

Another Found Self and Southcott are just two of the bands you can catch this weekend, see page 7



V.S



THE STUDENT VOICE OF YOUNGSTOWN STATE UNIVERSITY

Who to watch: Youngstown State University welcomes The University of California Davis, see page 8

Thursday, September 21, 2006

IN TODAY'S



YSU professor plans trip to China, see page 2

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SMART circles Page 7 Taking the holy war

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to the internet

contribute more this season

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today >> cloudy

62 | 40

Saturday: rain 72 / 56

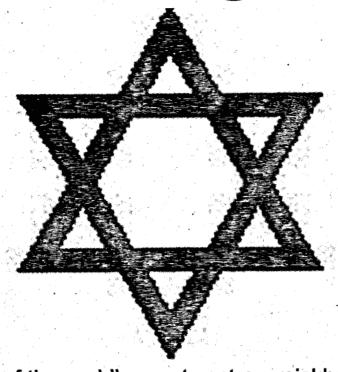
Attention nursing students

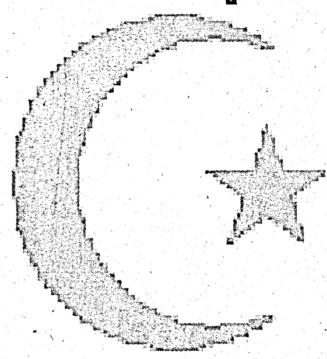
Monday, Oct. 2 from 3p.m. - 5p.m. there will be a welcome from Dr. Patricia Hoyson, Nursing Department Chair for all Pre-Nursing Students in the Ohio Room of the Kilcawley Center. If you are planning to apply to the 2007 BSN program, you are urged to attend this important workshop. Any questions can be answered at (330) 941-1820

SGA resolution passed

Student Government Association's proposed amendment to its constitution passed 301-36 after Tuesday's and Wednesday's Homecoming voting. The SGA amendment makes the SGA executive branch more efficient, eliminating duplicate offices and clearly defining officer and committee responsibilities. The changes take effect immediately.

Religions overlap





Two of the world's most controversial holidays in regards to the turmoil of the Middle East are going to start close to or on the same day this year- Ramadan and Rosh Hashanah.

Rosh Hashanah

Ashley Tate REPORTER

Rosh Hashanah, which means "head of the year," is like New Year's Day. It's the seventh month of the Hebrew calendar and is a very serious, religious holiday, Sandford Kessler, executive director of the Jewish Community Center said.

Kessler said the holiday starts in the fall because it's the end of a harvest season and a time when people planted for the next season, which was very important.

Originally, the first month of the Hebrew calendar was Nisan, which was in the spring. Around the month of Tishrei (the seventh month of the Jewish calendar) the rains fell and the ground was being prepared for the winter grain.

This was the beginning of the economic year, as well as the spiritual year, according to a document the Jambar received from Kessler.

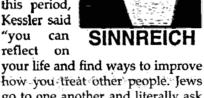
"The Jewish and Islamic calendars are lunar based, so overlaps in having months start at the same time is hardly surprising," Helene Sinnreich, director of Judaic and Holocaust Studies, said.

"But what is more interesting is the overlap between the Jewish holy day of Yom Kippur and Ramadan because both are holidays of fasting and self-purifica-

tion," she said Rosh Hashanah is the first of high holy days and lasts through Yom Kippur, which means "day of atonement." This is a 10-day period

"days of Kessler

said. During this period, Kessler said "you can



how you treat other people. Jews go to one another and literally ask for forgiveness for anything that they have done purposely or accidentally that have caused them harm.

Then God opens the 'book of life and writes down who will live and who will die."

"For those who are not entirely good, judgment is suspended until Yom Kippur, when our good works acts of repentance during those 10 days to turn away from our wicked ways," according to the document.

Sinnreich said "Jews believe God will decide their fate for the rest of the year, therefore, prayer and rituals of self-purification are a part of the holiday."

Kessler said he takes the holiday very seriously. "It's a time when I put aside other things and day-to-day worries and really try to concentrate on self improvement. What can I do to make myself a better person? I also think about my

please see **HEBREW**, Page 6

Ramadan

Jenny Boyce REPORTER

The new crescent moon is a sign for Muslims all over the world to begin their holy month of fasting known as Ramadan.

Muslims celebrating Ramadan dedicate the month to observance and devotion to faith, fasting from sunup to sunset each day. By engaging in fasting, Muslims will abstain from eating, drinking, smoking and engaging in sexual intercourse during the daylight hours.

'Ramadan marks the day in which God asked the prophet Mohammad to tell his people to fast people," said Shakir Husain, advisor of the Muslim Student Association.

Every Friday traditional ethnic foods fill many tables at the Islamic Society of Greater Youngstown, 535 Harmon Ave., Muslims from the area join together in a prayer to break their day of fasting and enjoy iftar(dinner).

Muslim Youngstown State University student Ahmad Amireh said he plans on fasting this year, just like he has every other, "It is an important part of the religion, and unless physically unable, there is no excuse in not taking part."

"It is a test of will and patience," said Amireh. "During this great month, an individual must be on his or her best behavior, restraining themselves from thinking of acting negatively towards another."

Anwar Al-Zuraigi, Muslim student from Jordan said this is the first time he embracing the month without his parents siblings.



Living with his aunt now, Al-Zuraiqi said he wishes he could share his time with his parents and his siblings as well as with his aunt. "No matter how busy my schedule and do the prayers, this was the is, I will my take the time to break commandment given by God to his my fast with fellow Muslims," he

> Some non-Muslim students said they plan on trying to fast for the whole month to feel what it is like.

Cristina Verlezza, international student from Venezuela said she wants to fast. "I want to fast because it makes you understand what people who have nothing feel like," she

People take for granted the fact that food is readily available and they can eat whenever they like, Verlezza said.

Husain said students at YSU usually engage in breaking the fast during sundown with follow students of the same faith. "They have been doing it for years," said Husain. "A student will break the fast with another every day after sunset during Ramadan. It happens all along campus with those of this religion."

Habat's paycheck causes stir among students

Jason Kelly JAMBAR CONTRIBUTOR

John Habat, As former Youngstown State University Vice President of Special Projects and Vice President for Administration, collects his contract total of \$127,000 from YSU, and a \$130,000 salary from his new job as Interim Executive Vice President of Finance and Business Services at Cuyahoga Community College, YSU students seem to be catching on.

With the university legally powerless to do anything but pay Habat, many students feel the same way.

."It sounds like the university's hands are essentially tied," accounting major Erin Laughlin said.

Laughlin questioned Habat's professional ethics as a result of his decision to accept the settlement.

"There's something to be said

about that. A person with more Laughlin, moral fiber would give it [the money] back," she said.

