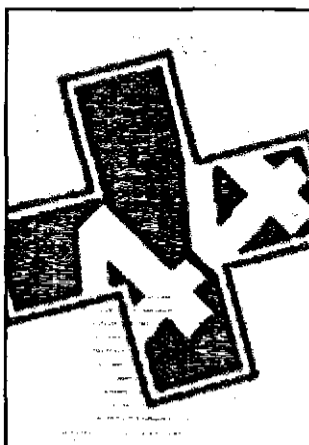
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VOL. 89 NO. 26

YSU

Cut out cramming, start studying now

IN TODAY'S Jambar



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release new album, see
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Students psyched for
Saturday's showdown

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Fake excuses in the
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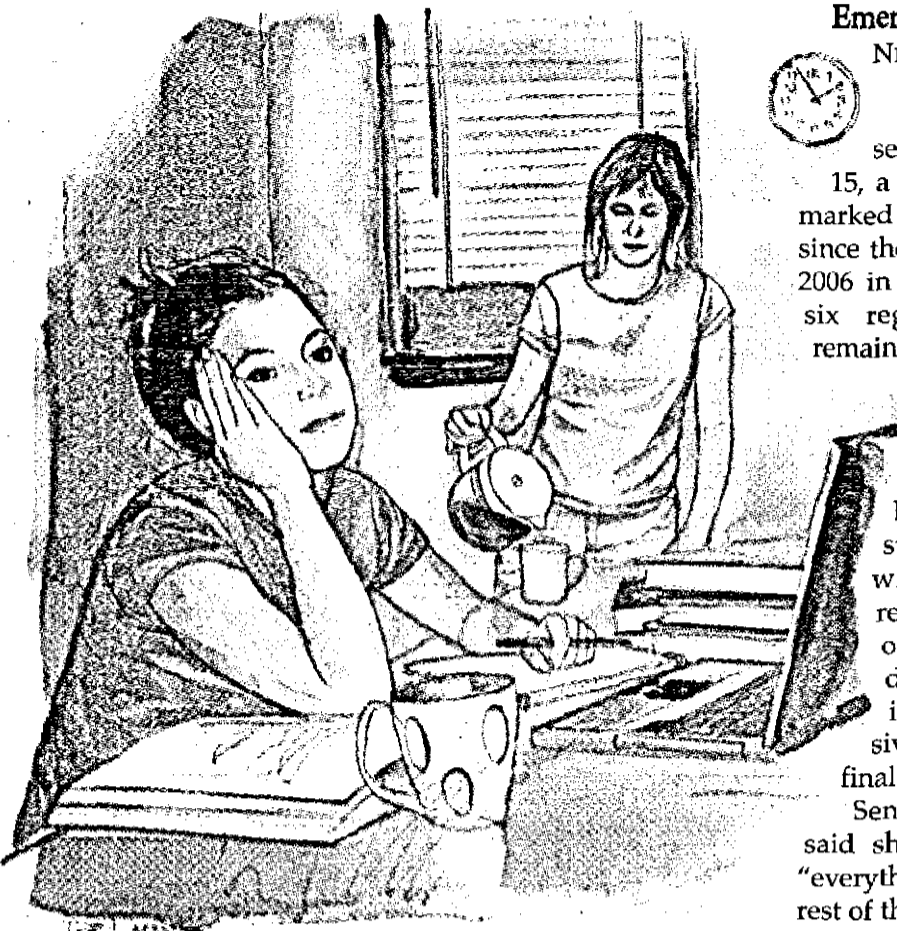
YSU News

SMARTS sets Holiday
Open House

SMARTS - Students Motivated By the Arts - will hold its fourth Annual Holiday Open House from 10 a.m. to 6 p.m. Tuesday, Dec. 5 at the SMARTS Center, 258 Federal Plaza West in the Adler Art Academy in downtown Youngstown. The event includes art displays such as the Steel Valley Art Teachers Association show as well as hands-on activities like drum circles and visual arts projects. For more information about SMARTS or an application for a free SMARTS art class, call 330-941-2787 or visit www.fpa.yzu.edu/smart

Dana presents Carols,
Cocoa, and Chorus

The Dana School of Music ensembles present their third annual Holiday Concert Inspiration 7p.m. Wednesday, Dec. 6 at Stambaugh Auditorium in Youngstown. The evening begins with the traditional "Carols and Cocoa," offering both music and holiday themed refreshments. This will be followed by "Gloria" at 8p.m. and the evening will conclude with Handel's "Hallelujah" chorus. Tickets are \$10 for adults, \$5 for senior citizens, and free to children under 12 or those with a valid YSU ID. For more information, contact the Dana School of Music Office at 330-941-3636.



courtesy MCTdirect.com

Emery Boyle-Scott
NEWS EDITOR

The end of the semester looms: Dec. 15, a day students have marked on their calendars since the beginning of Fall 2006 in August. With just six regular class days remaining, students in are definitely feeling the crunch. After the four-day Thanksgiving break, time hits all students in the teeth with speeches, lab reports, papers and other project due dates, plus the impending, massive tests that inhabit finals week.

Senior Danielle Josa said she plans to study "everything I put off the rest of the semester." Josa isn't as worried

about finals as she is about the projects she has to complete. She said projects are much more stressful than simple tests.

Jim Lewis, peer assistant at the Center for Student Progress, said the best way to study is to spread it out, studying a little bit at a time for weeks before the exam. Jonelle Beaterice, associate executive director of student life and the director for the Center for Student Progress, talked to The Jambar about how students can maximize their efforts this finals season.

"The worst thing people can do at this point is cram a lot of information in," she said. Instead, she recommends that students prepare a schedule detailing when they would have time for studying and working on their projects between work and class.

Sophomore Joel Lariccia, one of the students Lewis peer assisted last year, said "Time management helps."

Lewis said one of the things Peer Assistants help students with is planning out their time. By planning all of their daily activities, like class, students can figure out how many hours they have to study.

How much time students have to study goes hand-in-hand with how much time students need to spend studying. Lewis said the CSP doesn't go by the two-hours-studying-for-every-hour-in-class rule. Instead, peer assistants help their students figure out how much study time each class, and test, needs because some classes (and their tests) are more difficult than others.

please see **FINALS**, Page 2

HEALTH

Visions of sugar plums dance in our heads, holiday treats keep waistlines fed

Ashley Tate
REPORTER

It's that time again. Holiday parties, celebrations and family get-togethers are around the corner. But it's also that time when illnesses are spread easily, people get sick quicker and those unwanted pounds pack on.

Clinical nutrition professor Zara Rowlands said one way to avoid holiday weight gain is simply not to eat everything in sight. Foods during the holidays are more pleasing to the taste buds,

but not necessarily the waistline.

"They're made for taste, look and tradition. They're not exactly the healthiest of all foods. They're more of a sense to keep the family going. We kind of throw the health guidelines out the window. We're entertaining people, throwing parties, and no one wants to eat fat-free foods at parties," Rowlands said.

Senior Audrey Mabe said she eats any and everything that comes her way and never turns down food. She said that maybe she gains a few

pounds, but doesn't pay attention to it. But she "might have to loosen the belt a notch or two."

Kristin Banks, also a senior, said she likes to eat the normal holiday foods: green beans, scalloped potatoes and ham, but her cookies are her favorite. She said she eats until she's full and then stops. But she mentioned that she doesn't really gain weight during the holidays.

"I really watch what I eat when the temptations are around," Banks said. Tae-bo and lifting in her basement three times a

week are part of her exercise regimen. And if need be, Banks said she'll work out more if she were to gain weight this holiday season.

