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To: Dr. Bernard Gillis, Provost

HOME ECONOMICS

From: Dr. Joan Philipp, <sup>A.P.</sup> Acting Chair, Health & Physical Education Department

Date: January, 19, 1990

Subject: Expansion of number of students allowed exemption from General Requirements.

A recent article in the Jambor announced the extension of the veterans' exemption from the Health and Physical Education General Requirements to include those who have served in the National Guard and the Reserves. We wish to protest this decision and request that it be reconsidered and reversed for the following reasons:

1. The health education provided to National Guards personnel and Reservists is very limited and selectively related to communicable diseases and sanitation. It does not have the scope nor cover the relevant current material included in Health 590 classes.
2. Health knowledge changes constantly and individuals need reinforcement at various levels of learning to develop a healthy lifestyle.
3. Health education and physical education are not synonymous with physical training. Physical training may equate with part of a physical conditioning class, but it does not guarantee any knowledge or learning about the procedures or values of personal fitness.
4. Physical training does not meet the objective of the General Requirement in Health or Physical Education which is to provide the student with the skills and knowledges to live a healthier lifestyle. This is achieved by:
  - a. Providing students with an opportunity to learn life-time sport skills.
  - b. Providing students knowledge about and an opportunity to practice continuing fitness activities.
  - c. Providing students an opportunity for stress release while in college.
  - d. Contributing to the breadth of educational background of all students.

- e. Providing students with the data and awareness to enable them to develop positive attitudes and values related to health.

After World War I, veterans were granted credit in many colleges for physical education and health courses. This pattern was reinforced after World War II by colleges seeking to attract veterans and to reward them for their service and experience. This pattern was especially useful at Youngstown College where the facilities on campus for physical education were non-existent. All classes were held at area Y's and the programs consisted primarily of mass conditioning activities comparable to physical training.

That situation has changed. We have fine facilities and excellent programs in health and physical education. All students should be encouraged to take advantage of them.

One last point is to consider the manner in which this action was implemented. This certainly is an academic matter and we believe it should have been directed to the Academic Standards and Events Committee for action by the Academic Senate.

Unless courses and General Requirements in other disciplines are waived for veterans, Reservists, and National Guards, they should not be exempt from health and physical education classes. Do veterans receive credit for physics courses if they have completed electronics programs? or marketing if they have been recruiters?

Considering all the points presented, we request that the recent waiver of the General Requirement in health and physical education granted to Reservists and National Guards be rescinded.

jes/JP

pc: Dr. Neil Humphrey, President  
Dr. Mary Beaubien, President of Academic Senate  
Dr. Bernard Yozwiak, Dean: College of Arts and Sciences  
Dr. Harold Yiannaki, Registrar  
Dr. Jean Aboul-Ela, Chair: Senate Academic Standards and  
Events Committee