Other students point to frequent Habat should tuition increases and a decrease in funding. History major Michael Gabriel suggested that the money could be put to better use.

"The money should be spent on an employee who is actually doing something for the university," Gabriel said.

Gabriel also stated that the money could be spent on the university's students. Furthermore, he believes Habat's \$127,000 could also be used to pay an employee who wants to

Performing work for the university in exchange for the money was a major sticking point with several students. Student George Malactaris said he doesn't think Habat should be paid if he is not producing any work for the university. Like

believes not accept the money.

H [Habat] cheating the students and school, the

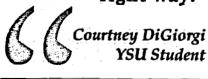
DIGIORGI Malactaris

Courtney DiGiorgi, a professional writing and editing major, was unaware of the situation until the

"I guess that's just how it works if you play your cards the right way," DiGiorgi said.

While DiGiorgi realized the university is left with little option, she believed that a similar situation can be prevented in the future by making the university's contracts and Kampfer said.

"I guess that's just how it works if you play your cards the right way."



settlements more specific.

Engineering major Aaron

Kampfer is another student in complete disbelief about the situa-

"How can someone get paid when [he is] doing absolutely noth-

Kampfer said he wants Habat to earn the money in some capacity with the university. On the other hand, he said he wishes he was in Habat's shoes.

"I wish I could get that deal,"

serve the university.

Jambar approached her.

YSU

Professors discuss weapon usage

Emery Boyle-Scott News Editor

Youngstown University experts comment on domestic nonlethal weapon usage.

Air Force Secretary Michael Wynne, in a Sept. 12 statement, said that nonlethal weapons such as . high-power microwave devices should be used on American citizens crowd-control situations before being used in combat situations.

Secretary Wynne's comments blanket over all citiand affect zens Youngstown State Keith University also. Lepak, political science professor, said Wynne's comments are a part of a larger military decision regarding which weapons to use and where and when to use them, rather than an instruction or suggestion



police individual for departments.

body, No national including the military, has the authority to require necessary to test in a practipolice departments to use cal situation, such as a riot any particular weapon or or an out-of-hand rock contechnique.

David Porter, political science professor, said Americans are overreacting to Wynne's comments. Wynne is not suggesting to line-up American citizens for testing, rather he is addressing the fundamental differences between an out-of-hand peaceful group and a violent insurgency movement, Porter said.



Lepak

statements imply that the U.S. must be comfortable with the weapons' ability to diffuse a crowd, so it is

Porter said we must be concerned that weapons work properly, not only for the safety and lives of the victims, but also for the police or troops using the weapons. If a weapon is not effective against a peaceful gathering of people, like concertgoers, it's logical that the weapon will not stop Porter said Wynne's armed and violent people.

talking it out.

According to Frissora, all used with training."

YSU Chief of Police, John Gocala, said YSU police's policy is to, first and foremost, diffuse a rowdy crowd verbally. Gocala said if an officer is in a lifethreatening situation, it would be appropriate to use greater force, such as pepper spray.

reactions.

Gordon Frissora, criminal justice professor, said domestically, the strongest less-than-lethal weapon anyone can use is "verbal judo." Frissora said police officers can frequently diffuse a situation by simply

weapons, including nonlethal weapons, "have to be

In Cushwa Hall, Room 3055, between 9:30 and 10:45 a.m. today, students in Frissora's policing class will be reacting to Wynne's Look in comments. Tuesday's edition for these

YSU

Career Week comes to YSU

Adrienne Sabo Asst. News Editor

Students aiming to get a jump on job searches will get a little help next week from Career and Counseling Services. CCS is hosting its second Career Week, Sept. 25-29, on campus.

The featured seminars will be in the Chestnut Room in Kilcawley Center with the rest of the events at the CCS offices in Jones Hall.

Bernie Cummins, director of CCS, said the week is "a series of Programs and activities designed to get students ready for the job search."

The week will cover resumes, job

fairs, interviews and how to dress for Williamson College of Business the job. The week is designed to prepare students for the job fair the following week.

Cummins said the main message for the week is "to convey to students that you do not want to put this off; if you do, you put yourself at a real disadvantage."

Throughout the week, students can meet with counselors at CCS for resume critiques and they will take walk-ins.

"The more students can be familiar with the job search process, the more comfortable and confident they can Administration, said.

Licata said that in today's market, students need the whole package and should not feel intimidated by the process. She said the week's events will help to address this.

Cummins said that during this week it is often the first time that students begin to put in the effort for job searches and begin to answer the question, "What am I going to do next?"

"At the office we have a lot of information and resources to help our students," he said.

Classified

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Students/Others Flexible schedules, good pay, sales/svc- will train, all ages 18+. Conditions apply. Call 330-629-

Truck Driver and General Labor for local lumberyard. Part-time around your schedule. Must have valid license; NO CDL required. (330) 759-7115.

Jillian's in the Southern Park Mall is now hiring servers and bartenders. Health Insurance available. Please apply in person.

Local rental car company seeks students to clean and deliver rental vehicles. Must be energetic and dependable. We will work around your schedule. Call U-SAVE AUTO RENTAL at 330-792-

Now Hiring all positions. O'Donold's Irish Pub and Grill is seeking fun, energetic individuals for our Austintown location. Please apply in person at 6000 Mahoning Ave. Austintown, OH 44515 (In Austintown Plaza)

Wanted: Students to assist with YSU Fall Job Expo on Wednesday, October 4, 2006 in Kilcawley Center Chestnut Room. Employers will need help transporting their display materials and equipment. Must be able to lift 50 pounds. Hours: 8:00-10:00am and 1:30-3:00pm. Stipend \$50. Interested: Apply in person in the Office of Career and Counseling Services, 1034 Jones Hall.

Help wanted for Quicken Accounting. Need help in setting up a small business for Property Management and Personal Accounting. Call 330-550-5433.

Help wanted for internet based business. Photographs, Inventory maintenance, webpage design helpful, for retail and automotive. In Boardman, please call 330-550Housing

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Miscelaneous

Wanted: TI-84 calculator needed. Please call 330-501-5908.

be," Betty Jo Licata, dean of the YSU CAREER WEEK SEPTEMBER 25-29, 2006

Gel Your Career in Gear-And race towards iob search success!