Senior Tyrone Lockett II said the key to not gaining weight is discipline. He said he eats soul food but all in moderation. He also said he also goes without sweets sometimes.

please see **HOLIDAY**, Page 2



courtesy MCTdirect.com

SPORTS

YSU plans to pluck Redbirds for second time

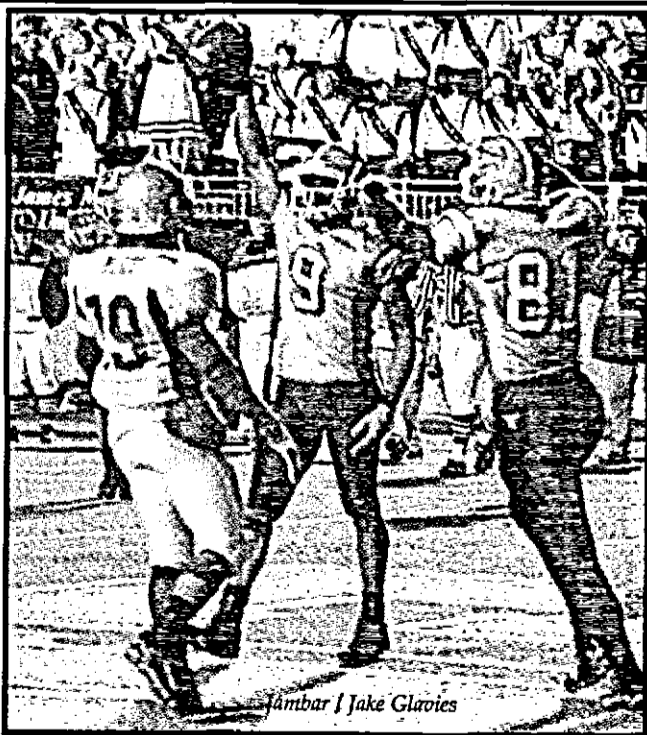
Jake Glavies
SPORTS EDITOR

In a rematch of epic proportions, the Youngstown State University Penguins (10-2) will attempt to knock off Gateway Conference rival Illinois State (9-3) when the two teams clash in the second round of the playoffs Saturday at Stambaugh Stadium.

In the pair's first meeting this season, YSU traveled to Normal, Ill. and came home with a 27-13 victory over the Redbirds.

Led by running back Marcus Mason's 176-yard, two-touchdown performance, the Penguins were up 20-7 heading into the fourth quarter before allowing ISU tailback Pierre Rembert to score on a 2-yard run.

According to Head Coach Jon Heacock, the team's main focus this week will be finding a



T.J. Peterson celebrates in the endzone after scoring a touchdown in YSU's win over James Madison.

way to beat the Redbirds for a second time.

"It will be a difficult game. Anytime you play somebody twice, especially a talented football team, somebody from our conference, it will be something special," he said. "It will be twice as hard as the last time we played. As long as we understand that, and prepare for it mentally and physically, we'll give ourselves a good chance to go

play well."

Playing at home in the Ice Castle will be key for the Penguins, as the defining crowd noise during last week's game caused James Madison University to take timeouts in the first and third quarters while also forcing quarterback Justin Rascati into two delay-of-game penalties.

please see **PLAYOFFS**, Page 5

YSU

Painted concrete will be replaced this summer

Emery Boyle-Scott
NEWS EDITOR

Over the summer semester while most students were off campus, Youngstown State University moved the Rock, an iconic part of campus life at YSU. The Rock is almost like a bulletin board for students: When the weather permits, the Rock is painted frequently with messages for other students.

The Rock used to inhabit the now-empty gravel circle directly south of Kilcawley Center, between Kilcawley and Moser Hall. The Rock now rests slightly to the east in a sitting area south of Kilcawley.

Chad Miller, president of Student Government Association, said the Rock needed to be moved because the pavement surrounding it had gotten paint on it, instead of on just the Rock and the accompanying trash can.

When the pavement had become unsightly enough, YSU painted over it with a flat grey paint, which not

only made it an ideal canvas for more paint, but also created a slick walking surface.

"Facilities had told us that there were several accounts of people slipping," Miller said. He said SGA found no police reports of individuals slipping on the pavement, but the surface is slick, especially in the rain and snow, so people could easily slip when walking briskly to classes.

Geological and environmental sciences professor Ray Beiersdorfer wrote in an e-mail interview to the Jambar, "the Rock has been moved for a semester now, but nothing has been done about the supposed safety hazard that required it to be moved in the first place. I think YSU should be able to move faster than the glacier that brought [the Rock] to Youngstown from Canada when it comes to replacing the sidewalk."

"Why that concrete area hasn't gotten cleaned up yet is a mystery to me as well," Miller said.

please see **ROCK**, Page 2

FINALS, continued from page 1

Beatrice said students should also plan in breaks, at Andrews Student Recreation and Wellness Center, for example, to burn off steam and make it easier to learn what needs to be learned.

This early on, there is still time for students to literally block out their study schedules on paper, she said. Besides regular breaks for physical activity, regular sleep is essential.

While many of Youngstown State University's students at least know what's coming, freshmen are prepar-

ing for their first finals week. Freshman Tracey Roscoe said she doesn't know what to expect from finals week, because this is her first semester. She said she plans to look over her notes.

Beatrice emphasized that students should prepare for exams through repeated exposure to the material.

"Learning and memory is almost like a path you cut across a field. The first time you walk through that path, you cut a slight path; it'll grow over unless you repeat going over it," Beatrice said.

The best study practice would be to replicate the testing process by formulating test questions and unique answers. This method is extremely helpful, Beatrice said.

Lewis said, in his experience as a peer assistant, most students don't study the way they should, but by studying the right way students can positively affect their grades. Visiting the CSP consistently helps students improve their study habits, he said.

Beatrice said the CSP Web site (www.cc.ysu.edu/csp) has good tips and tools

for making a student's life a little bit easier. At site, there is a learning-style inventory to determine individual learning styles. If students know what their learning style is, then they can maximize their study time, Beatrice said.

Both Josa and Roscoe said they would like it if professors and the university could find a way to spread out tests and projects. Having so much packed into the last two weeks, they said, is the worst part about the end of the semester.

ROCK, continued from page 1

Tony Siracuse, associate director of YSU's Grounds Department, said the area where the Rock used to be is still a problem.

"The pavement has to be replaced," Siracuse said, but it "probably won't happen until spring." The pavement surrounding the Rock's old resting place is still painted, like it was before the Rock was moved.

Jack Fayhe, director of Auxiliary Services, said a meeting was held this summer to discuss what to do with the area surrounding the Rock. SGA helped YSU decide what to do with the Rock.

"I wanted to remove everything that was at least painted, and down to the next joint, so we could have a solid concrete area where people can walk ... like a plaza," Siracuse said.

Siracuse said he's not sure why there hasn't been any further action regarding the concrete that is both unsightly and unsafe. Rich White, project manager of Facilities said the concrete is "definitely going to be replaced."

Siracuse said part of the reason they moved the Rock during summer was because "if we left the rock where it was, then new, fresh paint would become a slipping problem," even though the concrete was going to be replaced.

The area will be replaced "next summer," (summer 2007) White said. He said the plan is to take up the paint, eliminate the uneven parts and remove any hazard. The reason the area hasn't been replaced yet is because there were no more funds available for a concrete project. Funds will become available during summer 2007 to make the project possible.

HOLIDAY, continued from page 1

"I have small healthy meals throughout the day so I won't be as hungry at dinner time."

Lockett said that he might gain weight this holiday season, but he's not a weight watcher. He still likes to enjoy himself but does try to stay in the gym during the holidays.

His advice to people who can't make it to the gym is to shovel snow or play outside.

"People can do exercises in their own room. It's all about being creative."

Another reason for the weight gain during the holidays, besides overeating, is drinking. Rowlands said that during the holidays, people tend to drink a lot of alcohol as well as eggnog and "that alone can blow your diet." She said people don't realize how much sugar is in drinks, even drinks that are cranberry-based.

Experimenting with tastes is a good way to go this and every holiday season. Rowlands suggested experimenting with herbs, spices and extracts to substitute for higher fat ingredients in our foods.

"You don't have to put rum in your truffles, but you can use rum extract because it doesn't have any calories in it, so you can substi-

tute," Rowlands said.

During the holiday season, parties are thrown and guests are invited to their friends' houses to socialize, mingle and nibble on finger foods. But this is the time when people don't keep track of how much they eat, and can end up packing on those extra calories, Rowlands said.

"When you starve yourself and go out to parties you're more likely to pack your plate. To control what you eat, the trick is to take a smaller plate and choose things that are healthier, like the veggie platter and dip. Then you can take one or two other things to round out your plate off," Rowlands said.

Rowlands advises going to parties where there's dancing and other activities. But if it's a party where you just sit down and eat, then the idea is to walk around, mingle and socialize with other people with the same drink and plate in your hand.

Also, allergy outbreaks can happen easily at parties because sometimes foods aren't marked or labeled and people don't realize what's in them, Rowlands said.