ALL ABOUT RESUMES 12:00 noon-1:00pm Learn from the experts! Local employers discuss what they look for in resumes (Ohio Room Kilcawley)

CAREER CRASH COURSE 9:00am-10:00am Learn the basics of job searching, and resources available through Career Services to help you (Room 1034 Jones

ASK A CAREER COORDINATOR 9:00am-11:00am & 2:00pm-4:00pm

Meet with a Career Coordinator to ask quick career questions (Room 1034 Jones Hall)

RESUME CRITIQUES 9:00am-11:00am & 2:00pm-4:00pm

September 29th to be eligible to

Meet with a Career Coordinator to have your resume critiqued (Room 1034 Iones Hall)

REGISTER WITH EASE (eCampusRecruiter) Visit 1034 Jones Hall anytime during Career Week to register with YSU's job database (Room 1034 Jones Hall)

Attend any of the following events to get your Career Week card

stamped (cards are available at events and the C&CS Office).

Collect any 3 stamps and return your card to the Office of

Career & Counseling Services (1034 Jones Hall) by noon on

Increase your chances of winning: Collect all 9 stamps and

your name will be entered in the drawing a total of 3 times!

TUESDAY, SEPTEMBER 262

ALL ABOUT JOB FAIRS 12:00noon-1:00pm Learn from the experts! Local employers discuss how they effectively use career fairs to gain interviews (Ohio Room, Kilcawley)

ASK A CAREER COORDINATOR 9:00am-11:00am & 2:00pm-4:00pm

Meet with a Career Coordinator to ask quick career questions (Room 1034 Jones Hall)

RESUME CRITIQUES 9:00am-11:00am

& 2:00pm-4:00pm

Meet with a Career Coordinator to have your resume critiqued (Room 1034 Jones Hall)

REGISTER WITH EASE (eCampusRecruiter) Visit 1034 Jones Hall anytime during Career Week to register with YSU's job database (Room 1034 Jones Hall)

CAREER CRASH COURSE 10:00am-11:00am Learn the basics of job searching, and resources available through Career Services to help you (Room 1034 Jones Hall)

WECNESDAY, SEPTEMBER 27TH

ALL ABOUT INTERVIEWS 12:00noon-1:00pm Learn from the experts! Local employers provide tips for successful interviewing (Gallery, Kilcawley Center)

ASK A CAREER COORDINATOR 9:00am-11:00am & 2:00pm-4:00pm

Meet with a Career Coordinator to ask quick career questions (Room 1034 Jones Hall)

RESUME CRITIQUES 9:00am-11:00am

& 2:00pm-4:00pm Meet with a Career Coordinator to have your

resume critiqued (Room 1034 Jones Hall) REGISTER WITH EASE (eCampusRecruiter)

Visit 1034 Jones Hall anytime during Career Week to register with YSU's job database (Room 1034 Jones Hall)

CAREER CRASH COURSE

2:00pm-3:00pm

Learn the basics of job searching, and resources available through Career Services to help you (Room 1034 Jones Hall)

THURSDAY, SEPTEMBER 28TH

DRESSING FORTHE JOB SEARCH

12:00noon-1:00pm

Learn from the experts! Local employers discuss appropriate interview and professional attire (Ohio Room, Kilcawley)

ASK A CAREER COORDINATOR 9:00am-11:00am & 2:00pm-4:00pm

Meet with a Career Coordinator to ask quick career questions (Room 1034 Jones Hall)

RESUME CRITIQUES 9:00am-11:00am

& 2:00pm-4:00pm Meet with a Career Coordinator to have your resume critiqued (Room 1034 Jones Hall)

CAREER CRASH COURSE 3:00pm-4:00pm Learn the basics of job searching, and resources available through Career Services to help you (Room 1034 Iones Hall)

REGISTER WITH EASE (eCampusRecruiter) Visit 1034 Jones Hall anytime during Career Week to register with YSU's job database (Room 1034 Jones Hall)

FROAY, SEPTEMBER 25TH

ASK A CAREER COORDINATOR 9:00am-11:00am & 2:00pm-4:00pm

Meet with a Career Coordinator to ask quick career questions (Room 1034 Jones Hall)

RESUME CRITIQUES 9:00am-11:00am

& 2:00pm-4:00pm

Meet with a Career Coordinator to have your resume critiqued (Room 1034 Jones Hall)

REGISTER WITH EASE (eCampusRecruiter) Visit 1034 Jones Hall anytime during Career Week to register with YSU's job database (Room 1034 Jones Hall)

CAREER CRASH COURSE 10:00am-11:00am Learn the basics of job searching, and resources available through Career Services to help you (Room 1034 Jones Hall)



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The Jambar is published twice weekly during the fall and spring semesters and weekly during the summer sessions. The first copy of The Jambar is free; each additional copy is five cents. Mail subscriptions are \$25 per academic year. Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press Honors.

OUR SIDE

Administration and faculty division must be reconciled

In the wake of former Vice President of Special Projects and Vice President for Administration John Habat's threat to sue the university, Youngstown State University's administration barely had time to take a breather. The university is on the verge of getting sued, once again, but this time YSU President David Sweet does not seem to be wor-

Sweet is confident that he will win the battle against former Center for International Studies and Programs Director Noah Midamba. Racism is the key factor in the case.

Brief overview: Midamba said his contract was not renewed because of his race; Sweet said it was because Midamba was not qualified for the position. Midamba is taking the case to federal court.

YSU faculty, staff and students should be concerned with how this will affect the diverse relationships on campus. YSU is filled with people from different countries and backgrounds who come together socially or, at the very least, academically. Members of YSU's campus in the international programs may feel that YSU really is being racist. The rest of YSU may feel that Midamba really wasn't qualified for the job. While everyone at the university is entitled to these contrasting opinions, they could cause a harmful division.

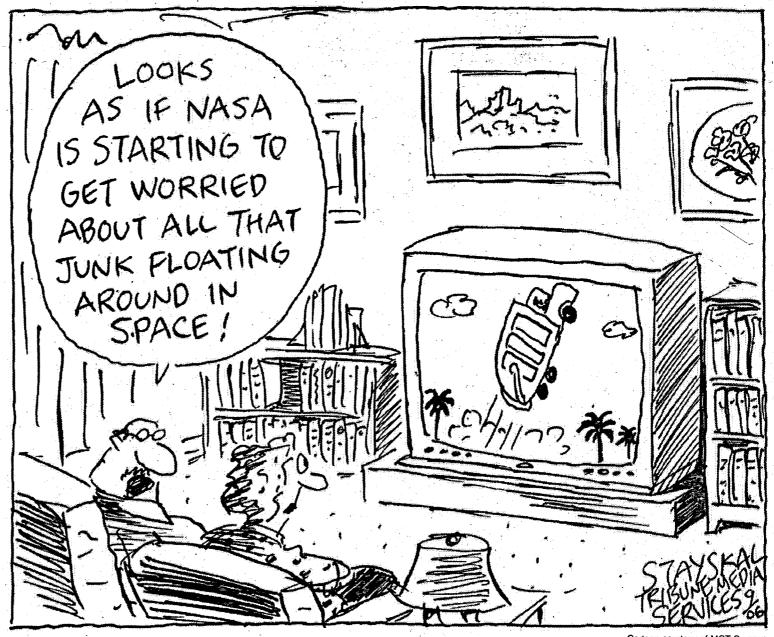
We come to the university to receive a quality education, to meet new people and embrace each other's differences, right? It may be hard to do these things if a discrimination case is being filed against the university.

It is highly unlikely to be sitting in a class with people all from the same race, and oftentimes students must work together in groups for projects. If we know now that a discrimination case is being filed saying that YSU is racist, tension may arise between students:

The core issue here, though, is not a divide among students. It is our administration and faculty and staff members that divide themselves. Denied access to Andrews Student Recreation and Wellness Center, parttime faculty members have said they do not feel welcome in the YSU community. Another example is former YSU employee Midamba's claim that

the division emanates racism. The university should value diversity, but creating divisions through our diversities is a step too far. The administration and faculty and staff should work with, not against, each other. The goal is to create a unified environment that will benefit the entire university, instead of feeding the animosity that has been building for years.

The Jambar editorials reflect the opinions of The Jambar and its Editorial Board members. Those wishing to schedule meetings with the Editorial Board should call the editor in chief.



LETTERS TO THE EDITOR

Thanks for what?

Editor:

campus recreation availability Andrews Center opened, it spelled doom for anyone of us who enjoyed using the old Andrews Center should have employees are left out! I have

been built; Youngstown State no problem with paying for a just love the nerve of YSU to already had. Once the had before Andrews opened). to alumni. For the longest Andrews Center opened, hours time, I would go over to the immediately were cut from the see a banner flying over by members are getting hosed? I Stambaugh weight room and original facilities. The biggest Andrews saying "Thank you guess if you are not the ones work out, but now it's impossi- kick is how I can't even use alumni." Thanks for what? I getting excluded, who cares ble to do that. Once the Andrews because I graduated, and the only people who can use it are full-time faculty and current students. So alumni, facilities. I never thought the intermittent and part-time

University only needed to Rec option to the YSU alumni I'm quite upset with the improve and renovate what it, to use these facilities (like they, and asking for contributions.

> can't use anything anymore! So when I think about Dr. Sweet at my commencement mentioning how proud of YSU one should be, a flurry of swear words run though my brain! I

keep sending me alumni news Why should I give when we It just makes me so mad to alumni and other fellow YSU

> Ron Abraham Alumnus

Big schools vs. mid-major schools

As I am sure most of Youngstown State University football team lost to Penn State 37-3 last Saturday. Now, while the Penguins made a good effort, it's not a surprise. It's also puzzling to see why the football team, they rated Pitt team last year, they lost to the Nittany Lions last week (And may I ask, what the hell is a "Nittany Lion"?),

State. These are just less about these games? growing examples of you have noticed, the such games that sportscaster John Steigerwald KDKA-TV Pittsburgh likes to call "cupcake games" for the big schools, even if they're horrible, against respectable mid-majors that don't have a such games between chance. The Penn Statemid-major schools, such YSU game is a bad as YSU, and big colleges example, since PSU are scheduled. Just with does have a good program, but last year's lost 41-0 to a very over- Pitt-YSU game proved this. Now why do colleges schedule these games, knowing that the big schools will win 99.9% of the time (there and they will open the is a rare upset from time next two seasons in to time), and fans of Columbus against Ohio both schools could care

Well, there's one word that is always the answer to such stupid questions. Money. Both schools receive huge sums of money for scheduling such games. And the mid-major's in particular are more than happy to take the money knowing that their programs will lose in a blowout. Now, as Steigerwald has mentioned, it's nothing against the mid-major schools (in fact, he specifically said that YSU in particular has a very well-run athletic department), but the big schools know that a "guaranteed win" will help them later in the competitive match-ups

season with playoff rankings. Or, in the case of Division I-A college football, the Bowl Championship Series. At least in the BCS case, they do look at the "strength of schedule" factor. Now, that's not to say that YSU is completely innocent. Over the years, the football team has gone up against Division II teams like Slippery Rock, Edinboro, IUP, and I could go on with this. And in all of those games, it was YSU winning in a blowout. What I can suggest to the big schools is to have a schedule similar to Notre Dame, and have

every week. I'm not saying that all college programs should be independent, but it would help out in the long run. As for YSU, all I can say thank God Stambaugh Stadium is too small for YSU to move up to Division I-A (possibly in the MAC) and that the football team remains in I-AA. At least the Penguins can compete for the national championship in a playoff. That's more than what I can say for the big colleges.

> Joe Gerard New Castle, Pa.

Do you have an opinion?

send your letters to thejambar@gmail.com

YSU Professor plans trip to China

Renee Hardman REPORTER

Youngstown Some University students are planning to trade American holiday customs for Chinese ones this winter. Ray Beiersdorfer, Youngstown State University professor of geological and environmental sciences, is coordinating a trip to China with Xiaoming Zhai, professor at the College of Lake County, Ill. The trip is scheduled for Dec. 15-31.

"Geology legitimized is tourism," said Beiersdorfer, quoting author John McPhee.

The course associated with the trip is Geology and the Environment I, and will be taught by Beiersdorfer. It is a Spring 2007 course whose curriculum will focus on the trip to China. Beiersdorfer calls the course "Environmental Geology and Human History of Southern China from Hong Kong to Shangri-La."

The estimated cost for the nonuniversity funded trip is \$3,250. The money will cover round-trip airfare from Cleveland or Pittsburgh to Chicago to Hong Kong, internal travel expenses in China, lodging and meals, entrance and activity fees at various cultural sites in China, and tuition and mandatory travel

Students can receive financial aid for tuition, but Beiersdorfer is hoping that some students can get family members or sponsors to help with the rest.

YSU student Kelsey Fischer over 10 years withplans to go to China. She considers it a great opportunity because she is fascinated by Chinese cul-

"China looks like one of the most beautiful places in the world," Fischer said.

Department of Geological and Environmental Sciences Chair Alan Jacobs and Provost Robert Herbert approved the offering of course, but university approval is needed for a "flexibly scheduled course to ensure the academic rigor."

Beiersdorfer also said he needs to work with the Center for Studies and International Programs regarding "liability issues related to taking students

Jef Davis, director for the Center of International Studies and Programs, is excited about the trip to China.

"It's wonderful. We'd like as many YSU students as possible to get international experience."

As for the "liability issues," Davis wants the students to remember that in another country, they are subject to the laws and regulations of that country, and that they should be aware of some issues that they could possibly

Beiersdorfer has few concerns about traveling abroad.

"I don't have any concerns other than the normal health issues, like not drinking the water," said Beiersdorfer. "I have had numerous conversations with Xiaoming about taking students to China. He has been doing this for

out any problems."