"Sometimes people are allergic to nuts and they can be ground up

in cookies or brownies where you can't see them, so people can have a serious reaction to that."

For those who know what foods they are allergic to, a solution is to ask party hosts what ingredients were used in suspicious foods.

Overeating and drinking aren't the only problems this holiday season. Illness tends to spread more quickly and easily because of parties and crowds of people.

Rowlands said food-borne illnesses happen frequently during parties because food sits out for hours if there's not enough room in the fridge.

Rowlands' advice is to "use icepacks to keep things cool. Get your friends involved and have them bring things so it's not all on you; more like a potluck."

Rowlands said people tend to touch food at buffet lines, so it's easy to pass along an infection or the common cold. A good way to avoid this is to individualize servings.

Restrooms are another place germs spread. Germs can spread through hand towels and other shared objects. Rowlands said disposable hand towels are more sanitary.

YSU

Professor talks about trip to China

Russell Howell & Nathan Pavalko
NEWS REPORTER

Recently one of Youngstown State University's history professors visited China to learn about Chinese methods of teaching history. Thursday Fred Viehe, history professor, discussed his visit to China in a conference in Kilcawley Center. The trip was put together through the People to People organization. People to People runs exchange programs for teachers to

learn teaching methods in other countries.

Viehe went to China with over 200 other teachers; including elementary, middle school and high school teachers and college professors. His group attended several conferences regarding methods of teaching history and the difference between Chinese and American styles. Viehe said that one of the complaints that Chinese teachers have is that, due to a government-mandated limit of one child per family, students are spoiled and often don't lis-

ten to their teachers.

Viehe noted other differences between American and Chinese methods. He said Chinese students are not taught politics in the context of history. For example, Chinese history students are not taught about the development of alliances between the Allied and Central Powers in World War I.

He also said history students in China "are taught to memorize facts and dates." He said Chinese teachers were amazed that American students are not

taught by memorization, but that we are taught to interpret information and write essays.

While in China Viehe had time for a little bit of fun. The business district of China "reminded me of LA in the 1950s" Viehe said. Viehe also talked about the incredible amount of smog in Beijing.

Street life in Beijing was "terribly crowded," Viehe said. "One can purchase almost anything there," Viehe said.



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Classified

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Miscellaneous

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OUR SIDE

Supporting loans leads to our future

Youngstown State University has big plans. Big plans that need big money. The university is proposing to borrow \$58 million to go toward \$101 million in campus projects.

These campus projects are a part of the campus master plan and include the new Williamson College of Business Administration building as well as other improvement projects that will be good for the university as a whole. Having new up-to-date and well-working facilities will only enhance the value of a YSU education: Something that can only benefit students.

These projects will make the YSU campus competitive with other universities and will make our time as students, and future students' time, increasingly wise and well spent.

While money will still be raised by donation, a good chunk of the appropriations will come from borrowed money. As YSU students, we should support the proposal to borrow the necessary funds.

The university has successfully, and wisely, borrowed in the past and within the next few years some of those loans will be paid off, making for a convenient time to borrow, especially since the university also has a solid investment portfolio to keep itself well-balanced.

According to President David Sweet, YSU ranks very low in terms of university-owed debt.

If money can be easily and effectively obtained by borrowing, it should be borrowed. Borrowing is a healthy opportunity for YSU to fund its projects, so long as there is a plan to pay the money back within a reasonable time frame.

What other options will there be if we do not borrow the money? It is not an option to abandon the master plan at this point. Donations are definitely a significant portion of the source of funds and tuition cannot shoulder the burden of improvements.

The university may have to look even more for private donations to support the upcoming campus projects. Or possibly the need for money could reflect in our tuition, which cannot feasibly support the projects with the six percent cap on tuition increase imposed by the State.

The fastest, and most feasible, way we can fix and improve our campus is to borrow the required funds.

The sad thing about borrowing all that money is actually paying it back. The only thing that we as YSU students ask is that we will not bear the brunt of the burden of repaying the (proposed) new \$58 million debt.

The Jambar editorials reflect the opinions of The Jambar and its Editorial Board members. Those wishing to schedule meetings with the Editorial Board should call the editor in chief.



LETTERS TO THE EDITOR

VIP parking status must be assessed

Editor:

I would like to take the time to express my extreme displeasure with the parking at Youngstown State University. Parking has always been a pain, but most recently I encountered the VIP only parking by Fedor Hall, because of a men's basketball game. Don't get me wrong, I enjoy and support

sports as much as the next guy, but I can't park in the lot by the building I have class in, because the "VIPs" get to. Then I watch as my professor takes his stroll down Elm to get to class as well.

This is crazy. Lets take a look at who the VIPs really are. I'm only enrolled in 2 classes and with a parking pass it cost me a little over \$1,700 this semester. I shiver to think what others are paying, but that doesn't

carry a "VIP" rating.

I think someone needs to seriously assess who the real VIPs are. If every student decided that they could attend a different university, one that has more sufficient parking, like they do at KSU Trumbull campus, I'll bet the students would quickly become VIPs.

Dan Adkins

If I did it

Bob Mackey
COLUMNIST

Public outcry stopped the publication of O.J. Simpson's mock confessional, "If I Did It," but Simpson's authorial career does not end with this unfortunate book. "If I Did It 2: More Adventures in the Subjunctive" follows America's favorite murderer on a journey through time as he violently kills some of our most beloved historical figures. The Jambar is proud to present a short preview of O.J. Simpson's follow-up to his unpublished classic.

To my children: My only regret is that you will not be able to read about how I allegedly killed your mother, or see pictures of the boat that book's profits would have probably bought.

Chapter One: Emancipate This!

April 14th, 1865. I, O.J. Simpson, known for my roles in famous movies like "The Towering Inferno" and "The Naked Gun 33 1/3: The Final Insult" find myself on stage in Ford's Theater, acting in some sort of play that people in 1865 would act in. Stabby, my holographic counterpart that only I can see, tells me that my first mission on this "quantum leap" (by putting this in quotes I avoid all copyright infringement litigation, okay) is a big one: kill the President. It was my turn to act in the play so I said a bunch of "thees" and "thous" that I'm guessing people said back then but I can't check right now because Wikipedia is down. The audience is buying it. I try to reason with Stabby about killing the President, but he tells me that if Lincoln died, Hitler would never be born; and if Hitler did-

n't exist, he couldn't start World War II and pull the United States out of The Depression - which might not exist if Lincoln wasn't killed, but Stabby isn't sure.

One thing is sure, though: it's stabberin' time.