As for health concerns, the CISP requires students to obtain travel health insurance for any "medical needs" or in case students need to travel home.

Beiersdorfe: chose China because he said it is now a "superpower."

"[China] will economic and envi-

ronmental impact for the rest of this century. The better understanding a person has of China, [the more it] will help them understand world affairs and how they relate to their own lives," Beiersdorfer said.

Ronald Shaklee, a geography professor at YSU, agrees with Beiersdorfer.

"I am an ardent supporter of any and all efforts to get YSU students to take their educational experiences beyond the classroom into the international arena," Shaklee said.

Beiersdorfer also feels that traveling to any culture outside one's own is "enriching, even if you decide 'There's no place like home."

While Fischer will miss her home, she is not afraid to travel abroad.

"I'm not at all afraid. My family is a bit apprehensive, because There are too many things going



Ray Beiersdorfer, professor of geological and environmental sciences, is coordinating a trip to China with Xiaoming Zhai, professor at the College of Lake County, Ill. The trip is schedenormous uled for Dec. 15-31.

on in the world right now to be traveling,' but I would never miss out on an opportunity like this because of fear. I would spend my whole life traveling and learning about other cultures if I could," Fischer said.

The trip to China will include many activities like hiking the peak of Hong Kong, viewing limestone mountains from the Li River boat ride in Gueilin, studying the stone forests in Kunmin, visiting the ancient town of Lijiang, visiting families in the Luko Lake area to see the local "walk-marriage" custom, touring the Shangri-La area, touring the Tiger Leaping Gorge near Lijiang, visiting Ermei Mountains, visiting the Panda Preserves and visiting the largest stone-carved Buddha near

Chengdu. Beiersdorfer has a detailed itin erary for the trip and is planning to stay in Hong Kong for New Year's Eve.

"I hope to be able to cross the international dateline and celebrate New Year's Eve twice," he

Beiersdorfer offered a similar joint trip with Zhai in 1999, but the trip was cancelled due to the outbreak of SARS.

Long before 1999, Beiersdorfer has wanted to travel to China.

"This trip will enrich my teaching and is a fantastic opportunity for my students," Beiersdorfer

Davis agrees that this trip would be a "remarkable experience to have as part of an undergraduate degree."

Pischer said the trip would make her "a better person and a more responsible citizen."

Interested students are encouraged to sign up for the course or contact Beiersdorfer as soon as possible at (330) 941-1753, or by email at ray@cc.ysu.edu.

YSU

Students drum stress in SMART circles

Ashley Tate REPORTER

Beating on drums may be a helpful way for college students to relieve stress, anger and tension - even if students participate, but they have no musical background.

SMARTS Center The hosted this year's first drum circle from 7-8 p.m. Wednesdays.

The drum circles will continue throughout the it and talking about it so year every Wednesday at the same time.

SMARTS, which stands for Students Motivated by the Arts, is an educational partnership with Youngstown State University and Youngstown City Schools. The Center uses YSU students as teachers and is looking for music and dance teachers, coordinator Kelly Bancroft said.

Kyle Farrell, who is a senior majoring in music performance, teaches the drum circles. He said that it is open to the public and anyone is welcome to attend.

"Anyone can come, even if you have no musical background. Sometimes it's more interesting if you don't have a musical background," Farrell said.

Sophomore Chris with Anderson agreed Farrell.

"Anybody can do this, it isn't just for music majors.

People who never played before seem to have better rhythm," Anderson said, "It's fun to listen to."

Farrell said that not only do middle and high school there are a fair amount of percussion majors and others from YSU that join in.

Anderson, a music education major, started coming last fall.

"Kyle kept talking about finally I came. I liked it so I stayed. ... This is one of those I don't have to play anything correctly, I can just play."

Farrell, eyes closed while playing, said that it's less distracting to have your eyes shut. Anderson said it is relaxing to play.

"You're not being forced to do anything; it's very loose and there are no strict guidelines," Anderson said.

The drum circles hold after-school, community and one-time programs that might be for a special occasion such as a school assembly or history month, Farrell said. During the community programs, Farrell said he enjoys when whole families attend.

The drum circle also goes to different places to play this summer to New York and last semester to East Middle School Youngstown.

For the after-school pro-

gram at East, Farrell said they worked with just girls. "It was pretty urban, they

liked to play beats and sing over top of them." This year, Farrell said

they want to try to do something different.

"Andy Meyer, who plays the saxophone, might come down and play," Farrell said.

Guest instruments add flavor, but the main types of drums they use are djembes and congas. Shakers and brushes are also used to enhance the sound.

The Center not only hosts these drum circles, but is home to many artistic structures. It exhibits various forms of art, including paper mache creatures, kindergarten paintings and photographs of students.

The SMARTS Center is located in downtown Youngstown's Symphony Center, which is in Powers Auditorium and is considered part of the College of. Performing Arts.

Bancroft said that they offer free arts educational programs to kids in Youngstown and just want to give people a general sense of what they do.

For a taste of what the drum circles sound like, goto http://www.myspace.com/ breakfastsalad.

ENTERTAINMENT

announces line-up

"America's Next Top Model," in its seventh cycle, starts tonight at 8 p.m., taking women and giving them an opportunity to see if they can stand the high-stress, high-stakes world of modeling, and compete for a professional modeling contract.

"Friday Night Smackdown" continues on Friday at 8 p.m., with all new, outrageous shows.

"7th Heaven" returns for its 11th season on Monday at 8 p.m., following the trials and tribulations of the longest-running family drama in television history.

"Runaway," debuting at 9 p.m. and following "7th Heaven," surrounds a family on the run after its father is falsely accused of a violent crime, while the real killer threatens the lives of his children.

"Gilmore Girls" enters its seventh season Tuesday, with new romantic twists and turns, witty dialogue and off-the-wall characters.

Monday

Tuesday

Wednesday

Sept. 28

8-9 p.m. "7th Heaven"

9-10 p.m. "Runaway"

8-9 p.m. "Gilmore Girls"

9-10 p.m. "One Tree Hill"

8-9 p.m. "Smallville"

9-10 p.m. "Supernatural"

"One Tree Hill" will begin again with high school seniors dealing with lifealtering experiences on Wednesday at 9

"Smallville" premiers with new enemies and allies for Clark Kent on Sept. 28 at 8 p.m., as the Superman mythology

"Supernatural" follows "Smallville," with the Winchester brothers pursuing demonic activity and ghostly evils at 10

Starting off the Sunday Comedy Block on Oct. 1 is "Everybody Hates Chris" at 7 p.m., followed by Will and Jada Pinkett-Smith's "All of Us," at 7:30 p.m., "Girlfriends" at 8 p.m. and "The Game" at 8:30 p.m., which is a comedic look at life behind the scenes with the wives and girlfriends of star athletes from

the NFL.