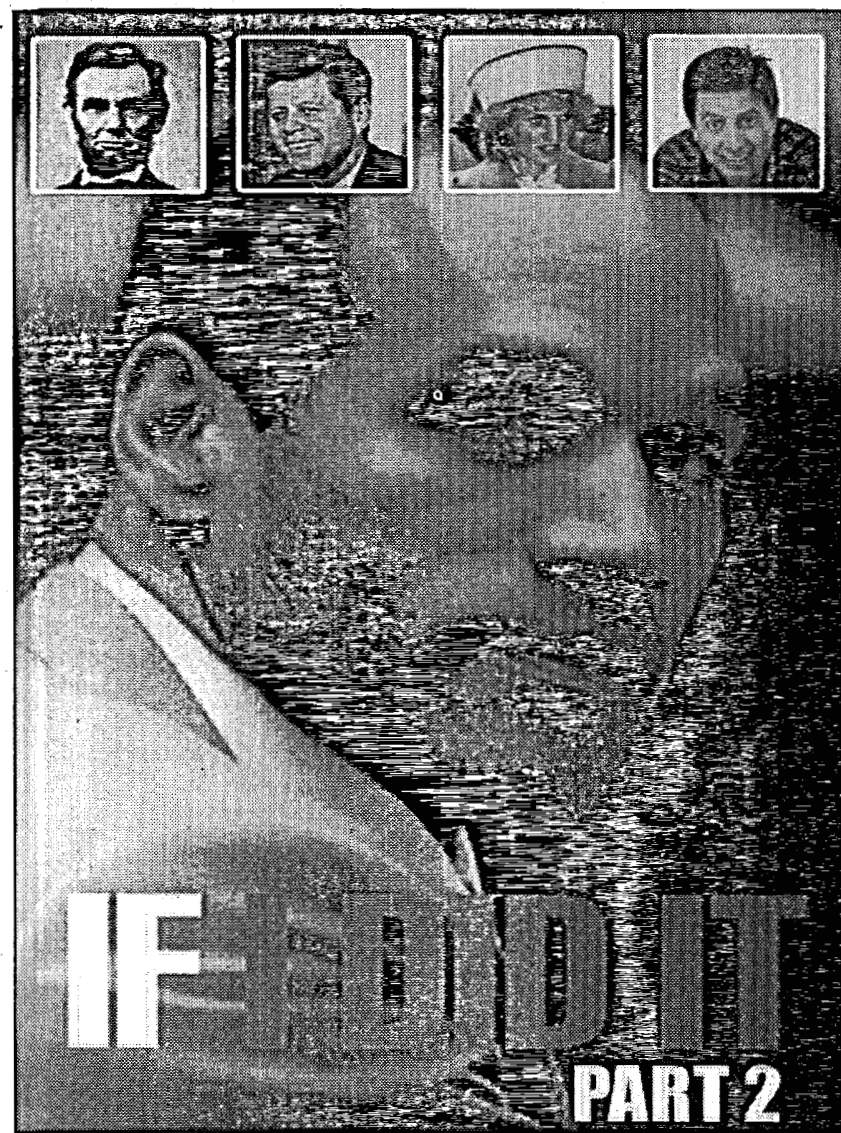
I leap the front row, which is full of men with monocles and opera ladies. The President is laughing, thinking this is part of the show. But there's one thing that's missing from the program: his murder. I bring the knife into the solar plexus of Abraham Lincoln in the same way that I brutally murdered my ex-wife (allegedly). The massive 14-foot frame of President Lincoln falls forward, knocking out a support beam and crushing an entire row of men with powdered wigs with his stovepipe hat alone. I emerge from the rubble unscathed, knowing that the future is safe. But it's time to kill again.

Chapter Two: Ich Bin Ein MURDER!

November 22nd, 1963. I, O.J. Simpson, am now going to stop using the present tense, since my editor says it's awkward. So I stabbed him - or did I? (Note: New editor, please place the word "if" somewhere in that last sentence.)

So I'm at this book depository, just kicking back and reading The Bible. Stabby went down the street to get hot dogs, because even though holograms can't actually touch any physical objects, they can still eat hot dogs. I didn't make that up.

Just as I was getting comfortable with my Bible, I noticed quite a commotion outside. It was none other than President Kennedy, the current President of the United States! Of course, my mission was clear: for the



sake of the future, JFK had to die. But there was one problem; I couldn't possibly get past the crowds and to the motorcade without being tackled - an act that had happened many times during my non-murdering career. And certainly my world-famous stabbin' knife would give me away!

It was then I decided to use my dangerous mind powers, which I maybe should have introduced earlier. Leaning on the window, I peered out at JFK's massive pompadour. I focused my psychic energy on powerful Castro thoughts, sending them right into the President's head. Pop! It was all over. Except for the sanitation workers that would have to clean that up. Stabby walked in, and asked me about what the hell I just did. I told him, and he replied, "You were supposed to kill that guy!" He

pointed to Lee Harvey Oswald who was in the corner of the book depository, eating a sandwich.

Whoops!

Chapter Three: Princess, Die!

August 31, 1997. Have any of you ever disguised yourselves as concrete pillars in major Parisian tunnels for the purposes of killing ex-members of royalty? I have. Sometimes my tendencies to showboat get the best of me, and I trade in the old slash-and-stab for something a little fancier. What follows is a graphic depiction of the murder of England's most beautiful (and therefore most important) woman, and a harsh lesson in seatbelt safety.

CONCERT REVIEW



Contributed photo

Buckcherry headlined a concert at The Wedge on Monday night. Crossfade, and Mercy Fall were also featured at the show.

Buckcherry, Crossfade please 'Wedged' crowds

Rudi Whitmore & Britta Snowberger
FEATURES REPORTER

Mercy Fall opened for Crossfade and Buckcherry Monday night at The Wedge, and the only two guys who knew all their songs were screaming them from the third row.

Very well put-together and sounding a bit like Kurt Cobain, lead singer Nate Stone howled and growled and still managed to look like an emaciated interpretive dancer. At times Mercy Fall was fairly inaudible, but at others delivered amazing three-part harmonies. Between sets Stone was walking

through the audience, talking with fans, selling CDs, signing autographs and taking pictures.

The Wedge was well set up for an event of its size. Security was effective and well-represented, and the entire place was perfect for a standing-room-only show. If you're short, however, and not in the VIP area, expect it to be more of an auditory experience than a visual one.

Fans for all of the bands were congenial and varied. There were serious grunge rockers, punk rockers, and along the sidewall by the bar, a drunken version of my grandmother dry-humping a drunken version of my grandfather,

which was by and far the worst part of the evening.

Between sets, listening to Lynyrd Skynyrd, and watching the drunken sing-along part of the evening kept most of the audience entertained until Crossfade took the stage.

And rocked the hell out of it.

They were tight, well-rehearsed and high-energy for the entire set. Once in a while the bass threatened to swamp Ed Sloan's vocals, but the problem got evened out quickly. While the audience was excitable and energetic the entire night, it exploded when the first words from Crossfade's hit "Cold" crossed the mics. The band was gracious and

down-to-earth after the set, while Buckcherry was playing, sitting at the bar and taking pictures and talking with fans.

Buckcherry was the highlight of the evening, and the real reason people stood for the ridiculous beer prices, crowded space and other groping fans.

Within minutes of his screaming entrance with the song "So Far" from their gold album "15," lead singer Josh Todd had the audience throwing horns and screaming with him, and he quickly left his black suit jacket by the wayside, preferring to strut for the audience in nothing but his tattoos, pieced-together

leather and denim pants, and a belt buckle. "Crazy Bitch" brought the house down with an intro asking "Are there any crazy bitches out there?"

The band played most of "15" and brought out "Lit Up" from its debut album in 1999, as well as other songs from the band's past repertoire.

Buckcherry was the featured star of the evening, but in the end, it was Crossfade that genuinely shone with intensity, energy and balls-out grit.

But seriously, Grandma was the best part of the evening.

CD REVIEW

Minus DeLonge, Plus 44 adds up for debut album

Brian Cetina
DESIGN EDITOR

So this is it, the debut from Plus 44: "When Your Heart Stops Beating." The album was one of the most highly anticipated releases left for 2006. With two of the most influential musicians from the pop-punk scene in the last ten years - former Blink-182 bassist Mark Hoppus and drummer Travis Barker - fans were expecting a little more, but this is still the better two-thirds of the break-up. (Blink 182's third party member was Tom DeLonge, who now sings lead for Angels and Airwaves.)

"When Your Heart Stops Beating" is far from a bust, but it is also far from a musical masterpiece. The exciting rocker "Lycanthrope," as the first album track, offers promise for an entirely solid album and sucks listeners in. Declaring mutiny on former bandmate DeLonge and his new band, the line "Plus 44 > AVA" earns its worth throughout most of the album. But this line will quickly become void of worth as "Baby, Come On" bleeds through the speakers. With lines such as "She's a pretty girl / She's always falling

down / And I think I just fell in love with her," everyone might jump back onto the AVA bandwagon. The rock-out chorus just doesn't compliment

Rating: 4 out of 5

Sounds Like: Blink-182 with a hint of The Postal Service

Best Tracks: "When Your Heart Stops Beating," "155," and "No It Isn't"

what's supposed to be a love song, and the lame lyrics could be credited to a grade school poet. It's too bad the lyrics had to ruin a potentially good track, musically. As the album rolls on, the guitar-driven title track, "When Your Heart Stops Beating," proves that hook-heavy ditties about ex-girlfriends and high school antics are still fun to jump around to, even if you graduated circa 1994.

"Little Death," which has some of the best vocals Mark Hoppus has ever recorded; and "155" give fans hope that Plus 44 is a truly creative musical project. The lyrics of all three songs are trademark Hoppus and Barker, still with that Blink-182 vibe, but a little more maturity.