Rounding out the new CW lineup is critically acclaimed "Veronica Mars," bringing her crew to college for a mysterious more third season, start-

ing Oct. 3 at 9 p.m.

7-7:30 p.m. "Everybody Hates Chris" 7:30-8 p.m. "All of Us"

8-8:30 p.m. "Girlfriends"

8:30-9 p.m. "The Game" 9-10 p.m. "America's Next Top Model" (Encore Presentation)

Oct. 3

Oct. 1

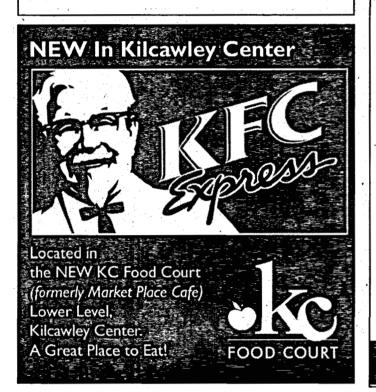
9-10 p.m. "Veronica Mars"

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Cave man's guide to good health

Harry Jackson Jr. ST. LOUIS POST-DISPATCH (KRT)

Finally, here's a doctorapproved way to eat all you want of what you want juicy, grilled ribs, rare steaks and other greasy, fun food.

Here's the recipe:

Track the animal you want to eat for two days, run it down, wrestle it to the ground and stab it to death.

Next, while fighting off predators who want to take the carcass away from you, gut it and tie it to a pole. Then you and a friend carry it home which could be three days

The hungry people in the village will gladly grill it for you while you tell mythic tales of the hunt. Then, eat all you want_remembering that you must share most of it with those who didn't hunt_while you also eat nuts, roots and other food foraged during your absence. Drink water from the stream or tea made from the , local grass.

Surprise: Humans have not evolved much further physiologically than Alley Oop, researchers say.

"We are not only evolved from hunter-gatherers, but we genetically still are," said Dr. James O'Keefe, a cardiologist in Kansas City and co-author of "The Forever Young Diet & Lifestyle" (Andrews McMeel, 288 pages, \$22.95).

So people no longer chase their meat, dig for roots, climb trees for fruit and forage plants for leafy vegetables. Instead, they sit staring into bright screens, with their only exercise consisting of a walk from the car to the processed-food aisle of the grocery.

"Ten thousand years ago, we had to go out and search for food and get food. Now, we have the same genes in the drive-through lane."

The result is that bodies meant to hoard calories because of feast-or-famine conditions thousands of years ago now reside in perpetual feast

and constant physical leisure, whether at work or at home.

The timeline for the huntergatherer lineage starts roughly 75,000 to 50,000 years ago. Still, the human animal and its predecessors have been around for quite a while. Tools and artifacts date back 2.5 million years. Genes still floating in our cells date back 2 and 3 million years.

Starting about 200 years ago, farmers started using machines that did the work of dozens of people. Displaced workers moved their livelihoods to industrialized cities.

The end result is that human bodies made for action hunting, gathering, fighting, running away and withstanding famine _ live with an overabundance of food that is even precooked for them. And their leisure time is used mainly to

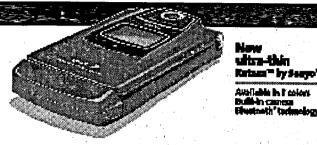
Detractors from this outlook say the hunter-gatherer life span was barely 30 years, while today it's pushing 80.

"However ... these were hardy, healthy, vigorous people even into old age _ for the lucky and clever ones who made it that long. The studies show no tooth decay or loss, strong bones, great physiques, strong immunity, no high blood pressure, normal hearts, no diabetes and only rare can-

Comparatively, he said, "Today the life expectancy has doubled, but the average modern person has a host of agerelated diseases and lots of aches, pains and problems."

What you can do: The least healthful invention for modern humans undoubtedly was the chair at home and at work. The more you use it, the less you move. That drastically reduces your need for calories. That means that fight-or-flight hormone, cortisol, lingers, erodes body parts and generates fat stores that normally would be used to outrun a

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HEBREW, continued from page 1

wife and four kids, hoping they're going through the same self inspection."

There are rituals and ceremonies that Jews perform in order to celebrate the holi-

At home, there is a festive meal served with the family at the start of Rosh Hashanah, but for Yom Kippur a light meal is served.

The food varies from household to household but there are two customs in particular, said Kessler.

"There is a special, round bread called challah (with or without raisins), and its roundness symbolizes the continuity of life, the connection of one year to the next. The other custom is the dipping of apples into honey in hopes that we can have a sweet year."

Another custom of the ceremony is the blowing of the shofar, which is a horn made from the horn of a ram or sheep, said Sinnreich.

According to the document, the horn is blown every morning the month before Rosh Hashanah and at the end of Yom Kippur. "Some say that its piercing sound is a 'wake-up call' that reminds people to engage in the process of repentance."

On Oct. 30 at 7 p.m. in the Jones Room in Kilcawley Center the Judaic and Holocaust Studies will be cosponsoring a discussion with the Center for Islamic Studies on self purification in the Jewish and Islamic tradictions.

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Page 7

NBC Star Tomorrow band kicks off local tour

Brian Cetina DESIGN EDITOR

night, **Tomorrow** Grounds Stomping Austintown will showcase bands from around the country.

Another Found Self, from Boardman will be one of the main bands that several students may know about. This show begins their local headlining tour. Another Found Self were contestants on the NBC show, Star Tomorrow and were winners of the first annual House of Blues / Guitar Center Project Rockstar Competition. The band was a featured performer at the 2006 Cleveland Icon Perseverance Awards as well. They have also sold over 2,000 copies of their debut album, The Brightest Stars Burn Out. The album was sold independently since its release in Jan. 2005 with no distribution or freshman Sarah Bandit, the significant promotion.

Motion Picture Demise are from Richmond, Virginia and are a part of the Orange Peal Records family in California. They are a current U.S. touring act with Another Found Self and are playing their first show in the Youngstown area. Their new album, Zip Boom. Hah is available now.

Red Red Wine, a band from The Saratoga Springs, New York are not currently signed to any label, but are on the Commando Nights tour with Motion Picture Demise and Another Found Self. This is also their first time playing in the Youngstown area.

> The other main band playing that many people have come to know of in recent years is Southcott from Less Avenged Records in Seattle, but are a former Rust Records artist. They are straight out of Rockland County, NYC and are playing in the Youngstown area for the fourth time. Their album Flee the Scene is available just about anywhere and they will be playing in the area again with the bands Upper Class Trash and The Track Record.