"Lillian" is a snore-fest and unfortunately, "Cliff Diving" doesn't fall too far from that tree, even

with its redeeming catchy melody. It's extremely hard to get into any song that starts with, "Silly girl, I think I've got a thing for you." Even though "Cliff Diving" has some great hooks and drum fills, high-school-style lyrics are still gracing Mr. Hoppus' notebooks. Sure, this worked well for Blink-182 over a decade ago, but Plus 44 should be more mature and thought-provoking.

There are flashes of greatness throughout this album, but until Hoppus, Barker and company fully embrace the notion that they're older and wiser, they will never reach their true potential.

"No It Isn't" and "Make You Smile" are two tracks that stand out completely from Hoppus and Barker's previous work. The latter of these two songs features call-

response, male-female vocals by Hoppus and Carol Heller, who recorded demo tracks that didn't make Plus 44's debut album, unfortunately. Her vocals are spot on, and they compliment Mark's extremely well. If the original lineup of Hoppus, Barker and Heller had continued on the electronic path, this album would have been the most interesting release since "Give Up" by the Postal Service. Unfortunately for everyone, they decided to take the safe route and create a rock album with a few splashes of electronic elements. We've heard it all before.

Regardless, Blink-182 fans should pick this album up. Just think of it as a B-sides to Blink's final release.



Today

Three One-Act Plays
by Directing 1 class
Shows start @ 5:30 p.m.,
end @ 7:15 Bliss Hall's
rehearsal studio on first
floor, next to Spotlight
Theater
Free admission.

Ladies Night @ The Wedge
9 p.m.-2 a.m.
Dance music & drinks special;
DJ starts at 9 p.m.

Earth, Wind and Fire
7:30 p.m. @ the Chevrolet
Centre

www.chevroletcentre.com
for tickets.

Friday

Three One-Act Plays
by Directing 1 class
Shows start @ 5:30 p.m.,
end @ 7:15
Bliss Hall's rehearsal studio
on first floor, next to
Spotlight Theater
Free admission

Saturday

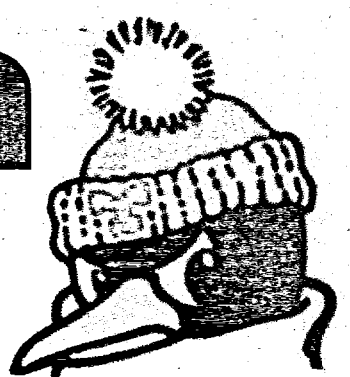
Eric Ryan Productions
presents NO XCUSE
The Cellar's "Kiss My Ash
Goodbye" Show
Salute to smokers on the
last day allowing smoking in
Ohio bars
All smokers welcome
Doors open @ 9 p.m.
Show starts @ 10 p.m.
18 years & up

Dec. 9

Eric Ryan Productions
presents
Povertyneck Hillbillies @
The Cellar
with special guest Joe
Zelek
Doors open @ 8 p.m.
Show starts @ 10 p.m.
18 years & up
Tickets \$15 in advance

STUDENT
SQUAD

THE JAMBAR



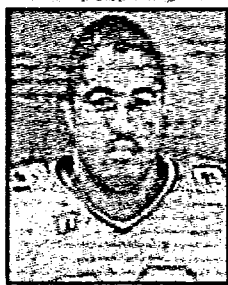
Thursday, November 30, 2006

Page 5

YSU FOOTBALL

Key match-ups watch

Andrew Berry
JAMBAR CONTRIBUTOR



Mason #23

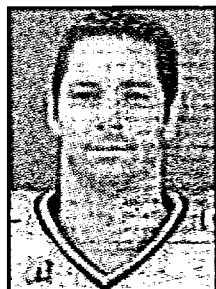
VS.



Rembert #5



Siskowic #40



Zetts #24

VS.

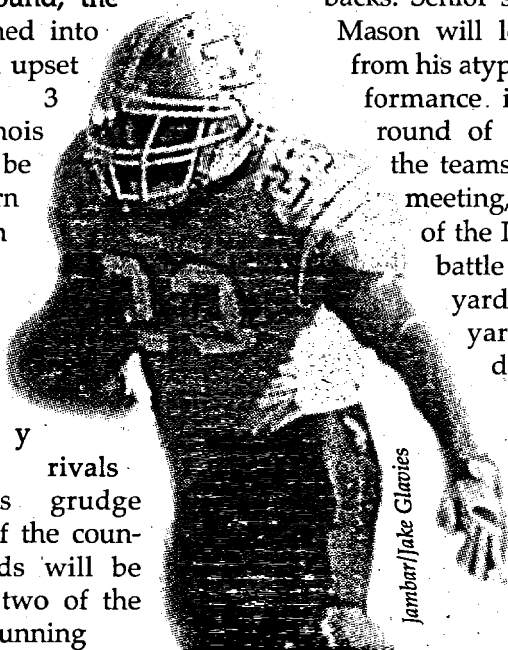


Campbell #44



Stewart #6

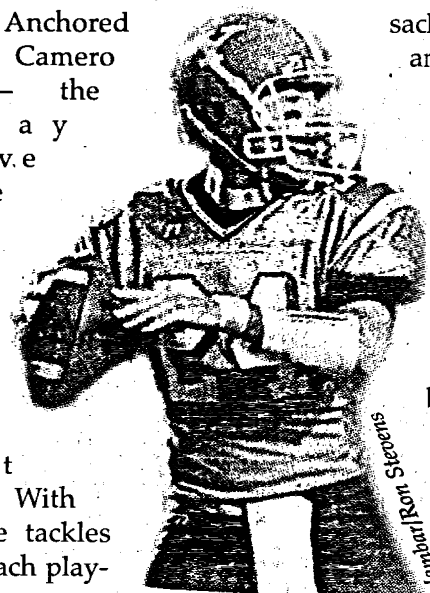
Last time around, the Penguins marched into Normal, Ill. and upset the then-No. 3 ranked Illinois State, who will be looking to return the favor when the Redbirds visit Youngstown for a quarterfinal match-up of Gateway Conference rivals Saturday. This grudge match of two of the country's top squads will be highlighted by two of the country's top running



Jambar/Jake Glavies

backs. Senior standout Marcus Mason will look to rebound from his atypical 72-yard performance in the opening round of the playoffs. In the teams' regular season meeting, Pierre Rembert of the Redbirds lost the battle to Mason by 165 yards. After a 122-yard, one-touchdown first-round act, Rembert appears to be recharged for a clash with Mason and the Penguins for playoff glory.

The Redbird linebacking core is one to be reckoned with. Anchored by senior Camero Siskowic - the Gateway Defensive Player of the Year - the unit has been a collaborative wrecking machine throughout the season. With 100 or more tackles credited to each play-



er, the fierce trio has combined for 363 tackles, three sacks, four forced fumbles and six interceptions. If the Penguin receivers cannot get open quick enough, junior signal caller Tom Zetts may be running for his life. Zetts has proven to possess potent scrambling ability, but will have to be even more elusive to escape the clutches of the three-headed Redbird monster.

Youngstown State vs Illinois State

Gateway

Redbirds vs Penguins

X O + 3 keys 2 the game O X O X O

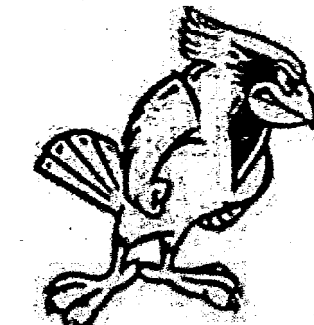
After overcoming the offensive onslaught provided by James Madison University in the opening round of the playoffs, the Youngstown State University defense will need to improve vastly if they hope to advance past Illinois State to the semifinals. While the Penguins were able to successfully contain the Redbirds in the regular season match-up, the playoff atmosphere will bring new life into a squad led by senior running back Pierre Rembert and his 1,795 all-purpose yards. Held to 11 yards on 14 carries in the teams' first clash, Rembert will be looking to rip into a Penguin defense that surrendered 249 rushing yards to the Dukes. If the run defense can step up and make Rembert a non-factor as they did once before, the Redbird offense will be forced into being one-dimensional.

When the Penguin offense finds the red zone, it usually isn't too much longer until they find the end zone. Five times the Penguins invaded the red zone against James Madison and all five times the offense put points on the board. YSU defeated Illinois State earlier this season because of their high success in the red zone, cashing in on four of their five opportunities. This trend inside the 20-yard line will have to continue if the Penguins hope to score often and keep pace with the high-powered Redbird offense. Since the longest touchdown from scrimmage was only 17 yards in the regular season contest against the Redbirds, the Penguins will have to take advantage of every trip to the red zone they get.

Holding onto the ball was a big key to the Penguins first round victory over James Madison as the offense did not allow a single turnover. If the Penguins wish to reserve a trip to round three of the playoffs, winning the turnover battle will be a major priority once again. Illinois State has stolen the rock 22 times this season with 17 turnovers coming off of interceptions. The regular season contest saw the Redbirds recover a Penguin fumble and return an interception for a touchdown. Avoiding back-breaking turnovers will be crucial for the Penguins if they desire to not play from behind late in the game for the second week in a row.



VS.



IN THIS SECTION

Headlines

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Full 2006 Youngstown State roster

Starting lineups for the quarterfinal showdown

Campus reactions to Penguins' playoff success

PAGE 7

YSU's playoff history in "March of the Penguins"

PAGE 8

Marcus Mason cut-out-gameday poster

Kickoff

7:30 p.m.

Game Day Weather

Saturday snow showers

35 | 27

PLAYOFFS, continued from page 1

Senior cornerback Jason Perry understands what the raucous Stambaugh Stadium crowd brings to the game. "That 12th man definitely helps us out on second and long and third downs. Just seeing the crowd get into it, I think it gets everybody pumped up, and just gives us that extra edge to go out and make a play," he said.

On the field YSU will have to account for Redbird linebacker Cameron Siskowic. Recently named Gateway Football Defensive Player of the Year, Siskowic is a big-time talent who could greatly disrupt the Penguin offensive attack if left unchecked.

His 140 tackles rank first on the ISU squad and in the Gateway Conference. Defensively, Youngstown must look to shutout Pierre Rembert one more time this year. The second team All-Gateway selection totaled 1,629 yards and 16 touchdowns this season but only managed 11 yards and one touchdown Oct. 28 against YSU.

Turning to their own sideline, the

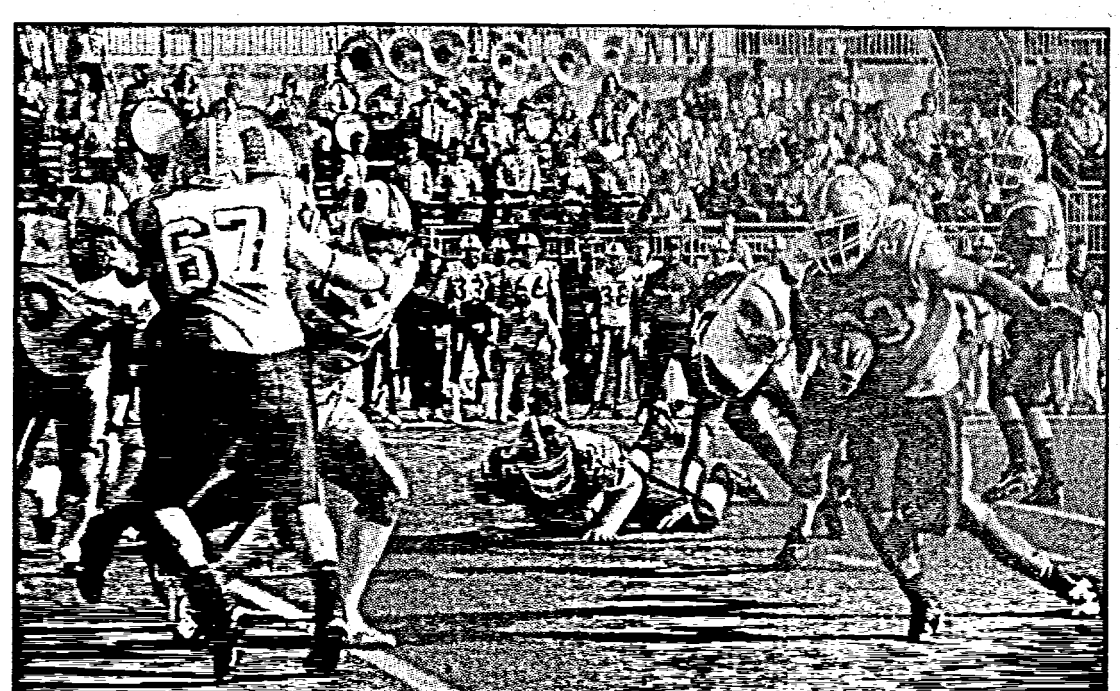
Penguins must reestablish the running game after recording their second lowest output of the season against JMU.

Tailback Marcus Mason - who earned Gateway Football Offensive Player of the Year honors - must get back into midseason form if the hometown offense is to have success against a strong Illinois State defense.

Mentally, the entire team will have to limit the number of penalties it draws. In the past four games Youngstown has been flagged for 210 yards, compared to just 100 by the opposition; in their previous meeting with ISU, the Redbirds were flagged for only 5 yards to YSU's 60.

If the team continues to make mistakes, Youngstown may find itself down early to a talented Illinois State squad.

The Penguins will look to keep their penalties and the Redbirds under control when the two teams kick off their quarterfinal match-up at 6 p.m. Saturday at Stambaugh Stadium.



Jambar/Jake Glavies

Tailback Marcus Mason will have to have a big game this weekend against Gateway Conference rival Illinois State. Mason scored two touchdowns in the Penguins Oct. 28 win over ISU.

MARCH OF THE PENGUINS

Andrew Berry
JAMBAR CONTRIBUTOR

After a six year skid, the Youngstown State University football team has found its way back into the playoff scene after taking the Gateway title and the conference's automatic bid with a 9-2 overall record and 6-1 mark against conference opponents in 2006.

The Penguins march into the postseason for the first time under head coach John Heacock who nearly lead the squad to a playoff berth in both his inaugural 2001 season and 2005.

Both times the Penguins were snubbed despite finishing the year at 8-3 and winning a share of the conference title last season.

Now all the hard work has paid off as the team played their first round game against James Madison University at home Saturday and won.

The Penguins first home playoff game resulted in a 20-17 loss to Central Florida University, the only loss suffered in the 1990 season. Since then, the Penguins have gone 13-0 at home in the postseason.

Youngstown State football has a rich post-season history, most of the story having been written with now Ohio State University Head Coach Jim Tressel at the helm. Here is a look at the Penguins' playoff legacy in I-AA football.

1987

Following a disappointing 2-9 campaign in 1986, it seemed as if the Youngstown State football program had taken a turn for the worst. The Penguins had not been close to a playoff berth since being crowned the runner-up in the 1879 Division II playoffs. The team had been struggling to find their identity since moving to I-AA as a member of the Ohio Valley Conference. In his second season as coach, Tressel was able to right the ship and lead the Penguins to their first postseason appearance under the I-AA banner. With key victories against Bowling Green University and Akron University, the team finished with eight wins and a 5-1 conference record. The dream season ended with a first round exit as the Penguins could not get past the University of Northern Iowa, losing 31-28.

Photos courtesy of YSU Sports Information



1989

Without a conference to call home, the team would have to improve on the 4-7 record posted in 1988. Things started off sour for the Penguins as they dropped their first two games to start 0-2, but then charged through the rest of the regular season schedule to finish 9-3 on the year, good enough for a trip to the playoffs. This time around, the Penguins sent home Eastern Kentucky University by the narrow score of 28-24 for the team's first I-AA playoff win. All though the next round would see YSU lose to Furman University and be eliminated from the playoffs, the year marked the beginning of an era that would see the Penguins dominate the football world.

1990

For the first time under Tressel, the Penguins finished the regular season as an unbeaten unit with an 11-0 record. The dominance displayed by YSU over the course of the year earned the team its first home playoff game in school history. What seemed like a dream season for the Penguins quickly became a nightmare as the University of Central Florida gladly came to Youngstown to play the role of spoiler. The game saw YSU end up on the short end of the final 20-17 score, ensuring the Penguins would be staying home for the rest of the post-season having been eliminated from contention. Even with the disappointment, the team would only have to remain patient as greatness was just around the corner.