Youngstown State University main girl behind the show, said she has put on several shows not just in the area. "I've been doing this for two years, I've done a lot of shows, it's what I am going to school for." Southcott wanted to play another show in the area and went to Bandit for a venue. Many of the

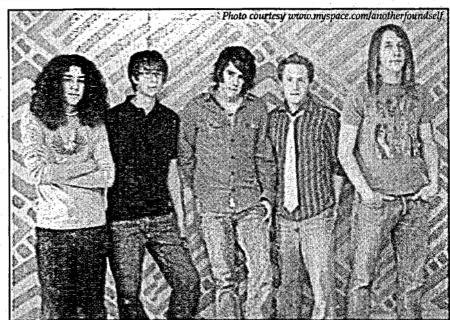
bands she books tend to come to her she said.

"Southcott is f***ing sweet, go to the show. It'll be amazing!" said Freshman Alissa Pullion, who is also helping with the show. The show will feature three out of state bands who are sure to want support from new

Other bands that Bandit has booked in the past are; Between Home and Serenity, the Drama Summer, Adair, and Victory Lane just to name a few. "Come and dance with us, it's is usually what a lot of people do," said freshman, Ashley Lucarelli.

Other bands performing at the show are The Rydells, and Via transit who are both from here in Youngstown. Just by visiting their Myspace Web Sites you can preview these bands as well as the others. Give them a listen, and if you think that's good, come see them live tomorrow night.

The Stomping Ground is located at 1739 South Raccoon Rd. The show starts at 5:30 and is \$7 at the door. If you have any questions involving the show or about directions you can call them at (330) 793-8-SK8.



LEFT TO RIGHT: Another Found Self are: Aric, Nicholas, Julian, Mark, and Dom



LEFT TO RIGHT: Southcott are: Jordan, Mike, Chris, and John

COMMENTARY

Taking the holy war to the internet

Bob Mackey COLUMNIST

I never really felt strongly about John Paul II, but in retrospect he's beginning to look like a little hunchbacked huggabug compared to the toadlike, scuba-faced Joseph "The Pope" Ratzinger. And since I began my extensive career writing about old Ratzy, I think it's only fitting that I end it that way.

I'm dying. Actually, I'm not. That was just an infantlike cry for attention, much like Captain Ratz's recent statement about Islam. And by the way, I plan on nominating that previous sentence for the "Segue of the Year Award." I hope that you consider it when voting this Nov. 14.

Back on the subject, here is what Ratz Patrol said:

"Show me 🔄 just what Mohammed brought that was new, and there you will find things only evil and inhuman, such as his command to spread by the sword the faith he preached."

Effectively, Ratz Power just mooned the entire nation of Islam, which is wholly inappropriate for

reasons beyond the fact that their NASCAR chat rooms. symbol is only a crescent moon. With his statement, Ratz Town held up one of those "screwball" signs from a Bugs Bunny cartoon and proclaimed loudly, "Yo extremists! Suck it!" Although it was probably in German, and thus more threatening.

Now, I imagine some of you think the pope's statements are not responsible for the actions of Muslim extremists. "But Bob," a hypothetical reader might be heard to say, "My buddy Frank down at the Quik-Lube has been talking about 'towelheads' and 'Ay-rabs' for as long as I remember, and I didn't punch him in the face on Sept. 11!" First of all, you should never STOP punching this person in the face, no matter what the date. In fact, do it with the wrong side of a hammer. But more importantly, your pal Frank is probably part of a very small circle of intolerance limited to his parole officer and the clerks at the Kmart Eatery. His retarded thoughts and feelings are not being broadcast across the world, and even if he could figure out "them Internets," his comments

Ratz Machine, on the other hand, is part of a very large group of people that many would see in direct opposition to Islam. In fact, this group was part of a little something called The Crusades, which had nothing to do with Indiana Jones and everything to do with horrible, bloody warfare. And, when they decided that the Holy Land was hot and full of figs (figs are gross), these people moved their efforts elsewhere and decided that maybe some heathen Indian ass would be easier to kick. It was, which is why we are here and living in Ohio today. And believe me, it's not by choice.

But I'm not really siding with one religion or the other. Monotheistic religions, on the whole, are wet blankets in a world where partying down is a constant option thanks to pioneers such as The Beastie Boys. And it's just been a constant back-and-forth between these religions since the very beginning. The Pope will say something stupid, Muslim leaders will refuse to decry the actions of extremists, and meanwhile the followers of these religions can only

dad, who immediately starts masturbating over the punch bowl. Sure, it's a great story, but do you want him coming to your softball

All this bickering can be solved of the Internet. y a simple Holy War, but there are some obvious downsides to this option. Sure, there'd be a winner and no more threat of conflict, but Holy Wars have been known to cause extensive property damage, which can spell nothing but trouble for you homeowners out there. There's also a problem with non-believers, like me, who may get caught in the crossfire while attending our atheist brunches. And if you think energy prices are high now, just wait until both sides construct thousands of space lasers to rain unending death upon the earth; our quality of life

would definitely take a hit. In thinking of peaceful alternatives to a Holy War, one option seemed almost definite: a drinking contest. But then I remembered that Muslims won't even drink wine coolers, and that the Irish Catholics would definitely get violent after a few rounds. It was would go no further than look on in shame. It's like going to then I remember that we live in a

a fancy dinner party with your high-tech age where communication is instant and entire seasons of MacGyver can fit in one's pocket. Why not take the Holy War to the place all important battles are settled today? Of course, I speak

> From Counter-Strike to Ouake. each side would have various options in the competition. Hell, they might even want to hold a massive player versus player tournament in one of the many lifedestroying, massive multiplayer online RPGs. And since the battle will have to deal with video games and the Internet, there's no doubt Wikipedia will provide extensive, million-page coverage on this historic event. And when the 3-D accelerated smoke clears (nice particle effects!), we can all rest easy to know we now live in a world of slightly less bullshit. And, since I came up with this plan, I would also like it to somehow send Nancy Grace to the bottom of the ocean. Thank you.

Bob Mackey is non-abominationable. You can read his blog at http://www.bobservo.com.

2006 YSU HOMECOMING COURT



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Krishna James



Tim Jones





Emily Barlow



Ashley Basile



Sarah Gavalier



Wasilwa Mwinyoni



Dennis A. Hawkins Jr.





Ĵ.