1991

The Penguins began the season 5-3 following a homecoming game loss to Liberty University. That would be the last time YSU lost a football game in 1991. Finishing the season 9-2, the Penguins defeated teams such as Georgia Southern University, James Madison University and Slippery Rock University just for a spot in the playoffs. Once in, the team marched through the playoffs and secured a spot in the national championship game against Marshall University. On December 12, the Penguins defeated the Thundering Herd by the final score of 25-17 and were crowned the champions of I-AA football.

1992

After finishing the regular season 8-2-1, the Penguins found themselves in their fourth playoff appearance in as many years. The team defeated Villanova University in the first round for the second year in a row, followed by wins over The Citadel and Northern Iowa. One year and seven days after their first national championship, it was once again Marshall standing in the way of the national title. The Penguins battled all the way back from a 28-0 third quarter deficit only to lose on the final play of the game as the Herd's kicker nailed a 22-yard chip-shot to win it 31-28 for Marshall.

1993

The Penguins went right back to work, posting a 9-2 regular season record to head back to the playoffs in hopes of avenging last year's loss in the I-AA championship game. The Penguins rolled through the first three rounds of the playoffs, defeating their opponents by margins of 26, 20 and 19 points respectively. For the third time in three years, the final battle pitted YSU against Marshall. The Penguins scored 17 points in the first quarter, and wouldn't score the rest of the game. The lack of offense would not matter as the defense held the Herd to five points, securing the second national title for Jim Tressel and the Penguins.

1994

As defending national champions for the second time in the 90s, the Penguins began the 1994 campaign with a 10-10 tie in the season opener with Stephen F. Austin University. Had it not been for the tie, YSU would have ended the season with a perfect record. The team finished 10-0-1 as the defense allowed no more than 17 points in a single game all year. The Penguins won three more games in the playoffs en route to match against Boise State University for the national championship. The game against the Broncos was taken control by Penguin quarterback Mark Brungrad who ran for two touchdowns and threw another. The Broncos put up a fight, but in the end the Penguins clinched their third national title with a 28-14 victory.

1997

After winning back-to-back I-AA championships, the Penguins took a backseat for two seasons by missing the playoffs. In 1997, YSU joined the Gateway Football Conference. The Penguins went 9-2 overall and 4-2 in their first year as a Gateway affiliate, earning their way back in the playoff picture. Even though the regular season finale was a loss to Western Illinois University, that didn't stop the Penguins from winning three rounds of playoff games for a spot in the national title game against McNeese State University. It would take a 66-yard drive and a late touchdown pass from quarterback Renauld Ray to lift the Penguins over McNeese State. The fourth national title for the Penguins was won by a single point as the final score was 10-9.

1999

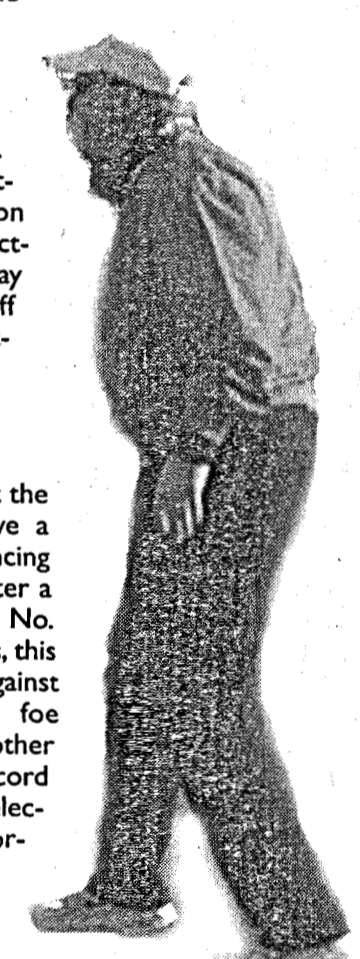
Following a forgettable 6-5 campaign in 1998, the Penguins improved to a 9-2 overall record with five conference wins and got back to the playoffs. While the team once again found a spot in the national title game, the road to the championship match was not an easy one. Two of the three playoff games were won by three points. YSU crushed its second round opponent, North Carolina A&T University, 41-3. The Penguins opponent for the national title game that year was Georgia Southern. After the Eagles scored 28 unanswered points in the second quarter, it was all down hill for the Penguin squad. Georgia Southern racked up 656 total yards of offense and toppled YSU 59-24.

2000

In Tressel's final season as head coach, the Penguins would make their final run at a fifth national title before entering a six year playoff drought. The Penguins finished the regular season at a respectable 9-2 mark and 4-2 in the Gateway conference. First on the playoff schedule for YSU was the University of Richmond Spiders. For the first time in 10 years, the Penguins would be sent home after just the first round with a 10-3 loss to Richmond. When the Penguins battled James Madison Saturday, it marked exactly three years to the day since the last playoff game for the YSU football team.

2006

With Jon Heacock at the helm the Penguins have a solid chance of advancing through the playoffs. After a strong victory over the No. 6 James Madison Dukes, this Saturday's match-up against Gateway Conference foe Illinois State will be another tough test. A 10-2 record and 10 All-Gateway selections will be in YSU's corner for the 6 p.m. kickoff at Stambaugh Stadium.



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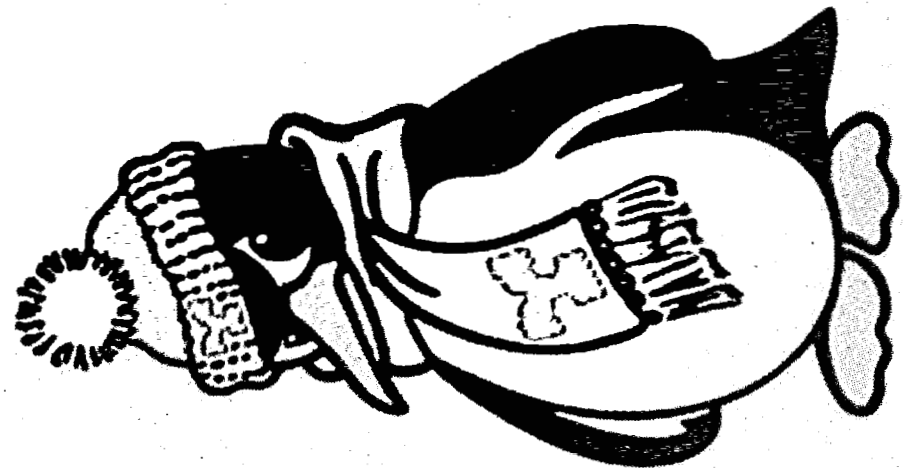
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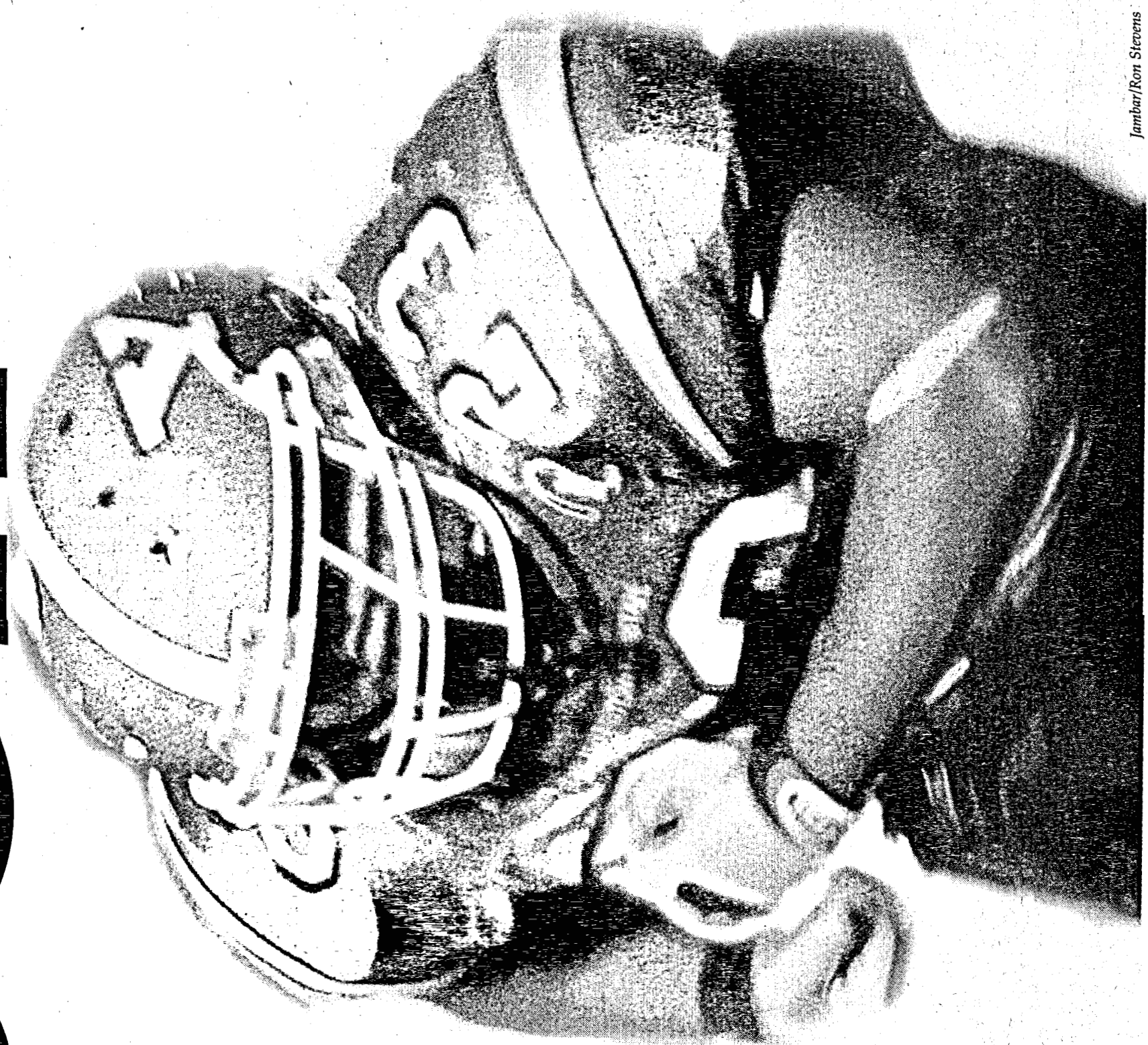
IRAWASORI