Ranking: 16th in Division I-AA Record: 2¹1

Points scored per game: 32 Points allowed per game: 17.6 Offensive set: Spread Defensive set: 4-3



Date: Saturday, September 23 **Time:** 6:00pm Location: Stambaugh Stadium Forecast: 60 degrees, cloudy, windy

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Page 8



Key match-ups watch

3 Keys2 the game

During last weeks loss to Penn State the Penguins were only able to manage 47 yards on the ground, down from their season average of 189. To be successful against the stout run defense of the Aggies -- ranked No. 25 in the country --YSU's slew of running backs must pick-up where they left off two weeks ago. A large part of their success will be hinged on the health of leading rusher Marcus Mason. YSU was without its go-to-guy last week, as Mason was sidelined with a hamstring injury. Watch for the Penguins to rely heavily on the run, regardless of Mason's health.

two

The production between quarterback Tom Zetts and wide receiver T.J. Peterson has been the most successful passing tandem of the season. The two have connected for 167 yards and two touchdowns this year, but Zetts must find another aerial threat to complement the sure handed receiver. The junior quarterback must look to his hulking tight ends -- Max King at 6 foot 2 and 235 pounds and Louis Irizarry, 6 foot 5 and 255 pounds -- to keep the chains moving. With the focus of the defense on the running game, King and Irizarry should have a lot of space to run in.

tim

While the Penguin secondary will have its hand full with quarterback Jon Grant and the Aggie wide receivers, it will be up to the Penguin linebacker core to minimize running back Alex Garfio's role in the offense. The senior from Ventura, Ca. has accounted for 260 yards of total offense -- 10 catches for 121 yards and 39 rushes for 139 yards - this season. His lone touchdown came on a one yard run in UC Davis' season opener. Although the Aggies aren't a rushing team Garfio could do major damage if left unchecked.



Walker, #68



Samsa # 67









Skierski #77

Gonzalez #76

Keane #60









Compas #52 **Vallejo** #67

Jake Glavies SPORTS EDITOR

They might not be the most, glamorous positions on the field but the play of the offensive line will be the key to success for both teams on Saturday. Each group has performed solidly so far this season, as the University of California, Davis Aggies have allowed just one sack and the Penguins five. The similarities between the teams ends there, as Youngstown State University has made their name by laying devastating run blocks and UC Davis has the reputation of dropping back to pass protect. This distinction is exemplified by the

lopsided size differential between the two groups. Even though both offensive lines average 6 feet 4 inches tall, the Penguins out weigh the boys from Davis, Ca. by nearly 20 pounds, and they aren't afraid to use it. Watch for both groups to make the defensive front four of the opposing team a non-factor throughout the game.







Jackson #3







Grant #12

Goffer #2 Perez #21 another big-time challenge this week as they take on senior quarterback Ion Grant and the No. 2 ranked passing offense in the nation. Grant is coming off of a monster game in which he threw

for 324 yards and five touchdowns

State University. Montana Although the team's total completion rating is only 57.1 percent, the Aggies have thrown just two interceptions all season, both coming against Division I Texas Christian University. The Penguins only

The Penguin secondary will face en route to a 45-0 victory over chance at disrupting the UC Davis offense is to get pressure on Grant from the linebacker position. With only 33 rush yards on the season the 6 foot 3 signal caller is a pocket passer that greatly lacks mobility.

ATHLETE PROFILE

Barbosa aims to contribute more this season

Nijma Awadallah JAMBAR CONTRIBUTOR

Youngstown State University volleyball player Ebony Barbosa, a sophomore outside hitter from Allentown, Pa. has contributed heavily to the Penguins recent string of victories. In her short time with the Penguins, the 5 foot 9 standout has played in 63 games and 25 matches with five starts in just the 2005 season alone. Averaging 2.74 kills per game and with 141 digs and 22 blocks for the current season, she has helped lead YSU to their first tournament win in six years with a victory at the

Navy Chesapeake Challenge. Barbosa recently took time to sit with a Jambar reporter to speak on her experiences with the Penguins.

J: Did you get offers to play volleyball at other schools? If so, what made you come to Youngstown State?

B: I got offers from Rider University and the University of Maryland, Baltimore County. I decided to come to Youngstown

because I wanted to attend a school that was not to big or to small, and where I connected well with the coaches and the team. When I met them both and visited the campus, Favorite movies: Rags to Riches, Center Stage I felt that this was the school that I wanted to attend.

I: How has it been playing for the Penguins?

B: I like it a lot here. I get along with the girls very well. Our relationships are different on and off the court. Playing with them on the court there is more of a competitive edge, where as off the court we are like sisters.

J What was the most memorable moment for you while playing for

B: The most memorable moment I would have to say was when we won our first tourney (tournament)

J: You were recently named Horizon League Player of the Week, how did that feel?

B: Getting the Horizon Offensive Player of the Week was really shocking.

J: Are there any goals that you

4 things to know

and Five Heartbeats

Favorite food: Spanish rice and chicken

Favorite sports team: Miami Heat

Favorite player: Dwayne Wade

have set for yourself this season? B: To win the conference and to play my part on the team to get

J: You are known to be hard working on and off the court,

where do you get your work ethic? B: I have two people: my brother Raymond Barbosa who plays for the University of

Baltimore County basketball team. He works really hard to be the best he can be and trains to

become a better player. I also look up to my mother. She

was always there to support me and my brother through allof our games and traveling with us when I had a club tournament or when my brother had Amateur Athletic Union games.

J: When you're not playing volleyball or going to school what do you like to do?

B: I'm usually doing homework or going out with my friends. I like

J: If you could describe yourself in one word what would it be?

B: Confident



Intramural football kicks-off

Warm weather and a good crowd welcomed the opening weekend of intramural flag football on Sunday. The league consists of 37 teams this year and played games at Field Harrison Stambaugh Stadium throughout the day. Contestants showed up on time and ready to play, each sporting unique uniforms the teams designed themselves. The extensive training of the officials helped the day run smoothly. The most popular intramural sport on campus will continue play this Sunday. Games will run from 10 a.m. to 5 p.m. There is no cost for a seat in the stands.

Golf to travel this weekend

The Youngstown State University men's and women's golf teams will travel out of state this weekend to play in their respective tournaments. The women's team will compete in the Sea Trail/Elon Invitational Saturday at Sunset Beach, N.C. The Lady Penguins have competed in one tournament so far this year posting a fifth place finish out of ten teams. Freshman Brittany Stillwagon lead the way with a 10th place overall finish. The men's team will begin play in the John Dallio Memorial Tournament on Monday in Chicago. This will be the men's third tournament of the season. They finished 10th and 13th respectively in their first two events. The Penguins top finishers this season have been junior Ryan McGraw and sophomore Ryan Stocke.

Tennis teams to play through weekend

The YSU women's tennis team will stay home this weekend for the YSU Invitational. The event will begin Friday and run through the weekend at the YSU tennis courts. This will be the team's second tournament this season. Other schools participating in the event are the University of Pittsburgh, University of Toledo and Duquesne University. Sophmore Scott Kathary will look to continue his solid play as the men's team prepares for their third tournament of the season at Duquesne on Friday.