THE Jambar

Poster created by Jake Glavies

WE TRUST



YSU

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Feeling "sick?"

Fake excuses in the workplace

Renee Hardman
REPORTER

We've all done it. We've all called off work "sick" because we wanted to stay in bed an extra hour or two and relax in our footy pajamas while watching "The Price is Right" all day.

But how much is too much? According to a recent annual survey from CareerBuilder.com, 32 percent of workers called in sick with fake excuses within the last year. One in 10 of those workers admitted to calling off three times or more with a fake excuse.

"The most popular motivator for missing work was the need to relax, according to nearly half of the workers," Jennifer Sullivan of CareerBuilder.com said. "One in four workers said that they consider their sick days to be equivalent to vacation days and treat them as such."

"Although an improvement from last year, the amount of unexcused absences from the office is significant and can be indicative of employee dissatisfaction," said Rosemary Haefner, vice president of Human Resources at CareerBuilder.com.

"This begs two questions: Do you have the right employees working for your organization and do you have the right employee management practices in place for your staff?" Haefner said.

John Young, operations manager in Kilcawley Center, said, "The excuses that crack me up are the ones where the college student's parents or grand-

PRIORITY, WHAT?

MOTIVATORS FOR MISSING WORK

- 48% NEED TO RELAX
- 24% NEED TO SLEEP
- 20% NEED TO RUN ERRANDS
- 17% NEED TO GO TO AN APPOINTMENT
- 16% NEED TO DO HOUSEWORK
- 16% NEED TO SPEND TIME WITH THEIR FAMILY

parents call in to say that the student won't be coming to work or that they are sick."

But how many times can workers tell their employer that they're sick to their stomachs or that their cars won't start? Many employers have received suspicious excuses from their employees.

"Workers who are chronic offenders may be running out of ideas," Sullivan said.

Senior Joe Paloski said he has an excuse the never fails.

"One time when I was running late, I called in and said I had diarrhea," Paloski said. "That excuse works every time, no questions asked."

Lynn Haug, retail operations manager in Kilcawley Center, said that when her husband worked as a supervisor, he received a very unusual excuse from a worker.

"This worker called in to my husband and told him that he couldn't come in because aliens magnetized his car to the guard rail on the side of the road."

Some other unusual excuses that actual employers have heard: a skunk

got into the employee's house and sprayed all of his uniforms; an employee had bad hiccups; an employee apologized for being late because it was foggy and she missed the building; and an employee was late because her left turn signal was broken and she had to make right turns all the way to work.

Need some help coming up with excuses for your planned sick day? There's a Web site that has a sick-day excuse generator with a complimentary "sounds of sickness" sound file. With just one click, today you could be skipping work because you have irritable bowels or a cracked tooth.

The site also gives you some "sick" tips: practice your sick voice before dialing the phone so you sound authentic; call before anyone has arrived at work so that you can leave your message with the supervisor's voicemail; make your sick call as short as possible; be careful not to be sick on too many Fridays or Mondays; and when you return to work, act lethargic for the first few hours.

Visit the site at www.getodd.com/raz/sickday/sick-day.html, before your boss does.

Fine arts show sales will benefit the Butler Institute

Britta Snowberger
FEATURES REPORTER

According to Cahalin, more than 4,000 people attend the fine art show each year.

This weekend, students may purchase unique Christmas presents for friends and family while supporting an on-campus organization at the same time.

The Butler Institute of American Art will host its 36th annual "An American Holiday" fine arts and crafts show and sale this weekend at the Chevrolet Centre.

"We have about 150 artists signed up for this juried show, which means the show's orientation is more on fine arts and crafts," said Pat Cahalin, special projects organizer for the Butler Institute. "They'll have everything from hand-painted eggs, abstract art and jewelry to floral arrangements, organic personal products and homemade pet treats."

With free parking, the cost to attend "An American Holiday" is \$5. All proceeds from collected admissions will benefit the Butler Institute's education programs and free admission policy.

"The Butler is a non-profit organization that has always offered free admission for everyone. Even if you walk around for a half-hour, you'll be helping us out," she said. "Also, now that we're holding the event at the Chevy Centre, everything will be more accessible to visitors."

Free entertainment, including high school choirs, Broadway-style performances, dance groups and a chainsaw wood artist, will be provided throughout the weekend. In addition, a live reindeer exhibit will be visible outside the Chevrolet Centre.

"This show is a great way to spend the afternoon with your family," Cahalin said. "It's not the mall - you can truly get one-of-a-kind items for Christmas presents."

On Saturday, "An American Holiday" begins at 10 a.m. and ends at 7 p.m. Sunday's show also opens at 10 a.m. but ends at 5 p.m.

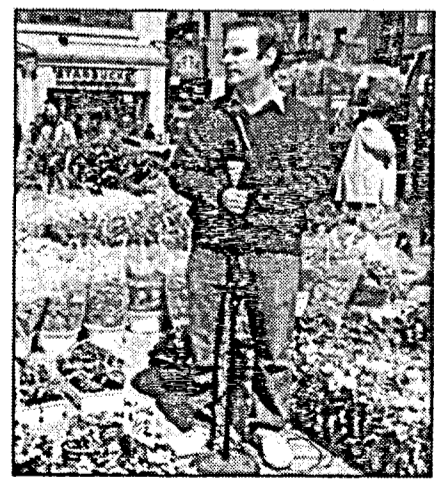
MARK MELLMAN-2006 DEMOCRATIC VICTORY

Mark Mellman, noted national Democratic pollster, will be on campus Tuesday, December 5, 2006 at 11:00 a.m in the Ohio Room of Kilcawley Center to give a talk on Insights Into the 2006 Democratic Victory. The event is sponsored by the Judiac and Holocaust Studies and the Political Science Department.

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7th Annual Jabali

"The Rock" in Swahili
Thursday, December 7 at 7:00pm

The Chestnut Room, Kilcawley Center
Youngstown State University



Keynote Speaker
Dr. Dolores V. Sisco
Assistant Professor, Department of English
Youngstown State University
Topic: "A River That Does not Know its Source Cannot Succeed"

Dinner: \$ 25.00 per adult, \$10.00 for student and \$175.00 for a table of 8
Attire: Semi-formal or African
For more information, call the Africana Studies Program at 330.941.3097

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**For more information contact:
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1034 Jones Hall
Youngstown, OH 44555
Phone: 330-941-3515
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